

**OSHER  
LIFELONG  
LEARNING  
INSTITUTE** **OLLI** at  
**California  
State University,  
Fullerton**

# LEARN IN RETIREMENT



“Experience Lifelong Learning”

# SPRING PREVIEW

Saturday, January 17, 2026

9 a.m. - Noon

CSUF Ruby Gerontology Center,  
Mackey Auditorium

Join us on the Cal State Fullerton campus at the Ruby Gerontology Center for an overview of OLLI's more than 100 programs and many other member benefits.

- Overview of courses and activities
- On-site registration

\* Parking fees will apply after August 25, 2025 due to parking policy changes. For more information, visit the CSUF parking website: <https://parking.fullerton.edu/>

TRY US FREE OF CHARGE\* – PROGRAMS OPEN TO THE PUBLIC

## HISTORY OF BROADWAY

February 3, 17 • March 3, 17, (31 no class) • April 7, 21 • May 5

## CSUF FACULTY/STUDENT PERFORMANCES/PRESENTATIONS

February 3, 17 • March 3, 17, (31 no class) • April 7, 21 • May 5

## TRANSITIONS IN RETIREMENT ESSENTIALS

February 7, (14 no class), 21, 28 • March 7, 14, 21

## MEDICAL SERIES

February 11, 25 • March 11, 25 • April 15, 29 • May 13

## SPRING PREVIEW

Saturday, January 17

## ESTATE PLANNING AND CHARITABLE GIVING

February 12 • March 12 • April 16 (pre-registration required)

\*The programs listed above are available at no charge to the public. If you are not yet an OLLI member, please go to the OLLI website at <http://olli.fullerton.edu> and click on "Welcome to OLLI" button. Click on the "Sign Up for Open to the Public Classes and Events" to be added to the email list. You will receive information on when these programs are offered and options for attending in person or virtually.

Single-day, virtual parking permits (currently \$12.00 Monday through Friday and \$6.00 on weekends) may be purchased through the ParkMobile app on your cellphone (credit cards only) at <http://parkmobile.io/>. Physical paper parking permits, which were previously purchased through vending kiosks, are no longer issued. Visitor permits are valid in all student parking lots and structures, but are not valid in the OLLI Lot, adjacent to the RGC, nor Lot R2 (the Student Housing



PHOTO BY MARY CROUCH



PHOTO BY HSIEN CHEN



PHOTO BY JIM DITOTA

For additional information:

- Call 657-278-2446 or 657-278-4307
- Email: [olli-info@fullerton.edu](mailto:olli-info@fullerton.edu)
- Visit [olli.fullerton.edu](http://olli.fullerton.edu)
- Follow us on Facebook at [facebook.com/OLLICalStateFullerton](https://facebook.com/OLLICalStateFullerton) and on Instagram at [instagram.com/ollicsuf](https://instagram.com/ollicsuf)

Cover Photo: by Mary Crouch



## Blue Book Program Catalog

This catalog gives the full program descriptions and class meeting schedules of all courses and events (programs) offered by OLLI-CSUF for the Spring 2026 session. Some programs require pre-registration, prerequisites, fees, book purchases or other requirements, which are listed with their program descriptions. Please check for any special requirements before attending the class or event.

Printed copies of this catalog are available in the OLLI Office and it is available digitally on the OLLI website at <https://olli.fullerton.edu> under [View Current Catalog](#). Descriptions of new programs that may be introduced during the semester are published the ChroniCLE (our monthly magazine) and listed under Classes/Activities on the OLLI website. Instructors may share topics and details about their classes via email, the class website or through flyers posted in Shapiro lobby.

But there’s more to know about OLLI and CSUF, and you’ll find it in “Your Essential Guide to OLLI & Campus Activities” at <https://olli.fullerton.edu/resources/pdfs/MemberHandbook.pdf>.

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***“OLLI has enabled me to continue my lifelong quest for learning. The classes expand my many avenues for creativity and the wonderful interaction with others who also share the joy of discovery.”***

**-David Jeng**

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## Program Meeting Schedules

The program descriptions give the dates, times and venues of all class meetings and events offered during the semester. **All dates, times and venues are subject to change or cancellation. Check the “Today at OLLI” calendar on the OLLI website for any changes before coming to campus.**

If a class or event during that week has a last-minute change after the newsletter is published, a stand-alone email notification will be sent to all members, if possible.

The website is updated daily, so its calendars are the most up to date. To check for updates from your home computer, tablet or smartphone, go to the OLLI website at <http://olli.fullerton.edu> and click on [Calendars](#). The “Today at OLLI” calendar lists the classes and events for the current day, and you can scroll up or down to see previous or subsequent days. On the calendar page, you can click on the options in the upper right corner of the screen to view the calendars for the week, month or day.



You can also check for updates from your smartphone or other mobile device by using this QR code, which will take you to the “Today at OLLI” calendar. Open your camera and aim it at the QR code. Don’t take the picture; your device will automatically scan the QR code. Wait for a message to pop up linking to the calendar and tap on that message, and the

Today at OLLI calendar will open on your screen.

The video display in the Shapiro lobby shows the same “Today at OLLI” calendar that is updated daily, getting its information feed directly from the website calendar. If you want a printed daily calendar, you may pick up a one-page, printed copy of the current month’s calendar in the OLLI office. This calendar is not updated daily, so check the Shapiro display or the OLLI website for updates.

### Key Dates

Monday, February 2 . . . . .	First day of OLLI spring semester
Friday, February 13 . . . . .	President’s Day observed, campus and OLLI Office closed/no classes
Monday, March 30 thru April 4. . . . .	Spring Break, no classes
Tuesday, March 31 . . . . .	Cesar Chavez Day, campus/OLLI . . . . . Office closed/no classes
Saturday, May 16 . . . . .	Last day of OLLI spring semester
Tuesday, May 26 . . . . .	First day of OLLI summer semester

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## Attending Live Programs Online

OLLI uses both the Zoom app and livestreaming through the internet to deliver some courses, committee meetings and events online as an in-person alternative. The links to join these programs can be obtained from the OLLI website under [ZOOM COURSE IDS/LINKS](#) or [LIVESTREAM/RECORDINGS](#). You'll need your CSUF username and password to access this information.

To attend a Zoom program, an account is recommended but not required. Anyone can attend by using their laptop or desktop (Windows or Mac), tablet or smartphone (Apple or Android), or regular telephone. However, be sure to use your full name when signing in to facilitate taking attendance. If you haven't used Zoom before, allow yourself about 10 minutes to set it up before your first use. If you use a laptop or desktop, the first time you click on a link, it will ask you to download a free Zoom app onto your computer. If you are planning to use a tablet or smartphone, you'll want to download the free Zoom app ("Zoom Cloud Meetings") from your app store. More information and sources for help with Zoom are available on the OLLI website under [ZOOM HELP](#).

Livestream is similar to Zoom, except you don't need an app—you just need access to the internet. Clicking on the livestream link takes you to a webpage where you choose the current meeting from a list. Unlike Zoom, you will not see the other attendees and the instructor can't see or hear you, and no one monitors the chat box. All livestreamed classes are recorded and available to view after the meeting. For more information on livestreaming see [OLLI Livestreaming FAQs](#). An informational video and class recordings are on the OLLI website under [LIVESTREAM/RECORDINGS](#).

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## Hosting Zoom Programs

Class instructors and coordinators can sponsor class meetings on Zoom using their CSUF Zoom account. On the OLLI website homepage, click on Coordinators' Information tab on the right. Then, under the USING ZOOM heading, click the link “\_\_




### **Please Recycle at OLLI**

Blue recycling bins with the recycle logo have been placed throughout the Ruby Gerontology Center for paper and cardboard and empty paper, plastic, glass and metal containers. Please recycle while at OLLI.

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## Areas of Study/Programs

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 mark denotes Transitions in Retirement programs

• (New) mark denotes programs that are new this semester

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### **Class Calendars on the OLLI Website**


- Bookmark the OLLI website <http://olli.fullerton.edu> on your mobile device
- Populate your personal calendar with OLLI classes and events from the website
- Check what’s happening at OLLI on your mobile phone or tablet
- Changes in class and event times, dates and classrooms are updated on website calendars

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## Distance Learning Classes

OLLI members may have days when they can't get to campus, when parking availability is difficult or when their favorite classes are running concurrently, forcing them to miss a class. Selected classes are recorded and archived on the OLLI website for members to stream online at their leisure. Many videos are currently available to watch, and more are added each week. To access the video collection go to the OLLI website at <http://olli.fullerton.edu> and click on [LIVESTREAM/RECORDINGS](#) under MORE INFORMATION on the home page.

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## Transitions in Retirement Programs for the newly retired and almost-retired

New retirees or those approaching retirement have a special place at OLLI. Transitions in Retirement (TiR) is a series of programs for persons preparing for this next phase of their lives. Whether still working or not, you may not have enough weekday time to benefit from all OLLI courses. Transitions in Retirement addresses that with classes more to your convenience on weekends and during early morning, late afternoon and evening hours.

“Transitions in Retirement Essentials” classes on Saturday mornings during the fall and spring semesters are open to the public at no charge. This gives you a chance to sample what OLLI has to offer. Topics cover a wide range, from financial planning to health issues. Other TiR classes do require OLLI-CSUF membership. TiR offerings are specially marked in our course listings, and you can read more about our programs on our website at <http://olli.fullerton.edu> under Transitions in Retirement on the home page.

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## OLLI-CSUF Collaboration OLLI + CSUF students + Faculty = Collaboration

Through the OLLI-CSUF Collaboration program, OLLI members share their life experiences and skills with members of the university community, to the benefit of all.

Opportunities include tutoring, mentoring, evaluating and sharing expertise with CSUF classes and individuals in both academic and career/professional pursuits. CSUF students and faculty benefit from our members' accumulated knowledge and wisdom, and OLLI members enjoy the intellectual stimulation, the opportunity to remain productive and “giving back” to the community.

Learn how to get involved on our website at <http://olli.fullerton.edu> under the VOLUNTEER tab.

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## OLLI Trips

The OLLI Trips Committee plans and coordinates trips of educational interest to OLLI members to locations off the CSUF campus throughout the year. Trips are not scheduled with a routine occurrence and are not finalized in time to be listed in this catalog. OLLI members are notified of upcoming trips via the weekly OLLI Announcements and Events OLLI newsletters, the ChroniCLE and other media. There are two types of trips: day trips and overnight trips. Some recent or proposed day trips include Hollywood Bowl, Motion Picture Academy Museum and JPL. Some recent or proposed overnight trips include Alaska Cruise, Palm Springs/Joshua Tree and Boston/New England. Trips are subject to the Special Events Registration Policy section of this catalog. If you have ideas for future trips, bring them to the Trips Committee meetings (see Committee Meetings under the Program Descriptions section).

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## Auditing Cal State Fullerton Courses

One of the most valuable OLLI benefits is the privilege to audit any CSUF course, free of any tuition fees, with the instructor's permission and approval from the OLLI office. OLLI members don't receive any official academic credit from the University, but they enjoy the benefit of a world-class education, participating with University students. This privilege is not available during the summer session.

Go to the OLLI website at <http://olli.fullerton.edu> and click on [AUDITING CLASSES](#) for step-by-step instructions to enroll through OLLI. This webpage provides links to the CSUF course catalog and schedule of classes for each semester. You will be asked to complete a form and submit it to the OLLI office, who will obtain instructor approval to attend your course(s) of choice. If approved, you will receive confirmation from the instructor, and later, information on how to access the class.

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## Parking & OLLI Trolley Information

**Please consult the campus parking map following this section for parking locations.** OLLI-CSUF members may park in some CSUF student lots and parking structures as listed below. All members are issued virtual parking permits, and parking is monitored electronically. Hang tag permits are no longer used on the CSUF campus.

**The OLLI Lot (formerly Lot J)**, adjacent to the Ruby Gerontology Center on the east side, is available exclusively for OLLI permit holders Monday through Thursday until 6 p.m. and Friday until 5 p.m. The OLLI Lot is particularly convenient for our members with mobility concerns, so we ask that you keep this in mind when considering where to park.

When the **OLLI Lot is full**, **Lot S10 and Lot S8** provide a pleasant walk. An OLLI Trolley ride to the RGC is available during published days and hours. **Lot S10** is located on the SW corner of Associated Road and Yorba Linda Blvd next to Goodwin Field. **Lot S8** is located on the SE corner of Yorba Linda Blvd. and State College Blvd.

If you have an OLLI class at the Arboretum, park in **Lot S10** as OLLI permits are not valid in the Arboretum parking lot.

**OLLI Trolley.** The OLLI Trolley is available during spring and fall semesters (no summer service) to transport members between Lots S10 and S8 and

the RGC and passing near the State College Parking Structure, although many members prefer to walk. See the OLLI Trolley operating times under [PARKING AND OLLI TROLLEY](#) on the OLLI website at <http://olli.fullerton.edu>. If you're interested in volunteering as an OLLI Trolley driver, please apply in the OLLI office.

### ***CSUF Lot Availability for OLLI Members:***

- Lot S8: OLLI permits are valid in most of this lot. Please check signs before parking. Do not park in Lot E7, because this is a faculty-staff parking lot.
- Lot S10: OLLI permits and daily parking permits are valid.
- Lot E6 (adjacent to the Ruby Gerontology Center on the west side): Parking is for the disabled and faculty/staff only. The four disabled parking stalls are available to qualified OLLI members. Please see Disabled Parking below.
- OLLI Lot available exclusively for OLLI permit holders Monday through Thursday until 6 p.m. and Friday until 5 p.m.
- Nutwood and State College Parking Structures: OLLI permits are valid.
- Eastside North and Eastside South Parking Structures: OLLI permits are NOT valid.
- Lot R2 (the Student Housing Lot) and Arboretum Lot: OLLI permits are NOT valid.

### **Parking Enforcement**

OLLI permits are registered by each member's automobile license plate and cannot be transferred or lent. A parking citation will be issued to a vehicle that is not registered with a virtual parking permit. The member may lose the privilege to receive another OLLI permit indefinitely.

If your vehicle is issued a parking citation and you wish to contest it, you may file an administrative review request online at <https://csufparking.t2hosted.com/Account/Portal>.

### **Disabled Parking**

OLLI members with DMV-issued disabled parking placards may park in disabled stalls located in the OLLI Lot and in Lot E6 (on the immediate west side of the Ruby Gerontology Center) and in Lot S10 (south side, front rows, across from the Arboretum parking lot and in front of Goodwin Field.) Members must display their placard when parked in a disabled stall.

### **Visitor Parking**

Single-day, virtual parking permits (currently \$12 Monday through Friday and \$6 on weekends) may be purchased through the ParkMobile app on your cellphone (credit cards only) at <https://parkmobile.io/>. Physical paper parking permits, which were previously purchased through vending kiosks, are no longer issued. Visitor permits are valid in all student parking lots and structures, but are not valid in the OLLI Lot (formerly Lot J), adjacent to the RGC, nor Lot R2 (the Student Housing Lot). Permits are required at all times.

### **General Information**

Campus parking information is available on the CSUF Parking and Transportation Services webpage at <https://parking.fullerton.edu>. OLLI members may call the Parking Office at 657-278-3082, or visit the walk-up window Monday through Friday, between the hours of 8 a.m. and 5 p.m., or send an email to [parking@fullerton.edu](mailto:parking@fullerton.edu).

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## Special Events Registration Policy

### Who goes? How are they chosen?

Special events are open to members only. Should an event not fill by the stated deadline, non-members may register with OLLI approval.

Registration for a special event begins on a date assigned by the OLLI office. This date is approximately one week after the mailing of the ChroniCLE first announcing the event. Payments and coupons for a special event will be accepted at the time of registration. Registration forms will be entered on a first-come, first-served basis. Once an event is full, a waiting list will be created, also on a first-come, first-served basis.

The OLLI office notifies only those individuals who could not be included in an event, and refunds their payments. If you want confirmation that you have been included on the list for an event, check the event lists posted on the bulletin board outside the OLLI office.

Refunds of payments of those who are registered for an event but are unable to attend will be made as long as no cost is incurred by the organization. A registered participant who is unable to attend an event should notify the OLLI office at least two business days before the event. If there is a waiting list for the event, a replacement will be registered from the waiting list, and a refund will be made to the participant who is unable to attend.

If you have any questions regarding the special events policy, please contact the OLLI office at 657-278-2446.

*“It’s a wonderful place to do things you enjoy in a comfortable facility with friends, new and old, and we get to make new friends every semester as we spread the word and share the joy.”*

-Tom Mullen



### Learn to Use Zoom

Click on [ZOOM HELP](#) on the OLLI website to learn more about using Zoom.

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## Notes on Curriculum / Format / Frequency

Courses fall into these general categories: The Arts; Languages; Economics, Humanities and Social Sciences; Healthy Living; Science; Technology; and Special Interest Groups and Social Programs. OLLI's Curriculum Committee considers member requests in the planning of each semester's offerings.

Class formats include those in which members learn from each other, as well as from guest lecturers such as community leaders, university professors and other leading authorities. All courses and programs are coordinated by OLLI members.

**Lecture/Discussion courses and programs** may include instructors as well as guest lecturers and presenters. Presentations are generally followed by a "Q and A" session.

**"Study" courses**, such as language and literature, are enhanced by some study or work outside class.

**Frequency** varies, so be sure to check the Blue Book Program Catalog for class meeting times, days and dates.

**Other programs** include special events, field trips and other activities, some of which require a modest payment.

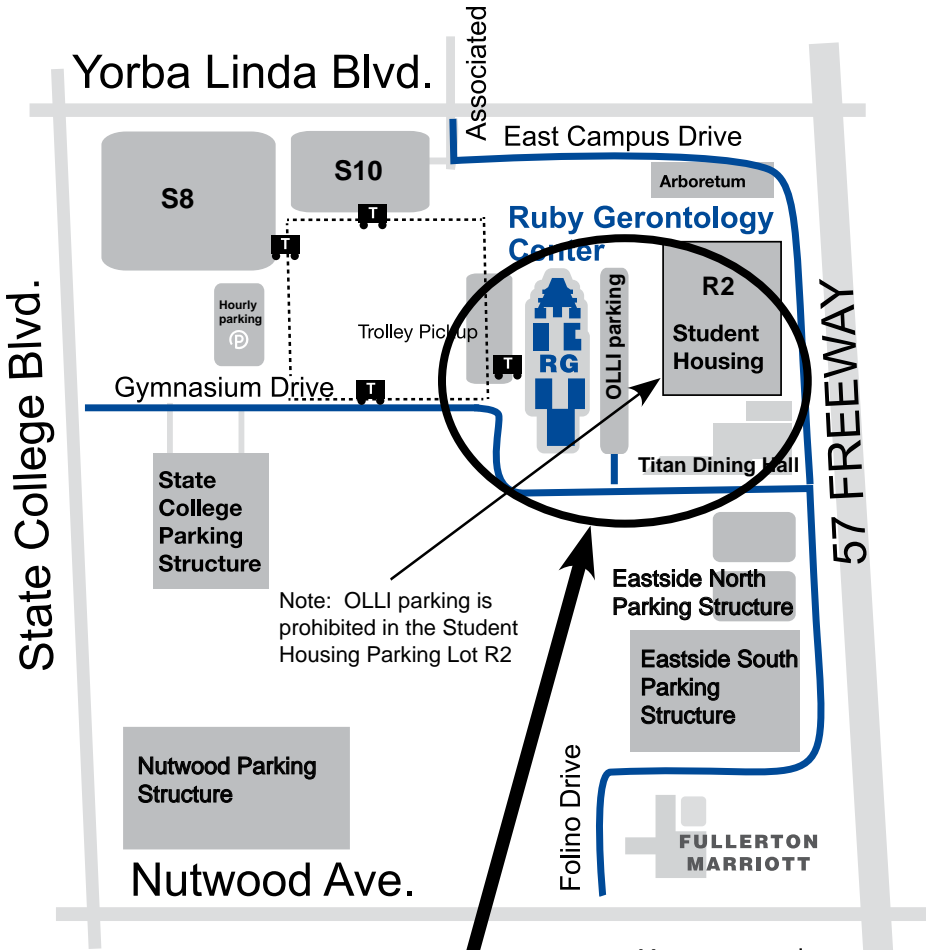
"One price, over 100 courses!" Your membership fee allows you to attend as many of OLLI-CSUF's courses and events as you can fit into your schedule. And you don't have to commit to attending every class meeting— if it doesn't tickle your fancy, just try something else the following week. Some courses require additional materials fees, and a few require preregistration: check the course description. If there is a charge for social events and trips, it will be described in the flyer announcing the event (watch the weekly OLLI Announcements and Events newsletter).



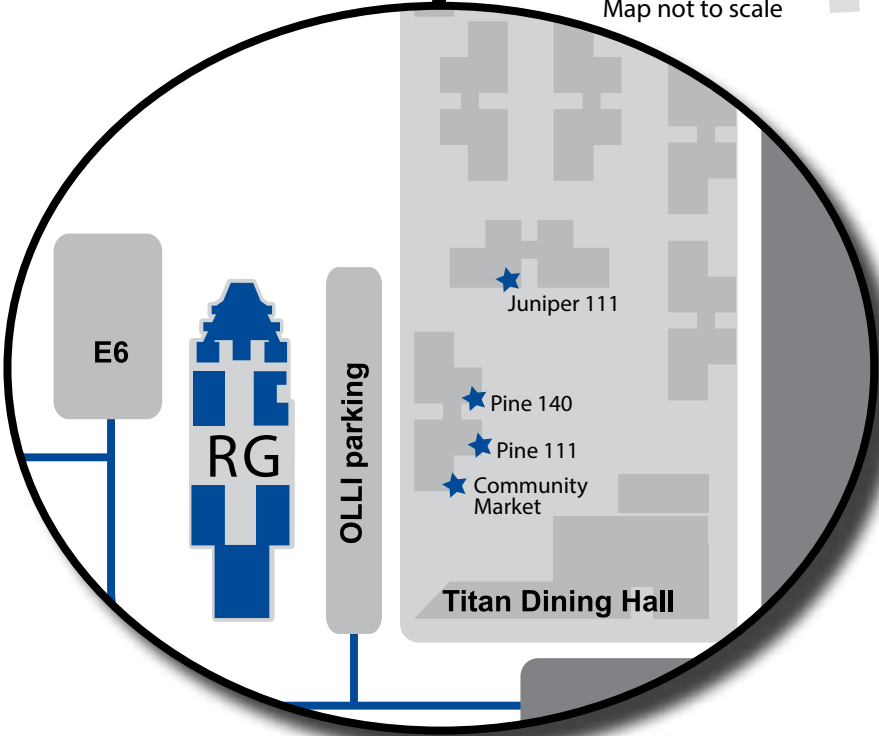
*"One of the great things about OLLI is it has so much variety that there's something for everyone and you'll never be bored."*

- Ann Sparks

# Ruby Gerontology Center Parking



Map not to scale



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## Blue Book Editorial Staff

**Editor** ..... Jill Patterson  
**Editor Emeritus** ..... Chris Shaw  
**Copy Editors** . . . . Susan Hanna, Amy Kernes, Steve Kernes, Alison Sawyer

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Fine Arts, Art Appreciation, Literary Arts .....Kathey Schuster  
Performing Arts ..... Renee Cabrera  
Languages ..... Sue Batie  
Economics, Humanities and Social Sciences. .... Joanne Hardy  
Healthy Living ..... Carol Thurk  
Science ..... Carol Thurk  
Technology ..... MaryLouise Hlavac  
Special Interest Groups and Social Programs ..... Carol Thurk  
OLLI Events. .... Renee Cabrera  
Committee Meetings ..... Debra Kegel

**Scheduling Resolution Team** ..... Sue Batie, Renee Cabrera,  
MaryLouise Hlavac, Carol Thurk

**Indexing/Distribution** ..... Corina Pineda

**Production** ..... CSUF University Extension/Corina Pineda

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## Notice of Disclaimer

OLLI-CSUF presents programs of interest for general guidance only. It does not engage in rendering legal, medical, financial or other professional advice and services. Due to the changing nature of laws, rules and regulations, and because the application and impact of laws can vary widely based on the specific facts involved, there may be omissions or inaccuracies in information presented by OLLI-CSUF. Therefore, information presented in an OLLI-CSUF program should not be used as a substitute for consultation with a professional legal, medical, financial or other competent adviser. Before making any decision or taking any action, program participants should consult a professional legal, medical, financial or other competent adviser.

All information is provided “as is,” with no guarantee of completeness, accuracy, timeliness or of the results obtained from the use of the information, and without warranty of any kind, express or implied, including, but not limited to warranties of performance, merchantability and fitness for a particular purpose. Neither OLLI-CSUF nor its information providers will be responsible to any program participant or anyone else for any decision made or action taken in reliance on the information presented by OLLI-CSUF, or for any consequential, special or similar damages, even if advised of the possibility of such damages.

# PROGRAM DESCRIPTIONS

The classes and events (programs) in this catalog may be offered: 1) in-person on campus; 2) via Zoom videoconference; 3) livestreamed and recorded through the internet or 4) a combination of in-person and online, i.e., hybrid. Hybrid programs may be either synchronous—offering both in-person and online (Zoom and/or livestreamed and recorded) simultaneously for participants to choose from, or nonsynchronous—alternating class meetings between in-person and online meetings.

Courses offering a choice of multiple venues will list those choices together divided by a slash (/). For example, if you have a choice of attending in person in Room 21 or Zoom or livestreamed and recorded, it will appear as Room 21/Zoom/Stream-Rec. A choice of Zoom or livestreamed and recorded will appear as Zoom/Stream-Rec.

**Watch OLLI's emailed announcements and check the OLLI website for up-to-date information on changes in class or event meeting dates, times or venues (including Zoom and livestream) or cancellations.**

## THE ARTS

### *FINE ARTS AND CRAFTS*

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#### **Ceramics**

**Every Tuesday • 9 a.m.-11:30 a.m. • Shapiro ABCD**

*February 3, 10, 17, 24 • March 3, 10, 17, 24, (31 no class) • April 7, 14, 21, 28 • May 5, 12*

**Materials Fee:** \$80

**Pre-registration Required:** Contact the instructor at [janann@sbcglobal.net](mailto:janann@sbcglobal.net) if you are new to the course. Class size is limited to 60 students and will be determined by the first 60 students who pay the materials fee through TouchNet. TouchNet becomes active about a week before classes start.

Come join us for a morning of fun, laughter, sharing and learning. The basic hand-building techniques of clay will be taught—pinch pots, coil and slab—with many additional ideas. The experience will go far beyond your expectations! Beginners and (seasoned) experienced students are welcome!

**Instructor:** Janann Zechmeister

**Coordinators:** Patricia Dapkus, Jim DiTota, Jill Patterson and Mary Townsend

**Emerita:** Desiree Engel

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## Drawing for the Fun of It

**Every Wednesday • 10 a.m.-noon • Shapiro ABCD/Zoom/Stream-Rec**

*February 4, 11, 18, 25 • March 4, 11, 18, 25 • April (1 no class), 8, 15, 22, 29 • May 6, 13*

Drawing is a skill that anyone can learn, but first you need to learn how to see as an artist sees. Instructors will facilitate developing your “artist’s eye” and drawing skills in a fun, supportive and nurturing environment. Every two weeks a different instructor will present a drawing topic to explore. Foundational drawing experiences will include observational and contour line drawing, basic shapes and forms in space, perspective, mark making and tonal values. Genres are determined by the day’s instructor, and may include landscape, still life, portraiture and the figure, animals, cartooning, abstract or nonobjective art. All levels of artists are invited to participate in this course. Students may work with the instructor or on their own projects. Check out the OLLI webpage for this course for more information about our activities, resources and past project samples.

**Instructors/Coordinators:** Sharon Brown, Carol Carson, Emma Cox, Jill Dayton, Stevie Johnston, Jeff Layton, Marsha Linsley, Anne Logan, Rhonda Riley, Michael Shellman, JoAnn Wanless and Sandy Wessel

**Tech Coordinators:** Tom La Casa, Lorealee Page-Ortez and Michael Shellman

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## Watercolor Workshop

**Every Wednesday • 1 p.m.-3:15 p.m. • Shapiro ABCD/Zoom/Stream-Rec**

*February 4, 11, 18, 25 • March 4, 11, 18, 25 • April (1 no class), 8, 15, 22, 29 • May 6, 13*

Come and join us in a relaxed, supportive environment to pursue your artistic passions! This course is for all levels of watercolor artists. In alternate weeks, instructors will lead class projects, guiding and sharing different watercolor methods, techniques and use of materials. Genres are determined by the day’s instructor and may include landscape, still life, portraiture and the figure, animals, cartooning, abstract or nonobjective art. We will have the opportunity to share and get feedback on our completed work or work in progress. At any of our classes, you are free to work on your own projects if you choose to do so. Check the OLLI webpage for this course for more information about our activities, resources and past project samples.

**Instructors/Coordinators:** Sharon Brown, Carol Carson, Emma Cox, Maggie Giles, Stevie Johnston, Mickey La Casa, Joan Lebsack, Marsha Linsley, Anne Logan and Sandy Wessel

**Tech Coordinators:** Tom La Casa, Lorealee Page-Ortez and Michael Shellman



### Learn to Use Zoom

Click on [ZOOM HELP](#) on the OLLI website to learn more about using Zoom.

# ART APPRECIATION

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## Art House Cinema

**Every Monday • 5:45 p.m.-8 p.m. • Shapiro CD**

*February 2, 9, 16, 23 • March 2, 9, 16, 23, (30 no class) • April 6, 13, 20, 27 • May 4, 11*

If you enjoy watching and discussing vintage and new foreign, independent and documentary films, join us to watch a series of thought-provoking films. Information on films scheduled to be shown and discussed will be on the OLLI office bulletin board. Note that some films may run later than the scheduled end time.

**Instructor/Coordinator:** Mary Sampson

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## Critics' Choice: The Movies

**Every Friday • 9:15 a.m.-11:45 a.m. • Shapiro AB**

*February 6, (13 no class), 20, 27 • March 6, 13, 20, 27 • April (3 no class), 10, 17, 24 • May 1, 8, 15*

Movie fans will enjoy this course. We check with class members to see if anyone has been to the movies and wants to give a recommendation, then a feature length film is shown. It could be a box office hit, a foreign film or a sleeper that did not play in our area. If you like going to the movies, this program is something to look forward to every week. A poster of the film is on display next to the OLLI office and on the bulletin boards in Shapiro AB. Come join us!

**Instructor/Coordinator:** Claire Curran

**Tech Coordinator:** Richard Vellanoweth

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## Great Art & Artists (New)

**Alternate Tuesdays • Noon-2 p.m. • Mackey Auditorium**

*February 10, 24 • March 10, 24 • April 14, 28 • May 12*

This course will feature lectures from The Great Courses and include excerpts from books about the artists and on-screen motion pictures. Each lecture will be augmented by a variety of special treats such as live presentations of the artist's paintings by the instructor's special hobby of framed glued puzzles for livelier discussions. The spring semester will start with lectures and discussions on the great artist Vincent Van Gogh.

**Instructor:** James Medici    **Coordinators:** Patricia Mann and Tricia Luse

**Tech Coordinator:** TBD

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### Verify Latest Information

Dates, times and places of classes and events are subject to change or cancellation. Access the OLLI website at <http://olli.fullerton.edu> and select the CALENDAR tab for up-to-date information.

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## History of Broadway (Open to the Public)

**Alternate Tuesdays • Noon-2 p.m. • Mackey Auditorium/Zoom**

*February 3, 17 • March 3, 17, (31 no class) • April 7, 21 • May 5*

This course focuses on the development of Broadway musicals and the composers and personalities of our most popular productions. The genres of Broadway musicals are vast and the evolution of musicals has many tales to be explored. We will cover the popular musical plays of the 1960s and 1970s. The videos and lectures are designed for the lover of all types of plays. Don't miss this fun course.

**Instructor/Coordinator:** Ellie Monroe    **Coordinator:** Jim Medici

**Tech Coordinator:** Jim Monroe

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## Music Appreciation: Four Eras of Classical Music (New)

**Designated Wednesdays • 1:30 p.m.-3:30 p.m. • Zoom**

*February 11, 18, 25 • March 4*

Do you enjoy listening to classical music? This music appreciation course will go over four eras of classical music and will provide historical background, characteristics, musical examples, musical forms, instruments used and examples of leading composers of each era.

*February 11: The Baroque era (1600-1750)*

*February 18: The Classical era (1750-1825)*

*February 25: The Romantic era (1825-1900)*

*March 4: The Modern era (1900-current)*

**Instructor/Coordinator:** Sarah Douglas

## LITERARY ARTS

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### Book Clubs

Like reading books and talking about life and happiness? Then these could be the groups for you. We come together for one common interest—books. Yet, in exploring the stories or history together, we will discover we have so much more in common as well. We try to find new areas to branch into each month. We may invite OLLI authors with manuscripts ready for publication. We don't break the stories down clinically, piece by piece. Instead, we prefer to discuss the story in general terms and how it relates to us. There are four separate clubs to choose from—see below.

## **“Genreflections” Book Club**

**Alternate Fridays • 11:30 a.m.-1 p.m. • Zoom**

*February (13 no class), 27 • March 13, 27 • April 17 • May 1, 15*

This course is for those who enjoy reading and discussing fiction. We will explore a variety of novels representing various genres, such as travel fiction, historical fiction, coming-of-age fiction and domestic fiction. Our genre selection for the first class of our 2026 spring semester is Gaslamp novels. Our selected novel is “The Hexologists” by Josiah Bancroft: “Where magical mysteries abound and only one team can solve them: The Hexologists.”

**Instructor:** Andrea Tarr    **Tech Coordinator:** Rosalind Charles

## **Graphic Novels: the Art of Storytelling**

**Alternate Thursdays • 4 p.m.-5:30 p.m. • Zoom**

*February 5, 19 • March 5, 19 • April (2 no class), 9, 23 • May 7*

A graphic novel is a storytelling genre that brings the text to life through stunning artwork that supports but does not replace the written story. Our course offers books that are challenging and engaging, such as “John Muir: To the Heart of Solitude,” which takes the reader on a narrated visual journey through the long-lost American wilderness; “A Fire Story,” that begins with a picture of a lone house colored bright red and orange, depicting what the artist saw before he and his family left it to burn in the 2017 fire and “Brittle Bones,” in which a woman suffering chronic pain copes by drawing the beauty around her. Please join our lively group and share our journeys through graphic novels!

**Instructor:** Dr. Barbara Glaeser

**Coordinator/Tech Coordinator:** Jill Patterson

## **Kitty’s Book Club**

**Alternate Mondays • 12:15 p.m.-2 p.m. • Zoom**

*February 9, 23 • March 9, 23 • April 13, 27 • May 11*

Our book club loves exploring different themes in discussing fiction books. Prior to the first class of the semester, our members generate the list of books to read. The first book of the 2026 spring semester will be “Go Ask Frannie” by Elisabeth Hyde. Please read the book and join our discussion.

**Coordinators:** Lisa Sewell and Juanita Driskell

## **Mystery Book Club**

**Alternate Mondays • 12:15 p.m.-2 p.m. • Zoom**

*February 2, 16 • March 2, 16, (30 no class) • April 6, 20 • May 4*

Mystery Books is a category well established by the reading public. Authors such as Agatha Christie and characters such as Sherlock Holmes and Miss Marple are well known. Mystery books are so popular that they have separate awards for excellence, humor, etc. The “Mystery Book Club” meets and discusses a book selected by club members. Please read “The White Lioness” by Henning Mankell before our first class and “The In Crowd” by Charlotte Vassell before the second class. Subsequent selections will be determined by the club during the first class.

**Coordinators:** Patrick Boyle and Sandy Potter

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## Great Books

### **Alternate Mondays • 10 a.m.-noon • Room 21**

*February 2, 16 • March 2, 16, (30 no class) • April 6, 20 • May 4*

This course explores literature recommended by the Great Books Foundation. The group is made up of individuals who love to read and partake in lively discussions. Discussion leadership rotates among course participants. Join the discussion in finding deeper meaning behind the printed words from major literature. This semester we will read selections from the book, “Taking Action,” edited by Adam Davis, published by the Great Books Foundation. Discussion questions from The Great Books Foundation will be available for all selections. Selections will be announced via emails to the course participants. Once in the class, we can help you get the book and any materials. Come and try a class.

**Instructor:** Gary Wolfe    **Coordinator:** Lew Livingstone

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## Kick Starting Your Writing

### **Every Tuesday • 12:15 p.m.-2:15 p.m. • Room 9**

*February 3, 10, 17, 24 • March 3, 10, 17, 24, (31 no class) • April 7, 14, 21, 28 • May 5, 12*

- Do you want to do some writing but don’t know how to start? Have you written in your younger days and now would like to recover some of that earlier fire? Would you like to write but are afraid to try? Then we invite you to “Kick Starting Your Writing.”
- Do you simply want to share what you have written and get encouragement and feedback? Then we invite you to “Kick Starting Your Writing.”
- Do you want to experiment with poetry, essays, fiction, non-fiction, short stories, or even a novel? Then we invite you to “Kick Starting Your Writing.”

**Instructor:** Ron Baesler    **Coordinator:** Ann Casas

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## Life Story Workshop

### **Alternate Tuesdays • 9 a.m.-noon • Zoom**

*February 3, 17 • March 3, 17, (31 no class) • April 7, 21 • May 5*

**Pre-registration Required:** If you are interested in attending, contact Kathy Collier at [kathyloucollier@gmail.com](mailto:kathyloucollier@gmail.com).

This warm, supportive course is where you can begin writing down the stories of your life for your family. Share your stories and listen to the stories of others in your reading group—a powerful experience, connecting with others through their stories. Discover a treasure trove of ideas for writing two-page life stories. This workshop involves a commitment to attend regularly and write a story every two weeks.

**Coordinators:** Alice Gresto and Kathy Collier

**Tech Coordinators:** Zona Gray-Blair and Patricia Silvestri

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## Poetry for Pleasure

**Every Thursday • Noon-1:45 p.m. • Room 21/Zoom**

*February 5, 12, 19, 26 • March 5, 12, 19, 26 • April (2 no class), 9, 16, 23, 30  
• May 7, 14*

Our poetry class is for people who love poetry. We listen to it, read it and even perform it. We take turns leading the classes and feature a poet or a topic. You don't have to write poetry to be in the course, but we have published eight anthologies of poems written by people in the course. We have fun and we'd love to have you join us.

**Coordinators:** Juanita Driskell, Alice Gresto and Mary Sampson

**Tech Coordinator:** Fritz von Coelln

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## Publish Before You Perish

**Alternate Thursdays • 2 p.m.-3:45 p.m. • Room 21/Zoom**

*February 5, 19 • March 5, 19 • April (2 no class), 9, 23 • May 7*

Are your creative articles, poems, stories or books sitting in your computer yearning to be published? This course will provide:

- Information regarding publishing processes and resources
- Revision suggestions
- Editorial assistance
- One-on-one-assistance in self-publishing—cover to cover

**Coordinator/Tech Coordinator:** Fritz von Coelln

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## Shakespeare Aloud

**Alternate Thursdays • 10 a.m.-noon • Room 9**

*February 12, 26 • March 12, 26 • April 16, 30 • May 14*

Our play for the spring will be Shakespeare's masterpiece "Hamlet." We will introduce the play with video lectures, then participants read the play aloud, alternating parts. Participants need to bring their own copies of the play.

**Coordinators:** Sandra Wodicka and Stephanie Beverage

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## Short Stories

**Alternate Mondays • 10 a.m.-noon • Room 21**

*February 9, 23 • March 9, 23 • April 13, 27 • May 11*

Do you enjoy reading but wish for an alternative to book clubs that read full-size novels? Then "Short Stories" may be the right course for you. In each class, we discuss two stories (to be read prior to class) from the short story anthology currently in use. This spring we will complete our readings from "100 Years of the Best American Short Stories," edited by Lorrie Moore and Heidi Pitlor. Upon completion, a new anthology will be chosen. Each course member receives a reading list schedule for the semester.

**Coordinators:** Janet Genow and Sybil Shecter

**Tech Coordinator:** Gary Wolfe

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## The New Yorker Magazine Discussion Group

**Alternate Thursdays • Noon-2 p.m. • Room 9/Zoom**

*February 5, 19 • March 5, 19 • April (2 no class), 9, 23 • May 7*

The New Yorker is renowned for its in-depth reporting and cultural commentary. Articles from other sources, including The Atlantic, Harper's Magazine, The New York Times and Los Angeles Times may also be included in our course discussions. Subscriptions to these publications are not required. In advance of each class, course members will receive links to the articles to be discussed.

**Coordinators:** Edward Dunvan and Linda Lockwood

**Tech Coordinator:** Jim Monroe

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## Women Writers' Workshop: Fiction Writing with Prompts

**Every Monday • 10 a.m.-noon • Room 9**

*February 2, 9, 16, 23 • March 2, 9, 16, 23, (30 no class) • April 6, 13, 20, 27 • May 4, 11*

This course will create a judgment-free creative fiction writing space and a supportive, nurturing writing community for women writers. We will offer fiction writing prompts in a variety of different formats designed to inspire and generate creativity and participants are encouraged to share their writing (500 words or less). Prompts for writing at home as well as in-class writing will be offered. Writers will also have the opportunity to offer segments of their creative fiction (short stories and novels) in progress for feedback. In this course, we will find our voices, expand our writing horizons and share our stories as we write, share, explore and learn from each other.

**Facilitator:** Cheryl Perreira

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## Write Now!

**Alternate Thursdays • 2 p.m.-3:45 p.m. • Room 21/Zoom**

*February 12, 26 • March 12, 26 • April 16, 30 • May 14*

This course is for members who want to write essays, memoirs, letters to the editor, poems or stories. We provide you the opportunity to practice writing by writing. You will be provided a topic and you have two weeks to write about it (or you may write about your own subject matter). We encourage you to share your writing in class—we ask that articles be held to about 500 words. Come join us to just write, write, write and read—it's lots of fun!

**Coordinator:** Fritz von Coelln **Tech Coordinator:** Fritz von Coelln

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**Please silence your cell phone when  
attending classes and programs.  
Thank you!**

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## Writing with Feedback

**Every Thursday • 4 p.m.-6 p.m. • Room 21/Zoom**

*February 5, 12, 19, 26 • March 5, 12, 19, 26 • April (2 no class), 9, 16, 23, 30  
• May 7, 14*

We encourage class members to read aloud their creative works—fiction, nonfiction, poetry etc. Other class members provide feedback by sharing what worked well, what might need clarification or improvement, ideas for publication etc. The respondents may also provide written feedback to the presenter. You'll have the opportunity to rewrite your work in response to the feedback. This course is for authors and writers interested in publishing their works. Publishing assistance is available.

**Instructors/Coordinators:** Keni Cox, Jeanette Reese and Fritz von Coelln

**Tech Coordinator:** Fritz von Coelln

## PERFORMING ARTS

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### Advanced Beginning Violin

**Every Monday • 11 a.m.-noon • Room 18**

*February 2, 9, 16, 23 • March 2, 9, 16, 23, (30 no class) • April 6, 13, 20, 27 •  
May 4, 11*

Have you played the violin in the past? Would you like to refresh your skills by studying the basics while learning to play some beautiful simple pop songs? If so, please join our class. You will need a violin and bow, rosin, tuner, music stand, a metronome app on your phone and the books listed below. (Books can be purchased in a music store or online.) Sheet music for songs will be provided.

**Textbooks (required):** “Essential Elements For Strings-Violin,” Books 1 and 2.

**Instructor:** Linda Parato    **Coordinator:** Mickey La Casa

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### Classical Guitar: Ensemble

**Every Wednesday • 4 p.m.-6 p.m. • Room 18**

*February 4, 11, 18, 25 • March 4, 11, 18, 25 • April (1 no class), 8, 15, 22, 29 •  
May 6, 13*

**Prerequisite:** Ability to read music

**Required:** A classical (nylon-stringed) instrument, footstool and music stand

For anyone who would like to play a classical guitar and make music in a group, come join us! Music from the 17th century to the present will be played in the classical guitar fingerstyle method. The first half of each class will feature beginning level repertoire. The second half of each class will feature repertoire development. If you have any questions, please email the instructor at [brattonja@csu.fullerton.edu](mailto:brattonja@csu.fullerton.edu).

**Coach/Coordinator:** Janet Bratton

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## Concert Band

**Every Tuesday • 5:15 p.m.-7 p.m. • Shapiro ABCD**

*February 3, 10, 17, 24 • March 3, 10, 17, 24, (31 no class) • April 7, 14, 21, 28 • May 5, 12*

**Prerequisite:** Ability to read music and play an instrument

**Required:** Instrument and music stand

**Concert Dress:** All black or black pants/skirt and white shirt/blouse

**Materials Fee:** None

Did you play an instrument in junior or high school and want to play again? This is the group for you! All levels of musicians are welcome. We will play concert, popular, symphonic and show tune music. Come join in the fun of playing music together. There will be one or two performances each semester.

**Conductor:** James Hartford

**Coordinators:** Rayleen Williams and Tom Stachelek

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## Crescendo Chorale

**Every Friday • 12:30 p.m.-2:30 p.m. • Shapiro ABCD**

*February 6, (13 no class), 20, 27 • March 6, 13, 20, 27 • April (3 no class), 10, 17, 24 • May 1, 8, 15*

**Materials Fee:** \$25

If you love to sing and enjoy camaraderie, then this is the place for you! The Crescendo Chorale sings together in four-part harmony, enjoying many different genres of music. Even if this is a new experience for you, come and learn to make beautiful music together in song. No auditions are required. Come one, come all!

**Instructors/Conductors:** Tom Hut and Marge Osborn

**Accompanist:** Esther Ahn    **Coordinator:** Amy Kernes

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## CSUF Faculty/Student Performances/Presentations (Open to the Public)

**Alternate Tuesdays • 2:15 p.m.-3:45 p.m. • Mackey Auditorium/Zoom**

*February 3, 17 • March 3, 17, (31 no class) • April 7, 21 • May 5*

In collaboration with CSUF School of Music, CSUF School of Music students are given the opportunity to perform for our members in order to fulfill performance requirements for credit toward their degrees. These students are top-rated performers. Faculty members are also invited to participate. In the event that faculty/students are not able to perform on the scheduled dates, lectures on a variety of musical subjects will be presented instead. Additional information will be provided through the OLLI website, the weekly OLLI Announcements and Events newsletter and posted throughout the Ruby Gerontology Center.

**OLLI Coordinator:** Ellie Monroe

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## **Drama, Improv & Storytelling**

**Every Thursday • 8:30 a.m.-9:45 a.m. • Shapiro CD**

*February 5, 12, 19, 26 • March 5, 12, 19, 26 • April (2 no class), 9, 16, 23, 30  
• May 7, 14*

Do you want to perform better in social situations? If you desire a more confident presence, better voice expression or free and expressive body language, then you have found the right course. For those who are “closet hams,” come out and perform in broad daylight. For eager novices and experienced thespians, there is a place for you. Learn to feel more comfortable in front of an audience, maybe practice for a presentation or just have fun pretending to be someone else.

**Coordinators:** Mary Sampson and Edward Dunvan

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## **Drum Circle (New)**

**Every Tuesday • 3:30 p.m.-4:30 p.m. • Room 18**

*February 3, 10, 17, 24 • March 3, 10, 17, 24, (31 no class) • April 7, 14, 21, 28  
• May 5, 12*

A drum circle is a way of connecting with others through rhythm, self-expression, creativity and community building. It relieves stress as it exercises the mind, body and spirit. In addition, it develops key musical skills using rhythm, improvisation and ensemble playing. No prior musical skills are needed. Come join us! You may bring your own drum or use one of the provided drums in class.

**Instructor/Coordinator:** Marge Osborn

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## **Jazz Band**

**Every Tuesday • 7 p.m.-8:30 p.m. • Shapiro ABCD**

*February 3, 10, 17, 24 • March 3, 10, 17, 24, (31 no class) • April 7, 14, 21, 28  
• May 5, 12*

**Prerequisite:** Intermediate/advanced musician

**Required:** Instrument and music stand

**Concert Dress:** Black pants/skirt and white shirt/blouse

**Materials Fee:** \$20

This course will emphasize learning to play jazz with opportunities for improvisation. This is an instrumental group primarily for brass, sax, drums, piano, guitar and bass. Other instruments may be considered. Music from the swing era of the '30s to '50s will be played. Contact the conductor/coordinators by visiting the class. There will be one or two performances per semester.

**Conductor:** James Hartford

**Coordinators:** Rayleen Williams and Thomas Stachelek

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## Learn to Play Classical Guitar

**Every Thursday • 4:30 p.m.-5:30 p.m. • Room 18**

February 5, 12, 19, 26 • March 5, 12, 19, 26 • April (2 no class), 9, 16, 23, 30  
• May 7, 14

**Required:** Nylon string guitar, a guitar footstool or other guitar support and a music stand. A guitar tuner, either standalone or a phone app, is helpful but not required.

Are you fascinated by the beauty of classical guitar? Are you interested in learning the basics of playing in the classical guitar style? If so, come join in learning note reading on the guitar and the basic left- and right-hand classical guitar techniques. You'll learn to play melodies and simple duets. The ability to read music is helpful, but not essential. Guitarists of all levels are welcome. If you have any questions, please email the instructor at [brattonja@csu.fullerton.edu](mailto:brattonja@csu.fullerton.edu).

**Textbook (required):** "Classical Guitar Method, Volume I" by Bradford Werner. This is a free download available at <https://www.thisisclassicalguitar.com/free-classical-guitar-method-book-pdf/>. Please download and print the book before attending class.

**Instructor/Coordinator:** Janet Bratton

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## Learn to Play Guitar

**Every Thursday • 3:30 p.m.-4:30 p.m. • Room 18**

February 5, 12, 19, 26 • March 5, 12, 19, 26 • April (2 no class), 9, 16, 23, 30  
• May 7, 14

**Required:** Six-string guitar, tuner and music stand

This is a beginning guitar course. We'll start with the basics—tuning, chord shapes, basic chord progressions, rhythm and strumming patterns. You'll soon be able to play some folk songs, or maybe learn to play a favorite song! As the course progresses, we'll accommodate different learning speeds and end-goal desires, as well as address all your guitar questions. All you need is a six-string guitar, a tuner, a music stand and a desire to have fun and play music. If you have any questions, please email the instructor at [brattonja@csu.fullerton.edu](mailto:brattonja@csu.fullerton.edu).

**Instructor/Coordinator:** Janet Bratton



### Suggestion Box

We want your ideas, suggestions and solutions. Just drop a note in the box in the Shapiro Lobby, or email Vickie Hite at [vwhite418@gmail.com](mailto:vwhite418@gmail.com).

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## Learn to Play Recorder

**Every Friday • 1 p.m.-2:30 p.m. • Room 18**

*February 6, (13 no class), 20, 27 • March 6, 13, 20, 27 • April (3 no class), 10, 17, 24 • May 1, 8, 15*

**Required:** Soprano recorder and music stand

Come join us to learn how to play the recorder. It is one of the easiest instruments to learn and play. Even if you have breathing issues, you will easily be able to produce music. And it is good for your health, too. (The NIH has shown that playing an instrument can lower the risk of cognitive impairment.) The ability to read music is a plus, but not necessary. We will teach you. You can buy a very good recorder online for under \$15. Additional music will be provided. If you know how to play, join us. In a short while, we will be playing all kinds of fun music—folk, popular, oldies and more. Get ready to experience the joy of making music!

**Textbook (required):** “Essential Elements for Recorder,” published by Hal Leonard Corporation, available online for about \$6.

**Instructor:** Charlotte Lynch    **Coordinator:** Penny Bowman

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## Line Dancing: Beginner’s Level

**Alternate Wednesdays • 3:30 p.m.-5 p.m. • Shapiro ABCD**

*February 4, 18 • March 4, 18 • April (1 no class), 8, 22 • May 6*

Line dancing is a popular means of socializing, sharpening one’s memory and keeping fit. This course offers the fundamentals of line dance at a pace suited for the first-time dancer. The dances taught in this course will introduce the standard steps used by all professionals in the industry. All levels of dancers are welcome. Classes will put emphasis on the learning experience of the absolute beginner.

**Instructor/Coordinator:** Ellie Monroe

**Coordinators:** Debbie Maxwell, Nancy Bauerly and Karin Boeck

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## Line Dancing: Advanced Beginners and Intermediate

**Alternate Wednesdays • 3:30 p.m.-5 p.m. • Shapiro ABCD**

*February 11, 25 • March 11, 25 • April 15, 29 • May 13*

This course is designed for the student who wishes to learn dances at Advanced Beginners to Intermediate level. These dances will be at a faster pace and contain more steps than “Line Dancing: Beginner’s Level.” The dances taught in this course will introduce the standard steps used by all professionals in the industry. All levels of dancers are welcome.

**Instructor/Coordinator:** Ellie Monroe

**Coordinators:** Debbie Maxwell, Nancy Bauerly and Karin Boeck

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## Line Dancing Workshop: Beginners/Intermediate

**Every Friday • 11 a.m.-noon • Room 18**

*February 6, (13 no class), 20, 27 • March 6, 13, 20, 27 • April (3 no class), 10, 17, 24 • May 1, 8, 15*

This workshop is to offer line dancing students an opportunity to practice and reinforce dances learned in the “Line Dancing” courses. All levels of dancers are welcome. Be prepared to get an aerobic workout.

**Instructor/Coordinator:** Ellie Monroe    **Coordinator:** Debbie Maxwell

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## Musical Performances

**Designated Dates and Times • Mackey Auditorium/Shapiro ABCD**

*Dates: TBD*

These performances are designed to entertain you, showcasing a variety of talents found among the musicians, vocalists and dancers in our OLLI membership. Additional information will be provided through the OLLI website, the weekly OLLI Announcements and Events newsletter and other publications posted throughout the Ruby Gerontology Center.

**Series Coordinators:** Rayleen Williams and Renee Cabrera

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## Musical Performances/Presentations/Rehearsals

**Designated Fridays • 1 p.m.-8 p.m. • Mackey Auditorium/Zoom/Stream-Rec**

*Dates: TBD*

These dates are provided for groups and individuals who need time and space to prepare for upcoming concerts, events or presentations. There will be occasions when “CSUF Faculty/Student Performances” and additional OLLI “Musical Performances” participants will be scheduled for special presentations. Notices of performances and additional information will be provided through the OLLI website and other publications and posted throughout the Ruby Gerontology Center.

**Note:** CSUF performances will be open to the public.

**Coordinators:** Ellie Monroe, Rayleen Williams and Renee Cabrera

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## Noontime Student Piano Performances

**Alternate Thursdays • Noon-12:30 p.m. • Mackey Auditorium/Zoom**

*February 5, 19 • March 5, 19 • April (2 no class), 9, 23 • May 7*

Come experience how students in piano studies in the School of Music at CSUF have applied their talents and hard work to achieve great success. Through our relationship with Professor Rob Watson, OLLI members and friends will be the beneficiaries of a series of half-hour presentations by these remarkable students. The students gain encouragement from an appreciative audience.

**CSUF Coordinator/Professor:** Rob Watson

**OLLI Coordinator:** Ellie Monroe

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## OLLI Flash Mob

**Every Tuesday • 2 p.m.-4 p.m. • KHS 203**

*February 3, 10, 17, 24 • March 3, 10, 17, 24, (31 no class) • April 7, 14, 21, 28  
• May 5, 12*

**No Prerequisites:** All dancers welcome.

The OLLI Flashers never fail to entertain a crowd. We've danced for Brea Mall, the City of Fullerton and even ABC TV. Come and learn our new dances and review/learn our repertoire of previous Flash Mob dances. You don't need to be a pro ... just a senior who wants to have fun. Join us as we dance on campus and at different venues all over Orange County. Let's set the stage on fire!

**Instructor and Choreographer:** Jeanette Reese

**Coordinators:** Joanne Hardy and Fritz von Coelln

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## Piano Keyboard: Intro

**Every Monday • 3:30 p.m.-5 p.m. • Shapiro AB**

*February 2, 9, 16, 23 • March 2, 9, 16, 23, (30 no class) • April 6, 13, 20, 27 •  
May 4, 11*

**Required:** Piano keyboard and headphones or earbuds

Do you want to enjoy music through the piano? Have you ever tried playing the piano but gave up due to the challenge of using both hands simultaneously? Are you searching for a learning environment that provides encouragement and positive feedback? This course is designed to make learning the keyboard a breeze, even if you have no prior knowledge of reading sheet music. All you need is your piano keyboard; we will guide you through the rest. Absolute beginners are encouraged to participate. If you need advice on what size keyboard to bring, please contact the instructor at jim.ellie@mindspring.com.

**Textbook (required):** "Adult All-In-One Course: Lesson-Theory-Technique: Level 1" by Willard A. Palmer, Morton Manus and Amanda Vick Lethco

**Instructor/Coordinator:** Ellie Monroe

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## String Ensemble

**Every Thursday • 10 a.m.-noon • Room 18**

*February 5, 12, 19, 26 • March 5, 12, 19, 26 • April (2 no class), 9, 16, 23, 30  
• May 7, 14*

**Prerequisite:** Intermediate musician

**Required:** Instrument, music stand and pencil

**Materials Fee:** None

Do you play a string instrument [violin, viola, cello]? Would you like to play chamber music? If so, please join us! If you are unsure about your skill level, try us out for a couple of weeks.

**Instructor/Coordinator:** David Doo

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## Strings and Things Music Jam

**Every Tuesday • 1:45 p.m.-3:15 p.m. • Room 18**

February 3, 10, 17, 24 • March 3, 10, 17, 24, (31 no class) • April 7, 14, 21, 28  
• May 5, 12

This music jam activity course is for musicians who want to play and/or sing with other musicians and increase their repertoires. We will have an open jam format where class members will suggest tunes and songs to be played. All music will be provided via a Dropbox link or classroom set of notebooks. Please contact Patty McCollom at [pattymccollom96@gmail.com](mailto:pattymccollom96@gmail.com) if you have questions. We are looking forward to our musical collaboration.

**Instructor/Coordinator:** Patty McCollom

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## Tap Dancing: Advanced

**Every Friday • 8:30 a.m.-9:50 a.m. • KHS 202**

February 6, (13 no class), 20, 27 • March 6, 13, 20, 27 • April (3 no class), 10, 17, 24 • May 1, 8, 15

**Prerequisite:** OLLI “Tap Dancing: Beginning/Intermediate” or other experience

If you have completed “Tap Dancing: Beginning/Intermediate” or have some tap experience, come and learn more skills. Join this advanced tap course for great fun and friendships! New steps become routines and in no time you will be enjoying the many dances you will learn. By learning our tap steps and routines you will become a “Snappy Tapper of OLLI.” The Snappy Tappers have performed locally; however, performing is not required. For information, contact instructor Toni Hoffman at .

**Instructor/Coordinator:** Toni Hoffman

**Technical Coordinator:** Stan Hoffman

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## Tap Dancing: Beginning/Intermediate

**Every Friday • 10 a.m.-11 a.m. • KHS 202**

February 6, (13 no class), 20, 27 • March 6, 13, 20, 27 • April (3 no class), 10, 17, 24 • May 1, 8, 15

This is a fun, no-stress course. If you have always wanted to learn to tap dance, this course is for you! For those who would like to learn basic, easy tap steps at a very slow pace, please join us. Some tappers may prefer to remain in this course. Others will use what they learn in “Tap Dancing: Beginning/Intermediate” to later transition into our more advanced tap course. For more information, contact Toni Hoffman at [tonihoffman@sbcglobal.net](mailto:tonihoffman@sbcglobal.net).

**Instructor/Coordinator:** Toni Hoffman

**Technical Coordinator:** Stan Hoffman

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## Ukulele: Beginner II

**Every Monday • 2 p.m.-3:30 p.m. • Room 18**

*February 2, 9, 16, 23 • March 2, 9, 16, 23, (30 no class) • April 6, 13, 20, 27 • May 4, 11*

**Prerequisites:** A desire to learn and have fun. Completion of “Ukulele: Beginner 1” or familiarity with the EZ dozen chords (A, A7, Am, C, C7, D, D7, Dm, E7, F, G and G7) and the basic down strum.

**Required:** An ukulele, an electronic tuner and a music stand. No ability to read music is required.

In this course, you will learn more chords, more strums and will be introduced to picking, chord melodies, tablature and some music theory. Playing and singing music in a group is not only fun, it’s good for your brain!

**Textbook (required):** “Essential Elements for Ukulele Method Book 1” by Marty Gross, Hal Leonard Publisher, ISBN 978-1480393882. It is under \$10 online.

**Instructors:** Jill Patterson and Linda Callen    **Coordinator:** Kurt Manglos

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## Ukulele: Symposium

**Every Monday • 3:30 p.m.-5 p.m. • Shapiro CD**

*February 2, 9, 16, 23 • March 2, 9, 16, 23, (30 no class) • April 6, 13, 20, 27 • May 4, 11*

**Prerequisites:** A solid understanding of chord progression and several strumming and fingerpicking patterns will make your Symposium experience more satisfying

The “Ukulele: Symposium” course will allow you to strengthen your skills in fingerpicking and chord melody. This course will also explore instrumental pieces that rely on those skills to bring the musicality of the piece forward, rather than relying on voice accompaniment. This course will explore contemporary, rock and classical music.

**Instructor:** Vickie Hite

**Coordinators:** Leland Akasaki and Linda Callen

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### Links to Online Classes

Get links to Zoom and livestreamed classes on the OLLI website at <http://olli.fullerton.edu/> (CSUF username & password required).

# LANGUAGES

**Please note:** “French 1,” “German 1” and “Spanish 1” are intended for beginning students from fall through summer semesters. Our other OLLI language courses are “ongoing,” i.e., they do not “start over” every year as they may in a high school or a university setting. After a year of “French 1,” “German 1” or “Spanish 1” students have the option of moving on to “Intermediate French,” “German 2” or “Spanish 3” or repeating “French 1,” “German 1” or “Spanish 1” as a refresher course. We do not give placement tests, so newcomers to language courses are welcome to sample classes and stay with any or all courses that suit their level of proficiency. “American Sign Language for All Ages” is an ongoing course; however, the instructor is willing to work with new students.

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## American Sign Language For All Ages

**Every Friday • 10:15 a.m.-11:45 a.m. • Room 19**

*February 6, (13 no class), 20, 27 • March 6, 13, 20, 27 • April (3 no class), 10, 17, 24 • May 1, 8, 15*

American Sign Language is a valuable language to learn, and the ability to engage and communicate with the hearing impaired is a great benefit. This course will provide a basic level of skill to communicate with a spouse, friend or grandchild, and, if you yourself are hearing impaired, communicate more comfortably in a wide variety of situations. This course will introduce the ASL alphabet, concepts, words and signing styles. Also included will be signing songs in ASL. As the course continues, your knowledge and ability to communicate will continue to expand and grow as you explore this beautiful language.

**Instructor:** Dawn Wilson    **Coordinator:** Linda Callen

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## French 1

**Every Tuesday • 10 a.m.-11:45 a.m. • Room 21**

*February 3, 10, 17, 24 • March 3, 10, 17, 24, (31 no class) • April 7, 14, 21, 28 • May 5, 12*

“French 1” is for beginners who have little or no French language skill. Many French people in tourist areas speak English, so why study French? Because demonstrating appreciation for their culture and a minimum of acquaintance with their language will put smiles on their faces and make your trip to a French-speaking country even more pleasurable. The course will emphasize good pronunciation and introduce key vocabulary and common expressions as well as basic grammar to help you to speak respectfully while enjoying exposure to and participation in French culture. For students who have previously attended the course, we will be starting with a brief review over the first weeks of units covered in spring 2025, and will then move forward to new material. The coursework will be appropriate for both beginners and students who have attended the course previously.

**Instructor:** Don Bradley    **Coordinator:** Richard Zawilski

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## Intermediate French

**Every Wednesday • 10 a.m.-noon • Zoom**

*February 4, 11, 18, 25 • March 4, 11, 18, 25 • April (1 no class), 8, 15, 22, 29 • May 6, 13*

**Prerequisite:** Some previous study of French or equivalent

The three goals of this intermediate level course are: a) to increase our familiarity with French vocabulary and grammatical structures; b) to emphasize exposure to authentic French culture through easy texts and videos and c) to practice conversation. We'll start slowly, integrating vocabulary and structures usually studied in a second semester French course, relying on PowerPoint presentations created by the instructor and on videos made in France rather than on a traditional textbook.

Learning with video on Zoom has a big advantage for language study: it brings the sights and sounds of the new culture into our own environment. Therefore, our two-hour Zoom meetings will usually comprise a video lesson coming to us from France, integrating culture, vocabulary and grammar and the discussion of easy texts and, occasionally, practice speaking French in groups of two or three participants in Zoom breakout rooms.

**Textbook (optional):** "The Ultimate FRENCH Review and Practice," any edition, offering detailed explanations, exercises and corrections of the exercises

**Instructor:** Barbara Vigano

**Coordinators/Tech Coordinators:** Sara Clark and Cindy Owens

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## German 1

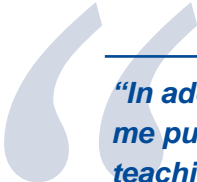
**Every Tuesday • 10:30 a.m.-noon • Room 9**

*February 3, 10, 17, 24 • March 3, 10, 17, 24, (31 no class) • April 7, 14, 21, 28 • May (5, 12 no class)*

This course is for those who have little or no knowledge of the German language but would like to learn its basics. It will cover basic grammar, vocabulary, pronunciation, spelling and interactive dialog. Primary teaching material will come from on-line applications (mainly the internet) and instructor handouts. German history, geography and culture will be included as by-products of the language coursework. Some self-imposed homework will be expected, to reinforce material covered in class.

**Instructors:** Ken Luke, Debbie Gonzalez and Marvin Maio

**Coordinator:** Bill Reilly



***"In addition to friendship, OLLI has given me purpose. I feel valued here. I can use my teaching skills with people who, like me, still want to learn."***

**-Mary Sampson**

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## German 2

**Every Tuesday • 12:30 p.m.-2:30 p.m. • Shapiro AB/Zoom**

*February 3, 10, 17, 24 • March 3, 10, 17, 24, (31 no class) • April 7, 14, 21, 28 • May 5, 12*

Guten Tag und Herzlich Willkommen in der Deutschklasse!

This on-going German course is centered on increasing fluency, expanding vocabulary and deepening the knowledge of grammar and structures. German culture, history, politics, way of life and relevant topics are common themes in the course. Authentic texts, movies, videos and German visitors add to the real-life atmosphere of the course. Handouts, provided by the instructor, will take the place of a textbook. Whether you want to expand your knowledge of German, travel to Germany or any other German-speaking country, or you just have an interest in learning about a great world culture, this OLLI German course is right for you. While many in the course have been taking it for some time, we will also target lessons so that intermediate speakers should be able to follow along and make strides in their German competence.

**Instructor:** Don Bradley    **Coordinators:** Ken Luke and Richard Zawilski

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## Spanish 1

**Every Thursday • 10 a.m.-11:30 a.m. • Shapiro AB**

*February 5, 12, 19, 26 • March 5, 12, 19, 26 • April (2 no class), 9, 16, 23, 30 • May 7, 14*

**Prerequisite:** Anyone may join the course in September. Students joining for the first time in the spring or summer need to check with the instructor on the first day of class. It is sometimes difficult to catch up in a language course once it has been running for several months. Some people are able to join successfully in mid-year if they already have some basic Spanish. Students are invited to try out the course and judge for themselves if it is at a useful level for them.

Spanish 1 is geared for beginners. It is a year-long course which starts anew every fall and becomes more complex in the spring and summer. The course covers basic sentence structures with speaking and listening. Phonics will be taught for reading and writing. Repeating this course in the fall is an option if space is available for new beginners. Our goal is to lay a good foundation for learning Spanish and to leave every class saying goodbye and a new phrase in Spanish.

**Instructor:** Marjorie Mota    **Coordinator:** Glenn Lee

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## Spanish 3

**Every Wednesday • 10 a.m.-11:30 a.m. • Room 21**

*February 4, 11, 18, 25 • March 4, 11, 18, 25 • April (1 no class), 8, 15, 22, 29 • May 6, 13*

This course is designed for those who have studied Spanish in the past and wish to continue building their knowledge of vocabulary and grammar. It presumes an acquaintance with present, past and future tenses. The focus of the course is on intermediate-level grammar skills to increase the understanding of written and spoken Spanish, and to improve the ability to speak Spanish. The course is mainly taught in Spanish with some English.

***Textbooks (optional, either physical or electronic versions):***

1. Sandstedt, Lynn & Ralph Kite. 2014. “Conversación y repaso.” 11th ed. Boston, MA: Heinle, Cengage Learning. [ISBN-13: 9781133956822]
2. Sandstedt, Lynn & Ralph Kite. 2014. “Civilización y cultura.” 11th ed. Boston, MA: Heinle, Cengage Learning. [ISBN-13: 9781133956747]
3. Digital version of Sandstedt, Lynn & Ralph Kite. 2014. “Conversación y repaso.” 11th ed. Boston, MA: Heinle, Cengage Learning. [ISBN-13: 9781285415451]

***Instructor:*** Juan R. Ishikawa    ***Coordinator:*** Carolyn Mendoza

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## Spanish 4

**Every Monday • 1:15 p.m.-3:15 p.m. • Room 9**

*February 2, 9, 16, 23 • March 2, 9, 16, 23, (30 no class) • April 6, 13, 20, 27 • May 4, 11*

***Prerequisite:*** The ability to process directions in Spanish and to express opinions in group discussions.

Students will increase fluency by engaging in dialogue and interactive activities. Topics of high interest are discussed. History and culture lessons promote vocabulary development. On an as-needed basis, selected points of grammar are reviewed. Students often volunteer to present a lesson or a travelog in Spanish. This is a win-win learning situation, since speaker preparation accelerates vocabulary acquisition and, when the audience thinks on its feet by asking questions in Spanish, it mirrors the give and take of real-life conversation. New students with some fluency may join at any time. On the fourth Monday of each month, Judy Ortiz will conduct a Spanish book club for all who wish to participate.

***Instructor/Coordinator:*** Mari-Lynne Reid    ***Tech Coordinator:*** Ken Luke

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## Spanish Conversation

**Alternate Thursdays • 10 a.m.-11:45 a.m. • Room 9**

*February 5, 19 • March 5, 19 • April (2 no class), 9, 23 • May 7*

This course is offered to students who have a sufficient ability to communicate in Spanish and want to improve their oral skills. While grammar, vocabulary and writing are provided in other courses, the objective of this course is to develop the most difficult aspect of a language, which is speaking without extensive preparation. The class topics will be varied and include conversations about selected articles, movies, documentaries and themes where students discuss their views in Spanish.

**Instructors/Coordinators:** Suzi Attal and Lu Attal



### OLLI is on Facebook and Instagram

Follow activities at OLLI-CSUF:

[www.facebook.com/OLLICalStateFullerton](http://www.facebook.com/OLLICalStateFullerton)



[www.instagram.com/ollicsuf](http://www.instagram.com/ollicsuf)



### Did You Know?

In 1988 Mackey Auditorium was named after Dr. Francis G. “Bud” Mackey, Medical Director of St. Jude Medical Center. He not only made a major donation to building the RGC, he established our initial collaboration with St. Jude, which continues to flourish today as Medical Series.

# ECONOMICS, HUMANITIES AND SOCIAL SCIENCES

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## ABC's of Medicare

**Designated Tuesdays • 10 a.m.-noon • Zoom**

*April 7, 14, 21*

This educational series via Zoom highlights the importance of knowing when to sign up for Medicare to maximize your benefits and avoid late enrollment penalties. It's also essential to understand that you can modify your existing plan to better suit your specific needs. The series consists of three Medicare-related classes. The first, "Medicare Basics", is an overview of the four parts of Medicare: Part A-Hospital Care, Part B-Medical Care, Part C-Medicare Advantage and Part D-Medicare Prescription Drug Coverage. The second, "Plan Comparisons," will break down the differences between HMO, PPO and Supplemental/Medigap plans. The third, "Understanding Medical Bills", will provide guidance on how to interpret your medical bills and help answer questions like, "I just received a bill from my doctor. Do I need to pay it or will my insurance company cover it?"

**Instructor:** Diana Dillman, Medicare Options Specialist, Live Well Insurance  
**Coordinator/Tech Coordinator:** Tom La Casa

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## American Magazine: News, Politics, Economics, Law

**Designated Tuesdays • 10:15 a.m.-11:45 a.m. • Mackey Auditorium/Zoom/Stream-Rec**

*February 10 • April 28*

This course explores contemporary current events and consumer and business economics, Supreme Court decisions, and policies, politics and challenges facing the nation. Classes will focus on "cover stories" ripped from the headlines and presented in-depth for analysis and fact-checking. Use of multimedia aids and presentation of issues in a style that is designed to be both educational and (occasionally) entertaining differentiates this course.

**Instructor/Coordinator:** Mike Stover    **Tech Coordinator:** Jay Messner

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## American Presidency

**Designated Tuesdays • 10:15 a.m.-11:45 a.m. • Mackey Auditorium/Zoom/Stream-Rec**

*February 24 • March 24 • April 14 • May 12*

This course explores the policies, politics, foes and challenges facing America's 47th President during a time of extreme division over the country's direction and governance principles. Historical context and rigorous analysis will be used. The views and tactics of the President's foes will also be highlighted.

**Instructor/Coordinator:** Mike Stover    **Tech Coordinator:** Jay Messner

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## Eclectics

**Alternate Tuesdays • 10:15 a.m.-11:45 a.m. • Mackey Auditorium/  
Stream-Rec**

*February 3, 17 • March 3, 17, (31 no class) • April 7, 21 • May 5*

Webster defines eclectics as “selecting what appears best in various doctrines, methods or styles.” That’s us—the best of everything. In each class we learn about a different topic from an expert in their field. This potpourri could include prominent lawyers, astronauts, actors, museum curators, newspaper columnists, professors or local authorities on topics drawn from current news. Each topic and speaker’s name will be published well in advance of the actual presentation in the weekly OLLI Announcements and Events newsletter and in the Shapiro lobby. Come join us to explore a great variety of topics with an impressive array of speakers.

**Coordinators:** Barbara Rosen and Britt Wachsman

**Tech Coordinator:** Bob Newcomb

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## Exploratory Discussion Group

**Every Monday • 12:45 p.m.-2 p.m. • Shapiro CD/Zoom**

*February 2, 9, 16, 23 • March 2, 9, 16, 23, (30 no class) • April 6, 13, 20, 27 •  
May 4, 11*

From The Great Courses video lecture series, we will conclude the lecture series titled “Liberty on Trial in America: Cases That Defined Freedom” and then start the series “Understanding Japan” by Professor Mark Ravina.

**Coordinator/Tech Coordinator:** Leland Akasaki

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## News: Up Close and Personal

**Alternate Thursdays • 10 a.m.-11:30 a.m. • Shapiro CD**

*February 5, 19 • March 5, 19 • April (2 no class), 9, 23 • May 7*

This in-person only course presents enlightening discussion of the day’s news, including current events, politics, law, entertainment, culture, technology, business, the economy, health and medicine, and successful living. Participants need not have similar views—just similar interests. In a world where too many talk over each other, this course emphasizes respectful exploration of the news.

**Moderator:** Mike Stover    **Coordinator:** Barbara Rosen

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### Learn to Use Zoom

Click on [ZOOM HELP](#) on the OLLI website to learn more about using Zoom.

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## Personal Finance and Retirement

**Designated Tuesdays • 3:15 p.m.-4:30 p.m. • Shapiro CD**

*February 3, 10, 17, 24 • March 3, 10*

This course is designed for OLLI members who want to strengthen their understanding of personal finance and make informed investment decisions in retirement. Through engaging and accessible lessons, we'll explore the fundamentals of investing, retirement income planning and effective withdrawal strategies. You'll gain clarity on the roles of IRAs and Roth IRAs and discover practical ways to plan for financial challenges in retirement. By the end of the course, you'll feel more confident and empowered in managing your finances, equipped with practical knowledge to support a secure and fulfilling retirement.

**Instructor:** Carrie Valerio, Financial Advisor, Blunt Wealth Services, Raymond James Financial Services    **Coordinator:** David Wilkinson

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## Social Science in the News

**Alternate Tuesdays • Noon-1:30 p.m. • Shapiro CD**

*February 10, 24 • March 10, 24 • April 14, 28 • May 12*

Join us as we explore the latest social science research to understand the real data behind today's issues. Our emphasis is on adding light (knowledge), not heat (rhetoric) to topics everyone is talking about. Topics change every semester—as the news changes—and have included immigration, voting behavior and attitudes, AI, child poverty, education, public health and more.

**Instructor/Coordinator:** Edwin Batson

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## TED Talks

**Alternate Wednesdays • 12:15 p.m.-1:45 p.m. • Room 9/Zoom**

*February 4, 18 • March 4, (18 no class) • April (1 no class), 8, 22 • May 6*

The motto for TED—Technology, Entertainment, Design—is “Ideas change everything.”

- Ideas change people. They change your perspective, your sense of what can be, even your life's trajectory.
- Ideas change communities. They create new collectives, energize existing ones and galvanize a shared vision for the future.
- Ideas change humanity. When minds shift and communities convene, there's no limit to what they can achieve together.

Come refresh your brain as we discuss videos presented by the vast array of the global TED community. Add your thoughts to what others are thinking.

**Moderator:** Steve Kernes    **Coordinator:** Steve Kernes

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## Transitions in Retirement Essentials (Open to the Public)

**Designated Saturdays • 9:30 a.m.-11:30 a.m. • Zoom/Stream-Rec**

*February 7, (14 no class), 21, 28 • March 7, 14, 21*

This engaging, fun, life-changing program teaches us to appreciate what matters most for ourselves, our dreams and our goals, and how to enjoy the exciting times ahead. If we develop goals and plans for these years, the transition into retirement will be smoother and much more fulfilling. This series of classes will provide some structure and professional aid in planning for this exciting future.

**Program Coordinator:** Russell MacKeand

**Coordinators:** William Clark, Mickey La Casa, Tom La Casa, Joseph Lawton, M.D., Ellie Monroe, Jim Monroe and Mike Stover

**Tech Coordinators:** Tom La Casa, Russell MacKeand, Ellie Monroe and Jim Monroe

### Income Tax Planning

**February 7 • Zoom/Stream-Rec**

**Speaker:** James Johnson, Enrolled Agent, The Tax Guy

Retirement presents several challenges in dealing with additional taxes and proper planning to address them is essential. This session covers important age requirements, the impact of Social Security on your taxes, how wages affect Social Security and what happens if you start a business. Additional topics include IRAs, 401(k)s, Pensions, Annuities and taxation of distributions. The sale of your primary residence and income property will be addressed.

### The “One Big Beautiful Bill” Trap

**February 21 • Zoom/Stream-Rec**

**Speaker:** John Pak CFP, RICP, EA, Otium Advisory Group

Congress’s new One Big Beautiful Bill (OB BB) may sound promising but hidden inside are changes that could trip up retirees. From higher borrowing costs to shifting tax rules, even charitable giving is affected. This class will cut through the noise and show you—in plain English—how OB BB could impact your retirement income, taxes and spending habits. We’ll explore three retirement traps: (1) over-borrowing, (2) bad budgeting and (3) behavioral mistakes, using real-life case studies.

### Diagnostic Imaging Technology, State of the Art

*February 28 • Zoom*

**Speaker:** Vahid Yaghmai, M.D., UCI Health

This talk will highlight some of the most important advances in medical imaging, including speed of image, acquisition, safety, data management and image guided therapies. Clinical examples will be shown to illustrate these advances. New technologies in diagnostic imaging (CT/MRI/Ultrasound), molecular imaging as well as interventional radiology will be discussed.

## To Be Determined

March 7 • Zoom/Stream-Rec

**Speakers:** TBD

Please watch the OLLI Website for updates on this class.

## Keeping Your Heart Healthy

March 14 • Zoom/Stream-Rec

**Speaker:** Robert Pedicini, M.D., St. Jude Heritage Medical Group

Class description will be updated on the OLLI website at a later date.

## Avoiding Identity Theft: Dark Web, Social Engineering and Scams

March 21 • Zoom

**Speaker:** Dr. Tobi West, Cyber Center Director, Computer & Cyber Sciences Dept. Chair, Coastline College

The number of identity theft and fraud cases remains high across the country. Recovery after an identity theft incident can be costly, both financially and emotionally. In this session, you will learn about how to avoid identity theft by understanding the latest scams and techniques that adversaries use. Tips for prevention, detection and resources will be shared to help you better keep your identity safe.

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## What's Behind the News?

**Alternate Wednesdays • 10 a.m.-noon • Zoom**

February 4, 18 • March 4, 18 • April (1 no class), 8, 22 • May 6

Join our thoughtful discussion of current events, which includes the broader context of ongoing political, economic and social change. As well as reviewing the news of the day, we will aim to delve more deeply into one or two topics each time. Your questions and comments are welcome in this sometimes passionate but always respectful conversation.

**Coordinator:** Grace Bertalot    **Tech Coordinator:** Steve Kernes



### Please Recycle at OLLI

Blue recycling bins with the recycle logo have been placed throughout the Ruby Gerontology Center for paper and cardboard and empty paper, plastic, glass and metal containers. Please recycle while at OLLI.

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## Wisdom Exchange

**Alternate Wednesdays • 10 a.m.-noon • Room 9/Zoom**

*February 11, 25 • March 11, 25 • April 15, 29 • May 13*

In “Wisdom Exchange,” all participants have the opportunity to share their wisdom, whether about dealing with day-to-day problems, coping with stressful world events, or managing the physical, psychological and social challenges that can come with growing older. Various topics are brought up in each class, and class participants share their views, their concerns and their joys. In the process, we laugh a lot and get to know each other better.

**Instructors:** Class members

**Coordinators:** Maureen McConaghy and Grace Bertalot

**Tech Coordinators:** Chris Heaton and Lew Livingston

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## World War II: What Happened? Why?


**Alternate Mondays • 2:15 p.m.-3:45 p.m. • Room 21**

*February 2, 16 • March 2, 16, (30 no class) • April 6, 20 • May 4*

Today’s world can best be understood by viewing it through the lens of World War II. That war was the dominant event of the 20th century. It and its echoes determined the borders and form of government of most countries in today’s world, and it continues as a powerful force to the present day. The course will have:

- In-depth original material to provide understanding of critical events, including what and why things happened as they did.
- High quality historical videos.
- A limited amount of material from other sources on World War II to establish context for in-depth topics and serve as a summary presentation of events that don’t receive in-depth treatment.

**Instructors/Coordinators:** Bob Caswell and Elwood Berry



**“OLLI has brought me warm friendships, laughter, thought-provoking discussions and the opportunity to get to know many highly talented individuals. Sharing travel experiences, day trip ventures, honing my limited computer skills, book discussions, music, films, gardening tips, financial advice and guest lectures on a wide variety of topics are just some of the ways OLLI has enriched my life.”**

**-Monika Broome**

# HEALTHY LIVING

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## Longevity Stick Exercises

**Every Wednesday • 8:30 a.m.-9:30 a.m. • Zoom**

*February 4, 11, 18, 25 • March 4, 11, 18, 25 • April (1 no class), 8, 15, 22, 29 • May 6, 13*

Longevity Stick is a Vietnamese exercise regimen consisting of a series of 12 movements done with a stick. The exercises are designed to maintain a healthy body and spirit by improving balance, flexibility, strength, mental focus and breathing capacity. For more information, go to <https://www.longevitystick.org/>. By the second class, you will be required to have a one-inch-thick dowel, the length of your outstretched arms or corresponding to your height, with rubber chair leg tips on each end. Large men may feel more comfortable with a one-and-a-half-inch-thick dowel. Materials can be purchased at any home improvement store and cut to the proper length.

**Instructors/Coordinators:** Nancy Bauerly and Linda Petit

**Tech Coordinator:** Renee Cabrera

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## Medical Series (Open to the Public)

**Alternate Wednesdays • 7 p.m.-9 p.m. • Zoom/Stream-Rec**

*February 11, 25 • March 11, 25 • April 15, 29 • May 13*

This series will contribute to your “medical literacy” and is co-sponsored with OLLI by the physicians and health care professionals of Providence St. Jude Medical Center and the physicians of UCI Health. Topics are related to issues of particular interest to people of retirement age.

**Coordinator:** Patti Chikahisa    **Tech Coordinator:** TBD

## Living Well with Chronic Pain: Tips for Daily Comfort

*February 11*

**Speaker:** Dr. Anirudh Gorti, Assistant Professor, Department of Anesthesiology, UCI School of Medicine

Dr. Gorti completed his residency in Anesthesiology at Robert Wood Johnson University Hospital and a fellowship at the Icahn School of Medicine at Mount Sinai. He will discuss modern approaches to pain management, including both medical and interventional techniques designed to improve quality of life and reduce the reliance on opioids.



### Links to Online Classes

Get links to Zoom and livestreamed classes on the OLLI website at <http://olli.fullerton.edu/> (CSUF username & password required).

## Longevity Lifestyle

February 25

**Speaker:** Megan Wroe, MS, Wellness Manager at Providence St. Jude Medical Center

Megan Wroe is a registered dietitian who manages comprehensive wellness programs that incorporate movement, nutrition and restorative practices for whole-body health and condition management. She will review current recommendations from longevity research and share key strategies for cultivating independent movement, optimal health and best quality of life at any age.

## Can You Hear Me Now? Life After Hearing Loss and Tech Revolution

March 11

**Speaker:** Miriam R. Smetak, M.D., UCI Health-Otolaryngology

Dr. Smetak is a neurotology fellow at Washington University School of Medicine in St. Louis. She earned dual bachelor's degrees in Aerospace Engineering and Archaeology from the University of Southern California in 2010, followed by a Master of Science in Biomedical Engineering from the University of Minnesota in 2017. She received her medical degree from the University of Minnesota Medical School in 2018 and completed her Otolaryngology residency at Vanderbilt University Medical Center in 2023. Dr. Smetak will discuss the effects of hearing loss and its impact on our daily lives. She will also discuss exciting advances in hearing aid technology and hearing restoration techniques that are transforming lives.

## Ways to Manage Blood Sugar

March 25

**Speaker:** Joseph Hsiao, M.D., Endocrinologist at the Providence St. Joseph Heritage Medical Group

Dr. Hsiao completed his fellowship in endocrinology, diabetes and metabolism at UCLA and currently practices general endocrinology in Orange and Irvine. Dr. Hsiao will review how blood sugars are regulated and what happens when this balance is disrupted. He will discuss common questions that he encounters in his practice and will advise on the available tools and strategies for optimizing blood sugars.



***“What joy in making new friends, attending many choices of classes, working with motivated, inspired volunteers and finding such great support.”***

-Sue Mullaly

## **The Hidden Connection: HPV and Cancers of the Mouth and Throat**

*April 15*

**Speaker:** Mark Swanson, M.D.

Dr. Swanson is a board-certified otolaryngologist specializing in head and neck surgery. He earned his medical degree from the Ohio State University College of Medicine and completed his residency in Otolaryngology–Head and Neck Surgery at the University of Southern California/LAC+USC Medical Center. He then completed a fellowship in head and neck and microvascular surgery at the University of Miami/Jackson Health System. Please join Dr. Swanson as he explains the growing connection between Human Papillomavirus (HPV) and head and neck cancers. He will discuss prevention, early detection and the latest treatment options.

## **Sleep Smarter: The Role of Nutrition in Restful Nights**

*April 29*

**Speaker:** Anita Doeve, MS, RD, CDE, Registered Dietitian and Certified Diabetes Educator

Anita Doeve is a seasoned diabetes educator with more than 20 years of experience in the field of nutrition. She earned her Bachelor of Science in Nutrition from the University of Alberta in Canada, followed by a dietetic internship at the same institution. She later obtained her Master of Science in Nutrition from Central Michigan University. In this presentation, she will explore how diet and nutrition directly impact sleep quality, and provide practical, evidence-based tips to enhance rest and overall well-being through smarter food choices.

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## **Meditation for Everyday Life**

**Every Monday • 3:45 p.m.-5 p.m. • Room 18/Zoom**

*February 2, 9, 16, 23 • March 2, 9, 16, 23, (30 no class) • April 6, 13, 20, 27 • May 4, 11*

Meditation is a simple and relaxing way of training your mind for a more joyful and peaceful life. Numerous scientific studies have shown that meditation, practiced regularly, can improve mental as well as physical well-being. Studies conducted in university labs and hospitals have shown that meditation can reduce stress, depression, anxiety and blood pressure. Meditation can also improve memory and brain function, boost the immune system and help people deal with chronic pain. Meditation is now being taught in schools and universities, hospitals, large companies and even the military. Different kinds of meditation will be explored, including mindfulness, visualizations, meditation with sound, walking meditation and loving kindness meditation. Beginners and experienced meditators are welcome.

**Instructor:** Mariana Fischer-Militaru

**Coordinator/Tech Coordinator:** Timothy Holmes

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## Tai Chi

**Every Monday • 9 a.m.-10 a.m. • Room 18**

*February 2, 9, 16, 23 • March 2, 9, 16, 23, (30 no class) • April 6, 13, 20, 27 • May 4, 11*

Tai Chi has a long and distinguished tradition in exercise programs, and it continues at OLLI-CSUF. Come and exercise under the guidance of instructor Diane Globerman. Start the week with Tai Chi for health and serenity.

**Textbook (optional):** A suggested reference text on Tai Chi may be useful once you have learned the basic movements: “Beginning Tai Chi” by Tri Thong Dang, (ISBN-13: 978-0-804-82001-1)

**Instructor:** Diane Globerman    **Coordinator:** Fran Doble

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## Tap-ercise

**Every Friday • 1 p.m.-2 p.m. • KHS 202/Zoom**

*February 6, (13 no class), 20, 27 • March 6, 13, 20, 27 • April (3 no class), 10, 17, 24 • May 1, 8, 15*

This is a fun exercise course where tap steps are used to improve balance, coordination, strength and stamina. This is an exercise course: there are no routines to memorize and no performances. Students are taught basic tap steps, followed by more advanced steps as the course progresses. Whether you are a beginner or intermediate/advanced tapper, this course will improve your technique, increase your confidence and give you a good workout. For more information, contact Betty Loh-Chen at [blohchen@gmail.com](mailto:blohchen@gmail.com) or Vickie Hite at [vwhite418@gmail.com](mailto:vwhite418@gmail.com).

**Instructors/Coordinators:** Vickie Hite and Betty Loh-Chen

**Tech Coordinator:** Vickie Hite

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## Tennis

**Every Friday • 4 p.m.-dark • CSUF Tennis Courts**

*February 6, (13 no class), 20, 27 • March 6, 13, 20, 27 • April (3 no class), 10, 17, 24 • May 1, 8, 15*

Come and join your fellow OLLI members in truly enjoyable hours of fun, exercise and non-competitive tennis. You do not have to be an expert, but some tennis skills are important. Formal lessons are not offered. Just show up and bring a can of balls, a water bottle, appropriate tennis shoes and your racket. Park in Lot S10 (formerly Lot G) and enter through the northwest gate.

**Note:** Courts will not be available for use during inclement weather or CSUF tennis tournaments. Email Ishwar ([chandlers@hotmail.com](mailto:chandlers@hotmail.com)) by Thursday at 5 p.m. to confirm play on Friday.

**Instructor/Coordinator:** Ishwar Chanders

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## Urban Walks and Hikes (New)

**Alternate Tuesdays • 9 a.m.-11:30 a.m. • OLLI Courtyard**

*February 10, 24 • March 10, 24 • April 14, 28 • May 12*

**Pre-registration Required:** instructions will be provided prior to the start of the first class

The Urban Walks and Hikes activity alternates between easy urban walks (estimated length of four miles, modest gain) and somewhat more ambitious hikes (estimated length of four to five miles, 600- to 900-ft. gain). The urban walks, which will be offered once a month, can be done with equipment everyone has in their closet and requires only modest levels of physical fitness. For those who want something more ambitious physically, the hikes will be offered on alternate weeks. Adjourning to a restaurant for lunch after the walks is an option. Participants will meet at the OLLI courtyard.

**Instructor/Coordinator:** Steven Shuster

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## Wisdom and Wellness

**Alternate Mondays • 2:45 p.m.-4:15 p.m. • Room 21**

*February 9, 23 • March 9, 23 • April 13, 27 • May 11*

Are you interested in revitalizing your well-being by using life tools to recharge your mind, body and spirit? Do you want to make a positive impact on yourself and your family? Do you want more enthusiasm in your life? If so, come join us. The course will focus on topics related to healthy living, especially mental health, quality of life and friendship. Topics will include exploring secrets to longevity, building resilience, overcoming loneliness, practicing self-compassion/self-care, understanding mindfulness, using your guidance and creating more joy in your life. We will learn how to use wisdom as a life tool in finding more peace and joy.

**Instructors/Coordinators:** David Cortez and Ellie Page

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## Yoga for the Rest of Us

**Every Monday • 2 p.m.-3:30 p.m. • KHS 203**

*February 2, 9, 16, 23 • March 2, 9, 16, 23, (30 no class) • April 6, 13, 20, 27 • May 4, 11*

**Prerequisite:** Able to do floor exercises and to get up easily

Ease into yoga with this instructor, who will help you find new energy and flexibility. Yoga poses incorporate focused breathing with exercise, stretching, balance and guided relaxation. Join us for a great group experience in practicing yoga to feel better and increase flexibility.

**Note:** Dress comfortably and have a non-slippery yoga mat for floor work, one or two firm blankets, two foam blocks, a towel for neck support if needed and a non-stretchy strap (a man's tie will do—not the rubber stretchy gym-type straps).

Yoga is practiced barefoot, so please be prepared to take off shoes and socks. Have clothing to keep warm during the final relaxation time.

**Instructor:** Mariana Fischer-Militaru    **Coordinator:** Barbara Glaeser

# SCIENCE

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## Archaeology

**Designated Thursdays • 2:30 p.m.-3:45 p.m. • Mackey Auditorium/  
Stream-Rec**

*February 26 • March 26 • April 30*

### Domestication of Dogs

*February 26*

Dogs are the earliest of our domesticated animals. Domesticating the wolf, when did it happen? Did they come to us or did we tame them? What about the Russian connection?

### Archaeology of Dogs

*March 26*

The earliest finds, deliberate burials, what tells us they had become companions and more than wolves?

### How Do Dogs Work with Us and for Us Now?

*April 30*

What has been and what is the importance of dogs in human life - from hunter gatherers to those living an urban life?

**Instructor:** Bonnie Shirley    **Coordinator:** Renee Cabrera

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## Boundaries of Science: Exploring Current Developments

**Alternate Thursdays • 2:30 p.m.-3:45 p.m. • Mackey Auditorium/Zoom**

*February 5, 19 • March 5, 19 • April (2 no class), 9, 23 • May (7 no class)*

Join other OLLI members to discuss current topics in science. Classes may include instructor presentations, engaging videos highlighting scientific developments and some expert lecturers. Our goal is to make the material both understandable and interesting.

**Instructor:** Jim Monroe    **Tech Coordinators:** Rick Hearn and Susan Hanna

Be sure you have opted in to receive the weekly digital newsletter and the monthly ChroniCLE to receive the most up-to-date information about classes, events, and activities at OLLI.

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## Eco Living (a.k.a. Stuff! A Life Cycle)—Spring Cleaning

**Alternate Thursdays • 10:15 a.m.-11:45 a.m. • Mackey Auditorium/Zoom/Stream-Rec**

*February 12, 26 • March 12, 26 • April 16, 30 • May 14*

Stuff! We have it, we love it, we hate it. So where does it come from? How does it get to us? And where does it go when we send it “away”? Let’s revisit our role in nature and as part of an ecosystem. We can be healthier, feel better and save money!

Spring Cleaning! We tour our living space, evaluating our relationship with stuff and how to have a home suited to our needs, interests and energy level. Presentations include Closets, Garage, Kitchen, Bathroom, Transit & Living Spaces, Sleep and Cleaning.

**Instructor:** Maureen B. Latour    **Coordinator:** Kent Morris

**Tech Coordinator:** David Wilkinson

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## Science for You: Planets

**Every Thursday • 12:45 p.m.-2:15 p.m. • Mackey Auditorium/Zoom/Stream-Rec**

*February 5, 12, 19, 26 • March 5, 12, 19, 26 • April (2 no class), 9, 16, 23, 30 • May (7, 14 no class)*

Come on a tour of the planets and other objects in the solar system, and investigate the science behind them. What is it like to visit Mars or float through Saturn’s rings? How do the planets differ from each other now, and how were they different in the past? Travel to the asteroid belt between Mars and Jupiter; to the extensive moon systems of the giant planets; to the Kuiper Belt, home of Pluto and other dwarf planets; to comets coming from the far reaches of the solar system and to exoplanets that orbit other stars. Learn how the Sun defines and shapes the solar system—from gravity, to beneficial heat and light, to hazardous radiation and high-energy particles. Examine the origins and evolution of the solar system, venturing backward in time to the era when it was just forming, to see how the system we take for granted all began. Join this exploration of the planets and beyond.

**Instructors/Coordinators:** Rick Hearn and Susan Hanna

**Tech Coordinators:** Paul Herrick and Ginger Barnhart



### Did You Know?

**The Ruby Gerontology Center was built in 1988, funded by \$2.1 million in donations raised by CLE (now OLLI) members from members and local businesses and municipalities. CSUF agreed to provide the land and maintenance, and in turn the university shares the facility with OLLI.**

# TECHNOLOGY

## COMPUTER AND MOBILE DEVICE EDUCATION

### Computer and Mobile Device Courses

Computer and mobile device courses are free of charge. Due to space limitations and the popularity of computer and mobile device courses, pre-registration may be required for courses such as tutorials, workshops and others. Should registration be required, the course instructor will provide notification of the registration process. No registration is required for the OLLI Tech Help sessions.

### OLLI Tech Help

*(No Registration Required)*

**Every Friday • 1 p.m.-3 p.m. • Room 20/Zoom**

*February 6, (13 no class), 20, 27 • March 6, 13, 20, 27 • April (3 no class), 10, 17, 24 • May 1, 8, 15*

Need Tech Help? Need help with your computer, mobile devices or other technology you use? Visit the “OLLI Tech Help” lab, which is available virtually on Zoom and face-to-face. OLLI Tech Help may also be available by calling the OLLI office (657-278-2446) and leaving a message with your name, best contact number, email address, the nature of your technology problem and the kind of technology device you are using (e.g., iPhone, Android smartphone, MacBook or Windows computer).

**Instructors/Coordinators:** Rosalind Charles, Mark Hammel, Rick Hearn, Paul Herrick, Steve Kernes, Tom La Casa, Jim Monroe, Bob Newcomb, Mike Shellman and Danny Torres.

### COURSES

#### Artificial Intelligence (AI) Basics for the Curious

**Alternate Tuesdays • 2:15 p.m.-4 p.m. • Mackey Auditorium/Zoom/Stream-Rec**

*February 10, 24 • March 10, 24 • April 14, 28 • May (12 no class)*

This course introduces OLLI members to the fast-evolving world of Artificial Intelligence (AI) in an accessible and engaging format. Designed for learners across a range of tech confidence levels, the course explores where AI shows up in everyday life and where it’s headed next. Topics include the basics of AI, getting started with ChatGPT and voice assistants, and understanding AI’s impact on privacy, creativity and ethical decision-making. Participants will also learn how to use AI tools for writing, researching, organizing, etc. Each class includes a brief segment of hands-on implementation. Drawing from his teaching experience in OLLI tech courses and support roles in AI workshops, Danny Torres brings a hands-on, learner-friendly approach to the material.

**Special note:** Participants are encouraged to bring an internet-connected device (smartphone, tablet, or laptop) for in-class practice, with campus access via SIM or the Eduroam Wi-Fi network.

**Instructor/Coordinator:** Danny Torres

## Cybersecurity Essentials for Seniors

Designated Saturdays

**March 7 (Lecture) • 12:30 p.m.-2:30 p.m. • Mackey Auditorium/Zoom**  
*April 18 (Interactive lecture and workshop) • 12:30 p.m.-4:30 p.m. • Shapiro ABCD*

**Pre-registration Required:** instructions will be provided prior to the start of the first class

**Prerequisites:** Portable devices should be brought to this activity fully charged. Before attending, device(s) must be connected to the Eduroam Wi-Fi network. For those not connected, follow the CSUF-OLLI Wi-Fi Access instructions on the OLLI home page or attend OLLI Tech Help (held every Friday from 1 p.m.-3 p.m. in Room 20) for assistance.

Older adults are becoming increasingly vulnerable to cyberattacks, making them prime targets for various forms of online exploitation. In collaboration with CSUF's Orange County Cyber Innovation Clinic (OCCIC), OLLI members will learn practical skills to protect themselves and their devices (phones, tablets and computers). Specific threats such as phishing, vishing and smishing scams, financial fraud and malicious software will be discussed and attendees will learn how to protect themselves. The interactive lecture and workshop will focus on these common cyber threats. Attendees will watch live demonstrations and participate in interactive exercises on their own devices to help them recognize these threats. Weaknesses will be identified and highly rated products may be recommended to strengthen the device's security. This course is taught by CSUF industry-certified CSUF students and overseen by CSUF faculty. Register for both sessions using TouchNet so that adequate support can be provided.

**Instructors:** OCCIC Industry-Certified CSUF Students

**Coordinators:** Roz Charles, Tom LaCasa and Danny Torres

**Tech Coordinator:** Paul Herrick



### Suggestion Box

We want your ideas, suggestions and solutions. Just drop a note in the box in the Shapiro Lobby, or email Vickie Hite at [vhite418@gmail.com](mailto:vhite418@gmail.com).

## **CLECAT Club: Tech Talk**

**Alternate Mondays • 12:30 p.m.-2 p.m. • Room 21/Zoom/Stream-Rec**

February 2, 16 • March 2, 16, (30 no class) • April 6, 20 • May 4

CLECAT (Continuing Learning Experience—Computers and Technology), CLE/OLLI's longest running club, is open to all OLLI members. The focus is on a wide range of technology topics: computers, digital cameras, phones, tablets, smart home devices, electric vehicles, home networks and other ways technology touches your life. The format will include presentations by CLECAT members with group Q&A and collections of short videos addressing issues of interest. Check the OLLI website for information about each class's topic. Contact Susan Hanna at [SusanHanna.OLLI@gmail.com](mailto:SusanHanna.OLLI@gmail.com) to be added to the email list for class reminders and handouts and to suggest topics to be discussed.

**Instructors/Coordinators:** Rick Hearn, Susan Hanna and guest presenters

**Tech Coordinator:** Susan Hanna


## **iPhone/iPad**

**Alternate Fridays • 10 a.m.-noon • Room 21/Stream-Rec**

February 6, 20 • March 6, 20 • April (3 no class), 10, 24 • May 8

Join us to learn to better use your iPhone or iPad. Bring your iPhone and/or your iPad and we will explore their many features. In the first few classes we will go over the basics of how these devices work and how we can control them. During the remaining classes we will explore selected topics to further enhance your iPhone/iPad skills. Contact [bobnewcomb@csu.fullerton.edu](mailto:bobnewcomb@csu.fullerton.edu) for questions and to suggest topics to be discussed.

**Instructors/Coordinators:** Bob Newcomb and team



***“OLLI is a place for senior adults to engage in a diverse, intellectually stimulating, and socially rewarding community of lifelong learners from all walks of life. In this “neighborhood,” acquaintances become friends based on compatible and contrasting interests, life experiences and personalities.”***

-Mike Stover

# SPECIAL INTEREST GROUPS AND SOCIAL PROGRAMS

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## Bridge, Duplicate

**Every Monday • 9:15 a.m.-noon • Shapiro CD**

*February 2, 9, 16, 23 • March 2, 9, 16, 23, (30 no class) • April 6, 13, 20, 27 • May 4, 11*

Duplicate bridge is the oldest continuous CLE/OLLI course. We welcome all OLLI members to join us each Monday morning for a friendly and competitive game of bridge. Please arrive a few minutes early to make sure you and your partner can find a table for North/South or East/West, whichever is your preference. If you don't have a partner, please contact one of the coordinators the week before. We will try, but can't promise, to find you a partner.

**Coordinators:** Kent Burrell and Liz Burrell

**Assistants:** Dan Coby and Jeff Graham

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## Bridge, Intermediate

**Every Friday • 8:45 a.m.-11:45 a.m. • Shapiro D**

*February 6, (13 no class), 20, 27 • March 6, 13, 20, 27 • April (3 no class), 10, 17, 24 • May 1, 8, 15*

This course is for those interested in improving their bridge game in a friendly, non-competitive atmosphere. Some knowledge of bidding and play is desirable. Come join us, learn and have fun. Play of the hand hasn't changed, but the bidding keeps evolving. We'll help you with both. Emphasis will be on American Standard Bidding conventions. During each class, a short lesson will be presented to reinforce some aspect of bridge bidding or play. You don't need a partner.

**Coordinator:** Arie Passchier

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## Bridge, Really Beginning Bridge and Supervised Play

**Every Friday • 8:30 a.m.-11:30 a.m. • Shapiro C**

*February 6, (13 no class), 20, 27 • March 6, 13, 20, 27 • April (3 no class), 10, 17, 24 • May 1, 8, 15*

This course is for those who have never played bridge or have not played bridge for many years. Learn the basic principles of modern contract bridge in a friendly, non-threatening atmosphere. During the fall semester we learned the basics of bidding. During the spring semester we will continue to enhance our bidding and playing skills. The course follows the guidelines of American Standard Bidding recognized by ACBL. We not only learn bridge but have a good time. Please plan on attending as often as you can; this commitment is essential to learning bridge. We also have a section for those who have played before and want to continue their practice of the game with help.

**Instructor/Coordinator:** Sandy Potter

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## Cooking Potpourri

**Alternate Tuesdays • 4 p.m.-5:30 p.m. • Zoom/Stream-Rec**

*February 3, 17 • March 3, 17, (31 no class) • April 7, 21 • May 5*

The Cooking Potpourri chefs demonstrate their knowledge of a wide variety of cuisines in themed classes. The course has expanded to include an occasional field trip with a no-host dinner following. Along the way, course members and chefs share techniques, hacks and favorite kitchen appliances and gadgets. The course emphasizes right-sizing recipes for your household, seasonal ingredients and substitutes to consider for food sensitivities. You'll have some fun and enjoy cooking again!

**Contact** MaryLouise Hlavac at [mlhlavac@outlook.com](mailto:mlhlavac@outlook.com) to be added to the email list for class reminders and handouts.

**Instructors:** MaryLouise Hlavac, Jodi Cristin, Diana Guerin, Wei-Ling Louie and Jill Patterson

**Coordinator:** MaryLouise Hlavac    **Tech Coordinator:** Jill Patterson

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## Cribbage Club

**Every Monday • 11 a.m.-12:30 p.m. • Shapiro AB**

*February 2, 9, 16, 23 • March 2, 9, 16, 23, (30 no class) • April 6, 13, 20, 27 • May 4, 11*

Cribbage is a fun and challenging card game that provides good mental exercise and the satisfaction of continual skill development. It also offers opportunities for meeting new people and making conversation. This course will give experienced cribbage players a chance to play and teach beginners how to play the game.

**Instructor:** Tom Nichols    **Coordinators:** Elaine Mitchell and Pete Saputo



### Did You Know?

**In 1988 Mackey Auditorium was named after Dr. Francis G. “Bud” Mackey, Medical Director of St. Jude Medical Center. He not only made a major donation to building the RGC, he established our initial collaboration with St. Jude, which continues to flourish today as Medical Series.**

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## Fly Fishing for Beginners

**Designated Tuesdays • 2:30 p.m.-4 p.m. • Room 9 and Laguna Lake**

*Room 9: March 17, 24, (31 no class) • April 7 • May 12*

*Laguna Lake Class Field Trips: April 14, 21, 28 • May 5*

**Prerequisites:** Must attend classes in Room 9 to attend field trip sessions.

**Pre-registration Required:** If you are interested in attending this course, contact Ron Amendola at [ron.j.amendola@gmail.com](mailto:ron.j.amendola@gmail.com)

Maximum ten participants. No California fishing license is required for the course.

The Beginner Fly Fishing Course is designed for individuals who have little or no fly-fishing experience and are interested in developing the basic skills necessary to confidently fly fish for trout. We will start with equipment selection and setup and continue through the fly-fishing techniques needed for a successful day on the water. There will also be discussions on wilderness safety and environmental stewardship. New and past participants are welcome.

**Required equipment:** (needed for day three): Fly rod, reel with backing, fly line and tapered leader.

**Suggested reading:** “The Curtis Creek Manifesto” by Sheridan Anderson (\$9-\$12 online, an easy and fun read in three to four hours).

**Instructors:** Ron Amendola and Lou Amendola

**Coordinator:** Kathy Pomykata

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## Genealogy Research

**Alternate Wednesdays • 2 p.m.-3:30 p.m. • Room 21/Zoom**

*February 4, 18 • March 4, 18 • April (1 no class), 8, 22 • May 6*

Interested in finding out more about your family history? Join us in learning how to do genealogy. The focus continues to be on traditional genealogy with historical records, but may include classes on genetic genealogy. Genealogy news, events, local resources and other items of interest will also be presented. Experienced members can assist the new as we explore, discover and collaborate.

**Coordinators:** Joann Driggers, Joanne Hardy and Bill Reilly

**Tech Coordinator:** Paul Herrick

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## Happy Hour

**Every Friday • 4 p.m.-5 p.m. • Zoom**

*February 6, (13 no class), 20, 27 • March (6 & 13 guest moderator), 20, 27 • April (3 no class), 10, 17, 24 • May 1, 8, 15*

Please join us for “OLLI Happy Hour,” the Zoom equivalent of an end of week happy hour featuring good conversation with OLLI instructors and other interesting people to foster OLLI comradeship. At least one class per semester will be in-person.

**Moderator:** Mike Stover

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## Introduction to Digital Photography

**Every Friday • 10 a.m.-11:30 a.m. • Zoom**

*February 6, (13 no class), 20, 27 • March 6, 13, 20, 27 • April (3 no class), 10, 17, 24 • May 1, 8, 15*

Improve your photographs by learning to see opportunities and how to incrementally refine the shot. Capture the feeling you experienced when you saw the subject. Any camera will do; smartphones are fine. Each week, participants can share the photos they've taken on their own or for the optional photo assignments for the group to discuss successes and opportunities for improvement. We will explore using photographic techniques such as composition, exposure and depth of field for best results. We will also view instructional videos. Come learn how to take great pictures. Contact Susan Hanna at [SusanHanna.OLLI@gmail.com](mailto:SusanHanna.OLLI@gmail.com) to be added to the email list for class reminders and handouts (current attendees only).

**Instructor:** Rick Hearn    **Coordinator:** Susan Hanna

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## Introduction to Strategies of Poker

**Every Thursday • 12:30 p.m.-3 p.m. • Shapiro ABCD**

*February 5, 12, 19, 26 • March 5, 12, 19, 26 • April (2 no class), 9, 16, 23, 30 • May 7, 14*

“Introduction to Strategies of Poker” instruction classes will be conducted for all levels of beginning poker players. Classes are taught at an easy pace by an OLLI instructor who is well-versed in the game of Texas Hold'em. Seven unique classes are taught that include the history of poker, the rules and terminology of the game, the hierarchy of poker hands, and the strategy of betting, raising and bluffing. Games will be played on special poker tables with casino-type poker chips and playing cards with larger number printing. After each lesson is taught, practice games are played with new players along with an instructor. This course is designed to help keep life fun and exciting with a chance to build new friendships and community with other OLLI members. Enjoy boosting your brain power and memory while playing a card game of skill and luck. Following each “Introduction to Strategies of Poker” class, all players are invited to continue to play in the “Strategy of Poker” class at 3:30 p.m.

**Instructors:** Dennis Wilson, Mike Lord and Karen Wilkins

**Coordinators:** Dennis Wilson, Jim Ertle and Sally Meert

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## Looking at Theology Through the Lens of Mission

**Designated Mondays • 1 p.m.-2:30 p.m. • Room 21**

*February 9, 23 • March 9, 23*

Everybody is a theologian because we all have ideas about God, people and faith. This four-class course looks at 1) the role of God in mission, 2) our role in mission, 3) the role of geography and migration in mission and 4) the role of one's view of end times in mission. Feel free to bring any Bible translation of your choice, printed or electronic.

**Instructor/Coordinator:** Ted Proffitt

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## Mah-Jong Game and Strategy (Cantonese Version)

**Every Friday • 3 p.m.-5 p.m. • Shapiro ABCD**

*February 6, (13 no class), 20, 27 • March 6, 13, 20, 27 • April (3 no class), 10, 17, 24 • May 1, 8, 15*

Mah-Jong is a game of both skill and luck that originated in China many centuries ago. It was brought to the West in the 1920s and is played with four players seated around a table. Tiles are shuffled, dice are cast, and rituals involving the allocation of tiles and then the exchange of bonus tiles begins. The first person to gather a hand of 14 tiles with five combinations and call “Mah-Jong” ends the game, whereupon tiles are scored and a winner is declared. This course introduces the beginner to the basic rules and simple strategies. Learn to play this enjoyable, social and thought-provoking game that develops pattern recognition and improves memorization, concentration and cognitive performance. Most importantly, it’s fun!

**Instructor:** Glenn Lee    **Coordinator:** Jill Rodriguez

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## Phocus Photography Club

**Alternate Tuesdays • 1:30 p.m.-3:30 p.m. • Room 21**

*February 10, 24 • March 10, 24 • April 14, 28 • May 12*

***Pre-registration is NOT required.***

The Phocus Photography Club is a group of amateur photographers who meet to share photos, experiences and gain new knowledge about photography.

Club meetings alternate between:

- A general club meeting including club business, guest speakers and member photo sharing.
- A skills development meeting including camera handling, advanced smartphone imaging and image processing.

The club is open to photography enthusiasts of all skill levels. Join the Phocus Photography Club where you’ll meet other photographers, improve your photographic skills and get more from your photography.

**Contact:** Don Lueder, 562-547-8195 or [don.lueder@csu.fullerton.edu](mailto:don.lueder@csu.fullerton.edu)

**Coordinators:** Bob Caswell, Mary Crouch, Darryl Dearborn, Jim DiTota, Diana Guerin, Rick Hearn, Kathleen Isenberg, Donna Judd, Don Lueder and John Price

**OLLI NEEDS YOU!!!** Please contact Sue Batie ([suebatie@gmail.com](mailto:suebatie@gmail.com)) or the OLLI Office if you would like to help by serving as a course coordinator or want to share your expertise by teaching a class!

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## Sports Talk

**Alternate Wednesdays • 1 p.m.-3 p.m. • Room 21/Zoom**

*February 11, 25 • March 11, 25 • April 15, 29 • May 13*

Discussion of the world of sports is our game. In this course, we cover current events as well as other subjects of interest to sports fans. We are kind of like sports-talk radio but without the ranting and raving. Join us as we debate such topics as drug use in sports, famous athletes in the news, the latest trade talks of our local teams, performance of United States national teams and any variety of other sports topics. In this course, we learn, debate and discuss and reminisce, but above all, we have fun and share a great camaraderie that new members will embrace. So get in the game, join our winning team and be part of all the fun!

**Coordinator:** Carl Richards

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## Strategy of Poker

**Every Thursday • 3:30 p.m.-5:30 p.m. • Shapiro ABCD**

*February 5, 12, 19, 26 • March 5, 12, 19, 26 • April (2 no class), 9, 16, 23, 30 • May 7, 14*

The Strategy of Poker course has been designed to help keep this stage of our lives socially fun and exciting by building new friendships and communities with fellow OLLI members. Playing OLLI poker helps boost your brain power and memory while strengthening your focus and patience. We play 8 to 12 Texas Hold'em tables and 1 to 3 Dealers Choice tables each week. There is no gambling at OLLI poker and we keep the games fun and exciting by playing for a weekly prize at each table. We welcome men and women of all levels of poker skills. Those new to poker as well as seasoned players are always encouraged to stop by and join in a friendly game! Remember, OLLI Poker is where everyone knows your name, just like "Cheers."

**Instructor/Coordinator:** Dennis Wilson



## Did You Know?

**Continuing Learning Experience (CLE), now OLLI, held its first day of classes on September 18, 1979 with 40 members. Three classes were offered that day at Mahr House, now the George Golleher Alumni House located next to the State College Parking Structure.**

# OLLI EVENTS

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## Spring Preview (Open to the Public)

**Saturday, January 17 • 9 a.m.-noon • Auditorium/Shapiro ABCD/RGC Rooms**

This annual event expands to a new member recruitment opportunity, as well as a preview of spring semester courses and activities. Members and guests may meet instructors and ask questions of each of our eight major curriculum areas. After the 10 a.m. auditorium presentation, complimentary light refreshments will be served in Shapiro. On-site registration will be offered throughout the event. Free parking is provided, with shuttle service from the State College Parking Structure (enter on Gym Drive, off State College Boulevard). For more information about OLLI, call 657-278-2446, email [olli-info@fullerton.edu](mailto:olli-info@fullerton.edu) or visit our website's "Welcome to OLLI" page: Welcome to OLLI - Osher Lifelong Learning Institute <https://olli.fullerton.edu/aboutollicsuf/Welcome.php>.

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## New Member Orientation

**Saturday, January 24 • 2 p.m.-3:30 p.m. • Shapiro ABCD/Zoom**

New OLLI members are invited to attend an orientation session to learn how to maximize their experience at OLLI-CSUF. Meet with members of the OLLI Board of Trustees and existing members, as well as other new members. Learn of the many benefits of membership and how to access them to enhance your experience at OLLI and on the CSUF campus. This is the time to have your questions in hand! Learn of our many volunteer opportunities that allow you to contribute to this great organization and also interact with the CSUF student population. The in-person presentation will be followed by refreshments.

**Coordinator:** Debbie Maxwell, Vice President Membership

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## OLLI Today and Tomorrow Forum

**Designated Mondays • Noon-1 p.m. • Room 8/Zoom**

*January 12 • February 16 • March 16 • April 13*

OLLI members are invited to discuss OLLI issues and concerns as we move our organization into the future. The need to embrace technology to assist our members and our office team will be among the issues discussed. Keeping OLLI as a University-affiliated organization that stresses lifelong learning, healthful living and robust social engagement opportunities will be emphasized.

**Moderator:** Vickie Hite    **Tech Coordinator:** Paul Herrick

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## Estate Planning and Charitable Giving (Open to the Public)

### Estate Planning Musts: Wills, Trusts and Creating Peace of Mind!

*Designated Thursdays • Noon-1 p.m. • Webinar*

*February 12 • March 12 • April 16*

**Registration required:** Watch for registration procedures in the weekly OLLI Announcements and Events newsletter.

Grab your lunch, pull up a chair and please plan to join us for this information session on estate planning. Each webinar covers the basics of estate planning in California so plan to attend the one that is most convenient to your schedule. Estate planning is something each of us can do to ensure that our values, ideals and charitable goals are part of our legacy. No one wants to think about getting seriously ill or dying, but these are scenarios we must prepare for to protect ourselves, our loved ones and our money. We will show you step-by-step how to legally formalize your wishes and ensure they will be followed, bringing you total protection and peace of mind! Our estate planning workshops are provided by the Meier Law Firm (<https://www.meierfirm.com/>). Should you have any questions, please reach out to Hart Roussel at [csufplannedgift@fullerton.edu](mailto:csufplannedgift@fullerton.edu).

**Presenter:** Laura Meier, Esq.

**Coordinators:** Hart Roussel, CSUF Director, Planned Giving, and Fran Colwell, OLLI

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## Cheers to Volunteers Luncheon

**Thursday, April 16 • 11:30 a.m.-1:15 p.m. • RGC Courtyard**

Please join us to toast our volunteers with lunch in the RGC courtyard. The “Cheers to Volunteers” luncheon will be served from 11:30 a.m.-1:15 p.m. Members can sign-up on Touch Net. Look for updated information in the OLLI website, the Shapiro Lobby and the weekly OLLI Announcements and Events newsletter.

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## General Meeting/Election and Ice Cream Social

**Thursday, April 16 • 1:30 p.m.-3 p.m. • Auditorium/Shapiro ABCD**

Don't miss the OLLI annual general meeting, with election of officers and trustees. Join us for a brief presentation on the status of OLLI and the outlook for future semesters. Our Hospitality sponsored Ice Cream Social will follow the presentation. Look for updated information in the weekly OLLI Announcements and Events newsletter and ChroniCLE.

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## In Memoriam

**Saturday, April 25 • 3 p.m.-5 p.m. • Shapiro ABCD**

In Memoriam is an annual event for friends and families to celebrate the lives of the members we have lost. A reception of light refreshments will be served for those who join us to share in tribute, conversation and fellowship. All members and bereaved families are invited to attend.

**Coordinator:** Debbie Maxwell

# COMMITTEE MEETINGS

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## Board of Trustees

**Second Thursday of the Month • 8:30 a.m.-10 a.m. • Room 8/Zoom**

*February 12 • March 12 • April 9 • May 14*

The OLLI Board of Trustees invites OLLI members to attend its monthly board meetings and learn more about OLLI business and its self-directing deliberations. Members wishing to speak on non-agenda board items are advised to notify the president and/or administrative manager in writing (including a brief description of the subject to be addressed) at least one week in advance of the meeting. Up to three minutes per speaker may be allocated within the board meeting agenda. Members are also invited to participate in the “OLLI Today and Tomorrow Forum” held monthly to elicit member feedback and suggestions on recent or suggested OLLI Board proposals or OLLI issues.

**Chair:** Vickie Hite

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## Collaboration Committee

**Designated Mondays • 10 a.m.-11:30 a.m. • Zoom**

*February 23 • June 15*

The OLLI-CSUF Collaboration Program offers OLLI members opportunities to share their knowledge and experience, thereby contributing to the success of CSUF students. It is a vital component of OLLI’s interaction with the Cal State University, Fullerton campus. Join us to learn about our activities and plans. Information about the OLLI-CSUF Collaboration Program can be found in the weekly OLLI Announcements and Events newsletter and on the OLLI website at <https://tinyurl.com/OLLICSUF-Collaborations> or contact the Collaboration Committee Chair ([smullaly@csu.fullerton.edu](mailto:smullaly@csu.fullerton.edu)) for more information.

**Chair:** Sue Mullaly

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## Collaboration Team Meetings for Volunteers

**Designated Mondays • 10 a.m.-11:30 a.m. • Zoom**

*March 23 • April 20 • May 18*

The OLLI-CSUF “Collaboration Team Meeting for Volunteers” is held monthly. We invite OLLI Members to visit these meetings to get acquainted with other volunteers, learn about upcoming opportunities to work with the CSUF students, participate in discussions and presentations on topics such as mentoring and campus resources and share best practices. Learn how you can share your time and talent! For more information, contact [Sue Mullaly at smullaly@csu.fullerton.edu](mailto:Sue.Mullaly@csu.fullerton.edu). To be contacted directly, go to <https://bit.ly/4iVNvkV>.

**Chair:** Sue Mullaly

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## Curriculum Committee

**First Monday of the Month • 3:30 p.m.-5 p.m. • Room 8/Zoom**

*February 2 • March 2 • April 6 • May 4*

The Curriculum Committee meets to review and make a determination of potential future courses. It is open to all OLLI members and consists of members designated by the committee chair and the Vice President Programs. Bring ideas for OLLI courses or activities to these meetings! Better still, if any member would like to offer a course or knows of potential presenters, please attend these meetings to ensure that OLLI's programs are the best they can be. Course proposal forms can be downloaded from the OLLI website at <https://olli.fullerton.edu/resources/pdfs/CourseProposalForm.pdf>.

**Co-Chairs:** Sue Batie and Renee Cabrera

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## Hospitality/Social Committee

**First Friday of the Month • 10:30 a.m.-noon • Room 8**

*February 6 • March 6 • April 10\* • May 1*

The OLLI Hospitality Committee facilitates and promotes social interactions that give OLLI members opportunities for sharing their personal backgrounds and areas of knowledge outside the classroom. The committee supports the OLLI business meetings with refreshments and hosts fun-themed events, usually including a dinner or luncheon, either on or off campus. The committee is open to all members who enjoy helping others to enhance the OLLI experience and provide social outlets; the only talent needed is to be fun-loving.

\*Meeting held on second Friday due to Spring Break

**Vice President Hospitality:** Lisa Sewell    **Chair:** Lisa Sewell

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## Technology Education Committee (TEC)

**Designated Wednesdays • 4 p.m.-5 p.m. • Zoom**

*February 4 • May 6*

The Technology Education Committee is dedicated to helping OLLI members make the best use of the ever-increasing technology now ubiquitous in our daily lives. We invite your participation in enriching our current and future curricula, especially if you would like to share your expertise and teach a course or workshop, contribute to a seminar or help to shape the technical education curriculum. The TEC welcomes member insights and expertise. Join these meetings! For more information, contact Roz Charles at [rozann66@gmail.com](mailto:rozann66@gmail.com).

**Chair:** Roz Charles

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## Transitions in Retirement (TiR) Committee

**Monday, March 9 • 3:30 p.m.-5 p.m. • Zoom**

The TiR Committee focuses on developing programs and activities for OLLI members who are still working part-time or are recently retired. This committee is anticipating a significant number of new retirees who have a different outlook on retirement than that of previous generations.

**Chair:** Russ MacKeand

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## Trips Committee

**Second Wednesday of the Month • 11:30 a.m.-1:30 p.m. • Zoom**

*February 11 • March 11 • April 8 • May 13*

The OLLI Trips Committee plans and coordinates trips of educational interest to OLLI members to locations off the CSUF campus. These trips are OLLI special events and are subject to the Special Events Registration Policy section located elsewhere in this catalog. Trips are either day trips or overnight trips. Some recent or planned day trips include the LA Japanese-American Museum, LAX Airport Operations and Dana Point Whale Watching Cruise. Some recent or planned overnight trips include Palm Springs/ Joshua Tree, Alaska Cruise and Land Tour and LA–Puerto Vallarta Cruise. Members are notified of upcoming trips via the ChroniCLE, the weekly OLLI Announcements and Events newsletter and the OLLI bulletin boards. Join our committee meetings and share ideas and interests for day and overnight trips that would be a learning experience for OLLI members. Ken Luke chairs this committee and is always interested in learning of new trips and interests.

**Chair:** Ken Luke



### OLLI is on Facebook and Instagram

Follow activities at OLLI-CSUF:

[www.facebook.com/OLLICalStateFullerton](http://www.facebook.com/OLLICalStateFullerton)



[www.instagram.com/ollicsuf](http://www.instagram.com/ollicsuf)

# Day of the Week Index

**Important: Watch the weekly Announcements and Events OLLI newsletter and check the calendar on the OLLI website or the Shapiro lobby display to see if there have been any cancellations or changes in the meeting dates, times or classrooms/venues.**

To locate class and event meeting locations, see the maps of the Ruby Gerontology Center and campus at the end of this index.

Class meeting dates when classes will not meet due to holidays or other reasons are shown as “(3 no class),” “3” being the meeting date.

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## Mondays

**Tai Chi** • Every Monday • 9 a.m.-10 a.m. • Room 18

*February 2, 9, 16, 23 • March 2, 9, 16, 23, (30 no class) • April 6, 13, 20, 27 • May 4, 11*

**Bridge, Duplicate** • Every Monday • 9:15 a.m.-noon • Shapiro CD

*February 2, 9, 16, 23 • March 2, 9, 16, 23, (30 no class) • April 6, 13, 20, 27 • May 4, 11*

**Collaboration Committee** • Designated Mondays • 10 a.m.-11:30 a.m. • Zoom

*February 23 • June 15*

**Collaboration Team Meetings for Volunteers** • Designated Mondays • 10 a.m.-11:30 a.m. • Zoom

*March 23 • April 20 • May 18*

**Great Books** • Alternate Mondays • 10 a.m.-noon • Room 21

*February 2, 16 • March 2, 16, (30 no class) • April 6, 20 • May 4*

**Short Stories** • Alternate Mondays • 10 a.m.-noon • Room 21

*February 9, 23 • March 9, 23 • April 13, 27 • May 11*

**Women Writers' Workshop: Fiction Writing with Prompts** •

Every Monday • 10 a.m.-noon • Room 9

*February 2, 9, 16, 23 • March 2, 9, 16, 23, (30 no class) • April 6, 13, 20, 27 • May 4, 11*

**Advanced Beginning Violin** • Every Monday • 11 a.m.-noon • Room 18

*February 2, 9, 16, 23 • March 2, 9, 16, 23, (30 no class) • April 6, 13, 20, 27 • May 4, 11*

**Cribbage Club** • Every Monday • 11 a.m.-12:30 p.m. • Shapiro AB

*February 2, 9, 16, 23 • March 2, 9, 16, 23, (30 no class) • April 6, 13, 20, 27 • May 4, 11*

**OLLI Today and Tomorrow Forum** • Designated Mondays • Noon-1 p.m. • Room 8/Zoom

*January 12 • February 16 • March 16 • April 13*

**Kitty's Book Club** • Alternate Mondays • 12:15 p.m.-2 p.m. • Zoom

*February 9, 23 • March 9, 23 • April 13, 27 • May 11*

**Mystery Book Club** • Alternate Mondays • 12:15 p.m.-2 p.m. • Zoom

*February 2, 16 • March 2, 16, (30 no class) • April 6, 20 • May 4*

**CLECAT Club: Tech Talk** • Alternate Mondays • 12:30 p.m.-2 p.m. • Room 21/Zoom/Stream-Rec

*February 2, 16 • March 2, 16, (30 no class) • April 6, 20 • May 4*

**Exploratory Discussion Group** • Every Monday • 12:45 p.m.-2 p.m. • Shapiro CD/Zoom

*February 2, 9, 16, 23 • March 2, 9, 16, 23, (30 no class) • April 6, 13, 20, 27 • May 4, 11*

**Looking at Theology Through the Lens of Mission** • Designated Mondays • 1 p.m.-2:30 p.m. • Room 21

*February 9, 23 • March 9, 23*

**Spanish 4** • Every Monday • 1:15 p.m.-3:15 p.m. • Room 9

*February 2, 9, 16, 23 • March 2, 9, 16, 23, (30 no class) • April 6, 13, 20, 27 • May 4, 11*

**Ukulele: Beginner II** • Every Monday • 2 p.m.-3:30 p.m. • Room 18

*February 2, 9, 16, 23 • March 2, 9, 16, 23, (30 no class) • April 6, 13, 20, 27 • May 4, 11*

**Yoga for the Rest of Us** • Every Monday • 2 p.m.-3:30 p.m. • KHS 203

*February 2, 9, 16, 23 • March 2, 9, 16, 23, (30 no class) • April 6, 13, 20, 27 • May 4, 11*

**World War II: What Happened? Why?** • Alternate Mondays • 2:15 p.m.-3:45 p.m. • Room 21

*February 2, 16 • March 2, 16, (30 no class) • April 6, 20 • May 4*

**Wisdom and Wellness** • Alternate Mondays • 2:45 p.m.-4:15 p.m. • Room 21

*February 9, 23 • March 9, 23 • April 13, 27 • May 11*

**Curriculum Committee** • First Monday of the Month • 3:30 p.m.-5 p.m. • Room 8/Zoom

*February 2 • March 2 • April 6 • May 4*

**Piano Keyboard: Intro** • Every Monday • 3:30 p.m.-5 p.m. • Shapiro AB

*February 2, 9, 16, 23 • March 2, 9, 16, 23, (30 no class) • April 6, 13, 20, 27 • May 4, 11*

**Transitions in Retirement (TiR) Committee** • Monday, March 9 • 3:30 p.m.-5 p.m. • Zoom

**Ukulele: Symposium** • Every Monday • 3:30 p.m.-5 p.m. • Shapiro CD  
*February 2, 9, 16, 23 • March 2, 9, 16, 23, (30 no class) • April 6, 13, 20, 27 • May 4, 11*

**Meditation for Everyday Life** • Every Monday • 3:45 p.m.-5 p.m. • Room 18/Zoom  
*February 2, 9, 16, 23 • March 2, 9, 16, 23, (30 no class) • April 6, 13, 20, 27 • May 4, 11*

**Art House Cinema** • Every Monday • 5:45 p.m.-8 p.m. • Shapiro CD  
*February 2, 9, 16, 23 • March 2, 9, 16, 23, (30 no class) • April 6, 13, 20, 27 • May 4, 11*

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## Tuesdays

**Ceramics** • Every Tuesday • 9 a.m.-11:30 a.m. • Shapiro ABCD  
*February 3, 10, 17, 24 • March 3, 10, 17, 24, (31 no class) • April 7, 14, 21, 28 • May 5, 12*

**Life Story Workshop** • Alternate Tuesdays • 9 a.m.-noon • Zoom  
*February 3, 17 • March 3, 17, (31 no class) • April 7, 21 • May 5*

**Urban Walks and Hikes (New)** • Alternate Tuesdays • 9 a.m.-11:30 a.m. • OLLI Courtyard  
*February 10, 24 • March 10, 24 • April 14, 28 • May 12*

**ABC's of Medicare** • Designated Tuesdays • 10 a.m.-noon • Zoom  
*April 7, 14, 21*

**French 1** • Every Tuesday • 10 a.m.-11:45 a.m. • Room 21  
*February 3, 10, 17, 24 • March 3, 10, 17, 24, (31 no class) • April 7, 14, 21, 28 • May 5, 12*

**American Magazine: News, Politics, Economics, Law** • Designated Tuesdays • 10:15 a.m.-11:45 a.m. • Mackey Auditorium/Zoom/Stream-Rec  
*February 10 • April 28*

**American Presidency** • Designated Tuesdays • 10:15 a.m.-11:45 a.m. • Mackey Auditorium/Zoom/Stream-Rec  
*February 24 • March 24 • April 14 • May 12*

**Eclectics** • Alternate Tuesdays • 10:15 a.m.-11:45 a.m. • Mackey Auditorium/Stream-Rec  
*February 3, 17 • March 3, 17, (31 no class) • April 7, 21 • May 5*

**German 1** • Every Tuesday • 10:30 a.m.-noon • Room 9

*February 3, 10, 17, 24 • March 3, 10, 17, 24, (31 no class) • April 7, 14, 21, 28  
• May (5, 12 no class)*

**Great Art & Artists (New)** • Alternate Tuesdays • Noon-2 p.m. • Mackey Auditorium

*February 10, 24 • March 10, 24 • April 14, 28 • May 12*

**History of Broadway (Open to the Public)** • Alternate Tuesdays • Noon-2 p.m. • Mackey Auditorium/Zoom

*February 3, 17 • March 3, 17, (31 no class) • April 7, 21 • May 5*

**Social Science in the News** • Alternate Tuesdays • Noon-1:30 p.m. • Shapiro CD

*February 10, 24 • March 10, 24 • April 14, 28 • May 12*

**Kick Starting Your Writing** • Every Tuesday • 12:15 p.m.-2:15 p.m. • Room 9

*February 3, 10, 17, 24 • March 3, 10, 17, 24, (31 no class) • April 7, 14, 21, 28  
• May 5, 12*

**German 2** • Every Tuesday • 12:30 p.m.-2:30 p.m. • Shapiro AB/Zoom

*February 3, 10, 17, 24 • March 3, 10, 17, 24, (31 no class) • April 7, 14, 21, 28  
• May 5, 12*

**Phocus Photography Club** • Alternate Tuesdays • 1:30 p.m.-3:30 p.m. • Room 21

*February 10, 24 • March 10, 24 • April 14, 28 • May 12*

**Strings and Things Music Jam** • Every Tuesday • 1:45 p.m.-3:15 p.m. • Room 18

*February 3, 10, 17, 24 • March 3, 10, 17, 24, (31 no class) • April 7, 14, 21, 28  
• May 5, 12*

**OLLI Flash Mob** • Every Tuesday • 2 p.m.-4 p.m. • KHS 203

*February 3, 10, 17, 24 • March 3, 10, 17, 24, (31 no class) • April 7, 14, 21, 28  
• May 5, 12*

**Artificial Intelligence (AI) Basics for the Curious** • Alternate Tuesdays • 2:15 p.m.-4 p.m. • Mackey Auditorium/Zoom/Stream

*February 10, 24 • March 10, 24 • April 14, 28 • May (12 no class)*

**CSUF Faculty/Student Performances/Presentations (Open to the Public)** • Alternate Tuesdays • 2:15 p.m.-3:45 p.m. • Mackey Auditorium/Zoom

*February 3, 17 • March 3, 17, (31 no class) • April 7, 21 • May 5*

**Fly Fishing for Beginners** • Designated Tuesdays • 2:30 p.m.-4 p.m. • Room 9 and Laguna Lake

*Room 9: March 17, 24, (31 no class) • April 7 • May 12*

*Laguna Lake Class Field Trips: April 14, 21, 28 • May 5*

**Personal Finance and Retirement** • Designated Tuesdays • 3:15 p.m.-4:30 p.m. • Shapiro CD

*February 3, 10, 17, 24 • March 3, 10*

**Drum Circle (New)** • Every Tuesday • 3:30 p.m.-4:30 p.m. • Room 18

*February 3, 10, 17, 24 • March 3, 10, 17, 24, (31 no class) • April 7, 14, 21, 28 • May 5, 12*

**Cooking Potpourri** • Alternate Tuesdays • 4 p.m.-5:30 p.m. • Zoom/Stream-Rec

*February 3, 17 • March 3, 17, (31 no class) • April 7, 21 • May 5*

**Concert Band** • Every Tuesday • 5:15 p.m.-7 p.m. • Shapiro ABCD

*February 3, 10, 17, 24 • March 3, 10, 17, 24, (31 no class) • April 7, 14, 21, 28 • May 5, 12*

**Jazz Band** • Every Tuesday • 7 p.m.-8:30 p.m. • Shapiro ABCD

*February 3, 10, 17, 24 • March 3, 10, 17, 24, (31 no class) • April 7, 14, 21, 28 • May 5, 12*

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## Wednesdays

**Longevity Stick Exercises** • Every Wednesday • 8:30 a.m.-9:30 a.m. • Zoom

*February 4, 11, 18, 25 • March 4, 11, 18, 25 • April (1 no class), 8, 15, 22, 29 • May 6, 13*

**Drawing for the Fun of It** • Every Wednesday • 10 a.m.-noon • Shapiro ABCD/Zoom/Stream-Rec

*February 4, 11, 18, 25 • March 4, 11, 18, 25 • April (1 no class), 8, 15, 22, 29 • May 6, 13*

**Intermediate French** • Every Wednesday • 10 a.m.-noon • Zoom

*February 4, 11, 18, 25 • March 4, 11, 18, 25 • April (1 no class), 8, 15, 22, 29 • May 6, 13*

**Spanish 3** • Every Wednesday • 10 a.m.-11:30 a.m. • Room 21

*February 4, 11, 18, 25 • March 4, 11, 18, 25 • April (1 no class), 8, 15, 22, 29 • May 6, 13*

**What's Behind the News?** • Alternate Wednesdays • 10 a.m.-noon • Zoom

*February 4, 18 • March 4, 18 • April (1 no class), 8, 22 • May 6*

**Wisdom Exchange** • Alternate Wednesdays • 10 a.m.-noon • Room 9/Zoom

*February 11, 25 • March 11, 25 • April 15, 29 • May 13*

**Trips Committee** • Second Wednesday of the Month • 11:30 a.m.-1:30 p.m.  
• Zoom

*February 11 • March 11 • April 8 • May 13*

**TED Talks** • Alternate Wednesdays • 12:15 p.m.-1:45 p.m. • Room 9/Zoom

*February 4, 18 • March 4, (18 no class) • April (1 no class), 8, 22 • May 6*

**Sports Talk** • Alternate Wednesdays • 1 p.m.-3 p.m. • Room 21/Zoom

*February 11, 25 • March 11, 25 • April 15, 29 • May 13*

**Watercolor Workshop** • Every Wednesday • 1 p.m.-3:15 p.m. • Shapiro  
ABCD/Zoom/Stream-Rec

*February 4, 11, 18, 25 • March 4, 11, 18, 25 • April (1 no class), 8, 15, 22, 29 •  
May 6, 13*

**Music Appreciation: Four Eras of Classical Music (New)** • Designated  
Wednesdays (Four Sessions) • 1:30 p.m.-3:30 p.m. • Zoom

*February 11, 18, 25 • March 4*

**Genealogy Research** • Alternate Wednesdays • 2 p.m.-3:30 p.m. •  
Room 21/Zoom

*February 4, 18 • March 4, 18 • April (1 no class), 8, 22 • May 6*

**Line Dancing: Advanced Beginners and Intermediate** • Alternate  
Wednesdays • 3:30 p.m.-5 p.m. • Shapiro ABCD

*February 11, 25 • March 11, 25 • April 15, 29 • May 13*

**Line Dancing: Beginner's Level** • Alternate Wednesdays •  
3:30 p.m.-5 p.m. • Shapiro ABCD

*February 4, 18 • March 4, 18 • April (1 no class), 8, 22 • May 6*

**Classical Guitar: Ensemble** • Every Wednesday • 4 p.m.-6 p.m. • Room 18

*February 4, 11, 18, 25 • March 4, 11, 18, 25 • April (1 no class), 8, 15, 22, 29 •  
May 6, 13*

**Technology Education Committee (TEC)** • Designated Wednesdays •  
4 p.m.-5 p.m. • Zoom

*February 4 • May 6*

**Medical Series (Open to the Public)** • Alternate Wednesdays •

7 p.m.-9 p.m. • Zoom/Stream-Rec

*February 11, 25 • March 11, 25 • April 15, 29 • May 13*

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## Thursdays

**Board of Trustees** • Second Thursday of the Month • 8:30 a.m.-10 a.m. • Room 8/Zoom

*February 12 • March 12 • April 9 • May 14*

**Drama, Improv & Storytelling** • Every Thursday • 8:30 a.m.-9:45 a.m. • Shapiro CD

*February 5, 12, 19, 26 • March 5, 12, 19, 26 • April (2 no class), 9, 16, 23, 30 • May 7, 14*

**News: Up Close and Personal** • Alternate Thursdays • 10 a.m.-11:30 a.m. • Shapiro CD

*February 5, 19 • March 5, 19 • April (2 no class), 9, 23 • May 7*

**Shakespeare Aloud** • Alternate Thursdays • 10 a.m.-noon • Room 9

*February 12, 26 • March 12, 26 • April 16, 30 • May 14*

**Spanish Conversation** • Alternate Thursdays • 10 a.m.-11:45 a.m. • Room 9

*February 5, 19 • March 5, 19 • April (2 no class), 9, 23 • May 7*

**Spanish 1** • Every Thursday • 10 a.m.-11:30 a.m. • Shapiro AB

*February 5, 12, 19, 26 • March 5, 12, 19, 26 • April (2 no class), 9, 16, 23, 30 • May 7, 14*

**String Ensemble** • Every Thursday • 10 a.m.-noon • Room 18

*February 5, 12, 19, 26 • March 5, 12, 19, 26 • April (2 no class), 9, 16, 23, 30 • May 7, 14*

**Eco Living (a.k.a. Stuff! A Life Cycle)-Spring Cleaning** • Alternate Thursdays • 10:15 a.m.-11:45 a.m. • Mackey Auditorium/Zoom/Stream-Rec

*February 12, 26 • March 12, 26 • April 16, 30 • May 14*

**Cheers to Volunteers Luncheon** • Thursday, April 16 • 11:30 a.m.-1:15 p.m. • RGC Courtyard

**Estate Planning and Charitable Giving (Open to the Public) Estate Planning Musts: Wills, Trusts and Creating Peace of Mind!** •

Designated Thursdays • Noon-1 p.m. • Webinar

*February 12 • March 12 • April 16*

**Noontime Student Piano Performances** • Alternate Thursdays • Noon-12:30 p.m. • Mackey Auditorium/Zoom

*February 5, 19 • March 5, 19 • April (2 no class), 9, 23 • May 7*

**Poetry for Pleasure** • Every Thursday • Noon-1:45 p.m. • Room 21/Zoom

*February 5, 12, 19, 26 • March 5, 12, 19, 26 • April (2 no class), 9, 16, 23, 30 • May 7, 14*

**The New Yorker Magazine Discussion Group** • Alternate Thursdays • Noon-2 p.m. • Room 9/Zoom

*February 5, 19 • March 5, 19 • April (2 no class), 9, 23 • May 7*

**Introduction to Strategies of Poker** • Every Thursday • 12:30 p.m.-3 p.m. • Shapiro ABCD

*February 5, 12, 19, 26 • March 5, 12, 19, 26 • April (2 no class), 9, 16, 23, 30 • May 7, 14*

**Science for You: Planets** • Every Thursday • 12:45 p.m.-2:15 p.m. • Mackey Auditorium/Zoom/Stream-Rec

*February 5, 12, 19, 26 • March 5, 12, 19, 26 • April (2 no class), 9, 16, 23, 30 • May (7, 14 no class)*

**General Meeting/Election and Ice Cream Social** • Thursday, April 16 • 1:30 p.m.-3 p.m. • Auditorium/Shapiro ABCD

**Publish Before You Perish** • Alternate Thursdays • 2 p.m.-3:45 p.m. • Room 21/Zoom

*February 5, 19 • March 5, 19 • April (2 no class), 9, 23 • May 7*

**Write Now!** • Alternate Thursdays • 2 p.m.-3:45 p.m. • Room 21/Zoom

*February 12, 26 • March 12, 26 • April 16, 30 • May 14*

**Archaeology** • Designated Thursdays • 2:30 p.m.-3:45 p.m. • Mackey Auditorium/Stream-Rec

*February 26 • March 26 • April 30*

**Boundaries of Science: Exploring Current Developments** • Alternate Thursdays • 2:30 p.m.-3:45 p.m. • Mackey Auditorium/Zoom

*February 5, 19 • March 5, 19 • April (2 no class), 9, 23 • May (7 no class)*

**Learn to Play Guitar** • Every Thursday • 3:30 p.m.-4:30 p.m. • Room 18

*February 5, 12, 19, 26 • March 5, 12, 19, 26 • April (2 no class), 9, 16, 23, 30 • May 7, 14*

**Strategy of Poker** • Every Thursday • 3:30 p.m.-5:30 p.m. • Shapiro ABCD

*February 5, 12, 19, 26 • March 5, 12, 19, 26 • April (2 no class), 9, 16, 23, 30 • May 7, 14*

**Graphic Novels: the Art of Storytelling** • Alternate Thursdays • 4 p.m.-5:30 p.m. • Zoom

*February 5, 19 • March 5, 19 • April (2 no class), 9, 23 • May 7*

**Writing with Feedback** • Every Thursday • 4 p.m.-6 p.m. • Room 21/Zoom

*February 5, 12, 19, 26 • March 5, 12, 19, 26 • April (2 no class), 9, 16, 23, 30 • May 7, 14*

**Learn to Play Classical Guitar** • Every Thursday • 4:30 p.m.-5:30 p.m. • Room 18

*February 5, 12, 19, 26 • March 5, 12, 19, 26 • April (2 no class), 9, 16, 23, 30 • May 7, 14*

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## **Fridays**

**Bridge, Really Beginning Bridge and Supervised Play** • Every Friday • 8:30 a.m.-11:30 a.m. • Shapiro C

*February 6, (13 no class), 20, 27 • March 6, 13, 20, 27 • April (3 no class), 10, 17, 24 • May 1, 8, 15*

**Tap Dancing: Advanced** • Every Friday • 8:30 a.m.-9:50 a.m. • KHS 202

*February 6, (13 no class), 20, 27 • March 6, 13, 20, 27 • April (3 no class), 10, 17, 24 • May 1, 8, 15*

**Bridge, Intermediate** • Every Friday • 8:45 a.m.-11:45 a.m. • Shapiro D

*February 6, (13 no class), 20, 27 • March 6, 13, 20, 27 • April (3 no class), 10, 17, 24 • May 1, 8, 15*

**Critics' Choice: The Movies** • Every Friday • 9:15 a.m.-11:45 a.m. • Shapiro AB

*February 6, (13 no class), 20, 27 • March 6, 13, 20, 27 • April (3 no class), 10, 17, 24 • May 1, 8, 15*

**Introduction to Digital Photography** • Every Friday • 10 a.m.-11:30 a.m. • Zoom

*February 6, (13 no class), 20, 27 • March 6, 13, 20, 27 • April (3 no class), 10, 17, 24 • May 1, 8, 15*

**iPhone/iPad** • Alternate Fridays • 10 a.m.-noon • Room 21/Stream-Rec

*February 6, 20 • March 6, 20 • April (3 no class), 10, 24 • May 8*

**Tap Dancing: Beginning/Intermediate** • Every Friday • 10 a.m.-11 a.m. • KHS 202

*February 6, (13 no class), 20, 27 • March 6, 13, 20, 27 • April (3 no class), 10, 17, 24 • May 1, 8, 15*

**American Sign Language For All Ages** • Every Friday • 10:15 a.m.-11:45 a.m. • Room 19

*February 6, (13 no class), 20, 27 • March 6, 13, 20, 27 • April (3 no class), 10, 17, 24 • May 1, 8, 15*

**Hospitality/Social Committee** • First Friday of the Month • 10:30 a.m.-noon • Room 8

*February 6 • March 6 • April 10\* • May 1*

**Line Dancing Workshop: Beginners/Intermediate** • Every Friday • 11 a.m.-noon • Room 18

*February 6, (13 no class), 20, 27 • March 6, 13, 20, 27 • April (3 no class), 10, 17, 24 • May 1, 8, 15*

**“Genreflections” Book Club** • Alternate Fridays • 11:30 a.m.-1 p.m. • Zoom

*February (13 no class), 27 • March 13, 27 • April 17 • May 1, 15*

**Crescendo Chorale** • Every Friday • 12:30 p.m.-2:30 p.m. • Shapiro ABCD

*February 6, (13 no class), 20, 27 • March 6, 13, 20, 27 • April (3 no class), 10, 17, 24 • May 1, 8, 15*

**Learn to Play Recorder** • Every Friday • 1 p.m.-2:30 p.m. • Room 18

*February 6, (13 no class), 20, 27 • March 6, 13, 20, 27 • April (3 no class), 10, 17, 24 • May 1, 8, 15*

**Musical Performances/Presentations/Rehearsals** • Designated Fridays • 1 p.m.-8 p.m. • Mackey Auditorium/Zoom/Stream-Rec

*Dates: TBD*

**OLLI Tech Help** • Every Friday • 1 p.m.-3 p.m. • Room 20/Zoom

*February 6, (13 no class), 20, 27 • March 6, 13, 20, 27 • April (3 no class), 10, 17, 24 • May 1, 8, 15*

**Tap-ercise** • Every Friday • 1 p.m.-2 p.m. • KHS 202/Zoom

*February 6, (13 no class), 20, 27 • March 6, 13, 20, 27 • April (3 no class), 10, 17, 24 • May 1, 8, 15*

**Mah-Jong Game and Strategy (Cantonese Version)** • Every Friday • 3 p.m.-5 p.m. • Shapiro ABCD

*February 6, (13 no class), 20, 27 • March 6, 13, 20, 27 • April (3 no class), 10, 17, 24 • May 1, 8, 15*

**Happy Hour** • Every Friday • 4 p.m.-5 p.m. • Zoom

*February 6, (13 no class), 20, 27 • March (6 & 13 guest moderator), 20, 27 • April (3 no class), 10, 17, 24 • May 1, 8, 15*

**Tennis** • Every Friday • 4 p.m.-dark • CSUF Tennis Courts

*February 6, (13 no class), 20, 27 • March 6, 13, 20, 27 • April (3 no class), 10, 17, 24 • May 1, 8, 15*

**“Thank you, OLLI for keeping my new retirement going. I thought my goals were coming to a standstill. Not true, I’m finding that enjoyment is waiting for me!”**

-Leslie Grosse

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## Saturdays

**Spring Preview (Open to the Public)** • Saturday, January 17 • 9 a.m.-noon • Auditorium/Shapiro ABCD/RGC Rooms

**New Member Orientation** • Saturday, January 24 • 2 p.m.-3:30 p.m. • Shapiro ABCD/Zoom

**Transitions in Retirement Essentials (Open to the Public)** • Designated Saturdays • 9:30 a.m.-11:30 a.m. • Zoom/Stream-Rec  
*February 7, (14 no class), 21, 28 • March 7, 14, 21*

**Cybersecurity Essentials for Seniors** • Designated Saturdays  
*March 7 (Lecture) • 12:30 p.m.-2:30 p.m. • Mackey Auditorium/Zoom*  
*April 18 (Interactive lecture and workshop) • 12:30 p.m.-4:30 p.m. • Shapiro ABCD*

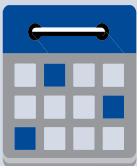
**In Memoriam** • Saturday, April 25 • 3 p.m.-5 p.m. • Shapiro ABCD

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## Other

**Musical Performances** • Designated Dates and Times • Mackey Auditorium/Shapiro ABCD

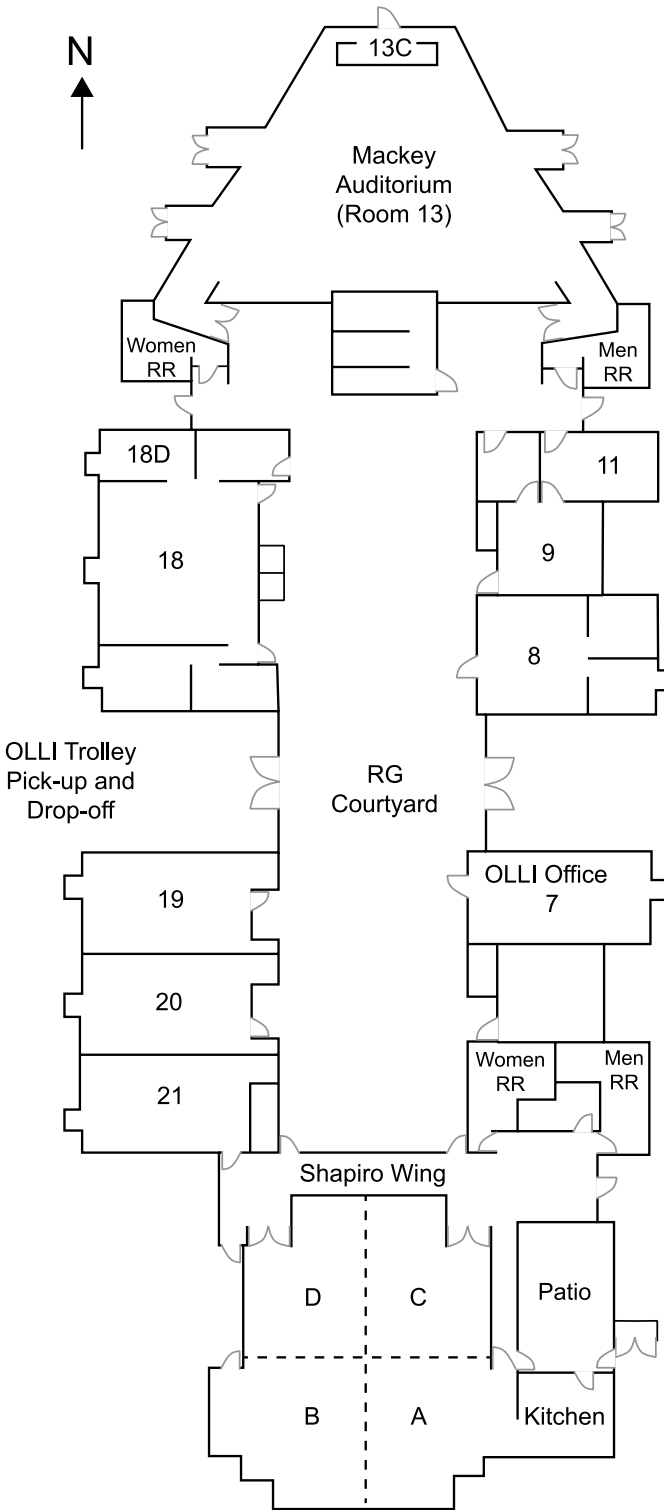
*Dates: TBD*



### Class Calendars on the OLLI Website

- Bookmark the OLLI website <http://olli.fullerton.edu> on your mobile device
- Populate your personal calendar with OLLI classes and events from the website
- Check what's happening at OLLI on your mobile phone or tablet
- Changes in class and event times, dates and classrooms are updated on website calendars

# Ruby Gerontology Center



**OLLI parking**

Pine and Juniper Rooms are located in the resident housing complex, just east of the OLLI parking lot (see next page for the Campus Map).



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## Notes

# Experience Lifelong Learning



PHOTOGRAPHER HSIEN CHEN



PHOTO BY JIM DITOTA



PHOTO BY DIANA GUERIN



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PHOTOGRAPHER HSIEN CHEN

OLLI  
at California State University, Fullerton  
"A Continuing Learning Experience"  
Ruby Gerontology Center, Room 7  
P.O. Box 6870  
Fullerton, CA 92834-6870  
RETURN SERVICE REQUESTED

[olli.fullerton.edu](http://olli.fullerton.edu)  
[olli-info@fullerton.edu](mailto:olli-info@fullerton.edu)  
657-278-2446

## MEMBERSHIP BENEFITS

### WIDE RANGE OF COURSES

- Current affairs, retirement issues
- Arts: learning, doing, performing
- Languages, science, technology
- Computer/mobile, discussion
- Extensive library of class videos

### HEALTHY LIFESTYLE COURSES

- Health, medical issues
- Sports, exercise, dancing

### SPECIAL EVENTS/SOCIAL ACTIVITIES

- Dinners, luncheons, receptions
- Day and overnight trips
- Card & board games
- Musical entertainment

### PARKING PRIVILEGES\*

- Specific student lots/structures
- OLLI Lot for members only
- OLLI Trolley to/from far lots

### UNIVERSITY PRIVILEGES

- Collaborate with faculty & students
- Pollak Library, student store, Wi-Fi
- Campus eating facilities
- Many CSUF athletic events free
- Audit many CSUF courses free

\*Subject to limitations. See Parking & OLLI Trolley Information.



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