"A Continuing Learning Experience".

July/August 2024

Volume XLV Number 11

President's Message

By Vickie Hite, President, OLLI-CSUF

Here we are at the end of another year of classes, socials, committees and community. We will be



celebrating our 45th anniversary of lifelong learning at the start of our fall semester. I believe that our founding CLE fathers had hoped that our organization would prosper and grow, but they might be amazed at

OLLI's growth since its inception. OLLI members who share their experiences are our best form of member recruitment. So, I ask that you tell your neighbors and friends to join us at OLLI.

This growth and continued enrichment of our programs would not have been possible without the substantial support of our OLLI volunteers. Without volunteers, there would not be 97 classes planned for our new year. The social events that help to create our feeling of community would never occur. The Blue Book, the OLLI website and our outstanding Collaboration team would not exist, except for our exceptional volunteers. This a great group of members doing an amazing job at providing a meaningful experience for all our members.

So here comes the pitch. We will always need to have a steady flow of volunteers to help us create and maintain the OLLI we enjoy. So, I ask everyone to consider volunteering at some point in your OLLI journey. There are so many options to choose from. You do not need to commit to any one project for the year. This year you will see our different committees reaching out with "small asks." Perhaps we just need your help for two hours

It's Time ... Continued on Page 3

It's Time to Renew Your Membership

By Debbie Maxwell, Vice President Membership

Yes! It is time to jump on the OLLI membership bandwagon for the 2024-25 academic year that begins right around the corner on September 9. The annual renewal fee is **\$290**. The OLLI Office is already processing online renewals. Do yours today!

This year is the most exciting in years. There are about 110 programs planned for the fall semester, of which the following five are brand new offerings: "Homelessness in Orange County," "Inspiration: How Sturdy a Foundation," "Religion and Politics in the Fall Election," "Pros & Cons: California Ballot Issues 2024" and "Stuff! A Life Cycle."

Also, exciting trips are proposed for this year, including day trips to JPL, Audubon Bird Sanctuary, LA Union Station & Winery, Getty Museum and LA Mystery Tour. Overnight trips may include Boston/New England and Galapagos.

Don't forget your friends and relatives who are nearly or already retired. They, too, can enjoy all of the benefits of an OLLI membership: the chance to enjoy the same mental, physical and social opportunities that you have. And, even if they can't come to campus due to mobility limitations or living out of the area, they can still take part in the many classes that are offered on Zoom or livestreamed. Many classes are recorded so they can be viewed online in real time or later.

You and all of your interested friends and relatives are cordially invited to our festive Fall Open House on campus, Saturday, August 10, at the Ruby Gerontology Center from 9 a.m. to noon. Check the announcement in this issue of the ChroniCLE.

Renew your OLLI membership online on

It's Time ... Continued on Page 3



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Aloha, Joyce and Richard!

By Kathy Gilroy, Staff Writer

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It's always hard to say farewell when friends



move away, but saying goodbye to former OLLI President Joyce Ono and popular instructor Richard McCaman seems harder than usual as they prepare to move into their new home in Hawaii. Since joining our OLLI community twenty-some years ago,

Joyce and Richard have been active members, and their volunteerism has touched our lives and helped shape OLLI into what it is today.

For Joyce and Richard, being OLLI volunteers has brought them more than just the personal rewards that come with helping to make a difference or "giving back," it has also enabled them to forge new friendships through collaboration. Joyce has strong feelings about that, "When you volunteer in an organization like OLLI, where you have opportunities to work with others in a collaborative, supportive way, you

create a cadre of friends who share a passion." Building upon this sentiment, Richard said, "The collaborations that we have shared with our OLLI friends these past twenty years will always remain as our most rewarding and meaningful continuing learning experience."

Joyce agreed, adding, "Volunteering—where you work closely with others for a common good—is an excellent way to create the social network that we all need to thrive as we age."

Joyce's and Richard's volunteerism at OLLI has been guided in part by their own passions/interests and in part by the neuroscientific and biological expertise, computer knowledge and leadership skills that they developed during their careers in scientific research and teaching. Joyce's and Richard's careers have overlapped over the years, which has given the couple a shared framework of scientific knowledge, but each has his and her own areas of expertise.

Joyce worked in Richard's neuroscience lab in the Beckman Research Institute at the City of Hope for her postdoctoral training before moving on to teach physiology, biology and neurobiology at Cal State Fullerton. When Joyce retired professor emeritus from Cal State Fullerton's Biology Department in 2003, she made good on her personal vow to pursue art. She started off by attending the watercolor and drawing classes at CLE (renamed OLLI in 2006) and drawing classes at Cal State Fullerton. As Joyce built her artistic skills, she volunteered to fill teaching and coordinator vacancies that arose in OLLI's "Watercolor Workshop" and "Drawing for the Fun of It" courses. Collaborating with other volunteers lightened the work for all concerned and allowed Joyce's knowledge of painting and drawing to blossom further. Joyce said, "Teaching classes at OLLI that were in my areas of interest has been fun and rewarding because you always research your subject in order to present it and so you learn it well."

Richard retired from the Beckman Research Institute in 1998 and became an adjunct lecturer at Cal State Fullerton's Biology Department, where he taught computer classes and worked *Aloha, Joyce ... Continued on Page 6*

President's ...Continued from Page 1

to help set up and clean up after an event. Maybe you would like to drive the trolley for a couple of hours on a weekday morning. All of these tasks are important to our operation and help to deepen the teamwork that our organization operates on.

Volunteer opportunities are like our classes; I bet you can find a group that would interest you. If you feel the need to give back, consider joining the Collaboration team and share your life experiences and skills with CSUF students preparing to move into their professional careers. Do you have skills that can help with fund raising? We have a place for you. Do you have a passion for a subject matter that would interest other members? You could become a class instructor or coordinator. I felt that one could never have too much tap dance in their life, and I was allowed to offer an exercise class based on tap dancing.

Before this article will be published, a fantastic volunteer with great writing skills will review this piece and make kind suggestions to improve on my message. Thank you in advance. This is one of the best things about OLLI—support.

I mentioned at my installation as President in April that we should all be prepared for change this year. One of the changes I hope we see will be a rush of members wanting to add their talents and time to make our 46th year of OLLI spectacular. I look forward to spending this year with you all.

Please feel free to email me at <u>vhite418@gmail.</u> <u>com</u> with any questions or concerns.

It's Time ... Continued from Page 1

your home computer or mobile device by going to the OLLI website at http://olli.fullerton.edu/ and clicking on JOIN/RENEW, listed on the far right of the homepage. Important: After you click on Register, under Returning/Renewing Member click on Sign In. Do not create a new membership under New Member or apply for a new CWID or PIN.

When you log into the CSUF student portal with your OLLI/CSUF student ID and password, you will get the message, "Duo Mobile Activation Required." Simply click on "Call Me" and you will instantly receive a phone call. Enter the number "1" on your phone and the registration page will

open. Then, follow the registration instructions on the webpage for completing the online form.

Descriptions and meeting schedules on all programs planned for the fall semester are provided in the Blue Book Program Catalog. Links for Zoom or livestream access can be obtained from the weekly Class Information & Updates Newsletter or the OLLI website.

If you need help with the online registration process, email <u>OLLImembership@gmail.com</u> or call 657-278-4012 for assistance, either before or after the Fall Open House.

Due to high volumes, registration help will be dedicated to new members only at the Fall Open House on August 10.

We are all looking forward to seeing you here to enjoy this new year at OLLI and to benefit from all the wonderful things that OLLI offers to each and every member!

Membership Scholarship Application

By Debbie Maxwell, Chair, Scholarship Committee
Scholarships for OLLI membership are available for those having financial hardships. Applications can be requested through the OLLI office by phone or sending an email to olli-info@fullerton.edu.
Completed applications must be returned to the OLLI office no later than Friday, August 9, 2024 for the fall 2024 semester. Each applicant will be contacted to set up an interview with the committee shortly after the application due date.

Join the OLLI Communications Team! Editors Needed for OLLI Newsletters

The OLLI Communications Team is seeking primary and backup editors to assist in creating the weekly OLLI newsletters and other OLLI emails. Candidates must be comfortable using word processing programs and be willing to learn to use Constant Contact, an online marketing tool. This is an opportunity to be a part of the "behind the scenes" work that keeps OLLI members informed about classes, events and activities. If you are interested in this opportunity, please contact us at ollinewsbytes@hotmail.com.

Reflections on OLLI: Charlotte "Char" Oliva

By Alice Gresto, Staff Writer

Char came to CLE, Continuing Learning Experience (OLLI-CSUF's predecessor), after a

rather exciting life.



She was born in Cateret, New Jersey, raised in Perth Amboy, graduated from PAHS in 1948, and graduated from Douglass College (Rutgers University) in 1952 with a B.A. in French Language/Literature. She

went on to be a Fulbright Scholar in Paris in 1952-53 and married Vincent Oliva in 1953.

Char and Vince moved to San Diego in 1957, then to Buena Park in 1963 and finally to Fullerton in 1973 with their growing family, four girls and one boy. Dr. Vincent Oliva was the Chief of Radiology at West Anaheim Community Hospital. He had served on the staff for 25 years. Char took a master's degree in French language and literature at CSUF in 1982.

When asked how she became interested in CLE, Char laughed. "It was all her husband's fault," she said. Vince had retired early, in 1988 at 58 years young. Char was out delivering Meals on Wheels and was involved in other community activities. A neighbor had spoken about Betty Robertson and a program that was being developed over at the Mahr House. (Betty Robertson later became known as the Godmother of CLE ... and a best friend to Char.)

Vince was off the couch and joining friends at meetings. He loved Leo Shapiro, one of CLE's founding members and CLE's first president. Soon he was attending CLE programs every day. He became an opera lover. He could sit three hours without a break for an art about which he had known little. "He loved the music, the themes, the drama, the melodrama. Nothing got done in the house or the yard."

Char became a coordinator for the CLECAT Club. Vince was so proud of her that he bought her a new computer.

It was only after her husband's death, ten years

later, that Char began to get involved as a behind the scenes volunteer as secretary to the Board of Trustees. After Don Pease (CLE president from 1997 to 1999) and his wife left CLE, Char took over the In-Memoriam program, honoring CLE members who had passed away the prior year, and led it for 10 years.

It was difficult for Char to accept the change from CLE to OLLI in 2006. She had been on the ground floor of CLE development. She had to learn to embrace the new system, Osher Lifelong Learning Institute. With the encouragement of her friends Betty and Dave Musante (OLLI president from 2009 to 2011) she realized that OLLI would bring in more funding to help increase the size and strength of the organization. However, she insisted that our newsletter would be called the ChroniCLE, lest we forget our roots.

Char continued to work in the computer labs, learning about videos and videoing. She sang bass in the back row with the guys in the OLLI Chorale while Betty Robertson sang alto in the front row with the ladies. She has sold tickets at the front entrance of the Shapiro wing, giving information and chatting with her many friends on the way in and way out.

Tai Chi was one of her favorite classes for over ten years. She loved working out over on the Arboretum patio. Warren Wilson would bring the music, long recorded tapes of Oriental music to put one in the mood for the smooth moves made during the sessions.

Her 90th birthday celebration was Char's latest delight, as she was, "escorted to the Shapiro wing at the 90+ Club Table of Honor by young sixtyish, sweet, solicitous Hospitality Committee members."

Char's advice to new OLLI members is,"
Embrace all that looks to be the least bit interesting.
Remember Vince, a medical man, who learned to tolerate and enjoy opera. Or myself, who learned to sing bass with the guys in the back row. Give yourself a chance, you may like it!"

Editor's Note: In honor of OLLI's 45th anniversary celebration, this the first in a series of articles about some of OLLI's most revered, long-term members, giving their reflections on their experiences at OLLI over the years.

OLLI Phocus Club's 2024 Photo Contest

Fourteen Phocus Photo Club members submitted a total of 75 entries in the following categories: Animals, Architecture, People and Scenery. All club members voted online, not knowing the photos' photographers. At the May 14 club meeting, the members present voted Diana Guerin's "Sunset Run" the Best In Show Award.



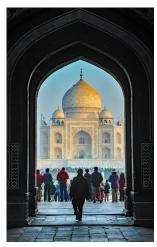
Scenery 1st: Diana Guerin's Sunset Run"



Diana Guerin Gets Best in Show From John Price



Animals First: Cathy Paulson's "Happy Family"



Architecture 1st: Mary Crouch's "First Glance"



People First: Donna Judd's "Kind Eyes"



Architecture 2nd: Mary Crouch's "Mormon Barn"



Animal's 2nd Diana Guerin's "Multitude of Monarchs"



People 2nd: Joe Barrett's "Alsuka In The Pampas"



Scenery 2nd: Kathleen Isenberg's "Oxbow Bend"

Aloha, Joyce ... Continued from page 2

with computer science students on DNA databases for a number of years. He joined CLE soon after becoming an adjunct lecturer and when he eventually retired from teaching at the university, he began pursuing his interests in photography and genealogy at OLLI by collaborating with other members to start what are now known as the "Google Photos" and "Genealogy Research" courses. Richard introduced a popular Picasa curriculum for photo editing and presented useful Google apps for analyzing personal DNA results and building family trees. His most enjoyable experiences at OLLI have included exchanging ideas with class/group participants and witnessing the rise in their knowledge, skill sets, discoveries and accomplishments.

Careers help to mold and shape us. Joyce's career honed her leadership skills, which she has put to use at OLLI by serving in a number of leadership positions. She has been a member of OLLI's Computer Education Committee, Curriculum Committee, Nomination and Election Committee, and Policies and Procedures Committee. And, she has served on OLLI's Board of Trustees as Trustee at Large, Vice President Programs, Vice President Communications, Vice President Administration and OLLI President.

Joyce's tenure as OLLI President is particularly notable because it coincided with the onset of the COVID-19 Pandemic, which necessitated OLLI's sudden and prolonged displacement from the Ruby Gerontology Center. To minimize the disruption to classes and committees and continue offering as much content as possible, Joyce collaborated with OLLI's Board of Trustees, the information technology team, instructors, coordinators and committee members to transform OLLI's class and committee formats from in-person to virtual. This feat required that everyone involved had to learn and install the new Zoom videoconferencing technology within a short period of time and then show other OLLI members how to use it. Joyce's decisive leadership in this situation was crucial to keeping OLLI in operation.

Joyce has also taught at OLLI's "Google Apps Workshops," was a coordinator for the "Transitions in Retirement Essentials" course, and together with Richard taught a Cell and Molecular Biology class for OLLI's "Exploratory Discussion Group."

Richard has drawn on his scientific and computer expertise to provide technical assistance and instruction at OLLI. He likens his efforts to "working in the background." Among his many contributions, Richard has served on OLLI's Computer Education Committee, instructed at "Google Apps Workshops," been a co-coordinator for the "Boundaries of Science" course, and established the "OLLI Tech Help" in Room 20 where, once a week, OLLI members can bring their Windows personal computers and receive free help in updating their operating systems, remedying virus problems, repairing their hardware and more.

Joyce and Richard have done a lot for OLLI, and OLLI members have held farewell parties to let Joyce and Richard know how much their friendship and support have meant and how much they will be missed once they move away. The feeling has been mutual. Joyce and Richard are deeply appreciative of the affection and good wishes that they have received and will always cherish the friends they have made and the memories they have built as members of the OLLI community.



Meet the Winners of the OLLI Awards to CSUF Students

By Elaine Mitchell, Staff Writer

This year OLLI-CSUF award and scholarship programs have been updated and broadened to better aid more very deserving aging studies students. The dollar amount of each has been increased from \$1,000 to \$1,500. The programs have also been better defined to enhance the efficiency of the process of both the awards and the scholarship.

Sue Mullaly, OLLI-CSUF Collaboration Chair, and OLLI members, Ruth Zemke, Keith Thursby and Elaine Mitchell, have the very difficult task of selecting the winners of the award and the scholarships from the very deserving student applicants. The award is given to an outstanding Master of Science in Gerontology graduate student in recognition of exceptional contributions in the field of gerontology. Two new scholarships are open to any student pursuing a minor in Aging Studies or Science. The quality of the students and their commitment to achieve and contribute to society, especially to under-served groups, is remarkable.

The 2024 Outstanding Master of Science in Gerontology Student Award goes to Lisbeth



Roberts. Lisbeth returned to school for her M.S. in Gerontology after years of working with Council on Aging Orange County and then Scan Health Plan. Her work had strengthened her dedication to aging studies, especially to

the often-underserved Latino elderly. Lisbeth's work ethic and dedication have kept her reaching for her goals as family problems, mental health issues, the responsibilities of a single mother, and a full-time job weighed heavily on her shoulders. Her enthusiasm is still driving her commitment to creating positive change in the world.

Lisbeth's teachers and professors recognize her as a "passionate scholar who sincerely desires to help older adults through direct service and program implementation." They enthusiastically recommend her and are "honored" by the opportunity to do so.

Lisbeth's children are 22, 20 and 15. What a wonderful example of a good life their mother has given them.

The two winners of the Aging Science Scholarships, funded through the OLLI Philanthropic Foundation, are undergraduates, Reilly Burns and Nora Mahmoud.

Reilly Burns' first year as a full-time student



at CSUF was almost overwhelming, even though she had her family's support. She says, "I knew deep in my heart I wanted something big to do with my life and I held onto the dream of becoming a physician assistant."

By her second year, Reilly

discovered some campus resources. She forced herself out of her comfort zone to explore different organizations where she could participate. She found and joined CSUF's Eta Sigma Gamma, public health honor society, and also Physician Assistants Coming Together (PACT). While contributing to these organizations, she felt more like she deserved to be on the campus.

Reilly, still looking for more, heard "research" and was intrigued. NIH was funding a new two-year program, MSTEM STAR (Students Trained in Aging Research). The program was designed for just six STEM students from various backgrounds. As a public health major, she interviewed and was accepted into the first cohort of CSUF MSTEM students. The program goals seem a perfect fit; Reilly is feeling confident in her direction. She also has a future personal goal of visiting every National



Nora Mahmoud says her curiosity about everything led her to find herself when she went to school. Academics would answer all her questions and she kept finding more to ask and learn. Her knowledge search went across every opportunity; by high school she was

Meet the Winners ... Continued on page 8

Appointments to the OLLI Board



Phil Barnhard was appointed for another year as Parliamentarian at the May 9 meeting of the Board of Trustees. Phil has been Parliamentarian for many years, and this appointment was to officially confirm his continuing position on the

Board of Trustees.

Ann Sparks (below left) was appointed Treasurer to serve until May 2025, replacing Vickie Hite who resigned to be elected President.

Annette Lauritzen was appointed Trustee at Large to serve until May 2025, replacing Jim Di Tota who resigned to be elected Vice President Communications.





Join the OLLI Communications Team! Editors Needed for OLLI Newsletters

The OLLI Communications Team is seeking primary and backup editors to assist in creating the weekly OLLI newsletters and other OLLI emails. Candidates must be comfortable using word processing programs and be willing to learn to use Constant Contact, an online marketing tool. This is an opportunity to be a part of the "behind the scenes" work that keeps OLLI members informed about classes, events and activities. If you are interested in this opportunity, please contact us at ollinewsbytes@hotmail.com.

Meet the Winners ... Continued from page 7

participating in science Olympiad and marching band and found biological science a never-ending field of growth.

In college, Nora looked for research opportunities and found the new MSTEM STAR program which was an excellent fit for her curiosity. This led to her participation in the Louis-Stokes Alliance for Minority Participation (LSAMP and being awarded LSAMP Scholar by the College of Natural Science and Mathematics. This summer she is conducting research at UCI under Dr. Michael Rose. Nora's work in these programs has provided her the opportunity to present at the Southern California Academy of Sciences conferences.

Nora has also been on the dean's honor list every semester since beginning at CSUF. She is known among her friends for her stylish wardrobe which she says proudly is due to a talent at thrifting. Her personal playlist is over 500 tunes across every genre; and she plays great saxophone. Won't Nora be an amazing doctor?

I feel honored, and I hope you do too, that as an OLLI member we help these smart, hard-working students further their knowledge and services to our community. The future is in good hands.



OLLI members view a "forest" of Joshua trees during an overnight Joshua Tree and San Andreas Fault Trip to the desert. The photo was taken by trip coordinator Fran Dobley.

Fall Open House Saturday, August 10, 9:00 a.m.-Noon

OLLI-CSUF invites all members and friends to join us for our annual Open House celebration for the fall semester. This in-person event will introduce OLLI to your friends and relatives who are retired or contemplating retirement. Invite them to join you at our Fall Open House, visit with our program instructors and coordinators, meet our many volunteers and learn about the 2024-2025 new and continuing programs.

The Fall Open House presentation will provide information about parking rules, class attendance options (in-person, online or hybrid) and membership benefits. Following the presentation, light refreshments will be served.

If you have any questions, please contact us by email at olli.membership@gmail.com or phone: 657-278-4012. Additional information will be sent out through the weekly OLLI newsletters. We are looking forward to seeing you there!

What's Happening at the Board

By Chris Shaw, Editor

Following are highlights from OLLI's Board of Trustees meetings on May 9 and June 13, 2024:

- In the May meeting, newly elected OLLI President Vickie Hite presented her Priority Goals for the upcoming year: 1) Member recruitment and volunteer recruitment and retention; 2) Bringing back community and fun to OLLI; 3) Administering the 2024-25 budget; 4) Planning the Open House and 5) Celebrating OLLI's 45th anniversary.
- Phil Barnhard was reappointed as Parliamentarian for another year.
- Ann Sparks was appointed Treasurer.
- Annette Lauritzen was appointed Trustee at Large.
- A new ad hoc OLLI Volunteer Plan
 Committee was formed to expand the
 volunteer base, address volunteer burnout,
 promote volunteer recognition and advertise
 volunteer opportunities.
- VP Membership Debbie Maxwell formed the Lunch Brigade to sponsor events to

- encourage members to get together over lunch in the RGC courtyard.
- VP Hospitality Lisa Sewell is seeking volunteers for the year's eight hospitality events.
- VP Administration Bob Kovacev and VP External Relations are co-chairing the ad hoc Membership and Revenue Committee to recruit and maintain members.
- Additional funds were approved to purchase equipment for Mackey Auditorium to record videos for OLLI's Distance Learning library.
- In the June meeting, accounting assistant, Ying Lu, resigned as of June 14 after seven years in the OLLI office. Recruiting has begun for her replacement.
- The first Lunch Brigade in the courtyard was successful, with 40 members in attendance, and more events will be scheduled.
- OLLI-CSUF Collaboration had their annual planning meeting with CSUF associate deans on June 24.
- A refresh of the OLLI website is planned to make it more appealing and user friendly.
- Thirty-one new members were registered for the summer session. OLLI's membership total is now 1,149.
- Inventories of printed materials are being reviewed and monitored to reduce future print quantities to eliminate waste.
- Procedures for trips and special events are being reviewed to determine how to use resources to assure they are not forced to be cancelled or lose money.
- A new Volunteer Recruitment and Retention Plan was approved to train volunteers, maintain a volunteer database, provide pop-up recognition events and follow up on volunteer interest submitted with members' online registration form.
- Standard, annual volunteer forms were sent out for all OLLI volunteers to complete.
 Next year they will be totally electronic.
- Fall Open House planning has begun.
- New CSUF President, Ron Rochon, will start on July 22.
- Lot J paving & upgrade will be announced shortly.



OLLI

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"A Continuing Learning Experience"

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If you still have trouble receiving emails from OLLI, send an email to <u>ollinewsbytes@hotmail.com</u> and include your name and email address.

How to Get the ChroniCLE by Email - Save Trees and Stamps:

Unless you elected not to receive emails from OLLI, you are currently receiving an email each month announcing the new ChroniCLE for the upcoming month with links to view or download the publications. You can also access the most recent ChroniCLEs through links in the weekly OLLI newsletters and on the OLLI website.

If you are receiving the ChroniCLE in the mail, but no longer want it mailed to your home, send an email to <u>olli-info@fullerton.edu</u> with **your name and address** stating: "Do **not** send me a ChroniCLE in the mail." If you ever need the printed version, copies are always available in the OLLI office.

If you Need to Contact OLLI

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