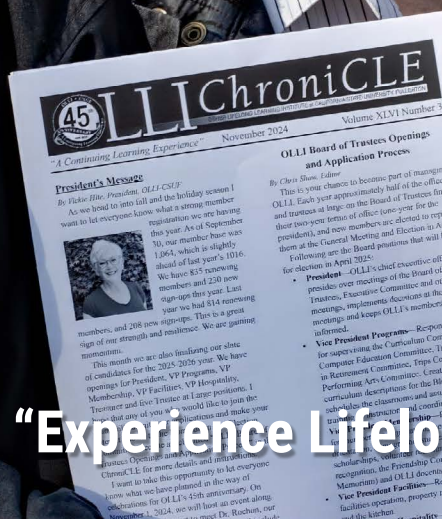
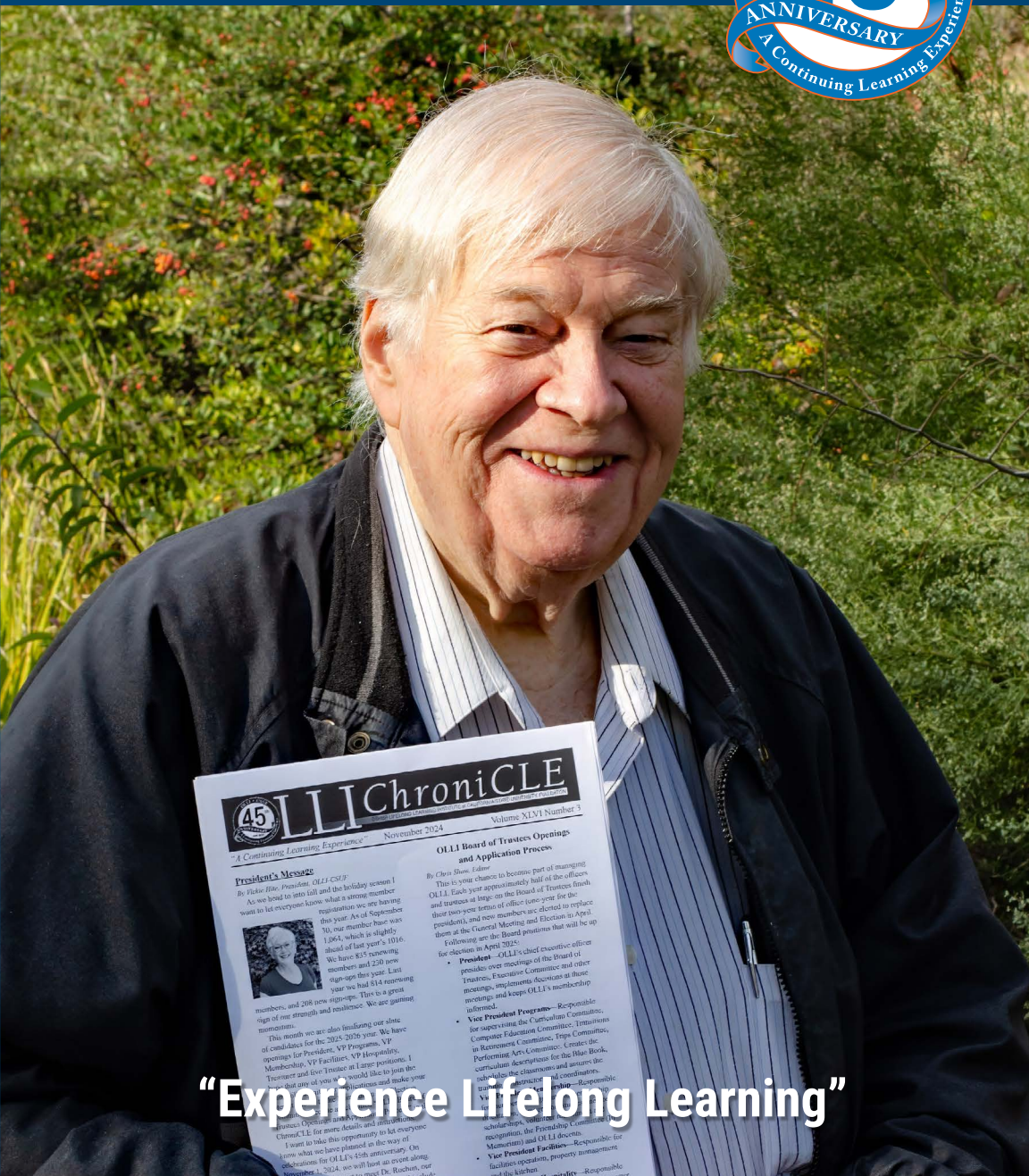




at
California
State University,
Fullerton

LEARN IN RETIREMENT



“Experience Lifelong Learning”

FALL OPEN HOUSE

Saturday, August 9, 2025

9 a.m. - Noon

CSUF Ruby Gerontology
Center, Mackey Auditorium

Join us for informative presentations and exhibits.

- Overview of courses and activities
- On-site registration
- Free parking with shuttle service from State College Parking Structure

TRY US FREE OF CHARGE* – PROGRAMS OPEN TO THE PUBLIC

THE HISTORY OF BROADWAY

May 27 • June 3, 10, 17, 24 • July 1, 8, 15, 22, 29

FALL OPEN HOUSE

Saturday, August 9 • 9 a.m.-noon



PHOTO BY JIM DI TOTA



PHOTO BY JIM DI TOTA



PHOTO BY JIM DI TOTA



PHOTO BY JIM DI TOTA



PHOTO BY JIM DI TOTA



PHOTO BY MARY CROUCH

* The programs listed above are available at no charge to the public. Parking on campus is free on weekends. Monday through Friday, visitors may purchase hourly or daily permits at <http://parkmobile.io/>. If you are not yet an OLLI member, please go to the OLLI website at <http://olli.fullerton.edu> and click on Welcome to OLLI. Sign up for the free Open to the Public Newsletter to get information on when these programs are offered and options for attending in person or virtually.

For additional information:

- Call 657-278-2446 or 657-278-4307
- Email: olli-info@fullerton.edu
- Visit olli.fullerton.edu
- Follow us on Facebook at facebook.com/OLLICalStateFullerton and on Instagram at instagram.com/ollicsuf



Blue Book Program Catalog

This catalog gives the full program descriptions and class meeting schedules of all courses and events (programs) offered by OLLI-CSUF for the summer 2025 session. Some programs require pre-registration, prerequisites, fees, book purchases or other requirements, which are listed with their program descriptions. Please check for any special requirements before attending the class or event.

Printed copies of this catalog are available in the OLLI office and it is available digitally on the OLLI website at <https://olli.fullerton.edu> under [View Current Catalog](#). Descriptions of new programs that may be introduced during the semester are published in the weekly newsletters and the ChroniCLE and listed under [Classes/Activities](#) on the OLLI website. Topics and details of individual class meetings and events not shown in this catalog will be published in the weekly OLLI newsletters and on the OLLI website.

But there’s more to know about OLLI and CSUF, and you’ll find it in “Your Essential Guide to OLLI & Campus Activities” at <https://olli.fullerton.edu/resources/pdfs/MemberHandbook.pdf>.

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Program Meeting Schedules

The program descriptions give the dates, times and venues of all class meetings and events offered during the semester. **All dates, times and venues are subject to change or cancellation. Watch OLLI’s weekly digital newsletters and check the OLLI website for any changes before coming to campus.**

All changes to class and event meeting schedules are listed at the top of the Class Information and Updates Newsletter each Saturday or in the Open To The Public newsletter each Sunday for the following week. If a class or event during that week has a last-minute change after the newsletter is published, a stand-alone email notification will be sent to all members, if possible.

The website is updated on a daily basis, so its calendars are the most up to date. To check for updates from your home computer, tablet or smartphone, go to the OLLI website at <http://olli.fullerton.edu> and click on [Calendars](#).



The Today at OLLI calendar lists the classes and events for the current day, and you can scroll up or down to see previous or subsequent days. On the calendar page, you can click on the options in the upper right corner of the screen to view the calendars for the week, month or day.

You can also check for updates from your smartphone or other mobile device by using this QR code, which will take you to the Today at OLLI calendar. Open your camera and aim it at the QR code. Don't take the picture; your device will automatically scan the QR code. Wait for a message to pop up linking to the calendar and tap on that message, and the Today at OLLI calendar will open on your screen.

The video display in the Shapiro lobby shows the same Today at OLLI calendar that is updated daily, getting its information feed directly from the website calendar. If you want a printed daily calendar, you may pick up a one-page, printed copy of the current month's calendar in the OLLI office. This calendar is not updated daily, so check the Shapiro display or the OLLI website for updates.

Key Dates

- May 26** Memorial Day, campus/office closed
- May 27** First day of summer session
- June 19** Juneteenth, campus/office closed
- July 4** Independence Day, campus/office closed
- August 1** Last day of summer session
- August 9** Fall Open House
- September 8** First day of fall semester



Please Recycle at OLLI

Blue recycling bins with the recycle logo have been placed throughout the Ruby Gerontology Center for paper and cardboard and empty paper, plastic, glass and metal containers. Please recycle while at OLLI.

Attending Live Programs Online

OLLI uses both the Zoom app and livestreaming through the internet to deliver some courses, committee meetings and events online as an in-person alternative. The links to join these programs can be obtained from OLLI's weekly Class Information and Updates Newsletter or from the OLLI website under [ZOOM COURSE IDs/LINKS](#) or [LIVESTREAM/RECORDINGS](#). You'll need your CSUF username and password to access this information.

To attend a Zoom program, an account is recommended but not required. Anyone can attend by using their laptop or desktop (Windows or Mac), tablet or smartphone (Apple or Android), or regular telephone. However, be sure to use your full name when signing in to facilitate taking attendance. If you haven't used Zoom before, allow yourself about 10 minutes to set it up before your first use. If you use a laptop or desktop, the first time you click on a link, it will ask you to download a free Zoom app on your computer. If you are planning to use a tablet or smartphone, you'll want to download the free Zoom app ("Zoom Cloud Meetings") from your app store. More information and sources for help with Zoom are available on the OLLI website under [ZOOM HELP](#).

Livestream is similar to Zoom, except you don't need an app—you just need access to the internet. Clicking on the livestream link takes you to a webpage where you choose the current meeting from a list. Unlike Zoom, you will not see the other attendees and the instructor can't see or hear you, and no one monitors the chat box. All livestreamed classes are recorded and available to view after the meeting. For more information on livestreaming see [OLLI Livestreaming FAQs](#). An informational video and class recordings are on the OLLI website under [LIVESTREAM/RECORDINGS](#).

Hosting Zoom Programs

Class instructors and coordinators can sponsor class meetings on Zoom using their CSUF Zoom account. On the OLLI website homepage, click on Coordinators' Information tab on the right. Then, under the USING ZOOM heading, click the link "[How to use your OLLI-CSUF Zoom account to create course meetings](#)."



Learn to Use Zoom

Click on [ZOOM HELP](#) on the OLLI website to learn more about using Zoom.

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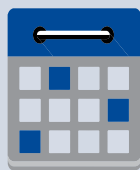
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Class Calendars on the OLLI Website

- Bookmark the OLLI website <http://olli.fullerton.edu> on your mobile device
- Populate your personal calendar with OLLI classes and events from the website
- Check what’s happening at OLLI on your mobile phone or tablet
- Changes in class and event times, dates and classrooms are updated on website calendars



“OLLI is a place for senior adults to engage in a diverse, intellectually stimulating, and socially rewarding community of lifelong learners from all walks of life. In this “neighborhood,” acquaintances become friends based on compatible and contrasting interests, life experiences and personalities.”

-Mike Stover

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**Please silence your cell phone when
attending classes and programs.
Thank you!**

Distance Learning Classes

OLLI members may have days when they can't get to campus, when parking availability is difficult or when their favorite classes are running concurrently, forcing them to miss a class. Selected classes are recorded and archived on the OLLI website for members to stream online at their leisure. Many videos are currently available to watch, and more are added each week. To access the video collection go to the OLLI website at <http://olli.fullerton.edu> and click on [LIVESTREAM/RECORDINGS](#) under MORE INFORMATION on the home page.

Transitions in Retirement Programs for the newly retired and almost-retired

New retirees or those approaching retirement have a special place at OLLI. Transitions in Retirement (TiR) is a series of programs for persons preparing for this next phase of their lives. Whether still working or not, you may not have enough weekday time to benefit from all OLLI courses. Transitions in Retirement addresses that with classes more to your convenience on weekends and during early morning, late afternoon and evening hours.

“Transitions in Retirement Essentials” classes on Saturday mornings during the fall and spring semesters are open to the public at no charge. This gives you a chance to sample what OLLI has to offer. Topics cover a wide range, from financial planning to health issues. Other TiR classes do require OLLI-CSUF membership. TiR offerings are specially marked in our course listings, and you can read more about our programs on our website at <http://olli.fullerton.edu> under Transitions in Retirement on the home page.

OLLI-CSUF Collaboration OLLI + CSUF students + Faculty = Collaboration

Through the OLLI-CSUF Collaboration program, OLLI members share their life experiences and skills with members of the university community, to the benefit of all.

Opportunities include tutoring, mentoring, evaluating and sharing expertise with CSUF classes and individuals in both academic and career/professional pursuits. CSUF students and faculty benefit from our members' accumulated knowledge and wisdom, and OLLI members enjoy the intellectual stimulation, the opportunity to remain productive and “giving back” to the community.

Learn how to get involved on our website at <http://olli.fullerton.edu> under the VOLUNTEER tab.

OLLI Trips

The OLLI Trips Committee plans and coordinates trips of educational interest to OLLI members to locations off the CSUF campus throughout the year.

Trips are not scheduled with a routine occurrence and are not finalized in time to be listed in this catalog. OLLI members are notified of upcoming trips via the weekly OLLI newsletters, the ChroniCLE and other media. There are two types of trips: day trips and overnight trips. Some recent or proposed day trips include Hollywood Bowl, Motion Picture Academy Museum and JPL. Some recent or proposed overnight trips include Alaska Cruise, Palm Springs/

Joshua Tree and Boston/New England. Trips are subject to the Special Events Registration Policy section of this catalog. If you have ideas for future trips, bring them to the Trips Committee meetings (see Committee Meetings under the Program Descriptions section).

Auditing Cal State Fullerton Courses

One of the most valuable OLLI benefits is the privilege to audit any CSUF course, free of any tuition fees, with the instructor's permission and approval from the OLLI office. OLLI members don't receive any official, academic credit from the University, but they enjoy the benefit of a world-class education, participating with University students. This privilege is not available during the summer session.

Go to the OLLI website at <http://olli.fullerton.edu> and click on [AUDITING CLASSES](#) for step-by-step instructions to enroll through OLLI. This webpage provides links to the CSUF course catalog and schedule of classes for each semester. You will be asked to complete a form and submit it to the OLLI office, who will obtain instructor approval to attend your course(s) of choice. If approved, you will receive confirmation from the instructor, and later, information on how to access the class.

Parking & OLLI Trolley Information

Please consult the campus parking map following this section for parking locations. OLLI-CSUF members may park in some CSUF student lots and parking structures as listed below. All members are issued virtual parking permits, and parking is monitored electronically. Hang tag permits are no longer used on the CSUF campus.

Lot J, adjacent to the Ruby Gerontology Center (east side), is available exclusively for OLLI permit holders Monday through Thursday until 5 p.m. and Friday until 6 p.m. Lot J is particularly convenient for our members with mobility concerns, so we ask that you keep this in mind when considering where to park.

When Lot J is full, Lots G and A provide a pleasant walk. An OLLI Trolley ride to the RGC is available during published days and hours. **Lot G** is located on the SW corner of Associated Road and Yorba Linda Blvd next to Goodwin Field. **Lot A** is located on the SE corner of Yorba Linda Blvd. and State College Blvd.

If you have an OLLI class at the Arboretum, park in Lot G as OLLI permits are not valid in the Arboretum parking lot.

OLLI Trolley. The OLLI Trolley is available during spring and fall semesters (no summer service) to transport members between Lots G and A and the RGC, although many members prefer to walk. See the OLLI Trolley operating times under [PARKING AND OLLI TROLLEY](#) on the OLLI website at <http://olli.fullerton.edu>. If you're interested in volunteering as an OLLI Trolley driver, please apply in the OLLI office.

By the Alphabet: CSUF Lot Availability for OLLI Members:

- Lot A: OLLI permits are valid in most of Lot A. Please check signs before parking. Do not park in Lot A-South, because this is a faculty-staff parking lot.
- Lot D: OLLI permits are NOT valid.
- Lot G: OLLI permits and daily parking permits are valid.

- Lot H: Parking is for the disabled and faculty/staff only. The four disabled parking stalls are available to qualified OLLI members. Please see Disabled Parking below.
- Lot J: available exclusively for OLLI permit holders Monday through Thursday until 6 p.m., and Friday until 5 p.m.
- Nutwood and State College Parking Structures: OLLI permits are valid.
- Eastside North and Eastside South Parking Structures: OLLI permits are NOT valid.
- Student Housing Lot and Arboretum Lot: OLLI permits are NOT valid.

Parking Enforcement

OLLI permits are registered by each member's automobile license plate and cannot be transferred or lent. A parking citation will be issued to a vehicle that is not registered with a virtual parking permit. The member may lose the privilege to receive another OLLI permit indefinitely.

If your vehicle is issued a parking citation and you wish to contest it, you may file an administrative review request online at <https://csufparking.t2hosted.com/Account/Portal>.

Disabled Parking

OLLI members with DMV-issued disabled parking placards may park in disabled stalls located in Lot J and in Lot H (Lot H is on the immediate west side of the Ruby Gerontology Center) and in Lot G (south side, front rows, across from the Arboretum parking lot and in front of Goodwin Field). Members must display their placard when parked in a disabled stall.

Visitor Parking

Single-day, virtual parking permits (currently \$12.00) may be purchased through the Park Mobile app on your cellphone (credit cards only) at <https://parkmobile.io/>. Physical paper parking permits, which were previously purchased through vending kiosks, are no longer issued. Visitor permits are valid in all student parking lots and structures, but are not valid in Lot J, adjacent to the RGC, nor the student housing lot. Permits are not required Fridays after 5 p.m. nor on Saturdays and Sundays.

General Information

Campus parking information is available on the CSUF Parking and Transportation Services webpage at <https://parking.fullerton.edu>. OLLI members may call the Parking Office at 657-278-3082, or visit the walk-up window Monday through Friday, between the hours of 8 a.m. and 5 p.m., or send an email to parking@fullerton.edu.

Special Events Registration Policy

Who goes? How are they chosen?

Special events are open to members only. Should an event not fill by the stated deadline, non-members may register with OLLI approval.

Registration for a special event begins on a date assigned by the OLLI office. This date is approximately one week after the mailing of the ChroniCLE first announcing the event. Payments and coupons for a special event will be accepted at the time of registration. Registration forms will be entered on a first-come, first-served basis. Once an event is full, a waiting list will be created, also on a first-come, first-served basis.

The OLLI office notifies only those individuals who could not be included in an event, and refunds their payments. If you want confirmation that you have been included on the list for an event, check the event lists posted on the bulletin board outside the OLLI office.

Refunds of payments of those who are registered for an event but are unable to attend will be made as long as no cost is incurred by the organization. A registered participant who is unable to attend an event should notify the OLLI office at least two business days before the event. If there is a waiting list for the event, a replacement will be registered from the waiting list, and a refund will be made to the participant who is unable to attend.

If you have any questions regarding the special events policy, please contact the OLLI office at 657-278-2446.

Notes on Curriculum / Format / Frequency

Courses fall into these general categories: The Arts; Languages; Economics, Humanities and Social Sciences; Healthy Living; Science; Technology; and Special Interest Groups and Social Programs. OLLI's Curriculum Committee considers member requests in the planning of each semester's offerings.

Class formats include those in which members learn from each other, as well as guest lecturers such as community leaders, university professors and other leading authorities. All courses and programs are coordinated by OLLI members.

Lecture/Discussion courses and programs may include instructors as well as guest lecturers and presenters. Presentations are generally followed by a "Q and A" session.

"Study" courses, such as language and literature, are enhanced by some study or work outside class.

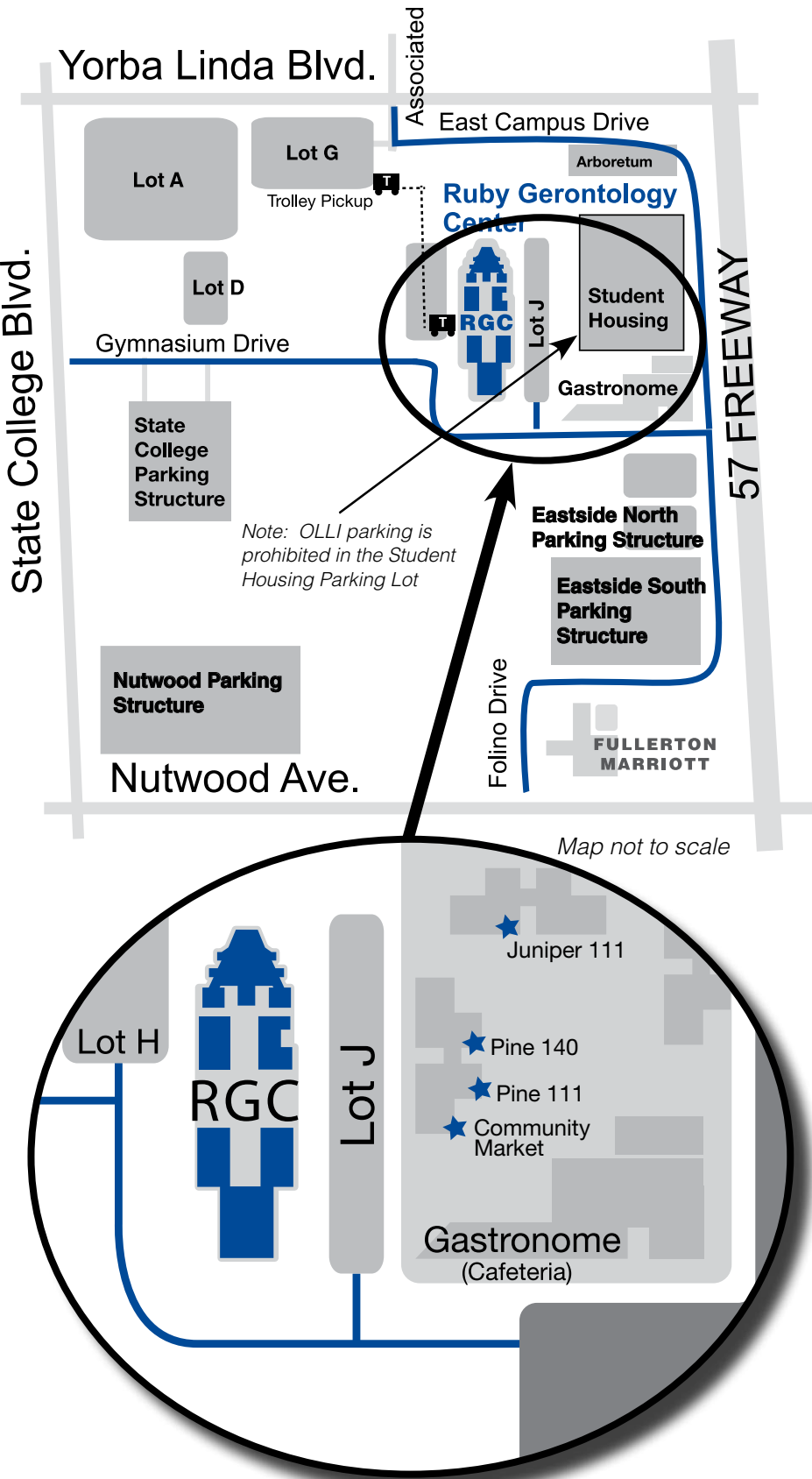
Frequency varies, so be sure to check the Blue Book Program Catalog for class meeting times, days and dates.

Other programs include special events, field trips and other activities, some of which require a modest payment.

"One price, over 100 courses!" Your membership fee allows you to attend as many of OLLI-CSUF's courses and events as you can fit into your schedule. And you don't have to commit to attending every class meeting--if it doesn't tickle your fancy, just try something else the following week. Some courses require additional materials fees, and a few require preregistration: check the course description. If there is a charge for social events and trips, it will be described in the flyer announcing the event (watch the weekly OLLI Activities and Events newsletter).

OLLI NEEDS YOU!!! Please contact Sue Batie (suebatie@gmail.com) or the OLLI Office if you would like to help by serving as a course coordinator or want to share your expertise by teaching a class!

Ruby Gerontology Center Parking



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Notice of Disclaimer

OLLI-CSUF presents programs of interest for general guidance only. It does not engage in rendering legal, medical, financial or other professional advice and services. Due to the changing nature of laws, rules and regulations, and because the application and impact of laws can vary widely based on the specific facts involved, there may be omissions or inaccuracies in information presented by OLLI-CSUF. Therefore, information presented in an OLLI-CSUF program should not be used as a substitute for consultation with a professional legal, medical, financial or other competent adviser. Before making any decision or taking any action, program participants should consult a professional legal, medical, financial or other competent adviser.

All information is provided “as is,” with no guarantee of completeness, accuracy, timeliness or of the results obtained from the use of the information, and without warranty of any kind, express or implied, including, but not limited to warranties of performance, merchantability and fitness for a particular purpose. Neither OLLI-CSUF nor its information providers will be responsible to any program participant or anyone else for any decision made or action taken in reliance on the information presented by OLLI-CSUF, or for any consequential, special or similar damages, even if advised of the possibility of such damages.

PROGRAM DESCRIPTIONS

The classes and events (programs) in this catalog may be offered: 1) in-person on campus; 2) via Zoom videoconference; 3) livestreamed and recorded through the internet or 4) a combination of in-person and online, i.e., hybrid. Hybrid programs may be either synchronous—offering both in-person and online (Zoom and/or livestreamed and recorded) simultaneously for participants to choose from, or nonsynchronous—alternating class meetings between in-person and online meetings.

Courses offering a choice of multiple venues will list those choices together divided by a slash (/). For example, if you have a choice of attending in person in Room 21 or Zoom or livestreamed and recorded, it will appear as Room 21/Zoom/Stream-Rec. A choice of Zoom or livestreamed and recorded will appear as Zoom/Stream-Rec.

Watch OLLI's weekly newsletters and other emailed announcements and check the OLLI website for up-to-date information on changes in class or event meeting dates, times or venues (including Zoom and livestream) or cancellations.

THE ARTS

FINE ARTS AND CRAFTS

Ceramics

Every Tuesday • 9 a.m.-11:30 a.m. • Shapiro ABCD

May 27 • June 3, 10, 17, 24 • July 1, 8, 15, 22, 29

Materials Fee: \$60

Pre-registration Required: Contact the instructor at janann@sbcglobal.net.

Come join us for a morning of fun, laughter, sharing and learning. The basic hand-building techniques of clay will be taught—pinch pots, coil and slab—with many additional ideas. The experience will go far beyond your expectations! Beginners and (seasoned) experienced students are welcome!

Instructor: Janann Zechmeister

Coordinators: Patricia Dapkus, Jim DiTota, Jill Patterson and Mary Townsend

Emerita: Desiree Engel

Drawing for the Fun of it

Every Wednesday • 10 a.m.-noon • Shapiro ABCD/Zoom/Stream-Rec
May 28 • June 4, 11, 18, 25 • July 2, 9, 16, 23, 30

Drawing is a skill that anyone can learn, but first you need to learn how to see as an artist sees. Instructors will facilitate developing your “artist’s eye” and drawing skills in a fun, supportive and nurturing environment. Every two weeks a different instructor will present a drawing topic to explore. Foundational drawing experiences will include observational and contour line drawing, basic shapes and forms in space, perspective, mark making and tonal values. Genres are determined by the instructor teaching and may include landscape, still life, portraiture and the figure, animals, cartooning, abstract or nonobjective art. All levels of artists are invited to participate in this course. Students may work with the instructor or on their own projects. Check out the OLLI webpage for this course for more information about our activities, resources and past project samples.

Instructors/Coordinators: Sharon Brown, Carol Carson, Emma Cox, Jill Dayton, JoDell Gray, Eileen Kroh, Jeff Layton, Marsha Linsley, Michael Shellman, JoAnn Wanless and Sandy Wessel

Tech Coordinators: Tom La Casa and Michael Shellman

Watercolor Workshop

Every Wednesday • 1 p.m.-3:15 p.m. • Shapiro ABCD/Zoom/Stream-Rec
May 28 • June 4, 11, 18, 25 • July 2, 9, 16, 23, 30

Come and join us in a relaxed, supportive environment to pursue your artistic passions! This course is for all levels of watercolor artists. In alternate weeks, instructors will lead class projects, guiding and sharing different watercolor methods, techniques, and use of materials. Genres are determined by the instructor and may include landscape, still life, portraiture and the figure, animals, cartooning, abstract or nonobjective art. We will have the opportunity to share and get feedback on our completed work or work in progress. At any of our classes, you are free to work on your own projects if you choose to do so. Check the OLLI webpage for this course for more information about our activities, resources and past project samples.

Instructors/Coordinators: Sharon Brown, Carol Carson, Emma Cox, Maggie Giles, Mickey La Casa, Joan Lebsack, Marsha Linsley and Sandy Wessel

Tech Coordinators: Tom La Casa and Michael Shellman

ART APPRECIATION

Art House Cinema

Every Monday • 5:45 p.m.-8 p.m. • Shapiro CD
May (26 no class) • June 2, 9, 16, 23, 30 • July 7, 14, 21, 28

If you enjoy watching and discussing vintage and new foreign, independent and documentary films, join us to watch a series of thought-provoking films. Check the weekly OLLI newsletters for information on each week’s film. Note that some films may run later than the scheduled end time.

Instructor/Coordinator: Mary Sampson

The History of Broadway (Open to the Public)

Every Tuesday • 11:45 a.m.-2:15 p.m. • Auditorium/Zoom

May 27 • June 3, 10, 17, 24 • July 1, 8, 15, 22, 29

In this course, you can take an active part in choosing the musical films you would like covered during this summer offering. This course will feature film versions of some of your favorite Broadway Musicals and the Hollywood Musical films that were produced during the period of 1950s through the 1990s. We will watch the film and discuss the story line, inspiration and facts that created the film's stories, and the background of the music created. We have 10 weeks, so please send the instructor a list of ten musicals you would like considered. The most requested musicals will be those featured in this course. Send your list to Ellie Monroe at: monroe.ellie@gmail.com.

Instructor/Coordinator: Ellie Monroe **Coordinator:** Jim Medici

Tech Coordinators: Jim Monroe and Sue Batie

LITERARY ARTS

Book Clubs

Like reading books and talking about life and happiness? Then these could be the groups for you. We come together for one common interest—books. Yet, in exploring the stories or history together, we will discover we have so much more in common as well. We try to find new areas to branch into each month. We may invite OLLI authors with manuscripts ready for publication. We don't break the stories down clinically, piece by piece. Instead, we prefer to discuss the story in general terms and how it relates to us. There are three separate clubs to choose from in the summer session—see below.

“Genreflections” Book Club

Alternate Fridays • 11:30 a.m.-1 p.m. • Zoom

June 6, 20 • July (4 no class), 18 • August 1

This course is for those who enjoy reading and discussing fiction. We will explore a variety of novels representing various genres, such as travel fiction, historical fiction, coming-of-age fiction and domestic fiction. Our first novel for the Summer session, 2025, is “Beginning of Everything” by Jackie Fraser. This book will help us learn about hope and resilience as we “travel” to Wales; this novel fits into the genre “friends to lovers.”

Instructor: Andrea Tarr **Tech Coordinator:** Rosalind Charles

Kitty's Book Club

Alternate Mondays • 12:15 p.m.-2 p.m. • Zoom

June 2, 16, 30 • July 14, 28

Our book club loves exploring different themes in discussing fiction books. Prior to the first class of the semester, our members generate the list of books to read. The first book selected for the Summer semester is “Welcome Home, Stranger” by Kate Christensen. Please read the book and join our discussion.

Coordinators: Lisa Sewell and Juanita Driskell

Mystery Book Club

Alternate Mondays • 12:15 p.m.-2 p.m. • Zoom

May (26 no class) • June 9, 23 • July 7, 21

Mystery Books is a category of reading that is well established by the reading public. Authors such as Agatha Christie and characters such as Sherlock Holmes and Miss Marple are well known. Mystery books are so popular that they have separate awards for excellence, humor etc. The “Mystery Book Club” meets and discusses a book selected by club members. Please read “The Camel Club” by David Baldacci before our first class and “Reykjavik” by Ragnar Jónasson and Katrín Jakobsdóttir before our second class. Subsequent book selections will be determined by the club during the first class.

Coordinators: Patrick Boyle and Sandy Potter

Great Books

Alternate Mondays • 10 a.m.-noon • Room 21

May (26 no class) • June 9, 23 • July 7, 21

This course explores literature recommended by the Great Books Foundation. The group is made up of individuals who love to read and partake in lively discussions. Discussion leadership rotates among course participants. Join the discussion in finding deeper meaning behind the printed words. We will begin with selections from “Taking Action,” edited by Adam Davis. Discussion questions from The Great Books Foundation will be available for all selections. Selections will be announced in the weekly OLLI newsletters. Please read the selection before each class. Come and try a class—you may be pleasantly surprised!

Instructor/Coordinator: Gary Wolfe

Kick Starting Your Writing

Every Tuesday • 12:15 p.m.-2:15 p.m. • Room 9

May 27 • June 3, 10, 17, 24 • July 1, 8, 15, 22, 29

- Do you want to do some writing but don’t know how to start? Have you written in your younger days and now would like to recover some of that earlier fire? Would you like to write but are afraid to try? Then we invite you to “Kick Starting Your Writing.”
- Do you simply want to share what you have written and get encouragement and feedback? Then we invite you to “Kick Starting Your Writing.”
- Have all of your writing experiences been practical, work-oriented or technical? Do you wonder how to spark your imagination in order to write? Then we invite you to “Kick Starting Your Writing.”

Instructor: Ron Baesler **Coordinator:** Ann Casas

Life Story Workshop

Alternate Tuesdays • 9 a.m.-noon • Zoom

May 27 • June 10, 24 • July 8, 22

Pre-registration Required: If you are interested in attending, contact Kathy Collier at kathyloucollier@gmail.com.

This warm, supportive course is where you can begin writing down the stories of your life for your family. Share your stories and listen to the stories of others in your small reading group—a powerful experience, connecting with others through their stories. Discover a treasure trove of ideas for writing two-page life stories. This workshop involves a commitment to attend regularly and write a story every two weeks.

Coordinators: Alice Gresto and Kathy Collier

Tech Coordinators: Zona Gray-Blair and Patricia Silvestri

The New Yorker Magazine Discussion Group

Alternate Thursdays • Noon-2 p.m. • Room 9/Zoom

May 29 • June 12, 26 • July 10, 24

The New Yorker is renowned for its in-depth reporting and cultural commentary. Articles from other sources, including The Atlantic, Harper's Magazine, The New York Times and Los Angeles Times may also be included in our course discussions. Subscriptions to these publications are not required. In advance of each class meeting, course members will receive links to the articles to be discussed.

Coordinators: Edward Dunvan and Linda Lockwood

Tech Coordinator: Jim Monroe

Poetry for Pleasure

Every Thursday • Noon-1:45 p.m. • Room 21/Zoom

May 29 • June 5, 12, (19 no class), 26 • July 3, 10, 17, 24, 31

Our poetry course is for people who love poetry or for those who would like to try it out. We love reading it, writing it and listening to it. To be in our course, though, you don't have to write it (so don't worry about that). We take turns leading each class by featuring a poet or a theme. We all bring in and share poems by that poet or on that topic. Sometimes, we even have time for sharing some potpourri when we read any poem we wish. Come join us; it's fun!

Coordinators: Juanita Driskell, Alice Gresto and Mary Sampson

Tech Coordinator: Fritz von Coelln

Publish Before You Perish

Alternate Thursdays • 2 p.m.–3:45 p.m. • Room 21/Zoom

June 5, (19 no class) • July 3, 17, 31

Are your creative articles, poems, stories or books sitting in your computer yearning to be published? This course will provide:

- Information regarding publishing processes and resources
- Revision suggestions

- Editorial assistance
- Encouragement to submit your masterpiece for publication in newspapers, magazines, books, electronic media etc.
- One on one assistance in self-publishing—cover to cover

Coordinator/Tech Coordinator: Fritz von Coelln

Shakespeare Aloud

Alternate Thursdays

June 5 • 10 a.m.-12:30 p.m. • Room 9

June (19 no class) • July 3, 17, 31 • 10 a.m.-11:45 a.m. • Shapiro CD

In a restructured course, we will focus on one play each semester. Outside lectures on DVD will help develop an understanding of the play and Shakespeare's creative genius. Students will then read the play aloud, alternating parts, providing their own copy. Our summer 2025 play will be "As You Like It."

Coordinators: Sandra Wodicka and Stephanie Beverage

Short Stories

Alternate Mondays • 10 a.m.-noon • Room 21

June 2, 16, 30 • July 14, 28

Do you enjoy reading but wish for an alternative to book clubs that read full-size novels? Then "Short Stories" may be the right course for you. In each class, we discuss two stories (to be read prior to class) from the short story anthology currently in use. This summer we will continue our readings from "100 Years of the Best American Short Stories," edited by Lorrie Moore and Heidi Pitlor. Each course member receives a reading list schedule for the semester and the stories to be read for each week are listed in the weekly OLLI newsletters.

Coordinators: Janet Genow and Sybil Shecter

Tech Coordinator: Gary Wolfe

Women Writers' Workshop

Every Monday • 10 a.m.-noon • Room 9

May (26 no class) • June 2, 9, 16, 23, 30 • July 7, 14, 21, 28

This course is a judgment-free creative writing space and a supportive, nurturing writing community for women writers. We offer writing prompts in a variety of formats to inspire and generate creativity and participants share their writing (500 words or less). Prompts are on offer for writing at home as well as for in-class writing. Writers also have the opportunity to offer segments of their creative short stories-in-progress for feedback. In this course, we find our voices, expand our writing horizons and share our stories as we write, share, explore and discover our writing and learn from each other.

Facilitators/Coordinators: Cheryl Perreira and Kenni Blossom

Write Now!

Alternate Thursdays • 2 p.m.-3:45 p.m. • Room 21/Zoom

May 29 • June 12, 26 • July 10, 24

This course is for members who just want to write essays, memoirs, letters to the editor, poems or stories. We provide you the opportunity to practice writing by writing. You receive a topic and have two weeks to write about it (or you may write about your own subject matter). We encourage you to share your writing in class—we ask that articles be limited to about 500 words. Come join us to just write, write, write and read—it's lots of fun!

Coordinators: Fritz von Coelln and Rich Williamson

Tech Coordinator: Fritz von Coelln

Writing with Feedback

Every Thursday • 4 p.m.-6 p.m. • Room 21/Zoom

May 29 • June 5, 12, (19 no class), 26 • July 3, 10, 17, 24, 31

We encourage course members to read their creative works aloud—fiction, nonfiction, poetry etc. Other course members provide feedback by sharing what worked well, what might need clarification or improvement, ideas for publication etc. Respondents may also provide written feedback to the presenter. You have the opportunity to rewrite your work in response to the feedback. This course is for authors and writers interested in publishing their works. Publishing assistance is available.

Instructors/Coordinators: Keni Cox, Jeanette Reese and Fritz von Coelln

Tech Coordinator: Fritz von Coelln

PERFORMING ARTS

Classical Guitar: Beginning

Every Thursday • 4:30 p.m.-5:30 p.m. • Room 18

May 29 • June 5, 12, (19 no class), 26 • July 3, 10, 17, 24, 31

Required: A classical (nylon-stringed) guitar, a guitar footstool or other guitar support and a music stand. A guitar tuner, either standalone or a phone app, is helpful but not required.

Are you fascinated by the beauty of classical guitar? Are you interested in learning the basics of playing in the classical guitar style? If so, come join in learning note reading on the guitar and the basic left- and right-hand classical guitar techniques. You'll learn to play melodies and simple duets. The ability to read music is helpful, but not essential. Guitarists of all levels are welcome. The book, "Classical Guitar Method, Volume I" by Bradford Werner, is a free download available at <https://www.thisisclassicalguitar.com/free-classical-guitar-method-book-pdf/>. Please download and print the book before attending the first class. If you have any questions, please email the instructor at brattonja@csu.fullerton.edu.

Instructor/Coordinator: Janet Bratton

Classical Guitar: Ensemble

Every Wednesday • 4 p.m.-6 p.m. • Room 18

May 28 • June 4, 11, 18, 25 • July 2, 9, 16, 23, 30

Prerequisite: Ability to read music

Required: A classical (nylon-stringed) guitar, footstool and music stand

For anyone who would like to play a classical guitar and make music in a group, come join us! Music from the 17th century to the present will be played in the classical guitar fingerstyle method. The first half of each class will feature beginning level repertoire. The second half of each class will feature repertoire development.

Coach/Coordinator: Janet Bratton

Concert Band

Every Tuesday • 5:15 p.m.-6:45 p.m. • Shapiro ABCD

May 27 • June 3, 10, 17, 24 • July 1, 8, 15, 22, 29

Prerequisite: Ability to read music and play an instrument

Required: Instrument and music stand

Concert Dress: All black or black pants/skirt and white shirt/blouse

Materials Fee: None

Did you play an instrument in junior or high school and want to play again? This is the group for you! All levels of musicians are welcome. We will play concert, popular, symphonic and show tune music. Come join in the fun of playing music together. There will be one or two performances each semester.

Conductor: James Hartford

Coordinators: Rayleen Williams and Tom Stachelek

Crescendo Chorale

Every Friday • 12:30 p.m.-2:30 p.m. • Shapiro ABCD

May 30 • June 6, 13, 20, 27 • July (4 no class), 11, 18, 25 • August 1

Materials Fee: \$25

If you love to sing and enjoy camaraderie, then this is the place for you! The OLLI Crescendo Chorale sings together in four-part harmony, enjoying many different genres of music. Even if this is a new experience for you, come and learn to make beautiful music together in song. No auditions are required. Come one, come all!

Instructors/Conductors: Tom Hut and Marge Osborn

Accompanist: Esther Ahn

Coordinator: Amy Kernes

Drama, Improv & Storytelling

Every Thursday • 8:30 a.m.-9:45 a.m. • Shapiro CD

May 29 • June 5, 12, (19 no class), 26 • July 3, 10, 17, 24, 31

Do you want to perform better in social situations? If you desire a more confident presence, better voice expression or free and expressive body language, then you have found the right course. For those who are “closet hams,” come out and perform in broad daylight. For eager novices and experienced thespians, there is a place for you. Learn to feel more comfortable in front of an audience, maybe practice for a presentation or just have fun pretending to be someone else.

Coordinators: Mary Sampson, Edward Dunvan and Zona Gray-Blair

Beginning Violin

Every Monday • 11 a.m.-noon • Room 18

May (26 no class) • June 2, 9, 16, 23, 30 • July 7, 14, 21, 28

Required: Violin, bow and music stand

Are you an adult beginner who has been hesitant to try the violin due to its perceived difficulty? Have you dreamed about learning to play the violin? Do you crave a learning environment that offers encouragement and positive feedback? This course is designed to make learning the violin an enjoyable experience, even if you have no prior knowledge of reading sheet music. All you need is a violin and bow (which you can purchase, rent or borrow) and a music stand for an enhanced learning experience.

Instructor: Linda Parato **Coordinator:** Mickey La Casa

Jazz Band

Every Tuesday • 7 p.m.-8:30 p.m. • Shapiro ABCD

May 27 • June 3, 10, 17, 24 • July 1, 8, 15, 22, 29

Prerequisite: Intermediate/advanced musician

Required: Instrument and music stand

Concert Dress: Black pants/skirt and white shirt/blouse

Materials Fee: None

This course will emphasize learning to play jazz with opportunities for improvisation. This is an instrumental group primarily for brass, sax, drums, piano, guitar and bass. Other instruments may be considered. Music from the swing era of the '30s to '50s will be played. Contact the conductor/coordinators by visiting the class. There will be one or two performances per semester.

Conductor: James Hartford

Coordinators: Rayleen Williams and Thomas Stachelek

Learn to Play Guitar

Every Thursday • 3:30 p.m.-4:30 p.m. • Room 18

May 29 • June 5, 12, (19 no class), 26 • July 3, 10, 17, 24, 31

Required: Six-string guitar, tuner and music stand

This is a beginning guitar course. We'll start with the basics—tuning, chord shapes, basic chord progressions, rhythm and strumming patterns. You'll soon be able to play some folk songs, or maybe learn to play a favorite song! As the course progresses, we'll accommodate different learning speeds and end-goal desires, as well as address all your guitar questions. All you need is a six-string guitar, a tuner, a music stand and a desire to have fun and play music.

Instructor/Coordinator: Janet Bratton

Line Dancing: Beginner's Level

Alternate Wednesdays • 3:30 p.m.-5 p.m. • Shapiro ABCD

May 28 • June 11, 25 • July 9, 23

Line dancing is a popular means of socializing, sharpening one's memory and keeping fit. This course offers the basic fundamentals of line dance at a pace suited for the first-time dancer. The dances taught in this course will introduce the standard steps used by all professionals in the industry. All levels of dancers are welcome.

Instructor/Coordinator: Ellie Monroe **Coordinator:** Debbie Maxwell

Line Dancing: Advanced Beginners/Intermediate

Alternate Wednesdays • 3:30 p.m.-5 p.m. • Shapiro ABCD

June 4, 18 • July 2, 16, 30

Do you love to dance? Come and join us for an afternoon of music and fun. This course steps up to the next level of line dance from the beginner's level course. Current and traditional line dance will be taught at a relaxed and comfortable pace. Line dancing is a great exercise for improving balance, coordination and memory skills while burning calories at the same time! All are welcome.

Instructor/Coordinator: Ellie Monroe **Coordinator:** Nancy Bauerly

Line Dancing Workshop: Beginners/Intermediate

Every Friday • 2:15 p.m.-3:15 p.m. • KHS 202

May 30 • June 6, 13, 20, 27 • July (4 no class), 11, 18, 25 • August 1

This workshop is to offer "Line Dancing" students an opportunity to practice and reinforce line dances learned in the "Line Dancing" courses. All levels of dancers are welcome to join in. Be prepared to get an aerobic workout.

Instructor/Coordinator: Ellie Monroe **Coordinator:** Debbie Maxwell

OLLI Flash Mob Performance Rehearsals

Every Tuesday • 2 p.m.-4 p.m. • KHS 203

May 27 • June 3, 10, 17, 24 • July 1, 8, 15, 22, 29

The summer session will be used solely for rehearsals prior to performances. The dance repertoire will not be taught. Since the team dances on campus and at different venues all over Orange County, the summer session is set aside for the previous semesters' Flash Mob dancers to refine the repertoire in anticipation of scheduled performances.

Instructor and Choreographer: Jeanette Reese

Coordinators: Joanne Hardy and Fritz von Coelln

Piano Keyboard: Intro

Every Monday • 3:30 p.m.-5 p.m. • Shapiro AB

May (26 no class) • June 2, 9, 16, 23, 30 • July 7, 14, 21, 28

Required: Piano keyboard and headphones or earbuds

Do you want to enjoy music through the piano? Have you ever tried playing the piano but gave up due to the challenge of using both hands simultaneously? Are you searching for a learning environment that provides encouragement and positive feedback? This course is designed to make learning the keyboard a breeze, even if you have no prior knowledge of reading sheet music. All you need is your piano keyboard; we will guide you through the rest. Since we have different skill levels among the students, please be sure to bring earbuds or headphones to class. If you need advice on what size keyboard to bring, please contact the instructor at jim.ellie@mindspring.com.

Instructor/Coordinator: Ellie Monroe

String Ensemble

Every Thursday • 10 a.m.-noon • Room 18

May 29 • June 5, 12, (19 no class), 26 • July 3, 10, 17, 24, 31

Prerequisite: Intermediate musician

Required: String instrument, music stand and pencil

Do you play a string instrument [violin, viola, cello]? Would you like to play chamber music? If so, please join us! If you are unsure about your skill level, try us out for a couple of weeks. Please bring your instrument, a music stand and a pencil.

Instructor/Coordinator: David Doo

**Please silence your cell phone when
attending classes and programs.
Thank you!**

Strings and Things Music Jam

Every Tuesday • 1:45 p.m.-3:15 p.m. • Room 18

May 27 • June 3, 10, 17, 24 • July 1, 8, 15, 22, 29

This music jam activity course is for musicians who want to play and/or sing with other musicians and increase their repertoires. We will have an open jam format where course members will suggest tunes and songs to be played. All music will be provided via classroom notebooks and a Dropbox link. Please contact the instructor at pattymccollom96@gmail.com if you have questions. We are looking forward to our musical collaboration.

Instructor/Coordinator: Patty McCollom

Tap Dancing: Advanced

Every Friday • 9 a.m.-10:45 a.m. • KHS 202

May 30 • June 6, 13, 20, 27 • July (4 no class), 11, 18, 25 • August 1

Prerequisite: OLLI “Tap Dancing: Beginning/Intermediate”

If you have completed “Tap Dancing: Beginning/Intermediate” or have some tap experience, come and learn more skills. Join this advanced tap course for great fun and friendships! New steps become routines and in no time you will be enjoying the many dances you will learn. By learning our tap steps and routines you will become a “Snappy Tapper of OLLI.” The Snappy Tappers perform locally; however, performing is not required. For information, contact instructor Toni Hoffman at tonihoffman@sbcglobal.net.

Instructor/Coordinator: Toni Hoffman **Tech Coordinator:** Stan Hoffman

Tap Dancing: Intermediate

Every Friday • 11 a.m.-noon • KHS 202

May 30 • June 6, 13, 20, 27 • July (4 no class), 11, 18, 25 • August 1

If you have attended “Tap Dancing: Beginning,” or if you have some tap experience, please join us for a summer of Intermediate Tap. Some tappers may prefer to remain in this course. Others will use what they learn in “Tap Dancing: Intermediate” to later transition into our more advanced tap course. For more information, contact Toni Hoffman at tonihoffman@sbcglobal.net.

Instructor/Coordinator: Toni Hoffman **Tech Coordinator:** Stan Hoffman

Ukulele Summer Jam

Alternate Mondays • 3:30 p.m.-5 p.m. • Shapiro CD/Zoom

May (26 no class) • June 9, 23 • July 7, 21

No Prerequisites: This course is open to all levels of ukulele players.

We will play an assortment of music in each class. This is not designed to be a teaching course—advice and suggestions may be given, but playing together is the primary focus. Classes will be led by a rotating group of OLLI and guest instructors. Bring a ukulele, music stand and tuner.

Coordinators: Leland Akasaki, Linda Callen, Vickie Hite and Jill Patterson

Tech Coordinator: Leland Akasaki

LANGUAGES

Please **note**: “Spanish 1” is intended for beginning students from fall through summer semesters. Our other OLLI language courses are “ongoing,” i.e., they do not “start over” every year as they may in a high school or a university setting. After a year of “Spanish 1,” students have the option of moving on or to remain in “Spanish 1” as a refresher course. We do not give placement tests, so newcomers to language courses are welcome to sample classes and stay with any or all courses that suit their level of proficiency.

German 2

Every Tuesday • 12:30 p.m.-2:30 p.m. • Shapiro AB/Zoom

May 27 • June 3, 10, 17, 24 • July 1, 8, 15, 22, 29

Guten Tag und Herzlich Willkommen in der Deutschklasse!

This ongoing German course is centered on increasing fluency, expanding vocabulary and deepening the knowledge of grammar and structures. German culture, history, politics, way of life and relevant topics are common themes in the course. Authentic texts, movies, videos and German visitors add to the real-life atmosphere of the course. Handouts—provided by the instructor—will take the place of a textbook. Whether you want to expand your knowledge of German, travel to Germany or any other German-speaking country, or you just have an interest in learning about a great world culture, this OLLI German course is right for you. While many in the course have been taking it for some time, we will also target lessons so that intermediate speakers should be able to follow along and make strides in their German competence.

Instructor: Don Bradley **Coordinators:** Ken Luke and Richard Zawilski



“In addition to friendship, OLLI has given me purpose. I feel valued here. I can use my teaching skills with people who, like me, still want to learn.”

-Mary Sampson

Spanish 1

Every Thursday • 10 a.m.-11:30 a.m. • Shapiro AB

May 29 • June 5, 12, (19 no class), 26 • July 3, 10, 17, 24, 31

Prerequisite: Anyone may join the course in September. Students joining for the first time in the spring or summer need to check with the instructor on the first day of class. It is sometimes difficult to catch up in a language course once it has been running for several weeks. Some people are able to join successfully in mid-year if they already have some basic Spanish. Students are invited to try out the course and judge for themselves if it is at a useful level for them.

Spanish 1 is geared for beginners. It is a year-long course which starts anew every fall and becomes more complex in the spring and summer. The course covers basic sentence structures with speaking and listening. Phonics will be taught for reading and writing. Repeating this course in the fall is an option if space is available for new beginners. Our goal is to lay a good foundation for learning Spanish and to leave every class saying both “goodbye” and a new phrase in Spanish.

Instructor: Marjorie Mota **Coordinator:** Jackie Ryan

Spanish 4

Every Monday • 1:15 p.m.-3:15 p.m. • Room 9

May (26 no class) • June 2, 9, 16, 23, 30 • July 7, 14, 21, 28

Prerequisite: The ability to process directions in Spanish and to express opinions in group discussions.

Students will increase fluency by engaging in dialogue and interactive activities. Topics of high interest are discussed. History and culture lessons promote vocabulary development. On an as-needed basis, selected points of grammar are reviewed. Students often volunteer to present a lesson or a travel log in Spanish. This is a win-win learning situation, since speaker preparation accelerates vocabulary acquisition and, when the audience thinks on its feet by asking questions in Spanish, it mirrors the give and take of real-life conversation. New students with some fluency may join at any time.

Instructor/Coordinator: Mari-Lynne Reid



Links to Online Classes

Get links to Zoom and livestreamed classes in Class Information and Updates Newsletters or on the OLLI website at <http://olli.fullerton.edu/> (CSUF username & password required).

ECONOMICS, HUMANITIES AND SOCIAL SCIENCES

ABC's of Medicare

Designated Tuesdays • 10 a.m.-noon • Zoom/Stream-Rec

May 27 • June 3, 10

This course via Zoom highlights the importance of knowing when to sign up for Medicare to maximize your benefits and avoid late enrollment penalties. It's also essential to understand that you can modify your existing plan to better suit your specific needs. The course consists of three Medicare-related classes. The first, "Medicare Basics," is an overview of the four parts of Medicare: Part A-Hospital Care, Part B-Medical Care, Part C-Medicare Advantage, and Part D-Medicare Prescription Drug Coverage. The second, "Plan Comparisons," will break down the differences between HMO, PPO, and Supplemental/Medigap plans. The third, "Understanding Medical Bills," will provide guidance on how to interpret your medical bills, and help answer questions like, "I just received a bill from my doctor. Do I need to pay it or will my insurance company cover it?"

Instructor: Diana Dillman, Medicare Options Specialist, Live Well Insurance

Coordinator/Tech Coordinator: Tom La Casa

Exploratory Discussion Group

Every Monday • 1:15 p.m.-3:15 p.m. • Shapiro CD/Zoom

May (26 no class) • June 2, 9, 16, 23, 30 • July 7, 14, 21, 28

Every day our thoughts and actions are being scrutinized by public agencies, our government, foreign entities and data collectors. Driving these surveillance capabilities are better sensor platforms like citywide cameras, license plate readers and biometric ID systems, as well as cheap data storage and increased processing capabilities to perform data analytics. This increased surveillance is changing the relationship between the ordinary citizen and the government. From The Great Courses video series, "The Surveillance State: Big Data, Freedom, and You" explores the dilemma of government transparency and secrecy. Some of the topics covered include the "Charlie Hebdo Tragedy", "Problems with Privacy", "Drones", "Local Police and Cyber Data." Differing opinions and viewpoints are encouraged. Please join us and keep your mind active.

Coordinator/Tech Coordinator: Leland Akasaki



Suggestion Box

We want your ideas, suggestions and solutions. Just drop a note in the box in the Shapiro Lobby, or email Vickie Hite at vhite418@gmail.com.

News: Up Close and Personal

Alternate Thursdays • 10 a.m.-11:30 a.m. • Shapiro CD

May 29 • June 12, 26 • July 10, 24

This course presents enlightening discussion of the day's news, including current events, politics, law, entertainment, culture, technology, business, the economy, health and medicine, and successful living. Participants need not have similar views—just similar interests. In a world where too many talk over each other, this course emphasizes respectful exploration of the news. To enhance effective discussion, the course is offered only as an on campus option.

Moderator: Mike Stover **Coordinator:** Barbara Rosen

HEALTHY LIVING

Longevity Stick Exercises

Every Wednesday • 8:30 a.m.-9:30 a.m. • Zoom

May 28 • June 4, 11, 18, 25 • July 2, 9, 16, 23, 30

This is a Vietnamese exercise regimen consisting of a series of 12 movements done with a stick. The exercises are designed to maintain a healthy body and spirit by improving balance, flexibility, strength, mental focus and breathing capacity. For more information, go to <https://longevitystick.org>. By the second class, you will be required to have a one-inch-thick dowel the length of your outstretched arms or corresponding to your height, with rubber chair leg tips on each end. Large men may feel more comfortable with a one-and-a-half-inch-thick dowel. Materials can be purchased at any home improvement store and cut to the proper length.

Instructors/Coordinators: Nancy Bauerly and Linda Petit

Tech Coordinator: Renee Cabrera

Meditation for Everyday Life

Every Monday • 3:30 p.m.-4:30 p.m. • Zoom

May (26 no class) • June 2, 9, 16, 23, 30 • July 7, 14, 21, 28

Meditation is a simple and relaxing way of training your mind for a more joyful and peaceful life. Numerous scientific studies have shown that meditation, practiced regularly, can improve mental as well as physical well-being. Studies conducted in university labs and hospitals have shown that meditation can reduce stress, depression, anxiety and blood pressure. Meditation can also improve memory and brain function, boost the immune system and help people deal with chronic pain. Meditation is now being taught in schools and universities, hospitals, large companies and even the

military. Different kinds of meditation will be explored, including mindfulness, visualizations, meditation with sound, walking meditation and loving kindness meditation. Beginners and experienced meditators are welcome.

Instructor: Mariana Fischer-Militaru

Coordinator/Tech Coordinator: Barbara Glaeser

Tai Chi

Every Monday • 9 a.m.-10 a.m. • Room 18

May (26 no class) • June 2, 9, 16, 23, 30 • July 7, 14, 21, 28

Tai Chi has a long and distinguished tradition in exercise programs, and it continues at OLLI-CSUF. Come and exercise under the guidance of instructor Diane Globerman. Start the week with Tai Chi for health and serenity.

Textbook (optional): A suggested reference text on Tai Chi may be useful once you have learned the basic movements: “Beginning Tai Chi” by Tri Thong Dang, (ISBN-13: 978-0-804-82001-1)

Instructor: Diane Globerman **Coordinator:** Fran Doble

Tap-ercise

Every Wednesday • 9 a.m.-10 a.m. • Zoom

May 28 • June 4, 11, 18, 25 • July 2, 9, 16, 23, 30

Every Friday • 1 p.m.-2 p.m. • KHS 202/Zoom

May 30 • June 6, 13, 20, 27 • July (4 no class), 11, 18, 25 • August 1

This is a fun exercise course where tap steps are used to improve balance, coordination, strength and stamina. This is an exercise course: there are no routines to memorize and no performances. Students are taught basic tap steps, followed by more advanced steps as the course progresses. Whether you are a beginner or intermediate/advanced tapper, this course will improve your technique, increase your confidence and give you a good workout. For more information, contact Betty Loh-Chen at blohchen@gmail.com or Vickie Hite at white418@gmail.com.

Instructors/Coordinators: Vickie Hite and Betty Loh-Chen

Tech Coordinator: Vickie Hite

Tennis

Every Friday • 4 p.m.-dark • CSUF Tennis Courts

May 30 • June 6, 13, 20, 27 • July (4 no class), 11, 18, 25 • August 1

Come and join your fellow OLLI members in truly enjoyable hours of fun, exercise and non-competitive tennis. You do not have to be an expert, but some tennis skills are important. Formal lessons are not offered. Just show up and bring a can of balls, a water bottle, appropriate tennis shoes and your racket. Park in Lot A or G or the State College Parking Structure and enter through the northwest gate.

Note: Courts will not be available for use during inclement weather or CSUF tennis tournaments. Email the instructor at chandlers@hotmail.com by Thursday at 5 p.m. to confirm play on Friday.

Instructor/Coordinator: Ishwar Chanders

Yoga for the Rest of Us

Every Monday • 4:45 p.m.-6 p.m. • Zoom

May (26 no class) • June 2, 9, 16, 23, 30 • July 7, 14, 21, 28

Prerequisite: Able to do floor exercises and get up easily

Ease into yoga with this instructor, who will help you find new energy and flexibility. Yoga poses incorporate focused breathing with exercise, stretching, balance and guided relaxation. Join us for a great group experience in practicing yoga to feel better and increase flexibility.

Note: Dress comfortably and have a non-slippery yoga mat for floor work, one or two firm blankets, two foam blocks, a towel for neck support if needed and a non-stretchy strap (a man's tie will do—not the rubber stretchy gym-type straps).

Yoga is practiced barefoot, so please be prepared to take off shoes and socks. Have clothing to keep warm during the final relaxation time.

Instructor: Mariana Fischer-Militaru

Coordinator/Tech Coordinator: Barbara Glaeser

SCIENCE

Archaeology

Designated Thursdays • 2:30 p.m.-3:45 p.m. • Auditorium/Stream-Rec

June 12 • July 17

Instructor: Bonnie Shirley **Coordinator:** Renee Cabrera

Tech Coordinator: Bob Newcomb

Minoan Civilization, Part 1

June 12

Is the Minoan civilization the first civilization in Europe? What were its beginnings and how did the people reach Crete so long ago? Beginning at least 4000 years ago, it was artistic, elaborate and cultured. A trading center for the Mediterranean, it traded with and was influenced by Egypt.

Minoan Civilization, Part 2

July 17

The Minoan civilization was effectively destroyed by the eruption of Thera on the island of Santorini nearly 3600 years ago. Before that occurred, this advanced civilization developed written language and excellent plumbing, and imparted much of its art and engineering to the early Greek civilization. The legend of Theseus and the Minotaur comes from this connection.

Science for You: How Things Work

Every Thursday • 12:45 p.m.-2:15 p.m. • Auditorium/Zoom/Stream-Rec
May (29 no class) • June 5, 12, (19, 26 no class) • July 3, 10, 17, 24, 31

Continue to explore the everyday technologies that surround us in our homes and workplaces, guided by one of our favorite Great Courses lecturers, Stephen Ressler (“World’s Greatest Structures” and “Engineering Failures”). This semester, we’ll learn about everything from satellites to a few of the simple machines and gadgets that surround us in our homes. We’ll investigate cars, roads, bridges, tunnels and railroads, and the technological challenge of solid waste disposal. No background in science or engineering is needed to follow this presentation, just curiosity about the underlying simplicity of the complex systems that enhance our lives.

Instructors/Coordinators: Rick Hearn and Susan Hanna

Tech Coordinators: Paul Herrick and Ginger Barnhart

Stuff! A Life Cycle

Alternate Thursdays • 10:15 a.m.-11:45 a.m. • Auditorium/Zoom/Stream-Rec

June 5, (19 no class) • July 3, 17, 31

Stuff. We have it, we love it, we hate it. So where does it come from? How does it get to us? And where does it go when we send it “away”? Following the theme for Earth Day 2025 (Our Power, Our Planet), we’ll examine the topic of power through the lens of the four elements—earth, air, water and fire. Let’s revisit our place in nature and how we are acting as a part of an ecosystem. We can be healthier, feel better and save money.

Instructor/Coordinator: Maureen B. Latour

Tech Coordinator: Kent Morris

TECHNOLOGY

OLLI Tech Help

(No Registration Required)

Every Friday • 1 p.m.-3 p.m. • Room 20/Zoom

May 30 • June 6, 13, 20, 27 • July (4 no class), 11, 18, 25 • August 1

Need help with your computer, mobile devices or the technology you use? Visit the “OLLI Tech Help” lab, which is available virtually on Zoom and face-to-face. OLLI tech help may also be available by calling the OLLI office (657-278-2446) and leaving a message with your name, email address, the nature of your technology problem and what kind of technology device you are using (e.g., iPhone, Android smartphone, MacBook, Windows computer).

Instructors/Coordinators/Tech Coordinators: Rosalind Charles, Mark Hammel, Rick Hearn, Paul Herrick, Dorothy Johnston, Steve Kernes, Tom La Casa, Jim Monroe, Bob Newcomb, Mike Shellman and Danny Torres

SPECIAL INTEREST GROUPS AND SOCIAL PROGRAMS

Biblical Wisdom: How Cohesive? How Persuasive?

Selected Wednesdays • 10 a.m.-11:30 a.m. • Zoom

June 25 • July 2, 9, 16, 23, 30

Focused on the Hebrew Scriptures (the Old Testament), this course immerses you in biblical “wisdom,” a message-rich form with no single definition but having distinctive, compelling and unexpected viewpoints. We will explore it as a cosmic concept and conduct code, as an ancient imperative and premodern experiment, from which we will build diverse “wisdom models.” Please pre-read Proverbs and Ecclesiastes as a baseline. It is highly recommended to bring a bible of your choice to class.

Instructor: Dr. Craig Miller

Coordinator/Tech Coordinator: Dr. Ben Hubbard

Bridge, Duplicate

Every Monday • 9:15-noon • Shapiro CD

May (26 no class) • June 2, 9, 16, 23, 30 • July 7, 14, 21, 28

“Duplicate Bridge” is the oldest continuous CLE/OLLI course. We welcome all OLLI members to join us each Monday morning for a friendly and competitive game of bridge. Please arrive a few minutes early to make sure you and your partner can find a table for North/South or East/West, whichever is your preference. If you don’t have a partner, please contact one of the coordinators the week before each class. We will try, but can’t promise, to find you a partner.

Coordinators: Kent Burrell and Liz Burrell

Assistants: Dan Coby and Jeff Graham

Bridge, Intermediate

Every Friday • 8:45 a.m.-11:45 a.m. • Shapiro CD

May 30 • June 6, 13, 20, 27 • July (4 no class), 11, 18, 25 • August 1

This course is for those interested in improving their bridge in a friendly, non-competitive atmosphere. Some knowledge of bidding and play is desirable. Come join us, learn and have fun. Play of the hand hasn’t changed, but the bidding keeps evolving. We will help you with both. Emphasis will be on American Standard Bidding conventions. During each class, a short lesson will be presented to reinforce some aspect of bridge bidding or play. You don’t need a partner.

Instructor: TBD **Coordinator:** Arie Passchier

Bridge, Really Beginning Bridge and Supervised Play

Every Friday • 8:30 a.m.-11:30 a.m. • Shapiro AB

May 30 • June 6, 13, 20, 27 • July (4 no class), 11, 18, 25 • August 1

This course is for those who have never played bridge or have not played bridge for many years. During the fall semester we learned the basics of bidding. During the spring semester we will continue to enhance our bidding and playing skills. During the summer we focus on defensive play. The course follows the guidelines of American Standard Bidding recognized by ACBL. A commitment to attend as often as possible is essential to learning bridge. We also have a section for those who have played before and want to continue their practice of the game with help.

Instructor/Coordinator: Sandy Potter

Caring for Yourself and Others

Every Friday • 1:30-2:45 p.m. • Room 19

May 30 • June 6, 13, 20, 27 • July (4 no class), 11, 18, 25 • August 1

“Yesterday I was clever, so I wanted to change the world. Today I am wise, so I am changing myself.”—Rumi

This is a discussion course that uses self-enabling tools to help build and gain personal empowerment to fulfill your life. Caring and changing yourself will influence those around you. Topics are varied to include different aspects of the body, mind and spirit. Join in for a holistic view of life and how we can make changes to embody the health and happiness we all desire.

Instructor/Coordinator: Jan Friel, CCIS

Cribbage Club

Every Monday • 11 a.m.-12:30 p.m. • Shapiro AB

May (26 no class) • June 2, 9, 16, 23, 30 • July 7, 14, 21, 28*

**June 30 class location TBD*

Cribbage is a fun and challenging card game that provides good mental exercise and the satisfaction of continual skill development. It also offers opportunities for meeting new people and making conversation. This course will give experienced cribbage players a chance to play and teach beginners how to play the game.

Instructor: Tom Nichols **Coordinators:** Elaine Mitchell and Pete Saputo



“I look forward to assisting our CSUF students by empowering them to reach their educational and personal goals and help them build life skills and grow in confidence.”

-Roberta Jimenez

Introduction to Strategies of Poker

Every Thursday • 12:30 p.m.-3 p.m. • Shapiro ABCD

May 29 • June 5, 12, (19 no class), 26 • July 3, 10, 17, 24, 31

“Introduction to Strategies of Poker” instruction classes will be conducted for all levels of beginning poker players. Classes are taught at an easy pace by an OLLI instructor well-versed in the game of Texas Hold’em. Instruction will also include the history of poker, the rules and terminology of the game, the hierarchy of poker hands, and the strategy of betting and raising. Instruction will be conducted at special poker tables with casino-type poker chips and regular 52-card decks. Following the “Introduction to Strategies of Poker” classes, beginners will be invited to play with more seasoned players in the “Strategy of Poker” course, which follows. All players, seasoned and beginners, continue to hone their skills each week and become better players. This course is a lot of fun with a chance to socialize with fellow OLLI members who also enjoy the game of Texas Hold’em poker.

Instructors: Dennis Wilson, Karen Wilkins and Mike Lord

Coordinators: Jim Ertle, Sally Meert and Dennis Wilson

Looking at Theology through the Lens of Mission

Alternate Mondays • 1 p.m.-2:30 p.m. • Room 21

May (26 no class) • June 9, 23 • July 7, 21

Did you know you are a theologian? Everybody’s a theologian because we all have ideas about God, the afterlife and what God is doing. This four-session course looks at what God is doing, through the lens of mission. Mission will be defined as cross-cultural communication of the gospel. The course asks and seeks to answer: 1) What is the role of God in mission? 2) What is humanity’s role in mission? 3) What is the role of geography and migration in mission? and 4) What is the role of one’s view of the end of time and mission? We will also address the role of seniors in mission. Feel free to bring any Bible translation of your choice.

Instructor/Coordinator: Ted Proffitt



OLLI is on Facebook and Instagram

Follow activities at OLLI-CSUF:

www.facebook.com/OLLICalStateFullerton



www.instagram.com/ollicsuf

Mah-Jong Game and Strategy for You (Cantonese Version)

Every Friday • 3:30 p.m.-5:30 p.m. • Shapiro ABCD

May 30 • June 6, 13, 20, 27 • July (4 no class), 11, 18, 25 • August 1

Mah-Jong is a game of both skill and luck that originated in China many centuries ago. It was brought to the West in the 1920s and is played with four players seated around a table. Tiles are shuffled, dice are cast, and rituals involving the allocation and then the exchange of tiles begin. The first person to gather a hand of 14 tiles with five combinations and call “Mah-Jong” ends the game, whereupon tiles are scored and a winner is declared. This course introduces the beginner to the basic rules and simple strategies. Learn to play this enjoyable, social and thought-provoking game that develops pattern recognition and improves memorization, concentration and cognitive performance. Most importantly, it’s fun!

Instructor: Glenn Lee **Coordinator:** Jill Rodriguez

Phocus Photography Club

Designated Tuesdays • 1:30 p.m.-3:30 p.m. • Room 21

June 10 • July 8

Pre-registration is NOT required.

“Phocus Photography Club” is a group of amateur photographers who meet to share photos and experiences. Club meetings may start with a guest speaker, who is often a professional photographer or a highly skilled amateur. Meetings end with members sharing images they’ve taken on a recent club outing or exotic photo trip. The club tries to have one local photography field trip per month. Attend the “Phocus Photography Club” to improve your photographic skills.

Contact: Don Lueder, 562-547-8195 or Don.Lueder@csu.fullerton.edu

Coordinators: Bob Caswell, Mary Crouch, Jim DiTota, Rick Hearn, Kathleen Isenberg, Donna Judd, Don Lueder, John Price

Strategy of Poker

Every Thursday • 3:30 p.m.-5:30 p.m. • Shapiro ABCD

May 29 • June 5, 12, (19 no class), 26 • July 3, 10, 17, 24, 31

Poker is a game of skill and chance emphasizing the ability to read situations and opponents to give you the advantage in the hands you play. It is also a game utilizing statistics, where the better players are able to calculate the odds of you or your opponent winning a hand in various situations. It cannot be assumed that people who utilize statistics will be winning players, but a sound knowledge of the odds can only improve your game and give you an advantage. Sophisticated players learn strategies such as bluffing and reading an opponent’s playing characteristics. Each week, variations of poker will be introduced and practiced. We play games of Dealer’s Choice and Texas Hold’em. This course is a lot of fun with great camaraderie among the players. Some members go out to dinner together after class. Hope to see you there!

Instructor/Coordinator: Dennis Wilson

OLLI EVENTS

“A Star Spangled Celebration” Luncheon

Saturday, June 28 • Noon-3 p.m. • Shapiro ABCD

Come to “A Star-Spangled Celebration” luncheon hosted by the Hospitality Committee. Join us for a festive afternoon filled with delicious food, great company and patriotic spirit. We’ll celebrate with music and songs that showcase our country’s spirit of freedom and patriotism. Don’t miss out on the festivities—wear your red, white and blue, and let’s make this gathering one to remember!

Coordinators: Hospitality Committee

Summer Sock Hop

Saturday, August 2 • 1 p.m.-3 p.m. • Shapiro ABCD

Remember your high school sock hop? It has returned to OLLI. Join us for this fun-filled event. OLLI members and their guests will have a fantastic time reminiscing about the “Happy Days.” Have fun recreating your favorite outfit from your high school days. Enjoy a meal between the Pep Rally and Sock Hop. Dance to your favorite songs from the 1950s and 1960s with live rock and roll-era dance music. See you at the HOP! Additional information will be provided in the weekly OLLI newsletters.

Coordinators: Ellie Monroe and the Sock Hop Team Members

Fall Open House (Open to the Public)

Saturday, August 9 • 9 a.m.-noon • Ruby Gerontology Center

OLLI-CSUF invites all members and friends to join us for our annual Open House celebration for the fall semester. This in-person event will introduce OLLI to your friends and relatives who are retired or contemplating retirement. Invite them to join you at our Fall Open House, visit with our program instructors and coordinators, meet our many volunteers and learn about the 2025-2026 new and continuing programs. The Fall Open House presentation will provide information about parking rules, class attendance options (in-person, online or hybrid) and membership benefits. Following the presentation, light refreshments will be served. If you have any questions please contact us by email at olli.membership@gmail.com or phone: (657) 278-2446. Additional information will be sent out through the weekly OLLI newsletters. We are looking forward to seeing you there!



Please Recycle at OLLI

Blue recycling bins with the recycle logo have been placed throughout the Ruby Gerontology Center for paper and cardboard and empty paper, plastic, glass and metal containers. Please recycle while at OLLI.

COMMITTEE MEETINGS

Board of Trustees

Second Thursday of the Month • 8:30 a.m.-10 a.m. • Room 8/Zoom

June 12 • July 10 • August 14 • September 11

The OLLI Board of Trustees invites OLLI members to attend its monthly board meetings and learn more about OLLI business and its self-directing deliberations. Members wishing to speak on non-agenda board items are advised to notify the president and/or Executive Director in writing (including a brief description of the subject to be addressed) at least one week in advance of the meeting. Up to three minutes per speaker may be allotted within the board meeting agenda. Members are also invited to participate in the “OLLI Today and Tomorrow Forum” held monthly during the fall and spring semesters to elicit member feedback and suggestions on recent or suggested OLLI Board proposals or OLLI issues.

Chair: OLLI President, Vickie Hite

Collaboration Committee

Designated Mondays • 10 a.m.-11:30 a.m. • Zoom

June 16

OLLI-CSUF Collaboration Program offers OLLI members opportunities to share their knowledge and experience to contribute to CSUF student success. It is an important component of OLLI’s interaction with the Cal State University Fullerton campus. The committee meets to discuss our activities and plans. We welcome you to join us to learn about the variety of opportunities available to share your time and talent. Information about the OLLI-CSUF Collaboration Program can be found in the weekly OLLI newsletters and on the OLLI website at <https://tinyurl.com/OLLICSUF-Collaborations> or contact the Collaboration Committee Chair for more information.

Chair: Sue Mullaly smullaly@csu.fullerton.edu

Curriculum Committee

First Monday of the Month • 3:30 p.m.-5 p.m. • Room 8/Zoom

*June 2 • July 7 • August 4 • September 8**

**No meeting September 1 due to Labor Day*

The Curriculum Committee meets to review and discuss potential future courses. It is open to all OLLI members and consists of members designated by the committee chair and the Vice President of Programs. Bring ideas for OLLI courses or activities to these meetings! Better still, if any OLLI member would like to offer a course or knows of potential presenters, please attend these meetings to ensure that OLLI’s programs are the best they can be! Course proposal forms can be downloaded from the OLLI website at: http://olli.fullerton.edu/_resources/pdfs/CourseProposalForm.pdf.

Co-Chairs: Renee Cabrera and Sue Batie

Hospitality Committee

First Friday of the Month • 10:30 a.m.-noon • Room 8 and Zoom

June 6 • July 11 • August 1 • September 12**

**No meeting July 4 due to Independence Day; September 5 is also postponed*

The OLLI Hospitality Committee facilitates and promotes social interactions that give OLLI members opportunities for sharing their personal backgrounds and areas of knowledge outside the classroom. The committee supports the OLLI business meetings with refreshments and hosts fun-themed events, usually including a dinner or luncheon, either on or off campus. The committee is open to all members who enjoy helping others enhance the OLLI experience and provide social outlets; the only talent needed is to be fun-loving.

Chair: Lisa Sewell, Vice President Hospitality

Technology Education Committee (TEC)

Designated Wednesdays • 4 p.m.-5 p.m. • Zoom

August 6

The Technology Education Committee is dedicated to helping OLLI members make the best use of the ever-increasing technology now ubiquitous in our daily lives. Share your computer/technology expertise and teach a course or workshop, contribute to a seminar, or help to shape the technical education curriculum. The TEC welcomes member insights and expertise. Join these meetings! For more information, contact Rosalind Charles

at rozann66@gmail.com

Chair: Rosalind Charles

Transitions in Retirement (TiR) Committee

Monday, June 9 • 3:30 p.m.-4:30 p.m. • Zoom

The TiR Committee focuses on developing programs and activities for OLLI members who are still working part-time or are recently retired. This committee is anticipating a significant number of new retirees who have a different outlook on retirement than that of previous generations.

Chair: Russ MacKeand

Trips Committee

Second Wednesday of the Month • 11:30 a.m.-1:30 p.m. • Zoom

June 11 • July 9 • August 13 • September 10

The OLLI Trips Committee plans and coordinates trips of educational interest to OLLI members to locations off the CSUF campus. These trips are OLLI special events and are subject to the Special Events Registration Policy section located elsewhere in this catalog. Trips are either day trips or overnight trips. Some recent or planned day trips include Joshua Tree/Salton Sea/Palm Springs, Alaska Cruise & Land Tour and Taiwan. Members are notified of upcoming trips via the ChroniCLE, the weekly OLLI newsletters and the OLLI bulletin boards. Join our committee meetings and share ideas and interests for day and overnight trips that would be a learning experience for OLLI members. Ken Luke chairs this committee and is always interested in learning of new trips and interests.

Chair: Ken Luke

Day of the Week Index

Important: Watch the weekly newsletters and check the calendar on the OLLI website or the Shapiro lobby display to see if there have been any changes in the meeting dates, times or classrooms/venues or cancellations.

To locate class and event meeting locations, see the maps of the Ruby Gerontology Center and campus at the end of this index.

Class meeting dates when classes will not meet due to holidays or other reasons are shown as “(3 no class),” “3” being the meeting date.

Mondays

Tai Chi • Every Monday • 9 a.m.-10 a.m. • Room 18

May (26 no class) • June 2, 9, 16, 23, 30 • July 7, 14, 21, 28

Bridge, Duplicate • Every Monday • 9:15-noon • Shapiro CD

May (26 no class) • June 2, 9, 16, 23, 30 • July 7, 14, 21, 28

Collaboration Committee • Quarterly on Designated Mondays • 10 a.m.-11:30 a.m. • Zoom

June 19

Great Books • Alternate Mondays • 10 a.m.-noon • Room 21

May (26 no class) • June 9, 23 • July 7, 21

Short Stories • Alternate Mondays • 10 a.m.-noon • Room 21

June 2, 16, 30 • July 14, 28

Women Writers' Workshop • Every Monday • 10 a.m.-noon • Room 9

May (26 no class) • June 2, 9, 16, 23, 30 • July 7, 14, 21, 28

Beginning Violin • Every Monday • 11 a.m.-noon • Room 18

May (26 no class) • June 2, 9, 16, 23, 30 • July 7, 14, 21, 28

Cribbage Club • Every Monday • 11 a.m.-12:30 p.m. • Shapiro AB

May (26 no class) • June 2, 9, 16, 23, 30 • July 7, 14, 21, 28*

**June 30 class location TBD*

Kitty's Book Club • Alternate Mondays • 12:15 p.m.-2 p.m. • Zoom

June 2, 16, 30 • July 14, 28

Mystery Book Club • Alternate Mondays • 12:15 p.m.-2 p.m. • Zoom

May (26 no class) • June 9, 23 • July 7, 21

Looking at Theology through the Lens of Mission • Alternate Mondays • 1 p.m. - 2:30 p.m. • Room 21

May (26 no class) • June 9, 23 • July 7, 21

Exploratory Discussion Group • Every Monday • 1:15 p.m.-3:15 p.m. • Shapiro CD/Zoom

May (26 no class) • June 2, 9, 16, 23, 30 • July 7, 14, 21, 28

Spanish 4 • Every Monday • 1:15 p.m.-3:15 p.m. • Room 9

May (26 no class) • June 2, 9, 16, 23, 30 • July 7, 14, 21, 28

Curriculum Committee • First Monday of the Month • 3:30 p.m.-5 p.m. • Room 8/Zoom

*June 2 • July 7 • August 4 • September 8**

**No meeting September 1 due to Labor Day*

Meditation for Everyday Life • Every Monday • 3:30 p.m.-4:30 p.m. • Zoom

May (26 no class) • June 2, 9, 16, 23, 30 • July 7, 14, 21, 28

Piano Keyboard: Intro • Every Monday • 3:30 p.m.-5 p.m. • Shapiro AB

May (26 no class) • June 2, 9, 16, 23, 30 • July 7, 14, 21, 28

Transitions in Retirement (TiR) Committee • Monday, June 9
3:30 p.m.-4:30 p.m. • Zoom

Ukulele Summer Jam • Alternate Mondays • 3:30 p.m.-5 p.m. • Shapiro CD/Zoom

May (26 no class) • June 9, 23 • July 7, 21

Yoga for the Rest of Us • Every Monday • 4:45 p.m.-6 p.m. • Zoom

May (26 no class) • June 2, 9, 16, 23, 30 • July 7, 14, 21, 28

Art House Cinema • Every Monday • 5:45 p.m.-8 p.m. • Shapiro CD

May (26 no class) • June 2, 9, 16, 23, 30 • July 7, 14, 21, 28

Tuesdays

Ceramics • Every Tuesday • 9 a.m.-11:30 a.m. Shapiro ABCD

May 27 • June 3, 10, 17, 24 • July 1, 8, 15, 22, 29

Life Story Workshop • Alternate Tuesdays • 9 a.m.-noon • Zoom

May 27 • June 10, 24 • July 8, 22

ABC's of Medicare • Designated Tuesdays • 10 a.m.-noon • Zoom/Stream-Rec

May 27 • June 3, 10

The History of Broadway (Open to the Public) • Every Tuesday • 11:45 a.m.-2:15 p.m. • Auditorium/Zoom

May 27 • June 3, 10, 17, 24 • July 1, 8, 15, 22, 29

Kick Starting Your Writing • Every Tuesday • 12:15 p.m.-2:15 p.m. • Room 9

May 27 • June 3, 10, 17, 24 • July 1, 8, 15, 22, 29

German 2 • Every Tuesday • 12:30 p.m.-2:30 p.m. • Shapiro AB/Zoom

May 27 • June 3, 10, 17, 24 • July 1, 8, 15, 22, 29

Phocus Photography Club • Designated Tuesdays • 1:30 p.m.-3:30 p.m. • Room 21

June 10 • July 8

Strings and Things Music Jam • Every Tuesday • 1:45 p.m.-3:15 p.m. • Room 18

May 27 • June 3, 10, 17, 24 • July 1, 8, 15, 22, 29

OLLI Flash Mob Performance Rehearsals • Every Tuesday • 2 p.m.-4 p.m. • KHS 203

May 27 • June 3, 10, 17, 24 • July 1, 8, 15, 22, 29

Concert Band • Every Tuesday • 5:15 p.m.-6:45 p.m. • Shapiro ABCD

May 27 • June 3, 10, 17, 24 • July 1, 8, 15, 22, 29

Jazz Band • Every Tuesday • 7 p.m.-8:30 p.m. • Shapiro ABCD

May 27 • June 3, 10, 17, 24 • July 1, 8, 15, 22, 29

Wednesdays

Longevity Stick Exercises • Every Wednesday • 8:30 a.m.-9:30 a.m. • Zoom

May 28 • June 4, 11, 18, 25 • July 2, 9, 16, 23, 30

Tap-ercise • Every Wednesday • 9 a.m.-10 a.m. • Zoom

May 28 • June 4, 11, 18, 25 • July 2, 9, 16, 23, 30

Also meets every Friday.

Biblical Wisdom: How Cohesive? How Persuasive? • Selected Wednesdays • 10 a.m.-11:30 a.m. • Zoom

June 25 • July 2, 9, 16, 23, 30

Drawing for the Fun of it • Every Wednesday • 10 a.m.-noon • Shapiro ABCD/Zoom/Stream-Rec

May 28 • June 4, 11, 18, 25 • July 2, 9, 16, 23, 30

Trips Committee • Second Wednesday of the Month • 11:30 a.m.-1:30 p.m. • Zoom

June 11 • July 9 • August 13 • September 10

Watercolor Workshop • Every Wednesday • 1 p.m.-3:15 p.m. • Shapiro ABCD/Zoom/Stream-Rec

May 28 • June 4, 11, 18, 25 • July 2, 9, 16, 23, 30

Line Dancing: Advanced Beginners/Intermediate • Alternate Wednesdays • 3:30 p.m.-5 p.m. • Shapiro ABCD

June 4, 18 • July 2, 16, 30

Line Dancing: Beginner's Level • Alternate Wednesdays • 3:30 p.m.-5 p.m. • Shapiro ABCD

May 28 • June 11, 25 • July 9, 23

Classical Guitar: Ensemble • Every Wednesday • 4 p.m.-6 p.m. • Room 18

May 28 • June 4, 11, 18, 25 • July 2, 9, 16, 23, 30

Technology Education Committee (TEC) • Designated Wednesday • 4 p.m.-5 p.m. • Zoom

August 8

Thursdays

Board of Trustees • Second Thursday of the Month • 8:30 a.m.-10 a.m. • Room 8/Zoom

June 12 • July 10 • August 14 • September 11

Drama, Improv & Storytelling • Every Thursday • 8:30 a.m.-9:45 a.m. • Shapiro CD

May 29 • June 5, 12, (19 no class), 26 • July 3, 10, 17, 24, 31

News: Up Close and Personal • Alternate Thursdays • 10 a.m.-11:30 a.m. • Shapiro CD

May 29 • June 12, 26 • July 10, 24

Shakespeare Aloud • Alternate Thursdays

June 5 only • 10 a.m.-12:30 p.m. • Room 9

June (19 no class) • July 3, 17, 31 • 10 a.m.-11:45 a.m. • Shapiro CD

Spanish 1 • Every Thursday • 10 a.m.-11:30 a.m. • Shapiro AB

May 29 • June 5, 12, (19 no class), 26 • July 3, 10, 17, 24, 31

String Ensemble • Every Thursday • 10 a.m.-noon • Room 18

May 29 • June 5, 12, (19 no class), 26 • July 3, 10, 17, 24, 31

Stuff! A Life Cycle • Alternate Thursdays • 10:15 a.m.-11:45 a.m. • Auditorium/Zoom/Stream-Rec

June 5, (19 no class) • July 3, 17, 31

The New Yorker Magazine Discussion Group • Alternate Thursdays • Noon-2 p.m. • Room 9/Zoom

May 29 • June 12, 26 • July 10, 24

Poetry for Pleasure • Every Thursday • Noon-1:45 p.m. • Room 21/Zoom

May 29 • June 5, 12, (19 no class), 26 • July 3, 10, 17, 24, 31

Introduction to Strategies of Poker • Every Thursday • 12:30 p.m.-3 p.m. • Shapiro ABCD

May 29 • June 5, 12, (19 no class), 26 • July 3, 10, 17, 24, 31

Science for You: How Things Work • Every Thursday • 12:45 p.m.-2:15 p.m. • Auditorium/Zoom/Stream-Rec

May (29 no class) • June 5, 12, (19, 26 no class) • July 3, 10, 17, 24, 31

Publish Before You Perish • Alternate Thursdays • 2 p.m.-3:45 p.m. • Room 21/Zoom

June 5, (19 no class) • July 3, 17, 31

Write Now! • Alternate Thursdays • 2 p.m.-3:45 p.m. • Room 21/Zoom

May 29 • June 12, 26 • July 10, 24

Archaeology • Designated Thursdays • 2:30 p.m.-3:45 p.m. • Auditorium/Stream-Rec

June 12 • July 17

Learn to Play Guitar • Every Thursday • 3:30 p.m.-4:30 p.m. • Room 18

May 29 • June 5, 12, (19 no class), 26 • July 3, 10, 17, 24, 31

Strategy of Poker • Every Thursday • 3:30 p.m.-5:30 p.m. • Shapiro ABCD

May 29 • June 5, 12, (19 no class), 26 • July 3, 10, 17, 24, 31

Writing with Feedback • Every Thursday • 4 p.m.-6 p.m. • Room 21/Zoom

May 29 • June 5, 12, (19 no class), 26 • July 3, 10, 17, 24, 31

Classical Guitar: Beginning • Every Thursday • 4:30 p.m.-5:30 p.m. • Room 18

May 29 • June 5, 12, (19 no class), 26 • July 3, 10, 17, 24, 31

Fridays

Bridge, Really Beginning Bridge and Supervised Play • Every Friday • 8:30 a.m.-11:30 a.m. • Shapiro AB

May 30 • June 6, 13, 20, 27 • July (4 no class), 11, 18, 25 • August 1

Bridge, Intermediate • Every Friday • 8:45 a.m.-11:45 a.m. • Shapiro CD

May 30 • June 6, 13, 20, 27 • July (4 no class), 11, 18, 25 • August 1

Tap Dancing: Advanced • Every Friday • 9 a.m.-10:45 a.m. • KHS 202
May 30 • June 6, 13, 20, 27 • July (4 no class), 11, 18, 25 • August 1

Tap Dancing: Intermediate • Every Friday • 11 a.m.-noon • KHS 202
May 30 • June 6, 13, 20, 27 • July (4 no class), 11, 18, 25 • August 1

“Genreflections” Book Club • Alternate Fridays • 11:30 a.m.-
1 p.m. • Zoom
June 6, 20 • July (4 no class), 18 • August 1

Crescendo Chorale • Every Friday • 12:30 p.m.-2:30 p.m. • Shapiro ABCD
May 30 • June 6, 13, 20, 27 • July (4 no class), 11, 18, 25 • August 1

Tap-ercise • Every Friday • 9 a.m.-10 a.m. • Zoom
May 30 • June 6, 13, 20, 27 • July (4 no class), 11, 18, 25 • August 1
Also meets every Wednesday.

Hospitality Committee • First Friday of the Month • 10:30 a.m.-noon •
Room 8 and Zoom
June 6 • July 11 • August 1 • September 12**
**No meeting July 4 due to Independence Day; September 5 is also postponed*

OLLI Tech Help • Every Friday • 1 p.m.-3 p.m. • Room 20/Zoom
May 30 • June 6, 13, 20, 27 • July (4 no class), 11, 18, 25 • August 1

Caring for Yourself and Others • Every Friday • 1:30-2:45 p.m. •
Room 19
May 30 • June 6, 13, 20, 27 • July (4 no class), 11, 18, 25 • August 1

Line Dancing Workshop: Beginners/Intermediate • Every Friday •
2:15 p.m.-3:15 p.m. • KHS 202
May 30 • June 6, 13, 20, 27 • July (4 no class), 11, 18, 25 • August 1

Mah-Jong Game and Strategy for You (Cantonese Version) •
Every Friday • 3:30 p.m.-5:30 p.m. • Shapiro ABCD
May 30 • June 6, 13, 20, 27 • July (4 no class), 11, 18, 25 • August 1

Tennis • Every Friday • 4 p.m.-dark • CSUF Tennis Courts
May 30 • June 6, 13, 20, 27 • July (4 no class), 11, 18, 25 • August 1

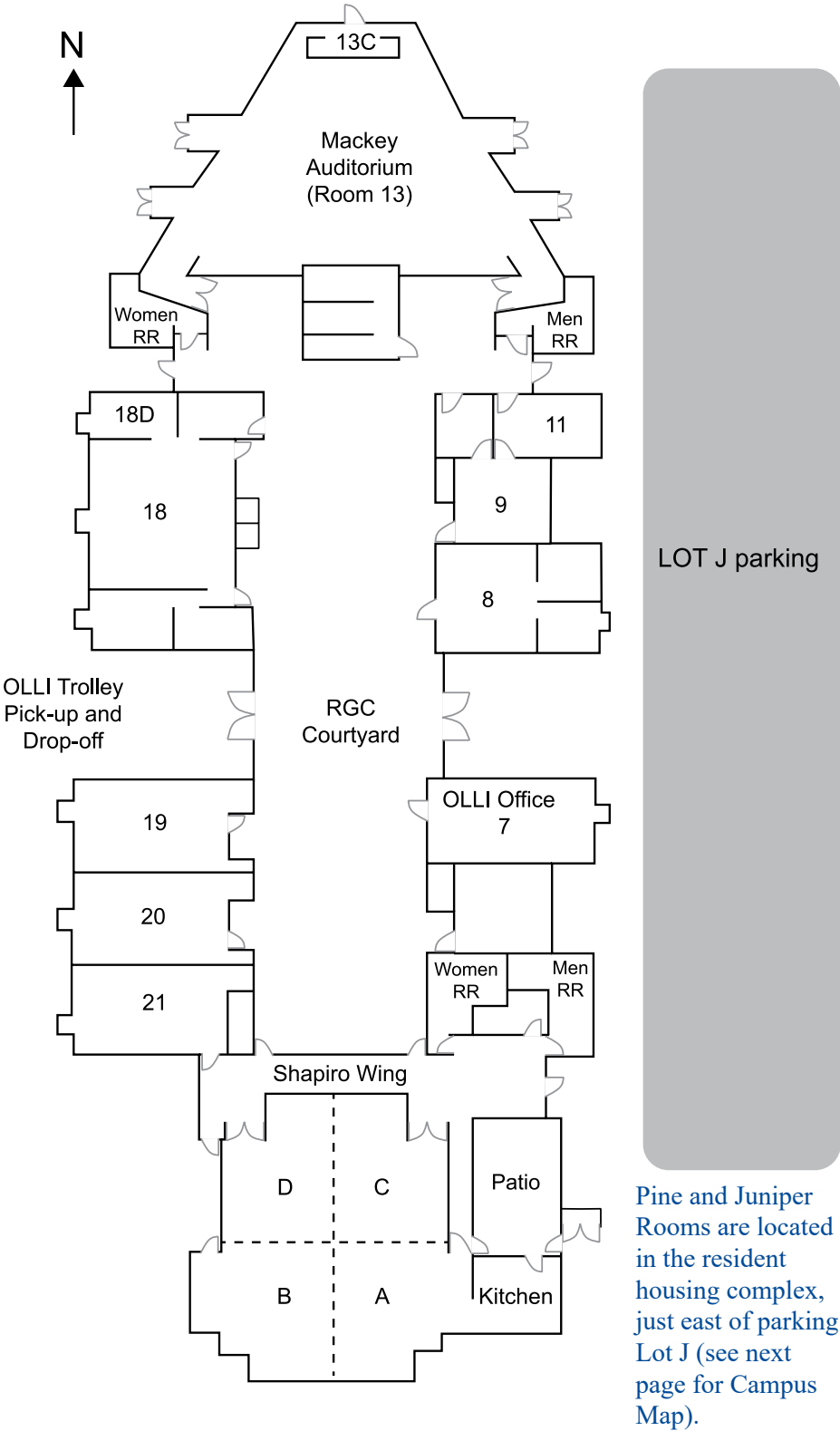
Saturdays

“A Star Spangled Celebration” Luncheon • Saturday, June 28 • Noon-
3 p.m. • Shapiro ABCD

Summer Sock Hop • Saturday, August 2 • 1 p.m.-3 p.m. • Shapiro ABCD

Fall Open House (Open to the Public) • Saturday, August 9 • 9 a.m.-noon •
Ruby Gerontology Center

Ruby Gerontology Center



Cal State Fullerton



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|------|------------------------------------|
| AD | Admissions Office |
| AF | Anderson Field |
| ASC | Auxiliary Services Corporation |
| B | Bookstore/ Titan Shop |
| CC | Children's Center |
| CJ | Carl's Jr. |
| CPAC | Clayes Performing Arts Center |
| CS | Computer Science |
| CY | Corporation Yard |
| DBH | Dan Black Hall |
| E | Engineering |
| EC | Education-Classroom |
| ENPS | Eastside North Parking Structure |
| EP | East Playfield |
| ESPS | Eastside South Parking Structure |
| GAH | Gollerhe Alumni House |
| GC | Greenhouse Complex |
| GF | Goodwin Field |
| GH | Gordon Hall |
| H | Humanities/ Social Sciences |
| HRE | Housing & Residential Engagement |
| IF | Intramural Field |
| KHS | Kinesiology & Health Sciences |
| LC | Langsdorf Hall |
| MH | Modular Complex |
| MM | McCarthy Hall |
| MS | Military Science |
| NPS | Nutwood Parking Structure |
| P | Parking & Transportation Office |
| PL | Pollak Library |
| RG | Ruby Gerontology Center |
| RH | Resident Housing |
| SCPS | State College Parking Structure |
| SGMH | Steven G. Mihaylo Hall |
| SHCC | Student Health & Counseling Center |
| SRC | Student Recreation Center |
| TDH | Titan Dining Hall |
| T | Titan House |
| TG | Titan Gymnasium |
| TH | Titan Hall |
| TS | Titan Stadium |
| TSC | Titan Sports Complex |
| TSF | Titan Softball Field |
| TSU | Titan Student Union |
| TT | Titan Tennis Courts |
| TTF | Titan Track & Field |
| UP | University Police |
| VA | Visual Arts Center |

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Experience Lifelong Learning



PHOTO BY JIM DI TOTA



PHOTO BY MATT GUSH



PHOTO BY MARY CROUCH



PHOTO BY JIM DI TOTA



PHOTO BY MARY CROUCH



PHOTO BY DIANA GUERIN

OLLI
at California State University, Fullerton
"A Continuing Learning Experience"
Ruby Gerontology Center, Room 7
P.O. Box 6870
Fullerton, CA 92834-6870
RETURN SERVICE REQUESTED

olli.fullerton.edu
olli-info@fullerton.edu
657-278-2446

MEMBERSHIP BENEFITS

WIDE RANGE OF COURSES

- Current affairs, retirement issues
- Arts: learning, doing, performing
- Languages, science, technology
- Computer/mobile, discussion
- Extensive library of class videos

HEALTHY LIFESTYLE COURSES

- Health, medical issues
- Sports, exercise, dancing

SPECIAL EVENTS/SOCIAL ACTIVITIES

- Dinners, luncheons, receptions
- Day and overnight trips
- Card & board games
- Musical entertainment

PARKING PRIVILEGES*

- Many student lots/structures
- Lot J for OLLI members only
- OLLI Trolley to/from far lots

UNIVERSITY PRIVILEGES

- Collaborate with faculty & students
- Pollak Library, student store, Wi-Fi
- Campus eating facilities
- Many CSUF athletic events free
- Audit many CSUF courses free



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**Subject to limitations. See Parking & OLLI Trolley Information.*