

AI for Everyday Life

AI for Everyday Life
Practical Tools for Curiosity,
Convenience & Confidence



CLECAT – OLLI



Danny Torres



Monday, March 2 – 12:30 PM



Change of Topic: TitanGPT Update

Originally planned topic: TitanGPT

- TitanGPT is not available to OLLI students.
- OLLI access is limited to Office 365 and email.



Today's focus:
Practical AI tools available
to everyone.



What We'll Cover

- What AI is
- What AI can do
- Live demonstrations
- What to be careful about
- Your questions



Let Me Ask You First



Who has heard of ChatGPT?



Who has tried it?



What concerns you about AI?

What AI Is

AI is software trained on enormous amounts of information.

It recognizes patterns and predicts useful responses.

It can answer questions, write, summarize, suggest, and organize.



What AI Is NOT



AI is not a person.



AI is not conscious.



AI is not always correct.



AI is not connected to your private accounts.

Demo 1: Writing Help



PROMPT:

Write a polite email declining a dinner invitation because I already have plans. Use a warm and appreciative tone. Limit your response to 100 words or fewer.

Demo 2: Organization & Relief



PROMPT:

Create a packing checklist for a 10-day cruise. Organize it into short categories. Include practical but commonly forgotten items. Limit your response to 100 words.

Demo 3: Simplifying Complexity



PROMPT:

Act as a neutral financial educator. Explain the difference between Traditional and Roth IRAs to a 70-year-old retiree who is confused about taxes. Use language and one everyday analogy. Limit your response to 100 words.

Demo 4: Light Humor Story



PROMPT:

Write a short, funny story about a 72-year-old who decides to learn a new technology and surprises themselves. Use a warm and respectful tone with a positive ending. Limit your response to 100 words.

Demo 5: Balanced Technology Discussion



PROMPT:

Explain why electric vehicles are becoming more popular. Assume I am a 70-year-old who is skeptical. Include one benefit and one realistic concern. Limit your response to 100 words.

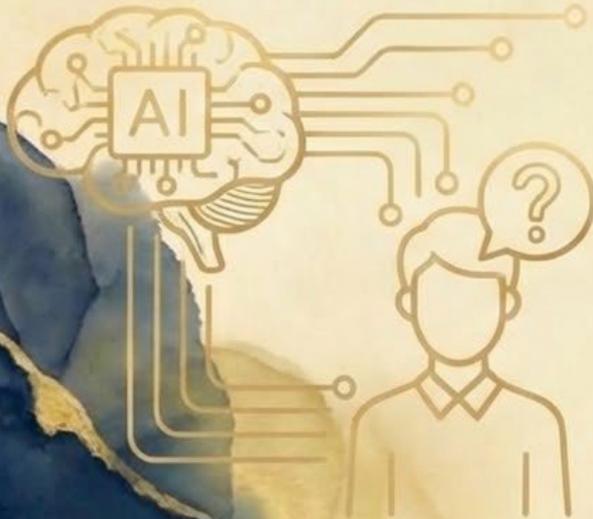
Demo 6: Image Generation



PROMPT:

Create a detailed description for an image of a peaceful beach at sunset in watercolor style with two older friends walking along the shore. Make it calm and uplifting. Limit your response to 100 words. Then generate the image.

Interactive



PROMPT:

Help me _____.
Limit your response to 100 words.

What To Be Careful About



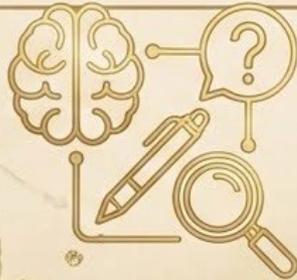
- AI can be wrong.
- It may sound confident when incorrect.
- It can fabricate information.
- Verify important facts.

Privacy Basics



Never enter...

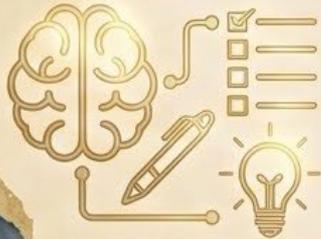
Never enter Social Security numbers, bank details, passwords, or sensitive legal documents.



Use AI for general questions, writing, organization, and research starting points.

The Big Takeaway

AI is a tool.



It helps you think, write, organize, and understand.



It does not replace your judgment.



Curiosity is more useful than fear.

Questions & Discussion



Questions?



What surprised you?



What might you try this week?

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Discussion

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Assume I am a 70-year-old who is skeptical.

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Help me {Ask students for examples} .

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