



at  
California  
State University,  
Fullerton

# LEARN IN RETIREMENT



**“Experience Lifelong Learning”**



# SPRING PREVIEW

Saturday, January 14

1:00 p.m.-3:00 p.m.

Cal State Fullerton

Ruby Gerontology Center  
Auditorium

Join us on campus for an overview of  
spring courses and activities.

- Overview of 110 courses and activities.
- On-site registration.
- Free parking with shuttle service from  
State College Parking Structure.

**TRY US FREE OF CHARGE\*\* – PROGRAMS OPEN TO THE PUBLIC**

## THE HISTORY OF AMERICAN MUSIC: ROCK 'N' ROLL

Jan 17, 31, Feb 14, 28, Mar 14, Apr 4

## CSUF FACULTY/STUDENT PERFORMANCES/ PRESENTATIONS

Jan 17, 31, Feb 14, 28, Mar 14, Apr 4, 18, May 2, 16

## MUSICAL PERFORMANCES/ PRESENTATIONS/REHEARSALS

Apr 14, May 5, May 12

## ECLECTICS I

Jan 17, 31, Feb 14, 28, Mar 14, Apr 4

## TRANSITIONS IN RETIREMENT ESSENTIALS

Jan 21, 28, Feb 4, 11, 18, 25, Mar 4, 11

## MEDICAL SERIES

Jan 25, Feb 8, 22, Mar 8, 22, Apr 12

## ESTATE PLANNING AND CHARITABLE GIVING

Feb 16, Mar 16



PHOTO BY WARREN WILSON



PHOTO BY WARREN WILSON



PHOTO BY MARY CROUCH



PHOTO BY MARY CROUCH

For additional information:

- Call 657-278-2446
- Email: [olli-info@fullerton.edu](mailto:olli-info@fullerton.edu)
- Visit [olli.fullerton.edu](http://olli.fullerton.edu)
- Follow us on Facebook at  
[facebook.com/OLLIatStateFullerton](https://facebook.com/OLLIatStateFullerton)

\*\* The programs listed above are available at no  
charge to the public. Parking on campus is free on  
weekends. Monday through Friday, visitors may  
purchase hourly or daily permits from vending  
machines on campus.

Cover Photo: (left to right) Donna Nakashima and Debbie  
Maxwell by Jim DiTota



## OLLI Welcomes You to Our Spring 2023 Semester

It has been wonderful seeing so many of our OLLI members face-to-face at our recent events. The laughter and greetings were a long-time coming. We are finding that our OLLI population appears to reconnect, and we have enjoyed the time we have spent with each other over the past six months.

We continue to have over 100 courses and activities to offer our members. We are slowly adapting to the mix of in-person, Zoom or livestream classes. Most of our instructors and coordinators are using a combination of in-person and virtual. This provides the perfect solution for those who are not able to come to campus or have other obligations at home.

We will continue to provide members with a mixture of programs that promote a range of health benefits, self-satisfaction and stimulating learning experiences. Our classes offer you the opportunity to learn new skills, encourage creativity and increase your knowledge of the constantly changing world around us. Enjoy the experience of stress-free classes and a learning environment through your association with a very diverse population of members from all walks of life

OLLI-CSUF is entirely self-supporting, yet our membership fees are remarkably low. Thanks to our volunteer base, funding from the Bernard Osher Foundation and private contributions, members have the privilege—and fun—of taking as many courses as they want. Whether you are retired, semi-retired or thinking of retiring, there is an active life of learning at OLLI!!

Ellie Monroe, OLLI President

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## About Us: The Basics

**Name and affiliation.** OLLI-CSUF stands for Osher Lifelong Learning Institute at California State University, Fullerton. OLLI-CSUF was established in 1979 as a lifelong learning program for retired and semi-retired adults, and an integral part of CSUF operating under the guidance of Extension and International Programs.

We are affiliated with 124 other lifelong learning institutes in the United States, all affiliated with colleges and universities and funded in part by the Bernard Osher Foundation.

**Location.** OLLI-CSUF is located in the Ruby Gerontology Center (RGC) on Gymnasium Drive in the northeast portion of campus near the Student Housing complex and the Gastronome dining facility. GPS location reference: 800 N. State College Blvd., Fullerton, CA 92831. Mobile device map app reference: “OLLI Cal State Fullerton” or go to <http://www.bit.ly/map2olli>. See Page 26 or [www.fullerton.edu/campusmap](http://www.fullerton.edu/campusmap) for a campus map.

**Learning spaces.** OLLI courses and activities are generally held in the classrooms, auditorium and computer lab of the Ruby Gerontology Center (RGC) on the CSUF campus or via Zoom or livestream. The RGC is the headquarters for our programs and is exceptionally well designed for the eclectic interests of OLLI’s learners. For example, our Shapiro Wing area, with moveable walls, can be divided into as many as four classrooms, becoming a concert space, a painting studio and financial planning workshop, all in one day.

We also use some nearby campus locations within a short walk, and hold a few courses at off-campus locations in the area.

**Membership requirements.** Anyone retired or semi-retired may join. Members from all backgrounds are welcome; neither a college education nor previous association with the university is a prerequisite for membership. The only requirement is a desire to learn. Curiosity never retires!

### Homework? Grades?

Courses typically have no “homework” as you may remember it. There are a few courses—in areas such as photography, language, literature and book discussions—where some optional work or study outside of class will substantially enhance your learning. Except for computer courses and a few others, no pre-registration is required. Just show up, make friends, and learn!

### Membership includes a campus parking permit and the following:

- Library access and checkout privileges.
- Use of the campus Wi-Fi network.
- Free admission for two to most CSUF-sponsored athletic events, except playoff games.
- Auditing CSUF courses with no tuition cost on a space-available basis with instructor’s permission.
- Discounts to many CSUF events.

**Note:** The above membership privileges are subject to modification by campus administration.

### OLLI Governance

OLLI-CSUF is a volunteer organization, guided by a Board of Trustees elected annually from the membership by the membership. The Board is responsible for OLLI’s curriculum, finances, events and operation within university guidelines

and its relationship with Extension and International Programs (EIP). General meetings of OLLI members are held several times a year to conduct business, convey information and provide a forum for member exchange and feedback. Board meetings and those of other major committees are open to members and listed in Other Activities in the back of this catalog.

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## Joining / Registration / Fees

**Membership registration and renewal** is only available online through the OLLI website: <http://olli.fullerton.edu>, select JOIN/RENEW. For those needing assistance with the online process, help is available in the OLLI office, Room 7 at OLLI's Ruby Gerontology Center (or call 657-278-2446), open Monday through Friday from 8:30 a.m. to 4 p.m.

Renewing members must have their CSUF username and password to renew online. If you cannot find your CSUF username and password or have not created it, please come into the OLLI office to obtain your campus-wide identification number (CWID) and PIN. Then go to the OLLI website and click on "STUDENT PORTAL ACCOUNT" under "MORE INFORMATION" and follow the instructions.

Whether a new or renewing member, it is important that you add your personal email address on the online registration form. This email address will be used for all future communications from OLLI. The system will prompt you for information and payment by asking for your credit card information, or you can pay by electronic check.

**Membership/enrollment fee** is:

Spring and Summer: \$195

Spring Semester Only: \$150

**Membership fees cover** a campus parking permit and admission to all classes.

**Note:** A few classes may have limited enrollment, due to space or equipment considerations (e.g., some computer classes), and if so, early sign-up will be advised.

**Fees also cover** participation in other OLLI-CSUF activities, with the exception of some activities for which special expenses are passed on at the lowest possible cost. These include computer education, special events, trips and some special activity classes as specified in this booklet.

### Other Fee-Related Items

Reservation forms for special programs or social activities are posted on the OLLI website and included in the monthly OLLI ChroniCLE newsletter, which will be emailed or mailed to you per your preference. Payment is required when reservations are made. Refunds are given until the deadline specified on the form, and thereafter if a substitute is found for the reservation-holder.


**Scholarships:** Scholarships for membership are available for those having financial hardships. Applications can be requested through the OLLI office by phone (657-278-2446) or by sending an email to [olli-info@fullerton.edu](mailto:olli-info@fullerton.edu). Applications must be received five weeks prior to the fall or spring semester. Each applicant will be contacted to set up an interview with the committee shortly after the application due date.



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-  mark denotes Transitions in Retirement programs

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### **Class Calendars on the OLLI Website**





- Bookmark the OLLI website <http://olli.fullerton.edu> on your mobile device
- Populate your personal calendar with OLLI classes and events from the website
- Check what's happening at OLLI on your mobile phone or tablet
- Changes in class and event times, dates and classrooms are updated on website calendars


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### Verify Latest Information

Dates, times and places of classes and events are subject to change or cancellation. Access the OLLI website at <http://olli.fullerton.edu> and select the CALENDAR tab



***“OLLI is a place for senior adults to engage in a diverse, intellectually stimulating, and socially rewarding community of lifelong learners from all walks of life. In this “neighborhood,” acquaintances become friends based on compatible and contrasting interests, life experiences and personalities.”***

-Mike Stover

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## Key Dates

Saturday, January 14: Spring Preview

Monday, January 16: Martin Luther King Day, campus/office closed, no classes

**Tuesday, January 17: First day of spring semester**

Monday, February 20: Presidents' Day, campus/office closed, no classes

Monday, March 27-April 1: Spring break, no classes

Friday, March 31: Cesar Chavez Day, campus/office closed, no classes

**Saturday, April 15: Last day of spring semester**

**Monday, April 17: First day of spring intersession**

**Saturday, May 20: Last day of spring intersession**

Monday, May 22-25: CSUF commencement, office closed early, no classes

Monday, May 29: Memorial Day, campus/office is closed, no classes

**Tuesday, May 30: First day of summer session**

All dates for class meetings and events are listed in the course/event descriptions, including intersession meetings. Class meeting dates when classes will not meet due to holidays or other reasons are shown as "(3 no class)," 3 being the meeting date, in the course/event descriptions.

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## Auditing Cal State Fullerton Courses

One of the most valuable OLLI benefits is the privilege to audit any CSUF course, free of any tuition fees, with the instructor's permission and approval from the OLLI office. OLLI members don't receive any official, academic credit from the University, but they enjoy the benefit of a world-class education, participating with University students.

Go to the OLLI website at <http://olli.fullerton.edu> and click on **AUDITING CLASSES** for step-by-step instructions to enroll through OLLI. This webpage provides links to the CSUF course catalog and schedule of classes for each semester. You will be asked to complete a form and submit it to the OLLI office, who will obtain instructor approval to attend your course(s) of choice. If approved, you will receive confirmation from the instructor, and later, information on how to access the class.



### Did You Know?

**Continuing Learning Experience (CLE), now OLLI, held its first day of classes on September 18, 1979 with 40 members. Three classes were offered that day at Mahr House, now the George Golleher Alumni House located next to the State College Parking Structure.**

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## Commitment to Positive Member Experiences

We want all OLLI members to have the best possible experiences at our classes, programs and special events regardless of any differences in gender, heritage, abilities or political ideology. The OLLI leadership and staff are intent on helping you understand the expectations about standards of behavior. These are important to maintaining the high quality of OLLI as a community of learners in a variety of settings that promote learning while also providing for the respectful, open exchange of ideas.

We urge all members to become familiar with and to practice the standards in two adopted policies. OLLI's Ethical Environment Policy (Policy 2.6) supports an environment that is free of discrimination and harassment by incorporating the University's Policy Statement 100.006, fostering a climate of civility. That includes displaying respect for others and engaging in respectful discourse on diverse ideas. Please review these policies at <http://olli.fullerton.edu> (click on GOVERNING DOCUMENTS) and keep them in mind throughout your time at OLLI activities. Per the OLLI policy, any related grievances or incidents should be reported immediately to any OLLI officer or to the OLLI Administrative Manager. In cases of egregious acts (thankfully rare), OLLI may assess sanctions up to and including suspension or termination of membership.

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## OLLI Website: Everything You Need to Know about What's Going on at OLLI

The dates, times and places of classes and events are subject to change or cancellation. OLLI members are notified via email or the weekly OLLI newsletters, and the calendar on the electronic bulletin board in the Shapiro Wing is updated. The up-to-date calendar of the whole semester is always available on the OLLI website at <http://olli.fullerton.edu>. Select the CALENDARS tab to view today's calendar or the whole semester's activities by week or month. The CLASSES/ACTIVITIES tab often has more information about courses and activities than is included in the Blue Book.

The OLLI website contains a wealth of other information about OLLI, from its history to who heads up OLLI's operational areas, committees and teams, and how to contact them. The website describes how to support OLLI, either by donating or volunteering; how to become a member or renew your membership; how to access forms and register for computer courses, trips and special events; how to gain access to the CSUF Wi-Fi and student portal; how to audit CSUF courses ... and much more.

A shortcut can be created on a smartphone, tablet or computer to access the OLLI website. On the home page under the MORE INFORMATION column, click on OLLI ON YOUR PHONE/TABLET.

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## Distance Learning Program

OLLI members may have days when they can't get to campus, when parking availability is difficult or when their favorite classes are running concurrently, forcing them to miss a class. Selected classes are recorded and archived on the OLLI website for members to stream online at their leisure. Many videos are currently available to watch, and more are added each week. To access the video collection go to the OLLI website at <http://olli.fullerton.edu> and click on DISTANCE LEARNING VIDEOS or LIVESTREAM/RECORDINGS under MORE INFORMATION on the home page.

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## Attending Live Programs Online

OLLI uses both the Zoom app and livestreaming through the internet to deliver some courses, committee meetings and events online as an in-person alternative. The links to join these programs can be obtained from OLLI's weekly Class Information and Updates Newsletter or from the OLLI website under ZOOM COURSE IDs/LINKS or LIVESTREAM/RECORDINGS (you'll need your CSUF username and password).

To attend a Zoom program, an account is recommended but not required. Anyone can attend by using their laptop or desktop (Windows or Mac), tablet or smartphone (Apple or Android), or regular telephone. However, be sure to use your full name when signing in to facilitate taking attendance. If you haven't used Zoom before, leave about 10 minutes to set it up before your first use. If you use a laptop or desktop, the first time you click on a link, it will ask you to download a free Zoom app on your computer. If you are planning to use a tablet or smartphone, you'll want to download the free Zoom app ("Zoom Cloud Meetings") from your app store. More information and sources for help with Zoom are available on the OLLI website under ZOOM HELP.

Livestreaming is similar to Zoom, except you don't need an app—you just need access to the internet. Clicking on the livestream link takes you to a webpage where you choose the current meeting from a list. Unlike Zoom, you will not see the other attendees and the instructor can't see or hear you, but you can type a message into the chat box. All livestreamed classes are recorded and available to view after the meeting. For more information on livestreaming see [OLLI Livestreaming FAQs](#). An informational video and class recordings are on the OLLI website under LIVESTREAM/RECORDINGS.

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## OLLI in the University Community

**OLLI at Cal State Fullerton began** in 1978 with an idea by Betty Robertson, then Director of Community and Outreach Programs in the Office of Extended Education, now titled Extension and International Programs (EIP). Betty proposed an outreach program in which members would pay their own way and be volunteers in developing their own organization—a program of, by and for retirees. In September 1979 the Continuing Learning Experience (CLE), now known as the Osher Lifelong Learning Institute (OLLI), commenced classes on campus with 40 members.

**Volunteering in the University Community.** OLLI-CSUF's retirement model includes volunteerism as a core element—not only in instructing or coordinating OLLI's programs, serving on committees and administering OLLI on the Board of Trustees—but also in supporting the wider University community. Cal State Fullerton welcomes OLLI members' involvement in campus programs as individuals and as part of OLLI-organized programs. Nothing exemplifies this more than the OLLI-CSUF Collaboration Program (see the next section). Members also contribute many hours, in addition to monetary donations, in support of CSUF programs including Art Alliance, Friends of the Fullerton Arboretum, Music Associates, Patrons of the Library and others.

**Age-Friendly University.** In 2021 CSUF was officially designated an "Age-Friendly University" for its comprehensive programs for older adults. In addition to its support of OLLI, CSUF provides the Aging Studies academic program, the Fibromyalgia and Chronic Pain Center, the Robust Aging Program and the Center for Successful Aging.



**The Robust Aging Program**, sponsored by the School of Nursing, provides a health assessment; blood pressure check; height, weight and body mass index measurement; and basic first aid for OLLI members at no cost during certain days and hours in Room 18C of the Ruby Gerontology Center. See the clinic's schedule at <https://rapclinic.weebly.com/>.

**The Center for Successful Aging** provides wellness support for OLLI members and other seniors in the community. Courses are offered promoting physical activity and reducing sedentary behavior. Popular with OLLI members, "Fit 4 Life," "NeuroFit" and other programs offer medically supervised fitness training and exercise, meeting twice a week in the Department of Kinesiology building. These are not OLLI courses. Each course charges a fee per semester, but CSUF student enrollment is not required. For more information go to <http://csa.fullerton.edu/programs/index.php> or call 657-278-2603.

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## **OLLI-CSUF Collaboration**

### **OLLI + CSUF students + Faculty = Collaboration**

Through the OLLI-CSUF Collaboration program, OLLI members share their life experiences and skills with members of the university community—to the benefit of all.

Opportunities include tutoring, mentoring, evaluating and sharing expertise with CSUF classes and individuals in both academic and career/professional pursuits. CSUF students and faculty benefit from our members' accumulated knowledge and wisdom, and OLLI members enjoy the intellectual stimulation, the opportunity to remain productive and "giving back" to the community.

Learn how to get involved under Other Activities in this booklet, and on our website at <http://olli.fullerton.edu> under the VOLUNTEER tab.

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## **Transitions in Retirement**

### **Programs for the newly retired and almost-retired**

New retirees or those approaching retirement have a special place at OLLI. Transitions in Retirement (TiR) is a series of programs for persons preparing for this next phase of their lives. Whether still working or not, you may not have enough weekday time to benefit from all OLLI courses. Transitions in Retirement addresses that with classes more to your convenience on weekends and during early morning, late afternoon and evening hours.

"Transitions in Retirement Essentials" classes on Saturday mornings during the fall and spring semesters are open to the public at no charge. This gives you a chance to sample what OLLI has to offer. Topics cover a wide range, from financial planning to health issues. Other TiR classes do require OLLI-CSUF membership. TiR offerings are specially marked in our course listings, and you can read more about our program on our website at <http://olli.fullerton.edu> under Transitions in Retirement on the home page.

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## Around and About OLLI

**Parking privileges.** A 24/7 parking permit is included at no additional charge with your OLLI membership, and you will be provided with a hangtag. OLLI parking permits are valid in certain parking lots and structures on campus. For specifics on where and where not to park, see the Parking & OLLI Trolley Information section.

### Can I eat in or near OLLI?

Yes! Eating with other OLLI members is a good way to become acquainted. When members bring their lunches, they usually have company in the patio near the kitchen or at a table in the courtyard. Lunches may be stored in the kitchen refrigerator in Shapiro Wing A, but must be removed by Friday of each week. In addition, sack lunches may be taken on bus trips when special luncheon arrangements have not been made.

Within a two-minute walk are several other eating or snacking opportunities:

**The CSUF Gastronome**, an all-you-can-eat buffet for one price, serves fresh, wholesome, cooked-from-scratch and prepared-to-order meals throughout the day.

**The CSUF Community Market**, directly across from the Gastronome, stocks a wide array of packaged snacks and fresh produce, hot and cold beverages, foods and sundries.

**The Titan Student Union**, several minutes away, provides a selection of fast-food (some healthy) franchises and other options; see <http://asi.fullerton.edu/titan-student-union#Food> for details. While you're in that neighborhood, you can also shop at the bookstore or Titan Shops or do some banking at the ATMs or SchoolsFirst Credit Union.

Some campus food providers may offer a 10% discount if you show your current OLLI membership card (this discount is subject to change or elimination at any time).

### OLLI Office

**The OLLI office is in RGC Room 7** (see map on Page 27). It is open weekdays from 8:30 a.m. until 4 p.m. Campus holidays are observed. (See [apps.fullerton.edu/AcademicCalendar/default.aspx](https://apps.fullerton.edu/AcademicCalendar/default.aspx).)

**The office phone number is 657-278-2446**, and OLLI's general information email is [olli-info@fullerton.edu](mailto:olli-info@fullerton.edu).

**Staff members** are Patsy Burns (Manager, Administration), Celia Reynolds (Administrative Assistant), Michelle Sanford (Administrative Assistant) and Ying Lu (Accounting Assistant).

### Other

**Restrooms** are located on the north end of the RGC courtyard, outside on either side of Mackey Auditorium, and in the southeast corner of the RGC, indoors and adjacent to the main entrance to the Shapiro Wing.

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## COVID-19 Mitigation Protocols

OLLI members are not required to wear face masks on campus, even when indoors. OLLI members may choose for themselves whether to wear or not wear masks when indoors or outdoors and are urged to exercise caution if coming onto campus maskless. For OLLI's complete In-Person Attendance Guidelines [click here](#).

All instructors, OLLI members and visitors must be fully vaccinated to be on campus. Being fully vaccinated includes the first booster, which is required five months after the second Pfizer or Moderna COVID-19 vaccination or two months after the single Johnson & Johnson vaccination. OLLI members are required to complete CSUF's [online COVID-19 Vaccination Report](#).

These protocols are effective as of the publication of this catalog and are subject to change. For all the current protocols, attendance guidelines and vaccination reporting go to the OLLI website at <http://olli.fullerton.edu/classes/covid-19.php>.

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## Parking & OLLI Trolley Information

**Please consult the campus parking map following this section for parking locations.** OLLI-CSUF members may park in some CSUF student lots and parking structures as listed below. Members are required to display an OLLI-CSUF parking permit whenever they park on campus.

**Lot J**, adjacent to the Ruby Gerontology Center (east side), is available exclusively for OLLI permit holders Monday through Thursday until 6 p.m., and Friday until 5 p.m. Lot J is particularly convenient for our members with mobility concerns, so we ask that you keep this in mind when considering where to park.

**When Lot J is full, Lots G and A** provide a pleasant walk. An OLLI Trolley ride to the RGC is available during published and posted hours. **Lot G** is located on the SW corner of Associated Road and Yorba Linda Blvd next to Goodwin Field. **Lot A** is located on the SE corner of Yorba Linda Blvd. and State College Blvd.

Do not park in the Arboretum parking lot, even if your class is held at the Arboretum (such as Longevity Stick and Tai Chi). If you have an OLLI class at the Arboretum, park in **Lot G**. Arboretum parking space is very limited. Continued parking there by OLLI members could result in the loss of access to this wonderful facility for OLLI classes.

**OLLI Trolley.** The OLLI Trolley is available during spring and fall semesters (no summer service) to transport members between Lots G and A and the RGC, although many members prefer to walk. See the OLLI Trolley operating times under PARKING AND OLLI TROLLEY on the OLLI website at <http://olli.fullerton.edu>. If you're interested in volunteering as an OLLI Trolley driver, please apply in the OLLI office.

### ***By the Alphabet: CSUF Lot Availability for OLLI Members:***

- Lot A: OLLI permits are valid in most of Lot A. Please check signs before parking. Do not park in Lot A-South, because this is a faculty-staff parking lot.
- Lot D: OLLI permits are NOT valid.
- Lot G: OLLI permits and daily parking permits are valid.

- Lot H: Parking is for the disabled and faculty/staff only. The four disabled parking stalls are available to qualified OLLI members. Please see Disabled Parking below.
- Lot J: available exclusively for OLLI permit holders Monday through Thursday until 6 p.m., and Friday until 5 p.m.
- Nutwood and State College Parking Structures: OLLI permits are valid.
- Eastside North and Eastside South Parking Structures: OLLI permits are NOT valid.
- Student Housing Lot and Arboretum Lot: OLLI permits are NOT valid.

### **Parking Enforcement**

OLLI permits are not to be transferred or lent, and they should only be displayed by the member to whom the permit was issued. A parking citation will be issued to a vehicle displaying a transferred permit, and the member may lose the privilege to receive another OLLI permit, indefinitely.

If your vehicle is issued a parking citation and you wish to contest it, you may file an administrative review online at <https://csufparking.t2hosted.com/Account/Portal>.

### **Disabled Parking**

OLLI members with DMV-issued disabled parking placards may park in disabled stalls located in Lot J and in Lot H (Lot H is on the immediate west side of the Ruby Gerontology Center) and in Lot G (south side, across from the OLLI Trolley stop). Members must display both their OLLI permit and their placard when parked in a disabled stall.

### **Visitor Parking**

Hourly and daily permits may be purchased in the machines in Lots A, G, S and Arts Drive, and on levels 2, 4 and 6 of the State College Parking Structure. Visitor permits are valid in all student parking lots and structures, but are not valid in Lot J, adjacent to the RGC, or the student housing lot. Permits are not required Fridays after 5 p.m. nor on Saturdays and Sundays.

### **General Information**

Campus parking information is available on the CSUF Parking and Transportation Services webpage at <https://parking.fullerton.edu>. OLLI members may call the Parking Office at 657-278-3082, or visit the walk-up window Monday through Friday, between the hours of 8 a.m. and 5 p.m., or send an email to [parking@fullerton.edu](mailto:parking@fullerton.edu).

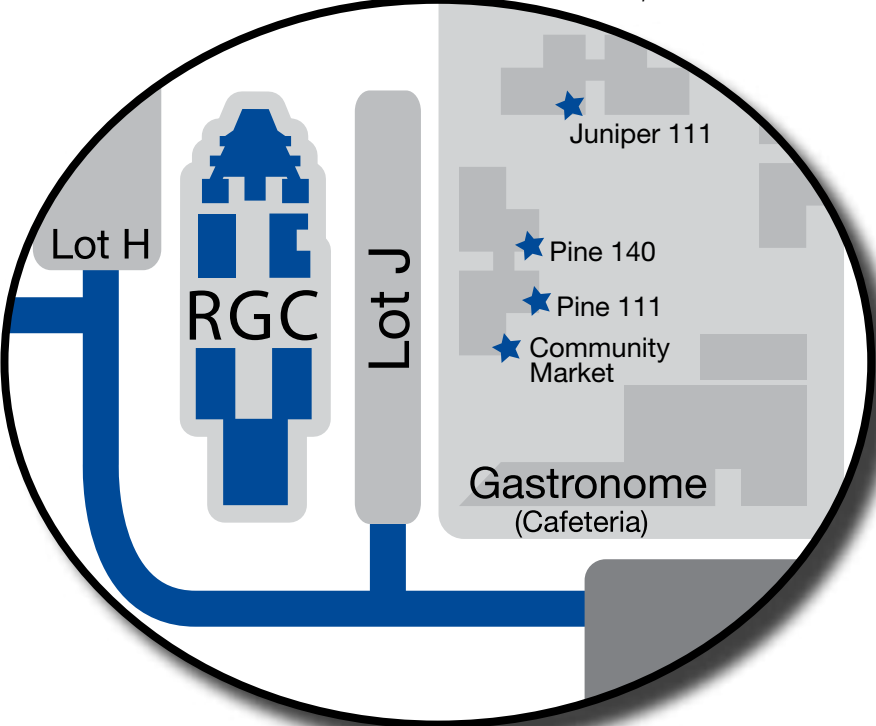
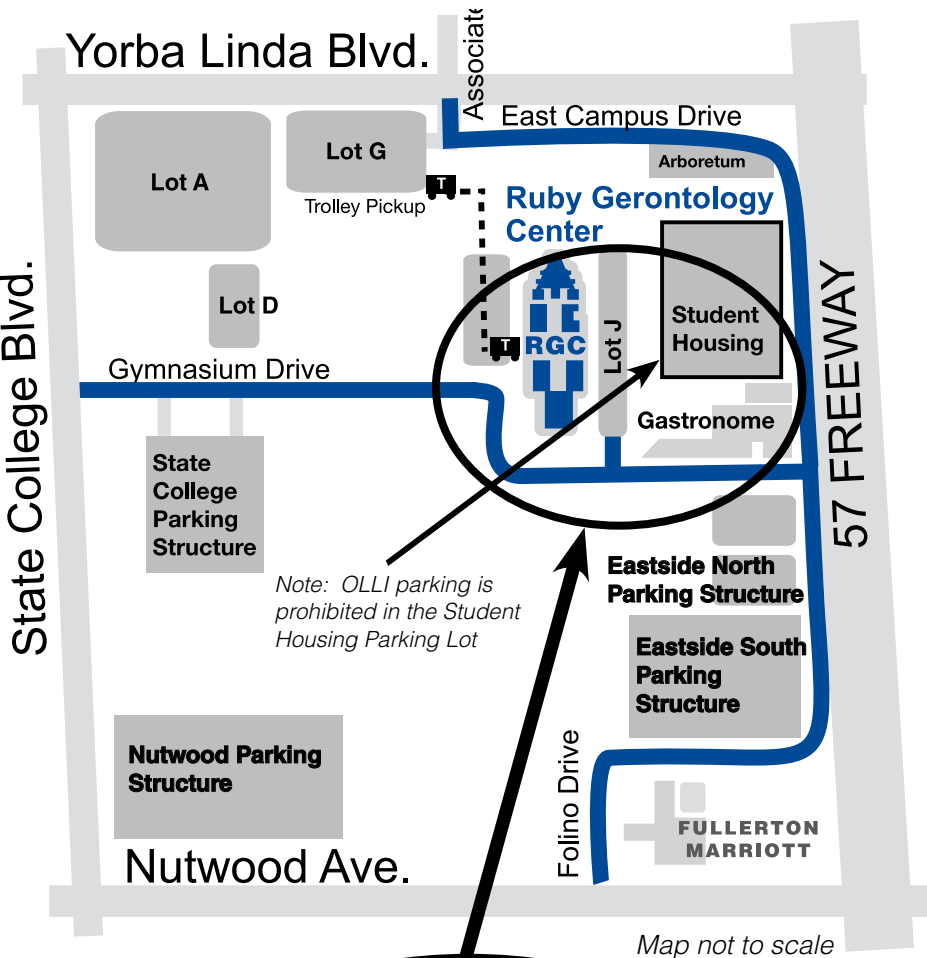


## **Did You Know?**

**On March 23 1979 the Continuing Learning Experience's (CLE) Charter became official when it was signed by CSUF's President Don Shields. A plaque of the Charter hangs above the bust of CLE's (now OLLI) first President, Leo Shapiro in the Shapiro Wing.**



# Ruby Gerontology Center Parking



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## Special Events Registration Policy

### Who goes? How are they chosen?

Special events are open to members only. Should an event not fill by the stated deadline, non-members may register with OLLI approval.

Registration for a special event begins on a date assigned by the OLLI office. This date is approximately one week after the mailing of the ChroniCLE first announcing the event. Payments and coupons for a special event will be accepted at the time of registration. Registration forms will be entered on a first-come, first-served basis. Forms submitted by mail (post office or electronic) prior to the date of the beginning of registration will be entered at the end of the first day of registration. Once an event is full, a waiting list will be created, also on a first-come, first-served basis.

The OLLI office notifies only those individuals who could not be included in an event, and refunds their payments. If you want confirmation that you have been included on the list for an event, check the event lists posted on the bulletin board outside the OLLI office.

Refunds of payments of those who are registered for an event but are unable to attend will be made as long as no cost is incurred by the organization. A registered participant who is unable to attend an event should notify the OLLI office at least two business days before the event. If there is a waiting list for the event, a replacement will be registered from the waiting list, and a refund will be made to the participant who is unable to attend.

If you have any questions regarding the special events policy, please contact the OLLI office at 657-278-2446.

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## Notes on Curriculum / Format / Frequency

Courses fall into these general categories: The Arts; Languages; Economics, Humanities and Social Sciences; Healthy Living; Science; Technology; and Special Interest Groups and Social Programs. OLLI's Curriculum Committee considers member requests in the planning of each semester's offerings.

Class formats include those in which members learn from each other, as well as guest lecturers such as community leaders, university professors and other leading authorities. All courses and programs are coordinated by OLLI members.

**Lecture/Discussion courses and programs** may include instructors, as well as guest lecturers and presenters. Presentations are generally followed by a coffee break and a "Q and A" session.

**"Study" courses**, such as language and literature, are enhanced by some study or work outside class.

**Frequency** varies, so be sure to check your Blue Book for class meeting times, days and dates.

**Other programs** include special events, field trips and other activities, some of which require a modest payment.

# OSHER LIFELONG LEARNING INSTITUTE

at California State University, Fullerton

## (OLLI-CSUF)

- OLLI-CSUF is an organization of retired and semi-retired persons, operating on the campus of California State University, Fullerton under the guidance of Extension and International Programs.
- OLLI-CSUF is established under charter from California State University, Fullerton as a non-profit, self-supporting and self-administering entity.

## MISSION

- To serve the lifelong learning needs of the older population in the campus environment of a great university.
- To afford members the privileges of adjunct student status on campus with all benefits inherent thereto.
- To allow self-directing individuals the means of providing a productive outlet for their creative energies.
- To provide programs taught by members who share their wealth of accumulated knowledge and expertise with their fellow members.
- To utilize the services of faculty from the university with judicious restraint to provide lectures and symposia in their respective disciplines.
- To support and enhance the activities of the university.

## GOALS

- To provide lifelong learning opportunities (for its members) in classes and activities desired and determined by the membership.
- To provide individuals the means to teach, lecture and share their wealth of knowledge and expertise with fellow members.
- To operate on a fiscally-sound self supporting financial basis.
- To support and enhance the activities of California State University, Fullerton to the fullest extent possible.
- To create a welcoming environment.



### Links to Online Classes

Get links to Zoom and livestreamed classes in Class Information and Updates Newsletters or on the OLLI website at <http://olli.fullerton.edu/> (CSUF username & password required).



### Learn to Use Zoom

Click on [ZOOM HELP](#) on the OLLI website to learn more about using Zoom.

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## OLLI Gives to OLLI

Please consider OLLI-CSUF as a worthy candidate for your tax-deductible charitable giving. With your gift, OLLI can continue to offer life-enriching programs to its members at a low fee. Members' donations and bequests, together with earnings from the Osher Foundation endowments and members' volunteer services, secure OLLI's future programs and outreach.

Every contribution, no matter the size, is both tax-deductible and meaningful.

The California State Fullerton Philanthropic Foundation (CSFPF) is the entity overseeing the university's gifts and endowments, and the specific fund for OLLI contributions is OLLI-CSFPF.

### *Gift Options*

- **Fund for the Future** (endowment fund): The principal of this fund grows over time with your contributions. A portion of the annual earnings of this account is transferred into the general budget, reducing membership fees. Donations may be in the form of cash, stock, or other financial gifts.
- **OLLI-Today and Tomorrow Fund**: This fund provides and supports OLLI on the CSUF campus with non-budget items not readily funded by OLLI operations. It is intended for special or major projects to enhance OLLI's learning environment with structural, capital and refurbishing needs for today and tomorrow.
- **Computer Education Fund**: This fund is used to supplement basic support for the computer lab. Gifts to this fund help us keep abreast of advances in technology.
- **Master's in Gerontology Scholarship Fund**: These funds provide an annual scholarship award for students enrolled in the Master's in Gerontology program. An award is given upon recommendation of the Gerontology program and approval by the OLLI-CSUF Vice President External Relations and the appointed committee.
- **Membership Aid Fund**: This fund provides basic membership scholarships to deserving applicants to OLLI who cannot meet the membership fees. These scholarships are private, and only the Membership Scholarship Committee and the president know the recipients. Funds for this come mainly from individual donations.
- **Operating Fund**: This fund is used for ongoing operating expenses and projects for the benefit of the general membership.
- **President's Advisory Council Fund**: This is a discretionary fund used for special projects outside the general budget. Examples are the plaques in the Shapiro Wing, memorials and recognition awards.

**To make a gift to OLLI-CSUF, make a check payable to OLLI-CSFPF,** enclose a note indicating which fund you are contributing to, and mail to:

**Cal State Fullerton Philanthropic Foundation (CSFPF)**  
**2600 Nutwood Ave., Suite 850**  
**Fullerton, CA 92831**

To give by credit card, call the Philanthropic Foundation at 657-278-2118 to arrange a secure payment.

In appreciation and for your tax records, you will receive a letter acknowledging your tax-deductible contribution.



## OSHER LIFELONG LEARNING INSTITUTE

at California State University, Fullerton  
(OLLI-CSUF)

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Trips Committee	Ken Luke, Chair
Website Committee	Dan Coby, Chair

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Languages .....	Sue Batie
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Special Interest Groups and Social Programs. ....	Beverly Risse
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Committee Meetings .....	Ann Sparks
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<b>Scheduling Resolution Team</b> .....	Renee Cabrera, Ellie Monroe, Carol Thurk
<b>Indexing/Distribution</b> .....	Celia Reynolds, Michelle Sanford
<b>Production</b> .....	Extension and International Programs (EIP)

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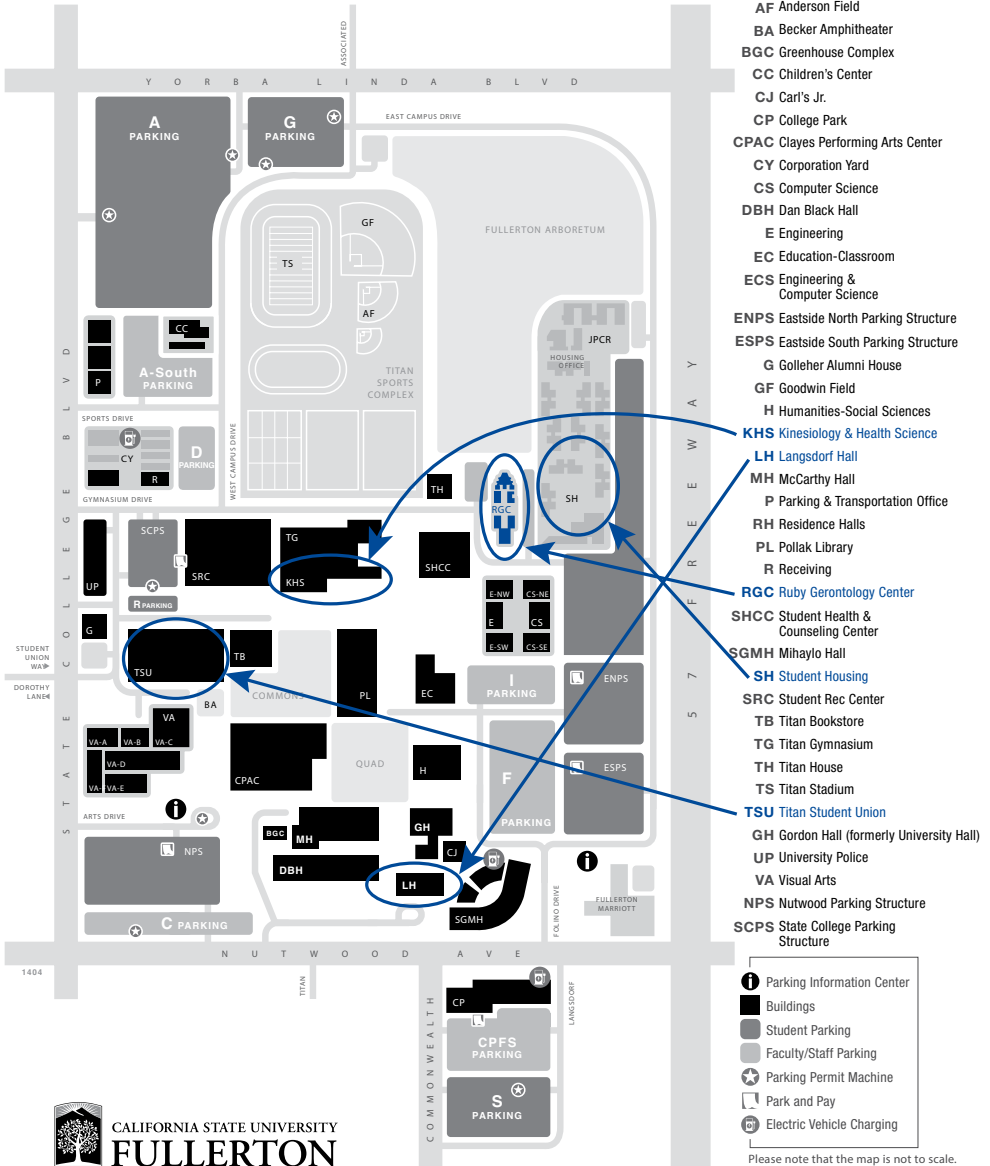
# Notice of Disclaimer

OLLI-CSUF presents programs of interest for general guidance only. It does not engage in rendering legal, medical, financial or other professional advice and services. Due to the changing nature of laws, rules and regulations, and because the application and impact of laws can vary widely based on the specific facts involved, there may be omissions or inaccuracies in information presented by OLLI-CSUF. Therefore, information presented in an OLLI-CSUF program should not be used as a substitute for consultation with a professional legal, medical, financial or other competent adviser. Before making any decision or taking any action, program participants should consult a professional legal, medical, financial or other competent adviser.

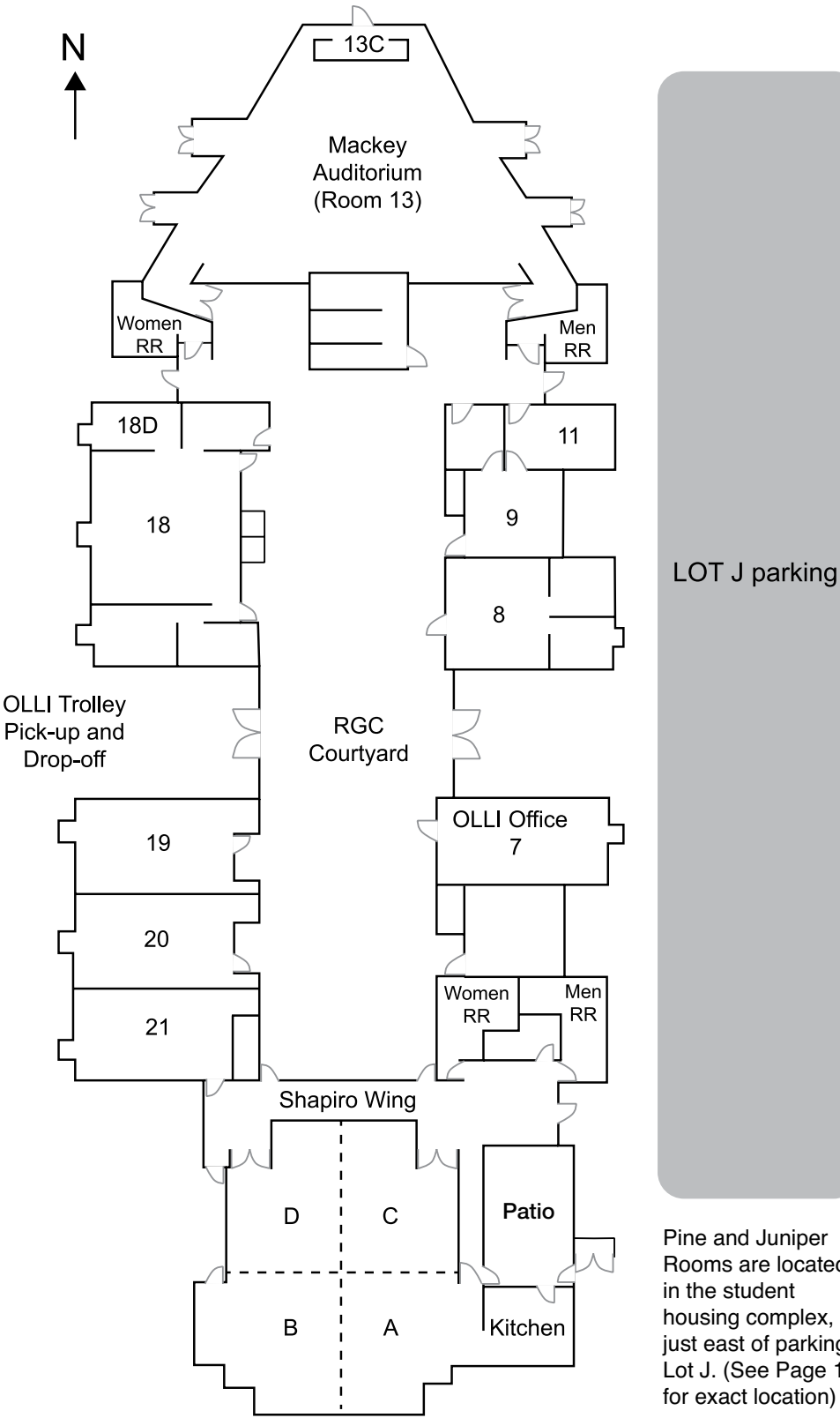
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*OLLI-CSUF Board of Trustees  
John Beisner, CSUF Risk Management*

# Cal State Fullerton Campus Map



# Ruby Gerontology Center



# PROGRAM DESCRIPTIONS

## Programs Offered In Person and Online

The courses and activities in this catalog may be offered: 1) in person on campus; 2) via Zoom videoconference; 3) livestream through the internet or 4) a combination of in-person and online, i.e., hybrid. Hybrid courses may be either synchronous—offering both in-person and online (Zoom and/or livestream) simultaneously for participants to choose from, or non-synchronous—alternating class meetings between in-person and online meetings.

Courses offered in multiple venues are listed in the course descriptions together, divided by an ampersand (&). For example, Room 21 and Zoom and Livestream will appear as Room 21&Zoom&Stream; or Zoom and Livestream will appear as Zoom&Stream.

Links to join Zoom or livestream courses will be available from the weekly OLLI newsletters or on the OLLI website at <http://olli.fullerton.edu/> under ZOOM COURSE IDs/LINKS or LIVESTREAM/RECORDINGS (members will be asked for their CSUF username and password).

Watch OLLI's weekly newsletters and other emailed announcements and check the OLLI website for up-to-date information on changes in class or event meeting times, meeting venues (including Zoom and livestream) or cancellations.

## THE ARTS

### *FINE ARTS AND CRAFTS*

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#### Ceramics

**Every Tuesday • 9 a.m.-11:30 a.m.**

**First monthly Tuesday • Zoom**

*February 7, March 7, April 4*

*Intersession: May 2*

**All other Tuesdays • Shapiro ABCD**

*January 17, 24, 31 • February 14, 21, 28 • March 14, 21, (28 no class) • April 11*

*Intersession: April 18, 25 • May 9, 16, (23 no class)*

**Materials Fee:** \$95

Come join us for a morning of fun, laughter, sharing and learning. The basic hand building techniques of clay will be taught—pinch pots, coil and slab—with many additional ideas. The experience will go far beyond your expectations! Beginners and (seasoned) experienced students are welcome! Please contact Janann at [janann@sbcglobal.net](mailto:janann@sbcglobal.net) if you plan to attend.

**Instructor:** Janann Zechmeister

**Coordinators:** Jill Patterson, Waldene Henkhaus, Jim DiTota and Patricia Dapkus

***Emerita:*** Desiree Engel



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## Ceramics II

**Alternate Mondays • 1 p.m.-3 p.m. • Shapiro AB**

*January 23 • February 6, (20 no class) • March 6, 20, (27 no class) • April 10*

“Ceramics II” is an exploratory workshop for students who would like to build their ceramic skills beyond a beginning level. You will work independently on your own project with support from others who are exploring the many options available in the world of ceramics. No fees for this course, but you will need your own clay and tools. Options for firing will be explored.

**Instructors:** Donna Minor and Sue Svoboda     **Coordinator:** Sue Svoboda

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## Drawing for the Fun of It

**Every Wednesday • 10 a.m.-noon • Shapiro AB&Zoom**

*January 18, 25 • February 1, 8, 15, 22 • March 1, 8, 15, 22, (29 no class) • April 5, 12*

*Intersession: April 19, 26 • May 3, 10, 17, (24 no class)*

Drawing is a skill that anyone can learn, but first you need to learn how to see as an artist sees. The course will use demonstrations and videos to facilitate developing your drawing skills along with help from instructors and coordinators. Gather your pencils, paper (or a sketchbook) and eraser to learn to do something you always wanted to do but didn’t think you could! Advanced students may continue to work in different drawing media.

**Instructors/Coordinators:** Jeff Layton, Sharon Brown, Carol Carson, Emma Cox, Stevie Johnston, Marsha Linsley, Joyce Ono, Michael Shellman and Sandy Wessel

**Tech Coordinators:** Emma Cox, Stevie Johnston, Joyce Ono and Michael Shellman

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## Watercolor Workshop

**Every Wednesday • 1 p.m.-3:15 p.m. • Shapiro ABCD&Zoom**

*January 18, 25 • February 1, 8, 15, 22 • March 1, 8, 15, 22, (29 no class) • April 5, 12*

*Intersession: April 19, 26 • May 3, 10, 17, (24 no class)*

This course is an open workshop for all levels of watercolor artists. In alternate weeks, members or guests will lead in-class projects. Members share what they have learned in workshops or experimental techniques. We will share our paintings and have opportunities to review completed work or work in progress. At any of our sessions you are free to work on your own projects if you choose to do so. Check the OLLI website: [http://olli.fullerton.edu/classes/the\\_arts/WatercolorResources.php](http://olli.fullerton.edu/classes/the_arts/WatercolorResources.php) and look for additional information about our activities and resources. Come and join us in a relaxed, supportive environment to pursue your artistic passions!

**Instructors/Coordinators:** Marion Brockett, Sharon Brown, Carol Carson, Emma Cox, Maggie Giles, Barbara Glaeser, Stevie Johnston, Mickey La Casa, Joan Lebsack, Marsha Linsley, Joyce Ono, Betty Redmon, Mary Sampson, Michael Shellman, Sandy Wessel and guest instructors

**Tech Coordinators:** Marion Brockett, Emma Cox, Barbara Glaeser, Stevie Johnston, Mickey La Casa, Tom La Casa, Joan Lebsack, Joyce Ono and Michael Shellman

# ART APPRECIATION

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## Art House Cinema

**Every Monday • 5:45 p.m.-8 p.m. • Shapiro CD**

*January (16 no class), 23, 30 • February 6, 13, (20 no class), 27 • March 6, 13, 20, (27 no class) • April 3, 10*

If you enjoy watching and discussing vintage and new foreign, independent and documentary films, join us to watch a series of thought-provoking films. Check the weekly OLLI newsletters for information on each week's film. Note that some films may run later than 8 p.m.

**Instructor/Coordinator:** Mary Sampson

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## Artsy: Museum Masterpieces: The Louvre

**Alternate Tuesdays • 2:15 p.m.-3:45 p.m. • Auditorium&Zoom**

*January 24 • February 7, 21 • March 7, 21, (28 no class) • April 11*

The name "Louvre" is instantly recognizable as the most famous art museum in the world. It covers acres in the heart of Paris. This series of lectures introduces the greatest of universal museums, but its aim is not comprehensive. The focus is narrowed to just one curatorial department of the Louvre: the Department of Paintings, which is responsible for European paintings from the Middle Ages until the mid-19th century. These works of art can be called the single most important such collection in the world. Alone, they require at least a day of walking to survey adequately. The aim of these lectures is to both prepare new viewers for this visit and to be a study aid for those who have been before. Slide shows will aid the discussions after the videos. Let the fun begin!

**Instructor:** Judy Alter    **Coordinator:** Sue Batie

**Tech Coordinator:** Susan Hanna

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## Critics' Choice: The Movies

**Every Friday • 9:30 a.m.-noon • Shapiro AB**

*January 20, 27 • February 3, 10, 17, 24 • March 3, 10, 17, 24, (31 no class) • April 7, 14*

*Intersession: April 21, 28 • May 5, 12, 19, (26 no class)*

Movie fans will enjoy this course. At 9:30 a.m., previews of newly released films are shown. We check with class members to see if anyone has been to the movies and wants to give a recommendation. Then a feature length film is shown—it could be a box office hit, a foreign film or a sleeper that did not play in our area. If you like going to the movies, this program is something to look forward to every Friday. Check the weekly OLLI newsletters for information on each week's film. Come join us!

**Instructor/Coordinator:** Claire Curran

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## **The History of American Music: Rock 'n' Roll (Open to the Public)**

**Alternate Tuesdays • 1:45 p.m.-3:45 p.m. • Auditorium&Zoom**

*January 17, 31 • February 14, 28 • March 14, (28 no class) • April 4*

This course focuses on the development of music in the United States and the composers and personalities of our most popular American-born music. Within our country, the genres of music are vast and the evolution of music has many tales to be explored. We will examine the composers and music personalities of the 1970s and 1980s. Genres of this period cover pop-rock, folk, disco, R&B, funk, smooth jazz, jazz fusion, soul, blues rock and progressive rock. The videos and lectures are designed for the lover of all types of music. Don't miss this fun course. This will be the final semester for this course and it will be replaced with another musically based course in fall 2023.

**Instructor/Coordinator:** Ellie Monroe    **Coordinator:** Jim Medici

**Tech Coordinators:** Jim Monroe and Sue Batie

## **LITERARY ARTS**

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### **Authors' Central OLLI-CSUF (ACOC)**

**Alternate Thursdays • 2 p.m.-3:45 p.m. • Room 21&Zoom**

*January 19 • February 2, 16 • March 2, 16, (30 no class) • April 6*

ACOC encourages authors and prospective authors to pool resources to promote their books and publications. Authors will participate in marketing, organizing promotional events, issuing press releases, collaborating in research and training, creating articles for and maintaining social media, applying guerrilla marketing and more. Publishing assistance is available.

**Coordinators:** Fritz von Coelln and Bob Kovacev

**Tech Coordinator:** Fritz von Coelln

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## **Book Clubs**

There are four separate clubs to choose from—see times and locations below.

Like reading books and talking about life and happiness? Then these could be the groups for you. We come together for one common interest—books. Yet, in exploring the stories or history together, we will discover we have so much more in common as well. We try to find new areas to branch into each month. We may invite OLLI authors with manuscripts ready for publication. We don't break the stories down, clinically, piece by piece. Instead, we prefer to discuss the story in general terms and how it relates to us.

**Please silence your cell phone when  
attending classes and programs.  
Thank you!**

## **Comic Books Past and Present Book Club**

**Alternate Thursdays • 4 p.m.-5:30 p.m. • Zoom**

*January 19 • February 2, 16 • March 2, 16, (30 no class) • April 6*

*Intersession: April 20 • May 4, 18, (25 no class)*

Did you read comics as a kid? I did, and today, thanks to television and film, they are more popular than ever! Through art, speech bubbles and other visual cues, comics provide a unique form of storytelling that reflects who we are in hilarious, heartfelt and sometimes cynical ways. Join us as we read and discuss award winning graphic novels on social justice, science and other topics. We also read fiction and non-fiction classic and contemporary comics, graphic novels and manga. We begin classes with a short presentation, then open up for lively discussion of the book we have read. Participants are encouraged to suggest topics and books to be read in future classes. We would love to add your voice to our discussions! The first book is “Primates: The Fearless Science of Jane Goodall, Dian Fossey, and Biruté Galdikas” by Jim Ottaviani and Maris Wicks. Please read before the first meeting. Contact the instructor at [bglaeser@fullerton.edu](mailto:bglaeser@fullerton.edu) for instructions on reserving a copy from a local library.

**Instructor:** Dr. Barbara Glaeser

**Coordinator/Tech Coordinator:** Jill Patterson

## **“Genreflections” Book Club**

**Alternate Fridays • 11:30 a.m.-1 p.m. • Zoom**

*January 27 • February 10, 24 • March 10, 24, (31 no class) • April 14*

*Intersession: April 28 • May 12, (26 no class)*

There is a world of fiction genres out there. This course is for those who enjoy reading and discussing all genres of fiction. We will explore a variety of novels representing various genres, such as travel fiction, historical fiction, coming-of-age fiction and domestic fiction. Our first selection for the 2023 spring semester is crime fiction. Our novel, “Your House Will Pay,” is written by Steph Cha; novels and genres for the remainder of the semester will be determined by the class attendees during our following meetings.

**Instructor/Coordinator:** Andrea Tarr    **Tech Coordinator:** Rosalind Charles

## **Kitty’s Book Club**

**Alternate Mondays • 12:15 p.m.-2 p.m. • Zoom**

*January 23 • February 6, (20 no class) • March 6, 20, (27 no class) • April 10*

The book selected for the first meeting in spring is “Bloomsbury Girls” by Natalie Jenner. Please read the book and join our discussion.

**Coordinators:** Lisa Sewell and Juanita Driskell

**Tech Coordinator:** David Wilkinson

## **Mystery Book Club**

**Alternate Mondays • 12:15 p.m.-2 p.m. • Room 9&Zoom**

*January (16 no class), 30 • February 13, 27 • March 13, (27 no class) • April 3*

The book selected for the first meeting is “The Silkworm” by Robert Galbraith, aka J. K. Rowling. Please read this selection for our first meeting. “A Very English Murder” by Verity Bright is the selection for the second meeting. Subsequent book selections will be determined during the first meeting.

**Coordinators/Tech Coordinators:** Patrick Boyle and Sandy Potter

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## Great Books

**Alternate Mondays • 10 a.m.-noon • Room 21**

*January (16 no class), 30 • February 13, 27 • March 13, (27 no class) • April 3*

This course explores literature recommended by the Great Books Foundation. The group is made up of individuals who love to read and partake in lively discussions. Discussion leadership rotates among class participants. Join the discussion in finding deeper meaning behind the printed words. The opening selection will be the complete book, “Amongst Women,” by John McGahern (Penguin Edition preferred). Note that many reasonably priced copies are available through [Abebooks.com](https://abebooks.com). After that, students will complete reading selections from our anthology, “Double Features: Big Ideas in Film,” available through The Great Books Foundation at 800-222-5870, or online at [www.greatbooks.org](https://www.greatbooks.org).

**Instructor:** Judy Alter

**Coordinators/Tech Coordinators:** Gary Wolfe and JoBeth Cooper

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## Kick Starting Your Writing

**Alternate Tuesdays • 12:15 p.m.-2:15 p.m. • Room 21**

*January 17, 31 • February 14, 28 • March 14, (28 no class) • April 4*

*Intersession: April 18 • May 2, 16, (23 no class)*

- Do you want to do some writing but don’t know how to start? Have you written in your younger days and now would like to recover some of that earlier fire? Would you like to write but are afraid to try? Then we invite you to “Kick Starting Your Writing.”
- Do you simply want to share what you have written and get encouragement and feedback? Then we invite you to “Kick Starting Your Writing.”
- Have all of your writing experiences been practical, work oriented or technical? Do you wonder how to spark your imagination in order to write? Then we invite you to “Kick Starting Your Writing.”

**Instructor:** Ron Baesler    **Coordinator:** TBD



***“OLLI has brought me warm friendships, laughter, thought-provoking discussions and the opportunity to get to know many highly talented individuals. Sharing travel experiences, day trip ventures, honing my limited computer skills, book discussions, music, films, gardening tips, financial advice and guest lectures on a wide variety of topics are just some of the ways OLLI has enriched my life.”***

**-Monika Broome**

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## Life Story Workshop

**Alternate Tuesdays • 9 a.m.-noon • Zoom**

*January 17, 31 • February 14, 28 • March 14, (28 no class) • April 4*

*Intersession: April 18, May 2*

**Pre-registration Required:** The course had full enrollment in fall 2022 and currently has a waiting list. If you are interested in attending the spring session, contact Kathy Collier at [kathyloucollier@gmail.com](mailto:kathyloucollier@gmail.com) to see if there are any openings.

This warm, supportive course is where you can begin writing down the stories of your life for your family. Share your stories and listen to the stories of others in your small reading group—a powerful experience, connecting with others through their stories. Discover a treasure trove of ideas for writing two-page life stories. For those with the goal of creating books to share with your children and grandchildren, you will have an opportunity to see books some of our writers have created and to hear from them about their experiences with design and printing. This workshop involves a commitment to attend regularly and write a story every two weeks.

**Coordinators:** Alice Gresto, Russ MacKeand and Kathy Collier

**Tech Coordinators:** Zona Gray-Blair, Patricia Silvestri and Maureen Williams

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## Poetry for Pleasure

**Every Thursday • Noon-1:45 p.m. • Room 21&Zoom**

*January 19, 26 • February 2, 9, 16, 23 • March 2, 9, 16, 23, (30 no class) •*

*April 6, 13*

Our poetry course is for people who love poetry. We listen to it, read it and even perform it. We take turns leading the class and featuring a poet or theme during the first hour. Then, in the second hour, we do potpourri when we read any poem we wish. Be assured that if you join us, you don't have to write poetry yourself. You just have to enjoy it. Come join us, it's fun!

**Coordinators:** Juanita Driskell, Alice Gresto and Mary Sampson

**Tech Coordinator:** Fritz von Coelln

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## Shakespeare Aloud

**Alternate Thursdays • 10 a.m.-noon • Shapiro CD**

*January 26 • February 9, 23 • March 9, 23, (30 no class) • April 13*

*Intersession: April 27*

This semester, the class will read two comedies. First, we will be taking an in-depth look at "Love's Labour's Lost" and then end the year with "Much Ado About Nothing," one of the classic comedies and sometimes called "Love's Labour's Won." Inexpensive copies will be available for purchase by those who don't have a copy.

**Coordinators:** Sandra Wodicka and Barbara Unsworth



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## Short Stories

**Alternate Mondays • 10 a.m.-noon • Zoom**

*January 23 • February 6, (20 no class) • March 6, 20, (27 no class) • April 10*

Do you enjoy reading but would like an alternative to book clubs that read full-size novels? Then “Short Stories” may be the right course for you. At each session we discuss two stories that have been read prior to class from the short story anthology that is currently being used. This spring we will be continuing our readings from “The Best American Short Stories 2020” edited by Curtis Sittenfeld.

**Coordinators:** Janet Genow and Sybil Shecter    **Tech Coordinator:** Gary Wolfe

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## The New Yorker Magazine Discussion Group

**Alternate Thursdays • Noon-2 p.m. • Shapiro CD&Zoom**

*January 19 • February 2, 16 • March 2, 16, (30 no class) • April 6*

The New Yorker is renowned for its in-depth reporting and cultural commentary. Articles from other sources, including The Atlantic, Harper’s Magazine, The New York Times and Los Angeles Times may also be included in our class discussions. Subscriptions to these publications are not required. Class members will receive links to the articles to be discussed in advance of the class meeting.

**Coordinators:** Loulie Beck and Edward Dunvan

**Tech Coordinator:** Jim Monroe

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## Women Writers’ Workshop: Short Stories

**Every Wednesday • 10 a.m.-noon • Room 9**

*January 18, 25 • February 1, 8, 15, 22 • March 1, 8, 15, 22, (29 no class) • April 5, 12*

*Intersession: April 19, 26 • May 3, 10, 17, (24 no class)*

This course will create a judgment-free creative writing space and a supportive, nurturing writing community for women writers. Each class will include two components. In response to fun writing prompts designed to inspire and generate creativity, participants will share their writing (150 words or less). They will also have the opportunity to offer segments of creative works in progress for strength-based feedback and supportive suggestions. In this course, we will find our voices and share our stories. With a focus on short stories, we will write, share, explore and discover our writing and learn from each other.

**Facilitators/Coordinators:** Cheryl Perreira and Kenni Blossom

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### Suggestion Box

We want your ideas, suggestions and solutions. Just drop a note in the box in the Shapiro Lobby, or email Ellie Monroe at [ellie.monroe@mindspring.com](mailto:ellie.monroe@mindspring.com).

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## Write Now!

**Alternate Thursdays • 2 p.m.-3:45 p.m. • Room 21&Zoom**

*January 26 • February 9, 23 • March 9, 23, (30 no class) • April 13*

*Intersession: April 27 • May 11, (25 no class)*

For members who just want to write: essays, memoirs, letters to the editor, poems or stories. We provide you the opportunity to practice writing by writing. You will be provided a topic and you have two weeks to write about it (or you may write about your own subject matter). We encourage you to share your writing in class—we ask that articles be held to about 500 words. Come join us to just write, write, write and read—it is lots of fun!

**Coordinators:** Fritz von Coelln and Bob Kovacev

**Tech Coordinator:** Fritz von Coelln

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## Writing with Feedback

**Every Thursday • 4 p.m.-6 p.m. • Room 21&Zoom**

*January 19, 26 • February 2, 9, 16, 23 • March 2, 9, 16, 23, (30 no class) • April 6, 13*

*Intersession: April 20, 27 • May 4, 11, 18, (25 no class)*

We encourage class members to read aloud their creative works—fiction, nonfiction, poetry etc. Other class members provide feedback by sharing what worked well, what might need clarification or improvement, ideas for publication etc. The respondents may also provide written feedback to the presenter. You'll have the opportunity to rewrite your work in response to the feedback. This course is for authors and writers interested in publishing their works. Publishing assistance is available.

**Instructors/Coordinators:** Ron Baesler, Keni Cox, Jeanette Reese and Fritz von Coelln

**Tech Coordinator:** Fritz von Coelln    **Emeritus:** Hank Smith



### Did You Know?

**When the building of CSUF's student housing reduced available parking at the RGC, it was OLLI's only two-time president Barbara Talento who thought up the OLLI Trolley and worked to make it feasible in 2008.**



### Learn to Use Zoom

Click on [ZOOM HELP](#) on the OLLI website to learn more about using Zoom.

# PERFORMING ARTS

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## Classical Guitar: Beginning

**Every Thursday • 4:30 p.m.-5:30 p.m. • Room 18**

*January 19, 26 • February 2, 9, 16, 23 • March 2, 9, 16, 23, (30 no class) • April 6, 13*

*Intersession: April 20, 27 • May 4, 11, 18, (25 no class)*

**Required:** Nylon-stringed guitar, a guitar footstool or other guitar support, and a music stand. A guitar tuner, either standalone or a phone app, is helpful but not required.

Are you fascinated by the beauty of classical guitar? Are you interested in learning the basics of playing in the classical guitar style? If so, come join in learning note reading on the guitar and the basic left- and right-hand classical guitar techniques. You'll learn to play melodies and simple duets. The ability to read music is helpful, but not essential. Guitarists of all levels are welcome. If you have any questions, please email the instructor at [brattonja@csu.fullerton.edu](mailto:brattonja@csu.fullerton.edu).

**Textbook (required):** "Classical Guitar Method, Volume I" by Bradford Werner, is a free download available at <https://www.thisisclassicalguitar.com/free-classical-guitar-method-book-pdf/>. Please download and print the book before attending class.

**Instructor/Coordinator:** Janet Bratton

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## Classical Guitar Ensemble

**Every Wednesday • 4 p.m.-6 p.m. • Room 9**

*January 18, 25 • February 1, 8, 15, 22 • March 1, 8, 15, 22, (29 no class) • April 5, 12*

*Intersession: April 19, 26 • May 3, 10, 17, (24 no class)*

**Required:** A classical (nylon-stringed) instrument, footstool and music stand

For anyone who would like to play a classical guitar and make music in a group, come join us! Music from the 17th century to the present will be played in the classical guitar fingerstyle method. It is important that the student can read music. The first half of each class will feature work on guitar playing technique and expanded music reading skills. The second half of each class will feature repertoire development.

**Textbook (required):** "Solo Guitar Playing—Book 1, 4th Edition," by Frederick Noad (ISBN-13: 978-0-825-63711-7)

**Coaches/Coordinators:** Janet Bratton and Suzi Attal

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**Please silence your cell phone when  
attending classes and programs.  
Thank you!**

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## Concert Band

**Every Tuesday • 7:30 p.m.-9:30 p.m. • Shapiro ABCD**

*January 17, 24, 31 • February 7, 14, 21, 28 • March 7, 14, 21, (28 no class) • April 4, 11*

*Intersession: April 18, 25 • May 2, 9, 16, (23 no class)*

**Prerequisite:** Ability to read music and play an instrument

**Required:** Instrument and music stand

**Concert Dress:** All black or black pants/skirt and white shirt/blouse

**Material Fee:** None for spring 2023

Did you play an instrument in junior or high school and want to play again? This is the group for you! All levels of musicians are welcome. We will play concert, popular, symphonic and show tune music. Come join in the fun of playing music together. There will be one to two performances each semester.

**Conductor:** James Hartford

**Instructors/Coordinators:** Rayleen Williams and Tom Stachelek

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## CSUF Faculty/Student Performances/Presentations (Open to the Public)

**Alternate Tuesdays • Noon-1:30 p.m. • Auditorium&Zoom**

*January 17, 31 • February 14, 28 • March 14, (28 no class) • April 4*

*Intersession: April 18 • May 2, 16, (23 no class)*

As part of OLLI-CSUF Collaboration activities, CSUF School of Music students are given the opportunity to perform for our members in order to fulfill performance requirements for credit toward their degrees. These students are top-rated performers. Faculty members are also invited to participate. In the event that faculty/students are not able to perform on the scheduled dates, lectures on the life and music of Ludwig van Beethoven will be presented. Additional information will be provided through the OLLI newsletters and posted throughout the Ruby Gerontology Center.

**OLLI Coordinator:** Ellie Monroe

## Musical Theatre

**May 2 • Noon-1 p.m.**

**CSUF Faculty:** Josh Grisetti, Assistant Professor, Head of Musical Theatre

This Musical Theatre BFA voice recital will feature diverse selections of individual songs, mostly from the Broadway/off-Broadway/West End musical theatre canon, performed by first-year Musical Theatre BFA students under the vocal studios of Prof. Sarah Grandpre, Prof. Hilary Maiberger and Dr. Clarissa Shan.

**All Other Dates:** Topics and performers TBA. Please watch the OLLI newsletters for details.

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## Drama, Improv & Storytelling

**Every Thursday • 8:30 a.m.-9:45 a.m. • Shapiro CD**

*January 19, 26 • February 2, 9, 16, 23 • March 2, 9, 16, 23, (30 no class) • April 6, 13*

Do you want to perform better in social situations? If you desire a more confident presence, better voice expression or free and expressive body language, then you have found the right course. For those who are “closet hams,” come out and perform in broad daylight. For eager novices and experienced thespians, there is a place for you. Learn to feel more comfortable in front of an audience, maybe practice for a presentation or just have fun pretending to be someone else. So set the alarm and we’ll see you at 8:30 a.m. on Thursdays.

**Coordinator Team:** Mary Sampson and Edward Dunvan

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## Jazz Band

**Every Tuesday • 5:30 p.m.-7:30 p.m. • Shapiro ABCD**

*January 17, 24, 31 • February 7, 14, 21, 28 • March 7, 14, 21, (28 no class) • April 4, 11*

*Intersession: April 18, 25 • May 2, 9, 16, (23 no class)*

**Prerequisite:** Intermediate/advanced musician

**Required:** Instrument, music stand

**Concert Dress:** Black pants/skirt and white shirt/blouse

**Materials Fee:** \$20

This course will emphasize learning to play jazz with opportunities for improvisation. This is an instrumental group primarily for brass, sax, drums, piano, guitar and bass. Other instruments may be considered. Music from the swing era of the '30s to '50s will be played. Contact the conductor/coordinators by visiting the class. There will be one or two performances per semester.

**Conductor:** Tom Stachelek

**Coordinators:** Rayleen Williams and Thomas Stachelek

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## Line Dancing: Beginner’s Level

**Alternate Wednesdays • 3:30 p.m.-5 p.m. • Shapiro ABCD&Zoom**

*January 18 • February 1, 15 • March 1, 15, (29 no class) • April 5*

*Intersession: April 19 • May 3, 17, (24 no class)*

Line dancing is a popular means of socializing, sharpening one’s memory and keeping fit. This course offers the basic fundamentals of line dance at a pace suited for the first-time dancer. The dances taught in this course will introduce the standard steps used by all professionals in the industry. All levels of dancers are welcome.

**Instructor/Coordinator:** Ellie Monroe

**Coordinators:** Mickey La Casa and Debbie Maxwell

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## Line Dancing: Advanced Beginners/Intermediate

**Alternate Wednesdays • 3:30 p.m.-5 p.m. • Shapiro ABCD&Zoom**

*January 25 • February 8, 22 • March 8, 22, (29 no class) • April 12*

*Intersession: April 26 • May 10, (24 no class)*

Do you love to dance? Come and join us for an afternoon of music and fun. This course steps up to the next level of line dance from the beginner's level course. Current and traditional line dance will be taught at a relaxed and comfortable pace. Line dancing is great exercise for improving balance, coordination and memory skills while burning calories at the same time! All are welcome.

**Instructor/Coordinator:** Ellie Monroe    **Coordinator:** Nancy Bauerly

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## Musical Performances

**Designated Saturdays • Dates and Times TBA • Auditorium&Shapiro ABCD&Zoom**

These performances are designed to entertain you, showcasing a variety of talents found among the musicians, vocalists and dancers in our OLLI membership. Additional information will be provided through the weekly OLLI newsletters and posted throughout the Ruby Gerontology Center.

**Series Coordinators:** Rayleen Williams and Renee Cabrera

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## Musical Performances/Presentations/Rehearsals

**(Scheduled CSUF Performances will be Open to the Public)**

**Every Friday • 1 p.m.-8 p.m.\* • Auditorium**

*January 20, 27 • February 3, 10, 17, 24 • March 3, 10, 17, 24, (31 no class) • April 7, 14*

*Intersession: April 21, 28 • May 5, 12, 19, (26 no class)*

This space is provided for groups and individuals who need time and space to prepare for upcoming concerts. There will be occasions when "CSUF Faculty/Student Performances" and additional OLLI "Musical Performances" participants will be scheduled for special presentations. To reserve a slot for performances or rehearsals, please contact Ellie Monroe ([jim.ellie@mindspring.com](mailto:jim.ellie@mindspring.com)).

\*The times for each performance vary. Notices of performances and additional information will be provided through the OLLI newsletters, other publications and posted throughout the Ruby Gerontology Center.

**Coordinators:** Ellie Monroe, Rayleen Williams and Renee Cabrera

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## CSUF Classical Guitar Ensemble (Open to the Public)

**April 14 • 3 p.m.-4:30 p.m.**

**CSUF Faculty:** Dr. Martha Masters, Instructor of Music, Guitar

Martha Masters, guitar faculty member of Loyola Marymount University and California State University Fullerton and president of the Guitar Foundation of America brings her Classical Guitar Ensemble to OLLI once again for our OLLI members' enjoyment and the CSUF students' growth as they mature in their professional careers.



## **Musical Theatre (Open to the Public)**

**May 5 • Noon-1 p.m.**

**CSUF Faculty:** Josh Grisetti, Assistant Professor, Head of Musical Theatre

This Musical Theatre BFA voice recital will feature diverse selections of individual songs, mostly from the Broadway/Off-Broadway/West End musical theatre canon, performed by second-year Musical Theatre BFA students under the vocal studios of Prof. Sarah Grandpre, Prof. Hilary Maiberger and Dr. Clarissa Shan.

## **Musical Theatre (Open to the Public)**

**May 12 • Noon-1 p.m.**

**CSUF Faculty:** Josh Grisetti, Assistant Professor, Head of Musical Theatre

This Musical Theatre BFA voice recital will feature diverse selections of individual songs, mostly from the Broadway/off-Broadway/West End musical theatre canon, performed by third-year Musical Theatre BFA students under the vocal studios of Prof. Sarah Grandpre, Prof. Hilary Maiberger and Dr. Clarissa Shan.

**All Other Dates:** Topics and performers TBA. Please watch the OLLI newsletters for details.

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## **Noontime Student Piano Performances**

**Alternate Thursdays • Noon-12:30 p.m. • Auditorium&Zoom**

*January 19 • February 2, 16 • March 2, 16, (30 no class) • April 6*

Come experience how students in piano studies in the School of Music at CSUF have applied their talents and hard work to achieve great success. Through our relationship with Professor Rob Watson, OLLI members and friends will be the beneficiaries of a series of half-hour presentations by these remarkable students. The students gain encouragement from an appreciative audience.

**CSUF Coordinator:** Professor Rob Watson

**OLLI Coordinator:** Ellie Monroe



### **Did You Know?**

**The Shapiro Wing was named after CLE's (now OLLI) first president, Leo Shapiro, who was not only the driving force behind the start-up of CLE, but who also tirelessly worked for eight years to lead the fundraising for and the building of the Ruby Gerontology Center.**



### **Learn to Use Zoom**

Click on [ZOOM HELP](#) on the OLLI website to learn more about using Zoom.

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## OLLI Flash Mob

**Every Tuesday • 2 p.m.-4 p.m. • KHS 202**

*January 17, 24, 31 • February 7, 14, 21, 28 • March 7, 14, 21, (28 no class) • April 4, 11*

*Intersession: April 18, 25 • May 2, 9, 16, (23 no class)*

**No Prerequisites:** All dancers welcome

The OLLI Flashers never fail to entertain a crowd. We've danced for Brea Mall, the City of Fullerton and even ABC TV. So, come and learn our new dance and review/learn our repertoire of previous Flash Mob dances. You don't need to be a pro ... just a senior who wants to have fun. Join us as we dance on campus and at different venues all over Orange County. Let's set the stage on fire!

**Instructor and Choreographer:** Jeanette Reese

**Coordinators:** Fritz von Coelln and Jeanette Reese

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## Piano Keyboard: Improve Your Ability to Play and Improvise

**Every Monday • 5:15 p.m.-6:30 p.m. • Zoom**

*January (16 no class), 23, 30 • February 6, 13, (20 no class), 27 • March 6, 13, 20, (27 no class) • April 3, 10*

**Prerequisite:** Some ability to read music

If you've taken music lessons in the past and want to play keyboard, this may be the course for you. Review what you know and improve your skills. We will work on melody (hum or read lines, spaces and scales), add harmony (review chord theory and practice progressions) and improve rhythm (counting waltz, two-step and polka). This method is applicable to sing-along tunes, familiar standards, country and early rock 'n' roll—maybe even some jazz and blues. Please provide your own keyboard and headphones or earbuds.

**Instructor:** Ani Nuyujukian    **Coordinator:** Gene Hiegel

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## Recorders/Guitars & More Workshops

**Every Tuesday • 4 p.m.-5:30 p.m. • Room 18**

*January 17, 24, 31 • February 7, 14, 21, 28 • March 7, 14, 21, (28 no class) • April 4, 11*

*Intersession: April 18, 25 • May 2, 9, 16, (23 no class)*

**Prerequisite:** Upper-level beginners or intermediate level recorder players and other instrumentalists.

These casual sessions are designed to be used for two purposes: 1) Offer previous ensemble students the opportunity to work with the instructors on challenging music materials; and 2) Offer those individuals who have played recorder(s) in the past the opportunity to get reacquainted with their instrument. Other instruments will be considered: guitar, flute, bass guitar etc. Scheduled activities will be announced in classes and the OLLI newsletters.

**Instructors/Coordinators:** Ellie Monroe and Rayleen Williams

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## String Ensemble

**Every Wednesday • 9 a.m.-11 a.m. • Room 18**

*January 18, 25 • February 1, 8, 15, 22 • March 1, 8, 15, 22, (29 no class) • April 5, 12*

**Prerequisite:** Intermediate string musician

**Materials Fee:** No fee for spring 2023

Do you play a string instrument (violin, viola, cello)? We play chamber music (like Bach and Mozart) as well as contemporary arrangements (like Wizard of Oz or the Bonanza theme song). If you are unsure about your skill level, try us out for a couple of weeks. Please bring your instrument, music stand and a pencil.

**Instructor/Coordinator:** David Doo

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## Strings and Things Music Jam

**Alternate Tuesdays • 2 p.m.-3:30 p.m. • Room 18**

*January 24 • February 7, 21 • March 7, 21, (28 no class) • April 11*

*Intercession: April 25 • May 9, (23 no class)*

This music jam activity course is for musicians who want to play and/or sing with other musicians and increase their repertoires. We will have an open jam format where class members will suggest tunes and songs to be played. All music will be provided via a Dropbox link. Please contact Patty McCollum at [pattymccollom96@gmail.com](mailto:pattymccollom96@gmail.com) if you have questions. We are looking forward to our musical collaboration.

**Instructor:** Patty McCollum    **Coordinator:** Ellie Monroe

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## Tap Dancing: Beginning and Intermediate

**Every Friday • 10:30 a.m.-11:30 a.m. • KHS 202**

*January 20, 27 • February 3, 10, 17, 24 • March 3, 10, 17, 24, (31 no class) • April 7, 14*

*Intercession: April 21, 28 • May 5, 12, 19, (26 no class)*

This is a fun, no stress course. If you have always wanted to learn to tap dance, this course is for you! For those who would like to learn basic, easy tap steps at a very slow pace, please join us. Some tappers may prefer to remain in this course. Others will use what they learn in “Tap Dancing: Beginning” to later transition into our more advanced tap course. For more information, contact Toni Hoffman at [tonihoffman@sbcglobal.net](mailto:tonihoffman@sbcglobal.net).

**Instructor/Coordinator:** Toni Hoffman

**Technical Coordinator:** Stan Hoffman



### OLLI Has a Facebook Page

Follow activities at OLLI-CSUF on our Facebook page at [www.facebook.com/OLLICalStateFullerton](https://www.facebook.com/OLLICalStateFullerton).

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## Tap Dancing: Advanced

**Every Friday • 8:15 a.m.-10:15 a.m. • KHS 202**

*January 20, 27 • February 3, 10, 17, 24 • March 3, 10, 17, 24, (31 no class) • April 7, 14*

*Intersession: April 21, 28 • May 5, 12, 19, (26 no class)*

**Prerequisite:** OLLI “Tap Dancing: Beginning”

If you have completed “Tap Dancing: Beginning” or have some tap experience, come and learn more skills. Join this advanced tap course for great fun and friendships! New steps become routines and in no time you will be enjoying the many dances you will learn. By learning our tap steps and routines you will become a “Snappy Tapper of OLLI.” The Snappy Tappers have performed locally; however, performing is not required. For information, contact instructor Toni Hoffman at [tonihoffman@sbcglobal.net](mailto:tonihoffman@sbcglobal.net).

**Instructor/Coordinator:** Toni Hoffman

**Technical Coordinator:** Stan Hoffman

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## Ukulele: Beginner 2

**Every Monday • 4 p.m.-5:30 p.m. • Room 18&Zoom**

*January (16 no class), 23, 30 • February 6, 13, (20 no class), 27 • March 6, 13, 20, (27 no class) • April 3, 10*

*Intersession: April 17, 24 • May 1, 8, 15, (22 no class)*

**Prerequisites:** A desire to learn and have fun. Completion of “Ukulele: Beginner 1” or familiar with the EZ dozen chords (A, A7, Am, C, C7, D, D7, Dm, E7, F, G and G7) and the basic down strum.

**Required:** A ukulele, an electronic tuner and a music stand. No ability to read music is required.

In this course, you will learn more chords, more strums, and will be introduced to picking, chord melodies and tablature. Playing and singing music in a group is not only fun, it’s good for your brain!

**Textbook (required):** “Essential Elements for Ukulele Method Book 1” by Marty Gross, Hal Leonard Publisher, ISBN 978-1480393882. We recommend the edition “with Audio Access Included,” less than \$16 online.

**Instructors/Coordinators:** Jill Patterson and Jan Tapley

**Technical Coordinator:** Cynthia Welch

**OLLI NEEDS YOU!!!** Please contact Renee Cabrera ([rmcabrer@outlook.com](mailto:rmcabrer@outlook.com)) or the OLLI Office if you would like to help by serving as a course coordinator or want to share your expertise by teaching a class!

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## Ukulele: Symposium

**Every Monday • 3:30 p.m.-5 p.m. • Shapiro CD&Zoom**

*January (16 no class), 23, 30 • February 6, 13, (20 no class), 27 • March 6, 13, 20, (27 no class) • April 3, 10*

*Intersession: April 17, 24 • May 1, 8, 15, (22 no class)*

**Prerequisites:** A solid understanding of chord progression and several strumming and fingerpicking patterns will make your Symposium experience more satisfying.

The “Ukulele: Symposium” course will allow you to strengthen your skills in fingerpicking and chord melody. This course will also explore instrumental pieces that rely on those skills to bring the musicality of the piece forward, rather than relying on voice accompaniment. This course will explore contemporary, rock and classical music.

**Instructor:** Vickie Hite    **Coordinators:** Leland Akasaki and Linda Callen  
**Tech Coordinator:** Leland Akasaki

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## Voci d’Oro Chorale

**Every Friday • 1 p.m.-3 p.m. • Shapiro CD**

*January 20, 27 • February 3, 10, 17, 24 • March 3, 10, 17, 24, (31 no class) • April 7, 14*

*Intersession: April 21, 28 • May 5, 12, 19, (26 no class)*

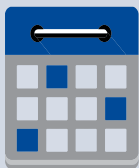
**Materials Fee:** \$20

If you love to sing and enjoy camaraderie, then this is the place for you! The OLLI Chorale sings together in four-part harmony, enjoying many different genres of music. Even if this is a new experience for you, come and learn to make beautiful music together in song. Come one, come all!

**Instructors/Conductors:** Tom Hut and Marge Osborn

**Accompanist:** Esther Anh

**Coordinators:** Amy Kernes, Richard Kaufman and Jim Medici



### Class Calendars on the OLLI Website

- Bookmark the OLLI website <http://olli.fullerton.edu> on your mobile device
- Populate your personal calendar with OLLI classes and events from the website
- Check what’s happening at OLLI on your mobile phone or tablet
- Changes in class and event times, dates and classrooms are updated on website calendars

# LANGUAGES

**Please note:** “French 1” and “Spanish 1” are intended for beginning students from fall through summer semesters. Our other OLLI language courses are “ongoing,” i.e., they do not “start over” every year as they may in a high school or a university setting. After a year of “French 1” or “Spanish 1” students have the option of moving on to “French 2” or “Spanish 2” or repeating “French 1” or “Spanish 1,” as a refresher course. We do not give placement tests, so newcomers to language courses are welcome to sample classes and stay with any or all courses that suit their level of proficiency.

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## French 1

**Every Wednesday • 8:30 a.m.-9:30 a.m. • Zoom**

*January 18, 25 • February 1, 8, 15, 22 • March 1, 8, 15, 22, (29 no class) • April 5, 12*

“French 1” is for beginners who have little or no French language skills. Many French people in tourist areas speak English, so why study French? Because demonstrating appreciation for their culture and a minimum of acquaintance with their language will put smiles on their faces and make your trip to a French-speaking country even more pleasurable. The course will emphasize good pronunciation and introduce key vocabulary, common expressions as well as basic grammar to help you to speak respectfully while enjoying exposure to and participation in French culture. Teaching with Zoom for language study brings the sounds and sights of the new language and culture directly into your own environment and allows for easy participation in class exercises.

**Textbook (optional):** Easy French Step-By-Step 1st Edition by Myrna B. Rochester (ISBN-13: 978-0071453875)

**Instructor:** Nick Caskey    **Coordinator/Tech Coordinator:** Mike Shellman

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## French 2

**Every Monday • 8:30 a.m.-9:45 a.m. • Zoom**

*January (16 no class), 23, 30 • February 6, 13, (20 no class), 27 • March 6, 13, 20, (27 no class) • April 3, 10*

In this course we will review and expand your acquaintance with basic French vocabulary and structure. The emphasis will be on good pronunciation and culture so you can feel at ease while enjoying—and contributing to—easy conversations in a francophone environment. We will rely on videos made in France rather than on a traditional textbook because teaching with Zoom has two big advantages for language study: a) it brings the sounds and sights of the new culture into our own environment and b) it allows for participant-to-participant conversations in breakout rooms.

**Textbook (optional):** “The Ultimate French Review and Practice,” any edition, offering detailed explanations, exercises and corrections of the exercises.

**Instructor:** Barbara Vigano    **Coordinator/Tech Coordinator:** Joan Hinshaw



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## French 3

**Every Wednesday • 10 a.m.-noon • Zoom**

*January 18, 25 • February 1, 8, 15, 22 • March 1, 8, 15, 22, (29 no class) • April 5, 12*

**Prerequisite:** Some previous study of French or equivalent

The three goals of this intermediate level course are: a) to emphasize exposure to authentic French culture; b) to increase our knowledge of French vocabulary and grammatical structures and c) to practice conversation. We will rely on videos made in France rather than on a traditional textbook because learning with Zoom has two big advantages for language study: a) it brings the sounds and sights of the new culture into our own environment and b) it allows participant-to-participant conversations in breakout rooms. Therefore, our two-hour Zoom meetings will consist of three parts: a) a video lesson, coming to us from France, integrating vocabulary, grammar and culture; b) practice speaking French in groups of two or three participants in Zoom breakout rooms and c) the occasional discussion of intermediate level texts previously sent by email to all participants.

**Textbook (optional):** “The Ultimate FRENCH Review and Practice,” any edition, offering detailed explanations, exercises and corrections of the exercises.

**Instructor:** Barbara Vigano

**Coordinators/Tech Coordinators:** Sara Clark and Cindy Owens

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## French Discussion

**Alternate Wednesdays • 12:10 p.m.-1:15 p.m. • Zoom**

*January 18 • February 1, 15 • March 1, 15, (29 no class) • April 5*

One goal of this course is to provide an opportunity to practice conversational French by discussing short stories in French. The other goal is to refresh and increase acquaintance with diverse francophone authors and literary styles. Several days before each class session you will receive short texts in intermediate level French, together with vocabulary lists and questions about the content and the meaning of the texts. Reading the texts and studying the vocabulary before class is necessary so that you feel comfortable contributing to the discussions. Meeting on Zoom rather than in a classroom offers some important advantages for language learning: a) It allows us to bring the sounds and sights of the new culture into our own environment and b) It allows undisturbed participant-to-participant conversations in breakout rooms.

**Instructor:** Barbara Vigano

**Coordinators/Tech Coordinators:** Sara Clark and Cindy Owens

**OLLI NEEDS YOU!!!** Please contact Renee Cabrera ([rmcabrer@outlook.com](mailto:rmcabrer@outlook.com)) or the OLLI Office if you would like to help by serving as a course coordinator or want to share your expertise by teaching a class!

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## German

**Every Tuesday • 12:30 p.m.-2:30 p.m. • Shapiro AB&Zoom**

*January 17, 24, 31 • February 7, 14, 21, 28 • March 7, 14, 21, (28 no class) • April 4, 11*

Guten Tag und herzlich willkommen in der Deutschklasse! Deutsch Lernen macht Spass! The course will provide basic and intermediate vocabulary and structure. It is organized around a variety of topics. This format will allow beginning and intermediate level course participants to be challenged by expanding their vocabulary and deepening their knowledge of grammar. Cultural understanding is highlighted and taught via songs, videos, movies and authentic material. German visitors and guest speakers will provide additional cultural insights. Handouts—provided by the instructor—will take the place of a textbook. Learning German will be fun and entertaining and if there is a trip to Germany in your future, you will be well prepared for it.

**Instructor:** Elisabeth Strauss    **Coordinators/Tech Coordinators:** Ken Luke and Richard Zawilski

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## Spanish 1

**Every Thursday • 10 a.m.-11:30 a.m. • Shapiro AB**

*January 19, 26 • February 2, 9, 16, 23 • March 2, 9, 16, 23, (30 no class) • April 6, 13*

**Prerequisite:** Please ask the instructor's permission if you want to join this course in Spring Semester because this is an ongoing course and students continuing from the fall semester will be given preference.

"Spanish 1" is a year-long course which starts every fall and completes classes by the end of summer. It is intended for students with little or no background in Spanish. Students will learn basic structures with repetition in listening and oral practice. Phonics will be taught so that students may read short passages and write their own sentences with familiar vocabulary. After completing "Spanish 1," students may wish to move on to "Spanish 2." Anyone wishing to repeat this course is welcome to do so if space is available. Our goal is to lay a good foundation for learning Spanish. We leave class every day saying something in Spanish.

**Instructor:** Marjorie Mota    **Coordinator:** Jackie Ryan

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## Spanish 2

**Every Wednesday • 10 a.m.-11:30 a.m. • Room 21**

*January 18, 25 • February 1, 8, 15, 22 • March 1, 8, 15, 22, (29 no class) • April 5, 12*

This course is designed as a bridge between "Spanish 1" and the other Spanish courses currently being offered. The course is intended for students who have already had an introduction to Spanish. It will present more of the grammar rules and focus primarily on the preterit, imperfect and future tenses. This course will "start over" each fall, continuing to present the preterit, imperfect and future tenses. It will be taught in Spanish and English with a focus on members becoming comfortable and confident in speaking Spanish.

**Textbook (optional):** “Easy Spanish STEP-BY-STEP” by Barbara Bregstein. The cost on Amazon is around \$10. If the student can’t afford it, the instructor will provide the textbook.

**Instructor:** Elizabeth Vanegaspou    **Coordinator:** Carolyn Mendoza

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## Spanish 3: Grammar

**Every Friday • 2 p.m.-3:15 p.m. • Zoom**

*January 20, 27 • February 3, 10, 17, 24 • March 3, 10, 17, 24, (31 no class) • April 7, 14*

**Prerequisite:** “Spanish 1” and “Spanish 2” or some knowledge of conversational Spanish

This course is for those who have studied Spanish in the past and wish to continue building their knowledge of vocabulary and grammar. It presumes an acquaintance with present, past and future tenses. The focus of the course is on intermediate level grammar skills to increase the understanding of written and spoken Spanish and to improve the ability to speak Spanish. The course is taught in a mixture of Spanish and English.

**Instructor:** Mercedes Vargas    **Coordinator/Tech Coordinator:** Gene Hiegel

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## Spanish 4

**Every Monday • 1:15 p.m.-3:15 p.m. • Room 21**

*January (16 no class), 23, 30 • February 6, 13, (20 no class), 27 • March 6, 13, 20, (27 no class) • April 3, 10*

**Prerequisite:** Familiarity with Spanish grammar and verb tenses and the ability to process directions in Spanish and to express opinions in group discussions.

Students are provided with discussion topics ahead of class that will increase fluency and vocabulary. History and culture lessons promote knowledge of Spanish speaking countries and customs. On an as needed basis, selected points of grammar are reviewed. Students often volunteer to present a lesson or a travelogue in Spanish. The presenters always hone their vocabulary while preparing the material and the audience members get the opportunity to think on their feet by asking questions in Spanish. We try to mirror the give and take of real-life conversation by doing this. New students with some fluency can join at any time.

**Instructor/Coordinator:** Marjorie Mota

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## Spanish Stories Talk

**Alternate Thursdays • Noon-2 p.m. • Zoom**

*January 19 • February 2, 16 • March 2, 16, (30 no class) • April 6*

The purpose of the course is to provide an opportunity to improve the participants’ Spanish vocabulary as well as their verbal delivery while discussing short stories in Spanish. Discussion leadership rotates among class participants. The course is conducted in Spanish, and new students with sufficient fluency may join at any time.

**Coordinators/Tech Coordinators:** Suzi Attal and Lu Attal

# ECONOMICS, HUMANITIES AND SOCIAL SCIENCES

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## American Presidency: The Man, His Policies, His Foes

**One Thursday • 10:15 a.m.-11:45 a.m. • Auditorium&Zoom**

*January 19*

This course explores the policies, politics and challenges facing President Biden. Classes will focus on “anchor” topics ripped from the headlines and presented in-depth for analysis and fact-checking. Use of multimedia aids and presentation of issues in a style that is designed to be both educational and (occasionally) entertaining differentiate this course. A website with supplementary materials and class notes is posted at <https://sites.google.com/view/americanpresidency/home>.

**Instructor:** Mike Stover    **Tech Coordinators:** Jim Monroe and Sue Batie

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## Can They Do That? The U.S. Constitution in Today’s America

**One Thursday • 10:15 a.m.-11:45 a.m. • Auditorium&Zoom**

*February 16*

This course will preview and review the U.S. Supreme Court’s major decisions in its current term, including abortion, gunowner rights/restrictions, “administrative state” restrictions, affirmative action and voting rights and limitations.

The course features a website with supplementary materials and class notes: <https://tinyurl.com/olli-constitution>.

**Coordinators:** Mike Stover    **Tech Coordinators:** Jim Monroe and Sue Batie

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## Eclectics I (Open to the Public)

**Alternate Tuesdays • 10:15 a.m.-11:45 a.m. •**

**Auditorium&Zoom&&Stream**

A wide variety of topics of interest to OLLI members and guests are presented by experts recruited and hosted by the coordinator.

**Coordinator:** Janice Jeng    **Tech Coordinator:** TBD

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## Underrepresented Population in COVID-19 Clinical Trials

*January 17*

**Speaker:** Joshua S. Yang, Ph.D., MPH, Professor, Department of Public Health, CSUF

Medical innovations have grown with investment in clinical research made by the United States. Ethnic minorities, however, have consistently been underrepresented in clinical trials, including cancer and now COVID-19 vaccine and therapy trials, despite the disproportionate impact on these communities. Additionally, young people and young people of color are underrepresented in trials. The lack of minority and young adult groups in

trials may worsen existing health disparities due to concerns of access, cost, quality and appropriate use of therapeutics for diverse populations. In this presentation, preliminary results of a study to develop digital tools to increase young adult minority enrollment in clinical trials will be presented.

## **The Second Amendment and the Right to Bear Arms**

*January 31*

**Speaker:** Rob Robinson, Associate Professor of Political Science, CSUF

The Second Amendment had long been the odd man out in Constitutional Law, receiving little judicial attention and generating even less caselaw. This neglect ended in 2008, when the Court first held that the Amendment guarantees an individual right to possess and bear weapons for self-defense. After years of refusing additional cases that might clarify this right, the conservative post-Trump Court decided *NY State Rifle and Pistol Association v. Bruen* in the last Supreme Court term. What did this decision hold, and how might it affect state regulation of firearms going forward?

## **New Syphilis in Older Adults**

*February 14*

**Speaker:** Mojgan (Mo) Sami, Assistant Professor of Health Equity, CSUF

Sexual health among older adults is a major public health concern globally. The syphilis burden is increasing in older adults in China. This presentation will discuss the study aimed to describe factors associated with syphilis infection and diagnosis among older adults.

## **Disparities in Localized Malignant Lung Cancer Surgical Treatment: A Population-Based Cancer Registry Analysis**

*February 28*

**Speaker:** Dr. Lohuwa Mamudu, Assistant Professor, Department of Public Health, CSUF

Surgical treatment offers a favorable prognosis and five-year relative survival for lung cancer, especially for small, localized tumors. However, disparities exist in the receipt of lung cancer surgical treatment. Dr. Mamudu will highlight novel research findings on disparities in surgical treatment among patients diagnosed with localized malignant lung cancer using population-based cancer registry data. The findings provide a better understanding of factors influencing the receipt of surgical treatment for localized malignant lung cancer.

## **Topic TBD**

*March 14*

**Speaker:** TBD

Please watch the OLLI newsletters for details of these presentations.

## **No Class**

*March 28*

## The History and Ethics of True Crime

April 4

**Speaker:** Adam Golub, Professor and Graduate Advisor, American Studies, CSUF

Professor Golub's research on "criminal crossovers" looks at true crime and popular culture. He is especially interested in the history of true crime and the ethics and consequences of turning true crime into a form of entertainment that saturates the culture and is essentially available "on demand." He is also interested in trying to understand what it means when real criminals like Dahmer, Manson or Bundy enter into the popular culture as "characters" for our consumption. Is popular culture a helpful way for us to truly reckon with criminal transgression and its meaning, or is popular culture just endlessly retelling and recirculating the same sensationalized true crime stories (and the same characters) over and over again for pleasure and profit?

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## Exploratory Discussion Group

**Every Monday • 1:15 p.m.-3:15 p.m. • Shapiro CD**

*January (16 no class), 23, 30 • February 6, 13, (20 no class), 27 • March 6, 13, 20, (27 no class) • April 3, 10*

This spring we continue The Great Courses' "Questions of Value," presented by Professor Patrick Grim, PhD, State University of New York, Stony Brook. We will look at the values we hold dear and how we should live. Topics include Lives to Envy, Lives to Admire; Life's Priorities; The Cash Value of a Life; How do We Know Right From Wrong; Better Off Dead; Choice and Chance; Thoughts on Religion and Values; Free Will and Determinism; Cultures and Values: Hopi, Navajo, and IK; and A Picture of Justice, among others. "The unexamined life is not worth living" - Socrates. Join us in this study and keep your mind active.

**Coordinators:** Leland Akasaki and Rich Eaton    **Moderator:** Rich Eaton

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## Great Decisions

**Alternate Fridays • 1:15 p.m.-3:15 p.m. • Room 21&Zoom**

*January 27 • February 10, 24 • March 10, 24, (31 no class) • April 14*

We will use The Foreign Policy Association's 2023 edition booklet and videos. Topics will include: Global Famine; Climate Migration; Energy Geopolitics: the oil & gas industries in flux; Economic Warfare: the power of sanctions; War Crimes: a history of crimes against humanity; Elections in Latin America: the rise of left governments; China's Foreign Policy: the push for global dominance; Iran and the Gulf States. Each class begins with a video followed by a round table discussion. If you have an interest in U.S. foreign policy issues, please join our like-minded group. Differing views and opinions are encouraged. Outside reading can also help. Class members may also bring in additional reports and related study materials to share with the class.

**Coordinators/Tech Coordinators:** Rich Eaton and Leland Akasaki

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## Money News: Personal Finance, Business, Economics

**Five Alternate Tuesdays • 10:15 a.m.-11:45 a.m. • Auditorium&Zoom**

*January 24 • February 7, 21 • March 7, (28 no class) • April 11*

This multimedia course goes behind the headlines of consumer and financial news. Each class focuses on “anchor” topics and a brisk review of recent personal finance, economic and business news from such leading publications as The Wall Street Journal, The New York Times, The Economist, Consumer Reports and regional and local periodicals. Participants are encouraged to bring up topics they wish to explore. With so many retirement nest eggs dependent on financial markets or threatened by runaway inflation, “Money News” provides participants with insights and vital discussion on issues affecting their consumer choices and personal economic security. The course features a website with supplementary materials and class notes:  
<http://tinyurl.com/olli-money>.

**Coordinator:** Mike Stover    **Tech Coordinators:** Jim Monroe and Sue Batie

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## Personal Finance and Retirement

**Six Tuesdays • 3:45 p.m.-5 p.m. • Shapiro CD&Zoom**

*February 7, 14, 21, 28 • March 7, 14*

This course is for all OLLI members who want to learn more about personal finance and make wise investment decisions in retirement. We will focus on investment basics and principles as well as retirement income planning and withdrawal strategies, IRAs, and Roth IRAs. You will finish the course feeling more confident in your personal finance knowledge.

**Instructor:** Danielle Blunt, Raymond James Financial Services

**Coordinator/Tech Coordinator:** Kiki Chryssogelos

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## Popes, Politics, Schisms and Controversies

**Alternate Tuesdays • 12:15 p.m.-1:45 p.m. • Auditorium&Stream**

*January 24 • February 7, 21 • March 7, 21, (28 no class) • April 11*

The Christian church started during the height of the Roman Empire and continues to this day. This is a period of time of almost 2,000 years. The study of church history is key in understanding the full history of Europe, the Americas and the Middle East. The church in general has had an immense influence on the rise of the West. Not everything that occurred during this period was good, nor was it entirely bad, but it is very interesting to understand what has gone on in the past. The course will cover the main issues, important leaders such as the Popes and governments, the controversies that seemed to occur every few years, and the schisms that have occurred among different parts of the church. The period of time for this semester will cover from the Gnostic crisis to Constantine (AD 100-312).

**Instructor:** Steve Mood    **Coordinator:** William Clark

**Tech Coordinator:** Bob Newcomb



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## Social Science in the News

**Alternate Tuesdays • Noon-1:30 p.m. • Shapiro CD**

*January 24 • February 7, 21 • March 7, 21, (28 no class) • April 11*

“Social Science in the News” explores topical social science research.

Presentations emphasize empirical, often quantitative, analysis of contemporary social issues. Current events will influence the topics covered during the fall term.

**Instructor:** Edwin Batson    **Moderator:** Steve Kernes

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## The People’s Houses: Lawmaking, Policy and Politics by the U.S. Congress and the California Legislature

**Three Thursdays • 10:15 a.m.-11:45 a.m. • Auditorium&Zoom**

*February 2 • March 2 • April 6*

“Laws are like sausages - it is best not to see them being made” - Otto von Bismarck.

This course spotlights the legislative process and the critical issues facing the U.S. Congress and California Legislature. These “people’s houses” are similar bicameral (upper and lower house) legislative houses but couldn’t be more different in their political contexts, relationships with their chief executives, public approval ratings and many procedures. With America and California at critical crossroads regarding government direction, ranging from environmental and immigration policy to education and taxation policy, this “ripped from the headlines” course provides timely information to inform, educate and entertain. A website with supplementary materials and class notes is posted at <https://sites.google.com/view/peoples-houses/>

**Instructor:** Mike Stover    **Tech Coordinators:** Jim Monroe and Sue Batie



### Did You Know?

In 2006, the Continuing Learning Experience (CLE) at CSUF joined with Bernard Osher’s nationwide organization of lifelong learning programs, becoming Osher Lifelong Learning Institute at Cal State Fullerton (OLLI-CSUF), and received over \$2 million in endowments from the Bernard Osher Foundation.



### OLLI Has a Facebook Page

Follow activities at OLLI-CSUF on our Facebook page at [www.facebook.com/OLLICalStateFullerton](http://www.facebook.com/OLLICalStateFullerton).

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## Transitions in Retirement Essentials (Open to the Public)

**Eight Saturdays • 9:30 a.m.-11:30 a.m. • Zoom&Stream**

This engaging, fun, life-changing program teaches us to appreciate what matters most for ourselves, our dreams and our goals, and how to enjoy the exciting times ahead. If we develop a few goals and plans for these years, the transition into retirement will be smoother and much more fulfilling. This series of classes will provide some structure and professional aid in planning for an exciting future.

**Program Coordinator:** Russell MacKeand

**Coordinators:** Zona Gray-Blair, Tom La Casa, Joseph Lawton, M.D., Ellie Monroe, Jim Monroe, Joyce Ono and Mike Stover

**Tech Coordinators:** Tom La Casa, Russ MacKeand, Ellie Monroe, Jim Monroe and Joyce Ono

### Topic TBD

*January 21*

**Speaker:** TBD

Please watch the OLLI newsletters for details of this presentation

### Foot and Ankle Problems

*January 28*

**Speaker:** TBD

Please watch the OLLI newsletters for details of this presentation.

### Income Tax Planning

*February 4*

**Speaker:** James Johnson, Enrolled Agent, The Tax Guy

Retirement presents several challenges in dealing with additional taxes. Proper planning to address them is essential. This session covers important age requirements, the impact of Social Security on your taxes, how wages affect Social Security and what happens if you start a business. Additional topics include IRAs, 401(k)s, pensions, annuities and taxation of distributions. The sale of your primary residence and income property will be addressed.

### Are Solar Panels Right for You?

*February 11*

**Speaker:** Russ MacKeand, OLLI coordinator and solar homeowner

This session will provide information to help you decide if you would like to consider installing solar panels on your home. Topics covered will include selecting a solar vendor, approximate costs, government financial incentives, lease or buy, electric car considerations, how solar works, a typical timeline and solar app information.

## Identity Theft and Fraud

February 18

**Speaker:** Speaker from the Police Department, Cal State University, Fullerton  
Retirees and seniors are often victims of a variety of scams and identity theft. Join this session to find out about different types of fraud and what to do if you are a victim of a scam. In addition, identity theft will be discussed. Find out how it happens, how to prevent it, how to detect it and what to do if you are a victim.

## Cleaning Out the Clutter and Hoarding

February 25

**Speaker:** Penny Lambright, Clutterologist, Clutter Cleaners

Part 1: Too Much Stuff! Warning signs of hoarding behavior, dangers of excessive clutter and differences between collecting, clutter and hoarding behavior will be discussed.

Part 2: Cleaning Out the Clutter and Getting Organized. Are you spending too much time looking for lost items or stressing about too many things piling up? You will receive help with information on how to de-clutter your house, get organized and stay organized. The speaker will highlight how to get started with priorities, breaking projects down into manageable sizes, establishing deadlines and rewarding yourself.

## Hip and Knee Replacement

March 4

**Speaker:** Stewart Shanfield, M.D., St. Jude Heritage

Please watch the OLLI newsletters for details of this presentation.

## Estate Planning: Probate and How To Avoid It

March 11

**Speaker:** Jay D. Fullman, Estate Attorney, a Professional Corporation

If you do not have a will or estate plan, the state has one for you. Warning: You may not like what the state has planned. In this class, we will discuss the pros and cons of probate and the options available to avoid probate. Revocable living trusts are often used to avoid probate and conservatorships cost-effectively. Trusts and other options will be presented.

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## What's Behind the News?

**Alternate Wednesdays • 10 a.m.-noon • Zoom**

January 18 • February 1, 15 • March 1, 15, (29 no class) • April 5

Through stimulating class discussion, tap the knowledge, expertise and experience of the informed and diverse OLLI membership. Go behind the headlines and TV sound bites to get a deeper understanding of events reshaping the world, as well as the less-dramatic developments that can have a major impact on politics, the economy and society. What are the causative factors and what are the implications for peace, prosperity and social stability? Which policies are appropriate and effective in responding to these developments? Bring your questions and comments to this fast-paced, probing and sometimes passionate discussion of current events.

**Coordinator:** Patricia Duffie    **Tech Coordinator:** Warren Wilson

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## Wisdom Exchange

**Alternate Wednesdays • 10 a.m.-noon • Shapiro CD&Zoom**

*January 25 • February 8, 22 • March 8, 22, (29 no class) • April 12*

In Wisdom Exchange, all participants have opportunities to share their wisdom, whether about dealing with the pandemic or other stressful world events, or about managing the physical, psychological and social challenges we may be facing as we grow older. Various topics are introduced in each session, and class participants share their views, their concerns and their joys. In the process, we laugh a lot and get to know each other better.

**Instructors:** Class members

**Coordinators:** Maureen McConaghy and Grace Bertalot

**Tech Coordinator:** Warren Wilson

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## World War II: What Happened? Why?

**Alternate Tuesdays • 2:15 p.m.-3:45 p.m. • Room 9**

*January 24 • February 7, 21 • March 7, 21, (28 no class) • April 11*

Today's world can best be understood by viewing it through the lens of World War II. That war was the dominant event of the 20th century. It—and its echoes—determined the borders and form of government of most countries in today's world, and it continues as a powerful force to the present day. The course will have:

- In-depth original material to provide understanding of critical events, including what happened and why things happened as they did.
- High quality historical videos.
- A limited amount of material from other sources on World War II to establish context for in-depth topics and serve as a summary presentation of events that don't receive in-depth treatment.

**Instructors/Coordinators:** Bob Caswell and Elwood Berry



### Please Recycle at OLLI

Blue recycling bins with the recycle logo have been placed throughout the Ruby Gerontology Center for paper and cardboard and empty paper, plastic, glass and metal containers. Please recycle while at OLLI.



### Did You Know?

**The “Godmother of CLE” (now OLLI) was Betty Robertson. As Director of Community and Outreach Programs at Cal State Fullerton in 1978, she researched and developed the idea, recruiting Leo Shapiro and other prominent founding member-volunteers.**

# HEALTHY LIVING

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## A Course in Miracles

**Alternate Tuesdays • 2:45 p.m.-4:15 p.m. • Zoom**

*January 17, 31 • February 14, 28 • March 14, (28 no class) • April 4*

*Intersession: April 18 • May 2, 16, (23 no class)*

“A Course in Miracles” is a series of spiritually based psychological exercises consisting of 365 daily lessons that gently lead us to a new understanding of ourselves, others and our relationships with them. The classes will focus on key principles from “A Course in Miracles” that can lead to more joy, peace and healthy relationships.

**Instructor:** David Cortez    **Coordinator/Tech Coordinator:** Ellie Page

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## Arboretum and/or Campus Walk

**Every Tuesday and Thursday • 9 a.m.-10 a.m. • RGC Courtyard**

*January 17, 19, 24, 26, 31 • February 2, 7, 9, 14, 16, 21, 23, 28 • March 2, 7, 9, 14, 16, 21, 23, (28 & 30 no class) • April 4, 6, 11, 13*

Join other OLLI members for a morning walk from our RGC courtyard through the Arboretum and back. Sustained walking for a minimum of 30 to 60 minutes a day, five days a week (with the correct walking posture), reduces health risks and has overall health benefits. These include reducing the risk of cancer, type 2 diabetes, heart disease, anxiety, depression and osteoporosis, as well as increasing HDL (good cholesterol) and reducing LDL (bad cholesterol) levels. Life expectancy is also likely to be enhanced, even for individuals suffering from obesity or high blood pressure. Studies have shown that walking may also reduce the risk of dementia and Alzheimer’s. This is a self-pacing class.

**Instructor/Coordinator:** Karen Tanner

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## Exploring Health & Fitness

**One Thursday • 3 p.m.-5 p.m. • Room 9**

*January 26*

Medical research tells us that regular, moderate physical exercise is essential for maintaining physical, mental and emotional health. Prior to the COVID pandemic, OLLI members participated in non-OLLI sponsored group physical activities such as bicycling and hiking. As such activities resume, this class provides information about them for OLLI members. It also offers discussions and suggestions on useful equipment for such activities.

**Coordinator:** Ken Luke

**Please silence your cell phone when  
attending classes and programs.  
Thank you!**

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## Longevity Stick Exercises

**Every Wednesday • 8:30 a.m.-9:30 a.m. • Zoom**

*January 18, 25 • February 1, 8, 15, 22 • March 1, 8, 15, 22, (29 no class) • April 5, 12*

*Intersession: April 19, 26 • May 3, 10, 17, (24 no class)*

This is a Vietnamese exercise regimen consisting of a series of 12 movements done with a stick. The exercises are designed to maintain a healthy body and spirit by improving balance, flexibility, strength, mental focus and breathing capacity. For more information, go to <http://www.longevitystick.org/>. By the second meeting you will be required to have a one-inch-thick dowel, the length of your outstretched arms or corresponding to your height, with rubber chair leg tips on each end. Large men may feel more comfortable with a one-and-a-half-inch-thick dowel. Materials can be purchased at any home improvement store and cut to the proper length.

**Instructors/Coordinators:** Nancy Bauerly and Linda Petit

**Tech Coordinator:** Renee Cabrera

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## Medical Series (Open to the Public)

**Alternate Wednesdays • 7 p.m.-9 p.m. • Zoom/Stream**

This series will contribute to your “medical literacy” and is co-sponsored with OLLI by the physicians of St. Jude Medical Center and the physicians at UCI Health.

**Coordinators:** Joseph Lawton, M.D., Joyce Ono and Carol Thurk

**Tech Coordinator:** Bill Reilly

## Interventional Cardiology: Latest Innovations in the Treatment of Structural Heart Disease

*January 25*

**Speaker:** Antonio Halais Frangieh, M.D.

Dr. Frangieh is the Medical Director of the Structural Heart Program at the UCI School of Medicine. Structural heart problems involve the heart’s valves, chambers and walls. Dr. Frangieh will take you through the anatomy of the heart, structural heart disease interventions, and provide an overview of current and future perspectives in the treatment of structural heart disease. Most treatments are performed as same day procedures.

## Comprehensive Approach to Maximizing Brain Fitness

*February 8*

**Speaker:** Brian D. Hitt, M.D.

Dr. Hitt is a board-certified UCI Health behavioral neurologist who specializes in the diagnosis and management of Alzheimer’s disease and other cognitive and memory disorders. He has conducted extensive research into the cellular and molecular mechanisms of Alzheimer’s and related neurodegenerative diseases. Have you ever wondered what scientifically proven methods are available to keep your mind sharp? Join Dr. Hitt as he discusses a comprehensive approach to brain fitness and keeping your mind sharp.

## Respiratory Issues as We Age

February 22

**Speaker:** Mahmoud Moammar, M.D.

Dr. Mahmoud Moammar joined Heritage Medical Group in 2022 and practices at Saint Joseph Hospital in Orange. Dr. Moammar will focus on various respiratory diseases that affect the senior population and the best means of management and/or prevention.

## When is it Important to Seek Medical Attention for Skin Issues

March 8

**Speaker:** Alden Holmes, M.D.

Dr. Alden Holmes is a graduate of the University of California, Riverside School of Medicine and completed his dermatology residency at Loma Linda University Medical Center. He will discuss five common skin conditions, how to differentiate these conditions from their clinical mimics, and provide an overview of treatment options and prophylactic measures.

## Latest Results on The 90+ Study: What Allows People to Live to Age 90 and Beyond

March 22

**Speaker:** Claudia H. Kawas, M.D.

Dr. Claudia Kawas is a Co-Principal Investigator of “The 90+ Study.” This long-term study asks and answers the question, “What allows people to live to age 90 and beyond?” Dr. Kawas will review a summary of results and objectives of the study as well as discuss future projects in the works.

## No Class

March 29

## Genetic Screening for Family Members of Cancer Patients

April 12

**Speaker:** Deepika Nathan, Genetic Counselor

Deepika Nathan is an assistant professor in the Division of Genetic and Genomic Medicine, the Department of Pediatrics, UCI School of Medicine. She will provide information and discussion on the basics of genes and cancer genetics, provide answers on who is at risk for hereditary cancer and discuss genetic testing options for cancer.

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## Meditation for Everyday Life

**Every Monday • 3:30 p.m.-4:30 p.m. • Zoom**

January (16 no class), 23, 30 • February 6, 13, (20 no class), 27 • March 6, 13, 20, (27 no class) • April 3, 10

Intercession: April 17, 24 • May 1, 8, 15, (22 no class)

Meditation is a simple and relaxing way of training your mind for a more joyful and peaceful life. Numerous scientific studies have shown that meditation, practiced regularly, can improve mental as well as physical well-being. Studies conducted in university labs and hospitals have shown



that meditation can reduce stress, depression, anxiety and blood pressure. Meditation can also improve memory and brain function, boost the immune system and help people deal with chronic pain. Meditation is now being taught in schools and universities, hospitals, large companies and even the military. Different kinds of meditation will be explored, including mindfulness, visualizations, meditation with sound, walking meditation and loving kindness meditation. Beginners and experienced meditators are welcome.

**Instructor:** Mariana Fischer-Militaru    **Tech Coordinator:** Barbara Glaeser

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## OLLI Social Rollers Open Bowling

**Every Tuesday • 6 p.m.-8:30 p.m. • CSUF Bowling Center**

*January 17, 24, 31 • February 7, 14, 21, 28 • March 7, 14, 21, (28 no class) • April 4, 11*

*Intersession: April 18, 25 • May 2, 9, 16, (23 no class)*

**Fee:** \$8.50 per night—includes bowling up to five games per night, shoe rental and use of bowling balls

This course is open to all OLLI members to enjoy non-league social bowling at a very reasonable cost. Shoe rental and use of house bowling balls are included. No need to pre-sign-up to bowl, just show up on any Tuesday night and enjoy bowling up to five games per night between 6 p.m. and 8:30 p.m. The Bowling Center is located in the Titan Student Union Building on campus. Plenty of evening parking can be found next door at the State College Parking Structure on Gymnasium Drive. Tuesday nights have been designated as “OLLI Night” at the Bowling Center, and all eight lanes are for OLLI members’ use only. New and experienced bowlers are always welcome to join in the fun.

**Instructor/Coordinator:** John Edwards

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## Tai Chi

**Every Monday • 9 a.m.-10 a.m. • Room 18**

*January (16 no class), 23, 30 • February 6, 13, (20 no class), 27 • March 6, 13, 20, (27 no class) • April 3, 10*

*Intersession: April 17, 24 • May 1, 8, 15, (22 no class)*

Tai Chi has a long and distinguished tradition in exercise programs, and it continues at OLLI-CSUF. Come and exercise under the guidance of instructor Diane Globerman. Start the week with Tai Chi for health and serenity.

**Textbook (optional):** A suggested reference text on Tai Chi may be useful once you have learned the basic movements: “Beginning Tai Chi” by Tri Thong Dang, (ISBN-13: 978-0-804-82001-1)

**Instructor:** Diane Globerman    **Coordinator:** Fran Doble



### OLLI Has a Facebook Page

Follow activities at OLLI-CSUF on our Facebook page at [www.facebook.com/OLLICalStateFullerton](http://www.facebook.com/OLLICalStateFullerton).

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## Tap-ercise

**Every Wednesday • 9 a.m.-10 a.m. • Zoom**

*January 18, 25 • February 1, 8, 15, 22 • March 1, 8, 15, 22, (29 no class) • April 5, 12*

*Intersession: April 19, 26 • May 3, 10, 17, (24 no class)*

**Every Friday • 1 p.m.-2 p.m. • KHS 202&Zoom**

*January 20, 27 • February 3, 10, 17, 24 • March 3, 10, 17, 24, (31 no class) • April 7, 14*

*Intersession: April 21, 28 • May 5, 12, 19, (26 no class)*

This is a fun exercise course where tap steps are used to improve balance, coordination, strength and stamina. This is not a dance class: there are no routines to memorize and no performances. Some prior dance experience is preferred but not required. Students are taught basic tap steps, followed by more advanced steps as the course progresses. Whether you are a beginner or intermediate/advanced tapper, this course will improve your technique, increase your confidence and give you a good workout. For more information, contact Betty Loh-Chen at [blohchen@gmail.com](mailto:blohchen@gmail.com) or Vickie Hite at [vwhite418@gmail.com](mailto:vwhite418@gmail.com).

**Instructors/Coordinators:** Vickie Hite and Betty Loh-Chen

**Tech Coordinator:** Vickie Hite

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## Wisdom Healing

**Alternate Tuesdays • 2:45 p.m.-4:15 p.m. • Zoom**

*January 24 • February 7, 21 • March 7, 21, (28 no class) • April 11*

Wisdom healing is a practice of how to heal our hearts, minds, bodies, spirits and souls. We can heal ourselves by our thoughts, feelings and emotions. We will learn how to practice awareness, consciousness and self-healing techniques for good health and wellness. We will discuss:

- Having love for ourselves.
- Having love for each other.
- Turning fear-based thoughts to love.
- Having love for nature and the planet.
- Being grateful and living in gratitude.
- Practicing sound healing.
- Accepting and honoring one's self as the key to a happy life.
- Being in service to others with no expectations.
- Being humble and leaving your ego at the door.

**Instructor:** Marty Cole    **Coordinator/Tech Coordinator:** Ellie Page

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## Yoga for the Rest of Us

**Every Monday • 4:45 p.m.-6 p.m. • Zoom**

*January (16 no class), 23, 30 • February 6, 13, (20 no class), 27 • March 6, 13, 20, (27 no class) • April 3, 10*

*Intersession: April 17, 24 • May 1, 8, 15, (22 no class)*

**Prerequisite:** Able to do floor exercises and to get up easily

Ease into yoga with this instructor, who will help you find new energy and flexibility. Yoga poses incorporate focused breathing with exercise, stretching, balance and guided relaxation. Join us for a great group experience in practicing yoga to feel better and increase flexibility. Please arrive by 4:45 p.m. in order to warm up and be ready to start on time.

**Note:** Dress comfortably and bring a non-slippery yoga mat for floor work, one or two firm blankets, two foam blocks, a towel for neck support if needed, and a non-stretchy strap (a man's tie will do—not the rubber stretchy gym-type straps).

Yoga is practiced barefoot, so please be prepared to take off shoes and socks. Have clothing to keep warm during the final relaxation time.

**Instructor:** Mariana Fischer-Militaru    **Coordinator/Tech Coordinator:** Barbara Glaeser



### Did You Know?

**In 1988 Mackey Auditorium was named after Dr. Francis G. “Bud” Mackey, Medical Director of St. Jude Medical Center. He not only made a major donation to building the RGC, he established our initial collaboration with St. Jude, which continues to flourish today as Dr. Joe Lawton’s Medical Series.**



### Links to Online Classes

Get links to Zoom and livestreamed classes in Class Information and Updates Newsletters or on the OLLI website at <http://olli.fullerton.edu/> (CSUF username & password required).

# SCIENCE

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## Archaeology

**Three Thursdays • 2:30 p.m.-3:45 p.m. • Auditorium&Stream**

**Instructor:** Bonnie Shirley J.D., M.A.    **Coordinator:** TBD

**Tech Coordinator:** TBD

### The Archaeology of Britain: From Stone to Gold

*February 9*

We will talk about the time from when Britain was part of the European continent, to the time of settlements, stone henges and gold and briefly about the Celts versus the Saxons.

### The Archaeology of London

*March 9*

We will talk about the time from ancient wetland trackways to the invasion of the Romans, the burning of Rome and Romans on the Run.

### The Vikings in Britain

*April 13*

We will discuss the establishment of Danelaw beginning with raids in the 8th century and continuing up to the last battle in 1066. The Vikings left behind their DNA, their gold, their buried ships and many words from their language that we still use today.

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## Boundaries of Science: Exploring Current Developments

**Alternate Thursdays • 2:30 p.m.-3:45 p.m. • Auditorium&Zoom**

*January 19 • February 2, 16 • March 2, 16, (30 no class) • April 6*

Join other OLLI members to discuss current topics in science. Classes may include instructor presentations, engaging videos highlighting scientific developments and some expert lecturers. Our goal is to make the material both understandable and interesting. Check the OLLI newsletters for the upcoming topic.

**Instructor:** Jim Monroe    **Coordinator:** Richard McCaman

**Tech Coordinators:** Rick Hearn and Susan Hanna



## Did You Know?

**The Ruby Gerontology Center was named after Dr. Charles L. Ruby, one of CLE's (now OLLI) founders. In 1983 he recognized the need for our own building, pledging the initial \$100,000. His donations for building the RGC eventually totaled \$310,000.**

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## Science for You: Lessons From Engineering Failures

**Every Thursday • 12:45 p.m.-2:15 p.m. • Auditorium&Zoom**

*January 19, 26 • February 2, 9, 16, 23 • March 2, 9, 16, 23, (30 no class) • April 6, 13*

*Intersession: April (20 no class), 27*

This interesting course will look at some of the biggest engineering failures throughout history and discover what these sometimes-deadly mistakes can teach about structure, safety, ethics and technological progress. Professor Stephen Ressler, who brought us “The World’s Greatest Structures” in 2017, reveals the story behind more than 25 catastrophes with easy-to-follow explanations, fascinating videos, live demonstrations and hundreds of custom models and graphics. He’ll examine both the technical and more human components of error—the individual personalities and sometimes dysfunctional organizations that led to disaster. Based on the 2022 Great Courses lecture series, “Epic Engineering Failures and the Lessons They Teach,” this course covers some engineering basics and the processes that engineers follow, whether it’s to build a bridge, a cathedral, or a nuclear power plant. Join us to learn what happened and why!

**Instructors/Coordinators:** Rick Hearn and Susan Hanna

**Tech Coordinators:** Joyce Ono and Ginger Barnhart



### **Please Recycle at OLLI**

Blue recycling bins with the recycle logo have been placed throughout the Ruby Gerontology Center for paper and cardboard and empty paper, plastic, glass and metal containers. Please recycle while at OLLI.



***“What joy in making new friends, attending many choices of classes, working with motivated, inspired volunteers and finding such great support.”***

***-Sue Mullaly***

# TECHNOLOGY

## ***COMPUTER AND MOBILE DEVICE EDUCATION***

### Registration Procedures for Computer and Mobile Device Courses

Computer and Mobile Device courses are free of charge. Due to space limitations and the popularity of computer and mobile device courses, pre-registration online is required for most tutorials, workshops and regular courses. Registration is NOT required for OLLI Tech Help.

Pre-registration for all computer courses begins two weeks before the beginning of the semester.

How to register online for a computer or mobile device course:

- Access the online registration form at: <https://tinyurl.com/OLLITECclasses>, or you can scan the below listed QR code, or visit the TEC web page from the OLLI website at: [http://olli.fullerton.edu/classes/science\\_and\\_technology/RegistrationProceduresForComputerClasses.php](http://olli.fullerton.edu/classes/science_and_technology/RegistrationProceduresForComputerClasses.php)
- Complete the simple registration form with the information requested. You may select more than one TEC course to register for.

This QR code is for TEC course registration. Use your smartphone camera to focus on the code and it will prompt you to open the link to the registration form. If you have an older smartphone you may need to download a free QR reader app, such as Kaspersky's QR Code Reader and Scanner for Android or Kaspersky's QR Scanner for iPhone and focus the camera on the code.



The Technology Education Committee (TEC) invites your participation in enriching our current and future curricula, especially if you would like to share your expertise. Please attend our quarterly meetings on the first Wednesday of the month at 3:30 p.m. via Zoom.

**Co-Chairs:** Tom La Casa and Mike Shellman



### **Suggestion Box**

We want your ideas, suggestions and solutions. Just drop a note in the box in the Shapiro Lobby, or email Ellie Monroe at [ellie.monroe@mindspring.com](mailto:ellie.monroe@mindspring.com).

## OLLI Tech Help

(No Registration Required)

### OLLI Tech Help

**Every Friday • 1 p.m.-3 p.m. • Room 20&Zoom**

*January 20, 27 • February 3, 10, 17, 24 • March 3, 10, 17, 24, (31 no class) • April 7, 14*

*Intersession: April 21, 28 • May 5, 12, 19, (26 no class)*

Need help with your computer, mobile devices or the technology you use?

Visit the “OLLI Tech Help” lab, which will be available virtually in Zoom and face-to-face in Room 20 on Friday afternoons. OLLI tech help may also be available at other times by calling the OLLI office (657-278-2446) and leaving a message with your name, email address, the nature of your technology problem and what kind of technology device you are using (e.g., iPhone, Android smartphone, MacBook, Windows computer).

**Instructors/Coordinators:** Rosalind Charles, Dan Coby, Mark Hammel, Rick Hearn, Steve Kernes, Tom La Casa, Barbara Maio, Jim Monroe, Bob Newcomb, Joyce Ono, Mike Shellman, Paul Herrick and Warren Wilson

## COURSES

### CLECAT Club: Tech Talks

**Every Monday • Noon-1:30 p.m. • Zoom**

*January (16 no class), 23, 30 • February 6, 13, (20 no class), 27 • March 6, 13, 20, (27 no class) • April 3, 10*

CLECAT (Continuing Learning Experience-Computers and Technology), OLLI’s longest running club, is open to all OLLI members. The focus is on a wide range of technology topics: computers, digital cameras, phones, tablets, smart home devices, electric vehicles, home networks and other ways that technology touches your life. The format will include presentations by CLECAT members with group Q&A and collections of short videos addressing issues of interest. Check the OLLI newsletters for information about each class’s topic.

**Instructors/Coordinators:** Rick Hearn, Susan Hanna and guest presenters

**Tech Coordinator:** Susan Hanna



### Did You Know?

**The Ruby Gerontology Center was built in 1988, funded by \$2.1 million in donations raised by CLE (now OLLI) members from members and local businesses and municipalities. CSUF agreed to provide the land and maintenance, and in turn the university shares the facility with OLLI.**



## **Google Photos: Storing, Editing and Managing Your Photos**

**Three Tuesdays • 9:30 a.m.-11:30 a.m. • Room 20**

*February 21, 28, March 7*

***Pre-registration Required Prior to February 3:*** See registration procedures above.

***Prerequisite:*** A Google account and ability to access it.

Running out of space on your smartphone or tablet for all your photos and videos? Google Photos, an app for your computer or mobile device, lets you store photo and video files and includes editing and organizing functions. Students completing this course should be able to: 1) Offload photos to a photo library in the cloud; 2) Organize photos into albums; 3) Share photos and albums with others via email or social media; 4) Edit photos using Snapseed's sophisticated tools; 5) Scan documents with your device's camera and PhotoScan and 6) Use specific criteria to search for photos.

***Instructors/Tech Coordinators:*** Joyce Ono, Warren Wilson and Richard McCaman

## **iPad Essentials**

**Mondays & Wednesdays • 10 a.m.-noon • Room 20**

*February 13, 15, (20 no class), 22, 27 • March 1, 6, 8*

***Pre-registration Required:*** Register by sending an email to [bobnewcomb@icloud.com](mailto:bobnewcomb@icloud.com)

***Class Limitations:*** The class will be limited to 12 people and will be in-person only

Bring your iPad to class and let's explore how to use it and how it works. We will start by learning basic iPad features and explore how you can make text messages, play music, browse the web, do email, take notes, watch videos, movies and TV shows as well as read books. We will also explore features unique to the iPad including running multiple apps such as reading a book and taking notes at the same time. Learn tips and tricks to make using an iPad easier and quicker. See how you can find apps for what interests you. This is a "hands on" class. We won't just describe it. You will do it yourself.

***Instructors/Coordinators:*** Bob Newcomb and team

## **iPhone Essentials**

**Mondays & Wednesdays • 10 a.m.-noon • Room 20**

*January (16 no class), 18, 23, 25, 30 • February 1, 6, 8*

***Pre-registration Required:*** Register by sending an email to [bobnewcomb@icloud.com](mailto:bobnewcomb@icloud.com)

***Class Limitations:*** The class will be limited to 12 people and will be in-person only

Bring your iPhone to class and let's explore how to use it and how it works. We will start by learning basic iPhone features and explore how you can make phone calls, text messages, play music, browse the web, do email, watch videos, movies and TV shows as well as read books. Learn tips and tricks to make using an iPhone easier and quicker. See how you can find apps for what interests you. This is a "hands on" class. We won't just describe it. You will do it yourself.

***Instructors/Coordinators:*** Bob Newcomb and team

## Mac and iPad—Together

**Two Mondays and Wednesdays • 10 a.m.-noon • Room 20**

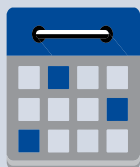
*First Class: March 13, 15, 20, 22 • Second Class: April 3, 5, 10, 12*

**Pre-registration Required:** Register by sending an email to [bobnewcomb@icloud.com](mailto:bobnewcomb@icloud.com).

**Class Limitations:** The class will be limited to 4 people and will be in-person only

A Mac computer and an iPad are a match made in Cupertino. A MacBook Air and an iPad Air will be provided for use by four class members in each of the two separate classes. We will explore how they act as displays for each other and how they synchronize files and apps for use on either machine. Apple has slowly been bringing them into a closer relationship so this class explores how far this process has been taken.

**Instructor/Tech Coordinator:** Bob Newcomb



### Class Calendars on the OLLI Website

- Bookmark the OLLI website <http://olli.fullerton.edu> on your mobile device
- Populate your personal calendar with OLLI classes and events from the website
- Check what's happening at OLLI on your mobile phone or tablet
- Changes in class and event times, dates and classrooms are updated on website calendars

***“OLLI has enabled me to continue my lifelong quest for learning. The classes expand my many avenues for creativity and the wonderful interaction with others who also share the joy of discovery.”***

-David Jeng

# SPECIAL INTEREST GROUPS AND SOCIAL PROGRAMS

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## Bridge, Really Beginning Bridge

**Every Friday • 8:30 a.m.-11:30 a.m. • Room 9**

*January 20, 27 • February 3, 10, 17, 24 • March 3, 10, 17, 24, (31 no class) • April 7, 14*

*Intersession: April 21, 28 • May 5, 12, 19, (26 no class)*

This course is for those who have never played bridge or have not played bridge for many years. Learn the basic principles of modern contract bridge in a friendly, non-threatening atmosphere. During the spring semester we concentrate on learning to bid and play in trump contracts. The course follows the guidelines of American Standard Bidding recognized by ACBL. We not only learn bridge but have a good time. Please plan on attending as often as you can; this commitment is essential to learning bridge.

**Textbook (optional):** You might enjoy reading a beginner's book before the course starts. Barbara Seagram's book, "Beginning Bridge," is one of many.

**Instructors/Coordinators:** Angela Friedman and Sandy Potter

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## Bridge, Duplicate

**Every Monday • 9:30 a.m.-noon • Shapiro ABCD**

*January (16 no class), 23, 30 • February 6, 13, (20 no class), 27 • March 6, 13, 20, (27 no class) • April 3, 10*

*Intersession: April 17, 24 • May 1, 8, 15, (22 no class)*

"Monday Morning Duplicate Bridge" is the oldest continuous CLE/OLLI course. We welcome all OLLI members to join us each Monday morning for a friendly and competitive game of bridge. Please arrive before 9:15 a.m. to make sure you and your partner can find a table for North/South or East/West, whichever is your preference. If you don't have a partner, please contact one of the coordinators the week before. We will try (but can't promise) to find you a partner.

**Coordinators:** Kent Burrell and Liz Burrell

**Assistants:** Dan Coby and Jeff Graham

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## Bridge, Intermediate

**Every Friday • 9 a.m.-noon. • Shapiro CD**

*January 20, 27 • February 3, 10, 17, 24 • March 3, 10, 17, 24, (31 no class) • April 7, 14*

*Intersession: April 21, 28 • May 5, 12, 19, (26 no class)*

This course is for those interested in improving their bridge skills in a friendly, non-competitive atmosphere. Some knowledge of bidding and play is desirable. Come join us, learn and have fun. Play of the hand hasn't changed, but the bidding keeps evolving. We'll help you with both. Emphasis will be on American Standard Bidding conventions. During each Friday session, a short lesson will be presented to reinforce some aspect of bridge bidding or play. You don't need a partner.

**Instructor:** TBD    **Coordinator:** Arie Passchier

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## Caring for Yourself and Others

**Every Thursday • 2:15 p.m.-3:30 p.m. • Zoom**

*January 19, 26 • February 2, 9, 16, 23 • March 2, 9, 16, 23, (30 no class) • April 6, 13*

“Yesterday I was clever, so I wanted to change the world. Today I am wise, so I am changing myself.”—Rumi

This is a discussion course that uses self-enabling tools to help build and gain personal empowerment to fulfill your life. Caring and changing yourself will influence those around you. Topics are varied to include different aspects of the body, mind and spirit. Join in for a holistic view of life and how we can make changes to embody the health and happiness we all desire.

**Instructor/Coordinator:** Jan Friel, CCIS

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## Cooking Potpourri

**Alternate Tuesdays • 4 p.m.-5:30 p.m. • Zoom**

*January 17, 31 • February 14, 28 • March 14, (28 no class) • April 4  
Intersession: April 18 • May 2, 16, (23 no class)*

Are you tired of cooking the same things all the time? Join us and add some new, healthy recipes to your daily meals. You'll have some fun and enjoy cooking again! Learn about different ingredients as well as hints and tips on food preparation. The rotating group of instructors will provide instruction on a wide range of food and cooking topics from basics to international cuisines. The classes are in a demonstration/lecture format with time for questions and answers too! Join us in the kitchen! Watch the OLLI newsletters for information and recipes for upcoming classes.

**Instructors:** MaryLouise Hlavac, Wei-Ling Louie and Jill Patterson

**Coordinator:** MaryLouise Hlavac

**Tech Coordinators:** Jill Patterson and Joyce Ono

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## Genealogy Research

**Alternate Tuesdays • 2 p.m.-3:30 p.m. • Zoom**

*January 24 • February 7, 21 • March 7, 21, (28 no class) • April 11*

This special interest group is a forum for sharing knowledge, ideas and instruction with people who face similar challenges and opportunities in personal genealogy. Beginners through advanced researchers will discover 21st-century tools and resources to use efficiently, independently and collaboratively in constructing both their document-based family trees as well as their DNA-based family trees. We employ genealogy databases of records and documents, the internet and connections through genetic analysis. Come share what you know and learn what you don't know about genealogy research while you make progress building your own family trees.

**Coordinators:** Richard McCaman, Nancy Chirco, Joann Driggers, Brent Meredith, Paul Herrick and Jim Cotterman

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## GROW Gardening Club

**Alternate Thursdays • 1 p.m.-2:30 p.m. • Zoom**

*January 19 • February 2, 16 • March 2, 16, (30 no class) • April 6*

Gardening responsibly, organically and wisely (GROW) means less water, fewer chemicals and relying on natural pest control. This semester we may cover the following topics: The Busy Gardener Month to Month; Pass Down Plants; Orchid Culture Basics; Composting 101 Basics; The Amazing Avocado and Roses 101. Each week's topic and speaker will be featured in the OLLI newsletters.

**Coordinators:** Lisa Sewell, Susan Berry and Elwood Berry

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## Happy Hour

**Every Friday • 4 p.m.-5 p.m. • Zoom**

*January 20, 27 • February 3, 10, 17, 24 • March 3, 10, 17, 24, (31 no class) • April 7, (14 no class)*

Please join us for "Happy Hour," the Zoom equivalent of an end-of-week happy hour featuring good conversation with interesting people. Participation in "Happy Hour" helps to foster OLLI comradeship.

**Coordinators:** Ellie Monroe and Jim Monroe    **Moderator:** Mike Stover

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## Introduction to Digital Photography

**Every Friday • 10 a.m.-11:30 a.m. • Zoom**

*January 20, 27 • February 3, 10, 17, 24 • March 3, 10, 17, 24, (31 no class) • April 7, 14*

Improve your photographs by learning to see opportunities and how to incrementally refine the shot to capture the feeling you experienced when you saw the subject. Any camera will do. Smartphones are fine. Each week, participants can share the photos they've taken on their own or for the optional photo assignments for the group to discuss successes and opportunities for improvement. We will explore using photographic techniques such as composition, exposure and depth of field for best results. We will also view instructional videos. Come learn how to take great pictures.

**Instructor:** Rick Hearn    **Coordinator:** Susan Hanna

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### Did You Know?

In 1979 Florence "Flossie" Arnold, one of CLE's (now OLLI) founding members and ardent recruiter, was OLLI's first vice president. As a prominent local paint artist, she led OLLI's first art courses and established a legacy and rich tradition of courses, shows and excursions devoted to the arts.

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## Introduction to Strategies of Poker

**Every Friday • 12:30 p.m.-3 p.m. • Shapiro AB**

*January 20, 27 • February 3, 10, 17, 24 • March 3, 10, 17, 24, (31 no class) • April 7, (14 no class)*

*Intersession: April 21, 28 • May 5, 12, 19, (26 no class)*

Each Friday, “Introduction to Strategies of Poker” instruction classes will be conducted for all levels of beginning poker players. Classes are taught at an easy pace by an OLLI instructor well-versed in the game of Texas Hold’em. Instruction will also include the history of poker, the rules and terminology of the game, the hierarchy of poker hands and the strategy of betting and raising. Instruction will be conducted at special poker tables with casino-type poker chips and regular 52-card decks. Following the “Introduction to Strategies of Poker” classes, beginners will be invited to play with more seasoned players in the “Strategy of Poker” course, which starts at 3:30 p.m. All players, seasoned and beginners, continue to hone their skills each week and become better players. This course is a lot of fun with a chance to socialize with fellow OLLI members who also enjoy the game of Texas Hold’em poker.

**Instructor/Coordinator:** Dennis Wilson

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## OLLI Socials

**Four Thursdays • 2:30 p.m.-4 p.m. • Shapiro ABCD**

*January 26 • February 23 • March 23 • May 4*

OLLI Socials provide a party atmosphere for members to get together and have fun listening and/or dancing to live music. This spring, “OLLI Socials” will feature OLLI members as well as CSUF student musicians and singers for your entertainment pleasure. Come dance, sing along or just listen to great music with your friends at OLLI. Refreshments will be provided. Come join us for a good time at “OLLI Socials” this spring.

**Coordinators:** Mickey La Casa, Tom La Casa, Tracy Hammel and Mark Hammel

**Music & Entertainment Coordinator:** Ellie Monroe

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## Phocus Photography Club

**Monthly Tuesdays • 1:30 p.m.-3:30 p.m. • Room 21**

*January 24 • February 7 • March 7 • April 11*

Pre-registration is NOT required.

The “Phocus Photography Club” is a group of amateur photographers who meet to share photos and experiences. Club meetings may start with a guest speaker, who is often a professional photographer or a highly skilled amateur. Meetings end with members sharing images they’ve taken on a recent club outing or exotic photo trip. The Club tries to have one local photography field trip per month. Attend the “Phocus Photography Club” to improve your photographic skills.

**Contact:** John Price, 562/237-2897 or [snoprey@aol.com](mailto:snoprey@aol.com)

**Coordinators:** John Price, Mary Crouch, Bob Caswell, Jim DiTota, Donna Judd and Rick Hearn

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## Sports Talk

**Alternate Wednesdays • 1 p.m.-3 p.m. • Room 9&Zoom**

*January 25 • February 8, 22 • March 8, 22, (29 no class) • April 12*

Discussion of the world of sports is our game. In this course, we cover current events as well as other subjects of interest to sports fans. We are kind of like sports-talk radio but without the ranting and raving. Join us as we debate such topics as drug use in sports, famous athletes in the news, the latest trade talks of our local teams, performance of United States national teams in recent years and any variety of sports topics. It's just like going to your favorite sports bar with your buddies—male and female—to “chew the fat” for a couple of hours about your favorite teams and players. So, drop on by and join the fun! We'll save you a seat.

**Coordinator:** Carl Richards

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## Strategy of Poker

**Every Friday • 3:30 p.m.-5:30 p.m. • Shapiro ABCD**

*January 20, 27 • February 3, 10, 17, 24 • March 3, 10, 17, 24, (31 no class) • April 7, (14 no class)*

*Intersession: April 21, 28 • May 5, 12, 19, (26 no class)*

Poker is a game of skill and chance emphasizing the ability to read situations and opponents to give you the advantage in the hands you play. It is also a game utilizing statistics where the better players are able to calculate the odds of you or your opponent winning a hand in various situations. It cannot be assumed that people who utilize statistics will be winning players, but a sound knowledge of the odds can only improve your game and give you an advantage. Sophisticated players learn strategies such as bluffing and reading an opponent's playing characteristics. Each week, variations of poker will be introduced and practiced. We play games of Dealer's Choice and Texas Hold'em. This course is a lot of fun with great camaraderie among the players. Hope to see you there!

**Instructor/Coordinator:** Dennis Wilson

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## TED Talks

**Alternate Tuesdays • 1 p.m.-2:30 p.m. • Zoom (formerly Shapiro CD)**

*January 17, 31 • February 14, 28 • March 14, (28 no class) • April 4*

“TED Talks” is dedicated to researching and sharing knowledge that matters through short talks and presentations. The goal is to inform and educate global audiences in an accessible way. Join us this semester as we present and discuss deep topics like how science investigates the link between the brain and consciousness, technological advances in space travel and DNA mapping and useful information promoting financial independence. We'll also have lighter, more entertaining topics like how to have a healthier life by having fun and how you might become a Yo-Yo master! Have a topic you want presented? Let me know. There's a TED talk on almost every subject. Remember, TED—Technology, Entertainment, Design—is all around us.

**Coordinator:** Steve Kernes



# OLLI EVENTS

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## Coordinators and Instructors Training Workshop

**Thursday, January 12 • 1 p.m.-3 p.m. • Room 8&Zoom**

The University requires training of all coordinators and member instructors. OLLI coordinators and instructors are formally registered as volunteers of the University and as such must act responsibly and in accord with University policies in carrying out their duties. The “Coordinators and Instructors Training Workshop” will review safety and reporting procedures, campus sexual harassment policies and other CSUF policies relevant to a registered volunteer. The OLLI office will contact those individuals who are required to take this training.

**Instructor:** Patsy Burns, OLLI Office Manager    **Coordinator:** Renee Cabrera, VP Programs

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## Spring Preview (Open to the Public)

**Saturday, January 14 • 1 p.m.-3 p.m. • Auditorium&Shapiro ABCD**

We invite all OLLI members and their guests to attend our first General Meeting of the year to inform you of the status of OLLI and the many opportunities that are available to its members. This event honors those OLLI members who have reached the age of 90+. After the presentation, free light refreshments will be served in our Shapiro facility. This is the ideal time to ask questions about the campus activities, OLLI courses, the benefits of membership and much more. Our friendly volunteers offer assistance in our registration lab if needed. For more information, call 657-278-2446, email [olli-info@fullerton.edu](mailto:olli-info@fullerton.edu) or visit our website: <http://olli.fullerton.edu>. Free parking is provided, with shuttle service from Lots A & G (enter the Yorba Linda Blvd/Associated Drive Entrance).

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## New Member Orientation

**Saturday, January 21 • 1 p.m.-2:30 p.m. • Shapiro ABCD&Zoom**

New OLLI members are invited to attend an orientation session to learn more about OLLI-CSUF. Meet with members of the OLLI Board of Trustees as well as other new members. Learn the many benefits of membership and how to access them to enhance your OLLI experience. This is the time to have your questions in hand! Reserve this date and time. Learn about the many volunteer activities in which you can participate.

**Coordinators:** Shirley Smith, VP Membership and Ellie Monroe, President



### Verify Latest Information

Dates, times and places of classes and events are subject to change or cancellation. Access the OLLI website at <http://olli.fullerton.edu> and select the CALENDAR tab for up-to-date information.

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## Estate Planning and Charitable Giving (Open to the Public)

**Three Thursdays • Noon–1 p.m. • Zoom**

*February 16 • March 16 • April 13*

### Creating Certainty In An Uncertain World

Registration for the lunch time webinars will be available a month before the webinar. Watch for announcements in the OLLI newsletters.

Grab your lunch, pull up a chair and please plan to join us for this information session on estate planning. This is a no-cost lunch-time webinar! No one wants to think about getting seriously ill or dying, but these are scenarios we must prepare for to protect ourselves, our loved ones and our money, especially during the pandemic. With courts having limited access and hospitals restricting loved ones from sitting by your bedside, we will show you step by step how to legally formalize your wishes and ensure they will be followed, bringing you total protection and peace of mind! Workshops are provided by Laura Meier, an estate planning attorney and owner of the Meier Law Firm (<https://www.meierfirm.com/>). Should you have any questions, please reach out to Hart Roussel at [csufplannedgift@fullerton.edu](mailto:csufplannedgift@fullerton.edu).

**Presenter:** Laura Meier, Esq.

**Coordinators:** Hart Roussel, CSUF Director, Planned Giving, and Ellie Monroe, OLLI

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## OLLI Spring Dinner

**Saturday, March 11 • Time and Theme TBA**

**Save the Date:** This Hospitality annual event will be announced in the OLLI newsletters and other publications.

**Coordinators:** Lisa Sewell, Tina Ernsting and the Hospitality Committee

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## Volunteer Recognition Reception and Concert

**Sunday, April 2 • Social and Presentation • 2 p.m.-3 p.m. •**

**Titan Student Union**

**Sunday, April 2 • Concert • 4 p.m.-5 p.m. • Titan Student Union**

The month of April is Volunteer Appreciation Month and OLLI recognizes our volunteers and their generosity in sharing their talents and time to make OLLI a great community. Volunteers are at the heart of our organization and make OLLI a dynamic and successful part of the university. OLLI members are invited to this event to thank and acknowledge the volunteers. Join us at this special reception to honor those who have served in various capacities to assist OLLI with its many diverse programs during the past year. They make OLLI at CSUF one of the very best in the country. A midday meal will be provided during our social hour, followed by a presentation. A special concert designed for OLLI will follow the reception. Additional information will be provided through the OLLI newsletters, the Chronicle, the OLLI website and flyers posted around the OLLI facilities. Please save the date!

**Chair:** Ellie Monroe    **Coordinators:** Debbie Maxwell, Mickey La Casa and the Membership Committee

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## In Memoriam

**Friday, April 14 • 3:30 p.m.-4:30 p.m. • Shapiro ABCD&Zoom**

In Memoriam is a gathering of OLLI members who wish to remember those who have passed away since spring 2022. A silent PowerPoint presentation will show the names and pictures of those OLLI members we have lost throughout this past year. A reception of light refreshments will follow. All OLLI members and bereaved families are invited to take part in this occasion for conversation and fellowship.

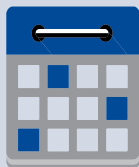
**Coordinators:** Debbie Maxwell, Ellie Monroe, Mickey La Casa and Ricki Bremer

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## General Meeting/Election

**Thursday, April 20 • 1:30 p.m.-3 p.m. • Auditorium&Shapiro ABCD**

Don't miss the OLLI annual general meeting, with election of officers and trustees. Join us for a brief presentation on the status of OLLI and the outlook for future semesters. Our Ice Cream Social will follow the presentation. Look for information in the OLLI newsletters and ChroniCLE.



### Class Calendars on the OLLI Website

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- Populate your personal calendar with OLLI classes and events from the website
- Check what's happening at OLLI on your mobile phone or tablet
- Changes in class and event times, dates and classrooms are updated on website calendars

***“The OLLI Zoom classes have been terrific. Hats off to the class coordinators and our terrific IT people for making this transition so easy and user friendly. I am thoroughly enjoying the Zoom classes.”***

-Sam Sumanth

# COMMITTEE MEETINGS

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## Board of Trustees

**Second Thursday of each month • 8:30 a.m.-10 a.m. • Room 8&Zoom**

*January 12 • February 9 • March 9 • April 13*

**Designated Thursdays • 10 a.m. - noon - Shapiro ABCD**

*Intersession: May 11 (Installation/Meeting), May 18 (Board Retreat)*

The OLLI Board of Trustees invites OLLI members to attend its monthly board meetings and learn more about OLLI business and its self-directing deliberations. Members wishing to speak on non-agenda board items are advised to notify the president and/or administrative manager in writing (including a brief description of the subject to be addressed) at least one week in advance of the meeting. At the discretion of the president, up to three minutes may be allocated within the board meeting agenda.

**Chair:** President Ellie Monroe

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## Collaboration Committee

**Two Mondays • 10 a.m.-11:30 a.m. • Zoom**

*February 13*

*Intersession: May 15*

The OLLI-CSUF Collaboration Program offers OLLI members opportunities to share their knowledge and experience to contribute to CSUF student success. It is an important component of OLLI's interaction with the Cal State University Fullerton (CSUF) campus. The committee meets to discuss our activities and we welcome you to join us to learn about the variety of opportunities available to share your time and talent. Information about the OLLI-CSUF Collaboration Program can be found in the weekly OLLI Announcement and Event newsletter and on the OLLI website at: <https://tinyurl.com/OLLICSUF-Collaborations> or contact the Collaboration Committee chair for more information.

**Chair:** Sue Mullaly [smullaly@csu.fullerton.edu](mailto:smullaly@csu.fullerton.edu)

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## Curriculum Committee

**First Monday of each month • 3:30 p.m.-5 p.m. • Zoom**

*January 9\* • February 6 • March 6 • April 3*

*Intersession: May 1*

The Curriculum Committee meets to review and disposition potential future courses. It is open to all OLLI members and consists of members designated by the committee co-chairs and the Vice President Programs. Bring ideas for OLLI courses or activities to these meetings! Better still, if any member would like to offer a course or knows of potential presenters, please attend these meetings to ensure that OLLI's programs are the best they can be! Course proposal forms can be downloaded from the OLLI website at: [http://olli.fullerton.edu/\\_resources/pdfs/CourseProposalForm.pdf](http://olli.fullerton.edu/_resources/pdfs/CourseProposalForm.pdf).

\*Meeting held on the second Monday due to the holiday.

**Co-Chairs:** Judy Alter, Sue Batie and Renee Cabrera

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## Hospitality Committee

**First Friday of each month • 10:30 a.m.-noon • Room 8**

*January 6 • February 3 • March 3 • April 7*

*Intersession; May 5*

The OLLI Hospitality Committee facilitates and promotes social interactions that give OLLI members opportunities for sharing their personal backgrounds and areas of knowledge outside the classroom. The committee supports the OLLI business meetings with refreshments and hosts several fun themed events, usually including a dinner or luncheon either on or off campus. The committee is open to all members who enjoy helping others enhance the OLLI experience and provide social outlets; the only talent needed is to be fun-loving.

**Vice President Hospitality:** Lisa Sewell    **Chair:** Tina Ernsting

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## Technology Education Committee (TEC)

**Two Wednesdays • 4 p.m.-5 p.m. • Zoom**

*February 1*

*Intersession: May 3*

The Technology Education Committee is dedicated to helping OLLI members make the best use of the ever-increasing technology now ubiquitous in our daily lives. Share computer/technology expertise and teach a course or workshop, contribute to a seminar, or help to shape the technical education curriculum. The TEC welcomes member insights and expertise. Join these meetings! For more information, contact Tom La Casa at:

[tom\\_lacasa@yahoo.com](mailto:tom_lacasa@yahoo.com) or Michael Shellman at [mshellman@aol.com](mailto:mshellman@aol.com).

**Co-Chairs:** Tom La Casa and Michael Shellman



### Learn to Use Zoom

Click on [ZOOM HELP](#) on the OLLI website to learn more about using Zoom.

***“OLLI, to me, is like a social banquet table filled with plates of education, knowledge, fellowship, art, music and friendships, all served with a side dish of fun. There is always food on the OLLI table and everyone is welcomed to enjoy as little or as much of everything that is offered.”***

-Dennis Wilson

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## Transitions in Retirement (TiR) Committee

**Monday, March 13 • 3:30 p.m.-5 p.m. • Zoom**

The TiR Committee focuses on developing programs and activities for OLLI members who are still working part-time or are recently retired. This committee is anticipating a significant number of new retirees, who have a different outlook on retirement than that of previous generations.

**Chair:** Russ MacKeand

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## Trips Committee

**Second Wednesday of each month • 11:30 a.m.-1:30 p.m. • Room 8&Zoom**

*January 11 • February 8 • March 8 • April 12*

Intersession: May 10

The OLLI Trips Committee plans and coordinates trips of educational interest to OLLI members to locations off of the CSUF campus. These trips are OLLI special events and are subject to the Special Events Registration Policy section located elsewhere in this catalog. Trips are either day trips or overnight trips. Some recent or planned day trips include the Hollywood Bowl, JPL and LAX. Some recent or planned overnight trips include Monterey, Costa Rica and China. Members are notified of upcoming trips via the ChroniCLE, the OLLI newsletters and the OLLI bulletin boards. Join our committee meetings and share ideas and interests for day and overnight trips that would be a learning experience for OLLI members. Ken Luke chairs this committee and is always interested in learning of new trips and interests.

**Chair:** Ken Luke



### Class Calendars on the OLLI Website

- Bookmark the OLLI website <http://olli.fullerton.edu> on your mobile device
- Populate your personal calendar with OLLI classes and events from the website
- Check what's happening at OLLI on your mobile phone or tablet
- Changes in class and event times, dates and classrooms are updated on website calendars



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***"I look forward to assisting our CSUF students by empowering them to reach their educational and personal goals and help them build life skills and grow in confidence."***

**-Roberta Jimenez**

# Day of the Week Index

Programs are shown in class/event start-time order for each day of the week.



## Verify Latest Information

Dates, times and places of classes and events are subject to change or cancellation. Access the OLLI website at <http://olli.fullerton.edu> and select the CALENDARS tab for up-to-date information.

\*Asterisk indicates courses that are open to the public.

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## Mondays

**French 2** • Weekly • 8:30 a.m.-9:45 a.m. • Zoom

*January (16 no class), 23, 30 • February 6, 13, (20 no class), 27 • March 6, 13, 20, (27 no class) • April 3, 10*

**Tai Chi** • Weekly • 9 a.m.-10 a.m. • Room 18

*January (16 no class), 23, 30 • February 6, 13, (20 no class), 27 • March 6, 13, 20, (27 no class) • April 3, 10*

*Intersession: April 17, 24 • May 1, 8, 15, (22 no class)*

**Bridge, Duplicate** • Weekly • 9:30 a.m.-noon • Shapiro ABCD

*January (16 no class), 23, 30 • February 6, 13, (20 no class), 27 • March 6, 13, 20, (27 no class) • April 3, 10*

*Intersession: April 17, 24 • May 1, 8, 15, (22 no class)*

**Great Books** • Alternate Weeks • 10 a.m.-noon • Room 21

*January (16 no class), 30 • February 13, 27 • March 13, (27 no class) • April 3*

**Short Stories** • Alternate Weeks • 10 a.m.-noon • Zoom

*January 23 • February 6, (20 no class) • March 6, 20, (27 no class) • April 10*

**iPad Essentials** • 10 a.m.-noon • Room 20

*February 13, (20 no class), 27 • March 6*

Also meets on Wednesdays

**iPhone Essentials** • 10 a.m.-noon • Room 20

*January (16 no class, 23, 30 • February 6*

Also meets on Wednesdays

**Mac and iPad**—Together • 10 a.m.-noon • Room 20

*First Class: March 13, 20*

*Second Class: April 3, 10*

Also meets on Wednesdays



**Collaboration Committee** • 10 a.m.-11:30 a.m. • Zoom

*February 13*

*Intersession: May 15*

**CLECAT Club: Tech Talks** • Weekly • Noon-1:30 p.m. • Zoom

*January (16 no class), 23, 30 • February 6, 13, (20 no class), 27 • March 6, 13, 20, (27 no class) • April 3, 10*

**Kitty's Book Club** • Alternate Weeks • 12:15 p.m.-2 p.m. • Zoom

*January 23 • February 6, (20 no class) • March 6, 20, (27 no class) • April 10*

**Mystery Book Club** • Alternate Weeks • 12:15 p.m.-2 p.m. • Room 9&Zoom

*January (16 no class), 30 • February 13, 27 • March 13, (27 no class) • April 3*

**Ceramics II** • Alternate Weeks • 1 p.m.-3 p.m. • Shapiro AB

*January 23 • February 6, (20 no class) • March 6, 20, (27 no class) • April 10*

**Spanish 4** • Weekly • 1:15 p.m.-3:15 p.m. • Room 21

*January (16 no class), 23, 30 • February 6, 13, (20 no class), 27 • March 6, 13, 20, (27 no class) • April 3, 10*

**Exploratory Discussion Group** • Weekly • 1:15 p.m.-3:15 p.m. • Shapiro CD

*January (16 no class), 23, 30 • February 6, 13, (20 no class), 27 • March 6, 13, 20, (27 no class) • April 3, 10*

**Ukulele: Symposium** • Weekly • 3:30 p.m.-5 p.m. • Shapiro CD&Zoom

*January (16 no class), 23, 30 • February 6, 13, (20 no class), 27 • March 6, 13, 20, (27 no class) • April 3, 10*

*Intersession: April 17, 24 • May 1, 8, 15, (22 no class)*

**Meditation for Everyday Life** • Weekly • 3:30 p.m.-4:30 p.m. • Zoom

*January (16 no class), 23, 30 • February 6, 13, (20 no class), 27 • March 6, 13, 20, (27 no class) • April 3, 10*

*Intersession: April 17, 24 • May 1, 8, 15, (22 no class)*

**Curriculum Committee** • 3:30 p.m.-5 p.m. • Zoom

*January 9 • February 6 • March 6 • April 3*

*Intersession: May 1*

**Transitions in Retirement (TiR) Committee** • 3:30 p.m.-5 p.m. • Zoom

*March 13*

**Ukulele: Beginner 2** • Weekly • 4 p.m.-5:30 p.m. • Room 18&Zoom

*January (16 no class), 23, 30 • February 6, 13, (20 no class), 27 • March 6, 13, 20, (27 no class) • April 3, 10*

*Intersession: April 17, 24 • May 1, 8, 15, (22 no class)*

**Yoga for the Rest of Us** • Weekly • 4:45 p.m.-6 p.m. • Zoom

*January (16 no class), 23, 30 • February 6, 13, (20 no class), 27 • March 6, 13, 20, (27 no class) • April 3, 10*

*Intersession: April 17, 24 • May 1, 8, 15, (22 no class)*

**Piano Keyboard: Improve Your Ability to Play and Improvise** •

Weekly • 5:15 p.m.-6:30 p.m. • Zoom

*January (16 no class), 23, 30 • February 6, 13, (20 no class), 27 • March 6, 13, 20, (27 no class) • April 3, 10*

**Art House Cinema** • Weekly • 5:45 p.m.-8 p.m. • Shapiro CD

*January (16 no class), 23, 30 • February 6, 13, (20 no class), 27 • March 6, 13, 20, (27 no class) • April 3, 10*

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## Tuesdays

**Arboretum and/or Campus Walk** • Weekly • 9 a.m.-10 a.m. • RGC Courtyard

*January 17, 24, 31 • February 7, 14, 21, 28 • March 7, 14, 21 (28 no class) • April 4, 11*

Also meets on Thursdays

**Ceramics** • Weekly • 9 a.m.-11:30 a.m.

*Zoom: February 7, March 7, April 4*

*Intersession Zoom: May 2*

*Shapiro ABCD: January 17, 24, 31 • February 14, 21, 28 • March 14, 21, (28 no class) • April 11*

*Intersession Shapiro ABCD: April 18, 25 • May 9, 16, (23 no class)*

**Life Story Workshop** • Alternate Weeks • 9 a.m.-noon • Zoom

*January 17, 31 • February 14, 28 • March 14, (28 no class) • April 4*

*Intersession: April 18 • May 2*

**Google Photos: Storing, Editing and Managing Your Photos** •

9:30 a.m.-11:30 a.m. • Room 20

*February 21, 28 • March 7*

**Eclectics I\*** • Alternate Weeks • 10:15 a.m.-11:45 a.m. •

Auditorium&Zoom&Stream

*January 17, 31 • February 14, 28 • March 14, (28 no class) • April 4*

**Money News: Personal Finance, Business, Economics** • 10:15 a.m.-

11:45 a.m. • Auditorium&Zoom

*January 24 • February 7, 21 • March 7, (28 no class) • April 11*

**CSUF Faculty/Student Performances/Presentations\*** • Alternate

Weeks • Noon-1:30 p.m. • Auditorium&Zoom

*January 17, 31 • February 14, 28 • March 14, (28 no class) • April 4*

*Intersession: April 18 • May 2, 16, (23 no class)*

**Social Science in the News** • Alternate Weeks • Noon-1:30 p.m. • Shapiro CD  
*January 24 • February 7, 21 • March 7, 21, (28 no class) • April 11*

**Kick Starting Your Writing** • Alternate Weeks • 12:15 p.m.-2:15 p.m. • Room 21  
*January 17, 31 • February 14, 28 • March 14, (28 no class) • April 4*  
*Intersession: April 18 • May 2, 16, (23 no class)*

**Popes, Politics, Schisms and Controversies** • Alternate Weeks • 12:15 p.m.-1:45 p.m. • Auditorium&Stream  
*January 24 • February 7, 21 • March 7, 21, (28 no class) • April 11*

**German** • Weekly • 12:30 p.m.-2:30 p.m. • Shapiro AB&Zoom  
*January 17, 24, 31 • February 7, 14, 21, 28 • March 7, 14, 21, (28 no class) • April 4, 11*

**TED Talks** • Alternate Weeks • 1 p.m.-2:30 p.m. • Zoom  
*January 17, 31 • February 14, 28 • March 14, (28 no class) • April 4*

**Phocus Photography Club** • 1:30 p.m.-3:30 p.m. • Room 21  
*January 24 • February 7 • March 7 • April 11*

**The History of American Music: Rock 'n' Roll\*** • Alternate Weeks • 1:45 p.m.-3:45 p.m. • Auditorium&Zoom  
*January 17, 31 • February 14, 28 • March 14, (28 no class) • April 4*

**OLLI Flash Mob** • Weekly • 2 p.m.-4 p.m. • KHS 202  
*January 17, 24, 31 • February 7, 14, 21, 28 • March 7, 14, 21, (28 no class) • April 4, 11*  
*Intersession: April 18, 25 • May 2, 9, 16, (23 no class)*

**Strings and Things Music Jam** • Alternate Weeks • 2 p.m.-3:30 p.m. • Room 18  
*January 24 • February 7, 21 • March 7, 21, (28 no class) • April 11*  
*Intersession: April 25 • May 9, (23 no class)*

**Genealogy Research** • Alternate Weeks • 2 p.m.-3:30 p.m. • Zoom  
*January 24 • February 7, 21 • March 7, 21, (28 no class) • April 11*

**Artsy: Museum Masterpieces: The Louvre** • Alternate Weeks • 2:15 p.m.-3:45 p.m. • Auditorium&Zoom  
*January 24 • February 7, 21 • March 7, 21, (28 no class) • April 11*

**World War II: What Happened? Why?** • Alternate Tuesdays • 2:15 p.m.-3:45 p.m. • Room 9  
*January 24 • February 7, 21 • March 7, 21, (28 no class) • April 11*

**A Course in Miracles** • Alternate Weeks • 2:45 p.m.-4:15 p.m. • Zoom  
*January 17, 31 • February 14, 28 • March 14, (28 no class) • April 4*  
*Intersession: April 18 • May 2, 16, (23 no class)*

**Wisdom Healing** • Alternate Weeks • 2:45 p.m.-4:15 p.m. • Zoom

*January 24 • February 7, 21 • March 7, 21, (28 no class) • April 11*

**Personal Finance and Retirement** • 3:45 p.m.-5 p.m. • Shapiro CD&Zoom

*February 7, 14, 21, 28 • March 7, 14*

**Recorders/Guitars & More Workshops** • Weekly • 4 p.m.-5:30 p.m. • Room 18

*January 17, 24, 31 • February 7, 14, 21, 28 • March 7, 14, 21, (28 no class) • April 4, 11*

*Intersession: April 18, 25 • May 2, 9, 16, (23 no class)*

**Cooking Potpourri** • Alternate Weeks • 4 p.m.-5:30 p.m. • Zoom

*January 17, 31 • February 14, 28 • March 14, (28 no class) • April 4*

*Intersession: April 18 • May 2, 16, (23 no class)*

**Jazz Band** • Weekly • 5:30 p.m.-7:30 p.m. • Shapiro ABCD

*January 17, 24, 31 • February 7, 14, 21, 28 • March 7, 14, 21, (28 no class) • April 4, 11*

*Intersession: April 18, 25 • May 2, 9, 16, (23 no class)*

**OLLI Social Rollers Open Bowling** • Weekly • 6 p.m.-8:30 p.m. • CSUF Bowling Center

*January 17, 24, 31 • February 7, 14, 21, 28 • March 7, 14, 21, (28 no class) • April 4, 11*

*Intersession: April 18, 25 • May 2, 9, 16, (23 no class)*

**Concert Band** • Weekly • 7:30 p.m.-9:30 p.m. • Shapiro ABCD

*January 17, 24, 31 • February 7, 14, 21, 28 • March 7, 14, 21, (28 no class) • April 4, 11*

*Intersession: April 18, 25 • May 2, 9, 16, (23 no class)*

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## Wednesdays

**French 1** • Weekly • 8:30 a.m.-9:30 a.m. • Zoom

*January 18, 25 • February 1, 8, 15, 22 • March 1, 8, 15, 22, (29 no class) • April 5, 12*

**Longevity Stick Exercises** • Weekly • 8:30 a.m.-9:30 a.m. • Zoom

*January 18, 25 • February 1, 8, 15, 22 • March 1, 8, 15, 22, (29 no class) • April 5, 12*

*Intersession: April 19, 26 • May 3, 10, 17, (24 no class)*

**String Ensemble** • Weekly • 9 a.m.-11 a.m. • Room 18

*January 18, 25 • February 1, 8, 15, 22 • March 1, 8, 15, 22, (29 no class) • April 5, 12*

**Tap-ercise** • Weekly • 9 a.m.-10 a.m. • Zoom

*January 18, 25 • February 1, 8, 15, 22 • March 1, 8, 15, 22, (29 no class) • April 5, 12*

*Intersession: April 19, 26 • May 3, 10, 17, (24 no class)*

Also meets on Fridays

**Drawing for the Fun of It** • Weekly • 10 a.m.-noon • Shapiro AB&Zoom

*January 18, 25 • February 1, 8, 15, 22 • March 1, 8, 15, 22, (29 no class) • April 5, 12*

*Intersession: April 19, 26 • May 3, 10, 17, (24 no class)*

**Women Writers' Workshop: Short Stories** • Weekly • 10 a.m.-noon • Room 9

*January 18, 25 • February 1, 8, 15, 22 • March 1, 8, 15, 22, (29 no class) • April 5, 12*

*Intersession: April 19, 26 • May 3, 10, 17, (24 no class)*

**French 3** • Weekly • 10 a.m.-noon • Zoom

*January 18, 25 • February 1, 8, 15, 22 • March 1, 8, 15, 22, (29 no class) • April 5, 12*

**Spanish 2** • Weekly • 10 a.m.-11:30 a.m. • Room 21

*January 18, 25 • February 1, 8, 15, 22 • March 1, 8, 15, 22, (29 no class) • April 5, 12*

**What's Behind the News?** • Alternate Weeks • 10 a.m.-noon • Zoom

*January 18 • February 1, 15 • March 1, 15, (29 no class) • April 5*

**Wisdom Exchange** • Alternate Weeks • 10 a.m.-noon • Shapiro CD&Zoom

*January 25 • February 8, 22 • March 8, 22, (29 no class) • April 12*

**iPad Essentials** • 10 a.m.-noon • Room 20

*February 15, 22 • March 1, 8*

Also meets on Mondays

**iPhone Essentials** • 10 a.m.-noon • Room 20

*January 18, 25 • February 1, 8*

Also meets on Mondays

**Mac and iPad—Together** • 10 a.m.-noon • Room 20

*First Class: March 15, 22*

*Second Class: April 5, 12*

Also meets on Mondays

**Trips Committee** • 11:30 a.m.-1:30 p.m. • Room 8&Zoom

*January 11 • February 8 • March 8 • April 12*

*Intersession: May 10*

**French Discussion** • Alternate Weeks • 12:10 p.m.-1:15 p.m. • Zoom  
*January 18 • February 1, 15 • March 1, 15, (29 no class) • April 5*

**Watercolor Workshop** • Weekly • 1 p.m.-3:15 p.m. • Shapiro  
ABCD&Zoom  
*January 18, 25 • February 1, 8, 15, 22 • March 1, 8, 15, 22, (29 no class) •  
April 5, 12*  
*Intersession: April 19, 26 • May 3, 10, 17, (24 no class)*

**Sports Talk** • Alternate Weeks • 1 p.m.-3 p.m. • Room 9&Zoom  
*January 25 • February 8, 22 • March 8, 22, (29 no class) • April 12*

**Line Dancing: Beginner's Level** • Alternate Weeks • 3:30 p.m.-5 p.m. •  
Shapiro ABCD&Zoom  
*January 18 • February 1, 15 • March 1, 15, (29 no class) • April 5*  
*Intersession: April 19 • May 3, 17, (24 no class)*

**Line Dancing: Advanced Beginners/Intermediate** • Alternate Weeks •  
3:30 p.m.-5 p.m. • Shapiro ABCD&Zoom  
*January 25 • February 8, 22 • March 8, 22, (29 no class) • April 12*  
*Intersession: April 26 • May 10, (24 no class)*

**Classical Guitar Ensemble** • Weekly • 4 p.m.-6 p.m. • Room 9  
*January 18, 25 • February 1, 8, 15, 22 • March 1, 8, 15, 22, (29 no class) •  
April 5, 12*  
*Intersession: April 19, 26 • May 3, 10, 17, (24 no class)*

**Technology Education Committee (TEC)** • 4 p.m.-5 p.m. • Zoom  
*February 1*  
*Intersession: May 3*

**Medical Series\*** • Alternate Weeks • 7 p.m.-9 p.m. • Zoom&Stream  
*January 25 • February 8, 22 • March 8, 22, (29 no class) • April 12*

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## Thursdays

**Drama, Improv & Storytelling** • Weekly • 8:30 a.m.-9:45 a.m. • Shapiro CD  
*January 19, 26 • February 2, 9, 16, 23 • March 2, 9, 16, 23, (30 no class) •  
April 6, 13*

**Board of Trustees** • Monthly • 8:30 a.m.-10 a.m. • Room 8&Zoom  
*January 12 • February 9 • March 9 • April 13*  
*Intersession: May 11, 18*

**Arboretum and/or Campus Walk** • Weekly • 9 a.m.-10 a.m. • RGC Courtyard  
*January 19, 26 • February 2, 9, 16, 23 • March 2, 9, 16, 23, (30 no class) •  
April 6, 13*  
Also meets on Tuesdays

**Shakespeare Aloud** • Alternate Weeks • 10 a.m.-noon • Shapiro CD  
*January 26 • February 9, 23 • March 9, 23, (30 no class) • April 13*  
*Intersession: April 27*

**Spanish 1** • Weekly • 10 a.m.-11:30 a.m. • Shapiro AB  
*January 19, 26 • February 2, 9, 16, 23 • March 2, 9, 16, 23, (30 no class) • April 6, 13*

**American Presidency: The Man, His Policies, His Foes** •  
10:15 a.m.-11:45 a.m. • Auditorium&Zoom  
*January 19*

**Can They Do That? The U.S. Constitution in Today's America** •  
10:15 a.m.-11:45 a.m. • Auditorium&Zoom  
*February 16*

**The People's Houses: Lawmaking, Policy and Politics by the U.S. Congress and the California Legislature** • 10:15 a.m.-11:45 a.m. • Auditorium&Zoom  
*February 2 • March 2 • April 6*

**The New Yorker Magazine Discussion Group** • Alternate Weeks • Noon-2 p.m. • Shapiro CD&Zoom  
*January 19 • February 2, 16 • March 2, 16, (30 no class) • April 6*

**Poetry for Pleasure** • Weekly • Noon-1:45 p.m. • Room 21&Zoom  
*January 19, 26 • February 2, 9, 16, 23 • March 2, 9, 16, 23, (30 no class) • April 6, 13*

**Noontime Student Piano Performances** • Alternate Weeks • Noon-12:30 p.m. • Auditorium&Zoom  
*January 19 • February 2, 16 • March 2, 16, (30 no class) • April 6*

**Spanish Stories Talk** • Alternate Weeks • Noon-2 p.m. • Zoom  
*January 19 • February 2, 16 • March 2, 16, (30 no class) • April 6*

**Estate Planning and Charitable Giving\*** • Noon-1 p.m. • Zoom  
*February 16 • March 16 • April 13*

**Science for You: Lessons From Engineering Failures** • Weekly • 12:45 p.m.-2:15 p.m. • Auditorium&Zoom  
*January 19, 26 • February 2, 9, 16, 23 • March 2, 9, 16, 23, (30 no class) • April 6, 13*  
*Intersession: April (20 no class), 27*

**GROW Gardening Club** • Alternate Weeks • 1 p.m.-2:30 p.m. • Zoom  
*January 19 • February 2, 16 • March 2, 16, (30 no class) • April 6*



**Coordinators and Instructors Training Workshop** • 1 p.m.-3 p.m. • Room 8&Zoom

*January 12*

**General Meeting/Election** • 1:30 p.m.-3 p.m. • Auditorium&Shapiro ABCD

*April 20*

**Authors' Central OLLI-CSUF (ACOC)** • Alternate Weeks • 2 p.m.-3:45 p.m. • Room 21&Zoom

*January 19 • February 2, 16 • March 2, 16, (30 no class) • April 6*

**Write Now!** • Alternate Weeks • 2 p.m.-3:45 p.m. • Room 21&Zoom

*January 26 • February 9, 23 • March 9, 23, (30 no class) • April 13*

*Intersession: April 27 • May 11, (25 no class)*

**Caring for Yourself and Others** • Weekly • 2:15 p.m.-3:30 p.m. • Zoom

*January 19, 26 • February 2, 9, 16, 23 • March 2, 9, 16, 23, (30 no class) •*

*April 6, 13*

**Archaeology** • 2:30 p.m.-3:45 p.m. • Auditorium&Stream

*February 9 • March 9 • April 13*

**Boundaries of Science: Exploring Current Developments** •

Alternate Weeks • 2:30 p.m.-3:45 p.m. • Auditorium&Zoom

*January 19 • February 2, 16 • March 2, 16, (30 no class) • April 6*

**OLLI Socials** • 2:30 p.m.-4 p.m. • Shapiro ABCD

*January 26 • February 23 • March 23 • May 4*

**Exploring Health & Fitness** • 3 p.m.-5 p.m. • Room 9

*January 26*

**Comic Books Past and Present Book Club** • Alternate Weeks •

4 p.m.-5:30 p.m. • Zoom

*January 19 • February 2, 16 • March 2, 16, (30 no class) • April 6*

*Intersession: April 20 • May 4, 18, (25 no class)*

**Writing with Feedback** • Weekly • 4 p.m.-6 p.m. • Room 21&Zoom

*January 19, 26 • February 2, 9, 16, 23 • March 2, 9, 16, 23, (30 no class) •*

*April 6, 13*

*Intersession: April 20, 27 • May 4, 11, 18, (25 no class)*

**Classical Guitar: Beginning** • Weekly • 4:30 p.m.-5:30 p.m. • Room 18

*January 19, 26 • February 2, 9, 16, 23 • March 2, 9, 16, 23, (30 no class) •*

*April 6, 13*

*Intersession: April 20, 27 • May 4, 11, 18, (25 no class)*

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## Fridays

**Tap Dancing: Advanced** • Weekly • 8:15 a.m.-10:15 a.m. • KHS 202

*January 20, 27 • February 3, 10, 17, 24 • March 3, 10, 17, 24, (31 no class) • April 7, 14*

*Intersession: April 21, 28 • May 5, 12, 19, (26 no class)*

**Bridge, Really Beginning Bridge** • Weekly • 8:30 a.m.-11:30 a.m. • Room 9

*January 20, 27 • February 3, 10, 17, 24 • March 3, 10, 17, 24, (31 no class) • April 7, 14*

*Intersession: April 21, 28 • May 5, 12, 19, (26 no class)*

**Bridge, Intermediate** • Weekly • 9 a.m.-noon. • Shapiro CD

*January 20, 27 • February 3, 10, 17, 24 • March 3, 10, 17, 24, (31 no class) • April 7, 14*

*Intersession: April 21, 28 • May 5, 12, 19, (26 no class)*

**Critics' Choice: The Movies** • Weekly • 9:30 a.m.-noon • Shapiro AB

*January 20, 27 • February 3, 10, 17, 24 • March 3, 10, 17, 24, (31 no class) • April 7, 14*

*Intersession: April 21, 28 • May 5, 12, 19, (26 no class)*

**Introduction to Digital Photography** • Weekly • 10 a.m.-11:30 a.m. • Zoom

*January 20, 27 • February 3, 10, 17, 24 • March 3, 10, 17, 24, (31 no class) • April 7, 14*

**Tap Dancing: Beginning and Intermediate** • Weekly •

10:30 a.m.-11:30 a.m. • KHS 202

*January 20, 27 • February 3, 10, 17, 24 • March 3, 10, 17, 24, (31 no class) • April 7, 14*

*Intersession: April 21, 28 • May 5, 12, 19, (26 no class)*

**Hospitality Committee** • 10:30 a.m.-noon • Room 8

*January 6 • February 3 • March 3 • April 7*

*Intersession; May 5*

**"Genreflections" Book Club** • Alternate Weeks • 11:30 a.m.-1 p.m. • Zoom

*January 27 • February 10, 24 • March 10, 24, (31 no class) • April 14*

*Intersession: April 28 • May 12, (26 no class)*

**Introduction to Strategies of Poker** • Weekly • 12:30 p.m.-3 p.m. •

Shapiro AB

*January 20, 27 • February 3, 10, 17, 24 • March 3, 10, 17, 24, (31 no class) • April 7, (14 no class)*

*Intersession: April 21, 28 • May 5, 12, 19, (26 no class)*

**Musical Performances/Presentations/Rehearsals\*\*** • Weekly •

1 p.m.-8 p.m. • Auditorium

*January 20, 27 • February 3, 10, 17, 24 • March 3, 10, 17, 24, (31 no class) • April 7, 14*

*Interession: April 21, 28 • May 5, 12, 19, (26 no class)*

\*\*CSUF scheduled performances are open to the public

**Voci d'Oro Chorale** • Weekly • 1 p.m.-3 p.m. • Shapiro CD

*January 20, 27 • February 3, 10, 17, 24 • March 3, 10, 17, 24, (31 no class) • April 7, 14*

*Interession: April 21, 28 • May 5, 12, 19, (26 no class)*

**Tap-ercise** • Weekly • 1 p.m.-2 p.m. • KHS 202&Zoom

*January 20, 27 • February 3, 10, 17, 24 • March 3, 10, 17, 24, (31 no class) • April 7, 14*

*Interession: April 21, 28 • May 5, 12, 19, (26 no class)*

Also meets on Wednesdays

**OLLI Tech Help** • Weekly • 1 p.m.-3 p.m. • Room 20&Zoom

*January 20, 27 • February 3, 10, 17, 24 • March 3, 10, 17, 24, (31 no class) • April 7, 14*

*Interession: April 21, 28 • May 5, 12, 19, (26 no class)*

**Great Decisions** • Alternate Weeks • 1:15 p.m.-3:15 p.m. • Room 21&Zoom

*January 27 • February 10, 24 • March 10, 24, (31 no class) • April 14*

**Spanish 3: Grammar** • Weekly • 2 p.m.-3:15 p.m. • Zoom

*January 20, 27 • February 3, 10, 17, 24 • March 3, 10, 17, 24, (31 no class) • April 7, 14*

**Strategy of Poker** • Weekly • 3:30 p.m.-5:30 p.m. • Shapiro ABCD

*January 20, 27 • February 3, 10, 17, 24 • March 3, 10, 17, 24, (31 no class) • April 7, (14 no class)*

*Interession: April 21, 28 • May 5, 12, 19, (26 no class)*

**In Memoriam** • 3:30 p.m.-4:30 p.m. • Shapiro ABCD & Zoom

*April 14*

**Happy Hour** • Weekly • 4 p.m.-5 p.m. • Zoom

*January 20, 27 • February 3, 10, 17, 24 • March 3, 10, 17, 24, (31 no class) • April 7, (14 no class)*

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## Saturdays

**Transitions in Retirement Essentials\*** • 9:30 a.m.-11:30 a.m. • Zoom&Stream

*January 21, 28 • February 4, 11, 18, 25 • March 4, 11*

**Spring Preview\*** • 1 p.m.-3 p.m. • Auditorium&Shapiro ABCD

*January 14*

**New Member Orientation** • 1 p.m.-2:30 p.m. • Shapiro ABCD&Zoom

*January 21*

**OLLI Spring Dinner** • Time and Theme TBD

*March 11*

**Musical Performances** • Dates and Times TBD • Auditorium&Shapiro ABCD&Zoom

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## Sundays

**Volunteer Recognition Reception and Concert**

Social and Presentation: 2 p.m.-3 p.m. • Titan Student Union

Concert: 4 p.m.-5 p.m. • Titan Student Union

*April 2*



# Experience Lifelong Learning



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PHOTO BY DONNA SPRADLIN



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OLLI  
at California State University, Fullerton  
"A Continuing Learning Experience"  
Ruby Gerontology Center, Room 7  
P.O. Box 6870  
Fullerton, CA 92834-6870  
RETURN SERVICE REQUESTED  
11/22

[olli.fullerton.edu](http://olli.fullerton.edu)  
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657-278-2446

## MEMBERSHIP BENEFITS

### WIDE RANGE OF COURSES

- Current affairs, retirement issues
- Arts: learning, doing, performing
- Languages, science, technology
- Computer/mobile, discussion
- Extensive library of class videos

### HEALTHY LIFESTYLE COURSES

- Health, medical issues
- Sports, exercise, dancing

### SPECIAL EVENTS/SOCIAL ACTIVITIES

- Dinners, luncheons, receptions
- Day and overnight trips
- Card & board games
- Musical entertainment

### PARKING PRIVILEGES\*

- Most student lots/structures
- Lot J for OLLI members only
- OLLI Trolley to/from far lots

### UNIVERSITY PRIVILEGES

- Collaborate with faculty & students
- Pollak Library, student store, Wi-Fi
- Campus eating facilities
- Most CSUF athletic events free
- Audit CSUF courses free

*\*Subject to limitations. See Parking & OLLI Trolley Information.*



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