

at **Fullerton**

LEARN IN RETIREMENT



FALL OPEN HOUSE

Saturday, August 10 9:00 a.m. - Noon

Cal State Fullerton
Ruby Gerontology Center
Auditorium

Join us for informative presentations and exhibits.

- Overview of courses and activities.
- On-site registration.
- Free parking with shuttle service from State College Parking Structure.

TRY US FREE OF CHARGE* - PROGRAMS OPEN TO THE PUBLIC

THE HISTORY OF AMERICAN MUSIC: HOLLYWOOD MUSICALS

May 28 • June 4, 11, 18, 25 • July 2, 9, 16, 23, 30

FOURTH OF JULY CELEBRATION AND VETERANS RECOGNITION

June 28





* The programs listed above are available at no charge to the public. Parking on campus is free on weekends. Monday through Friday, visitors may purchase hourly or daily permits at http://parkmobile.io/. If you are not yet an OLLI member, please go to the OLLI website at http://olli.fullerton.edu and click on Welcome to OLLI. Sign up for the free Open to the Public Newsletter to get information on when these programs are offered and options for attending in person or virtually.







For additional information:

- Call 657-278-2446 or 657-278-4307
- Email: olli-info@fullerton.edu
- Visit olli.fullerton.edu
- Follow us on Facebook at facebook.com/OLLICalStateFullerton and on Instagram at instagram.com/ollicsuf

Cover Photo: Bonnie Schiebe (left) & Diana Guerin by Mary Crouch



Osher Lifelong Learning Institute

at California State University, Fullerton "A Continuing Learning Experience"

Blue Book Program Catalog

This catalog gives the full program descriptions and class meeting schedules of all courses and events (programs) offered by OLLI-CSUF for the summer 2024 session. Some programs require pre-registration, prerequisites, fees, book purchases or other requirements, which are listed with their program descriptions. Please check for any special requirements before attending the class or event.

Printed copies of this catalog are available in the OLLI office and it is available digitally on the OLLI website at https://olli.fullerton.edu under View Current Catalog. Descriptions of new programs that may be introduced during the semester are published in the weekly newsletters and the ChroniCLE and listed under Classes/Activities on the OLLI website. Topics and details of individual class meetings and events not shown in this catalog will be published in the newsletters and on the OLLI website.

Program Meeting Schedules

The program descriptions give the dates, times and venues of all class meetings and events offered during the semester. All dates, times and venues are subject to change or cancellation. Watch OLLI's newsletters and check the OLLI website for any changes before coming to campus.

All changes to class and event meeting schedules are listed at the top of the Class Information and Updates Newsletter each Saturday for the following week. If a class or event during that week has a last-minute change after the newsletter is published, a stand-alone email notification will be sent to all members, if possible.

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Kev Dates

May 27: Memorial Day, campus/ office closed

May 28: First day of summer session

June 19: Juneteenth, campus, office closed

July 4: Independence Day, campus/office closed

August 2: Last day of summer session

August 10: Open House

The website is updated on a daily basis, so its calendars are the most up to date. To check for updates from your home computer, tablet or smartphone, go to the OLLI website at http://olli.fullerton.edu and click on Calendars. The Today at OLLI calendar lists the classes and events for the current day, and you can scroll up or down to see previous or subsequent days. On the calendar page, you can click on the options in the upper right corner of the screen to view the calendars for the week, month or day (Agenda).

You can also check for updates from your smartphone or other mobile device by using this QR code, which will take you to the Today at OLLI calendar.



Open your camera and aim it at the QR code. Don't take the picture; your device will automatically scan the QR code. Wait for a message to pop up linking to the calendar and tap on that message, and the Today at OLLI calendar will open on your screen.

The video display in the Shapiro lobby shows the same Today at OLLI calendar that is updated daily, getting its information feed directly from the website calendar. If you want a printed daily calendar, you may pick up a one-page, printed copy of the current month's calendar in the OLLI office. This calendar is not updated daily, so check the Shapiro display or the OLLI website for updates.

Attending Live Programs Online

OLLI uses both the Zoom app and livestreaming through the internet to deliver some courses, committee meetings and events online as an in-person alternative. The links to join these programs can be obtained from OLLI's weekly Class Information and Updates Newsletter or from the OLLI website under ZOOM COURSE IDs/LINKS or LIVESTREAM/RECORDINGS (you'll need your CSUF username and password).

To attend a Zoom program, an account is recommended but not required. Anyone can attend by using their laptop or desktop (Windows or Mac), tablet or smartphone (Apple or Android), or regular telephone. However, be sure to use your full name when signing in to facilitate taking attendance. If you haven't used Zoom before, allow yourself about 10 minutes to set it up before your first use. If you use a laptop or desktop, the first time you click on a link, it will ask you to download a free Zoom app on your computer. If you are planning to use a tablet or smartphone, you'll want to download the free Zoom app ("Zoom Cloud Meetings") from your app store. More information and sources for help with Zoom are available on the OLLI website under ZOOM HELP.

Livestreaming is similar to Zoom, except you don't need an app—you just need access to the internet. Clicking on the livestream link takes you to a webpage where you choose the current meeting from a list. Unlike Zoom, you will not see the other attendees and the instructor can't see or hear you, but you can type a message into the chat box. All livestreamed classes are recorded and available to view after the meeting. For more information on livestreaming see OLLI Livestreaming FAQs. An informational video and class recordings are on the OLLI website under LIVESTREAM/RECORDINGS.

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Yoga for the Rest of Us

Distance Learning Classes

OLLI members may have days when they can't get to campus, when parking availability is difficult or when their favorite classes are running concurrently, forcing them to miss a class. Selected classes are recorded and archived on the OLLI website for members to stream online at their leisure. Many videos are currently available to watch, and more are added each week. To access the video collection go to the OLLI website at http://olli.fullerton.edu and click on LIVESTREAM/RECORDINGS under MORE INFORMATION on the home page.

Transitions in Retirement Programs for the newly retired and almost-retired

New retirees or those approaching retirement have a special place at OLLI. Transitions in Retirement (TiR) is a series of programs for persons preparing for this next phase of their lives. Whether still working or not, you may not have enough weekday time to benefit from all OLLI courses. Transitions in Retirement addresses that with classes more to your convenience on weekends and during early morning, late afternoon and evening hours.

"Transitions in Retirement Essentials" classes on Saturday mornings during the fall and spring semesters are open to the public at no charge. This gives you a chance to sample what OLLI has to offer. Topics cover a wide range, from financial planning to health issues. Other TiR classes do require OLLI-CSUF membership. TiR offerings are specially marked in our course listings, and you can read more about our program on our website at http://olli.fullerton.edu under Transitions in Retirement on the home page.

OLLI-CSUF Collaboration OLLI + CSUF students + Faculty = Collaboration

Through the OLLI-CSUF Collaboration program, OLLI members share their life experiences and skills with members of the university community—to the benefit of all.

Opportunities include tutoring, mentoring, evaluating and sharing expertise with CSUF classes and individuals in both academic and career/professional pursuits. CSUF students and faculty benefit from our members' accumulated knowledge and wisdom, and OLLI members enjoy the intellectual stimulation, the opportunity to remain productive and "giving back" to the community.

Learn how to get involved under Other Activities in this booklet, and on our website at http://olli.fullerton.edu under the VOLUNTEER tab.

Please silence your cell phone when attending classes and programs.

Thank you!

OLLI Trips

The OLLI Trips Committee plans and coordinates trips of educational interest to OLLI members to locations off the CSUF campus throughout the year. Trips are not scheduled with a routine occurrence and are not finalized in time to be listed in this catalog. OLLI members are notified of upcoming trips via the weekly newsletters, the ChroniCLE and other media. Trips are of two types: day trips and overnight trips. Some recent or proposed day trips include Hollywood Bowl, Motion Picture Academy Museum and JPL. Some recent or proposed overnight trips include Alaska Cruise, Palm Springs/Joshua Tree and Boston/New England. Trips are subject to the Special Events Registration Policy section of this catalog. If you have ideas for future trips, bring them to the Trips Committee meetings (see Committee Meetings under the Program Descriptions section).

Auditing Cal State Fullerton Courses

One of the most valuable OLLI benefits is the privilege to audit any CSUF course, free of any tuition fees, with the instructor's permission and approval from the OLLI office. OLLI members don't receive any official, academic credit from the University, but they enjoy the benefit of a world-class education, participating with University students. This privilege is not available during the summer session.

Go to the OLLI website at http://olli.fullerton.edu and click on AUDITING_CLASSES for step-by-step instructions to enroll through OLLI. This webpage provides links to the CSUF course catalog and schedule of classes for each semester. You will be asked to complete a form and submit it to the OLLI office, who will obtain instructor approval to attend your course(s) of choice. If approved, you will receive confirmation from the instructor, and later, information on how to access the class.

Parking & OLLI Trolley Information

Please consult the campus parking map following this section for parking locations. OLLI-CSUF members may park in some CSUF student lots and parking structures as listed below. All members are issued virtual parking permits, and parking is monitored electronically. Hang tag permits are no longer used on the CSUF campus.

Lot J, adjacent to the Ruby Gerontology Center (east side), is available exclusively for OLLI permit holders Monday through Thursday until 6 p.m., and Friday until 6 p.m. Lot J is particularly convenient for our members with mobility concerns, so we ask that you keep this in mind when considering where to park.

When Lot J is full, Lots G and A provide a pleasant walk. An OLLI Trolley ride to the RGC is available during published days and hours. Lot G is located on the SW corner of Associated Road and Yorba Linda Blvd next to Goodwin Field. Lot A is located on the SE corner of Yorba Linda Blvd. and State College Blvd.

Do not park in the Arboretum parking lot, even if your class is held at the Arboretum (such as Longevity Stick and Tai Chi). If you have an OLLI class at the Arboretum, park in **Lot G**. Arboretum parking space is very limited. Continued parking there by OLLI members could result in the loss of access to this wonderful facility for OLLI classes.

OLLI Trolley. The OLLI Trolley is available during spring and fall semesters (no summer service) to transport members between Lots G and A and the RGC, although many members prefer to walk. See the OLLI Trolley operating times under <u>PARKING AND OLLI TROLLEY</u> on the OLLI website at http://olli.fullerton.edu. If you're interested in volunteering as an OLLI Trolley driver, please apply in the OLLI office.

By the Alphabet: CSUF Lot Availability for OLLI Members:

- Lot A: OLLI permits are valid in most of Lot A. Please check signs before parking. Do not park in Lot A-South, because this is a faculty-staff parking lot.
- Lot D: OLLI permits are NOT valid.
- Lot G: OLLI permits and daily parking permits are valid.
- Lot H: Parking is for the disabled and faculty/staff only. The four disabled parking stalls are available to qualified OLLI members. Please see Disabled Parking below.
- Lot J: available exclusively for OLLI permit holders Monday through Thursday until 6 p.m., and Friday until 5 p.m.
- Nutwood and State College Parking Structures: OLLI permits are valid.
- Eastside North and Eastside South Parking Structures: OLLI permits are NOT valid.
- Student Housing Lot and Arboretum Lot: OLLI permits are NOT valid.

Parking Enforcement

OLLI permits are registered by each member's automobile license plate and cannot transferred or lent. A parking citation will be issued to a vehicle that is not registered with a virtual parking permit, and the member may lose the privilege to receive another OLLI permit, indefinitely.

If your vehicle is issued a parking citation and you wish to contest it, you may file an administrative review online at https://csufparking.t2hosted.com/Account/Portal.

Disabled Parking

OLLI members with DMV-issued disabled parking placards may park in disabled stalls located in Lot J and in Lot H (Lot H is on the immediate west side of the Ruby Gerontology Center) and in Lot G (south side, across from the OLLI Trolley stop). Members must display their placard when parked in a disabled stall.

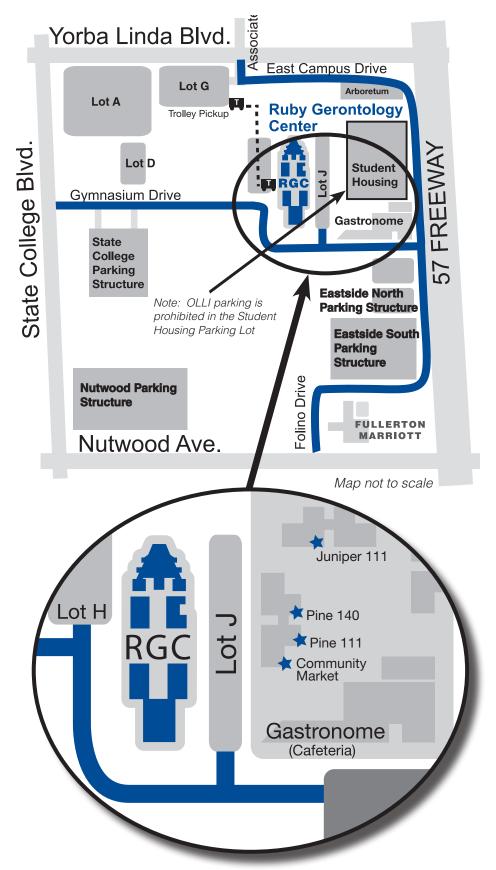
Visitor Parking

Single-day, virtual parking permits (currently \$10.00) may be purchased through the Park Mobile app on your cellphone (credit cards only) at http://parkmobile.io/. Physical paper parking permits, which were previously purchased through vending kiosks, are no longer issued. Visitor permits are valid in all student parking lots and structures, but are not valid in Lot J, adjacent to the RGC, nor the student housing lot. Permits are not required Fridays after 5 p.m. nor on Saturdays and Sundays.

General Information

Campus parking information is available on the CSUF Parking and Transportation Services webpage at https://parking.fullerton.edu. OLLI members may call the Parking Office at 657-278-3082, or visit the walk-up window Monday through Friday, between the hours of 8 a.m. and 5 p.m., or send an email to parking@fullerton.edu.

Ruby Gerontology Center Parking



Special Events Registration Policy

Who goes? How are they chosen?

Special events are open to members only. Should an event not fill by the stated deadline, non-members may register with OLLI approval.

Registration for a special event begins on a date assigned by the OLLI office. This date is approximately one week after the mailing of the ChroniCLE first announcing the event. Payments and coupons for a special event will be accepted at the time of registration. Registration forms will be entered on a first-come, first-served basis. Forms submitted by mail (post office or electronic) prior to the date of the beginning of registration will be entered at the end of the first day of registration. Once an event is full, a waiting list will be created, also on a first-come, first-served basis.

The OLLI office notifies only those individuals who could not be included in an event, and refunds their payments. If you want confirmation that you have been included on the list for an event, check the event lists posted on the bulletin board outside the OLLI office.

Refunds of payments of those who are registered for an event but are unable to attend will be made as long as no cost is incurred by the organization. A registered participant who is unable to attend an event should notify the OLLI office at least two business days before the event. If there is a waiting list for the event, a replacement will be registered from the waiting list, and a refund will be made to the participant who is unable to attend.

If you have any questions regarding the special events policy, please contact the OLLI office at 657-278-2446.

Notes on Curriculum / Format / Frequency

Courses fall into these general categories: The Arts; Languages; Economics, Humanities and Social Sciences; Healthy Living; Science; Technology; and Special Interest Groups and Social Programs. OLLI's Curriculum Committee considers member requests in the planning of each semester's offerings.

Class formats include those in which members learn from each other, as well as guest lecturers such as community leaders, university professors and other leading authorities. All courses and programs are coordinated by OLLI members.

Lecture/Discussion courses and programs may include instructors, as well as guest lecturers and presenters. Presentations are generally followed by a coffee break and a "Q and A" session.

"Study" courses, such as language and literature, are enhanced by some study or work outside class.

Frequency varies, so be sure to check your Blue Book for class meeting times, days and dates.

Other programs include special events, field trips and other activities, some of which require a modest payment.

Blue Book Editorial Staff

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Notice of Disclaimer

OLLI-CSUF presents programs of interest for general guidance only. It does not engage in rendering legal, medical, financial or other professional advice and services. Due to the changing nature of laws, rules and regulations, and because the application and impact of laws can vary widely based on the specific facts involved, there may be omissions or inaccuracies in information presented by OLLI-CSUF. Therefore, information presented in an OLLI-CSUF program should not be used as a substitute for consultation with a professional legal, medical, financial or other competent adviser. Before making any decision or taking any action, program participants should consult a professional legal, medical, financial or other competent adviser.

All information is provided "as is," with no guarantee of completeness, accuracy, timeliness or of the results obtained from the use of the information, and without warranty of any kind, express or implied, including, but not limited to warranties of performance, merchantability and fitness for a particular purpose. Neither OLLI-CSUF nor its information providers will be responsible to any program participant or anyone else for any decision made or action taken in reliance on the information presented by OLLI-CSUF, or for any consequential, special or similar damages, even if advised of the possibility of such damages.

PROGRAM DESCRIPTIONS

The classes and events (programs) in this catalog may be offered: 1) inperson on campus; 2) via Zoom videoconference; 3) livestreamed through the internet or 4) a combination of in-person and online, i.e., hybrid. Hybrid programs may be either synchronous—offering both in-person and online (Zoom and/or livestream) simultaneously for participants to choose from, or nonsynchronous—alternating class meetings between in-person and online meetings.

Courses offering a choice of multiple venues will list those choices together divided by a slash (/). For example, if you have a choice of attending in person in Room 21 or Zoom or livestream, it will appear as Room 21/Zoom/Stream. A choice of Zoom or livestream will appear as Zoom/Stream.

Watch OLLI's weekly newsletters and other emailed announcements and check the OLLI website for up-to-date information on changes in class or event meeting dates, times or venues (including Zoom and livestream) or cancellations.

THE ARTS

FINE ARTS AND CRAFTS

Ceramics

Every Tuesday • 9 a.m.-11:30 a.m.• Shapiro ABCD

May 28 • June 4, 11, 18, 25 • July 2, 9, 16, 23, 30

Materials Fee, Summer: \$60

Pre-registration Required: Contact the instructor at janann@sbcglobal.net

Come join us for a morning of fun, laughter, sharing and learning. The basic hand building techniques of clay will be taught—pinch pots, coil and slab—with many additional ideas. The experience will go far beyond your expectations! Beginners and (seasoned) experienced students are welcome! Please contact Janann at janann@sbcglobal.net if you plan to attend.

Instructor: Janann Zechmeister

Coordinators: Patricia Dapkus, Jim DiTota, Waldene Henkhaus and

Jill Patterson

Emerita: Desiree Engel

Drawing for the Fun of It

Every Wednesday • 10 a.m.-noon • Shapiro ABCD/Zoom *May 29 • June 5, 12, (19 no class), 26 • July 3, 10, 17, 24, 31*

Drawing is a skill that anyone can learn, but first you need to learn how to see as an artist sees. The course will use demonstrations and videos to facilitate developing your drawing skills along with help from instructors and

coordinators. Gather your pencils, paper or sketchbook and eraser to learn to do something you've always wanted to do but didn't think you could! Advanced students may continue to work in different drawing media. Check out the resources webpage for this class for more information: http://olli.fullerton.edu/exclusive/classes/the_arts/DrawingForTheFunOfItResources.php

Instructors/Coordinators: Jeff Layton, Sharon Brown, Carol Carson, Emma Cox, Jill Dayton, Jodell Gray, Stevie Johnston, Marsha Linsley, Joyce Ono and Michael Shellman and Sandy Wessel

Tech Coordinators: Tom La Casa, Joyce Ono and Michael Shellman

Watercolor Workshop

Every Wednesday • 1 p.m.-3:15 p.m. • Shapiro ABCD/Zoom *May 29 • June 5, 12, (19 no class), 26 • July 3, 10, 17, 24, 31*

This course is an open workshop for all levels of watercolor artists. In alternate weeks, members or guests will lead class projects. Members share what they have learned in workshops or experimental techniques. We will share our paintings and have opportunities to review completed work or work in progress. At any of our sessions you are free to work on your own projects if you choose to do so. Check the OLLI website:

http://olli.fullerton.edu/classes/the_arts/WatercolorResources.php and look for additional information about our activities and resources. Come and join us in a relaxed, supportive environment to pursue your artistic passions!

Instructors/Coordinators: Marion Brockett, Sharon Brown, Carol Carson, Emma Cox, Maggie Giles, Barbara Glaeser, Jodell Gray, Stevie Johnston, Mickey La Casa, Joan Lebsack, Marsha Linsley, Joyce Ono, Mary Sampson, Michael Shellman, Sandy Wessel and guest instructors

Tech Coordinators: Tom La Casa, Joyce Ono and Michael Shellman

ART APPRECIATION

Art Exhibitions on Screen

Alternate Tuesdays • 2 p.m.-4 p.m. • Shapiro CD/Zoom June 4, 18 • July 2, 16, 30

Art Exhibitions are back again—with more great artists, great paintings and great guides! What could be a better way to learn? Come and join us on virtual visits to art exhibitions across the globe. This summer includes works from the mid-1600s through the 20th Century and highlights "Vermeer: the Greatest Exhibit." High quality films from the "Exhibition on Screen" series will be shown. These exhibition-based art films originally ran in select theaters around the world. Film content usually focuses on a single artist, at a single exhibition, with relevant background and supporting works added. Art historians and exhibit curators lead the way. Gentle attention is given to key paintings. Join in the open discussion after the film. Please check the OLLI newsletters for the specific film to be shown at each class.

Instructor: Judy Alter Coordinator: Sue Batie
Tech Coordinators: Susan Hanna, Rick Hearn, Ginger Barnhart and
Joyce Ono

Art House Cinema

Every Monday • 5:45 p.m.-8 p.m. • Shapiro CD

May (27 no class) • June 3, 10, 17, 24 • July 1, 8, 15, 22, 29

If you enjoy watching and discussing vintage and new foreign, independent and documentary films, join us to watch a series of thought-provoking films. Check the weekly OLLI newsletters for information on each week's film. Note that some films may run later than the scheduled end time.

Instructor/Coordinator: Mary Sampson

Critics' Choice: The Movies

Every Friday • 9:15 a.m.-11:45 p.m. • Shapiro AB

May 31 • June 7, 14, 21, 28 • July 5, 12, 19, 26 • August 2

Movie fans will enjoy this course. At the beginning of each class, previews of newly released films are shown. We check with class members to see if anyone has been to the movies and wants to give a recommendation, then a feature length film is shown. It could be a box office hit, a foreign film or a sleeper that did not play in our area. If you like going to the movies, this program is something to look forward to every week. Check the weekly OLLI newsletters for information on each week's film. It's also on display next to the OLLI office and the bulletin boards in Shapiro AB. Come join us!

Instructor/Coordinator: Claire Curran Coordinator: Ann Chadbourne

Silver Screen: Summertime at the Movies

Alternate Wednesdays • 9:30 a.m.-noon • Mackey Auditorium June 5, (19 no class) • July 3, 17, 31

In each class, we view a documentary about one of the Hollywood greats, followed by one of their best films. Check the weekly OLLI newsletters for information about each film.

Instructor/Coordinator: Claire Curran *Coordinator:* Ann Chadbourne

The History of American Music: Hollywood Musicals (Open to the Public)

Every Tuesday • 11:45 a.m.-2:15 p.m. • Mackey Auditorium/Zoom *May 28 • June 4, 11, 18, 25 • July 2, 9, 16, 23, 30*

In this course, you can take an active part in choosing the musical films you would like covered during this summer offering. This course will feature film versions of some of your favorite Broadway Musicals and the Hollywood Musical films that were produced during the period of 1920s through the 1950s. We will watch the film and discuss the story line, inspiration and facts that created the film's stories, and the background of the music created. We have 10 weeks, so please send the instructor a list of ten musicals you would like considered. The most requested musicals will be those featured in this class. Send your list to Ellie Monroe at: monroe.ellie@gmail.com. This is a summer only class offering.

Instructor/Coordinator: Ellie Monroe Coordinator: Jim Medici

Tech Coordinators: Jim Monroe and Sue Batie

LITERARY ARTS

Authors' Central OLLI-CSUF (ACOC)

Alternate Thursdays • 2 p.m.-3:45 p.m. • Room 21/Zoom

May 30 • June 13, 27 • July 11, 25

ACOC encourages authors and prospective authors to pool resources to promote their books and publications. Authors will participate in marketing, organizing promotional events, issuing press releases, collaborating in research and training, creating articles for and maintaining social media, applying guerrilla marketing and more. Book signings and readings are scheduled each semester. Publishing assistance is available.

Coordinators: Fritz von Coelln and Bob Kovacev

Tech Coordinator: Fritz von Coelln

Book Clubs

Like reading books and talking about life and happiness? Then these could be the groups for you. We come together for one common interest—books. Yet, in exploring the stories or history together, we will discover we have so much more in common as well. We try to find new areas to branch into each month. We may invite OLLI authors with manuscripts ready for publication. We don't break the stories down clinically, piece by piece. Instead, we prefer to discuss the story in general terms and how it relates to us. There are three separate clubs to choose from—see below.

"Genreflections" Book Club

Alternate Fridays • 11:30 a.m.-1 p.m. • Zoom

June 7, 21 • July 5, 19 • August 2

This course is for those who enjoy reading and discussing fiction. We will explore a variety of novels representing various genres, such as travel fiction, historical fiction, coming-of-age fiction and domestic fiction. Our first selection for the 2024 summer session is "The Tale of Halcyon Crane" by Wendy Webb; this novel fits into the genre "spirited away by the supernatural." Books for the remainder of the semester will be determined by the course attendees during the first meeting.

Instructor: Andrea Tarr *Tech Coordinator:* Rosalind Charles

Kitty's Book Club

Alternate Mondays • 12:15 p.m.-2 p.m. • Zoom

June 3, 17 • July 1, 15, 29

Our Book Club loves exploring different themes in discussing fiction books. Our members generate the list of books we read prior to the first meeting of the semester. The first book selected for the summer semester will be "The Wager" by David Grann. Please read the book and join our discussion.

Coordinators: Lisa Sewell and Juanita Driskell

Mystery Book Club

Alternate Mondays • 12:15 p.m.-2 p.m. • Zoom

May (27 no class) • June 10, 24 • July 8, 22

Mystery Books is a category of reading that is well established by the reading public. Authors such as Agatha Christie and characters such as Sherlock Holmes and Miss Marple are well known. Mystery Books are so popular that they have separate awards for excellence, humor etc. The OLLI Mystery Book Club meets and discusses a mystery book selected by Club members. The first two books selected for the summer are "The House of Silk" by Anthony Horowitz and "Golden Gate" by Amy Chua. Please read "The House of Silk" before our first meeting. Subsequent book selections will be determined during the first meeting.

Coordinators: Patrick Boyle and Sandy Potter

Great Books

Alternate Mondays • 10 a.m.-noon • Room 21

May (27 no class) • June 10, 24 • July 8, 22

This course explores literature recommended by the Great Books Foundation. The group is made up of individuals who love to read and partake in lively discussions. Discussion leadership rotates among class participants. Join the discussion in finding deeper meaning behind the printed words. Our opening selection will be the complete book "Jane Eyre" (Penguin editions preferred). After that, students will complete reading selections from our "Great Conversations 3" anthology. Ultimately, we will begin selections from "Taking Action," edited by Adam Davis. Discussion questions from The Great Books Foundation will be available for all selections. Selections will be described in the weekly OLLI newsletters. Please read the selection before each class. Come and try a class—you may be pleasantly surprised!

Instructor: Judy Alter *Coordinator:* Gary Wolfe

Kick Starting Your Writing

Every Tuesday • 12:15 p.m.-2:15 p.m. • Room 9

May 28 • June 4, 11, 18, 25 • July 2, 9, 16, 23, 30

• Do you want to do some writing but don't know

- Do you want to do some writing but don't know how to start? Have you written in your younger days and now would like to recover some of that earlier fire? Would you like to write but are afraid to try? Then we invite you to "Kick Starting Your Writing."
- Do you simply want to share what you have written and get encouragement and feedback? Then we invite you to "Kick Starting Your Writing."
- Have all of your writing experiences been practical, work oriented or technical? Do you wonder how to spark your imagination in order to write? Then we invite you to "Kick Starting Your Writing."

Instructor: Ron Baesler **Coordinator:** Ann Casas

Life Story Workshop

Alternate Tuesdays • 9 a.m.-noon • Zoom

May 28 • June 11, 25 • July 9, 23

Pre-registration Required: If you are interested in attending a new session, contact Kathy Collier at kathyloucollier@gmail.com.

This warm, supportive course is where you can begin writing down the stories of your life for your family. Share your stories and listen to the stories of others in your small reading group—a powerful experience, connecting with others through their stories. Discover a treasure trove of ideas for writing two-page life stories. This workshop involves a commitment to attend regularly and write a story every two weeks.

Coordinators: Alice Gresto and Kathy Collier

Tech Coordinators: Zona Gray-Blair and Patricia Silvestri

Poetry for Pleasure

Every Thursday • Noon-1:45 p.m. • Room 21/Zoom

May 30 • June 6, 13, 20, 27 • July (4 no class), 11, 18, 25 • August 1

Our poetry course is for people who love poetry. We listen to it, read it and even perform it. We take turns leading the class and featuring a poet or theme during the first hour. Then, in the second hour, we do potpourri when we read any poem we wish. Be assured that if you join us, you don't have to write poetry yourself. You just enjoy it. Come join us, it's fun!

Coordinators: Juanita Driskell, Alice Gresto and Mary Sampson

Tech Coordinator: Fritz von Coelln

Shakespeare Aloud

Alternate Thursdays • 10 a.m.-noon • Room 9

June 6, 20 • July (4 no class), 18 • August 1

In a restructured class, we will focus on one play each semester. Outside lectures on DVD will help develop an understanding of the play and Shakespeare's creative genius. Students will then read the play aloud, alternating parts, providing their own copy. Finally, where possible, the class will view a DVD of professional actors performing the play.

The summer session will feature lectures available on DVD to explain how to better appreciate Shakespeare and spotlight themes in his plays. This summer will feature the John Barton tapes (director of the Royal Shakespeare Theater) on "Playing Shakespeare" which is about understanding the text in order to perform it.

Coordinators: Sandra Wodicka and Stephanie Beverage

Short Stories

Alternate Mondays • 10 a.m.-noon • Room 21

June 3, 17 • July 1, 15, 29

Do you enjoy reading but would like an alternative to book clubs that read full-size novels? Then "Short Stories" may be the right course for you. In each class we discuss two stories that are to be read prior to class from the short story anthology that is currently being used. This summer we will continue with readings from "Small Odysseys: Selected Shorts Presents 35 New Stories," Ed. by Hannah Tinti. A reading list schedule for the semester will be sent to each class member and the current stories to be read for that week will be listed in the OLLI newsletter.

Coordinators: Janet Genow and Sybil Shecter

Tech Coordinator: Gary Wolfe

The New Yorker Magazine Discussion Group

Alternate Thursdays • Noon-2 p.m. • Room 9/Zoom

May 30 • June 13, 27 • July 11, 25

The New Yorker is renowned for its in-depth reporting and cultural commentary. Articles from other sources, including The Atlantic, Harper's Magazine, The New York Times and Los Angeles Times may also be included in our class discussions. Subscriptions to these publications are not required. Class members will receive links to the articles to be discussed in advance of the class meeting.

Coordinators: Edward Dunvan, Gerri McNenny and Linda Lockwood

Tech Coordinator: Jim Monroe

Women Writers' Workshop

Every Monday • 10 a.m.-noon • Room 9

May (27 no class) • June 3, 10, 17, 24 • July 1, 8, 15, 22, 29

This course will create a judgment-free creative writing space and a supportive, nurturing writing community for women writers. We will offer writing prompts in a variety of different formats designed to inspire and generate creativity and participants will share their writing (500 words or less). Prompts for writing at home as well as in-class writing will be offered. Writers will also have the opportunity to offer segments of their creative short stories in progress for feedback. In this course, we will find our voices, expand our writing horizons, and share our stories as we write, share, explore and discover our writing and learn from each other.

Facilitators/Coordinators: Cheryl Perreira and Kenni Blossom

Write Now!

Alternate Thursdays • 2 p.m.-3:45 p.m. • Room 21/Zoom

June 6, 20 • July (4 no class), 18 • August 1

This course is for members who just want to write essays, memoirs, letters to the editor, poems or stories. We provide you the opportunity to practice writing by writing. You will be provided a topic and you have two weeks to write about it (or you may write about your own subject matter). We encourage you to share your writing in class—we ask that articles be held to about 500 words. Come join us to just write, write, write and read—it's lots of fun!

Coordinators: Fritz von Coelln and Rich Williamson

Tech Coordinator: Fritz von Coelln

Writing with Feedback

Every Thursday • 4 p.m.-6 p.m. • Room 21/Zoom

May 30 • June 6, 13, 20, 27 • July (4 no class), 11, 18, 25 • August 1

We encourage class members to read aloud their creative works—fiction, nonfiction, poetry etc. Other class members provide feedback by sharing what worked well, what might need clarification or improvement, ideas for publication etc. The respondents may also provide written feedback to the presenter. You'll have the opportunity to rewrite your work in response to the feedback. This course is for authors and writers interested in publishing their works. Publishing assistance is available.

Instructors/Coordinators: Keni Cox, Jeanette Reese and Fritz von Coelln *Tech Coordinator:* Fritz von Coelln

PERFORMING ARTS

Classical Guitar: Beginning

Every Thursday • 4:30 p.m.-5:30 p.m. • Room 18

May 30 • June 6, 13, 20, 27 • July (4 no class), 11, 18, 25 • August 1

Required: Nylon string guitar, a guitar footstool or other guitar support, and a music stand. A guitar tuner, either standalone or a phone app, is helpful but not required.

Are you fascinated by the beauty of classical guitar? Are you interested in learning the basics of playing in the classical guitar style? If so, come join in learning note reading on the guitar and the basic left- and right-hand classical guitar techniques. You'll learn to play melodies and simple duets. The ability to read music is helpful, but not essential. Guitarists of all levels are welcome. The book, "Classical Guitar Method, Volume I" by Bradford Werner, is a free download available at https://www.thisisclassicalguitar.com/free-classicalguitar-method-book-pdf/. Please download and print the book before attending class. If you have any questions, please email the instructor at brattonja@csu.fullerton.edu.

Instructor/Coordinator: Janet Bratton

Classical Guitar: Ensemble

Every Wednesday • 4 p.m.-6 p.m. • Room 18

May 29 • June 5, 12, (19 no class), 26 • July 3, 10, 17, 24, 31

Required: A classical (nylon-stringed) instrument, footstool and music stand

For anyone who would like to play a classical guitar and make music in a group, come join us! Music from the 17th century to the present will be played in the classical guitar fingerstyle method. It is important that the student can read music. The first half of each class will feature work on guitar playing technique and expanded music reading skills. The second half of each class will feature repertoire development.

Coaches/Coordinators: Janet Bratton, Alice Gresto and Suzi Attal

Concert Band

Every Tuesday • 7 p.m.-8:30 p.m. • Shapiro ABCD

May 28 • June 4, 11, 18, 25 • July 2, 9, 16, 23, 30

Prerequisite: Ability to read music and play an instrument

Required: Instrument and music stand

Concert Dress: All black or black pants/skirt and white shirt/blouse

Materials Fee: None

Did you play an instrument in junior or high school and want to play again? This is the group for you! All levels of musicians are welcome. We will play concerts, popular, symphonic and show tune music. Come join in the fun of playing music together. There will be one or two performances each semester.

Conductor: James Hartford

Coordinators: Rayleen Williams and Tom Stachelek

Drama, Improv & Storytelling

Every Thursday • 8:30 a.m.-9:45 a.m. • Shapiro CD

May 30 • June 6, 13, 20, 27 • July (4 no class), 11, 18, 25 • August 1

Do you want to perform better in social situations? If you desire a more confident presence, better voice expression or free and expressive body language, then you have found the right course. For those who are "closet hams," come out and perform in broad daylight. For eager novices and experienced thespians, there is a place for you. Learn to feel more comfortable in front of an audience, maybe practice for a presentation or just have fun pretending to be someone else.

Coordinators: Mary Sampson, Edward Dunvan and Zona Gray-Blair

Jazz Band

Every Tuesday • 5:15 p.m.-6:45 p.m. • Shapiro ABCD

May 28 • June 4, 11, 18, 25 • July 2, 9, 16, 23, 30 **Prerequisite:** Intermediate/advanced musician

Required: Instrument and music stan

Concert Dress: Black pants/skirt and white shirt/blouse

Materials Fee: None

This course will emphasize learning to play jazz with opportunities for improvisation. This is an instrumental group primarily for brass, sax, drums, piano, guitar and bass. Other instruments may be considered. Music from the swing era of the '30s to '50s will be played. Contact the conductor/coordinators by visiting the class. There will be one or two performances per semester.

Conductor: James Hartford

Coordinators: Rayleen Williams and Thomas Stachelek

Learn to Play Guitar

Every Thursday • 3:30 p.m.-4:30 p.m. • Room 18

May 30 • June 6, 13, 20, 27 • July (4 no class), 11, 18, 25 • August 1

Required: Six-string guitar, tuner and music stand

This is a beginning guitar course. We'll start with the basics—tuning, chord shapes, basic chord progressions, rhythm, and strumming patterns. You'll soon be able to play some folk songs, or maybe learn to play a favorite song! As the course progresses, we'll accommodate different learning speeds and end-goal desires, as well as address all your guitar questions. All you need is a six-string guitar, a tuner, a music stand, and a desire to have fun and play music.

Instructor/Coordinator: Janet Bratton

Line Dancing: Beginner's Level

Alternate Wednesdays • 3:30 p.m.-5 p.m. • Shapiro ABCD

May 29 • June 12, 26 • July 10, 24

Line dancing is a popular means of socializing, sharpening one's memory and keeping fit. This course offers the basic fundamentals of line dance at a pace suited for the first-time dancer. The dances taught in this course will introduce the standard steps used by all professionals in the industry. All levels of dancers are welcome.

Instructor/Coordinator: Ellie Monroe

Coordinators: Mickey La Casa and Debbie Maxwell

Line Dancing: Advanced Beginners/Intermediate

Alternate Wednesdays • 3:30 p.m.-5 p.m. • Shapiro ABCD June 5, (19 no class) • July 3, 17, 31

Do you love to dance? Come and join us for an afternoon of music and fun. This course steps up to the next level of line dance from the beginner's level course. Current and traditional line dance will be taught at a relaxed and comfortable pace. Line dancing is a great exercise for improving balance, coordination and memory skills while burning calories at the same time! All are welcome.

Instructor/Coordinator: Ellie Monroe Coordinator: Nancy Bauerly

Line Dancing Workshop: Beginners/Intermediate

Every Friday • 2:30 p.m.-3:30 p.m. • KHS 202

May 31 • June (7 no class), 14, 21, 28 • July 5, 12, 19, 26 • August (2 no class) This workshop is to offer "Line Dancing" students an opportunity to practice and reinforce line dances learned in the "Line Dancing" courses. All levels of dancers are welcome to join in. Be prepared to get an aerobic workout.

Instructor/Coordinator: Ellie Monroe

Coordinators: Debbie Maxwell & Mickey La Casa

OLLI Flash Mob

OLLI Flash Mob • Every Tuesday • 2 p.m.-4 p.m. • KHS 202

May 28 • June 4, 11, 18, 25 • July 2, 9, 16, 23, 30

No Prerequisites: All dancers welcome

The OLLI Flashers never fail to entertain a crowd. We've danced for Brea Mall, the City of Fullerton and even ABC TV. Come and learn our new dances and review/learn our repertoire of previous Flash Mob dances. You don't need to be a pro ... just a senior who wants to have fun. Join us as we dance on campus and at different venues all over Orange County. Let's set the stage on fire!

Instructor and Choreographer: Jeanette Reese *Coordinators:* Fritz von Coelln and Jeanette Reese

Piano Keyboard: Intro

Every Monday • 3 p.m.-4:30 p.m. • Shapiro AB

May (27 no class) • June 3, 10, 17, 24 • July 1, 8, 15, 22, 29

Required: Piano keyboard

Do you want to enjoy music through the piano? Have you ever tried playing the piano but gave up due to the challenge of using both hands simultaneously? Are you searching for a learning environment that provides encouragement and positive feedback? This course is designed to make learning the keyboard a breeze, even if you have no prior knowledge of reading sheet music. All you need is your piano keyboard; we will guide you through the rest.

Instructor: Ellie Monroe *Coordinators:* Mickey La Casa and Glenn Lee Osher Lifelong Learning Institute

Summer 2024 Activities

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String Ensemble

Every Thursday • 10 a.m.-noon. • Room 18

May 30 • June 6, 13, 20, 27 • July (4 no class), 11, 18, 25 • August 1

Prerequisite: Intermediate musician

Materials Fee: None

Do you play a string instrument [violin, viola, cello]? Would you like to play chamber music? If so, please join us! If you are unsure about your skill level, try us out for a couple of weeks. Please bring your instrument and music stand.

Instructor/Coordinator: David Doo

Strings and Things Music Jam

Every Tuesday • 1:45 p.m.-3:15 p.m. • Room 18 *May 28 • June 4, 11, 18, 25 • July 2, 9, 16, 23, 30*

This music jam activity course is for musicians who want to play and/or sing with other musicians and increase their repertoires. We will have an open jam format where class members will suggest tunes and songs to be played. All music will be provided via a Dropbox link. Please contact Patty McCollum at pattymccollom96@gmail.com if you have questions. We are looking forward to our musical collaboration.

Instructor/Coordinator: Patty McCollom

Tap Dancing: Intermediate

Every Friday • 11 a.m.-noon • KHS 202

May 31 • June 7, 14, 21, 28 • July 5, 12, 19, 26 • August 2

If you have attended the Beginner's Tap Class, or if you have some tap experience, please join us for a summer of Intermediate Tap. Some tappers may prefer to remain in this course. Others will use what they learn in "Tap Dancing: Intermediate" to later transition into our more advanced tap class. For more information, contact Toni Hoffman at tonihoffman@sbcglobal.net.

Instructor/Coordinator: Toni Hoffman Technical Coordinator: Stan Hoffman

Tap Dancing: Advanced

Every Friday • 9 a.m.-10:45 a.m. • KHS 202

May 31 • June 7, 14, 21, 28 • July 5, 12, 19, 26 • August 2

Prerequisite: OLLI "Tap Dancing: Beginning"

If you have completed "Tap Dancing: Beginning" or have some tap experience, come and learn more skills. Join this advanced tap course for great fun and friendships! New steps become routines and in no time you will be enjoying the many dances you will learn. By learning our tap steps and routines you will become a "Snappy Tapper of OLLI." The Snappy Tappers have performed locally; however, performing is not required. For information, contact instructor Toni Hoffman at tonihoffman@sbcglobal.net.

Instructor/Coordinator: Toni Hoffman Technical Coordinator: Stan Hoffman

Ukulele Summer Jam

Alternate Mondays • 3:30 p.m.-5 p.m. • Shapiro CD/Zoom

May (27 no class) • June 10, 24 • July 8, 22

No Prerequisites: This course is open to all levels of ukulele players

We will play an assortment of music in each class. This is not designed to be a teaching class—advice and suggestions may be given, but playing together is the primary focus. Classes will be led by a rotating group of OLLI and guest instructors. Bring a ukulele, music stand and tuner.

Coordinators: Leland Akasaki, Linda Callen, Vickie Hite and Jill Patterson

Tech Coordinator: Leland Akasaki

Voci d'Oro Chorale

Every Friday • Noon-2 p.m. • Shapiro CD

May 31 • June 7, 14, 21, (28 no class) • July 5, 12, 19, 26 • August 2

Materials Fee: \$20

If you love to sing and enjoy camaraderie, then this is the place for you! The OLLI Chorale sings together in four-part harmony, enjoying many different genres of music. Even if this is a new experience for you, come and learn to make beautiful music together in song. No auditions are required. Come one, come all!

Instructors/Conductors: Tom Hut and Marge Osborn

Accompanist: Esther Ahn Coordinator: Amy Kernes



Class Calendars on the OLLI Website

- Bookmark the OLLI website http://olli.fullerton.edu on your mobile device
- Populate your personal calendar with OLLI classes and events from the website
- Check what's happening at OLLI on your mobile phone or tablet
- Changes in class and event times, dates and classrooms are updated on website calendars

LANGUAGES

Please note: "Spanish 1" is intended for beginning students from fall through summer semesters. Our other OLLI language courses are "ongoing," i.e., they do not "start over" every year as they may in a high school or a university setting. After a year of "Spanish 1," students have the option of moving on to "Spanish 2" or to remain in "Spanish 1," taking it again as a refresher course. We do not give placement tests, so newcomers to language courses are welcome to sample classes and stay with any or all courses that suit their level of proficiency.

German

Every Tuesday • 12:30 p.m. • Shapiro AB/Zoom May 28 • June 4, 11, 18, 25 • July 2, 9, 16, 23, 30 Guten Tag und Herzlich Willkommen in der Deutschklasse!

This ongoing German course is centered on increasing fluency, expanding vocabulary and deepening the knowledge of grammar and structures. German culture, history, politics, way of life and relevant topics are common themes in the course. Authentic texts, movies, videos and German visitors add to the real-life atmosphere of the course. Handouts—provided by the instructor—will take the place of a textbook. Whether you want to expand your knowledge of German, travel to Germany or any other German speaking country, or you just have an interest in learning about a great world culture, this OLLI German course is right for you. While many in the course have been taking it for some time, we will also target lessons so that intermediate speakers should be able to follow along and make strides in their German competence.

Instructor: Don Bradley Coordinators: Ken Luke and Richard Zawilski

Spanish 1

Every Thursday • 10 a.m.-11:30 a.m. • Shapiro AB

May 30 • June 6, 13, 20, 27 • July (4 no class), 11, 18, 25 • August 1

Instructor permission required for students joining the ongoing summer session course.

This course is for beginners, but, in practice, students with some previous study or exposure to Spanish may discover that lessons for beginning students refresh memories and provide needed practice.

"Spanish 1" is a year-long course that starts from the beginning every fall. It then builds on the first semester as it continues in spring and summer. It does not start over every semester. Beginning students will learn basic sentence structures with listening and oral practice. Phonics will be taught for reading and eventually for use in writing short passages with familiar vocabulary. After completing a year of Spanish 1, students may wish to move on to Spanish 2. Anyone who chooses to repeat this course is welcome to do so if space remains available for beginners. Our goals are: 1. Lay a good foundation for learning Spanish. 2. After one year to be ready to move on to Spanish 2.

Instructor: Marjorie Mota **Coordinator:** Jackie Ryan

Spanish 4

Every Monday • 1:15 p.m.-3:15 p.m. • Room 9

May (27 no class) • June 3, 10, 17, 24 • July 1, 8, 15, 22, 29

Prerequisite: Spanish 3, or a conversational level of Spanish, with the ability to process directions in Spanish and to express opinions in group discussions **Goals:** Students will increase fluency by engaging in dialogue and interactive activities conducted in Spanish.

Class format: Every week a different member of the group takes a subject having to do with Spanish and Spanish American culture/history and presents it to the class. In the second half of the class, the same member presents a lesson on some phase of Spanish grammar and vocabulary. We often end the class by reading aloud a publication in Spanish on current events, with questions and comments.

Instructor/Coordinator: Marjorie Mota



Did You Know?

Continuing Learning Experience (CLE), now OLLI, held its first day of classes on September 18, 1979 with 40 members. Three classes were offered that day at Mahr House, now the George Golleher Alumni House located next to the State College Parking Structure.



ECONOMICS, HUMANITIES AND SOCIAL SCIENCES

American Magazine: News, Politics, Economics, Law

Alternate Tuesdays • 10:15 a.m.-11:45 a.m. • Mackey Auditorium/Zoom June 4, 18 • July 2, 16, (30 no class)

This course explores contemporary current events and consumer and business economics, including the 2024 elections, Supreme Court decisions, and policies, politics and challenges facing President Biden. Classes will focus on "cover stories" ripped from the headlines and presented in-depth for analysis and fact checking. Use of multimedia aids and presentation of issues in a style that is designed to be both educational and (occasionally) entertaining differentiate this course.

Instructor: Mike Stover *Tech Coordinator:* Jay Messner

Coordinator: Sue Batie

Exploratory Discussion Group

Every Monday • 1:15 p.m.-3:15 p.m. • Shapiro CD/Zoom *May (27 no class) • June 3, 10, 17, 24 • July 1, 8, 15, 22, 29*

We conclude The Great Courses' "Great Trials in World History" and begin "Understanding the Misconceptions of Science." Differing opinions and viewpoints are encouraged. Please join us and keep your mind active.

Coordinator/Tech Coordinator: Leland Akasaki

News: Up Close and Personal

Alternate Thursdays • 10:15 a.m.-11:30 a.m. • Shapiro CD *May 30 • June 13, 27 • July 11, 25*

This course presents enlightening discussion of the day's news, including current events, politics, law, entertainment, culture, technology, business, the economy, health and medicine, and successful living. Participants need not have similar views—just similar interests. In a world where too many talk over each other, this course emphasizes respectful exploration of the news. To enhance effective discussion, the course is offered only as an on-campus program.

Moderator: Mike Stover and guests *Coordinator:* Barbara Rosen

The ABC's of Medicare (New Class)

Three Wednesdays • 1 p.m.-2:30 p.m. • Zoom *May 29 • June 5, 12*

This is an educational event via Zoom, highlighting the importance of knowing when you can sign up for Medicare in order to get the most out of your Medicare benefits and avoid late enrollment penalties. It's also important to know that you can change or amend your existing plan to better meet your specific needs. There will be 3 Medicare-related sessions covering what you need to know when you turn 65. The ABC's of Medicare are: Part A-Hospital Care, Part B-Medical Care, Part C-Medicare Advantage and Part D-Medicare Prescription Drug Coverage Plans. Questions to consider: What monthly plan premium can you afford? Does the plan cover the services you need? Can you see the doctors you want? How do you decide what type of a policy you want... HMO, PPO, Supplements, and what are the differences? Do you pay a bill from your doctor or does the insurance company pay it? What do you need to know to decipher medical bills?

Instructor: Diana Dillman, Live Well Insurance

Tech Coordinator: Sue Batie



Please Recycle at OLLI

Blue recycling bins with the recycle logo have been placed throughout the Ruby Gerontology Center for paper and cardboard and empty paper, plastic, glass and metal containers. Please recycle while at OLLI.



Did You Know?

The "Godmother of CLE" (now OLLI) was Betty Robertson. As Director of Community and Outreach Programs at Cal State Fullerton in 1978, she researched and developed the idea, recruiting Leo Shapiro and other prominent founding member-volunteers.

HEALTHY LIVING

Longevity Stick Exercises

Every Wednesday • 8:30 a.m.-9:30 a.m. • Zoom

May 29 • June 5, 12, (19 no class), 26 • July 3, 10, 17, 24, 31

This is a Vietnamese exercise regimen consisting of a series of 12 movements done with a stick. The exercises are designed to maintain a healthy body and spirit by improving balance, flexibility, strength, mental focus and breathing capacity. For more information, go to https://www.longevitystick.org/. By the second meeting, you will be required to have a one-inch-thick dowel, the length of your outstretched arms or corresponding to your height, with rubber chair leg tips on each end. Large men may feel more comfortable with a one-and-a-half-inch-thick dowel. Materials can be purchased at any home improvement store and cut to the proper length.

Instructors/Coordinators: Nancy Bauerly and Linda Petit

Tech Coordinator: Renee Cabrera

Meditation for Everyday Life

Every Monday • 3:30 p.m.-4:30 p.m. • Zoom

May (27 no class) • June 3, 10, 17, 24 • July 1, (8 no class), 15, 22, (29 no class)

Meditation is a simple and relaxing way of training your mind for a more joyful and peaceful life. Numerous scientific studies have shown that meditation, practiced regularly, can improve mental as well as physical well-being. Studies conducted in university labs and hospitals have shown that meditation can reduce stress, depression, anxiety and blood pressure. Meditation can also improve memory and brain function, boost the immune system and help people deal with chronic pain. Meditation is now being taught in schools and universities, hospitals, large companies and even the military. Different kinds of meditation will be explored, including mindfulness, visualizations, meditation with sound, walking meditation and loving kindness meditation. Beginners and experienced meditators are welcome.

Instructor: Mariana Fischer-Militaru

Coordinator/Tech Coordinator: Barbara Glaeser

Tai Chi

Every Monday • 9 a.m.-10 a.m. • Room 18

May (27 no class) • June 3, 10, 17, 24 • July 1, 8, 15, 22, 29

Tai Chi has a long and distinguished tradition in exercise programs, and it continues at OLLI-CSUF. Come and exercise under the guidance of instructor Diane Globerman. Start the week with Tai Chi for health and serenity.

Textbook (optional): A suggested reference text on Tai Chi may be useful once you have learned the basic movements: "Beginning Tai Chi" by Tri Thong Dang, (ISBN-13: 978-0-804-82001-1)

Instructor: Diane Globerman *Coordinator:* Fran Dobley

Tap-ercise

Every Wednesday • 9 a.m.-10 a.m. • Zoom

May 29 • June 5, 12, (19 no class), 26 • July (3 no class), 10, 17, 24, 31

Every Friday • 1 p.m.-2 p.m. • KHS 202/Zoom

May 31 • June 7, 14, 21, 28 • July (5 no class), 12, 19, 26 • August 2

This is a fun exercise course where tap steps are used to improve balance, coordination, strength and stamina. This is an exercise class: there are no routines to memorize and no performances. Some prior dance experience is preferred but not required. Students are taught basic tap steps, followed by more advanced steps as the course progresses. Whether you are a beginner or intermediate/advanced tapper, this course will improve your technique, increase your confidence and give you a good workout. For more information, contact Betty Loh-Chen at blohchen@gmail.com or Vickie Hite at vhite418@gmail.com.

Instructors/Coordinators: Vickie Hite and Betty Loh-Chen

Tech Coordinator: Vickie Hite

Tennis

Every Friday • 4 p.m.-dark • CSUF Tennis Courts

May 31 • June 7, 14, 21, 28 • July 5, 12, 19, 26 • August 2

Come and join your fellow OLLI members in truly enjoyable hours of fun, exercise and non-competitive tennis. You do not have to be an expert, but some tennis skills are important. Formal lessons are not offered. Just show up and bring a can of balls, a water bottle, appropriate tennis shoes and your racket. Park in Lot G and enter through the northwest gate.

Note: Courts will not be available for use during inclement weather or CSUF tennis tournaments. Email Ishwar (<u>chanders@hotmail.com</u>) by Thursday at 5 p.m. to confirm play on Friday.

Instructor/Coordinator: Ishwar Chander



Links to Online Classes

Get links to Zoom and livestreamed classes in Class Information and Updates Newsletters or on the OLLI website at http://olli.fullerton.edu/ (CSUF username & password required).

Yoga for the Rest of Us

Every Monday • 4:45 p.m.-6 p.m. • Zoom

May (27 no class) • June 3, 10, 17, 24 • July 1, (8 no class), 15, 22, (29 no class)

Prerequisite: Able to do floor exercises and to get up easily

Ease into yoga with this instructor, who will help you find new energy and flexibility. Yoga poses incorporate focused breathing with exercise, stretching, balance and guided relaxation. Join us for a great group experience in practicing yoga to feel better and increase flexibility.

Note: Dress comfortably and bring a non-slippery yoga mat for floor work, one or two firm blankets, two foam blocks, a towel for neck support if needed and a non-stretchy strap (a man's tie will do—not the rubber stretchy gymtype straps).

Yoga is practiced barefoot, so please be prepared to take off shoes and socks. Have clothing to keep warm during the final relaxation time.

Instructor: Mariana Fischer-Militaru

Coordinator/Tech Coordinator: Barbara Glaeser



Learn to Use Zoom

Click on **ZOOM HELP** on the OLLI website to learn more about using Zoom.



Did You Know?

The Ruby Gerontology Center was named after Dr. Charles L. Ruby, one of CLE's (now OLLI) founders. In 1983 he recognized the need for our own building, pledging the initial \$100,000. His donations for building the RGC eventually totaled \$310,000.

SCIENCE

Archaeology

Designated Thursdays • 2:30 p.m.-3:45 p.m. • Mackey Auditorium/Stream

Instructor: Bonnie Shirley J.D., M.A. Coordinator: Renee Cabrera

Tech Coordinator: TBD

June 20

The Mound Builders of North America: from approximately 5,500 years ago, to 2,000 years ago: remarkable, complex and mysterious

August 1

The Mound Builders: 2,000 years ago to current *contact:* beautiful art, complex societies, the Great Serpent Mound, the city of Cahokia.

Science for You: Memory

Every Thursday • 12:45-2:15 p.m. • Mackey Auditorium/Zoom/Livestream

May 30 • June 6, 13, 20, 27 • July (4 no class), 11, 18, 25 • August 1

By linking your past and your future, memory gives you the power to plan, to reason, to perceive and to understand. But what gets remembered, what is misremembered, what is forgotten, and how can memory be improved? What causes false memories? Why is an event remembered differently at different times? To answer these questions and more, come to this interesting and entertaining course!

Instructors/Coordinators: Rick Hearn and Susan Hanna *Tech Coordinators:* Paul Herrick and Ginger Barnhart

OLLI NEEDS YOU!!! Please contact Sue Batie (suebatie@gmail.com) or the OLLI Office if you would like to help by serving as a course coordinator or want to share your expertise by teaching a class!

TECHNOLOGY

The Technology Education Committee (TEC) invites your participation in enriching our current and future curricula, especially if you would like to share your expertise. Please attend our quarterly meetings. For dates and time of quarterly meetings, please check the Committee Meetings section of the Blue Book.

Chairs: Rosalind Charles Vice Chair: Paul Herrick

OLLI Tech Help

(No Registration Required)

Every Friday • 1 p.m.-3 p.m. • Room 20/Zoom

May 31 • June 7, 14, 21, 28 • July 5, 12, 19, 26 • August 2

Need help with your computer, mobile devices or the technology you use? Visit the "OLLI Tech Help" lab, which will be available virtually on in Zoom and face-to-face in Room 20 on Friday afternoons. OLLI tech help may also be available by calling the OLLI office (657-278-2446) and leaving a message with your name, email address, the nature of your technology problem and what kind of technology device you are using (e.g., iPhone, Android smartphone, MacBook, Windows computer).

Instructors/Coordinators: Rosalind Charles, Mark Hammel, Rick Hearn, Paul Herrick, Steve Kernes, Tom La Casa, Jim Monroe, Bob Newcomb, Joyce Ono and Mike Shellman



Suggestion Box

We want your ideas, suggestions and solutions. Just drop a note in the box in the Shapiro Lobby, or email Mike Stover at stovermw@gmail.com.



Did You Know?

In 1988 Mackey Auditorium was named after Dr. Francis G. "Bud" Mackey, Medical Director of St. Jude Medical Center. He not only made a major donation to building the RGC, he established our initial collaboration with St. Jude, which continues to flourish today as Dr. Joe Lawton's Medical Series.

SPECIAL INTEREST GROUPS AND SOCIAL PROGRAMS

Bridge, Really Beginning Bridge and Supervised Play

Every Friday • 8:30 a.m.-11:30 a.m. • Room 9

May 31 • June 7, 14, 21, 28 • July 5, 12, 19, 26 • August 2

This course is for those who have never played bridge or have not played bridge for many years. Learn the basic principles of modern contract bridge in a friendly, non-threatening atmosphere. During the fall semester we concentrate on learning to bid and play in no trump contracts. The spring course continues with emphasis on playing in trump contracts. The summer session focuses on defensive play. The course follows the guidelines of American Standard Bidding recognized by ACBL. We not only learn bridge but have a good time. Please plan on attending as often as you can; this commitment is essential to learning bridge.

Textbook (optional): You might enjoy reading a beginner's book before the course starts. Barbara Seagram's book, "Beginning Bridge," is one of many **Instructor/Coordinator:** Sandy Potter

Bridge, Duplicate

Every Monday • 9 a.m.-noon • Shapiro CD

May (27 no class) • June 3, 10, 17, 24 • July 1, 8, 15, 22, 29

"Duplicate Bridge" is the oldest continuous CLE/OLLI course. We welcome all OLLI members to join us each Monday morning for a friendly and competitive game of bridge. Please arrive a few minutes early to make sure you and your partner can find a table for North/South or East/West, whichever is your preference. If you don't have a partner, please contact one of the coordinators the week before. We will try, but can't promise, to find you a partner.

Coordinators: Kent Burrell and Liz Burrell **Assistants:** Dan Coby and Jeff Graham

Bridge, Intermediate

Every Friday • 8:45 a.m.-11:45 a.m. • Shapiro CD

May 31 • June 7, 14, 21, 28 • July 5, 12, 19, 26 • August 2

This course is for those interested in improving their bridge in a friendly, non-competitive atmosphere. Some knowledge of bidding and play is desirable. Come join us, learn and have fun. Play of the hand hasn't changed, but the bidding keeps evolving. We'll help you with both. Emphasis will be on American Standard Bidding conventions. During each session, a short lesson will be presented to reinforce some aspect of bridge bidding or play. You don't need a partner.

Instructor: TBD **Coordinator:** Arie Passchier

Caring for Yourself and Others

Every Friday • 2:15 p.m.-3:30 p.m. • Room 9

May 31 • June 7, 14, 21, 28 • July 5, 12, 19, 26 • August 2

"Yesterday I was clever, so I wanted to change the world. Today I am wise, so I am changing myself."—Rumi

This is a discussion course that uses self-enabling tools to help build and gain personal empowerment to fulfill your life. Caring and changing yourself will influence those around you. Topics are varied to include different aspects of the body, mind and spirit. Join in for a holistic view of life and how we can make changes to embody the health and happiness we all desire.

Instructor/Coordinator: Jan Friel, CCIS

Introduction to Strategies of Poker

Every Thursday • 12:30 p.m.-3 p.m. • Shapiro ABCD

May 30 • June 6, 13, 20, 27 • July (4 no class), 11, 18, 25 • August 1

"Introduction to Strategies of Poker" instruction classes will be conducted for all levels of beginning poker players. Classes are taught at an easy pace by an OLLI instructor well-versed in the game of Texas Hold'em. Instruction will also include the history of poker, the rules and terminology of the game, the hierarchy of poker hands, and the strategy of betting and raising. Instruction will be conducted at special poker tables with casino-type poker chips and regular 52-card decks. After the "Introduction to Strategies of Poker" classes, beginners will be invited to play with more seasoned players in the "Strategy of Poker" course, which follows. All players, seasoned and beginners, continue to hone their skills each week and become better players. This course is a lot of fun with a chance to socialize with fellow OLLI members who also enjoy the game of Texas Hold'em poker.

Instructor/Coordinator: Dennis Wilson

Let's Play Cribbage Club (New)

Every Wednesday • 2 p.m.-3:30 p.m. • Room 9

May 29 • June 5, 12, (19 no class), 26 • July 3, 10, 17, 24, 31

Cribbage is a fun and challenging card game that provides good mental exercise and the satisfaction of continual skill development. It also offers opportunities for meeting new people and making conversation. This class will give experienced cribbage players a chance to play, and teach beginners how to play the game. Class members might continue playing after class in the courtyard in good weather.

Instructor: Tom Nichols Coordinators: Elaine Mitchell, Pete Saputo

Please silence your cell phone when attending classes and programs.

Thank you!

OLLI Socials

Designated Fridays • 3 p.m.-5 p.m. • Shapiro ABCD

June 7 • August 2

OLLI Socials provide a party atmosphere for members to get together and have fun socializing, playing games, dancing, singing along or just listening to great live music and other types of entertainment. OLLI Socials will occasionally feature OLLI members as well as CSUF student musicians and singers for your entertainment pleasure. Refreshments will be provided. Come join us for a good time at OLLI Socials. Watch for the OLLI newsletters' announcements containing details of each of our themed Socials.

Coordinators: Mickey La Casa, Tom La Casa, Tracy Hammel and

Mark Hammel

Music & Entertainment Coordinator: Ellie Monroe

Phocus Photography Club

Designated Tuesdays• 1:30 p.m.-3:30 p.m. • Room 21

May 14 (during spring intersession) • June 11 • July 9

Pre-registration is NOT required.

The Phocus Photography Club is a group of amateur photographers who meet to share photos and experiences. Club meetings may start with a guest speaker who is often a professional photographer or a highly skilled amateur. Meetings end with members sharing images they've taken on a recent club outing or exotic photo trip. The club tries to have one local photography field trip per month. Attend the Phocus Photography Club to improve your photographic skills.

Contact: John Price, 562-237-2897 or snoprey@aol.com
Coordinators: John Price, Mary Crouch, Bob Caswell, Jim DiTota, Donna Judd and Rick Hearn

Sports Talk

Alternate Wednesdays • 1 p.m.-3 p.m. • Room 21/Zoom

June 5, (19 no class) • July 3, 17, 31

Discussion of the world of sports is our game. In this course, we cover current events as well as other subjects of interest to sports fans. We are kind of like sports-talk radio but without the ranting and raving. Join us as we debate such topics as drug use in sports, famous athletes in the news, the latest trade talks of our local teams, performance of United States national teams, and a variety of other sports topics. In this course, we learn, debate and discuss, and reminisce, but above all, we have fun and share a great camaraderie that new members will embrace. So, feel free to join us in the fun!

Coordinator: Carl Richards

Strategy of Poker

Every Thursday • 3:30 p.m.-5:30 p.m. • Shapiro ABCD

May 30 • June 6, 13, 20, 27 • July (4 no class), 11, 18, 25 • August 1

Poker is a game of skill and chance emphasizing the ability to read situations and opponents to give you the advantage in the hands you play. It is also a game utilizing statistics where the better players are able to calculate the odds of you or your opponent winning a hand in various situations. It cannot be assumed that people who utilize statistics will be winning players, but a sound knowledge of the odds can only improve your game and give you an advantage. Sophisticated players learn strategies such as bluffing and reading an opponent's playing characteristics. Each week, variations of poker will be introduced and practiced. We play games of Dealer's Choice and Texas Hold'em. This course is a lot of fun with great camaraderie among the players. Some members go out to dinner together after class. Hope to see you there!

Instructor/Coordinator: Dennis Wilson



Verify Latest Information

Dates, times and places of classes and events are subject to change or cancellation. Access the OLLI website at http://olli.fullerton.edu and select the CALENDAR tab for up-to-date information.



Did You Know?

In 2006, the Continuing Learning Experience (CLE) at CSUF joined with Bernard Osher's nationwide organization of lifelong learning programs, becoming Osher Lifelong Learning Institute at Cal State Fullerton (OLLI-CSUF), and received over \$2 million in endowments from the Bernard Osher Foundation.

OLLI EVENTS

Fourth of July Celebration and Veterans Recognition (Open to the Public)

Friday, June 28 • 1 p.m.-3 p.m. • Mackey Auditorium/Shapiro ABCD

Join us in celebrating the Fourth of July. This annual event will feature a presentation of our proud OLLI Veterans. Join in honoring the OLLI men and women who served during WWII, Korean, Vietnam and Gulf Wars. Our OLLI Veterans' photos will be shown accompanied by patriotic music. Stay to enjoy socializing and the great refreshments following the presentation. Members wishing to have their personal photo included in this presentation may send a .jpeg of their military photo to ellie.monroe@mindspring.com. You may take your photo to one of your local stationery stores to have them scan your photo and give you a .jpeg copy on your flash drive. This summer we will include a pinning ceremony by the Daughters of the American Revolution for those who served on Active Duty in the U.S. Armed Forces at any time during the period of November 1, 1955, to May 15, 1975, regardless of location. This national commemoration is a Secretary of Defense initiative, authorized by Congress and launched by President Obama in 2012. Living U.S. veterans who served on active duty in the U.S. Armed Forces during the aforementioned time period are eligible to receive a lapel pin. Widows and widowers of Vietnam veterans are eligible to receive a "Blue Star Pin" in honor of their spouse's service.

Presentation and Program Coordinator: Ellie Monroe **Refreshments Coordinators:** Hospitality Committee

DAR Presenters: June Edwards, DAR Veterans Chair and Hilary White *OLLI Coordinators:* Ellie Monroe and Sara A. Clark (DAR Member)

Fall Open House (Open to the Public)

Saturday, August 10 • 9 a.m.-noon • Ruby Gerontology Center

OLLI-CSUF invites all members and friends to join us for our annual Open House celebration for fall semester. This in-person event will introduce OLLI to your friends and relatives who are retired or contemplating retirement. Invite them to join you at our Fall Open House, visit with our program instructors and coordinators, meet our many volunteers and learn about the 2024-2025 new and continuing programs. The Fall Open House presentation will provide information about new parking rules, class attendance options (inperson, online or hybrid) and membership benefits. Following the presentation, light refreshments will be served. If you have any questions please contact us by email at oli.membership@gmail.com or phone: (657) 278-4012. Additional information will be sent out through the weekly OLLI newsletters. We are looking forward to seeing you there!

Board of Trustees

Second Thursday of the Month • 8:30 a.m.-10 a.m. • Room 8/Zoom June 13 • July 11

The OLLI Board of Trustees invites OLLI members to attend its monthly board meetings and learn more about OLLI business and its self-directing deliberations. Members wishing to speak on non-agenda board items are advised to notify the president and/or administrative manager in writing (including a brief description of the subject to be addressed) at least one week in advance of the meeting. Up to three minutes per speaker may be allocated within the board meeting agenda. Members are also invited to participate in the "OLLI Today and Tomorrow Forum" held monthly to elicit member feedback and suggestions on recent or suggested OLLI Board proposals or OLLI issues.

Chair: OLLI President

Collaboration Committee

Designated Mondays • 10 a.m.-11:30 a.m. • Zoom *August 19*

The OLLI-CSUF Collaboration Program offers OLLI members opportunities to share their knowledge and experience to contribute to CSUF student success. It is an important component of OLLI's interaction with the Cal State University Fullerton campus. The committee meets to discuss our activities and plans. We welcome you to join us to learn about the variety of opportunities available to share your time and talent. Information about the OLLI-CSUF Collaboration Program can be found in the weekly OLLI newsletters and on the OLLI website at: https://tinyurl.com/OLLICSUF-Collaborations or contact the Collaboration Committee Chair for more information.

Chair: Sue Mullaly smullaly@csu.fullerton.edu

Curriculum Committee

Designated Mondays • 3:30 p.m.-5 p.m. • Room 8/Zoom *June 3 • July 1*

The Curriculum Committee meets to review and disposition potential future courses. It is open to all OLLI members and consists of members designated by the committee chair and the Vice President Programs. Bring ideas for OLLI courses or activities to these meetings! Better still, if any member would like to offer a course or knows of potential presenters, please attend these meetings to ensure that OLLI's programs are the best they can be! Course proposal forms can be downloaded from the OLLI website at: http://olli.fullerton.edu/resources/pdfs/CourseProposalForm.pdf.

Co-Chairs: Renee Cabrera and Sue Batie

Hospitality Committee

Designated Fridays • 10:30 a.m.-noon • Room 8

June 7 • July 12 (due to July 4th holiday) • August 2

The OLLI Hospitality Committee facilitates and promotes social interactions that give OLLI members opportunities for sharing their personal backgrounds and areas of knowledge outside the classroom. The committee supports the OLLI business meetings with refreshments and hosts fun themed events, usually including a dinner or luncheon either on or off campus. The committee is open to all members who enjoy helping others enhance the OLLI experience and provide social outlets; the only talent needed is to be fun-loving.

Technology Education Committee (TEC)

Designated Date • 4 p.m.-5 p.m. • Zoom

August 7

The Technology Education Committee is dedicated to helping OLLI members make the best use of the ever-increasing technology now ubiquitous in our daily lives. Share computer/technology expertise and teach a course or workshop, contribute to a seminar, or help to shape the technical education curriculum. The TEC welcomes member insights and expertise. Join these meetings! For more information, contact Roz Charles at rozann66@gmail.com and Paul Herrick at jpherrick@gmail.com.

Chair: Roz Charles *Vice Chair:* Paul Herrick



Did You Know?

In 1979 Florence "Flossie" Arnold, one of CLE's (now OLLI) founding members and ardent recruiter, was OLLI's first vice president. As a prominent local paint artist, she led OLLI's first art courses and established a legacy and rich tradition of courses, shows and excursions devoted to the arts.

Transitions in Retirement (TiR) Committee

Designated Date • 3:30 p.m.-4:30 p.m. • Zoom

June 10

The TiR Committee focuses on developing programs and activities for OLLI members who are still working part-time or are recently retired. This committee is anticipating a significant number of new retirees, who have a different outlook on retirement than that of previous generations.

Chair: Russ MacKeand

Trips Committee

Designated Wednesdays • 11:30 a.m.-1:30 p.m. • Zoom *June 12 • July 10*

The OLLI Trips Committee plans and coordinates trips of educational interest to OLLI members to locations off the CSUF campus. These trips are OLLI special events and are subject to the Special Events Registration Policy described elsewhere in this catalog. Trips are either day trips or overnight trips. Some recent or planned day trips include the Hollywood Bowl, LA/Long Beach Harbor Cruise and Orange County Water System. Some recent or planned overnight trips include Costa Rica, China and Palm Springs/Joshua Tree. Members are notified of upcoming trips via the ChroniCLE, the weekly OLLI newsletters and the OLLI bulletin boards. Join our committee meetings and share ideas and interests for day and overnight trips that would be a learning experience for OLLI members. Ken Luke chairs this committee and is always interested in learning of new trips and interests.

Chair: Ken Luke



Did You Know?

The Ruby Gerontology Center was built in 1988, funded by \$2.1 million in donations raised by CLE (now OLLI) members from members and local businesses and municipalities. CSUF agreed to provide the land and maintenance, and in turn the university shares the facility with OLLI.

Day of the Week Index

Important: Watch the weekly newsletters and check the calendar on the OLLI website or the Shapiro lobby display to see if there have been any changes in the meeting dates, times or classrooms/venues or cancellations.

To locate class and event meeting locations, see the maps of the Ruby Gerontology Center and campus at the end of this index.

Class meeting dates when classes will not meet due to holidays or other reasons are shown as "(3 no class)," "3" being the meeting date.

Mondays

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Bridge, Duplicate • Every Monday • 9 a.m.-noon • Shapiro CD May (27 no class) • June 3, 10, 17, 24 • July 1, 8, 15, 22, 29
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Tai Chi • Every Monday • 9 a.m.-10 a.m. • Room 18 May (27 no class) • June 3, 10, 17, 24 • July 1, 8, 15, 22, 29
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Collaboration Committee • Monday, August 19 • 10 a.m.-11:30 a.m. • Zoom

Great Books • Alternate Mondays • 10 a.m.-noon • Room 21 *May (27 no class)* • *June 10, 24* • *July 8, 22*

Short Stories • Alternate Mondays • 10 a.m.-noon • Room 21 *June 3, 17 • July 1, 15, 29*

Women Writers' Workshop • Every Monday • 10 a.m.-noon • Room 9 *May (27 no class) • June 3, 10, 17, 24 • July 1, 8, 15, 22, 29*

Kitty's Book Club • Alternate Mondays • 12:15 p.m.-2 p.m. • Zoom *June 3, 17 • July 1, 15, 29*

Mystery Book Club • Alternate Mondays • 12:15 p.m.-2 p.m. • /Zoom *May (27 no class)* • *June 10, 24* • *July 8, 22*

Exploratory Discussion Group • Every Monday • 1:15 p.m.-3:15 p.m. • Shapiro CD/Zoom

May (27 no class) • June 3, 10, 17, 24 • July 1, 8, 15, 22, 29

Spanish 4 • Every Monday • 1:15 p.m.-3:15 p.m. • Room 9 *May (27 no class)* • *June 3, 10, 17, 24* • *July 1, 8, 15, 22, 29*

Piano Keyboard: Intro • Every Monday • 3 p.m.-4:30 p.m. • Shapiro AB *May (27 no class)* • *June 3, 10, 17, 24* • *July 1, 8, 15, 22, 29*

Curriculum Committee • Designated Mondays • 3:30 p.m.-5 p.m. • Room 8 and Zoom

June 3 • July 1

Meditation for Everyday Life • Every Monday • 3:30 p.m.-

4:30 p.m. • Zoom

May (27 no class) • June 3, 10, 17, 24 • July 1, (8 no class), 15, 22, (29 no class)

Transitions in Retirement (TiR) Committee • Monday, June 10 • 3:30 p.m.-4:30 p.m. • Zoom

Ukulele Summer Jam • Alternate Mondays • 3:30 p.m.-5 p.m. • Shapiro CD/Zoom

May (27 no class) • June 10, 24 • July 8, 22

Yoga for the Rest of Us • Every Monday • 4:45 p.m.-6 p.m. • Zoom May (27 no class) • June 3, 10, 17, 24 • July 1, (8 no class), 15, 22, (29 no class)

Art House Cinema • Every Monday • 5:45 p.m.-8 p.m. • Shapiro CD *May (27 no class)* • *June 3, 10, 17, 24* • *July 1, 8, 15, 22, 29*

Tuesdays

Ceramics • Every Tuesday • 9 a.m.-11:30 a.m. • Shapiro ABCD *May 28* • *June 4, 11, 18, 25* • *July 2, 9, 16, 23, 30*

Life Story Workshop • Alternate Tuesdays • 9 a.m.-noon • Zoom *May 28 • June 11, 25 • July 9, 23*

American Magazine: News, Politics, Economics, Law • Alternate Tuesdays • 10:15 a.m.-11:45 a.m. • Mackey Auditorium/Zoom *June 4, 18* • *July 2, 16, (30 no class)*

The History of American Music: Hollywood Musicals • Every Tuesday • 11:45 a.m.-2:15 p.m. • Mackey Auditorium/Zoom *May 28 • June 4, 11, 18, 25 • July 2, 9, 16, 23, 30*

Kick Starting Your Writing • Every Tuesday • 12:15 p.m.-2:15 p.m. • Room 9

May 28 • June 4, 11, 18, 25 • July 2, 9, 16, 23, 30

German • Every Tuesday • 12:30 p.m.-2:30 p.m. • Shapiro AB/Zoom *May 28 • June 4, 11, 18, 25 • July 2, 9, 16, 23, 30*

Phocus Photography Club • Designated Tuesdays • 1:30 p.m.-3:30 p.m. • Room 21

May 14 (during spring intersession) • June 11 • July 9

Strings and Things Music Jam • Every Tuesday • 1:45 p.m.-3:15 p.m. • Room 18

May 28 • June 4, 11, 18, 25 • July 2, 9, 16, 23, 30

Art Exhibitions on Screen • Alternate Tuesdays • 2 p.m.-4 p.m. • Shapiro CD/Zoom

June 4, 18 • July 2, 16, 30

OLLI Flash Mob •Every Tuesday\ • 2 p.m.-4 p.m. • KHS 202

May 28 • June 4, 11, 18, 25 • July 2, 9, 16, 23, 30

Jazz Band • Every Tuesday • 5:15 p.m.-6:45 p.m. • Shapiro ABCD *May 28* • *June 4, 11, 18, 25* • *July 2, 9, 16, 23, 30*

Concert Band • Every Tuesday • 7 p.m.-8:30 p.m. • Shapiro ABCD *May 28* • *June 4, 11, 18, 25* • *July 2, 9, 16, 23, 30*

Wednesdays

Longevity Stick Exercises • Every Wednesday • 8:30 a.m.-

9:30 a.m. • Zoom

May 29 • June 5, 12, (19 no class), 26 • July 3, 10, 17, 24, 31

Tap-ercise • Every Wednesday • 9 a.m.-10 a.m. • Zoom

May 29 • June 5, 12, (19 no class), 26 • July (3 no class), 10, 17, 24, 31 Also meets every Friday

Drawing for the Fun of It • Every Wednesday • 10 a.m.-noon • Shapiro ABCD/Zoom

May 29 • June 5, 12, (19 no class), 26 • July 3, 10, 17, 24, 31

Silver Screen—Summertime at the Movies • Alternate Wednesdays • 9:30 a.m.-noon • Mackey Auditorium

June 5, (19 no class) • July 3, 17, 31

Trips Committee • Designated Wednesdays • 11:30 a.m.-1:30 p.m. • Zoom *June 12 • July 10*

The ABC's of Medicare (New) • Designated Wednesdays • 1 p.m.-2:30 p.m. • Zoom

May 29 • June 5, 12

Sports Talk • Alternate Wednesdays • 1 p.m.-3 p.m. • Room 21/Zoom *June 5, (19 no class)* • *July 3, 17, 31*

Watercolor Workshop• Every Wednesday • 1 p.m.-3:15 p.m. • Shapiro ABCD/Zoom

May 29 • June 5, 12, (19 no class), 26 • July 3, 10, 17, 24, 31

Let's Play Cribbage Club (New) • Every Wednesday • 2 p.m.-3:30 p.m. • Room 9

May 29 • June 5, 12, (19 no class), 26 • July 3, 10, 17, 24, 31

Line Dancing: Advanced Beginners/Intermediate • Alternate

Wednesdays • 3:30 p.m.-5 p.m. • Shapiro ABCD

June 5, (19 no class) • July 3, 17, 31

Line Dancing: Beginner's Level • Alternate Wednesdays • 3:30 p.m.-5 p.m. • Shapiro ABCD

May 29 • June 12, 26 • July 10, 24

Classical Guitar: Ensemble • Every Wednesday • 4 p.m.-6 p.m. • Room 18 *May 29 • June 5, 12, (19 no class), 26 • July 3, 10, 17, 24, 31*

Technology Education Committee (TEC) • Designated Wednesday • 4 p.m.-5 p.m. • Zoom

August 7

Thursdays

Board of Trustees • Designated Thursdays • 8:30 a.m.-10 a.m. •

Room 8/Zoom

June 13 • July 11

Drama, Improv & Storytelling • Every Thursday • 8:30 a.m.-9:45 a.m. • Shapiro CD

May 30 • June 6, 13, 20, 27 • July (4 no class), 11, 18, 25 • August 1

Shakespeare Aloud • Alternate Thursdays • 10 a.m.-noon • Room 9 *June 6, 20 • July (4 no class), 18 • August 1*

Spanish 1 • Every Thursday • 10 a.m.-11:30 a.m. • Shapiro AB *May 30* • *June 6, 13, 20, 27* • *July (4 no class), 11, 18, 25* • *August 1*

String Ensemble • Every Thursday • 10 a.m.-noon. • Room 18 *May 30 • June 6, 13, 20, 27 • July (4 no class), 11, 18, 25 • August 1*

News: Up Close and Personal • Alternate Thursdays • 10:15 a.m.-11:30 a.m. • Shapiro CD

May 30 • June 13, 27 • July 11, 25

The New Yorker Magazine Discussion Group • Alternate Thursdays • Noon-2 p.m. • Room 9/Zoom

May 30 • June 13, 27 • July 11, 25

Poetry for Pleasure • Every Thursday • Noon-1:45 p.m. • Room 21/Zoom *May 30 • June 6, 13, 20, 27 • July (4 no class), 11, 18, 25 • August 1*

Introduction to Strategies of Poker • Every Thursday • 12:30 p.m.-3 p.m. • Shapiro ABCD

May 30 • June 6, 13, 20, 27 • July (4 no class), 11, 18, 25 • August 1

Science for You: Memory • Every Thursday • 12:45-2:15 p.m. • Mackey/Zoom

May 30 • June 6, 13, 20, 27 • July (4 no class), 11, 18, 25 • August 1

Authors' Central OLLI-CSUF (ACOC) • Alternate Thursdays • 2 p.m.-3:45 p.m. • Room 21/Zoom

May 30 • June 13, 27 • July 11, 25

Write Now! • Alternate Thursdays • 2 p.m.-3:45 p.m. • Room 21/Zoom *June 6, 20 • July (4 no class), 18 • August 1*

Archaeology • Designated Thursdays • 2:30 p.m.-3:45 p.m. • Mackey/Stream *June 20 • August 1*

Learn to Play Guitar • Every Thursday • 3:30 p.m.-4:30 p.m. • Room 18 *May 30 • June 6, 13, 20, 27 • July (4 no class), 11, 18, 25 • August 1*

Strategy of Poker • Every Thursday • 3:30 p.m.-5:30 p.m. • Shapiro ABCD *May 30 • June 6, 13, 20, 27 • July (4 no class), 11, 18, 25 • August 1*

Writing with Feedback • Every Thursday • 4 p.m.-6 p.m. • Room 21/Zoom *May 30 • June 6, 13, 20, 27 • July (4 no class), 11, 18, 25 • August 1*

Classical Guitar: Beginning • Every Thursday • 4:30 p.m.-5:30 p.m. • Room 18

May 30 • June 6, 13, 20, 27 • July (4 no class), 11, 18, 25 • August 1

Fridays

Bridge, Really Beginning Bridge and Supervised Play • Every Friday • 8:30 a.m.-11:30 a.m. • Room 9

May 31 • June 7, 14, 21, 28 • July 5, 12, 19, 26 • August 2

Bridge, Intermediate • Every Friday • 8:45 a.m. - 11:45 a.m. • Shapiro CD *May 31* • *June 7, 14, 21, 28* • *July 5, 12, 19, 26* • *August 2*

Critics' Choice: The Movies • Every Friday • 9:15 a.m.-11:45p.m. • Shapiro AB

May 31 • June 7, 14, 21, 28 • July 5, 12, 19, 26 • August 2

Tap Dancing: Advanced • Every Friday • 9 a.m.-10:45 a.m. • KHS 202 *May 31 • June 7, 14, 21, 28 • July 5, 12, 19, 26 • August 2*

Hospitality Committee • Designated Fridays • 10:30 a.m.-noon • Room 8 *June 7 • July 12 (due to July 4th holiday) • August 2*

Tap Dancing: Intermediate • Every Friday • 11 a.m.-Noon. • KHS 202 *May 31 • June 7, 14, 21, 28 • July 5, 12, 19, 26 • August 2*

"Genreflections" Book Club • Alternate Fridays • 11:30 a.m.-1 p.m. • Zoom

June 7, 21 • July 5, 19 • August 2

Voci d'Oro Chorale • Every Friday • Noon-2 p.m. • Shapiro CD May 31 • June 7, 14, 21, (28 no class) • July 5, 12, 19, 26 • August 2

Fourth of July Celebration and Veterans Recognition (Open to the Public) • *Friday, June 28* • 1 p.m.-3 p.m. • - Mackey Auditorium/Shapiro ABC

OLLI Tech Help • Every Friday • 1 p.m.-3 p.m. • Room 20/Zoom *May 31* • *June 7, 14, 21, 28* • *July 5, 12, 19, 26* • *August 2*

Tap-ercise • Every Friday • 1 p.m.-2 p.m. • KHS 202/Zoom *May 31 • June 7, 14, 21, 28 • July (5 no class), 12, 19, 26 • August 2* Also meets every Wednesday

Caring for Yourself and Others • Every Friday • 2:15 p.m.-3:30 p.m. • Room 9

May 31 • June 7, 14, 21, 28 • July 5, 12, 19, 26 • August 2

Line Dancing Workshop: Beginners/Intermediate • Every Friday • 2:30 p.m.-3:30 p.m. • KHS 202

May 31 • June (7 no class), 14, 21, 28 • July 5, 12, 19, 26 • August (2 no class)

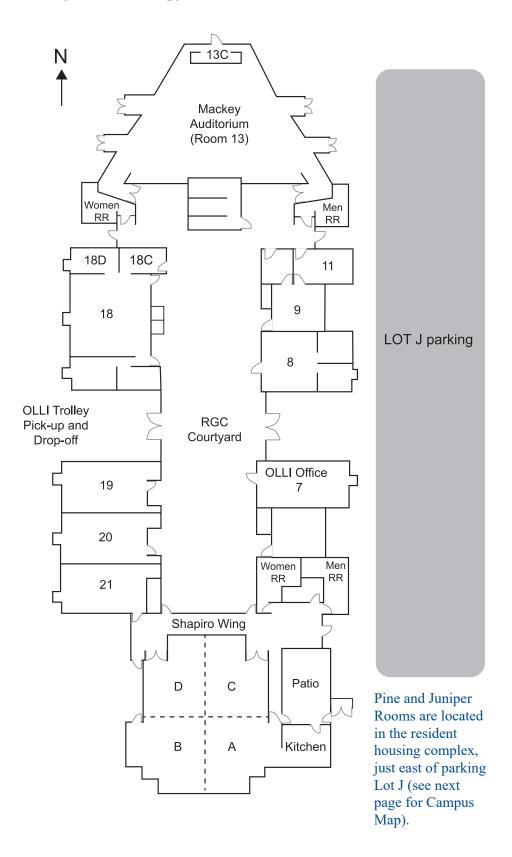
OLLI Socials • Designated Fridays • 3 p.m.-5 p.m. • Shapiro ABCD *June 7* • *August 2*

Tennis • Every Friday • 4 p.m.-dark • CSUF Tennis Courts *May 31 • June 7, 14, 21, 28 • July 5, 12, 19, 26 • August 2*

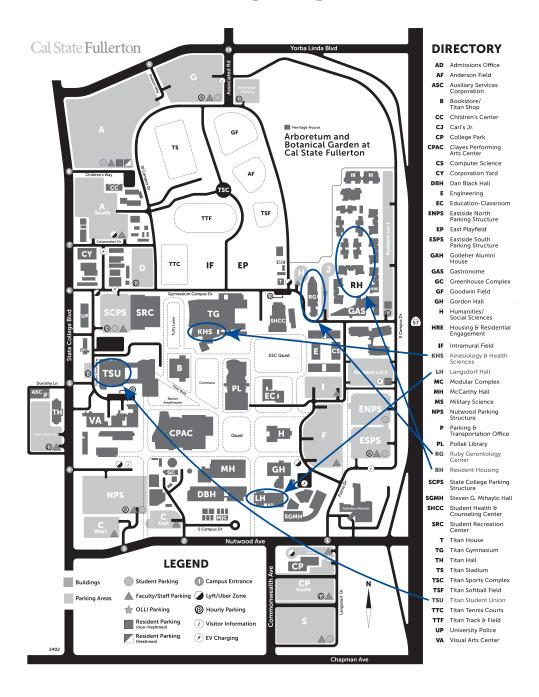
Saturdays

Fall Open House (Open to the Public) • Saturday, August 10 • 9 a.m.-noon • - Ruby Gerontology Center

Ruby Gerontology Center



Cal State Fullerton Campus Map



OLLI Trolley is not available during the summer session. Please use your parking permit to park in Lot J and other lots. The parking permit is **NOT** valid in Faculty/Staff parking area.

Experience Lifelong Learning















Administered by Extension and International Programs California State University, Fullerton

OLLI
at California State University, Fullerton
"A Continuing Learning Experience"
Ruby Gerontology Center, Room 7
P.O. Box 6870
Fullerton, CA 92834-6870
RETURN SERVICE REQUESTED
05/24

olli.fullerton.edu olli-info@fullerton.edu 657-278-2446

MEMBERSHIP BENEFITS

WIDE RANGE OF COURSES

- · Current affairs, retirement issues
- Arts: learning, doing, performing
- · Languages, science, technology
- · Computer/mobile, discussion
- · Extensive library of class videos

HEALTHY LIFESTYLE COURSES

- · Health, medical issues
- · Sports, exercise, dancing

SPECIAL EVENTS/SOCIAL ACTIVITIES

- · Dinners, luncheons, receptions
- · Day and overnight trips
- · Card & board games
- · Musical entertainment

PARKING PRIVILEGES*

- Many student lots/structures
- · Lot J for OLLI members only
- OLLI Trolley to/from far lots

UNIVERSITY PRIVILEGES

- · Collaborate with faculty & students
- · Pollak Library, student store, Wi-Fi
- · Campus eating facilities
- Many CSUF athletic events free
- · Audit CSUF courses free







*Subject to limitations. See Parking & OLLI Trolley Information.