

at California State University, Fullerton

LEARN IN RETIREMENT



FALL OPEN HOUSE

Saturday, August 5 9:00 a.m. - Noon

Cal State Fullerton
Ruby Gerontology Center
Auditorium

Join us for informative presentations and exhibits.

- · Overview of courses and activities.
- · On-site registration.
- Free parking with shuttle service from State College Parking Structure.

TRY US FREE OF CHARGE* - PROGRAMS OPEN TO THE PUBLIC

THE HISTORY OF BROADWAY

May 30, Jun 6, 13, 20, 27, Jul 11, 18, 25, Aug 1

FOURTH OF JULY CELEBRATION AND VETERANS RECOGNITION

June 29

ALZHEIMER'S AND DEMENTIA EDUCATION YOU CAN TRUST

June 5, July 17, 31





* The programs listed above are available at no charge to the public. Parking on campus is free on weekends. Monday through Friday, visitors may purchase hourly or daily permits from vending machines on campus.







For additional information:

- Call 657-278-2446
- · Email: olli-info@fullerton.edu
- · Visit olli.fullerton.edu
- Follow us on Facebook at facebook.com/OLLICalStateFullerton

Cover Photo: Ellie Monroe by Jim Di Tota



Osher Lifelong Learning Institute

at California State University, Fullerton

"A Continuing Learning Experience"



Welcome to OLLI

Welcome to our summer session classes and activities.

Our community of lifelong learners consists of 1,000-plus

members enjoying a life enriched by intellectual, physical and social activities in a vibrant university environment.

Membership is open to retired and semi-retired adults who love learning. There are no exams, and few classes have prerequisites or require pre-registration. Instead, we offer an atmosphere that fosters mutual exploration of new or lifelong interests. Our members' variety of personal backgrounds, occupations and areas of knowledge enriches our learning, and our lively discussions, trips and social interactions spur lasting friendships.

We offer a variety of on-campus, Zoom-only and livestreamed hybrid classes. The optimal membership experience is a "menu" of on-campus programs, supplemented by online when needed or desired.

This "Blue Book" catalog exhibits our strengths the product of the collaboration among our Curriculum Committee, class coordinators, instructors, and other volunteers. An OLLI-CSUF hallmark is that instructors are not compensated. Instructors are our talented members, guest speakers, top-notch CSUF faculty, and community professionals. All tell us they love the enthusiasm, genuine interest, and real-life perspective OLLI members bring to class.

OLLI-CSUF is self-supporting, yet our membership fees are remarkably low. And member parking adjacent to our building and several other campus locations is included with membership.

Thanks to our volunteer base, endowments from the Bernard Osher Foundation, and private contributions and bequeaths, OLLI members have the privilege— and fun—of taking as many courses as they want, most included in the membership fee.

Mike Stover, OLLI President

CONTENTS

About Us
Joining/Registration/Fees 3
Programs
Areas of Study/Programs 4
Alphabetical Index of Programs
Program Descriptions 25
Day of the Week Index 55
Key Dates9
Auditing Cal State Fullerton Courses
Commitment to Positive Member Experiences 10
OLLI Website
Distance Learning Program 10
Attending Live Programs Online11
OLLI in the University Community
OLLI-CSUF Collaboration 12
Transitions in Retirement 12
Around and About OLLI 13
COVID-19 Mitigation Protocols
Parking & OLLI Trolley 14
Events Registration 17
Curriculum/Format/Frequency . 17
Osher Lifelong Learning Institute
OLLI Gives to OLLI 19
Board of Trustees 20
Appointed Positions21
Editorial Staff
Maps 16, 23-24
25 24 10, 25 24

About Us: The Basics

Name and affiliation. OLLI-CSUF stands for Osher Lifelong Learning Institute at California State University, Fullerton. OLLI-CSUF was established in 1979 as a lifelong learning program for retired and semi-retired adults, and an integral part of CSUF operating under the guidance of Extension and International Programs.

We are affiliated with 124 other lifelong learning institutes in the United States, all affiliated with colleges and universities and funded in part by the Bernard Osher Foundation.

Location. OLLI-CSUF is located in the Ruby Gerontology Center (RGC) on Gymnasium Drive in the northeast portion of campus near the Student Housing complex and the Gastronome dining facility. GPS location reference: 800 N. State College Blvd., Fullerton, CA 92831. Mobile device map app reference: "OLLI Cal State Fullerton" or go to http://www.bit.ly/map2olli. See Page 23 or www.fullerton.edu/campusmap for a campus map.

Learning spaces. OLLI courses and activities are generally held in the classrooms, auditorium and computer lab of the Ruby Gerontology Center (RGC) on the CSUF campus or via Zoom or livestream. The RGC is the headquarters for our programs and is exceptionally well designed for the eclectic interests of OLLI's learners. For example, our Shapiro Wing area, with moveable walls, can be divided into as many as four classrooms, becoming a concert space, a painting studio and financial planning workshop, all in one day.

We also use some nearby campus locations within a short walk, and hold a few courses at off-campus locations in the area.

Membership requirements. Anyone retired or semi-retired may join. Members from all backgrounds are welcome; neither a college education nor previous association with the university is a prerequisite for membership. The only requirement is a desire to learn. Curiosity never retires!

Homework? Grades?

Courses typically have no "homework" as you may remember it. There are a few courses—in areas such as photography, language, literature and book discussions—where some optional work or study outside of class will substantially enhance your learning. Except for computer courses and a few others, no pre-registration is required. Just show up, make friends, and learn!

Membership includes a campus parking permit and the following:

- Library access and checkout privileges.
- Use of the campus Wi-Fi network.
- Free admission for two to most CSUF-sponsored athletic events, except playoff games.
- Auditing CSUF courses with no tuition cost on a space-available basis with instructor's permission.
- Discounts to many CSUF events.

Note: The above membership privileges are subject to modification by campus administration.

OLLI Governance

OLLI-CSUF is a volunteer organization, guided by a Board of Trustees elected annually from the membership by the membership. The Board is responsible for OLLI's curriculum, finances, events and operation within university guidelines

and its relationship with Extension and International Programs (EIP). General meetings of OLLI members are held several times a year to conduct business, convey information and provide a forum for member exchange and feedback. Board meetings and those of other major committees are open to members and listed in Other Activities in the back of this catalog.

Joining / Registration / Fees

Membership registration and renewal is only available online through the OLLI website: http://olli.fullerton.edu, select JOIN/RENEW. For those needing assistance with the online process, help is available in the OLLI office, Room 7 at OLLI's Ruby Gerontology Center (or call 657-278-2446), open Monday through Friday from 8:30 a.m. to 4 p.m.

Renewing members must have their CSUF username and password to renew online. If you cannot find your CSUF username and password or have not created it, please come into the OLLI office to obtain your campus-wide identification number (CWID) and PIN. Then go to the OLLI website and click on "STUDENT PORTAL ACCOUNT" under "MORE INFORMATION" and follow the instructions.

Whether a new or renewing member, it is important that you add your personal email address on the online registration form. This email address will be used for all future communications from OLLI. The system will prompt you for information and payment by asking for your credit card information, or you can pay by electronic check.

Membership/enrollment fee is:

Summer Only: \$85

Membership fees cover a campus parking permit and admission to all classes. *Note:* A few classes may have limited enrollment, due to space or equipment considerations (e.g., some computer classes), and if so, early sign-up will be advised.

Fees also cover participation in other OLLI-CSUF activities, with the exception of some activities for which special expenses are passed on at the lowest possible cost. These include computer education, special events, trips and some special activity classes as specified in this booklet.

Other Fee-Related Items

Reservation forms for special programs or social activities are posted on the OLLI website and included in the monthly OLLI ChroniCLE newsletter, which will be emailed or mailed to you per your preference. Payment is required when reservations are made. Refunds are given until the deadline specified on the form, and thereafter if a substitute is found for the reservation-holder.

Scholarships: Scholarships for membership are available for those having financial hardships. Applications can be requested through the OLLI office by phone (657-278-2446) or by sending an email to olli-info@fullerton.edu. Applications must be received five weeks prior to the fall or spring semester. Each applicant will be contacted to set up an interview with the committee shortly after the application due date.

Areas of Study/Programs

(Alphabetical index, see page 7)

THE ARTS

FINE ARTS AND CRAFTS	
Ceramics	.25
Drawing for the Fun of It	.26
Watercolor Workshop	.26
ART APPRECIATION	
Art Exhibitions on Screen	.27
Art House Cinema	.27
Critics' Choice: The Movies	.27
Silver Screen: Summertime at the Movies	.27
The History of Broadway (Open to the Public)	.28
LITERARY ARTS	
Authors' Central OLLI-CSUF (ACOC)	.28
Book Clubs	.28
"Genreflections" Book Club	.28
Graphic Novels, Comics and More!	
Kitty's Book Club	
Mystery Book Club	
Great Books	
Kick Starting Your Writing	
Life Story Workshop	
Poetry for Pleasure.	
Shakespeare Aloud	
Short Stories	
The New Yorker Magazine Discussion Group	
Women Writers' Workshop: Short Stories.	
Write Now!	
Writing with Feedback	
PERFORMING ARTS	.52
Classical Guitar: Beginning.	33
Classical Guitar Ensemble.	
Concert Band	
Drama, Improv & Storytelling.	
Jazz Band	
Learn to Read Music I	
Learn to Read Music II	
Line Dancing: Beginner's Level	
Line Dancing: Advanced Beginners/Intermediate	
Line Dancing Workshop: Beginners/Intermediate	
OLLI Flash Mob	
OLLI-Uke Ukulele Jam Sessions	
String Ensemble.	
Strings and Things Music Jam.	
Tap Dancing: Intermediate	.37

Tap Dancing: Advanced. Voci d'Oro Chorale	
LANGUAGES	
German	39
Spanish 1	
Spanish 4	
ECONOMICS, HUMANITIES AND SOCIAL SCIENCE	
American Civics 101: A Crash Course!	
American Presidency: The Man, His Policies, His Foes	
Can They Do That? The U.S. Constitution in Today's America	
Exploratory Discussion Group	
Money News: Personal Finance, Business, Economics	42
The People's Houses: Lawmaking, Policy and Politics by the	40
U.S. Congress and the California Legislature	
What Do You Say? American Accents and Dialects	43
HEALTHY LIVING	
Alzheimer's and Dementia Education You Can Trust	
(Open to the Public)	
Healthy Living for Your Brain and Body	
Effective Communication	
10 Warning Signs of Alzheimer's	
Longevity Stick Exercises	
Meditation for Everyday Life	
Tai Chi	
Tap-ercise.	
Tennis.	
Yoga for the Rest of Us	46
SCIENCE	
Archaeology	47
Underwater Archaeology: Ocean	
Underwater Archaeology: Fresh Water	
Science for You: Weather	47
TECHNOLOGY	
COMPUTER AND MOBILE DEVICE EDUCATION	
OLLI Tech Help OLLI Tech Help.	48
SPECIAL INTEREST GROUPS AND SOCIAL PROG	RAMS
Bridge, Really Beginning Bridge	
Bridge, Duplicate	
Bridge, Intermediate	
Caring for Yourself and Others	
Introduction to Strategies of Poker	
OLLI Socials	
Phocus Photography Club	
Sports Talk	
Strategy of Poker	

OLLI EVENTS

OLLI Today and Tomorrow Forum	52
Fourth of July Celebration and Veterans Recognition (Open to the Public)	52
Fall Open House (Open to the Public)	
OMMITTEE MEETINGS	
Board of Trustees	53
Collaboration Committee	53
Curriculum Committee	53
Hospitality Committee	54
Technology Education Committee (TEC)	54
Transitions in Retirement (TiR) Committee	54
Trips Committee	54



Class Calendars on the OLLI Website

- Bookmark the OLLI website http://olli.fullerton.edu on your mobile device
- Populate your personal calendar with OLLI classes and events from the website
- Check what's happening at OLLI on your mobile phone or tablet
- Changes in class and event times, dates and classrooms are updated on website calendars



Did You Know?

In 2006, the Continuing Learning Experience (CLE) at CSUF joined with Bernard Osher's nationwide organization of lifelong learning programs, becoming Osher Lifelong Learning Institute at Cal State Fullerton (OLLI-CSUF), and received over \$2 million in endowments from the Bernard Osher Foundation.

Index of Classes/Programs (Alphabetical)

10 Warning Signs of Alzheimer's	44
Alzheimer's and Dementia Education You Can Trust	
(Open to the Public)	
American Civics 101: A Crash Course!	41
American Presidency: The Man, His Policies, His Foes	41
Archaeology	47
Art Exhibitions on Screen	27
Art House Cinema	27
Authors' Central OLLI-CSUF (ACOC)	28
Board of Trustees.	53
Book Clubs	28
Bridge, Duplicate	49
Bridge, Intermediate	49
Bridge, Really Beginning Bridge	49
Can They Do That? The U.S. Constitution in Today's America	
Caring for Yourself and Others	
Ceramics	
Classical Guitar: Beginning.	
Classical Guitar Ensemble.	
Collaboration Committee	
Concert Band	
Critics' Choice: The Movies	
Curriculum Committee	
Drama, Improv & Storytelling.	
Drawing for the Fun of It.	
Effective Communication	
Exploratory Discussion Group	
Fall Open House (Open to the Public).	
Fourth of July Celebration and Veterans Recognition	
(Open to the Public)	52
"Genreflections" Book Club	
German	
Graphic Novels, Comics and More!	
Great Books.	
Healthy Living for Your Brain and Body	
Hospitality Committee	
Introduction to Strategies of Poker	
Jazz Band	
Kick Starting Your Writing	
Kitty's Book Club	
Learn to Read Music I	
Learn to Read Music II	
Life Story Workshop	
Line Dancing: Advanced Beginners/Intermediate	
Line Dancing: Beginner's Level	35

Line Dancing Workshop: Beginners/Intermediate	36
Longevity Stick Exercises	44
Meditation for Everyday Life	45
Money News: Personal Finance, Business, Economics	42
Mystery Book Club	29
OLLI Flash Mob	36
OLLI Socials	50
OLLI Tech Help	48
OLLI Today and Tomorrow Forum	52
OLLI-Uke Ukulele Jam Sessions	36
Phocus Photography Club	51
Poetry for Pleasure	31
Science for You: Weather	47
Shakespeare Aloud	31
Short Stories	31
Silver Screen: Summertime at the Movies	27
Spanish 1	39
Spanish 4	40
Sports Talk	51
Strategy of Poker	51
String Ensemble	37
Strings and Things Music Jam	37
Tai Chi	45
Tap Dancing: Advanced	37
Tap Dancing: Intermediate	37
Tap-ercise	45
Technology Education Committee (TEC)	54
Tennis	
The History of Broadway (Open to the Public)	28
The New Yorker Magazine Discussion Group	31
The People's Houses: Lawmaking, Policy and Politics by the U.S. Congress and the California Legislature	42
Transitions in Retirement (TiR) Committee	
Trips Committee	
Underwater Archaeology: Fresh Water	
Underwater Archaeology: Ocean	
Voci d'Oro Chorale	
Watercolor Workshop	
What Do You Say? American Accents and Dialects	
Women Writers' Workshop: Short Stories	
Write Now!	
Writing with Feedback	
Yoga for the Rest of Us	

Key Dates

Monday, May 29: Memorial Day, campus/office closed, no classes

Tuesday, May 30: First day of summer session

Monday, July 4: Independence Day, campus/office closed, no classes

Friday, August 4: Last day of summer session

Saturday, August 5: Open House

All dates for class meetings and events are listed in the course/event descriptions, including intersession meetings. Class meeting dates when classes will not meet due to holidays or other reasons are shown as "(3 no class)," 3 being the meeting date, in the course/event descriptions.

Auditing Cal State Fullerton Courses

One of the most valuable OLLI benefits is the privilege to audit any CSUF course, free of any tuition fees, with the instructor's permission and approval from the OLLI office. OLLI members don't receive any official, academic credit from the University, but they enjoy the benefit of a world-class education, participating with University students.

Go to the OLLI website at http://olli.fullerton.edu and click on AUDITING
CLASSES for step-by-step instructions to enroll through OLLI. This webpage provides links to the CSUF course catalog and schedule of classes for each semester. You will be asked to complete a form and submit it to the OLLI office, who will obtain instructor approval to attend your course(s) of choice. If approved, you will receive confirmation from the instructor, and later, information on how to access the class.



Did You Know?

On March 23 1979 the Continuing Learning Experience's (CLE) Charter became official when it was signed by CSUF's President Don Shields. A plaque of the Charter hangs above the bust of CLE's (now OLLI) first President, Leo Shapiro in the Shapiro Wing.

Commitment to Positive Member Experiences

We want all OLLI members to have the best possible experiences at our classes, programs and special events regardless of any differences in gender, heritage, abilities or political ideology. The OLLI leadership and staff are intent on helping you understand the expectations about standards of behavior. These are important to maintaining the high quality of OLLI as a community of learners in a variety of settings that promote learning while also providing for the respectful, open exchange of ideas.

We urge all members to become familiar with and to practice the standards in two adopted policies. OLLI's Ethical Environment Policy (Policy 2.6) supports an environment that is free of discrimination and harassment by incorporating the University's Policy Statement 100.006, fostering a climate of civility. That includes displaying respect for others and engaging in respectful discourse on diverse ideas. Please review these policies at http://olli.fullerton.edu (click on GOVERNING DOCUMENTS) and keep them in mind throughout your time at OLLI activities. Per the OLLI policy, any related grievances or incidents should be reported immediately to any OLLI officer or to the OLLI Administrative Manager. In cases of egregious acts (thankfully rare), OLLI may assess sanctions up to and including suspension or termination of membership.

OLLI Website: Everything You Need to Know about What's Going on at OLLI

The dates, times and places of classes and events are subject to change or cancellation. OLLI members are notified via email or the weekly OLLI newsletters, and the calendar on the electronic bulletin board in the Shapiro Wing is updated. The up-to-date calendar of the whole semester is always available on the OLLI website at http://olli.fullerton.edu. Select the CALENDARS tab to view today's calendar or the whole semester's activities by week or month. The CLASSES/ACTIVITIES tab often has more information about courses and activities than is included in the Blue Book.

The OLLI website contains a wealth of other information about OLLI, from its history to who heads up OLLI's operational areas, committees and teams, and how to contact them. The website describes how to support OLLI, either by donating or volunteering; how to become a member or renew your membership; how to access forms and register for computer courses, trips and special events; how to gain access to the CSUF Wi-Fi and student portal; how to audit CSUF courses ... and much more.

A shortcut can be created on a smartphone, tablet or computer to access the OLLI website. On the home page under the MORE INFORMATION column, click on OLLI ON YOUR PHONE/TABLET.

Distance Learning Program

OLLI members may have days when they can't get to campus, when parking availability is difficult or when their favorite classes are running concurrently, forcing them to miss a class. Selected classes are recorded and archived on the OLLI website for members to stream online at their leisure. Many videos are currently available to watch, and more are added each week. To access the video collection go to the OLLI website at http://olli.fullerton.edu and click on DISTANCE LEARNING VIDEOS or LIVESTREAM/RECORDINGS under MORE INFORMATION on the home page.

Attending Live Programs Online

OLLI uses both the Zoom app and livestreaming through the internet to deliver some courses, committee meetings and events online as an in-person alternative. The links to join these programs can be obtained from OLLI's weekly Class Information and Updates Newsletter or from the OLLI website under ZOOM COURSE IDs/LINKS or LIVESTREAM/RECORDINGS (you'll need your CSUF username and password).

To attend a Zoom program, an account is recommended but not required. Anyone can attend by using their laptop or desktop (Windows or Mac), tablet or smartphone (Apple or Android), or regular telephone. However, be sure to use your full name when signing in to facilitate taking attendance. If you haven't used Zoom before, leave about 10 minutes to set it up before your first use. If you use a laptop or desktop, the first time you click on a link, it will ask you to download a free Zoom app on your computer. If you are planning to use a tablet or smartphone, you'll want to download the free Zoom app ("Zoom Cloud Meetings") from your app store. More information and sources for help with Zoom are available on the OLLI website under ZOOM HELP.

Livestreaming is similar to Zoom, except you don't need an app—you just need access to the internet. Clicking on the livestream link takes you to a webpage where you choose the current meeting from a list. Unlike Zoom, you will not see the other attendees and the instructor can't see or hear you, but you can type a message into the chat box. All livestreamed classes are recorded and available to view after the meeting. For more information on livestreaming see OLLI Livestreaming FAQs. An informational video and class recordings are on the OLLI website under LIVESTREAM/RECORDINGS.

OLLI in the University Community

OLLI at Cal State Fullerton began in 1978 with an idea by Betty Robertson, then Director of Community and Outreach Programs in the Office of Extended Education, now titled Extension and International Programs (EIP). Betty proposed an outreach program in which members would pay their own way and be volunteers in developing their own organization—a program of, by and for retirees. In September 1979 the Continuing Learning Experience (CLE), now known as the Osher Lifelong Learning Institute (OLLI), commenced classes on campus with 40 members.

Volunteering in the University Community. OLLI-CSUF's retirement model includes volunteerism as a core element—not only in instructing or coordinating OLLI's programs, serving on committees and administering OLLI on the Board of Trustees—but also in supporting the wider University community. Cal State Fullerton welcomes OLLI members' involvement in campus programs as individuals and as part of OLLI-organized programs. Nothing exemplifies this more than the OLLI-CSUF Collaboration Program (see the next section). Members also contribute many hours, in addition to monetary donations, in support of CSUF programs including Art Alliance, Friends of the Fullerton Arboretum, Music Associates, Patrons of the Library and others.

Age-Friendly University. In 2021 CSUF was officially designated an "Age-Friendly University" for its comprehensive programs for older adults. In addition to its support of OLLI, CSUF provides the Aging Studies academic program, the Fibromyalgia and Chronic Pain Center, the Robust Aging Program and the Center for Successful Aging.

The Robust Aging Program, sponsored by the School of Nursing, provides a health assessment; blood pressure check; height, weight and body mass index measurement; and basic first aid for OLLI members at no cost during certain days and hours in Room 18C of the Ruby Gerontology Center. See the clinic's schedule at https://rapclinic.weebly.com/.

The Center for Successful Aging provides wellness support for OLLI members and other seniors in the community. Courses are offered promoting physical activity and reducing sedentary behavior. Popular with OLLI members, "Fit 4 Life," "NeuroFit" and other programs offer medically supervised fitness training and exercise, meeting twice a week in the Department of Kinesiology building. These are not OLLI courses. Each course charges a fee per semester, but CSUF student enrollment is not required. For more information go to http://csa.fullerton.edu/programs/index.php or call 657-278-2603.

OLLI-CSUF Collaboration OLLI + CSUF students + Faculty = Collaboration

Through the OLLI-CSUF Collaboration program, OLLI members share their life experiences and skills with members of the university community—to the benefit of all.

Opportunities include tutoring, mentoring, evaluating and sharing expertise with CSUF classes and individuals in both academic and career/professional pursuits. CSUF students and faculty benefit from our members' accumulated knowledge and wisdom, and OLLI members enjoy the intellectual stimulation, the opportunity to remain productive and "giving back" to the community.

Learn how to get involved under Other Activities in this booklet, and on our website at http://olli.fullerton.edu under the VOLUNTEER tab.

Transitions in Retirement Programs for the newly retired and almost-retired

New retirees or those approaching retirement have a special place at OLLI. Transitions in Retirement (TiR) is a series of programs for persons preparing for this next phase of their lives. Whether still working or not, you may not have enough weekday time to benefit from all OLLI courses. Transitions in Retirement addresses that with classes more to your convenience on weekends and during early morning, late afternoon and evening hours.

"Transitions in Retirement Essentials" classes on Saturday mornings during the fall and spring semesters are open to the public at no charge. This gives you a chance to sample what OLLI has to offer. Topics cover a wide range, from financial planning to health issues. Other TiR classes do require OLLI-CSUF membership. TiR offerings are specially marked in our course listings, and you can read more about our program on our website at http://olli.fullerton.edu under Transitions in Retirement on the home page.

Around and About OLLI

Parking privileges. A 24/7 parking permit is included at no additional charge with your OLLI membership, and you will be provided with a hangtag. OLLI parking permits are valid in certain parking lots and structures on campus. For specifics on where and where not to park, see the Parking & OLLI Trolley Information section.

Can I eat in or near OLLI?

Yes! Eating with other OLLI members is a good way to become acquainted. When members bring their lunches, they usually have company in the patio near the kitchen or at a table in the courtyard. Lunches may be stored in the kitchen refrigerator in Shapiro Wing A, but must be removed by Friday of each week. In addition, sack lunches may be taken on bus trips when special luncheon arrangements have not been made.

Within a two-minute walk are several other eating or snacking opportunities:

The CSUF Gastronome, an all-you-can-eat buffet for one price, serves fresh, wholesome, cooked-from-scratch and prepared-to-order meals throughout the day.

The CSUF Community Market, directly across from the Gastronome, stocks a wide array of packaged snacks and fresh produce, hot and cold beverages, foods and sundries.

The Titan Student Union, several minutes away, provides a selection of fast-food (some healthy) franchises and other options; see http://asi.fullerton.edu/titan-student-union#Food for details. While you're in that neighborhood, you can also shop at the bookstore or Titan Shops or do some banking at the ATMs or SchoolsFirst Credit Union.

Some campus food providers may offer a 10% discount if you show your current OLLI membership card (this discount is subject to change or elimination at any time).

OLLI Office

The OLLI office is in RGC Room 7 (see map on Page 24). It is open weekdays from 8:30 a.m. until 4 p.m. Campus holidays are observed. (See apps.fullerton.edu/AcademicCalendar/default.aspx.)

The office phone number is 657-278-2446, and OLLI's general information email is olli-info@fullerton.edu.

Staff members are Patsy Burns (Manager, Administration), Celia Reynolds (Administrative Assistant), Michelle Sanford (Administrative Assistant) and Ying Lu (Accounting Assistant).

Other

Restrooms are located on the north end of the RGC courtyard, outside on either side of Mackey Auditorium, and in the southeast corner of the RGC, indoors and adjacent to the main entrance to the Shapiro Wing.

COVID-19 Mitigation Protocols

OLLI members are not required to wear face masks on campus, even when indoors. OLLI members may choose for themselves whether to wear or not wear masks when indoors or outdoors and are urged to exercise caution if coming onto campus maskless. For OLLI's complete In-Person Attendance Guidelines, click on <u>COVID Protocols</u> on the OLLI website home page.

All instructors, OLLI members and visitors must be fully vaccinated to be on campus. Being fully vaccinated includes the first booster, which is required five months after the second Pfizer or Moderna COVID-19 vaccination or two months after the single Johnson & Johnson vaccination. OLLI members are required to complete CSUF's online COVID-19 Vaccination Report.

These protocols are effective as of the publication of this catalog and are subject to change. For all the current protocols, attendance guidelines and vaccination reporting go to the OLLI website at http://olli.fullerton.edu/classes/covid-19.php.

Parking & OLLI Trolley Information

Please consult the campus parking map following this section for parking locations. OLLI-CSUF members may park in some CSUF student lots and parking structures as listed below. Members are required to display an OLLI-CSUF parking permit whenever they park on campus.

Lot J, adjacent to the Ruby Gerontology Center (east side), is available exclusively for OLLI permit holders Monday through Thursday until 6 p.m., and Friday until 5 p.m. Lot J is particularly convenient for our members with mobility concerns, so we ask that you keep this in mind when considering where to park.

When Lot J is full, Lots G and A provide a pleasant walk. An OLLI Trolley ride to the RGC is available during published and posted hours. Lot G is located on the SW corner of Associated Road and Yorba Linda Blvd next to Goodwin Field. Lot A is located on the SE corner of Yorba Linda Blvd. and State College Blvd.

Do not park in the Arboretum parking lot, even if your class is held at the Arboretum (such as Longevity Stick and Tai Chi). If you have an OLLI class at the Arboretum, park in **Lot G**. Arboretum parking space is very limited. Continued parking there by OLLI members could result in the loss of access to this wonderful facility for OLLI classes.

OLLI Trolley. The OLLI Trolley is available during spring and fall semesters (no summer service) to transport members between Lots G and A and the RGC, although many members prefer to walk. See the OLLI Trolley operating times under PARKING AND OLLI TROLLEY on the OLLI website at http://olli.fullerton.edu. If you're interested in volunteering as an OLLI Trolley driver, please apply in the OLLI office.

By the Alphabet: CSUF Lot Availability for OLLI Members:

- Lot A: OLLI permits are valid in most of Lot A. Please check signs before parking. Do not park in Lot A-South, because this is a faculty-staff parking lot.
- Lot D: OLLI permits are NOT valid.
- Lot G: OLLI permits and daily parking permits are valid.

- Lot H: Parking is for the disabled and faculty/staff only. The four disabled parking stalls are available to qualified OLLI members. Please see Disabled Parking below.
- Lot J: available exclusively for OLLI permit holders Monday through Thursday until 6 p.m., and Friday until 5 p.m.
- Nutwood and State College Parking Structures: OLLI permits are valid.
- Eastside North and Eastside South Parking Structures: OLLI permits are NOT valid
- Student Housing Lot and Arboretum Lot: OLLI permits are NOT valid.

Parking Enforcement

OLLI permits are not to be transferred or lent, and they should only be displayed by the member to whom the permit was issued. A parking citation will be issued to a vehicle displaying a transferred permit, and the member may lose the privilege to receive another OLLI permit, indefinitely.

If your vehicle is issued a parking citation and you wish to contest it, you may file an administrative review online at https://csufparking.t2hosted.com/Account/Portal.

Disabled Parking

OLLI members with DMV-issued disabled parking placards may park in disabled stalls located in Lot J and in Lot H (Lot H is on the immediate west side of the Ruby Gerontology Center) and in Lot G (south side, across from the OLLI Trolley stop). Members must display both their OLLI permit and their placard when parked in a disabled stall.

Visitor Parking

Hourly and daily permits may be purchased in the machines in Lots A, G, S and Arts Drive, and on levels 2, 4 and 6 of the State College Parking Structure. Visitor permits are valid in all student parking lots and structures, but are not valid in Lot J, adjacent to the RGC, or the student housing lot. Permits are not required Fridays after 5 p.m. nor on Saturdays and Sundays.

General Information

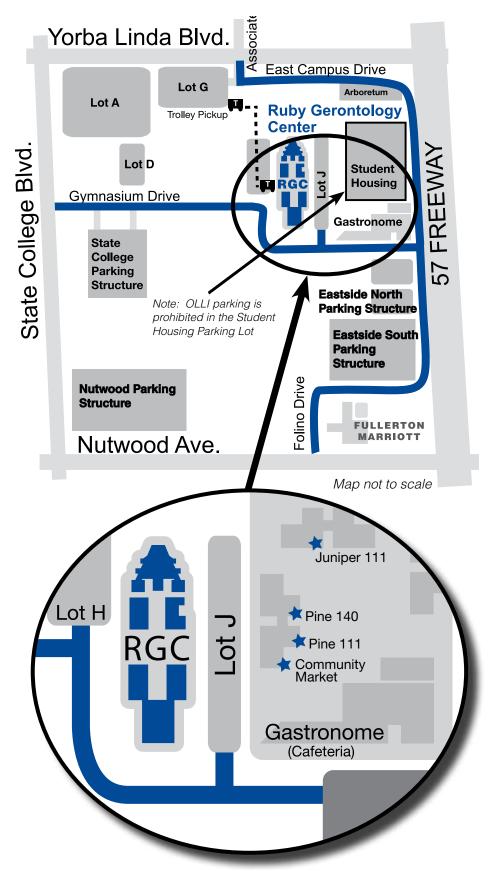
Campus parking information is available on the CSUF Parking and Transportation Services webpage at https://parking.fullerton.edu. OLLI members may call the Parking Office at 657-278-3082, or visit the walk-up window Monday through Friday, between the hours of 8 a.m. and 5 p.m., or send an email to parking@fullerton.edu.



Did You Know?

The Ruby Gerontology Center was named after Dr. Charles L. Ruby, one of CLE's (now OLLI) founders. In 1983 he recognized the need for our own building, pledging the initial \$100,000. His donations for building the RGC eventually totaled \$310,000.

Ruby Gerontology Center Parking



Special Events Registration Policy

Who goes? How are they chosen?

Special events are open to members only. Should an event not fill by the stated deadline, non-members may register with OLLI approval.

Registration for a special event begins on a date assigned by the OLLI office. This date is approximately one week after the mailing of the ChroniCLE first announcing the event. Payments and coupons for a special event will be accepted at the time of registration. Registration forms will be entered on a first-come, first-served basis. Forms submitted by mail (post office or electronic) prior to the date of the beginning of registration will be entered at the end of the first day of registration. Once an event is full, a waiting list will be created, also on a first-come, first-served basis.

The OLLI office notifies only those individuals who could not be included in an event, and refunds their payments. If you want confirmation that you have been included on the list for an event, check the event lists posted on the bulletin board outside the OLLI office.

Refunds of payments of those who are registered for an event but are unable to attend will be made as long as no cost is incurred by the organization. A registered participant who is unable to attend an event should notify the OLLI office at least two business days before the event. If there is a waiting list for the event, a replacement will be registered from the waiting list, and a refund will be made to the participant who is unable to attend.

If you have any questions regarding the special events policy, please contact the OLLI office at 657-278-2446.

Notes on Curriculum / Format / Frequency

Courses fall into these general categories: The Arts; Languages; Economics, Humanities and Social Sciences; Healthy Living; Science; Technology; and Special Interest Groups and Social Programs. OLLI's Curriculum Committee considers member requests in the planning of each semester's offerings.

Class formats include those in which members learn from each other, as well as guest lecturers such as community leaders, university professors and other leading authorities. All courses and programs are coordinated by OLLI members.

Lecture/Discussion courses and programs may include instructors, as well as guest lecturers and presenters. Presentations are generally followed by a coffee break and a "Q and A" session.

"Study" courses, such as language and literature, are enhanced by some study or work outside class.

Frequency varies, so be sure to check your Blue Book for class meeting times, days and dates.

Other programs include special events, field trips and other activities, some of which require a modest payment.

OSHER LIFELONG LEARNING INSTITUTE

at California State University, Fullerton (OLLI-CSUF)

- OLLI-CSUF is an organization of retired and semi-retired persons, operating on the campus of California State University, Fullerton under the guidance of Extension and International Programs.
- OLLI-CSUF is established under charter from California State University, Fullerton as a non-profit, self-supporting and self-administering entity.

MISSION

- To serve the lifelong learning needs of the older population in the campus environment of a great university.
- To afford members the privileges of adjunct student status on campus with all benefits inherent thereto.
- To allow self-directing individuals the means of providing a productive outlet for their creative energies.
- To provide programs taught by members who share their wealth of accumulated knowledge and expertise with their fellow members.
- To utilize the services of faculty from the university with judicious restraint to provide lectures and symposia in their respective disciplines.
- To support and enhance the activities of the university.

GOALS

- To provide lifelong learning opportunities (for its members) in classes and activities desired and determined by the membership.
- To provide individuals the means to teach, lecture and share their wealth of knowledge and expertise with fellow members.
- To operate on a fiscally-sound self supporting financial basis.
- To support and enhance the activities of California State University, Fullerton to the fullest extent possible.
- To create a welcoming environment.



Suggestion Box

We want your ideas, suggestions and solutions. Just drop a note in the box in the Shapiro Lobby, or email Mike Stover at stovermw@gmail.com.

Please silence your cell phone when attending classes and programs.

Thank you!

OLLI Gives to OLLI

Please consider OLLI-CSUF as a worthy candidate for your tax-deductible charitable giving. With your gift, OLLI can continue to offer life-enriching programs to its members at a low fee. Members' donations and bequests, together with earnings from the Osher Foundation endowments and members' volunteer services, secure OLLI's future programs and outreach.

Every contribution, no matter the size, is both tax-deductible and meaningful.

The California State Fullerton Philanthropic Foundation (CSFPF) is the entity overseeing the university's gifts and endowments, and the specific fund for OLLI contributions is OLLI-CSFPF.

Gift Options

- Fund for the Future (endowment fund): The principal of this fund grows over time with your contributions. A portion of the annual earnings of this account is transferred into the general budget, reducing membership fees. Donations may be in the form of cash, stock, or other financial gifts.
- OLLI-Today and Tomorrow Fund: This fund provides and supports
 OLLI on the CSUF campus with non-budget items not readily funded by
 OLLI operations. It is intended for special or major projects to enhance
 OLLI's learning environment with structural, capital and refurbishing
 needs for today and tomorrow.
- Computer Education Fund: This fund is used to supplement basic support for the computer lab. Gifts to this fund help us keep abreast of advances in technology.
- Master's in Gerontology Scholarship Fund: These funds provide an annual scholarship award for students enrolled in the Master's in Gerontology program. An award is given upon recommendation of the Gerontology program and approval by the OLLI-CSUF Vice President External Relations and the appointed committee.
- Membership Aid Fund: This fund provides basic membership scholarships to deserving applicants to OLLI who cannot meet the membership fees. These scholarships are private, and only the Membership Scholarship Committee and the president know the recipients. Funds for this come mainly from individual donations.
- **Operating Fund**: This fund is used for ongoing operating expenses and projects for the benefit of the general membership.
- **President's Advisory Council Fund**: This is a discretionary fund used for special projects outside the general budget. Examples are the plaques in the Shapiro Wing, memorials and recognition awards.

To make a gift to OLLI-CSUF, make a check payable to OLLI-CSFPF, enclose a note indicating which fund you are contributing to, and mail to:

Cal State Fullerton Philanthropic Foundation (CSFPF) 2600 Nutwood Ave., Suite 850 Fullerton, CA 92831

To give by credit card, call the Philanthropic Foundation at 657-278-2118 to arrange a secure payment.

In appreciation and for your tax records, you will receive a letter acknowledging your tax-deductible contribution.

OSHER LIFELONG LEARNING INSTITUTE

at California State University, Fullerton (OLLI-CSUF)

Board of Trustees

2023-2024

Executive Committee

President	Mike Stover
Vice President Administration	Bill Sampson
Vice President Programs	Ellie Monroe
Vice President Communications	Chris Shaw
Vice President Membership	Debbie Maxwell
Vice President External Relations	Bob Kovacev
Vice President Facilities	Pete Saputo
Vice President Technology	Jim Monroe
Vice President Hospitality	(Vacant)
Treasurer	Vickie Hite
Secretary	(Vacant)
Parliamentarian	Phillip Barnhard

d Immediate Past President Ellie Monroe

Trustees at Large

Maggie Giles

Joanne Hardy

Chris Milord

Lois Monroe

Kent Morris

Sue Mullaly

Jill Patterson

Tony Package

Ex-Officio

Dr. Debra Leahy, Dean of Extension and Associate Vice President for **International Programs**

Karen McKinley, Senior Director, Extension and International Programs Patsy Burns, Administrative Manager, OLLI-CSUF

Appointed Positions

11	
Archivist/Historian	. Joanne Hardy
Blue Book	. Chris Shaw, Editor
Blue Book Development	. Renee Cabrera, Lead
Budget Committee	. Vickie Hite, Chair
ChroniCLE	. Chris Shaw, Editor
Coordinator Training	. Renee Cabrera & Patsy Burns
CSUF Student Awards Committee	•
Curriculum Committee	.Renee Cabrera &
	Sue Batie, Co-Chairs
Development/Philanthropy Committee	· · · · · · · · · · · · · · · · · · ·
Digital Document Archive	
Digital Image Archive	• •
Digital Marketing Operations (Social Media)	
	Rosalind Charles, Co-Leads
Distance Learning	
Electronic Bulletin Board	Melinda Wiltsie I ead
Facilities Operations Committee	
Financial Advisory Committee	* '
Friendship/In Memoriam Committee	
Thendship/in Memoriani Committee	Ellie Monroe, Co-Chairs
Gatefold (Open to the Public) Brochure	
Grants Committee	
Hospitality Committee	
	O.
Kitchen Team.	
Library Team	
Long Term Plan 2022-2027	
	Mike Stover
Mailing Committee	
Member Scholarship Committee	
Membership Committee	
Membership Registration Team	
Musical Performance Committee	
	Rayleen Williams, Co-Chairs
New Members Orientation	•
Newsletters	
OLLI-CSUF Collaboration Committee	•
OLLI Personnel and Support Committee	
Parking & OLLI Trolley Team	•
	Pete Saputo, Co-Leads
Policies and Procedures Committee	
President's Advisory Council	. Ellie Monroe, Chair
Speakers Bureau	. Bob Kovacev, Lead
Technology Education Committee	. Tom La Casa &
	Michael Shellman, Co-Chairs
Technology Liaison Committee	.Jim Monroe, Chair
Transitions in Retirement Committee	
Trips Committee	-
Website Committee	
	÷

Blue Book Editorial Staff

Section Editors:

Ellie Monroe, Carol Thurk

Indexing/Distribution Celia Reynolds,

Michelle Sanford

Production Extension and International

Programs (EIP)

Notice of Disclaimer

OLLI-CSUF presents programs of interest for general guidance only. It does not engage in rendering legal, medical, financial or other professional advice and services. Due to the changing nature of laws, rules and regulations, and because the application and impact of laws can vary widely based on the specific facts involved, there may be omissions or inaccuracies in information presented by OLLI-CSUF. Therefore, information presented in an OLLI-CSUF program should not be used as a substitute for consultation with a professional legal, medical, financial or other competent adviser. Before making any decision or taking any action, program participants should consult a professional legal, medical, financial or other competent adviser.

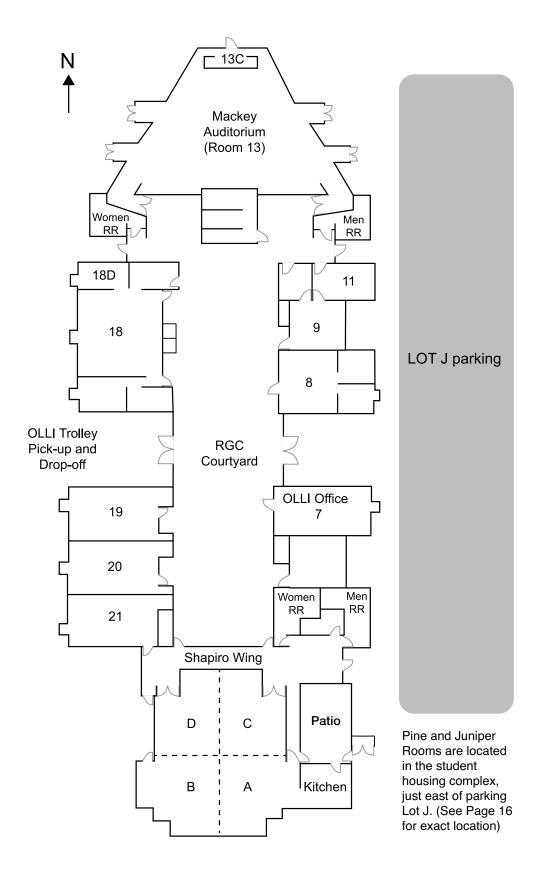
All information is provided "as is," with no guarantee of completeness, accuracy, timeliness or of the results obtained from the use of the information, and without warranty of any kind, express or implied, including, but not limited to warranties of performance, merchantability and fitness for a particular purpose. Neither OLLI-CSUF nor its information providers will be responsible to any program participant or anyone else for any decision made or action taken in reliance on the information presented by OLLI-CSUF, or for any consequential, special or similar damages, even if advised of the possibility of such damages.

OLLI-CSUF Board of Trustees John Beisner, CSUF Risk Management

Cal State Fullerton Campus Map



Ruby Gerontology Center



PROGRAM DESCRIPTIONS

Programs Offered In Person and Online

The courses and activities in this catalog may be offered: 1) in person on campus; 2) via Zoom videoconference; 3) livestream through the internet or 4) a combination of in-person and online, i.e., hybrid. Hybrid courses may be either synchronous—offering both in-person and online (Zoom and/or livestream) simultaneously for participants to choose from, or non-synchronous—alternating class meetings between in-person and online meetings.

Courses offered in multiple venues are listed in the course descriptions together, divided by an ampersand (&). For example, Room 21 and Zoom and Livestream will appear as Room 21&Zoom&Stream; or Zoom and Livestream will appear as Zoom&Stream.

Links to join Zoom or livestream courses will be available from the weekly OLLI newsletters or on the OLLI website at http://olli.fullerton.edu/ under ZOOM COURSE IDs/LINKS or LIVESTREAM/RECORDINGS (members will be asked for their CSUF username and password).

Watch OLLI's weekly newsletters and other emailed announcements and check the OLLI website for up-to-date information on changes in class or event meeting times, meeting venues (including Zoom and livestream) or cancellations.

THE ARTS

FINE ARTS AND CRAFTS

Ceramics

Every Tuesday • 9 a.m.-11:30 a.m. • Hybrid Two Tuesdays • Zoom

June 6 • July (4 no class) • August 1

Two Tuesdays • Shapiro AB

June 27, July 11

Five Tuesdays • Shapiro ABCD

May 30 • June 13, 20, • July 18, 25

Materials Fee Required

Come join us for a morning of fun, laughter, sharing and learning. The basic hand building techniques of clay will be taught—pinch pots, coil and slab—with many additional ideas. The experience will go far beyond your expectations! Beginners and (seasoned) experienced students are welcome! Please contact Janann at janann@sbcglobal.net if you plan to attend.

Instructor: Janann Zechmeister

Coordinators: Patricia Dapkus, Jim Di Tota, Waldene Henkhaus and

Jill Patterson

Emerita: Desiree Engel

Drawing for the Fun of It

Every Wednesday • 10 a.m.-noon • Shapiro CD&Zoom *May 31 • June 7, 14, 21, 28 • July 5, 12, 19, 26 • August 2*

Drawing is a skill that anyone can learn, but first you need to learn how to see as an artist sees. The course will use demonstrations and videos to facilitate developing your drawing skills along with help from instructors and coordinators. Gather your pencils, paper (or a sketchbook) and eraser to learn to do something you always wanted to do but didn't think you could! Advanced students may continue to work in different drawing media. Additional information about this course is on our website: https://olli.fullerton.edu/classes/the_arts/drawingforthefunofit.php.

Instructors/Coordinators: Jeff Layton, Sharon Brown, Carol Carson, Emma Cox, Stevie Johnston, Marsha Linsley, Joyce Ono, Michael Shellman and Sandy Wessel

Tech Coordinators: Emma Cox, Stevie Johnston, Tom La Casa, Joyce Ono and Michael Shellman

Watercolor Workshop

Every Wednesday • 1 p.m.-3:15 p.m. • Shapiro ABCD&Zoom *May 31 • June 7, 14, 21, 28 • July 5, 12, 19, 26 • August 2*

This course is an open workshop for all levels of watercolor artists. In alternate weeks, members or guests will lead in-class projects. Members share what they have learned in workshops or experimental techniques. We will share our paintings and have opportunities to review completed work or work in progress. At any of our sessions you are free to work on your own projects if you choose to do so. Check the OLLI website: https://olli.fullerton.edu/classes/the_arts/watercolorworkshop.php and look for additional information about our activities and resources. Come and join us in a relaxed, supportive environment to pursue your artistic passions!

Instructors/Coordinators: Marion Brockett, Sharon Brown, Carol Carson, Emma Cox, Maggie Giles, Barbara Glaeser, Stevie Johnston, Mickey La Casa, Joan Lebsack, Marsha Linsley, Joyce Ono, Betty Redmon, Mary Sampson, Michael Shellman, Sandy Wessel and guest instructors

Tech Coordinators: Marion Brockett, Emma Cox, Barbara Glaeser, Stevie Johnston, Mickey La Casa, Tom La Casa, Joan Lebsack, Joyce Ono and Michael Shellman



Links to Online Classes

Get links to Zoom and livestreamed classes in Class Information and Updates Newsletters or on the OLLI website at http://olli.fullerton.edu/ (CSUF username & password required).

ART APPRECIATION

Art Exhibitions on Screen

Alternate Tuesdays • 2 p.m.-4 p.m. • Shapiro CD

June 6, 20 • July (4 no class), 18 • August 1

Art Exhibitions are back again—with more great artists, great paintings and great guides! What could be a better way to learn? Come and join us on virtual visits to art exhibitions across the globe, this summer spanning works from the mid-1400s through the 20th Century. High quality films from the "Exhibition on Screen" series will be shown. These exhibition-based art films originally ran in select theaters around the world. Film content usually focuses on a single artist, at a single exhibition, with relevant background and supporting works added. Art historians and exhibit curators lead the way. Gentle attention is given to key works. Join in the open discussion after the film. Please check the OLLI newsletters for the specific film to be shown at each class.

Instructor: Judy Alter *Coordinator:* Sue Batie *Tech Coordinators:* Susan Hanna and Rick Hearn

Art House Cinema

Every Monday • 5:45 p.m.-8 p.m. • Shapiro CD

May (29 no class) • June 5, 12, 19, 26 • July 3, 10, 17, 24, 31

If you enjoy watching and discussing vintage and new foreign, independent and documentary films, join us to watch a series of thought-provoking films. Check the weekly OLLI newsletters for information on each week's film. Note that some films may run later than 8 p.m.

Instructor/Coordinator: Mary Sampson

Critics' Choice: The Movies

Every Friday • 9:30 a.m.-noon • Shapiro AB

June 2, 9, 16, 23, 30 • July 7, 14, 21, 28 • August 4

Movie fans will enjoy this course. At 9:30 a.m., previews of newly released films are shown. We check with class members to see if anyone has been to the movies and wants to give a recommendation. Then a feature length film is shown—it could be a box office hit, a foreign film or a sleeper that did not play in our area. If you like going to the movies, this program is something to look forward to every Friday. Check the weekly OLLI newsletters for information on each week's film. Come join us!

Instructor/Coordinator: Claire Curran

Silver Screen: Summertime at the Movies

Alternate Wednesdays • 9:30 a.m.-noon • Shapiro AB

June 7, 21 • July 5, 19 • August 2

In each class we view a documentary about one of the Hollywood greats, followed by one of their best films. We start at 9:30 a.m. and try to be out by noon.

Coordinator: Claire Curran

The History of Broadway (Open to the Public)

Every Tuesday • 11:45 a.m.-1:45 p.m. • Shapiro CD&Zoom May 30 • June 6, 13, 20, 27 • July (4 no class), 11, 18, 25 • August 1

Come enjoy the fun of learning about the great Broadway Musicals. This course will cover the history of how Broadway Musicals developed using various taped lectures and documentaries presented by the instructor. The material will cover the 200-year evolution of American musical theater which will include: the Minstrel Era, the Vaudeville Era, Early Broadway, the Revue versus the Book Musical, and Broadway Musicals over each decade. America's favorite Broadway Musicals will be explored. In addition, short biographical clips of major Broadway composers and performers of each era will be featured. This course will be a series which will span several future terms

Instructor/Coordinator: Ellie Monroe **Coordinator:** Jim Medici

Tech Coordinators: Jim Monroe and Sue Batie

LITERARYARTS

Authors' Central OLLI-CSUF (ACOC)

Alternate Thursdays • 2 p.m.-3:45 p.m. • Room 9&Zoom June 1, 15, 29 • July 13, 27

ACOC encourages authors and prospective authors to pool resources to promote their books and publications. Authors will participate in marketing, organizing promotional events, issuing press releases, collaborating in research and training, creating articles for and maintaining social media, applying guerrilla marketing and more. Publishing assistance is available.

Coordinators: Fritz von Coelln and Bob Kovacev

Tech Coordinator: Fritz von Coelln

Book Clubs

There are four separate clubs to choose from—see times and locations below.

Like reading books and talking about life and happiness? Then these could be the groups for you. We come together for one common interest—books. Yet, in exploring the stories or history together, we will discover we have so much more in common as well. We try to find new areas to branch into each month. We may invite OLLI authors with manuscripts ready for publication. We don't break the stories down, clinically, piece by piece. Instead, we prefer to discuss the story in general terms and how it relates to us.

"Genreflections" Book Club

Alternate Fridays • 11:30 a.m.-1 p.m. • Zoom

June 9, 23 • July 7, 21 • August 4

This course is for those who enjoy reading and discussing fiction. We will explore a variety of novels representing various genres, such as travel fiction, historical fiction, coming-of-age fiction and domestic fiction. For our first

meeting of the summer session 2023 the genre we will focus on is "wages of war," At this meeting we will discuss our selected novel, "Crooked Hearts" (published in 2016), written by Lissa Evans. Future genres and books for the remainder of the summer will be determined by the course attendees during our first meeting.

Instructor: Andrea Tarr *Tech Coordinator:* Rosalind Charles

Graphic Novels, Comics and More!

Alternate Thursdays • 4 p.m.-5:30 p.m. • Zoom

June 1, 15, 29 • July 13, 27

Join us as we read graphic novels on a wide range of topics, including social justice, history, science, and fantasy. Graphic Novels such as "Maus" and "Moonshot" use complex narratives and rich visual vocabularies to build bridges across cultures and languages. Once a semester, we read and discuss a classic or contemporary comic such as "Calvin and Hobbes." This summer, we will be reading "BL Metamorphosis," a heartwarming story of an unlikely friendship that develops between a 75-year-old woman and a teenager based on their love of the same graphic novel.

Instructor: Dr. Barbara Glaeser

Coordinator/Tech Coordinator: Jill Patterson

Kitty's Book Club

Alternate Mondays • 12:15 p.m.-2 p.m. • Zoom

June 5, 19 • July 3, 17, 31

The book selected for the first meeting in summer is "The House at the Edge of Night" by Catherine Banner. Please read the book and join our discussion.

Coordinators: Lisa Sewell and Juanita Driskell

Tech Coordinator: David Wilkinson

Mystery Book Club

Alternate Mondays • 12:15 p.m.-2 p.m. • Zoom

May (29 no class) • June 12, 26 • July 10, 24

The book selected for the first meeting is "Death at La Fenice" by Donna Leon. Please read this selection for our first meeting. "Triptych (Will Trent #1)" by Karin Slaughter is the selection for the second meeting. Subsequent book selections will be determined during the first meeting.

Coordinators/Tech Coordinators: Patrick Boyle and Sandy Potter



Verify Latest Information

Dates, times and places of classes and events are subject to change or cancellation. Access the OLLI website at http://olli.fullerton.edu and select the CALENDAR tab for up-to-date information.

Great Books

Alternate Mondays • 10 a.m.-noon • Room 21

May (29 no class) • June 12, 26 • July 10, 24

This course explores literature recommended by the Great Books Foundation. The group is made up of individuals who love to read and partake in lively discussions. Discussion leadership rotates among class participants. Join the discussion in finding deeper meaning behind the printed words. This summer we will begin reading and discussing selections from the "Great Conversations 3" anthology. "Great Conversations 3" is available through The Great Books Foundation at 800-222-5870, or online at www.greatbooks.org.The opening selection will be "The Pardoner's Tale" (from the Canterbury Tales) by Geoffrey Chaucer (*note*: this selection is included in the anthology).

Instructor: Judy Alter

Coordinators/Tech Coordinators: Gary Wolfe and JoBeth Cooper

Kick Starting Your Writing

Alternate Tuesdays • 12:15 p.m.-2:15 p.m. • Room 21

May 30 • June 13, 27 • July 11, 25

- Do you want to do some writing but don't know how to start? Have you written in your younger days and now would like to recover some of that earlier fire? Would you like to write but are afraid to try? Then we invite you to "Kick Starting Your Writing."
- Do you simply want to share what you have written and get encouragement and feedback? Then we invite you to "Kick Starting Your Writing."
- Have all of your writing experiences been practical, work oriented or technical? Do you wonder how to spark your imagination in order to write? Then we invite you to "Kick Starting Your Writing."

Instructor: Ron Baesler **Coordinator:** Ann Casas

Life Story Workshop

Alternate Tuesdays • 9 a.m.-noon • Zoom

Mav 30 • June 13, 27 • July 11, 25

Pre-registration Required: The course had full enrollment in spring 2023 and currently has a waiting list. If you are interested in attending the summer session, contact Kathy Collier at kathyloucollier@gmail.com to see if there are any openings.

This warm, supportive course is where you can begin writing down the stories of your life for your family. Share your stories and listen to the stories of others in your small reading group—a powerful experience, connecting with others through their stories. Discover a treasure trove of ideas for writing two-page life stories. For those with the goal of creating books to share with your children and grandchildren, you will have an opportunity to see books some of our writers have created and to hear from them about their experiences with design and printing. This workshop involves a commitment to attend regularly and write a story every two weeks.

Coordinators: Alice Gresto, Russ MacKeand and Kathy Collier *Tech Coordinators:* Zona Gray-Blair, Patricia Silvestri and Maureen Williams

Poetry for Pleasure

Every Thursday • Noon-1:45 p.m. • Room 9&Zoom

June 1, 8, 15, 22, 29 • July 6, 13, 20, 27 • August 3

Our poetry course is for people who love poetry. We listen to it, read it and even perform it. We take turns leading the class and featuring a poet or theme during the first hour. Then, in the second hour, we do potpourri when we read any poem we wish. Be assured that if you join us, you don't have to write poetry yourself. You just have to enjoy it. Come join us, it's fun!

Coordinators: Juanita Driskell, Alice Gresto and Mary Sampson

Tech Coordinator: Fritz von Coelln

Shakespeare Aloud

Alternate Thursdays • 10 a.m.-noon • Zoom

June 8, 22 • July 6, 20 • August 3

This semester, the course will focus on DVDs of lectures on Shakespeare from the Great Courses series to help us all better understand and appreciate the plays and the work of Shakespeare as we are reading.

Coordinators: Sandra Wodicka, Barbara Unsworth and Stephanie Beverage

Short Stories

Alternate Mondays • 10 a.m.-noon • Room 21

June 5, 19 • July 3, 17, 31

Do you enjoy reading but would like an alternative to book clubs that read full-size novels? Then "Short Stories" may be the right course for you. At each session we discuss two stories that have been read prior to class from the short story anthology that is currently being used. This summer we will complete our readings from "The Best American Short Stories 2020" edited by Curtis Sittenfeld and begin reading from a new anthology as yet to be chosen.

Coordinators: Janet Genow and Sybil Shecter

Tech Coordinator: Gary Wolfe

The New Yorker Magazine Discussion Group

Alternate Thursdays • Noon-2 p.m. • Room 21&Zoom

June 1, 15, 29 • July 13, 27

The New Yorker is renowned for its in-depth reporting and cultural commentary. Articles from other sources, including The Atlantic, Harper's Magazine, The New York Times and Los Angeles Times may also be included in our class discussions. Subscriptions to these publications are not required. Class members will receive links to the articles to be discussed in advance of the class meeting.

Coordinators: Loulie Beck and Edward Dunvan

Tech Coordinator: Jim Monroe

Women Writers' Workshop: Short Stories

Every Wednesday • 10 a.m.-noon • Room 9

May 31 • June 7, 14, 21, 28 • July 5, 12, 19, 26 • August 2

This course will create a judgment-free creative writing space and a supportive, nurturing writing community for women writers. Each class will include two components. In response to fun writing prompts designed to inspire and generate creativity, participants will share their writing (150 words or less). They will also have the opportunity to offer segments of creative works in progress for strength-based feedback and supportive suggestions. In this course, we will find our voices and share our stories. With a focus on short stories, we will write, share, explore and discover our writing and learn from each other.

Facilitators/Coordinators: Cheryl Perreira and Kenni Blossom

Write Now!

Alternate Thursdays • 2 p.m.-3:45 p.m. • Room 9&Zoom

June 8, 22 • July 6, 20 • August 3

For members who just want to write: essays, memoirs, letters to the editor, poems or stories. We provide you the opportunity to practice writing by writing. You will be provided a topic and you have two weeks to write about it (or you may write about your own subject matter). We encourage you to share your writing in class—we ask that articles be held to about 500 words. Come join us to just write, write, write and read—it is lots of fun!

Coordinators: Fritz von Coelln and Bob Kovacev

Tech Coordinator: Fritz von Coelln

Writing with Feedback

Every Thursday • 4 p.m.-6 p.m. • Room 9&Zoom

June 1, 8, 15, 22, 29 • July 6, 13, 20, 27 • August 3

We encourage course members to read aloud their creative works—fiction, nonfiction, poetry etc. Other course members provide feedback by sharing what worked well, what might need clarification or improvement, ideas for publication etc. The respondents may also provide written feedback to the presenter. You'll have the opportunity to rewrite your work in response to the feedback. This course is for authors and writers interested in publishing their works. Publishing assistance is available.

Instructors/Coordinators: Keni Cox, Jeanette Reese and Fritz von Coelln

Tech Coordinator: Fritz von Coelln **Emeritus:** Hank Smith

PERFORMING ARTS

Classical Guitar: Beginning

Every Thursday • 4:30 p.m.-5:30 p.m. • Room 18 *June 1, 8, 15, 22, 29 • July 6, 13, 20, 27 • August 3*

Required: Nylon-stringed guitar, a guitar footstool or other guitar support, and a music stand. A guitar tuner, either standalone or a phone app, is helpful but not required.

Are you fascinated by the beauty of classical guitar? Are you interested in learning the basics of playing in the classical guitar style? If so, come join in learning note reading on the guitar and the basic left- and right-hand classical guitar techniques. You'll learn to play melodies and simple duets. The ability to read music is helpful, but not essential. Guitarists of all levels are welcome. If you have any questions, please email the instructor at brattonja@csu.fullerton.edu.

Textbook (required): "Classical Guitar Method, Volume I" by Bradford Werner, is a free download available at https://www.thisisclassicalguitar.com/free-classical-guitar-method-book-pdf/. Please download and print the book before attending class.

Instructor/Coordinator: Janet Bratton

Classical Guitar Ensemble

Every Wednesday • 4 p.m.-6 p.m. • Room 18 *May 31 • June 7, 14, 21, 28 • July 5, 12, 19, 26 • August 2*

Required: A classical (nylon-stringed) instrument, footstool and music stand

For anyone who would like to play a classical guitar and make music in a group, come join us! Music from the 17th century to the present will be played in the classical guitar fingerstyle method. It is important that the student can read music. The first half of each class will feature work on guitar playing technique and expanded music reading skills. The second half of each class will feature repertoire development.

Textbook (required): "Solo Guitar Playing—Book 1, 4th Edition," by Frederick Noad (ISBN-13: 978-0-825-63711-7)

Coaches/Coordinators: Janet Bratton and Suzi Attal



Concert Band

Every Tuesday • 7:30 p.m.-9:30 p.m. • Shapiro ABCD

May 30 • June 6, 13, 20, 27 • July (4 no class), 11, 18, 25 • August 1

Prerequisite: Ability to read music and play an instrument

Required: Instrument and music stand

Concert Dress: All black or black pants/skirt and white shirt/blouse

Material Fee: None for summer 2023

Did you play an instrument in junior high or high school and want to play again? This is the group for you! All levels of musicians are welcome. We will play concert, popular, symphonic and show tune music. Come join in the fun of playing music together. There will be one or two performances each semester.

Conductor: James Hartford

Instructors/Coordinators: Rayleen Williams and Tom Stachelek

Drama, Improv & Storytelling

Every Thursday • 8:30 a.m.-9:45 a.m. • Shapiro CD

June 1, 8, 15, 22, 29 • July 6, 13, 20, 27 • August 3

Do you want to perform better in social situations? If you desire a more confident presence, better voice expression or free and expressive body language, then you have found the right course. For those who are "closet hams," come out and perform in broad daylight. For eager novices and experienced thespians, there is a place for you. Learn to feel more comfortable in front of an audience, maybe practice for a presentation or just have fun pretending to be someone else. So set the alarm and we'll see you at 8:30 a.m. on Thursdays.

Coordinator Team: Mary Sampson and Edward Dunvan

Jazz Band

Every Tuesday • 5:30 p.m.-7:30 p.m. • Shapiro ABCD

May 30 • June 6, 13, 20, 27 • July (4 no class), 11, 18, 25 • August 1

Prerequisite: Intermediate/advanced musician

Required: Instrument, music stand

Concert Dress: Black pants/skirt and white shirt/blouse

Materials Fee: \$20

This course will emphasize learning to play jazz with opportunities for improvisation. This is an instrumental group primarily for brass, sax, drums, piano, guitar and bass. Other instruments may be considered. Music from the swing era of the '30s to '50s will be played. Contact the conductor/coordinators by visiting the class. There will be one or two performances per semester.

Conductor: Tom Stachelek

Coordinators: Rayleen Williams and Thomas Stachelek

Learn to Read Music I

Every Tuesday • 3:45 p.m.-4:45 p.m. • Room 18

May 30 • June 6, 13, 20, 27 • July (4 no class), 11, 18, 25 • August 1

Required: Recorder and music stand

Come join this comfortably paced course. This course is designed as an introduction to reading music to prepare you for learning most instruments at a beginner's level. The focus will be on developing your ability to recognize notes, note values, key signatures, and other elementary music fundamentals. A soprano or tenor recorder will be used starting the first day of class to facilitate learning. If you need a recorder, please contact Ellie Monroe at jim.ellie@mindspring.com.

Instructor: Ellie Monroe **Coordinator:** Mickey La Casa

Learn to Read Music II

Every Tuesday • 4:45 p.m.-5:45 p.m. • Room 18

May 30 • June 6, 13, 20, 27 • July (4 no class), 11, 18, 25 • August 1

Prerequisite: Upper-level beginners or intermediate level recorder players and

other instrumentalists

Required: Recorder and music stand

If you played a recorder in the past and would like to pick it up again; please come join the group. The course will focus on learning solos, duets, and ensemble pieces. Class will continue to introduce intermediate levels of music fundamentals such as 16th notes, triplets, compound meters, and key signatures. Alto, tenor and bass recorder players are welcome to join us. We use the SATB format of music scoring.

Instructor: Ellie Monroe *Coordinator:* Mickey La Casa

Line Dancing: Beginner's Level

Alternate Wednesdays • 3:30 p.m.-5 p.m. • Shapiro ABCD&Zoom May 31 • June 14, 28 • July 12, 26

Line dancing is a popular means of socializing, sharpening one's memory and keeping fit. This course offers the basic fundamentals of line dance at a pace suited for the first-time dancer. The dances taught in this course will introduce the standard steps used by all professionals in the industry. All levels of dancers are welcome.

Instructor/Coordinator: Ellie Monroe

Coordinators: Mickey La Casa and Debbie Maxwell

Line Dancing: Advanced Beginners/Intermediate

Alternate Wednesdays • 3:30 p.m.-5 p.m. • Shapiro ABCD&Zoom June 7, 21 • July 5, 19 • August 2

Do you love to dance? Come and join us for an afternoon of music and fun. This course steps up to the next level of line dance from the beginner's level course. Current and traditional line dance will be taught at a relaxed and comfortable pace. Line dancing is great exercise for improving balance, coordination and memory skills while burning calories at the same time! All are welcome.

Instructor/Coordinator: Ellie Monroe *Coordinator:* Nancy Bauerly

Line Dancing Workshop: Beginners/Intermediate

Every Friday • 2:30 p.m.-3:30 p.m. • KHS 202

June 2, 9, 16, 23, 30 • July 7, 14, 21, 28 • August 4

This workshop is to offer "Line Dancing" students an opportunity to practice and reenforce line dances learned in the Wednesday "Line Dancing" courses. All levels of dancers are welcome to join in. Be prepared to get an aerobic workout.

Instructor/Coordinator: Ellie Monroe

OLLI Flash Mob

Every Tuesday • 2 p.m.-4 p.m. • KHS 202

May 30 • June 6, 13, 20, 27 • July (4 no class), 11, 18, 25 • August 1

Prerequisites: None. All dancers welcome

The OLLI Flashers never fail to entertain a crowd. We've danced for Brea Mall, the City of Fullerton and even ABC TV. So, come and learn our new dance and review/learn our repertoire of previous Flash Mob dances. You don't need to be a pro ... just a senior who wants to have fun. Join us as we dance on campus and at different venues all over Orange County. Let's set the stage on fire!

Instructor and Choreographer: Jeanette Reese *Coordinators:* Fritz von Coelln and Joanne Hardy

OLLI-Uke Ukulele Jam Sessions

Alternate Mondays • 3:30 p.m.-5 p.m. • Shapiro ABCD&Zoom

May (29 no class) • June 12, 26 • July 10, 24

Prerequisites: This course is open to all levels of ukulele players

We will play an assortment of music in each class. This is not designed to be a teaching class—advice and suggestions may be given, but playing together is the primary focus. Sessions will be led by a rotating group of OLLI and guest instructors. Bring a ukulele, music stand and tuner.

Coordinators: Leland Akasaki, Linda Callen, Vickie Hite, Jill Patterson and Cindy Welch

Tech Coordinator: Leland Akasaki

String Ensemble

Every Thursday • 10 a.m.-noon • Room 18

June 1, 8, 15, 22, 29 • July 6, 13, 20, 27 • August 3

Prerequisite: Intermediate string musician **Materials Fee:** No fee for summer 2023

Do you play a string instrument (violin, viola, cello)? We play chamber music (like Bach and Mozart) as well as contemporary arrangements (like Wizard of Oz or the Bonanza theme song). If you are unsure about your skill level, try us out for a couple of weeks. Please bring your instrument, music stand and a pencil.

Instructor/Coordinator: David Doo

Strings and Things Music Jam

Alternate Tuesdays • 2 p.m.-3:30 p.m. • Room 18

June 6, 20 • July (4 no class), 18 • August 1

This music jam activity course is for musicians who want to play and/or sing with other musicians and increase their repertoires. We will have an open jam format where class members will suggest tunes and songs to be played. All music will be provided via a Dropbox link. Please contact Patty McCollom at pattymccollom96@gmail.com if you have questions. We are looking forward to our musical collaboration.

Instructor: Patty McCollom **Coordinator:** Ellie Monroe

Tap Dancing: Intermediate

Every Friday • 10:30 a.m.-11:30 a.m. • KHS 202

June 2, 9, 16, 23, 30 • July 7, 14, 21, 28 • August 4

The summer's intermediate tap class will build on what students have learned in the spring beginning/intermediate course. For more information, contact Toni Hoffman at tonihoffman@sbcglobal.net.

Instructor/Coordinator: Toni Hoffman Technical Coordinator: Stan Hoffman

Tap Dancing: Advanced

Every Friday • 8:15 a.m.-10:15 a.m. • KHS 202

June 2, 9, 16, 23, 30 • July 7, 14, 21, 28 • August 4

Prerequisite: OLLI "Tap Dancing: Beginning"

If you have completed "Tap Dancing: Beginning" or have some tap experience, come and learn more skills. Join this advanced tap course for great fun and friendships! New steps become routines and in no time you will be enjoying the many dances you will learn. By learning our tap steps and routines you will become a "Snappy Tapper of OLLI." The Snappy Tappers have performed locally; however, performing is not required. For information, contact instructor Toni Hoffman at tonihoffman@sbcglobal.net.

Instructor/Coordinator: Toni Hoffman *Technical Coordinator:* Stan Hoffman

Voci d'Oro Chorale

Every Friday • 1 p.m.-3 p.m. • Shapiro CD *June 2, 9, 16, 23, 30 • July 7, 14, 21, 28 • August 4*

Materials Fee: \$15

If you love to sing and enjoy camaraderie, then this is the place for you! The OLLI Chorale sings together in four-part harmony, enjoying many different genres of music. Even if this is a new experience for you, come and learn to make beautiful music together in song. Come one, come all!

Instructors/Conductors: Tom Hut and Marge Osborn

Accompanist: Esther Ahn

Coordinators: Amy Kernes, Richard Kaufman and Jim Medici

Please Recycle at OLLI



Blue recycling bins with the recycle logo have been placed throughout the Ruby Gerontology Center for paper and cardboard and empty paper, plastic, glass and metal containers. Please recycle while at OLLI.

LANGUAGES

Please *note:* "Spanish 1" is intended for beginning students from fall through summer semesters. Our other OLLI language courses are "ongoing," i.e., they do not "start over" every year as they may in a high school or a university setting. After a year of "Spanish 1" students have the option of moving on to "Spanish 2" or to remain in "Spanish 1," taking it again as a refresher course. We do not give placement tests, so newcomers to language courses are welcome to sample classes and stay with any or all courses that suit their level of proficiency.

German

Every Tuesday • 12:30 p.m.-2:30 p.m. • Shapiro AB&Zoom

May 30 • June 6, 13, 20, 27 • July (4 no class), 11, 18, 25 • August 1

German—Deutschlernen macht Spaß1, Guten Tag und Herzlich Willkommen in der Deutschklasse.

This on-going German course is centered on expanding vocabulary and deepening the knowledge of grammar and structures. Common themes in the course are German culture, history, politics, way of life and other relevant topics. Authentic texts, movies, videos and German visitors add to the real-life atmosphere of the course. Handouts provided by the instructor will take the place of a textbook. Whether you want to expand your knowledge of German, travel to Germany or any other German speaking country, or just have an interest in learning about a great world culture, this OLLI German course is right for you!

Instructor: Elisabeth Strauss

Coordinators/Tech Coordinators: Ken Luke and Richard Zawilski

Spanish 1

Every Thursday • 10 a.m.-11:30 a.m. • Shapiro AB *June 1, 8, 15, 22, 29 • July 6, 13, 20, 27 • August 3*

Prerequisite: Please ask the instructor's permission if you want to join this course in the summer session because this is an ongoing course and students continuing from the spring semester will be given preference.

"Spanish 1" is a year-long course which starts every fall and completes classes by the end of summer. It is intended for students with little or no background in Spanish. Students will learn basic structures with repetition in listening and oral practice. Phonics will be taught so that students may read short passages and write their own sentences with familiar vocabulary. After completing "Spanish 1," students may wish to move on to "Spanish 2." Anyone wishing to repeat this course is welcome to do so if space is available. Our goal is to lay a good foundation for learning Spanish. We leave class every day saying something in Spanish.

Instructor: Marjorie Mota **Coordinator:** Jackie Ryan

Spanish 4

Every Monday • 1:15 p.m.-3:15 p.m. • Room 21

May (29 no class) • June 5, 12, 19, 26 • July 3, 10, 17, 24, 31

Prerequisite: Familiarity with Spanish grammar and verb tenses and the ability to process directions in Spanish and to express opinions in Spanish in group discussions

Students are provided with discussion topics ahead of class that will increase fluency and vocabulary. History and culture lessons promote knowledge of Spanish speaking countries and customs. On an as needed basis, selected points of grammar are reviewed. Students often volunteer to present a lesson or a travelog in Spanish. The presenters always hone their vocabulary while preparing the material and the audience members get the opportunity to think on their feet by asking questions in Spanish. We try to mirror the give and take of real-life conversation by doing this. New students with some fluency can join at any time.

Instructor/Coordinator: Marjorie Mota

OLLI NEEDS YOU!!! Please contact Ellie Monroe (jim.ellie@mindspring) or the OLLI Office if you would like to help by serving as a course coordinator or want to share your expertise by teaching a class!



Did You Know?

The "Godmother of CLE" (now OLLI) was Betty Robertson. As Director of Community and Outreach Programs at Cal State Fullerton in 1978, she researched and developed the idea, recruiting Leo Shapiro and other prominent founding member-volunteers.

ECONOMICS, HUMANITIES AND SOCIAL SCIENCES

American Civics 101: A Crash Course!

Alternate Wednesdays • 10 a.m.-noon • Zoom

May 31 • June 14, 28 • July 12, 26

Just imagine if all of us now had to take a government civics test every year to remain U.S. citizens. Would you be able to pass? Could you identify the co-equal branches of government and what their functions and responsibilities are? Could you explain the electoral college or the U.S. Constitution and its Bill of Rights? Do you know your Congressional representatives? Can you explain the concept of "gerrymandering" or the National Debt? "American Civics 101" is a timely five-part discussion that provides a simple but comprehensive path to understanding what every person applying for U.S. citizenship today must know: that is, how our U.S. government actually works!

Instructor: Alan Perper

Tech Coordinators: Renee Cabrera and Ellie Monroe

American Presidency: The Man, His Policies, His Foes

One Tuesday • 10:15 a.m.-11:45 a.m. • Shapiro CD&Zoom August 1

This class explores the policies, politics and challenges facing President Biden. The class will focus on "anchor" topics ripped from the headlines and presented in-depth for analysis and fact-checking. Use of multimedia aids and presentation of issues in a style that is designed to be both educational and (occasionally) entertaining differentiate this class. A website with supplementary materials and class notes is posted at https://sites.google.com/view/americanpresidency/home.

Instructor: Mike Stover

Tech Coordinators: Jim Monroe, Jay Messner and Sue Batie

Can They Do That? The U.S. Constitution in Today's America

One Tuesday • 10:15 a.m.-11:45 a.m. • Shapiro CD&Zoom July 11

This class will review the U.S. Supreme Court's significant decisions of their current term and their Constitutional basis, including controversial rulings expected in environmental regulation, immigration enforcement, Internet publishers' liability, LGBTQ discrimination, racial preferences, religious exemptions, and student loan forgiveness. The class features a website with supplementary materials and class notes: https://tinyurl.com/olli-constitution.

Instructor: Mike Stover

Tech Coordinators: Jim Monroe, Jay Messner and Sue Batie

Exploratory Discussion Group

Every Monday • 1:15 p.m.-3:15 p.m. • Shapiro CD&Zoom

May (29 no class) • June 5, 12, 19, 26 • July 3, 10, 17, 24, 31

Starting with the summer session, we explore The Great Courses' "Understanding the Dark Side of Human Nature" presented by Professor Daniel Breyer, Illinois State University. We will examine: What Do We Mean by the Dark Side?; What is Evil?; Sin, Original and Otherwise; The Fear of Death; Luck and the Limits of Blame; Forgiveness and Revenge; and The Allure of the Dark Side. Join us in this new study and keep your mind active.

Coordinators: Leland Akasaki and Rich Eaton Moderator: Rich Eaton

Money News: Personal Finance, Business, Economics

One Tuesday • 10:15 a.m.-11:45 a.m. • Shapiro CD&Zoom

This multimedia class goes behind the headlines of consumer and financial news. The class focuses on "anchor" topics and a brisk review of recent personal finance, economic and business news from such leading publications as The Wall Street Journal, The New York Times, The Economist, Consumer Reports and regional and local periodicals. Participants are encouraged to bring up topics they wish to explore. With so many retirement nest eggs dependent on financial markets or threatened by runaway inflation, "Money News" provides participants with insights and vital discussion on issues affecting their consumer choices and personal economic security. The class features a website with supplementary materials and class notes: http://tinyurl.com/olli-money.

Coordinator: Mike Stover

Tech Coordinators: Jim Monroe, Jay Messner and Sue Batie

The People's Houses: Lawmaking, Policy and Politics by the U.S. Congress and the California Legislature

One Tuesday • 10:15 a.m.-11:45 a.m. • Shapiro CD&Zoom *June 27*

"Laws are like sausages—it is best not to see them being made"
—Otto von Bismarck.

This class spotlights the legislative process and the critical issues facing the U.S. Congress and California Legislature. These "people's houses" are similar bicameral (upper and lower house) legislative houses but couldn't be more different in their political contexts, relationships with their chief executives, public approval ratings and many procedures. With America and California at critical crossroads regarding government direction, ranging from environmental and immigration policy to education and taxation policy, this "ripped from the headlines" class provides timely information to inform, educate and entertain. A website with supplementary materials and class notes is posted at https://sites.google.com/view/peoples-houses/

Instructor: Mike Stover

Tech Coordinators: Jim Monroe, Jay Messner and Sue Batie

What Do You Say? American Accents and Dialects

Alternate Thursdays • 1:45 p.m.-3:45 p.m. • Shapiro CD

June 1, 15, (29 no class) • July 13, 27

How and why do you say what you say? Is it soda or pop? Do you say y'all, you guys, you-uns or youse? Are "taught" and "tot" pronounced alike? You each have your own dialect—vocabulary, pronunciation and grammar—that reflects your life experiences. Where were you born? Where were your parents from? Where have you lived? What activities have you pursued throughout your life? By participating in this fun course, you will explore your personal dialect and what it says about who you are.

Instructor: Susan Hanna **Coordinator:** Rick Hearn



Suggestion Box

We want your ideas, suggestions and solutions. Just drop a note in the box in the Shapiro Lobby, or email Mike Stover at stovermw@gmail.com.



Did You Know?

The Shapiro Wing was named after CLE's (now OLLI) first president, Leo Shapiro, who was not only the driving force behind the start-up of CLE, but who also tirelessly worked for eight years to lead the fundraising for and the building of the Ruby Gerontology Center.

HEALTHY LIVING

Alzheimer's and Dementia Education You Can Trust (Open to the Public)

Three Mondays • 1 p.m.-2 p.m. • Shapiro AB&Zoom

Pre-registration Required

This series will contribute to your knowledge and understanding of Alzheimer's, and will be presented by the Alzheimer's Association, Orange County Chapter.

Coordinator: Ellie Monroe

Healthy Living for Your Brain and Body

June 5

Learn what research has shown about lifestyle choices that may help keep your brain and body healthy as you age. Hear practical ways to incorporate changes into a plan for healthy aging.

Effective Communication

July 17

Explore ways Alzheimer's and other dementias affect an individual's ability to communicate across different stages and learn tips to better communicate with people living with the disease.

10 Warning Signs of Alzheimer's

July 31

Learn about typical age-related changes, common warning signs of Alzheimer's, how to approach someone about memory concerns, and the benefits of a diagnosis.

Longevity Stick Exercises

Every Wednesday • 8:30 a.m.-9:30 a.m. • Zoom

May 31 • June 7, 14, 21, 28 • July 5, 12, 19, 26 • August 2

This is a Vietnamese exercise regimen consisting of a series of 12 movements done with a stick. The exercises are designed to maintain a healthy body and spirit by improving balance, flexibility, strength, mental focus and breathing capacity. For more information, go to http://www.longevitystick.org/. By the second meeting you will be required to have a one-inch-thick dowel, the length of your outstretched arms or corresponding to your height, with rubber chair leg tips on each end. Large men may feel more comfortable with a one-and-a-half-inch-thick dowel. Materials can be purchased at any home improvement store and cut to the proper length.

Instructors/Coordinators: Nancy Bauerly and Linda Petit

Tech Coordinator: Renee Cabrera

Meditation for Everyday Life

Three Mondays • 3:30 p.m.-4:30 p.m. • Zoom

June 5, 12, 19

Meditation is a simple and relaxing way of training your mind for a more joyful and peaceful life. Numerous scientific studies have shown that meditation, practiced regularly, can improve mental as well as physical well-being. Studies conducted in university labs and hospitals have shown that meditation can reduce stress, depression, anxiety and blood pressure. Meditation can also improve memory and brain function, boost the immune system and help people deal with chronic pain. Meditation is now being taught in schools and universities, hospitals, large companies and even the military. Different kinds of meditation will be explored, including mindfulness, visualizations, meditation with sound, walking meditation and loving kindness meditation. Beginners and experienced meditators are welcome.

Instructor: Mariana Fischer-Militaru *Tech Coordinator:* Barbara Glaeser

Tai Chi

Every Monday • 9 a.m.-10 a.m. • Room 18

May (29 no class) • June 5, 12, 19, 26 • July 3, 10, 17, 24, 31

Tai Chi has a long and distinguished tradition in exercise programs, and it continues at OLLI-CSUF. Come and exercise under the guidance of instructor Diane Globerman. Start the week with Tai Chi for health and serenity.

Textbook (optional): A suggested reference text on Tai Chi may be useful once you have learned the basic movements: "Beginning Tai Chi" by Tri Thong Dang, (ISBN-13: 978-0-804-82001-1)

Instructor: Diane Globerman Coordinator: Fran Dobley

Tap-ercise

Every Wednesday • 9 a.m.-10 a.m. • Zoom

May 31 • June 7, 14, 21, 28 • July 5, 12, 19, 26 • August 2

Every Friday • 1 p.m.-2 p.m. • KHS 202&Zoom

June 2, 9, 16, 23, 30 • July 7, 14, 21, 28 • August 4

This is a fun exercise course where tap steps are used to improve balance, coordination, strength and stamina. This is not a dance class: there are no routines to memorize and no performances. Some prior dance experience is preferred but not required. Students are taught basic tap steps, followed by more advanced steps as the course progresses. Whether you are a beginner or intermediate/advanced tapper, this course will improve your technique, increase your confidence and give you a good workout. For more information, contact Betty Loh-Chen at blohchen@gmail.com or Vickie Hite at vhite418@gmail.com.

Instructors/Coordinators: Vickie Hite and Betty Loh-Chen

Tech Coordinator: Vickie Hite

Tennis

Every Friday • 4 p.m.-dark • CSUF Tennis Courts

June 2, 9, 16, 23, 30 • July 7, 14, 21, 28 • August 4

Come and join your fellow OLLI members in truly enjoyable hours of fun, exercise and non-competitive tennis. You do not have to be an expert, but some tennis skills are important (no formal lessons are offered). Just show up on Friday afternoons and bring a can of balls, a water bottle, appropriate tennis shoes and your racket. Park in Lot G and enter the northwest gate.

Note: Courts will not be available for use during inclement weather or CSUF tennis tournaments.

Instructor/Coordinator: Ishwar Chander

Yoga for the Rest of Us

Three Mondays • 4:45 p.m.-6 p.m. • Zoom

June 5, 12, 19

Prerequisite: Able to do floor exercises and to get up easily

Ease into yoga with this instructor, who will help you find new energy and flexibility. Yoga poses incorporate focused breathing with exercise, stretching, balance and guided relaxation. Join us for a great group experience in practicing yoga to feel better and increase flexibility. Please arrive by 4:45 p.m. in order to warm up and be ready to start on time.

Note: Dress comfortably and bring a non-slippery yoga mat for floor work, one or two firm blankets, two foam blocks, a towel for neck support if needed, and a non-stretchy strap (a man's tie will do—not the rubber stretchy gymtype straps). Yoga is practiced barefoot, so please be prepared to take off shoes and socks. Have clothing to keep warm during the final relaxation time.

Instructor: Mariana Fischer-Militaru

Coordinator/Tech Coordinator: Barbara Glaeser



Verify Latest Information

Dates, times and places of classes and events are subject to change or cancellation. Access the OLLI website at http://olli.fullerton.edu and select the CALENDAR tab for up-to-date information.

SCIENCE

Archaeology

Two Thursdays • 2:30 p.m.-3:45 p.m. • Shapiro CD

Instructor: Bonnie Shirley J.D., M.A. Coordinator: Renee Cabrera

Tech Coordinator: TBD

Underwater Archaeology: Ocean

June 8

It was first recognized as a serious field in 1960, but how did underwater archaeology begin? This field has grown to include satellites and sonar in addition to underwater diving and reconnaissance. What has been found?

Underwater Archaeology: Fresh Water

July 6

Freshwater archaeology includes streams, rivers, lakes, ponds, oxbow lakes and cenotes. Diving, water penetrating radar and determination of Paleolithic landscapes are used. What has been found?

Science for You: Weather

Every Thursday • Noon-1:30 p.m. • Shapiro CD

June 1, 8, 15, 22, (29 no class) • July 6, 13, 20, 27 • August 3

Curious about clouds? Wondering about wind? Puzzled about precipitation? Confused about climate? Come explore the science behind weather systems, including the roles of air, water and wind. Learn to recognize the clouds in the sky and what they say about the weather. Discuss the physical processes driving weather and the global forces that shape global climate systems. You'll add a new dimension to the world around you when you understand why the weather acts the way it does.

Instructors/Coordinators: Rick Hearn and Susan Hanna *Tech Coordinators:* Paul Herrick and Ginger Barnhart

OLLI Trolley is not available during the summer session. Please use your parking permit to park in Lot J and other lots. The parking permit is **NOT** valid in Faculty/Staff parking area.

TECHNOLOGY

COMPUTER AND MOBILE DEVICE EDUCATION

The Technology Education Committee (TEC) invites your participation in enriching our current and future curricula, especially if you would like to share your expertise. Please attend our quarterly meetings on the first Wednesday of the month at 4 p.m. via Zoom.

Co-Chairs: Tom La Casa and Mike Shellman

OLLI Tech Help

(No Registration Required)

OLLI Tech Help

Every Friday • 1 p.m.-3 p.m. • Room 20&Zoom

June 2, 9, 16, 23, 30 • July 7, 14, 21, 28 • August 4

Need help with your computer, mobile devices or the technology you use? Visit the "OLLI Tech Help" lab, which will be available virtually in Zoom and face-to-face in Room 20 on Friday afternoons. OLLI tech help may also be available at other times by calling the OLLI office (657-278-2446) and leaving a message with your name, email address, the nature of your technology problem and what kind of technology device you are using (e.g., iPhone, Android smartphone, MacBook, Windows computer).

Instructors/Coordinators: Rosalind Charles, Mark Hammel, Rick Hearn, Steve Kernes, Tom La Casa, Jim Monroe, Bob Newcomb, Joyce Ono, Mike Shellman and Paul Herrick.



Did You Know?

When the building of CSUF's student housing reduced available parking at the RGC, it was OLLI's only two-time president Barbara Talento who thought up the OLLI Trolley and worked to make it feasible in 2008.

SPECIAL INTEREST GROUPS AND SOCIAL PROGRAMS

Bridge, Really Beginning Bridge

Every Friday • 8:30 a.m.-11:30 a.m. • Room 9

June 2, 9, 16, 23, 30 • July 7, 14, 21, 28 • August 4

This summer will be a review session with an emphasis on defensive play. (This will not be for the absolute beginner. Please wait and join us in September.) As usual, we promise a non-stop morning spent improving bridge skills and having fun.

Textbook (optional): You might enjoy reading a beginner's book before the course starts. Barbara Seagram's book, "Beginning Bridge," is one of many. *Instructors/Coordinators:* Angela Friedman and Sandy Potter

Bridge, Duplicate

Every Monday • 9:30 a.m.-noon • Shapiro ABCD

May (29 no class) • June 5, 12, 19, 26 • July 3, 10, 17, 24, 31

"Monday Morning Duplicate Bridge" is the oldest continuous CLE/OLLI course. We welcome all OLLI members to join us each Monday morning for a friendly and competitive game of bridge. Please arrive before 9:15 a.m. to make sure you and your partner can find a table for North/South or East/West, whichever is your preference. If you don't have a partner, please contact one of the coordinators the week before. We will try (but can't promise) to find you a partner.

Coordinators: Kent Burrell and Liz Burrell **Assistants:** Dan Coby and Jeff Graham

Bridge, Intermediate

Every Friday • 9 a.m.-noon. • Shapiro CD

June 2, 9, 16, 23, 30 • July 7, 14, 21, 28 • August 4

This course is for those interested in improving their bridge skills in a friendly, non-competitive atmosphere. Some knowledge of bidding and play is desirable. Come join us, learn and have fun. Play of the hand hasn't changed, but the bidding keeps evolving. We'll help you with both. Emphasis will be on American Standard Bidding conventions. During each Friday session, a short lesson will be presented to reinforce some aspect of bridge bidding or play. You don't need a partner.

Instructor: TBD **Coordinator:** Arie Passchier

Caring for Yourself and Others

Every Thursday • 2:15 p.m.-3:30 p.m. • Zoom

June 1, 8, 15, 22, 29 • July 6, 13, 20, 27 • August 3

"Yesterday I was clever, so I wanted to change the world. Today I am wise, so I am changing myself."—Rumi

This is a discussion course that uses self-enabling tools to help build and gain personal empowerment to fulfill your life. Caring and changing yourself will influence those around you. Topics are varied to include different aspects of the body, mind and spirit. Join in for a holistic view of life and how we can make changes to embody the health and happiness we all desire.

Instructor/Coordinator: Jan Friel, CCIS

Introduction to Strategies of Poker

Every Friday • 12:30 p.m.-3 p.m. • Shapiro AB

June 2, 9, 16, 23, 30 • July 7, 14, 21, 28 • August 4

Each Friday, "Introduction to Strategies of Poker" instruction classes will be conducted for all levels of beginning poker players. Classes are taught at an easy pace by an OLLI instructor well-versed in the game of Texas Hold'em. Instruction will also include the history of poker, the rules and terminology of the game, the hierarchy of poker hands and the strategy of betting and raising. Instruction will be conducted at special poker tables with casino-type poker chips and regular 52-card decks. Following the "Introduction to Strategies of Poker" classes, beginners will be invited to play with more seasoned players in the "Strategy of Poker" course, which starts at 3:30 p.m. All players, seasoned and beginners, continue to hone their skills each week and become better players. This course is a lot of fun with a chance to socialize with fellow OLLI members who also enjoy the game of Texas Hold'em poker.

Instructor/Coordinator: Dennis Wilson

OLLI Socials

Two Thursdays • 2:30 p.m.-4 p.m. • Shapiro ABCD

July 20 • August 3

OLLI Socials provide a party atmosphere for members to get together and have fun listening and/or dancing to live music. This summer, "OLLI Socials" will feature OLLI members as well as a variety of musicians and singers for your entertainment pleasure. Come dance, sing along, play games or just listen to great music with your friends at OLLI. Refreshments will be provided. Come join us for a good time at "OLLI Socials" this summer.

Coordinators: Mickey La Casa, Tom La Casa, Tracy Hammel and Mark Hammel

Music & Entertainment Coordinator: Ellie Monroe

Phocus Photography Club

Monthly Tuesdays • 1:30 p.m.-3:30 p.m. • Room 21

June 6 • July 4 (no class) • August 1

Pre-registration is not required

The "Phocus Photography Club" is a group of amateur photographers who meet to share photos and experiences. Club meetings may start with a guest speaker, who is often a professional photographer or a highly skilled amateur. Meetings end with members sharing images they've taken on a recent club outing or exotic photo trip. The Club tries to have one local photography field trip per month. Attend the "Phocus Photography Club" to improve your photographic skills.

Contact: John Price, 562/237-2897 or snoprey@aol.com

Coordinators: John Price, Mary Crouch, Bob Caswell, Jim DiTota, Donna

Judd and Rick Hearn

Sports Talk

Alternate Wednesdays • 1 p.m.-3 p.m. • Room 9&Zoom

June 7, 21 • July 5, 19 • August 2

Discussion of the world of sports is our game. In this course, we cover current events as well as other subjects of interest to sports fans. We are kind of like sports-talk radio but without the ranting and raving. Join us as we debate such topics as drug use in sports, famous athletes in the news, the latest trade talks of our local teams, performance of United States national teams in, and any variety of other sports topics. In this course, we learn, debate and discuss, and reminisce, but above all, we have fun and share a great camaraderie that new members will embrace. So feel free to join us in the fun!!

Coordinator: Carl Richards

Strategy of Poker

Every Friday • 3:30 p.m.-5:30 p.m. • Shapiro ABCD

June 2, 9, 16, 23, 30 • July 7, 14, 21, 28 • August 4

Poker is a game of skill and chance emphasizing the ability to read situations and opponents to give you the advantage in the hands you play. It is also a game utilizing statistics where the better players are able to calculate the odds of you or your opponent winning a hand in various situations. It cannot be assumed that people who utilize statistics will be winning players, but a sound knowledge of the odds can only improve your game and give you an advantage. Sophisticated players learn strategies such as bluffing and reading an opponent's playing characteristics. Each week, variations of poker will be introduced and practiced. We play games of Dealer's Choice and Texas Hold'em. This course is a lot of fun with great camaraderie among the players. Hope to see you there!

Instructor/Coordinator: Dennis Wilson

OLLI EVENTS

OLLI Today and Tomorrow Forum

Two Mondays, June 19 and July 17 • Noon-1 p.m. • Zoom

OLLI members are invited to participate in this open forum on the challenges facing OLLI-CSUF in the "new normal" of on-campus, Zoom and hybrid classes and activities. In addition, OLLI Board of Trustee deliberations and opportunities for members to discuss OLLI issues will be provided. Keeping OLLI as a University-affiliated organization that stresses lifelong learning, healthful living, and robust social engagement opportunities will be emphasized.

Moderator: Mike Stover **Tech Coordinators:** Jim and Ellie Monroe

Fourth of July Celebration and Veterans Recognition (Open to the Public)

Thursday, June 29 • 1 p.m.-3 p.m. • Shapiro ABCD&Courtyard

This annual event will feature a presentation of our proud OLLI Veterans. Join in honoring the OLLI men and women who served during WWII, Korean, Vietnam and Gulf Wars. Our OLLI Veterans' photos will be shown accompanied by patriotic music. Members wishing to have their personal photo included in this presentation may send a .jpeg of their military photo to ellie.monroe@mindspring.com. You may take your photo to one of your local stationery stores to have them scan your photo and give you a .jpeg copy on your flash drive.

Coordinator: Ellie Monroe

Fall Open House (Open to the Public)

Saturday, August 5 • 9 a.m.-noon • Ruby Gerontology Center

This is an opportunity to share OLLI with your friends! Invite them to join us at our Open House, visit with our course instructors/coordinators, meet our many volunteers and learn about the 2023-2024 new and continuing programs. This meeting will give you an opportunity to get answers to your questions about the OLLI Program. We are looking forward to seeing you there! Further information will be provided through the ChroniCLE and newsletters during the summer session.

Please silence your cell phone when attending classes and programs.

Thank you!

COMMITTEE MEETINGS

Board of Trustees

Second Thursday of each month • 8:30 a.m.-10 a.m. • Room 8&Zoom June 8 • July 13 • August 10

The OLLI Board of Trustees invites OLLI members to attend its monthly board meetings and learn more about OLLI business and its self-directing deliberations. Members wishing to speak on non-agenda board items are advised to notify the president and/or administrative manager in writing (including a brief description of the subject to be addressed) at least one week in advance of the meeting. At the discretion of the president, up to three minutes may be allocated within the board meeting agenda.

Chair: OLLI President Mike Stover

Collaboration Committee

Monday, June 12 • 10 a.m.-11:30 a.m. • Zoom

The OLLI-CSUF Collaboration Program offers OLLI members opportunities to share their knowledge and experience to contribute to CSUF student success. It is an important component of OLLI's interaction with the Cal State University Fullerton (CSUF) campus. The committee meets to discuss our activities and we welcome you to join us to learn about the variety of opportunities available to share your time and talent. Information about the OLLI-CSUF Collaboration Program can be found in the weekly OLLI newsletters and on the OLLI website at: https://tinyurl.com/OLLICSUF-Collaborations or contact the Collaboration Committee chair for more information.

Chair: Sue Mullaly <u>smullaly@csu.fullerton.edu</u>

Curriculum Committee

First Monday of each month • 3:30 p.m.-5 p.m. • Zoom *June 5 • July 3 • August 7*

The Curriculum Committee meets to review and disposition potential future courses. It is open to all OLLI members and consists of members designated by the committee co-chairs and the Vice President Programs. Bring ideas for OLLI courses or activities to these meetings! Better still, if any member would like to offer a course or knows of potential presenters, please attend these meetings to ensure that OLLI's programs are the best they can be! Course proposal forms can be downloaded from the OLLI website at: http://olli.fullerton.edu/_resources/pdfs/CourseProposalForm.pdf.

Co-Chairs: Renee Cabrera and Sue Batie

Hospitality Committee

First Friday of each month • 10:30 a.m.-noon • Room 8&Zoom

June 2 • July 7 • August 4

The OLLI Hospitality Committee facilitates and promotes social interactions that give OLLI members opportunities for sharing their personal backgrounds and areas of knowledge outside the classroom. The committee supports the OLLI business meetings with refreshments and hosts fun themed events, usually including a dinner or luncheon either on or off campus. The committee is open to all members who enjoy helping others enhance the OLLI experience and provide social outlets; the only talent needed is to be fun-loving.

VP Hospitality: TBD **Chair:** Tina Ernsting

Technology Education Committee (TEC)

Wednesday. August 2 • 4 p.m.-5 p.m. • Zoom

The Technology Education Committee is dedicated to helping OLLI members make the best use of the ever-increasing technology now ubiquitous in our daily lives. Share computer/technology expertise and teach a course or workshop, contribute to a seminar, or help to shape the technical education curriculum. The TEC welcomes member insights and expertise. Join these meetings! For more information, contact Tom La Casa at: tom lacasa@yahoo.com or Michael Shellman at mshellman@aol.com.

Co-Chairs: Tom La Casa and Michael Shellman

Transitions in Retirement (TiR) Committee

Monday, June 12 • 3:30 p.m.-5 p.m. • Zoom

The TiR Committee focuses on developing programs and activities for OLLI members who are still working part-time or are recently retired. This committee is anticipating a significant number of new retirees, who have a different outlook on retirement than that of previous generations.

Chair: Russ MacKeand

Trips Committee

Second Wednesday of each month • 11:30 a.m.-1:30 p.m. • Zoom

June 14 • July 12 • August 9

The OLLI Trips Committee plans and coordinates trips of educational interest to OLLI members to locations off of the CSUF campus. These trips are OLLI special events and are subject to the Special Events Registration Policy section located elsewhere in this catalog. Trips are either day trips or overnight trips. Some recent or planned day trips include the Hollywood Bowl, the LA/Long Beach Harbor and Ports Cruise, and the California Science Center. Some recent or planned overnight trips include Monterey, Costa Rica and China. Members are notified of upcoming trips via the ChroniCLE, the OLLI newsletters and the OLLI bulletin boards. Join our committee meetings and share ideas and interests for day and overnight trips that would be a learning experience for OLLI members. Ken Luke chairs this committee and is always interested in learning of new trips and interests.

Chair: Ken Luke

Day of the Week Index

Programs are shown in class/event start-time order for each day of the week.



Verify Latest Information

Dates, times and places of classes and events are subject to change or cancellation. Access the OLLI website at http://olli.fullerton.edu and select the CALENDARS tab for up-to-date information.

Mondays

Tai Chi • Weekly • 9 a.m.-10 a.m. • Room 18

May (29 no class) • June 5, 12, 19, 26 • July 3, 10, 17, 24, 31

Bridge, Duplicate • Weekly • 9:30 a.m.-noon • Shapiro ABCD *May (29 no class)* • *June 5, 12, 19, 26* • *July 3, 10, 17, 24, 31*

Collaboration Committee • 10 a.m.-11:30 a.m. • Zoom *June 12*

Great Books • Alternate Weeks • 10 a.m.-noon • Room 21 *May (29 no class)* • *June 12, 26* • *July 10, 24*

Short Stories • Alternate Weeks • 10 a.m.-noon • Room 21 *June 5, 19 • July 3, 17, 31*

OLLI Today and Tomorrow Forum • Noon-1 p.m. • Zoom *June 19 • July 17*

Kitty's Book Club • Alternate Weeks • 12:15 p.m.-2 p.m. • Zoom *June 5, 19 • July 3, 17, 31*

Mystery Book Club • Alternate Weeks • 12:15 p.m.-2 p.m. • Zoom *May (29 no class)* • *June 12, 26* • *July 10, 24*

Alzheimer's and Dementia Education You Can Trust* • 1 p.m.-2 p.m. • Shapiro AB&Zoom *June 5 • July 17, 31*

Exploratory Discussion Group • Weekly • 1:15 p.m.-3:15 p.m. • Shapiro CD&Zoom

May (29 no class) • June 5, 12, 19, 26 • July 3, 10, 17, 24, 31

^{*}Asterisk indicates courses that are open to the public.

Spanish 4 • Weekly • 1:15 p.m.-3:15 p.m. • Room 21

May (29 no class) • June 5, 12, 19, 26 • July 3, 10, 17, 24, 31

Curriculum Committee • Monthly • 3:30 p.m.-5 p.m. • Zoom

June 5 • July 3 • August 7

Meditation for Everyday Life • 3:30 p.m.-4:30 p.m. • Zoom

June 5, 12, 19

Transitions in Retirement (TiR) Committee • 3:30 p.m.-5 p.m. • Zoom

June 12

OLLI-Uke Ukulele Jam Sessions • Alternate Weeks • 3:30 p.m.-5 p.m. •

Shapiro ABCD&Zoom

May (29 no class) • June 12, 26 • July 10, 24

Yoga for the Rest of Us • 4:45 p.m.-6 p.m. • Zoom

June 5, 12, 19

Art House Cinema • Weekly • 5:45 p.m.-8 p.m. • Shapiro CD

May (29 no class) • June 5, 12, 19, 26 • July 3, 10, 17, 24, 31

Tuesdays

Ceramics • Weekly • 9 a.m.-11:30 a.m.

Zoom: June 6 • July (4 no class) • August 1

Shapiro AB: June 27, July 11

Shapiro ABCD: May 30 • June 13, 20 • July 18, 25

Life Story Workshop • Alternate Weeks • 9 a.m.-noon • Zoom

May 30 • June 13, 27 • July 11, 25

American Presidency: The Man, His Policies, His Foes • 10:15 a.m.-

11:45 a.m. • Shapiro CD&Zoom

August 1

Can They Do That? The U.S. Constitution in Today's America •

10:15 a.m.-11:45 a.m. • Shapiro CD&Zoom

July 11

Money News: Personal Finance, Business, Economics • 10:15 a.m.-

11:45 a.m. • Shapiro CD&Zoom

June 6

The People's Houses: Lawmaking, Policy and Politics by the U.S.

Congress and the California Legislature • 10:15 a.m. - 11:45 a.m. •

Shapiro CD&Zoom

June 27

The History of Broadway* • Weekly • 11:45 a.m.-1:45 p.m. • Shapiro CD&Zoom

May 30 • June 6, 13, 20, 27 • July (4 no class), 11, 18, 25 • August 1

Kick Starting Your Writing • Alternate Weeks • 12:15 p.m.-2:15 p.m. • Room 21

May 30 • June 13, 27 • July 11, 25

German • Weekly • 12:30 p.m.-2:30 p.m. • Shapiro AB&Zoom *May 30* • *June 6, 13, 20, 27* • *July (4 no class), 11, 18, 25* • *August 1*

Phocus Photography Club • 1:30 p.m.-3:30 p.m.• Room 21 *June 6, July (4 no class), August 1*

Art Exhibitions on Screen • Alternate Weeks • 2 p.m.-4 p.m. • Shapiro CD *June 6, 20 • July (4 no class), 18 • August 1*

OLLI Flash Mob • Weekly • 2 p.m.-4 p.m. • KHS 202

May 30 • June 6, 13, 20, 27 • July (4 no class), 11, 18, 25 • August 1

Strings and Things Music Jam • Alternate Weeks • 2 p.m.-3:30 p.m. • Room 18

June 6, 20 • July (4 no class), 18 • August 1

Learn to Read Music I • Weekly • 3:45 p.m.-4:45 p.m. • Room 18 *May 30* • *June 6, 13, 20, 27* • *July (4 no class), 11, 18, 25* • *August 1*

Learn to Read Music II • Weekly • 4:45 p.m.-5:45 p.m. • Room 18 *May 30* • *June 6, 13, 20, 27* • *July (4 no class), 11, 18, 25* • *August 1*

Jazz Band • Weekly • 5:30 p.m.-7:30 p.m. • Shapiro ABCD *May 30 • June 6, 13, 20, 27 • July (4 no class), 11, 18, 25 • August 1*

Concert Band • Weekly • 7:30 p.m. • Shapiro ABCD *May 30 • June 6, 13, 20, 27 • July (4 no class), 11, 18, 25 • August 1*



OLLI Has a Facebook Page

Follow activities at OLLI-CSUF on our Facebook page at www.facebook.com/OLLICalStateFullerton.

Wednesdays

Longevity Stick Exercises • Weekly • 8:30 a.m. • Zoom

May 31 • June 7, 14, 21, 28 • July 5, 12, 19, 26 • August 2

Tap-ercise • Weekly • 9 a.m.-10 a.m. • Zoom

May 31 • June 7, 14, 21, 28 • July 5, 12, 19, 26 • August 2

Also meets on Fridays

Silver Screen: Summertime at the Movies • Alternate Weeks •

9:30 a.m.-noon • Shapiro AB

June 7, 21 • July 5, 19 • August 2

American Civics 101: A Crash Course! • Alternate Weeks •

10 a.m.-noon • Zoom

May 31 • June 14, 28 • July 12, 26

Drawing for the Fun of It • Weekly • 10 a.m.-noon • Shapiro CD&Zoom

May 31 • June 7, 14, 21, 28 • July 5, 12, 19, 26 • August 2

Women Writers' Workshop: Short Stories • Weekly • 10 a.m.-noon •

Room 9

May 31 • June 7, 14, 21, 28 • July 5, 12, 19, 26 • August 2

Trips Committee • Monthly • 11:30 a.m.-1:30 p.m. • Zoom

June 14 • July 12 • August 9

Sports Talk • Alternate Weeks • 1 p.m.-3 p.m. • Room 9&Zoom

June 7, 21 • July 5, 19 • August 2

Watercolor Workshop • Weekly • 1 p.m.-3:15 p.m. • Shapiro

ABCD&Zoom

May 31 • June 7, 14, 21, 28 • July 5, 12, 19, 26 • August 2

Line Dancing: Beginner's Level • Alternate Weeks • 3:30 p.m.-5 p.m. •

Shapiro ABCD&Zoom

May 31 • June 14, 28 • July 12, 26

Line Dancing: Advanced Beginners/Intermediate • Alternate Weeks •

3:30 p.m.-5 p.m. • Shapiro ABCD&Zoom

June 7, 21 • July 5, 19 • August 2

Classical Guitar Ensemble • Weekly • 4 p.m.-6 p.m. • Room 18

May 31 • June 7, 14, 21, 28 • July 5, 12, 19, 26 • August 2

Technology Education Committee (TEC) • 4 p.m.-5 p.m. • Zoom

August 2

Thursdays

Board of Trustees • Monthly • 8:30 a.m.-10 a.m. • Room 8&Zoom *June 8 • July 13 • August 10*

Drama, Improv & Storytelling • Weekly • 8:30 a.m.-9:45 a.m. • Shapiro CD

June 1, 8, 15, 22, 29 • July 6, 13, 20, 27 • August 3

Spanish 1 • Weekly • 10 a.m.-11:30 a.m. • Shapiro AB

June 1, 8, 15, 22, 29 • July 6, 13, 20, 27 • August 3

Shakespeare Aloud • Alternate Weeks • 10 a.m.-noon • Zoom

June 8, 22 • July 6, 20 • August 3

String Ensemble • Weekly • 10 a.m.-noon • Room 18

June 1, 8, 15, 22, 29 • July 6, 13, 20, 27 • August 3

The New Yorker Magazine Discussion Group • Alternate Weeks •

Noon-2 p.m. • Room 21&Zoom

June 1, 15, 29 • July 13, 27

Poetry for Pleasure • Weekly • Noon-1:45 p.m. • Room 9&Zoom

June 1, 8, 15, 22, 29 • July 6, 13, 20, 27 • August 3

Science for You: Weather • Weekly • Noon-1:30 p.m. • Shapiro CD

June 1, 8, 15, 22, (29 no class) • July 6, 13, 20, 27 • August 3

Fourth of July Celebration and Veterans Recognition* • 1 p.m.-3 p.m. •

Shapiro ABCD&Courtyard

June 29

What Do You Say? American Accents and Dialects • Alternate Weeks •

1:45 p.m.-3:45 p.m. • Shapiro CD

June 1, 15, (29 no class) • July 13, 27

Authors' Central OLLI-CSUF (ACOC) • Alternate Weeks •

2 p.m.-3:45 p.m. • Room 9&Zoom

June 1, 15, 29 • July 13, 27

Write Now! • Alternate Weeks • 2 p.m.-3:45 p.m. • Room 9&Zoom

June 8, 22 • July 6, 20 • August 3

Caring for Yourself and Others • Weekly • 2:15 p.m.-3:30 p.m. • Zoom

June 1, 8, 15, 22, 29 • July 6, 13, 20, 27 • August 3

Archaeology • 2:30 p.m.-3:45 p.m. • Shapiro CD

June 8 • July 6

OLLI Socials • 2:30 p.m.-4 p.m. • Shapiro ABCD *July 20 • August 3*

Graphic Novels, Comics and More! • Alternate Weeks •

4 p.m.-5:30 p.m. • Zoom

June 1, 15, 29 • July 13, 27

Writing with Feedback • Weekly • 4 p.m.-6 p.m. • Room 9&Zoom *June 1, 8, 15, 22, 29* • *July 6, 13, 20, 27* • *August 3*

Classical Guitar: Beginning • Weekly • 4:30 p.m. • Room 18 *June 1, 8, 15, 22, 29 • July 6, 13, 20, 27 • August 3*

Fridays

Tap Dancing: Advanced • Weekly • 8:15 a.m.-10:15 a.m. • KHS 202 *June 2, 9, 16, 23, 30 • July 7, 14, 21, 28 • August 4*

Bridge, Really Beginning Bridge • Weekly • 8:30 a.m.-11:30 a.m. • Room 9

June 2, 9, 16, 23, 30 • July 7, 14, 21, 28 • August 4

Bridge, Intermediate • Weekly • 9 a.m.-noon. • Shapiro CD *June 2, 9, 16, 23, 30 • July 7, 14, 21, 28 • August 4*

Critics' Choice: The Movies • Weekly • 9:30 a.m.-noon • Shapiro AB *June 2, 9, 16, 23, 30 • July 7, 14, 21, 28 • August 4*

Hospitality Committee • Monthly • 10:30 a.m.-noon • Room 8&Zoom *June 2 • July 7 • August 4*

Tap Dancing: Intermediate • Weekly • 10:30 a.m.-11:30 a.m. • KHS 202 *June 2, 9, 16, 23, 30 • July 7, 14, 21, 28 • August 4*

"Genreflections" Book Club • Alternate Weeks • 11:30 a.m.-1 p.m. • Zoom *June 9, 23 • July 7, 21 • August 4*

Introduction to Strategies of Poker • Weekly • 12:30 p.m.-3 p.m.• Shapiro AB

June 2, 9, 16, 23, 30 • July 7, 14, 21, 28 • August 4

OLLI Tech Help • Weekly • 1 p.m.-3 p.m. • Room 20&Zoom *June 2, 9, 16, 23, 30 • July 7, 14, 21, 28 • August 4*

Tap-ercise • Weekly • 1 p.m.-2 p.m. • KHS 202&Zoom *June 2, 9, 16, 23, 30 • July 7, 14, 21, 28 • August 4* Also meets on Wednesdays

Voci d'Oro Chorale • Weekly • 1 p.m.-3 p.m. • Shapiro CD

June 2, 9, 16, 23, 30 • July 7, 14, 21, 28 • August 4

Line Dancing Workshop: Beginners/Intermediate • Weekly •

2:30 p.m.-3:30 p.m. • KHS 202

June 2, 9, 16, 23, 30 • July 7, 14, 21, 28 • August 4

Strategy of Poker • Weekly • 3:30 p.m.-5:30 p.m. • Shapiro ABCD

June 2, 9, 16, 23, 30 • July 7, 14, 21, 28 • August 4

Tennis • Weekly • 4 p.m.-dark • CSUF Tennis Courts

June 2, 9, 16, 23, 30 • July 7, 14, 21, 28 • August 4

Saturdays

Fall Open House* • 9 a.m.-noon • Ruby Gerontology Center *August 5*



Did You Know?

In 1988 Mackey Auditorium was named after Dr. Francis G. "Bud" Mackey, Medical Director of St. Jude Medical Center. He not only made a major donation to building the RGC, he established our initial collaboration with St. Jude, which continues to flourish today as Dr. Joe Lawton's Medical Series.



Notes

Notes

Notes

Experience Lifelong Learning















Administered by Extension and International Programs California State University, Fullerton

OLLI
at California State University, Fullerton
"A Continuing Learning Experience"
Ruby Gerontology Center, Room 7
P.O. Box 6870
Fullerton, CA 92834-6870
RETURN SERVICE REQUESTED
05/23

olli.fullerton.edu olli-info@fullerton.edu 657-278-2446

MEMBERSHIP BENEFITS

WIDE RANGE OF COURSES

- · Current affairs, retirement issues
- Arts: learning, doing, performing
- · Languages, science, technology
- · Computer/mobile, discussion
- · Extensive library of class videos

HEALTHY LIFESTYLE COURSES

- · Health, medical issues
- · Sports, exercise, dancing

SPECIAL EVENTS/SOCIAL ACTIVITIES

- Dinners, luncheons, receptions
- · Day and overnight trips
- · Card & board games
- · Musical entertainment

PARKING PRIVILEGES*

- Most student lots/structures
- Lot J for OLLI members only
- · OLLI Trolley to/from far lots

UNIVERSITY PRIVILEGES

- · Collaborate with faculty & students
- · Pollak Library, student store, Wi-Fi
- · Campus eating facilities
- · Most CSUF athletic events free
- · Audit CSUF courses free







*Subject to limitations. See Parking & OLLI Trolley Information.