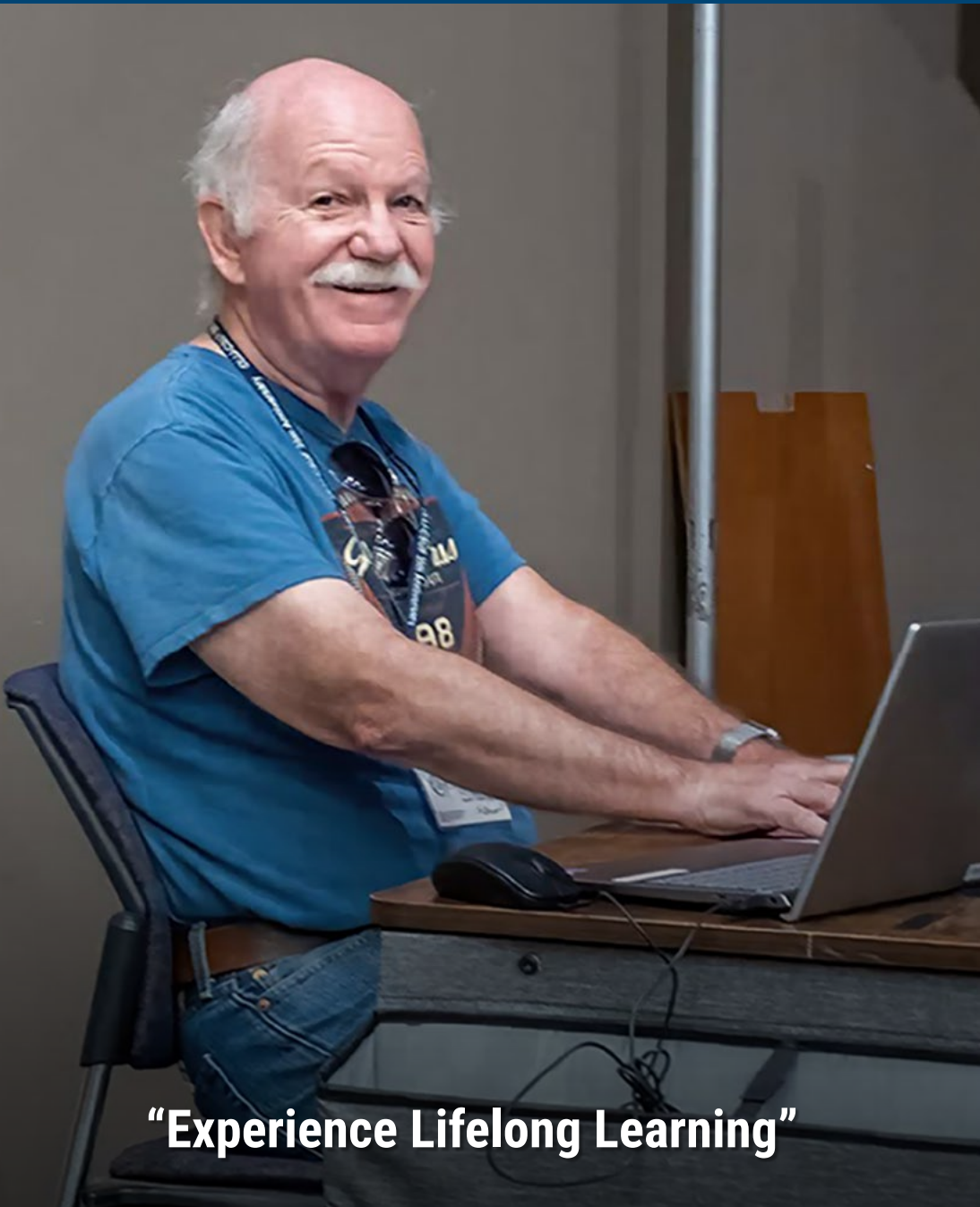




at
**California
State University,
Fullerton**

LEARN IN RETIREMENT



“Experience Lifelong Learning”

FALL 2023 OPEN HOUSE

Saturday, August 5, 2023

9:00 a.m. - Noon

SPRING PREVIEW

Saturday, January 13, 2024

Join us on the Cal State Fullerton campus at the Ruby Gerontology Center for an overview of OLLI's more than 100 programs and many other member benefits.

PROGRAMS OPEN TO THE PUBLIC – TRY US FREE OF CHARGE*

HISTORY OF BROADWAY

CSUF FACULTY/STUDENT
PERFORMANCES/PRESENTATIONS

ECLECTICS

TRANSITIONS IN RETIREMENT
ESSENTIALS

MEDICAL SERIES

ESTATE PLANNING/CHARITABLE GIVING

FOURTH OF JULY CELEBRATION AND
VETERANS RECOGNITION



PHOTO BY JIM DI TOTA



PHOTO BY JIM DI TOTA



PHOTO BY DIANA GUERIN



PHOTO BY DIANA GUERIN



PHOTO BY JIM DI TOTA

For additional information:

- Call 657-278-2446
- Email: olli-info@fullerton.edu
- Visit olli.fullerton.edu
- Follow us on Facebook at facebook.com/OLLICalStateFullerton and on Instagram at instagram.com/ollicsuf

* The Fall Open House, Spring Preview and the other programs listed above are available at no charge to the public. Parking on campus is free on weekends. Monday through Friday, visitors may purchase daily permits. If you are not yet an OLLI member, please go to the OLLI website at <http://olli.fullerton.edu> and click on Welcome to OLLI. Sign up for the free Open to the Public Newsletter to get information on when these programs are offered and options for attending in person or virtually.

Cover Photo: Bob Newcomb by Mary Crouch



Osher Lifelong Learning Institute
at California State University, Fullerton
“A Continuing Learning Experience”



Welcome to OLLI

Welcome to our 2023-24 academic year classes and activities.

Our community of lifelong learners consists of 1,000-plus members enjoying a life enriched by intellectual, physical and social activities in a vibrant university environment.

Membership is open to retired and semi-retired adults who love learning. There are no exams, and few classes have prerequisites or require pre-registration. Instead, we offer an atmosphere that fosters mutual exploration of new or lifelong interests. Our members’ variety of personal backgrounds, occupations and areas of knowledge enriches our learning, and our lively discussions, trips and social interactions spur lasting friendships.

We offer a variety of on-campus, Zoom-only and livestreamed hybrid classes. The optimal membership experience is a “menu” of on-campus programs, supplemented by online when needed or desired. Members are first attracted by our classes but discover that OLLI’s community of lifelong learners is the greatest benefit.

This “Blue Book” catalog exhibits our strengths—the product of the collaboration among our Curriculum Committee, class coordinators, instructors, and other volunteers. An OLLI-CSUF hallmark is that instructors are not compensated. Instructors are our talented members, guest speakers, top-notch CSUF faculty, and community professionals.

OLLI-CSUF is self-supporting, yet our membership fees are remarkably low. And member parking adjacent to our building and several other campus locations is included with membership.

Thanks to our volunteer base, endowments from the Bernard Osher Foundation, and private contributions and bequeaths, OLLI members have the privilege—and fun—of taking as many courses as they want, most included in the membership fee.

Mike Stover, OLLI President

CONTENTS

- About Us 2
- Joining/Registration/Fees. 3
- Programs
 - Areas of Study/Programs . . . 4
 - Alphabetical Index of Programs 8
 - Program Descriptions 27
- Schedule of Classes and Events 11
- Auditing Cal State Fullerton Courses 11
- Commitment to Positive Member Experiences. 12
- OLLI Website. 12
- Distance Learning Program . . . 12
- Attending Live Programs Online. 13
- OLLI in the University Community 13
- OLLI-CSUF Collaboration . . . 14
- Transitions in Retirement. . . . 14
- Around and About OLLI 15
- In-Person Attendance Guidelines 16
- Parking & OLLI Trolley 16
- Events Registration 19
- Curriculum/Format/Frequency . . 19
- Osher Lifelong Learning Institute 20
- OLLI Gives to OLLI 21
- Board of Trustees 22
- Appointed Positions. 23
- Editorial Staff. 24
- Maps. 18, 25-26

About Us: The Basics

Name and affiliation. OLLI-CSUF stands for Osher Lifelong Learning Institute at California State University, Fullerton. OLLI-CSUF was established in 1979 as a lifelong learning program for retired and semi-retired adults, and an integral part of CSUF operating under the guidance of Extension and International Programs.

We are affiliated with 124 other lifelong learning institutes in the United States, all affiliated with colleges and universities and funded in part by the Bernard Osher Foundation.

Location. OLLI-CSUF is located in the Ruby Gerontology Center (RGC) on Gymnasium Drive in the northeast portion of campus near the Student Housing complex and the Gastronome dining facility. GPS location reference: 800 N. State College Blvd., Fullerton, CA 92831. Mobile device map app reference: “OLLI Cal State Fullerton” or go to <http://www.bit.ly/map2olli>. See Page 25 or www.fullerton.edu/campusmap for a campus map.

Learning spaces. OLLI courses and activities are generally held in the classrooms, auditorium and computer lab of the Ruby Gerontology Center (RGC) on the CSUF campus or via Zoom or livestream. The RGC is the headquarters for our programs and is exceptionally well designed for the eclectic interests of OLLI’s learners. For example, our Shapiro Wing area, with moveable walls, can be divided into as many as four classrooms, becoming a concert space, a painting studio and financial planning workshop, all in one day.

We also use some nearby campus locations within a short walk, and may hold courses at off-campus locations in the area.

Membership requirements. Anyone retired or semi-retired may join. Members from all backgrounds are welcome; neither a college education nor previous association with the university is a prerequisite for membership. The only requirement is a desire to learn. Curiosity never retires!

Homework? Grades?

Courses typically have no homework or grades as you may remember them. There are a few courses—in areas such as photography, language, literature and book discussions—where some optional work or study outside of class will substantially enhance your learning. Except for computer courses and a few others, no pre-registration is required. Just show up, make friends and learn!

Membership includes a campus parking permit and the following:

- Library access and checkout privileges.
- Use of the campus Wi-Fi network.
- Admission for two to most CSUF-sponsored athletic events.
- Auditing CSUF courses with no tuition cost on a space-available basis with instructor’s permission.
- Discounts to many CSUF events.

Note: The above membership privileges are subject to modification by campus administration.

OLLI Governance

OLLI-CSUF is a volunteer organization, guided by a Board of Trustees elected annually from the membership by the membership. The Board is responsible for OLLI’s curriculum, finances, events and operation within university guidelines

and its relationship with Extension and International Programs (EIP). General meetings of OLLI members are held several times a year to conduct business, convey information and provide a forum for member exchange and feedback. Board meetings and those of other major committees are open to members and listed in Committee Meetings in the back of this catalog.

Joining / Registration / Fees

Membership registration and renewal is only available online through the OLLI website: <http://olli.fullerton.edu>, select JOIN/RENEW. For those needing assistance with the online process, help is available in the OLLI office, Room 7 at OLLI's Ruby Gerontology Center (or call 657-278-2446), open Monday through Friday from 8:30 a.m. to 4 p.m., except holidays.

Renewing members must have their CSUF username and password to renew online. If you cannot find your CSUF username and password or have not created it, please come into the OLLI office to obtain your campus-wide identification number (CWID) and PIN. Then go to the OLLI website and click on "STUDENT PORTAL ACCOUNT" under "MORE INFORMATION" and follow the instructions.

Whether a new or renewing member, it is important that you add your personal email address on the online registration form. This email address will be used for all future communications from OLLI. The system will prompt you for information and payment by asking for your credit card information, or you can pay by electronic check.

Membership/enrollment fee is:

- Full Year (Fall, Spring and Summer): \$275;
- Fall or Spring Semester Only: \$160;
- Spring and Summer: \$200;
- Summer Only: \$90

Membership fees cover a campus parking and admission to all classes.

Note: A few classes may have limited enrollment, due to space or equipment considerations (e.g., some computer classes), and if so, early sign-up will be advised.

Fees also cover participation in other OLLI-CSUF activities, with the exception of some activities for which special expenses are passed on at the lowest possible cost. These include computer education, special events, trips and some special activity classes as specified in this booklet.


Other Fee-Related Items

Reservation forms for special programs or social activities are posted on the OLLI website and included in the monthly OLLI ChroniCLE newsletter, which will be emailed or mailed to you per your preference. Payment is required when reservations are made. Refunds are given until the deadline specified on the form, and thereafter if a substitute is found for the reservation-holder.

Scholarships: Scholarships for membership are available for those having financial hardships. Applications can be requested through the OLLI office by phone (657-278-2446) or by sending an email to olli-info@fullerton.edu. Applications must be received five weeks prior to the fall or spring semester. Each applicant will be contacted to set up an interview with the committee shortly after the application due date.

Areas of Study/Programs

(Alphabetical index, see page 8)

-  mark denotes Transitions in Retirement programs

THE ARTS

FINE ARTS AND CRAFTS

Ceramics	27
Drawing for the Fun of It	27
Introduction to Watercolor Painting	28
Watercolor Workshop	28

ART APPRECIATION

Art Exhibitions on Screen	29
Art House Cinema	29
Artsy	29
Critics' Choice: The Movies	30
Silver Screen: Summertime at the Movies	30

LITERARY ARTS

Authors' Central OLLI-CSUF (ACOC)	31
Book Clubs	31
"Genreflections" Book Club	31
Graphic Novels, Comics and More!	31
Kitty's Book Club	32
Mystery Book Club	32
Great Books	32
Kick Starting Your Writing	33
Life Story Workshop	33
Poetry for Pleasure	33
Publish Before You Perish	34
Shakespeare Aloud	34
Short Stories	34
The New Yorker Magazine Discussion Group	34
Women Writers' Workshop: Fiction	35
Write Now!	35
Writing with Feedback	35

PERFORMING ARTS



Classical Guitar: Beginning	36
Classical Guitar Ensemble	36
Concert Band	36
CSUF Faculty/Student Performances/Presentations (Open to the Public)	37
Drama, Improv & Storytelling	37
Jazz Band	37
Learn to Play Guitar	38
Learn to Read Music I	38
Line Dancing: Beginner's Level	38
Line Dancing: Advanced Beginners/Intermediate	38
Line Dancing Workshop: Beginners/Intermediate	39
Musical Performances	39

Musical Performances/Presentations/Rehearsals	39
Noontime Student Piano Performances	39
OLLI Flash Mob	40
Piano Keyboard: Improve Your Ability to Play and Improvise.	40
Recorders/Guitars & More Workshops	40
String Ensemble.	40
Strings and Things Music Jam.	41
Tap Dancing: Beginning	41
Tap Dancing: Advanced.	41
Ukulele: Beginner 1.	41
Ukulele: Beginner 2.	42
Ukulele Summer Jam.	42
Ukulele: Symposium	42
Voci d’Oro Chorale	42

LANGUAGES

French 1	43
French 2	44
French 3	44
German	45
Spanish 1	45
Spanish 2	45
Spanish 3: Grammar	46
Spanish 4	46
Spanish Stories Talk	46

ECONOMICS, HUMANITIES AND SOCIAL SCIENCES

American Presidency: The Man, His Policies, His Foes.	47
Eclectics (Open to the Public)	47
Exploratory Discussion Group	47
Gender, Sex and Society (New)	47
Great Decisions	48
Money News: Personal Finance, Business, Economics	48
Orange County Grand Jury in Action (New)	48
 Personal Finance and Retirement	49
Popes, Politics, Schisms and Controversies	49
Religious Literacy Really Matters (New)	49
See How They Run 2024: Presidential and Congressional Elections	49
Social Science in the News	50
Supreme Court and the Constitution in Today’s America	50
The People’s Houses: Lawmaking, Policy and Politics by the U.S. Congress and the California Legislature.	50
 Transitions in Retirement Essentials (Open to the Public)	51
Warren Buffett’s Investment Methodology	51
What’s Behind the News?	51
Wisdom Exchange.	52
World War II: What Happened? Why?	52

HEALTHY LIVING

Arboretum and/or Campus Walk	53
Exploring Health & Fitness	53
Longevity Stick Exercises	53
Medical Series (Open to the Public)	54
Meditation for Everyday Life	54
Tai Chi	54
Tap-ercise	55
Tennis	55
Wisdom Healing	55
Yoga for the Rest of Us	56

SCIENCE

Archaeology	57
Boundaries of Science: Exploring Current Developments	57
Our World in Change: Science, Engineering and Technology for a Realistic, Sustainable Future	57
Science for You	58

TECHNOLOGY

COMPUTER AND MOBILE DEVICE EDUCATION

OLLI Tech Help

OLLI Tech Help	60
--------------------------	----

COURSES

CLECAT Club: Tech Talk	60
Google Photos: Storing, Editing and Managing Your Photos	60

SPECIAL INTEREST GROUPS AND SOCIAL PROGRAMS

Bridge, Really Beginning Bridge and Supervised Play	61
Bridge, Duplicate	61
Bridge, Intermediate	61
Caring for Yourself and Others	62
Cooking Potpourri	62
Genealogy Research	62
GROW Gardening Club	63
Happy Hour	63
Introduction to Digital Photography	63
Introduction to Strategies of Poker	63
OLLI Socials	64
Phocus Photography Club	64
Sports Talk	64
Strategy of Poker	65
TED Talks	65

OLLI EVENTS

Coordinators and Instructors Training Workshop	66
Estate Planning and Charitable Giving (Open to the Public)	66
Fall Open House (Open to the Public)	66

Fourth of July Celebration and Veterans Recognition (Open to the Public)	67
General Meeting/Election	67
In Memoriam	67
New Member Orientation	67
OLLI Holiday Luncheon	68
OLLI Hospitality Events	68
OLLI Today and Tomorrow Forum	68
OLLI Welcoming Social	68
Spring Preview (Open to the Public)	69

COMMITTEE MEETINGS

Board of Trustees	70
Collaboration Committee	70
Curriculum Committee	70
Hospitality Committee	71
Technology Education Committee (TEC)	71
Transitions in Retirement (TiR) Committee	71
Trips Committee	71



Class Calendars on the OLLI Website

- Bookmark the OLLI website <http://olli.fullerton.edu> on your mobile device
- Populate your personal calendar with OLLI classes and events from the website
- Check what’s happening at OLLI on your mobile phone or tablet
- Changes in class and event times, dates and classrooms are updated on website calendars





Did You Know?

In 2006, the Continuing Learning Experience (CLE) at CSUF joined with Bernard Osher’s nationwide organization of lifelong learning programs, becoming Osher Lifelong Learning Institute at Cal State Fullerton (OLLI-CSUF), and received over \$2 million in endowments from the Bernard Osher Foundation.

Areas of Study/Programs (Alphabetical)

American Presidency: The Man, His Policies, His Foes	47
Arboretum and/or Campus Walk	53
Archaeology	57
Art Exhibitions on Screen	29
Art House Cinema	29
Artsy	29
Authors' Central OLLI-CSUF (ACOC)	31
Board of Trustees	70
Book Clubs	31
Boundaries of Science: Exploring Current Developments	57
Bridge, Duplicate	61
Bridge, Intermediate	61
Bridge, Really Beginning Bridge and Supervised Play	61
Caring for Yourself and Others	62
Ceramics	27
Classical Guitar: Beginning	36
Classical Guitar Ensemble	36
CLECAT Club: Tech Talk	60
Collaboration Committee	70
Concert Band	36
Cooking Potpourri	62
Coordinators and Instructors Training Workshop	66
Critics' Choice: The Movies	30
CSUF Faculty/Student Performances/Presentations (Open to the Public)	37
Curriculum Committee	70
Drama, Improv & Storytelling	37
Drawing for the Fun of It	27
Eclectics (Open to the Public)	47
Estate Planning and Charitable Giving (Open to the Public)	66
Exploratory Discussion Group	47
Exploring Health & Fitness	53
Fall Open House (Open to the Public)	66
Fourth of July Celebration and Veterans Recognition (Open to the Public)	67
French 1	43
French 2	44
French 3	44
Gender, Sex and Society (New)	47
Genealogy Research	62
General Meeting/Election	67
"Genreflections" Book Club	31
German	45
Google Photos: Storing, Editing and Managing Your Photos	60
Graphic Novels, Comics and More!	31
Great Books	32
Great Decisions	48

GROW Gardening Club	63
Happy Hour	63
Hospitality Committee	71
In Memoriam	67
Introduction to Digital Photography	63
Introduction to Strategies of Poker	63
Introduction to Watercolor Painting	28
Jazz Band	37
Kick Starting Your Writing	33
Kitty's Book Club	32
Learn to Play Guitar	38
Learn to Read Music I	38
Life Story Workshop	33
Line Dancing: Advanced Beginners/Intermediate	38
Line Dancing: Beginner's Level	38
Line Dancing Workshop: Beginners/Intermediate	39
Longevity Stick Exercises	53
Medical Series (Open to the Public)	54
Meditation for Everyday Life	54
Money News: Personal Finance, Business, Economics	48
Musical Performances	39
Musical Performances/Presentations/Rehearsals	39
Mystery Book Club	32
New Member Orientation	67
Noontime Student Piano Performances	39
OLLI Flash Mob	40
OLLI Holiday Luncheon	68
OLLI Hospitality Events	68
OLLI Socials	64
OLLI Tech Help	60
OLLI Today and Tomorrow Forum	68
OLLI Welcoming Social	68
Orange County Grand Jury in Action (New)	48
Our World in Change: Science, Engineering and Technology for a Realistic, Sustainable Future	57
 Personal Finance and Retirement	49
Phocus Photography Club	64
Piano Keyboard: Improve Your Ability to Play and Improvise	40
Poetry for Pleasure	33
Popes, Politics, Schisms and Controversies	49
Publish Before You Perish	34
Recorders/Guitars & More Workshops	40
Religious Literacy Really Matters (New)	49
Science for You	58
See How They Run 2024: Presidential and Congressional Elections	49
Shakespeare Aloud	34
Short Stories	34

Silver Screen: Summertime at the Movies	30
Social Science in the News	50
Spanish 1	45
Spanish 2	45
Spanish 3: Grammar	46
Spanish 4	46
Spanish Stories Talk	46
Sports Talk	64
Spring Preview (Open to the Public)	69
Strategy of Poker	65
String Ensemble	40
Strings and Things Music Jam	41
Supreme Court and the Constitution in Today’s America	50
Tai Chi	54
Tap Dancing: Advanced	41
Tap Dancing: Beginning	41
Tap-ercise	55
Technology Education Committee (TEC)	71
TED Talks	65
Tennis	55
The New Yorker Magazine Discussion Group	34
The People’s Houses: Lawmaking, Policy and Politics by the U.S. Congress and the California Legislature	50
 Transitions in Retirement Essentials (Open to the Public)	51
Transitions in Retirement (TiR) Committee	71
Trips Committee	71
Ukulele: Beginner 1	41
Ukulele: Beginner 2	42
Ukulele Summer Jam	42
Ukulele: Symposium	42
Voci d’Oro Chorale	42
Warren Buffett’s Investment Methodology	51
Watercolor Workshop	28
What’s Behind the News?	51
Wisdom Exchange	52
Wisdom Healing	55
Women Writers’ Workshop: Fiction	35
World War II: What Happened? Why?	52
Write Now!	35
Writing with Feedback	35
Yoga for the Rest of Us	56

Schedule of Classes and Events

This Blue Book program catalog includes the descriptions of all programs that may be offered during the 2023-2024 academic year, but it does not show meeting schedules. Each description indicates which semester(s) it may be offered and how often during the semester. This scheduling is subject to change and some programs may not be offered during this academic year. A Schedule of Classes and Events is distributed separately to all OLLI members prior to each semester and is available on the OLLI website under [VIEW CURRENT CATALOG](#). It lists all programs offered during that semester and each program's meeting dates, times and venues. It also lists special requirements, if applicable, such as pre-registration, fees and textbooks.

Auditing Cal State Fullerton Courses

One of the most valuable OLLI benefits is the privilege to audit any CSUF course, free of any tuition fees, with the instructor's permission and approval from the OLLI office. OLLI members don't receive any official, academic credit from the University, but they enjoy the benefit of a world-class education, participating with University students. This privilege is not available during the summer session.

Go to the OLLI website at <http://olli.fullerton.edu> and click on [AUDITING CLASSES](#) for step-by-step instructions to enroll through OLLI. This webpage provides links to the CSUF course catalog and schedule of classes for each semester. You will be asked to complete a form and submit it to the OLLI office, who will obtain instructor approval to attend your course(s) of choice. If approved, you will receive confirmation from the instructor, and later, information on how to access the class.



“OLLI is a place for senior adults to engage in a diverse, intellectually stimulating, and socially rewarding community of lifelong learners from all walks of life. In this “neighborhood,” acquaintances become friends based on compatible and contrasting interests, life experiences and personalities.”

-Mike Stover

Commitment to Positive Member Experiences

We want all OLLI members to have the best possible experiences at our classes, programs and special events regardless of any differences in gender, heritage, abilities or political ideology. The OLLI leadership and staff are intent on helping you understand the expectations about standards of behavior. These are important to maintaining the high quality of OLLI as a community of learners in a variety of settings that promote learning while also providing for the respectful, open exchange of ideas.

We urge all members to become familiar with and to practice the standards in two adopted policies. OLLI's Ethical Environment Policy (Policy 2.6) supports an environment that is free of discrimination and harassment by incorporating the University's Policy Statement 100.006, fostering a climate of civility. That includes displaying respect for others and engaging in respectful discourse on diverse ideas. Please review these policies at <http://olli.fullerton.edu> (click on **GOVERNING DOCUMENTS**) and keep them in mind throughout your time at OLLI activities. Per the OLLI policy, any related grievances or incidents should be reported immediately to any OLLI officer or to the OLLI Administrative Manager. In cases of egregious acts (thankfully rare), OLLI may assess sanctions up to and including suspension or termination of membership.

OLLI Website: Everything You Need to Know about What's Going on at OLLI

The dates, times and places of classes and events are subject to change or cancellation. OLLI members are notified via email or the weekly OLLI newsletters, and the calendar on the electronic bulletin board in the Shapiro Wing is updated. The up-to-date calendar of the whole semester is always available on the OLLI website at <http://olli.fullerton.edu>. Select the **CALENDARS** tab to view today's calendar or the whole semester's activities by week or month. The **CLASSES/ACTIVITIES** tab often has more information about courses and activities than is included in the Blue Book.

The OLLI website contains a wealth of other information about OLLI, from its history to who heads up OLLI's operational areas, committees and teams. The website describes how to support OLLI, either by donating or volunteering; how to become a member or renew your membership; how to access forms and register for computer courses, trips and special events; how to gain access to the CSUF Wi-Fi and student portal; how to audit CSUF courses ... and much more.

A shortcut can be created on a smartphone, tablet or computer to access the OLLI website. On the home page under the **MORE INFORMATION** column, click on **OLLI ON YOUR PHONE/TABLET**.

Distance Learning Program

OLLI members may have days when they can't get to campus, when parking availability is difficult or when their favorite classes are running concurrently, forcing them to miss a class. Selected classes are recorded and archived on the OLLI website for members to stream online at their leisure. Many videos are currently available to watch, and more are added each week. To access the video collection go to the OLLI website at <http://olli.fullerton.edu> and click on **LIVESTREAM/RECORDINGS** under **MORE INFORMATION** on the home page.

Attending Live Programs Online

OLLI uses both the Zoom app and livestreaming through the internet to deliver some courses, committee meetings and events online as an in-person alternative. The links to join these programs can be obtained from OLLI's weekly Class Information and Updates Newsletter or from the OLLI website under [ZOOM COURSE IDs/LINKS](#) or [LIVESTREAM/RECORDINGS](#) (you'll need your CSUF username and password).

To attend a Zoom program, an account is recommended but not required. Anyone can attend by using their laptop or desktop (Windows or Mac), tablet or smartphone (Apple or Android), or regular telephone. However, be sure to use your full name when signing in to facilitate taking attendance. If you haven't used Zoom before, leave about 10 minutes to set it up before your first use. If you use a laptop or desktop, the first time you click on a link, it will ask you to download a free Zoom app on your computer. If you are planning to use a tablet or smartphone, you'll want to download the free Zoom app ("Zoom Cloud Meetings") from your app store. More information and sources for help with Zoom are available on the OLLI website under [ZOOM HELP](#).

Livestreaming is similar to Zoom, except you don't need an app—you just need access to the internet. Clicking on the livestream link takes you to a webpage where you choose the current meeting from a list. Unlike Zoom, you will not see the other attendees and the instructor can't see or hear you, but you can type a message into the chat box. All livestreamed classes are recorded and available to view after the meeting. For more information on livestreaming see [OLLI Livestreaming FAQs](#). An informational video and class recordings are on the OLLI website under [LIVESTREAM/RECORDINGS](#).

OLLI in the University Community

OLLI at Cal State Fullerton began in 1978 with an idea by Betty Robertson, then Director of Community and Outreach Programs in the Office of Extended Education, now titled Extension and International Programs (EIP). Betty proposed an outreach program in which members would pay their own way and be volunteers in developing their own organization—a program of, by and for retirees. In September 1979 the Continuing Learning Experience (CLE), now known as the Osher Lifelong Learning Institute (OLLI), commenced classes on campus with 40 members.

Volunteering in the University Community. OLLI-CSUF's retirement model includes volunteerism as a core element—not only in instructing or coordinating OLLI's programs, serving on committees and administering OLLI on the Board of Trustees—but also in supporting the wider University community. Cal State Fullerton welcomes OLLI members' involvement in campus programs as individuals and as part of OLLI-organized programs. Nothing exemplifies this more than the OLLI-CSUF Collaboration Program (see the next section). Members also contribute many hours, in addition to monetary donations, in support of CSUF programs including Art Alliance, Friends of the Fullerton Arboretum, Music Associates, Patrons of the Library and others.

Age-Friendly University. In 2021 CSUF was officially designated an "Age-Friendly University" for its comprehensive programs for older adults. In addition to its support of OLLI, CSUF provides the Aging Studies academic program, the Fibromyalgia and Chronic Pain Center, the Robust Aging Program and the Center for Successful Aging.

The Robust Aging Program, sponsored by the School of Nursing, provides a health assessment; blood pressure check; height, weight and body mass index measurement; and basic first aid for OLLI members at no cost during certain days and hours in Room 18C of the Ruby Gerontology Center. See the clinic’s schedule at <https://rapclinic.weebly.com/>.

The Center for Successful Aging provides wellness support for OLLI members and other seniors in the community. Courses are offered promoting physical activity and reducing sedentary behavior. Popular with OLLI members, “Fit 4 Life,” “NeuroFit” and other programs offer medically supervised fitness training and exercise, meeting twice a week in the Department of Kinesiology building. These are not OLLI courses. Each course charges a fee per semester, but CSUF student enrollment is not required. For more information go to <http://csa.fullerton.edu/programs/index.php> or call 657-278-2603.

OLLI-CSUF Collaboration

OLLI + CSUF students + Faculty = Collaboration

Through the OLLI-CSUF Collaboration program, OLLI members share their life experiences and skills with members of the university community—to the benefit of all.

Opportunities include tutoring, mentoring, evaluating and sharing expertise with CSUF classes and individuals in both academic and career/professional pursuits. CSUF students and faculty benefit from our members’ accumulated knowledge and wisdom, and OLLI members enjoy the intellectual stimulation, the opportunity to remain productive and “giving back” to the community.

Learn how to get involved under Other Activities in this booklet, and on our website at <http://olli.fullerton.edu> under the VOLUNTEER tab.

Transitions in Retirement

Programs for the newly retired and almost-retired

New retirees or those approaching retirement have a special place at OLLI. Transitions in Retirement (TiR) is a series of programs for persons preparing for this next phase of their lives. Whether still working or not, you may not have enough weekday time to benefit from all OLLI courses. Transitions in Retirement addresses that with classes more to your convenience on weekends and during early morning, late afternoon and evening hours.

“Transitions in Retirement Essentials” classes on Saturday mornings during the fall and spring semesters are open to the public at no charge. This gives you a chance to sample what OLLI has to offer. Topics cover a wide range, from financial planning to health issues. Other TiR classes do require OLLI-CSUF membership. TiR offerings are specially marked in our course listings, and you can read more about our program on our website at <http://olli.fullerton.edu> under Transitions in Retirement on the home page.

Around and About OLLI

Parking privileges. A 24/7 virtual parking permit is included at no additional charge with your OLLI membership. OLLI parking permits are valid in certain parking lots and structures on campus. For specifics on where and where not to park, see the Parking & OLLI Trolley Information section.

Can I eat in or near OLLI?

Yes! Eating with other OLLI members is a good way to become acquainted. When members bring their lunches, they usually have company in the patio near the kitchen or at a table in the courtyard. Lunches may be stored in the kitchen refrigerator in Shapiro Wing A, but must be removed by Friday of each week. In addition, sack lunches may be taken on bus trips when special luncheon arrangements have not been made.

Within a two-minute walk are several other eating or snacking opportunities:

The CSUF Gastronome, an all-you-can-eat buffet for one price, serves fresh, wholesome, cooked-from-scratch and prepared-to-order meals throughout the day.

The CSUF Community Market, directly across from the Gastronome, stocks a wide array of packaged snacks and fresh produce, hot and cold beverages, foods and sundries.

The Titan Student Union, several minutes away, provides a selection of fast-food (some healthy) franchises and other options; see <http://asi.fullerton.edu/titan-student-union#Food> for details. While you're in that neighborhood, you can also shop at the bookstore or Titan Shops or do some banking at the ATMs or SchoolsFirst Credit Union.

Some campus food providers may offer a 10% discount if you show your current OLLI membership card (this discount is subject to change or elimination at any time).

OLLI Office

The OLLI office is in RGC Room 7 (see map on Page 26). It is open weekdays from 8:30 a.m. until 4 p.m. Campus holidays are observed. (See apps.fullerton.edu/AcademicCalendar/default.aspx.)

The office phone number is 657-278-2446, and OLLI's general information email is olli-info@fullerton.edu.

Staff members are Patsy Burns (Manager, Administration), Celia Reynolds (Administrative Assistant), Michelle Sanford (Administrative Assistant) and Ying Lu (Accounting Assistant).

Other

Restrooms are located on the north end of the RGC courtyard, outside on either side of Mackey Auditorium, and in the southeast corner of the RGC, indoors and adjacent to the main entrance to the Shapiro Wing.

In-Person Attendance Guidelines

OLLI members are not required to wear face masks on campus, even when indoors. OLLI members may choose for themselves whether to wear or not wear masks when indoors or outdoors and are urged to exercise caution if coming onto campus maskless. For all the current attendance guidelines and COVID protocols go to the OLLI website at <http://olli.fullerton.edu/classes/covid-19.php>.

Parking & OLLI Trolley Information

Please consult the campus parking map following this section for parking locations. OLLI-CSUF members may park in some CSUF student lots and parking structures as listed below. All members are issued virtual parking permits, and parking is monitored electronically. Hang tag permits are no longer used on the CSUF campus.

Lot J, adjacent to the Ruby Gerontology Center (east side), is available exclusively for OLLI permit holders Monday through Thursday until 6 p.m., and Friday until 5 p.m. Lot J is particularly convenient for our members with mobility concerns, so we ask that you keep this in mind when considering where to park.

When Lot J is full, Lots G and A provide a pleasant walk. An OLLI Trolley ride to the RGC is available during published days and hours. **Lot G** is located on the SW corner of Associated Road and Yorba Linda Blvd next to Goodwin Field. **Lot A** is located on the SE corner of Yorba Linda Blvd. and State College Blvd.

Do not park in the Arboretum parking lot, even if your class is held at the Arboretum (such as Longevity Stick and Tai Chi). If you have an OLLI class at the Arboretum, park in **Lot G**. Arboretum parking space is very limited. Continued parking there by OLLI members could result in the loss of access to this wonderful facility for OLLI classes.

OLLI Trolley. The OLLI Trolley is available during spring and fall semesters (no summer service) to transport members between Lots G and A and the RGC, although many members prefer to walk. See the OLLI Trolley operating times under PARKING AND OLLI TROLLEY on the OLLI website at <http://olli.fullerton.edu>. If you're interested in volunteering as an OLLI Trolley driver, please apply in the OLLI office.

By the Alphabet: CSUF Lot Availability for OLLI Members:

- Lot A: OLLI permits are valid in most of Lot A. Please check signs before parking. Do not park in Lot A-South, because this is a faculty-staff parking lot.
- Lot D: OLLI permits are NOT valid.
- Lot G: OLLI permits and daily parking permits are valid.
- Lot H: Parking is for the disabled and faculty/staff only. The four disabled parking stalls are available to qualified OLLI members. Please see Disabled Parking below.
- Lot J: available exclusively for OLLI permit holders Monday through Thursday until 6 p.m., and Friday until 5 p.m.

- Nutwood and State College Parking Structures: OLLI permits are valid.
- Eastside North and Eastside South Parking Structures: OLLI permits are NOT valid.
- Student Housing Lot and Arboretum Lot: OLLI permits are NOT valid.

Parking Enforcement

OLLI permits are registered by each member's automobile license plate and cannot be transferred or lent. A parking citation will be issued to a vehicle that is not registered with a virtual parking permit, and the member may lose the privilege to receive another OLLI permit, indefinitely.

If your vehicle is issued a parking citation and you wish to contest it, you may file an administrative review online at <https://csufparking.t2hosted.com/Account/Portal>.

Disabled Parking

OLLI members with DMV-issued disabled parking placards may park in disabled stalls located in Lot J and in Lot H (Lot H is on the immediate west side of the Ruby Gerontology Center) and in Lot G (south side, across from the OLLI Trolley stop). Members must display their placard when parked in a disabled stall.

Visitor Parking

Single-day, virtual parking permits (currently \$10.00) may be purchased through the Park Mobile app on your cellphone (credit cards only) at <http://parkmobile.io/>. Physical paper parking permits, which were previously purchased through vending kiosks, are no longer issued. Visitor permits are valid in all student parking lots and structures, but are not valid in Lot J, adjacent to the RGC, nor the student housing lot. Permits are not required Fridays after 5 p.m. nor on Saturdays and Sundays.

General Information

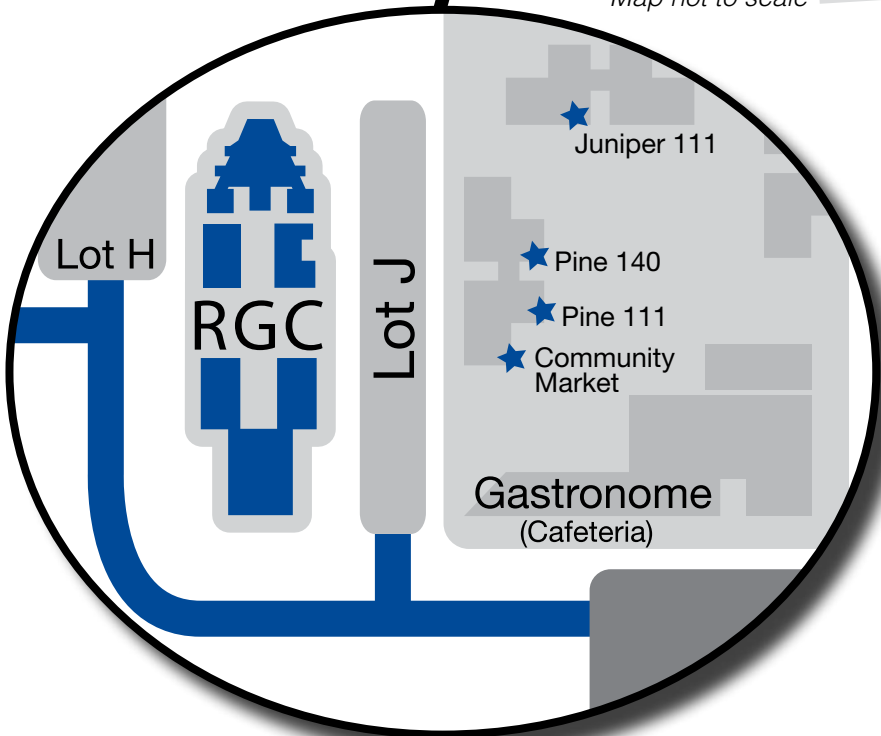
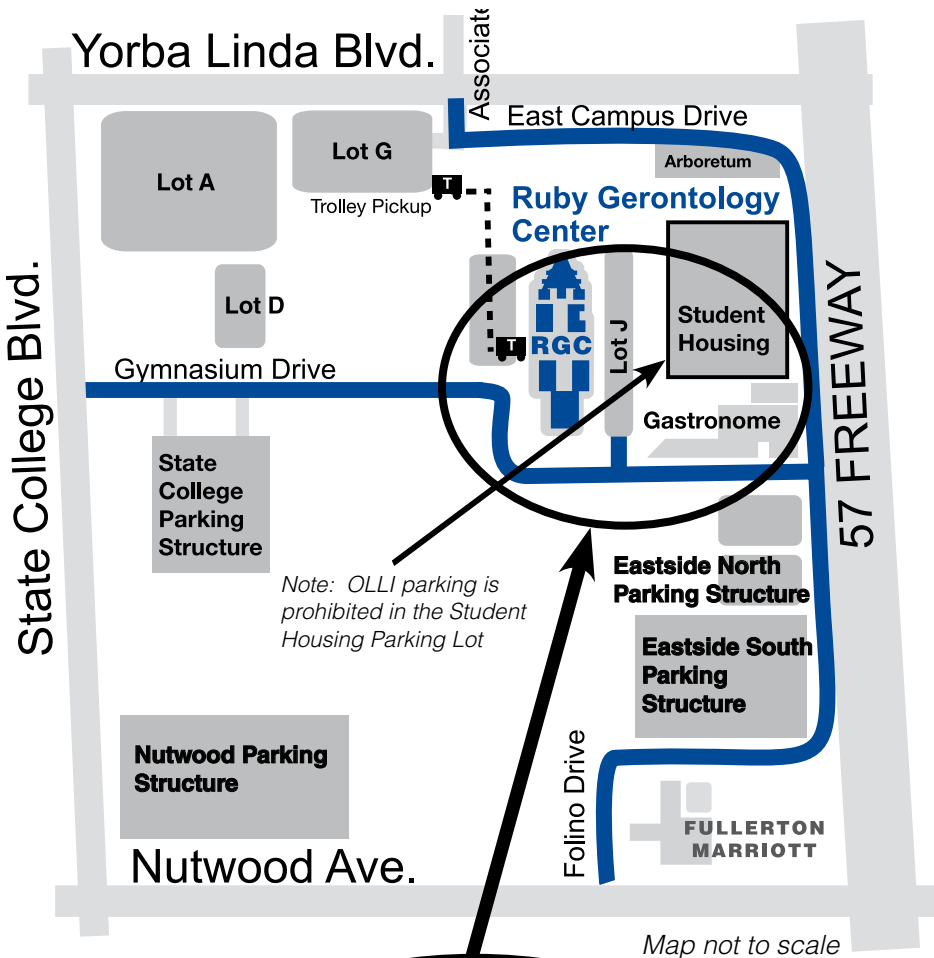
Campus parking information is available on the CSUF Parking and Transportation Services webpage at <https://parking.fullerton.edu>. OLLI members may call the Parking Office at 657-278-3082, or visit the walk-up window Monday through Friday, between the hours of 8 a.m. and 5 p.m., or send an email to parking@fullerton.edu.



“In addition to friendship, OLLI has given me purpose. I feel valued here. I can use my teaching skills with people who, like me, still want to learn.”

-Mary Sampson

Ruby Gerontology Center Parking



Special Events Registration Policy

Who goes? How are they chosen?

Special events are open to members only. Should an event not fill by the stated deadline, non-members may register with OLLI approval.

Registration for a special event begins on a date assigned by the OLLI office. This date is approximately one week after the mailing of the ChroniCLE first announcing the event. Payments and coupons for a special event will be accepted at the time of registration. Registration forms will be entered on a first-come, first-served basis. Forms submitted by mail (post office or electronic) prior to the date of the beginning of registration will be entered at the end of the first day of registration. Once an event is full, a waiting list will be created, also on a first-come, first-served basis.

The OLLI office notifies only those individuals who could not be included in an event, and refunds their payments. If you want confirmation that you have been included on the list for an event, check the event lists posted on the bulletin board outside the OLLI office.

Refunds of payments of those who are registered for an event but are unable to attend will be made as long as no cost is incurred by the organization. A registered participant who is unable to attend an event should notify the OLLI office at least two business days before the event. If there is a waiting list for the event, a replacement will be registered from the waiting list, and a refund will be made to the participant who is unable to attend.

If you have any questions regarding the special events policy, please contact the OLLI office at 657-278-2446.

Notes on Curriculum / Format / Frequency

Programs fall into these general categories: The Arts; Languages; Economics, Humanities and Social Sciences; Healthy Living; Science; Technology; and Special Interest Groups and Social Programs. OLLI's Curriculum Committee considers member requests in the planning of each semester's offerings.

Class formats include those in which members learn from each other, as well as guest lecturers such as community leaders, university professors and other leading authorities. All courses and programs are coordinated by OLLI members.

Lecture/Discussion courses and programs may include instructors as well as guest lecturers and presenters. Presentations are generally followed by a coffee break and a "Q and A" session.

"Study" courses, such as language and literature, are enhanced by some study or work outside class.

Frequency varies, so be sure to check the Schedule of Classes and Events for class meeting times, days and dates.

Other programs include special events, field trips and other activities, some of which require a modest payment.

OSHER LIFELONG LEARNING INSTITUTE

at California State University, Fullerton

(OLLI-CSUF)

- OLLI-CSUF is an organization of retired and semi-retired persons, operating on the campus of California State University, Fullerton under the guidance of Extension and International Programs.
- OLLI-CSUF is established under charter from California State University, Fullerton as a non-profit, self-supporting and self-administering entity.

MISSION

- To serve the lifelong learning needs of the older population in the campus environment of a great university.
- To afford members the privileges of adjunct student status on campus with all benefits inherent thereto.
- To allow self-directing individuals the means of providing a productive outlet for their creative energies.
- To provide programs taught by members who share their wealth of accumulated knowledge and expertise with their fellow members.
- To utilize the services of faculty from the university with judicious restraint to provide lectures and symposia in their respective disciplines.
- To support and enhance the activities of the university.

GOALS

- To provide lifelong learning opportunities (for its members) in classes and activities desired and determined by the membership.
- To provide individuals the means to teach, lecture and share their wealth of knowledge and expertise with fellow members.
- To operate on a fiscally-sound self supporting financial basis.
- To support and enhance the activities of California State University, Fullerton to the fullest extent possible.
- To create a welcoming environment.



Suggestion Box

We want your ideas, suggestions and solutions. Just drop a note in the box in the Shapiro Lobby, or email Mike Stover at stovermw@gmail.com.

**Please silence your cell phone when
attending classes and programs.
Thank you!**

OLLI Gives to OLLI

Please consider OLLI-CSUF as a worthy candidate for your tax-deductible charitable giving. With your gift, OLLI can continue to offer life-enriching programs to its members at a low fee. Members' donations and bequests, together with earnings from the Osher Foundation endowments and members' volunteer services, secure OLLI's future programs and outreach.

Every contribution, no matter the size, is both tax-deductible and meaningful.

The California State Fullerton Philanthropic Foundation (CSFPF) is the entity overseeing the university's gifts and endowments, and the specific fund for OLLI contributions is OLLI-CSFPF.

Gift Options

- **Fund for the Future** (endowment fund): The principal of this fund grows over time with your contributions. A portion of the annual earnings of this account is transferred into the general budget, reducing membership fees. Donations may be in the form of cash, stock, or other financial gifts.
- **OLLI–Today and Tomorrow Fund**: This fund provides and supports OLLI on the CSUF campus with non-budget items not readily funded by OLLI operations. It is intended for special or major projects to enhance OLLI's learning environment with structural, capital and refurbishing needs for today and tomorrow.
- **Computer Education Fund**: This fund is used to supplement basic support for the computer lab. Gifts to this fund help us keep abreast of advances in technology.
- **Master's in Gerontology Scholarship Fund**: These funds provide an annual scholarship award for students enrolled in the Master's in Gerontology program. An award is given upon recommendation of the Gerontology program and approval by the OLLI-CSUF Vice President External Relations and the appointed committee.
- **Membership Aid Fund**: This fund provides basic membership scholarships to deserving applicants to OLLI who cannot meet the membership fees. These scholarships are private, and only the Membership Scholarship Committee and the president know the recipients. Funds for this come mainly from individual donations.
- **Operating Fund**: This fund is used for ongoing operating expenses and projects for the benefit of the general membership.
- **President's Advisory Council Fund**: This is a discretionary fund used for special projects outside the general budget. Examples are the plaques in the Shapiro Wing, memorials and recognition awards.

To make a gift to OLLI-CSUF, make a check payable to OLLI-CSFPF, enclose a note indicating which fund you are contributing to, and mail to:

**Cal State Fullerton Philanthropic Foundation (CSFPF)
2600 Nutwood Ave., Suite 850
Fullerton, CA 92831**

To give by credit card, call the Philanthropic Foundation at 657-278-2118 to arrange a secure payment.

In appreciation and for your tax records, you will receive a letter acknowledging your tax-deductible contribution.

OSHER LIFELONG LEARNING INSTITUTE

at California State University, Fullerton
(OLLI-CSUF)

Board of Trustees

2023-2024

Executive Committee

President	Mike Stover
Vice President Administration	Bill Sampson
Vice President Programs	Ellie Monroe
Vice President Communications	Chris Shaw
Vice President Membership	Debbie Maxwell
Vice President External Relations	Bob Kovacev
Vice President Facilities	Pete Saputo
Vice President Technology	Jim Monroe
Vice President Hospitality	Lisa Sewell
Treasurer	Vickie Hite
Secretary	Renee Cabrera
Parliamentarian	Phillip Barnhard
Immediate Past President	Ellie Monroe

Trustees at Large

Jim Di Tota
Maggie Giles
Joanne Hardy
Jay Messner
Chris Milord
Kent Morris
Sue Mullaly
Tony Package
Jill Patterson

Ex-Officio

Dr. Debra Leahy, Dean of Extension and Associate Vice President for International Programs
Karen McKinley, Senior Director, Extension and International Programs
Patsy Burns, Administrative Manager, OLLI-CSUF

Appointed Positions

Archivist/Historian	Joanne Hardy
Blue Book	Chris Shaw, Editor
Blue Book Development	Ellie Monroe, Lead
Budget Committee	Vickie Hite, Chair
ChronicLE	Chris Shaw, Editor
Coordinator Training	Ellie Monroe & Patsy Burns
CSUF Student Awards Committee	Sue Mullaly, Chair
Curriculum Committee	Renee Cabrera & Sue Batie, Co-Chairs
Development/Philanthropy Committee	Mike Stover, Acting Chair
Digital Document Archive	Joanne Hardy, Lead
Digital Image Archive	Chris Shaw, Lead
Digital Marketing Operations (Social Media)	Renee Cabrera, Rosalind Charles & Michele Frankel, Co-Leads
Distance Learning	Bob Newcomb, Lead
Electronic Bulletin Board	Melinda Wiltsie, Lead
Facilities Operations Committee	Pete Saputo, Chair
Financial Advisory Committee	Mike Stover, Chair
Friendship/In Memoriam Committee	Debbie Maxwell & Ellie Monroe, Co-Chairs
Gatefold (Open to the Public) Brochure	Russell MacKeand, Editor
Grants Committee	Renee Cabrera, Chair
Hospitality Committee	Lisa Sewell, Chair
Kitchen Team	Arie Passchier, Lead
Library Team	Tony Package, Lead
Long Term Plan 2023-2028	Bob Kovacev & Mike Stover
Mailing Committee	Harriette Millman, Lead
Member Scholarship Committee	Fred Shecter, Chair
Membership Committee	Debbie Maxwell, Chair
Membership Registration Team	Joanne Hardy, Lead
Musical Performance Committee	Renee Cabrera & Rayleen Williams, Co-Chairs
New Members Orientation	Debbie Maxwell, Lead
Newsletters	Ginger Barnhart, Lead
OLLI-CSUF Collaboration Committee	Sue Mullaly, Chair
OLLI Personnel and Support Committee	Harriette Millman, Lead
Parking & OLLI Trolley Team	Patsy Burns & Pete Saputo, Co-Leads
Photography Coordinator	Jim Di Tota
Policies and Procedures Committee	Joanne Hardy, Chair
President's Advisory Council	Ellie Monroe, Chair
Speakers Bureau	Bob Kovacev, Lead
Technology Education Committee	Rosalind Charles & Paul Herrick, Co-Chairs
Technology Liaison Committee	Jim Monroe, Chair
Transitions in Retirement Committee	Russell MacKeand, Chair
Trips Committee	Ken Luke, Chair
Website Committee	Dan Coby, Chair

Blue Book Editorial Staff

Editor	Chris Shaw
Copy Editors	Judy Alter, Susan Hanna, Steve Kernes, Jill Patterson, Ann Sparks
Section Editors:	
Fine Arts, Art Appreciation, Literary Arts	Renee Cabrera
Performing Arts	Ellie Monroe
Languages	Sue Batic
Economics, Humanities and Social Sciences.	Joanne Hardy
Healthy Living	Carol Thurk
Science	Vickie Fears
Technology	Carol Thurk
Special Interest Groups and Social Programs.	Beverly Risse
OLLI Events	Ellie Monroe
Committee Meetings	Renee Cabrera
Technical Assistants	Jim Monroe
Scheduling Resolution Team	Renee Cabrera, Ellie Monroe, Carol Thurk
Indexing/Distribution	Celia Reynolds, Michelle Sanford
Production	Extension and International Programs (EIP)

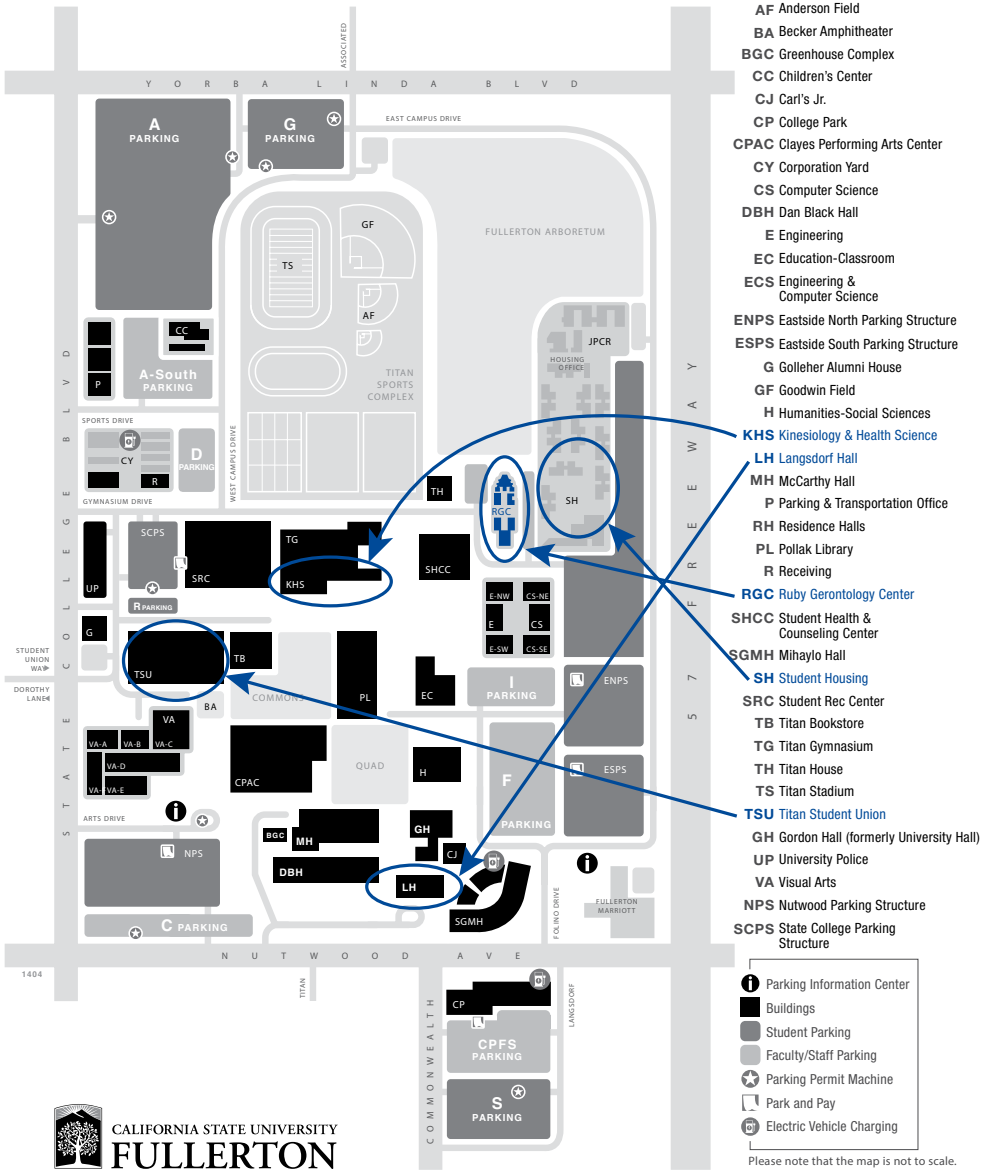
Notice of Disclaimer

OLLI-CSUF presents programs of interest for general guidance only. It does not engage in rendering legal, medical, financial or other professional advice and services. Due to the changing nature of laws, rules and regulations, and because the application and impact of laws can vary widely based on the specific facts involved, there may be omissions or inaccuracies in information presented by OLLI-CSUF. Therefore, information presented in an OLLI-CSUF program should not be used as a substitute for consultation with a professional legal, medical, financial or other competent adviser. Before making any decision or taking any action, program participants should consult a professional legal, medical, financial or other competent adviser.

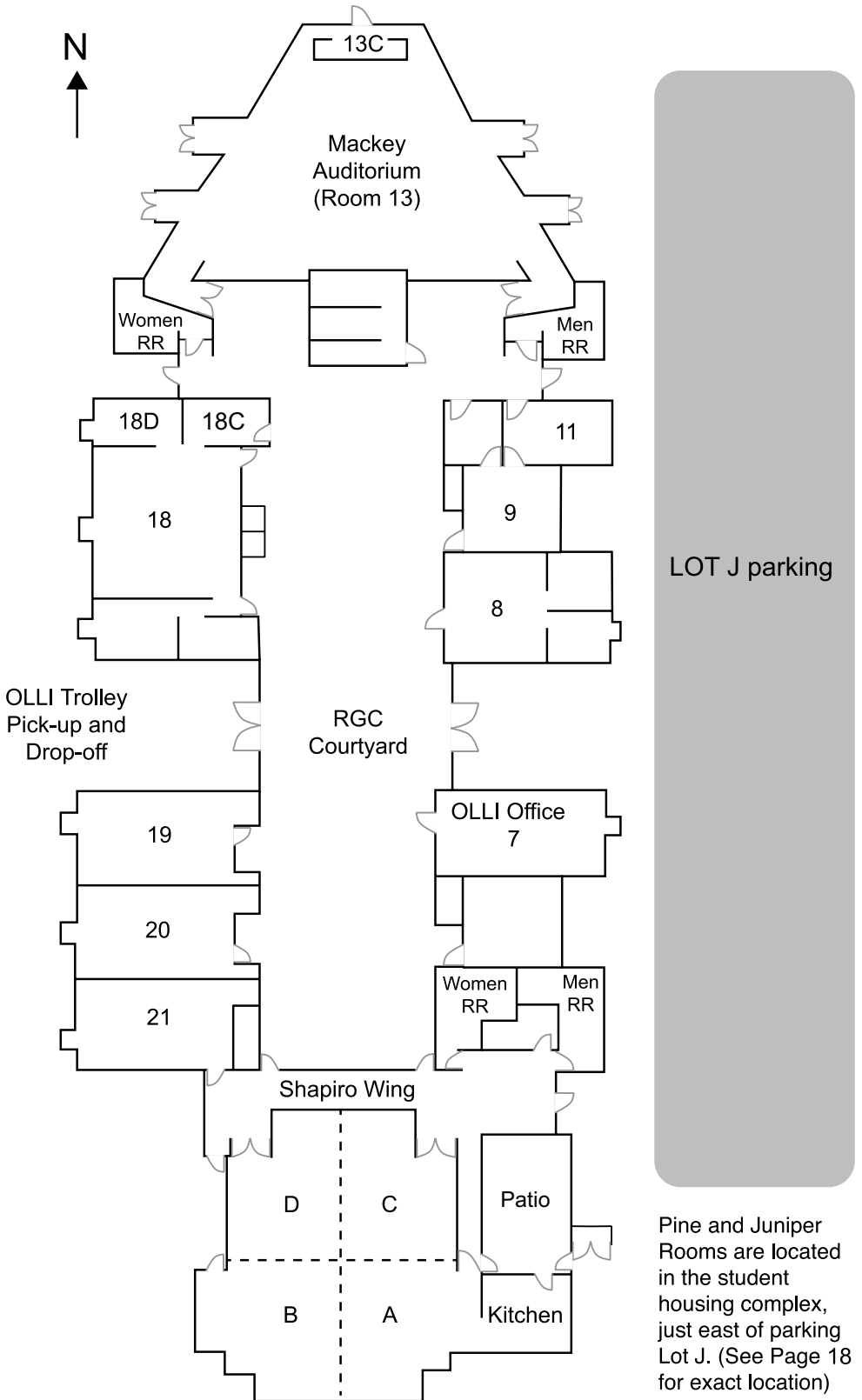
All information is provided “as is,” with no guarantee of completeness, accuracy, timeliness or of the results obtained from the use of the information, and without warranty of any kind, express or implied, including, but not limited to warranties of performance, merchantability and fitness for a particular purpose. Neither OLLI-CSUF nor its information providers will be responsible to any program participant or anyone else for any decision made or action taken in reliance on the information presented by OLLI-CSUF, or for any consequential, special or similar damages, even if advised of the possibility of such damages.

*OLLI-CSUF Board of Trustees
John Beisner, CSUF Risk Management*

Cal State Fullerton Campus Map



Ruby Gerontology Center



PROGRAM DESCRIPTIONS

All programs that may be offered during the 2023-24 academic year are shown in this Blue Book. Not all programs may be offered in the semester(s) indicated or during this academic year. Consult the Schedule of Classes and Events, distributed separately prior to each semester, or the OLLI website to determine which programs are offered in each semester and their class meeting dates, times and venues.

THE ARTS

FINE ARTS AND CRAFTS

Ceramics

Weekly • Fall, spring and summer

Materials Fee Required: Come join us for a morning of fun, laughter, sharing and learning. The basic hand building techniques of clay will be taught—pinch pots, coil and slab—with many additional ideas. The experience will go far beyond your expectations! Beginners and (seasoned) experienced students are welcome! Please contact Janann at janann@sbcglobal.net if you plan to attend.

Instructor: Janann Zechmeister

Coordinators/Tech Coordinators: Jill Patterson, Waldene Henkhaus, Jim DiTota and Patricia Dapkus

Emerita: Desiree Enge

Drawing for the Fun of It

Weekly • Fall, spring and summer

Drawing is a skill that anyone can learn, but first you need to learn how to see as an artist sees. The course will use demonstrations and videos to facilitate developing your drawing skills along with help from instructors and coordinators. Gather your pencils, paper or sketchbook and eraser to learn to do something you've always wanted to do but didn't think you could! Advanced students may continue to work in different drawing media. Check out the resources webpage for this class for more information at:

https://olli.fullerton.edu/exclusive/classes/the_arts/DrawingForTheFunOfItResources.php

Instructors/Coordinators: Jeff Layton, Sharon Brown, Carol Carson, Emma Cox, Stevie Johnston, Marsha Linsley, Joyce Ono and Michael Shellman

Tech Coordinators: Tom Lacasa, Emma Cox, Stevie Johnston, Joan Lebsack, Joyce Ono and Michael Shellman

Introduction to Watercolor Painting

Alternate Weeks • Fall

This course is for beginners in watercolor painting. We will use videos, demonstrations and hands-on projects to learn the basics of watercolor. At the end of the course, beginners will have acquired basic watercolor supplies and had the opportunity to learn how to: 1) apply various kinds of washes; 2) mix specific colors and values of colors; 3) apply various techniques for textural effects and 4) plan and complete watercolor paintings. Students are urged to attend the weekly “Watercolor Workshop” course to further hone their skills.

Instructors: Emma Cox, Stevie Johnston and Sandy Wessel

Coordinators: Sharon Brown, Maggie Giles and Marion Brockett

Watercolor Workshop

Weekly • Fall, spring and summer

This course is an open workshop for all levels of watercolor artists. In alternate weeks, members or guests will lead in-class projects. Members share what they have learned in workshops or experimental techniques. We will share our paintings and have opportunities to review completed work or work in progress. At any of our sessions you are free to work on your own projects if you choose to do so. Check the OLLI website:

http://olli.fullerton.edu/classes/the_arts/WatercolorResources.php and look for additional information about our activities and resources. Come and join us in a relaxed, supportive environment to pursue your artistic passions!

Instructors/Coordinators: Marion Brockett, Sharon Brown, Carol Carson, Emma Cox, Maggie Giles, Barbara Glaeser, Stevie Johnston, Mickey La Casa, Joan Lebsack, Marsha Linsley, Joyce Ono, Mary Sampson, Michael Shellman, Sandy Wessel and guest instructors

Tech Coordinators: Tom La Casa, Marion Brockett, Emma Cox, Barbara Glaeser, Stevie Johnston, Mickey La Casa, Joan Lebsack, Joyce Ono and Michael Shellman



“What joy in making new friends, attending many choices of classes, working with motivated, inspired volunteers and finding such great support.”

-Sue Mullaly

ART APPRECIATION

Art Exhibitions on Screen

Alternate Weeks • Summer

Art Exhibitions are back again—with more great artists, great paintings and great guides! What could be a better way to learn? Come and join us on virtual visits to art exhibitions across the globe, spanning works from various eras and artistic styles. High quality films from the “Exhibition on Screen” series will be shown. You may even catch a glimpse of the canals of Amsterdam or the flower fields of Provence. These exhibition-based art films originally ran in select theaters around the world. Film content usually focuses on a single artist, at a single exhibition, with relevant background and supporting works added. Art historians and exhibit curators lead the way. Gentle attention is given to key works. Join in the open discussion after the film. Please check the OLLI newsletters for the specific film to be shown at each class.

Instructor: Judy Alter **Coordinator:** Sue Batie

Tech Coordinators: Susan Hanna, Rick Hearn, Ginger Barnhart and Joyce Ono

Art House Cinema

Weekly • Fall, spring and summer

If you enjoy watching and discussing vintage and new foreign, independent and documentary films, join us to watch a series of thought-provoking films. Check the weekly OLLI newsletters for information on each week’s film. Note that some films may run later than the scheduled end time.

Instructor/Coordinator: Mary Sampson

Artsy

Alternate Weeks • Fall and spring

This course is based on a selection of fine art series from The Great Courses. Each series may address a particular era or region of art with attention to related history. Series lengths will vary. Some series may focus on a single artist or museum (such as the current Louvre series). Slide shows will aid the discussions after viewing the video. Various artistic treats may accompany the class. Let the journey begin!

Instructor: Judy Alter **Coordinator:** Sue Batie

Tech Coordinators: Susan Hanna, Rick Hearn, Ginger Barnhart and Joyce Ono



Learn to Use Zoom

Click on [ZOOM HELP](#) on the OLLI website to learn more about using Zoom.

Critics' Choice: The Movies

Weekly • Fall, spring and summer

Movie fans will enjoy this course. At the beginning of each class, previews of newly released films are shown. We check with class members to see if anyone has been to the movies and wants to give a recommendation. Then a feature length film is shown; it could be a box office hit, a foreign film or a sleeper that did not play in our area. If you like going to the movies, this program is something to look forward to every week. Check the OLLI newsletters for information on each week's film. It's also on display next to the OLLI office and the AB bulletin boards. Come join us!

Instructor/Coordinator: Claire Curran

Silver Screen: Summertime at the Movies

Alternate Weeks • Summer

In each class, we view a documentary about one of the Hollywood greats, followed by one of their best films. Check the weekly OLLI newsletters for information about each film.

Instructor/Coordinator: Claire Curran



“OLLI has brought me warm friendships, laughter, thought-provoking discussions and the opportunity to get to know many highly talented individuals. Sharing travel experiences, day trip ventures, honing my limited computer skills, book discussions, music, films, gardening tips, financial advice and guest lectures on a wide variety of topics are just some of the ways OLLI has enriched my life.”

-Monika Broome

LITERARY ARTS

Authors' Central OLLI-CSUF (ACOC)

Alternate Weeks • Fall, spring and summer

ACOC encourages authors and prospective authors to pool resources to promote their books and publications. Authors will participate in marketing, organizing promotional events, issuing press releases, collaborating in research and training, creating articles for and maintaining social media, applying guerrilla marketing and more. Book signings and readings are scheduled each semester. Publishing assistance is available.

Coordinators: Fritz von Coelln and Bob Kovacev

Tech Coordinator: Fritz von Coelln

Book Clubs

Like reading books and talking about life and happiness? Then these could be the groups for you. We come together for one common interest—books. Yet, in exploring the stories or history together, we will discover we have so much more in common as well. We try to find new areas to branch into each month. We may invite OLLI authors with manuscripts ready for publication. We don't break the stories down clinically, piece by piece. Instead, we prefer to discuss the story in general terms and how it relates to us. There are four separate clubs to choose from—see below.

“Genreflections” Book Club

Alternate Weeks • Fall, spring and summer

This course is for those who enjoy reading and discussing fiction. We will explore a variety of novels representing various genres, such as travel fiction, historical fiction, coming-of-age fiction and domestic fiction. The first book will be selected prior to the first meeting of class and included in the schedule of classes provided prior to each class semester. Books for the remainder of the course will be determined by the class attendees during the first meeting.

Instructor/Coordinator: Andrea Tarr **Tech Coordinator:** Rosalind Charles

Graphic Novels, Comics and More!

Alternate Weeks • Fall, spring and summer

Did you know that a graphic novel is just as popular and challenging as a traditional book? They tell stories that can be long or short, fiction or non-fiction, and cover a wide range of topics, including history, science, social justice, science fiction and fantasy. Each session, our book club reads and discusses a graphic novel, and sometimes a popular comic, relating it to current social and societal issues, or just enjoying the beautiful artwork and humor.

Instructor: Dr. Barbara Glaeser

Coordinator/Tech Coordinator: Jill Patterson

Kitty's Book Club

Alternate Weeks • Fall, spring and summer

Our Book Club loves exploring different themes in discussing fiction books. Our members generate the list of books we read prior to the first meeting of the semester. You will find the book selection in the OLLI Class Information and Updates Newsletter provided prior to each class.

Coordinators: Lisa Sewell and Juanita Driskell

Tech Coordinator: David Wilkinson

Mystery Book Club

Alternate Weeks • Fall, spring and summer

Mystery Books is a category of reading that is well established by the reading public. Authors such as Agatha Christie and characters such as Sherlock Holmes and Miss Marple are well known. Mystery Books are so popular that they have separate awards for excellence, humor etc. The OLLI Mystery Book Club meets and discusses a mystery book selected by Club members. You'll find the first two book selections in the schedule of classes provided prior to each class semester. Please read these selections before our first meeting. Subsequent book selections will be determined during the first meeting.

Coordinators: Patrick Boyle and Sandy Potter

Great Books

Alternate Weeks • Fall, spring and summer

This course explores literature recommended by the Great Books Foundation. The group is made up of individuals who love to read and partake in lively dialogues. Discussion leadership rotates among class participants. Join the lively discussions in finding deeper meaning behind the printed words. Each semester will begin by discussing a complete book (such as "Howards End" by E. M. Forster or "The Prince" by Niccolo Machiavelli). After that, each class will discuss a selection from a Great Books anthology (such as "Great Conversations 3" or "Taking Action"). Discussion Questions from The Great Books Foundation will be available for all selections. Selections will be described in Newsletters. Please read the selection before each class. Come and try a class—you may be pleasantly surprised!

Instructor: Judy Alter **Coordinators:** Gary Wolfe and JoBeth Cooper

Tech Coordinator: Gary Wolfe

OLLI NEEDS YOU!!! Please contact Ellie Monroe (ellie.monroe@mindspring.com) or the OLLI Office if you would like to help by serving as a course coordinator or want to share your expertise by teaching a class!

Kick Starting Your Writing

Alternate Weeks • Fall, spring and summer

- Do you want to do some writing but don't know how to start? Have you written in your younger days and now would like to recover some of that earlier fire? Would you like to write but are afraid to try? Then we invite you to "Kick Starting Your Writing."
- Do you simply want to share what you have written and get encouragement and feedback? Then we invite you to "Kick Starting Your Writing."
- Have all of your writing experiences been practical, work oriented or technical? Do you wonder how to spark your imagination in order to write? Then we invite you to "Kick Starting Your Writing."

Instructor: Ron Baesler **Coordinator:** Ann Casas

Life Story Workshop

Alternate Weeks • Fall, spring and summer

Pre-registration Required: This course currently has a waiting list. If you are interested in attending a new session, contact Kathy Collier at kathyloucollier@gmail.com to see if there are any openings.

This warm, supportive course is where you can begin writing down the stories of your life for your family. Share your stories and listen to the stories of others in your small reading group—a powerful experience, connecting with others through their stories. Discover a treasure trove of ideas for writing two-page life stories. For those with the goal of creating books to share with your family, you will have an opportunity to see books some of our writers have created and to hear from them about their experiences with design and printing. This workshop involves a commitment to attend regularly and write a story every two weeks.

Coordinators: Alice Gresto, Russ MacKeand and Kathy Collier

Tech Coordinators: Zona Gray-Blair, Patricia Silvestri and Maureen Williams

Poetry for Pleasure

Weekly • Fall, spring and summer

Our poetry course is for people who love poetry. We listen to it, read it and even perform it. We take turns leading the class and featuring a poet or theme during the first hour. Then, in the second hour, we do potpourri when we read any poem we wish. Be assured that if you join us, you don't have to write poetry yourself. You just have to enjoy it. Come join us, it's fun!

Coordinators: Juanita Driskell, Alice Gresto and Mary Sampson

Tech Coordinator: Fritz von Coelln

Publish Before You Perish

Alternate Weeks • Spring

Are your creative articles, poems, stories, books, or letters to the editor sitting inside your computer, yearning to be published? This class provides writers with the tools to self-publish their books with one-on-one assistance and direction to publish in the media, a blog.

Instructors/Coordinators: Fritz von Coelln and Bob Kovacev

Shakespeare Aloud

Alternate Weeks • Fall, spring and summer

In a restructured class, we will focus on one play each semester. Outside lectures on DVD will help develop an understanding of the play and Shakespeare's creative genius. Students will then read the play aloud, alternating parts, providing their own copy. Finally, where possible, the class will view a DVD of professional actors performing the play.

The summer session will use Zoom and will feature lectures available on DVD to explain how to better appreciate Shakespeare and spotlight themes in his plays.

Coordinators: Sandra Wodicka and Barbara Unsworth

Short Stories

Alternate Weeks • Fall, spring and summer

Do you enjoy reading but would like an alternative to book clubs that read full-size novels? Then "Short Stories" may be the right course for you. In each class we discuss two stories that are to be read prior to class from the short story anthology that is currently being used. We will begin the 2023-2024 year in the fall with the anthology, "Small Odysseys: Selected Shorts Presents 35 New Stories," Ed. by Hannah Tinti. When that book is completed a new anthology will be chosen. A "Reading List" schedule for the semester will be sent to each class member and the current stories to be read will be listed in the OLLI newsletter for that week.

Coordinators: Janet Genow and Sybil Shecter

Tech Coordinator: Gary Wolfe

The New Yorker Magazine Discussion Group

Alternate Weeks • Fall, spring and summer

The New Yorker is renowned for its in-depth reporting and cultural commentary. Articles from other sources, including The Atlantic, Harper's Magazine, The New York Times, and Los Angeles Times may also be included in our class discussions. Subscriptions to these publications are not required. Class members will receive links to the articles to be discussed in advance of the class meeting.

Coordinators: Loulie Beck, Edward Dunvan and Gerri McNenny

Tech Coordinator: Jim Monroe

Women Writers' Workshop: Fiction

Weekly • Fall, spring and summer

This course will create a judgment-free creative writing space and a supportive, nurturing writing community for women writers. We will offer writing prompts in a variety of different formats designed to inspire and generate creativity and participants will share their writing (500 words or less). Prompts for writing at home as well as in-class writing will be offered. Writers will also have the opportunity to offer segments of their creative short stories in progress for feedback. In this course, we will find our voices, expand our writing horizons, and share our stories as we write, share, explore and discover our writing and learn from each other.

Facilitators/Coordinators: Cheryl Perreira and Kenni Blossom

Write Now!

Alternate Weeks • Fall, spring and summer

This course is for members who just want to write: essays, memoirs, letters to the editor, poems or stories. We provide you the opportunity to practice writing by writing. You will be provided a topic and you have two weeks to write about it (or you may write about your own subject matter). We encourage you to share your writing in class—we ask that articles be held to about 500 words. Come join us to just write, write, write and read—it's lots of fun!

Coordinators: Fritz von Coelln and Rich Williamson

Tech Coordinator: Fritz von Coelln

Writing with Feedback

Weekly • Fall, spring and summer

We encourage class members to read aloud their creative works—fiction, nonfiction, poetry etc. Other class members provide feedback by sharing what worked well, what might need clarification or improvement, ideas for publication etc. The respondents may also provide written feedback to the presenter. You'll have the opportunity to rewrite your work in response to the feedback. This course is for authors and writers interested in publishing their works. Publishing assistance is available.

Instructors/Coordinators: Keni Cox, Jeanette Reese and Fritz von Coelln

Tech Coordinator: Fritz von Coelln **Emeritus:** Hank Smith



Suggestion Box

We want your ideas, suggestions and solutions. Just drop a note in the box in the Shapiro Lobby, or email Mike Stover at stovermw@gmail.com.

PERFORMING ARTS

Classical Guitar: Beginning

Weekly • Fall, spring and summer

Required: Nylon string guitar, a guitar footstool or other guitar support, and a music stand. A guitar tuner, either standalone or a phone app, is helpful but not required.

Are you fascinated by the beauty of classical guitar? Are you interested in learning the basics of playing in the classical guitar style? If so, come join in learning note reading on the guitar and the basic left- and right-hand classical guitar techniques. You'll learn to play melodies and simple duets. The ability to read music is helpful, but not essential. Guitarists of all levels are welcome. The book, "Classical Guitar Method, Volume I" by Bradford Werner, is a free download available at <https://www.thisisclassicalguitar.com/free-classical-guitar-method-book-pdf/>. Please download and print the book before attending class. If you have any questions, please email the instructor at brattonja@csu.fullerton.edu.

Instructor/Coordinator: Janet Bratton

Classical Guitar Ensemble

Weekly • Fall, spring and summer

Required: A classical (nylon-stringed) instrument, footstool and music stand

For anyone who would like to play a classical guitar and make music in a group, come join us! Music from the 17th century to the present will be played in the classical guitar fingerstyle method. It is important that the student can read music. The first half of each class will feature work on guitar playing technique and expanded music reading skills. The second half of each class will feature repertoire development.

Textbook (required): "Solo Guitar Playing—Book 1, 4th Edition," by Frederick Noad (ISBN-13: 978-0-825-63711-7)

Coaches/Coordinators: Janet Bratton, Alice Gresto and Suzi Attal

Concert Band

Weekly • Fall, spring and summer

Prerequisite: Ability to read music and play an instrument

Required: Instrument and music stand

Concert Dress: All black or black pants/skirt and white shirt/blouse

Material Fee: TBD

Did you play an instrument in junior or high school and want to play again? This is the group for you! All levels of musicians are welcome. We will play concerts, popular, symphonic and show tune music. Come join in the fun of playing music together. There will be one to two performances each semester.

Director: James Hartford

Instructors/Coordinators: Rayleen Williams and Tom Stachelek

CSUF Faculty/Student Performances/Presentations (Open to the Public)

Alternate Weeks • Fall and spring

As part of OLLI-CSUF Collaboration activities, CSUF School of Music students are given the opportunity to perform for our members in order to fulfill performance requirements for credit toward their degrees. These students are top-rated performers. Faculty members are also invited to participate. In the event that faculty/students are not able to perform on the scheduled dates, lectures on a variety of musical subjects will be presented instead. Additional information will be provided through the OLLI newsletters and posted throughout the Ruby Gerontology Center.

OLLI Coordinator: Ellie Monroe

Drama, Improv & Storytelling

Weekly • Fall, spring and summer

Do you want to perform better in social situations? If you desire a more confident presence, better voice expression or free and expressive body language, then you have found the right course. For those who are “closet hams,” come out and perform in broad daylight. For eager novices and experienced thespians, there is a place for you. Learn to feel more comfortable in front of an audience, maybe practice for a presentation or just have fun pretending to be someone else.

Coordinators: Mary Sampson, Edward Dunvan and Zona Gray-Blair

Jazz Band

Weekly • Fall, spring and summer

Prerequisite: Intermediate/advanced musician

Required: Instrument, music stand

Concert Dress: Black pants/skirt and white shirt/blouse

Materials Fee: TBD

This course will emphasize learning to play jazz with opportunities for improvisation. This is an instrumental group primarily for brass, sax, drums, piano, guitar and bass. Other instruments may be considered. Music from the swing era of the '30s to '50s will be played. Contact the conductor/coordinators by visiting the class. There will be one or two performances per semester.

Conductor: James Hartford

Coordinators: Rayleen Williams and Thomas Stachelek



OLLI Has a Facebook Page

Follow activities at OLLI-CSUF on our Facebook page at www.facebook.com/OLLICalStateFullerton.

Learn to Play Guitar

Alternate Weeks • Fall, spring and summer

This is a beginning guitar course. We'll start with the basics—tuning, chord shapes, basic chord progressions, rhythm, and strumming patterns. You'll soon be able to play some folk songs, or maybe learn to play a favorite song! As the course progresses, we'll accommodate different learning speeds and end-goal desires, as well as address all your guitar questions. All you need is a six-string guitar, a tuner, a music stand, and a desire to have fun and play music.

Instructor: Janet Bratton **Coordinator:** TBD

Learn to Read Music I

Weekly • Summer

Required: Music stand

Come join this comfortably paced course. This course is designed as an introduction to reading music to prepare you for learning most instruments at a beginner's level. The focus will be on developing your ability to recognize notes, note values, key signatures, and other elementary music fundamentals. A soprano or tenor recorder will be used starting the first day of class to facilitate learning. If you need a recorder, please contact Ellie Monroe at jim.ellie@mindspring.com.

Instructor/Coordinator: Ellie Monroe

Line Dancing: Beginner's Level

Weekly • Fall, spring and summer

Line dancing is a popular means of socializing, sharpening one's memory and keeping fit. This course offers the basic fundamentals of line dance at a pace suited for the first-time dancer. The dances taught in this course will introduce the standard steps used by all professionals in the industry. All levels of dancers are welcome.

Instructor/Coordinator: Ellie Monroe

Coordinators: Mickey La Casa and Debbie Maxwell

Line Dancing: Advanced Beginners/Intermediate

Weekly • Fall, spring and summer

Do you love to dance? Come and join us for an afternoon of music and fun. This course steps up to the next level of line dance from the beginner's level course. Current and traditional line dance will be taught at a relaxed and comfortable pace. Line dancing is a great exercise for improving balance, coordination and memory skills while burning calories at the same time! All are welcome.

Instructor/Coordinator: Ellie Monroe **Coordinator:** Nancy Bauerly

Line Dancing Workshop: Beginners/Intermediate

Weekly • Fall, spring and summer

This workshop is to offer “Line Dancing” students an opportunity to practice and reinforce line dances learned in the “Line Dancing” courses. All levels of dancers are welcome to join in. Be prepared to get an aerobic workout.

Instructor/Coordinator: Ellie Monroe

Musical Performances

Designated Dates • Fall, spring and summer

These performances are designed to entertain you, showcasing a variety of talents found among the musicians, vocalists and dancers in our OLLI membership. Additional information will be provided through the weekly OLLI newsletters and posted throughout the Ruby Gerontology Center.

Series Coordinators: Rayleen Williams and Renee Cabrera

Musical Performances/Presentations/Rehearsals

Weekly • Fall, spring and summer

This space is provided for groups and individuals who need time and space to prepare for upcoming concerts. There will be occasions when “CSUF Faculty/Student Performances” and additional OLLI “Musical Performances” participants will be scheduled for special presentations. To reserve a slot for performances or rehearsals, please contact Ellie Monroe (jim.ellie@mindspring.com). Notices of performances and additional information will be provided through the OLLI newsletters and other publications, and posted throughout the Ruby Gerontology Center.

Note: CSUF performances will be open to the public.

Coordinators: Ellie Monroe, Rayleen Williams and Renee Cabrera

Noontime Student Piano Performances

Alternate Weeks • Fall and spring

Come experience how students in piano studies in the School of Music at CSUF have applied their talents and hard work to achieve great success. Through our relationship with Professor Rob Watson, OLLI members and friends will be the beneficiaries of a series of half-hour presentations by these remarkable students. The students gain encouragement from an appreciative audience.

CSUF Coordinator/Professor: Rob Watson

OLLI Coordinator: Ellie Monroe

**Please silence your cell phone when
attending classes and programs.
Thank you!**

OLLI Flash Mob

Weekly • Fall, spring and summer

No Prerequisites: All dancers welcome

The OLLI Flashers never fail to entertain a crowd. We've danced for Brea Mall, the City of Fullerton and even ABC TV. Come and learn our new dances and review/learn our repertoire of previous Flash Mob dances. You don't need to be a pro ... just a senior who wants to have fun. Join us as we dance on campus and at different venues all over Orange County. Let's set the stage on fire!

Instructor and Choreographer: Jeanette Reese

Coordinators: Fritz von Coelln and Jeanette Reese

Piano Keyboard: Improve Your Ability to Play and Improvise

Weekly • Fall and spring

Prerequisite: Some ability to read music

If you've taken music lessons in the past and want to play keyboard, this may be the course for you. Review what you know and improve your skills. We will work on melody (hum or read lines, spaces and scales), add harmony (review chord theory and practice progressions) and improve rhythm (counting waltz, two-step and polka). This method is applicable to sing-along tunes, familiar standards, country and early rock 'n' roll—maybe even some jazz and blues. Please provide your own keyboard and headphones or earbuds.

Instructor: Ani Nuyujukian *Coordinator:* Gene Hiegel

Recorders/Guitars & More Workshops

Weekly • Fall, spring and summer

Prerequisite: Upper level beginners or intermediate level recorder players and other instrumentalists

These casual sessions are designed to be used for two purposes: 1) Offer previous ensemble students the opportunity to work with the instructors on challenging music materials; and 2) Offer those individuals who have played recorder(s) in the past the opportunity to get reacquainted with their instrument. Other instruments will be considered: guitar, flute, bass guitar etc. Scheduled activities will be announced in classes and the OLLI newsletters.

Instructors/Coordinators: Ellie Monroe and Rayleen Williams

String Ensemble

Weekly • Fall, spring and summer

Prerequisite: Intermediate musician

Materials Fee: TBD

Do you play a string instrument [violin, viola, cello]? Would you like to play chamber music? If so, please join us! If you are unsure about your skill level, try us out for a couple of weeks. Please bring your instrument and music stand.

Instructor/Coordinator: David Doo

Strings and Things Music Jam

Alternate Weeks • Fall and spring

This music jam activity course is for musicians who want to play and/or sing with other musicians and increase their repertoires. We will have an open jam format where class members will suggest tunes and songs to be played. All music will be provided via a Dropbox link. Please contact Patty McCollum at pattymccollom96@gmail.com if you have questions. We are looking forward to our musical collaboration.

Instructor: Patty McCollum **Coordinator:** TBD

Tap Dancing: Beginning

Weekly • Fall, spring and summer

This is a fun, no stress course. If you have always wanted to learn to tap dance, this course is for you! For those who would like to learn basic, easy tap steps at a very slow pace, please join us. Some tappers may prefer to remain in this course. Others will use what they learn in “Tap Dancing: Beginning” to later transition into our more advanced tap course. For more information, contact Toni Hoffman at tonihoffman@sbcglobal.net.

Instructor/Coordinator: Toni Hoffman

Technical Coordinator: Stan Hoffman

Tap Dancing: Advanced

Weekly • Fall, spring and summer

Prerequisite: OLLI “Tap Dancing: Beginning”

If you have completed “Tap Dancing: Beginning” or have some tap experience, come and learn more skills. Join this advanced tap course for great fun and friendships! New steps become routines and in no time you will be enjoying the many dances you will learn. By learning our tap steps and routines you will become a “Snappy Tapper of OLLI.” The Snappy Tappers have performed locally; however, performing is not required. For information, contact instructor Toni Hoffman at tonihoffman@sbcglobal.net.

Instructor/Coordinator: Toni Hoffman

Technical Coordinator: Stan Hoffman

Ukulele: Beginner 1

Weekly • Fall

Required: An ukulele, an electronic tuner, a music stand and the book “Essential Elements for Ukulele Method Book 1” by Marty Gross, Hal Leonard Publisher, ISBN 978-1480393882. It is under \$10 online. No ability to read music is required.

Find out what the ukulele craze is all about. In this course, you will learn a dozen chords and see that the ukulele can play any kind of music you could imagine. You’ll leave the first class able to play a few songs. You’ll be amazed at what you can play by the end of the semester! The only prerequisite is a desire to have fun.

Instructor: Jill Patterson **Coordinator:** TBD

Technical Coordinator: TBD

Ukulele: Beginner 2

Weekly • Spring

Prerequisite: Ukulele: Beginner 1 or familiarity with the EZ dozen chords (A, A7, Am, C, C7, D, D7, Dm, E7, F, G and G7)

Required: An ukulele, an electronic tuner, a music stand and the book “Essential Elements for Ukulele Method Book 1” by Marty Gross, Hal Leonard Publisher, ISBN 978-1480393882. It is under \$10 online. No ability to read music is required.

In this course, you will learn more chords, more strums, and will be introduced to picking, chord melodies, and tablature. Playing and singing music in a group is not only fun, it’s good for your brain!

Instructor: Jill Patterson **Coordinator:** TBD

Technical Coordinator: TBD

Ukulele Summer Jam

Alternate Weeks • Summer

Prerequisites: This course is open to all levels of ukulele players

We will play an assortment of music in each class. This is not designed to be a teaching class—advice and suggestions may be given, but playing together is the primary focus. Classes will be led by a rotating group of OLLI and guest instructors. Bring a ukulele, music stand and tuner.

Coordinators: Leland Akasaki, Linda Callen, Vickie Hite, Jill Patterson and Cindy Welch

Tech Coordinator: Leland Akasaki

Ukulele: Symposium

Weekly • Fall and spring

Prerequisites: A solid understanding of chord progression and several strumming and fingerpicking patterns will make your Symposium experience more satisfying

The “Ukulele: Symposium” course will allow you to strengthen your skills in fingerpicking and chord melody. This course will also explore instrumental pieces that rely on those skills to bring the musicality of the piece forward, rather than relying on voice accompaniment. This course will explore contemporary, rock and classical music.

Instructor: Vickie Hite **Coordinators:** Leland Akasaki and Linda Callen

Voci d’Oro Chorale

Weekly • Fall, spring and summer

Materials Fee: TBD

If you love to sing and enjoy camaraderie, then this is the place for you! The OLLI Chorale sings together in four-part harmony, enjoying many different genres of music. Even if this is a new experience for you, come and learn to make beautiful music together in song. Come one, come all!

Instructors/Conductors: Tom Hut and Marge Osborn

Accompanist: Esther Anh

Coordinators: Amy Kernes, Richard Kaufman and Jim Medici

LANGUAGES

Please note: “French 1” and “Spanish 1” are intended for beginning students from fall through summer semesters. Our other OLLI language courses are “ongoing,” i.e., they do not “start over” every year as they may in a high school or a university setting. After a year of “French 1” or “Spanish 1” students have the option of moving on to “French 2” or “Spanish 2” or repeating “French 1” or “Spanish 1” as a refresher course. We do not give placement tests, so newcomers to language courses are welcome to sample classes and stay with any or all courses that suit their level of proficiency.

French 1

Weekly • Fall and spring

“French 1” is for beginners who have little or no French language skills. Many French people in tourist areas speak English, so why study French? Because demonstrating appreciation for their culture and a minimum of acquaintance with their language will put smiles on their faces and make your trip to a French-speaking country even more pleasurable. The course will emphasize good pronunciation and introduce key vocabulary and common expressions as well as basic grammar to help you to speak respectfully while enjoying exposure to and participation in French culture. Teaching with Zoom for language study brings the sounds and sights of the new language and culture directly into your own environment and allows for easy participation in class exercises. For students who have previously attended the class, we will be starting with a brief review over the first weeks of units covered in spring 2023, and will then move forward to new material. The coursework will be appropriate for both beginners and students who have attended the class previously.

Textbook (optional): Easy French Step-By-Step 1st Edition by Myrna B. Rochester (ISBN-13: 978-0071453875)

Instructor: Don Bradley **Coordinator/Tech Coordinator:** Mike Shellman



Class Calendars on the OLLI Website

- Bookmark the OLLI website <http://olli.fullerton.edu> on your mobile device
- Populate your personal calendar with OLLI classes and events from the website
- Check what’s happening at OLLI on your mobile phone or tablet
- Changes in class and event times, dates and classrooms are updated on website calendars

French 2

Weekly • Fall and spring

In this course we will review and expand your acquaintance with basic French vocabulary and structure. The emphasis will be on good pronunciation and culture so you can feel at ease while enjoying—and contributing to—easy conversations in a francophone environment. We will rely on videos made in France rather than on a traditional textbook because teaching with Zoom has two big advantages for language study: a) it brings the sounds and sights of the new culture into our own environment and b) it allows for participant-to-participant conversations in breakout rooms.

Textbook (optional): “The Ultimate FRENCH Review and Practice,” any edition, offering detailed explanations, exercises and corrections of the exercises

Instructor: Barbara Vigano **Coordinator:** Joan Hinshaw

French 3

Weekly • Fall and spring

Prerequisite: Some previous study of French or equivalent

The three goals of this intermediate level course are: a) to emphasize exposure to authentic French culture; b) to increase our knowledge of French vocabulary and grammatical structures and c) to practice conversation. We will rely on videos made in France rather than on a traditional textbook because learning with Zoom has two big advantages for language study: a) it brings the sounds and sights of the new culture into our own environment and b) it allows participant-to-participant conversations in breakout rooms. Therefore, our two-hour Zoom meetings will consist of three parts: a) a video lesson, coming to us from France, integrating vocabulary, grammar and culture; b) practice speaking French in groups of two or three participants in Zoom breakout rooms; and c) biweekly discussion of intermediate level texts previously sent by email to all participants.

Textbook (optional): “The Ultimate FRENCH Review and Practice,” any edition, offering detailed explanations, exercises and corrections of the exercises

Instructor: Barbara Vigano

Coordinators/Tech Coordinators: Sara Clark and Cindy Owens



Links to Online Classes

Get links to Zoom and livestreamed classes in Class Information and Updates Newsletters or on the OLLI website at <http://olli.fullerton.edu/> (CSUF username & password required).

German

Weekly • Fall, spring and summer

Guten Tag und Herzlich Willkommen in der Deutschklasse!

This on-going German course is centered on increasing fluency, expanding vocabulary and deepening the knowledge of grammar and structures. German culture, history, politics, way of life and relevant topics are common themes in the course. Authentic texts, movies, videos and German visitors add to the real-life atmosphere of the course. Handouts—provided by the instructor—will take the place of a textbook. Whether you want to expand your knowledge of German, travel to Germany or any other German speaking country, or you just have an interest in learning about a great world culture, this OLLI German course is right for you. While many in the course have been taking it for some time, we will also target lessons so that beginners should be able to follow along and make strides in their German competence.

Instructor: Don Bradley **Coordinators:** Ken Luke and Richard Zawilski

Spanish 1

Weekly • Fall, spring and summer

Prerequisite: Please check with the instructor when joining the class for the first time. This class is geared for beginners, but, in practice, students with some previous study or exposure to Spanish also join and discover that lessons for beginning students also refresh memories and provide needed practice.

“Spanish 1” is a year-long course which starts anew every fall, becomes more complex in the spring, and then the summer classes round out the curriculum. In the beginning, students will learn basic sentence structures with listening and oral practice. Phonics will be taught for reading, and eventually for use in writing short passages with familiar vocabulary. After completing “Spanish 1,” students may wish to move on to “Spanish 2.” Anyone who chooses to repeat this course is welcome to do so if space is available for beginners. Our goal is to lay a good foundation for learning Spanish and to leave every class session saying goodbye plus a new phrase in Spanish.

Instructor: Marjorie Mota **Coordinator:** Jackie Ryan

Spanish 2

Weekly • Fall and spring

This course is designed as a bridge between “Spanish 1” and the other Spanish courses currently being offered. The course is intended for students who have already had an introduction to Spanish. It will present more of the grammar rules and focus primarily on the preterit, imperfect and future tenses. This course will “start over” each fall, continuing to present the preterit, imperfect and future tenses. It will be taught in Spanish and English with a focus on members becoming comfortable and confident in speaking Spanish.

Textbook (optional): “Easy Spanish STEP-BY-STEP” by Barbara Bregstein. The cost on Amazon is around \$10. If the student can’t afford it, the instructor will provide the textbook

Instructor: Elizabeth Vanegaspou **Coordinator:** Carolyn Mendoza

Spanish 3: Grammar

Weekly • Fall and spring

Prerequisite: “Spanish 1” and “Spanish 2” or some knowledge of conversational Spanish

This course is for those who have studied Spanish in the past and wish to continue building their knowledge of vocabulary and grammar. It presumes an acquaintance with present, past and future tenses. The focus of the course is on intermediate level grammar skills to increase the understanding of written and spoken Spanish, and to improve the ability to speak Spanish. The course is taught in a mixture of Spanish and English.

Instructor: TBD **Coordinator:** Gene Hiegel

Spanish 4

Weekly • Fall and spring

Prerequisite: The ability to process directions in Spanish and to express opinions in group discussions

Students will increase fluency by engaging in dialogue and interactive activities. Topics of high interest are discussed. History and culture lessons promote vocabulary development. On an as-needed basis, selected points of grammar are reviewed. Students often volunteer to present a lesson or a travelog in Spanish. This is a win-win learning situation, since speaker preparation accelerates vocabulary acquisition and, when the audience thinks on its feet by asking questions in Spanish, it mirrors the give and take of real-life conversation. New students with some fluency may join at any time.

Instructor/Coordinator: TBD

Spanish Stories Talk

Alternate Weeks • Fall and spring

The purpose of this course is to provide an opportunity to improve the participants’ Spanish vocabulary as well as their verbal delivery while discussing short stories in Spanish. Discussion leadership rotates among class participants. The course is conducted in Spanish, and new students with sufficient fluency may join at any time.

Coordinators: Suzi Attal and Lu Attal



Verify Latest Information

Dates, times and places of classes and events are subject to change or cancellation. Access the OLLI website at <http://olli.fullerton.edu> and select the CALENDAR tab for up-to-date information.

ECONOMICS, HUMANITIES AND SOCIAL SCIENCES

American Presidency: The Man, His Policies, His Foes

Designated Dates • Fall, spring and summer

This course explores the policies, politics and challenges facing President Biden. Classes will focus on “anchor” topics ripped from the headlines and presented in-depth for analysis and fact checking. Use of multimedia aids and presentation of issues in a style that is designed to be both educational and (occasionally) entertaining differentiate this course. A website with supplementary materials and class notes is posted at <https://sites.google.com/view/americanpresidency/home>.

Instructor: Mike Stover **Coordinator:** TBD

Eclectics (Open to the Public)

Alternate Weeks • Fall and spring

Explore topics you never even knew existed! Experts recruited by the coordinator introduce their fields of specialty and open windows on their research. Each semester offers great variety and each class is unique and enlightening.

Coordinator: Janice Jeng **Tech Coordinator:** TBD

Exploratory Discussion Group

Weekly • Fall and spring

We continue “The Great Courses’ Comparative Religion” presented by Professor Charles Kimball from the University of Oklahoma. Topics include: From Birth to Death—Religious Rituals; Polytheism, Dualism and Monotheism; Sacred Texts—The Bible and the Qur’an; Sacred Texts for Hindus and Buddhists; Ritual Sacrifice in the World Religions; and The Problems of Sin and Forgetfulness. Differing opinions and viewpoints are encouraged. Please join us and keep your mind active.

Coordinators: Rich Eaton and Leland Akasaki **Moderator:** Rich Eaton

Gender, Sex and Society (New)

Alternate Weeks • Fall

In this course, we will cover LGBTQA+ vocabulary and history and explore and discuss current issues surrounding gender and sexuality. When most of us grew up, life was simple: You were a boy or a girl, and you would grow up to marry someone of the opposite sex. Anything that deviated from that was, well, deviant. Today, there is a whole new vocabulary, with flags and letters and flow charts, to describe the complexity of gender and relationship identities. What does it all mean? What makes us uncomfortable, what makes us curious or even hopeful and why? The course will combine videos and lectures with open discussion and plenty of time for questions and curiosity.

Instructor/Coordinator: Ginger Barnhart

Great Decisions

Alternate Weeks • Fall and spring

Using the Foreign Policy Association’s 2023 edition booklet and videos, we will explore these topics: Politics in Latin America; Global Famine; Iran at a Crossroads; and Climate Migration. Each class begins with a video followed by a round table discussion. If you have an interest in U.S. foreign policy issues, please join our like-minded group. Differing views and opinions are encouraged. Outside reading can help. Class members may also bring in additional reports and related study materials to share with the class.

Coordinators: Rich Eaton and Leland Akasaki

Money News: Personal Finance, Business, Economics

Designated Dates • Fall, spring and summer

This multimedia course goes behind the headlines of consumer and financial news. Each class focuses on “anchor” topics as well as a brisk review of recent personal finance, economic and business news from such leading publications as The Wall Street Journal, The New York Times, The Economist, Consumer Reports and regional and local periodicals. Participants are encouraged to bring up topics they wish to explore. With so many retirement nest eggs dependent on financial markets or threatened by runaway inflation, “Money News” provides participants with insights and vital discussion on issues affecting their consumer choices and personal economic security. The course features a website with supplementary materials and class notes: <http://tinyurl.com/olli-money>.

Coordinator: Mike Stover **Tech Coordinator:** TBD

Orange County Grand Jury in Action (New)

Designated Date • Fall, spring and summer

It has been the goal of the Grand Jurors’ Association of Orange County (GJAOC) to educate citizens on the role and responsibilities of the Grand Jury. The Grand Jury ensures that the performance of county, city and other local agencies is ethical and proper. Through their annual reports, the Grand Jury provides increased transparency and improves oversight into Orange County government. This year we are starting a new series of classes with highlights of recent grand jury reports. The foreperson of the previous year’s Grand Jury will be the speaker. We would love to share this series of classes with OLLI-CSUF members.

Instructors: John Siragusa, Doug Gillen and Sandra Dunkin

Coordinator: Fritz von Coelln

Personal Finance and Retirement

Weekly • Fall and spring

This course is for all OLLI members who want to learn more about personal finance and make wise investment decisions in retirement. We will focus on investment basics and principles as well as retirement income planning and withdrawal strategies, IRAs and Roth IRAs. You will finish the course feeling more confident in your personal finance knowledge.

Instructor: Danielle Blunt, Raymond James Financial Services

Coordinator: TBD

Popes, Politics, Schisms and Controversies

Alternate Weeks • Fall and spring

This course covers the history of the Christian church from its inception in the first century to 1900. This year, the course will cover the early and late Middle Ages and the Reformation. Understanding the growth of the Christian church is key to understanding the history of Europe, the Americas and the Middle East. The course will cover the main issues, the important leaders such as Popes and governments, and the controversies and schisms that seemed to occur every few years.

Instructor: Steve Mood **Coordinator:** TBD

Tech Coordinator: Bob Newcomb

Religious Literacy Really Matters (New)

Designated Dates • Fall

We live in a multi-religious nation where not knowing about the beliefs and customs of these various faiths can cause misunderstanding and prejudice in the workplace, marketplace and classroom. The first lecture will examine the causes of inter-religious misunderstandings and biases and how they might be dispelled. The second will trace how freedom of religion became enshrined in the Constitution so that no one faith had governmental backing and will look at key Supreme Court religion cases and the consequences of the resultant rulings.

Instructor: Benjamin Hubbard **Coordinator:** Jeanette Reese

Tech Coordinator: TBD

See How They Run 2024: Presidential and Congressional Elections

Designated Dates • Fall, spring and summer

This course previews the national presidential nominating contests and General Election campaigns for President, Congress and key California races and ballot measures. A website with supplementary materials and class notes is available: <https://tinyurl.com/olli-shtr>

Instructor: Mike Stover **Coordinator:** TBD **Tech Coordinator:** TBD

Social Science in the News

Alternate Weeks • Fall and spring

This course explores topical social science research. Presentations emphasize empirical, often quantitative, analysis of contemporary social issues. Current events will influence the topics covered each semester.

Instructor: Edwin Batson **Coordinator:** TBD

Supreme Court and the Constitution in Today's America

Designated Date • Fall, spring and summer

This class will review the U.S. Supreme Court's significant decisions of their current term and their Constitutional basis, including controversial rulings.

The class features a website with supplementary materials and class notes:

<https://tinyurl.com/olli-constitution>.

Coordinator: Mike Stover **Tech Coordinators:** Jim Monroe and Sue Batie

The People's Houses: Lawmaking, Policy and Politics by the U.S. Congress and the California Legislature

Designated Date • Fall, spring and summer

“Laws are like sausages—it is best not to see them being made”—Otto von Bismarck.

This course spotlights the legislative process and the critical issues facing the U.S. Congress and California Legislature. These “people’s houses” are similar bicameral (upper and lower house) legislative houses but couldn’t be more different in their political contexts, relationships with their chief executives, public approval ratings and many procedures. With the U.S. and California at critical crossroads regarding government direction, ranging from environmental and immigration policy to education and taxation policy, this “ripped from the headlines” class provides timely information to inform, educate and entertain. A website with supplementary materials and class notes is posted at <https://sites.google.com/view/peoples-houses/>

Instructor: Mike Stover **Coordinator:** TBD **Tech Coordinator:** TBD



Did You Know?

Continuing Learning Experience (CLE), now OLLI, held its first day of classes on September 18, 1979 with 40 members. Three classes were offered that day at Mahr House, now the George Golleher Alumni House located next to the State College Parking Structure.

Transitions in Retirement Essentials (Open to the Public)

Weekly • Fall and spring

This engaging, fun, life-changing program teaches us to appreciate what matters most for ourselves, our dreams and our goals, and how to enjoy the exciting times ahead. If we develop goals and plans for these years, the transition into retirement will be smoother and much more fulfilling. This series of classes will provide some structure and professional aid in planning for an exciting future. Examples of topics are Building Our Brain/Behavior Relationships, Financial Planning, Social Security Essentials, Medicare Essentials, Income Tax Planning, and Cleaning Out the Clutter and Hoarding, as well as medical and technology topics.

Program Coordinator: Russell MacKeand

Coordinators: Mickey La Casa, Tom La Casa, Joseph Lawton, M.D., Ellie Monroe, Jim Monroe, Joyce Ono and Mike Stover

Tech Coordinators: Tom La Casa, Russell MacKeand, Ellie Monroe, Jim Monroe and Joyce Ono

Warren Buffett's Investment Methodology

Alternate Weeks • Fall

This course teaches Warren Buffett's investment methodology as presented in Berkshire Hathaway's annual letters to its shareholders. The classes will explain the four criteria used by Buffett to analyze a business. The financial statements in the SEC filings of publicly traded companies are examined to determine profitability, debt and free cash flow. The instructors will explain the DuPont ratio for return on equity and how to estimate the present valuation of a company's stock using discounted cash flows. The companies, examples and case studies are different every year.

Instructor: David Doo

Coordinator: David Doo and Jim Monroe

What's Behind the News?

Alternate Weeks • Fall, spring and summer

Through stimulating class discussion, tap the knowledge, expertise and experience of the informed and diverse OLLI membership. Go behind the headlines and TV sound bites to get a deeper understanding of events reshaping the world, as well as the less dramatic developments that can have a major impact on politics, the economy and society. What are the causative factors and what are the implications for peace, prosperity and social stability? Which policies are appropriate and effective in responding to these developments? Bring your questions and comments to this fast-paced, probing and sometimes passionate discussion of current events.

Coordinator: Patricia Duffie and Phil Barnhard **Tech Coordinator:** TBD

Wisdom Exchange

Alternate Weeks • Fall and spring

In “Wisdom Exchange,” all participants have opportunities to share their wisdom, whether about dealing with the pandemic or other stressful world events, or about managing the physical, psychological and social challenges we may be facing as we grow older. Various topics are introduced in each session, and class participants share their views, their concerns and their joys. In the process, we laugh a lot and get to know each other better.

Instructors: Class members

Coordinators: Maureen McConaghy and Grace Bertalot

Tech Coordinator: TBD

World War II: What Happened? Why?

Alternate Weeks • Fall and spring

Today’s world can best be understood by viewing it through the lens of World War II. That war was the dominant event of the 20th century. It and its echoes determined the borders and form of government of most countries in today’s world, and it continues as a powerful force to the present day. The course will have:

- In-depth original material to provide understanding of critical events, including what and why things happened as they did.
- High quality historical videos.
- A limited amount of material from other sources on World War II to establish context for in-depth topics and serve as a summary presentation of events that don’t receive in-depth treatment.

Instructors/Coordinators: Bob Caswell and Elwood Berry



Did You Know?

In 1988 Mackey Auditorium was named after Dr. Francis G. “Bud” Mackey, Medical Director of St. Jude Medical Center. He not only made a major donation to building the RGC, he established our initial collaboration with St. Jude, which continues to flourish today as Dr. Joe Lawton’s Medical Series.

HEALTHY LIVING

Arboretum and/or Campus Walk

Twice Weekly • Fall and spring

Join other OLLI members for a morning walk from our RGC courtyard through the Arboretum and back. Sustained walking for a minimum of 30 to 60 minutes a day, five days a week (with the correct walking posture) reduces health risks and has overall health benefits. These include reducing the risk of cancer, type 2 diabetes, heart disease, anxiety, depression and osteoporosis, as well as increasing HDL (good cholesterol) and reducing LDL (bad cholesterol) levels. Life expectancy is also likely to be enhanced even for individuals suffering from obesity or high blood pressure. Studies have shown that walking may also reduce the risk of dementia and Alzheimer's. This is a self-pacing class.

Instructor/Coordinator: Karen Tanner

Exploring Health & Fitness

Designated Date • Fall and spring

Medical research tells us that regular, moderate physical exercise is essential for maintaining physical, mental and emotional health. Prior to the COVID pandemic, OLLI members participated in non-OLLI sponsored group physical activities such as bicycling and hiking. As such activities resume, this class provides information about them for OLLI members. It also offers discussions and suggestions on useful equipment for such activities.

Instructor/Coordinator: Ken Luke

Longevity Stick Exercises

Weekly • Fall, spring and summer

This is a Vietnamese exercise regimen consisting of a series of 12 movements done with a stick. The exercises are designed to maintain a healthy body and spirit by improving balance, flexibility, strength, mental focus and breathing capacity. For more information, go to <http://www.longevitystick.org/>. By the second meeting, you will be required to have a one-inch-thick dowel, the length of your outstretched arms or corresponding to your height, with rubber chair leg tips on each end. Large men may feel more comfortable with a one-and-a-half-inch-thick dowel. Materials can be purchased at any home improvement store and cut to the proper length.

Instructors/Coordinators: Nancy Bauerly and Linda Petit

Tech Coordinator: Renee Cabrera

Medical Series (Open to the Public)

Alternate Weeks • Fall and spring

This series will contribute to your “medical literacy” and is co-sponsored with OLLI by the physicians of St. Jude Medical Center and the physicians of UCI Health. Topics are related to issues of particular interest to people of retirement age.

Coordinators: Joseph Lawton, M.D., Joyce Ono and Carol Thurk

Tech Coordinator: Bill Reilly

Meditation for Everyday Life

Weekly • Fall, spring and summer

Meditation is a simple and relaxing way of training your mind for a more joyful and peaceful life. Numerous scientific studies have shown that meditation, practiced regularly, can improve mental as well as physical well-being. Studies conducted in university labs and hospitals have shown that meditation can reduce stress, depression, anxiety and blood pressure. Meditation can also improve memory and brain function, boost the immune system and help people deal with chronic pain. Meditation is now being taught in schools and universities, hospitals, large companies and even the military. Different kinds of meditation will be explored, including mindfulness, visualizations, meditation with sound, walking meditation and loving kindness meditation. Beginners and experienced meditators are welcome. Meet 15 minutes before class to set up.

Instructor: Mariana Fischer-Militaru

Coordinator/Tech Coordinator: Barbara Glaeser

Tai Chi

Weekly • Fall, spring and summer

Tai Chi has a long and distinguished tradition in exercise programs, and it continues at OLLI-CSUF. Come and exercise under the guidance of instructor Diane Globerman. Start the week with Tai Chi for health and serenity.

Textbook (optional): A suggested reference text on Tai Chi may be useful once you have learned the basic movements: “Beginning Tai Chi” by Tri Thong Dang, (ISBN-13: 978-0-804-82001-1)

Instructor: Diane Globerman **Coordinator:** Fran Doble



Did You Know?

In 1979 Florence “Flossie” Arnold, one of CLE’s (now OLLI) founding members and ardent recruiter, was OLLI’s first vice president. As a prominent local paint artist, she led OLLI’s first art courses and established a legacy and rich tradition of courses, shows and excursions devoted to the arts.

Tap-ercise

Twice weekly • Fall, spring and summer

This is a fun exercise course where tap steps are used to improve balance, coordination, strength and stamina. This is an exercise class: there are no routines to memorize and no performances. Some prior dance experience is preferred but not required. Students are taught basic tap steps, followed by more advanced steps as the course progresses. Whether you are a beginner or intermediate/advanced tapper, this course will improve your technique, increase your confidence and give you a good workout. For more information, contact Betty Loh-Chen at blohchen@gmail.com or Vickie Hite at white418@gmail.com.

Instructors/Coordinators: Vickie Hite and Betty Loh-Chen

Tech Coordinator: Vickie Hite

Tennis

Weekly • Fall, spring and summer

Come and join your fellow OLLI members in truly enjoyable hours of fun, exercise and non-competitive tennis. You do not have to be an expert, but some tennis skills are important. Formal lessons are not offered. Just show up and bring a can of balls, a water bottle, appropriate tennis shoes and your racket. Park in Lot G and enter through the northwest gate.

Note: Courts will not be available for use during inclement weather or CSUF tennis tournaments.

Instructor/Coordinator: Ishwar Chander

Wisdom Healing

Weekly • Fall and spring

Are you interested in tools for healthy living? The class will focus on the study of psychological and spiritual principles, practices, and insights. We will learn how to use wisdom as a life tool in finding peace and happiness. Topics include self-talk, intuition, love vs fear, joy, forgiveness, mindfulness and meditation. Questions to be discussed include the following:

- What makes you feel like dancing?
- Are you aware of your self-talk?
- Does your ego need taming?
- Are there benefits to forgiveness?
- Do you listen to guidance?
- Can you change your thoughts?

Instructors/Coordinators: David Cortez and Ellie Page

Yoga for the Rest of Us

Weekly • Fall, spring and summer

Prerequisite: Able to do floor exercises and to get up easily

Ease into yoga with this instructor, who will help you find new energy and flexibility. Yoga poses incorporate focused breathing with exercise, stretching, balance and guided relaxation. Join us for a great group experience in practicing yoga to feel better and increase flexibility. Please arrive 15 minutes early in order to warm up and be ready to start on time.

Note: Dress comfortably and bring a non-slippery yoga mat for floor work, one or two firm blankets, two foam blocks, a towel for neck support if needed, and a non-stretchy strap (a man's tie will do—not the rubber stretchy gym-type straps).

Yoga is practiced barefoot, so please be prepared to take off shoes and socks. Have clothing to keep warm during the final relaxation time.

Instructor: Mariana Fischer-Militaru

Coordinator/Tech Coordinator: Barbara Glaeser



“OLLI, to me, is like a social banquet table filled with plates of education, knowledge, fellowship, art, music and friendships, all served with a side dish of fun. There is always food on the OLLI table and everyone is welcomed to enjoy as little or as much of everything that is offered.”

-Dennis Wilson



Please Recycle at OLLI

Blue recycling bins with the recycle logo have been placed throughout the Ruby Gerontology Center for paper and cardboard and empty paper, plastic, glass and metal containers. Please recycle while at OLLI.

Archaeology

Designated Dates • Fall and spring

Explore the latest discoveries and stories of the human past. Human origins will be the focus for fall. Previous semesters included Origins of Dogs, The Ancient Etruscans, Pakal, and The Archaeology of Britain. The specific lecture topics will be found on the OLLI website and in the weekly OLLI newsletters.

Instructor: Bonnie Shirley J.D., M.A. **Coordinator:** Renee Cabrera
Tech Coordinator: TBD

Boundaries of Science: Exploring Current Developments

Alternate Weeks • Fall and spring

Join other OLLI members to discuss current topics in science. Classes may include instructor presentations, engaging videos highlighting scientific developments and some expert lecturers. Our goal is to make the material both understandable and interesting. Check the OLLI newsletters for the upcoming topic.

Instructor: Jim Monroe **Coordinator:** Richard McCaman
Tech Coordinators: Rick Hearn and Susan Hanna

Our World in Change: Science, Engineering and Technology for a Realistic, Sustainable Future

Alternate Weeks • Fall and spring

“The good thing about science is that it’s true whether or not you believe in it.”—Neil deGrasse Tyson

Global warming is a misnomer. Call it global climate disruption. Climate governs, so climate disruption affects the availability of water; productivity of farms, forests and fisheries; prevalence of oppressive heat and humidity; formation and dispersion of air pollutants; geography of disease; damage from storms, floods, droughts and wildfires; property losses from sea-level rises; expenditures on engineered environments; and distribution and abundance of species. Our only options are mitigation, adaptation or misery. To reduce long-term misery, mitigation requires transition from fossil fuels to sustainable energy sources, which will eventually stop Earth’s ever-increasing warming. Climate change is already harming human well-being but it will become a far larger problem for our children and grandchildren. Belief in global warming is optional but participation is inescapable. Climate is global. We are all affected. We are all responsible.

Coordinators: Bryce Bardin, Grace Bertalot and Fran Mathews

Science for You

Weekly • Fall, spring and summer

Come join an eclectic journey through all things scientific, now celebrating our tenth anniversary. Each semester focuses on a topic, with videos from The Great Courses and other online learning providers, plus demonstrations and discussion. Class members share their curiosity and a remarkable breadth of scientific knowledge. Previous topics have included the brain, DNA and genetics, geology, nanotechnology, astronomy and the Big Bang, medicine and weather. Visit www.tinyurl.com/OLLIScience4U to see descriptions and resources from past courses. What will we learn next?

Instructors/Coordinators: Rick Hearn and Susan Hanna

Tech Coordinators: Paul Herrick and Ginger Barnhart



Did You Know?

The “Godmother of CLE” (now OLLI) was Betty Robertson. As Director of Community and Outreach Programs at Cal State Fullerton in 1978, she researched and developed the idea, recruiting Leo Shapiro and other prominent founding member-volunteers.



Please Recycle at OLLI

Blue recycling bins with the recycle logo have been placed throughout the Ruby Gerontology Center for paper and cardboard and empty paper, plastic, glass and metal containers. Please recycle while at OLLI.

TECHNOLOGY

COMPUTER AND MOBILE DEVICE EDUCATION

Registration Procedures for Computer and Mobile Device Courses

Computer and Mobile Device courses are free of charge. Due to space limitations and the popularity of computer and mobile device courses, pre-registration online is required for most tutorials, workshops and regular courses. Registration is NOT required for OLLI Tech Help.

Pre-registration for all computer courses begins two weeks before the beginning of the semester.

How to register online for a computer or mobile device course:

- Access the online registration form at: <https://tinyurl.com/OLLITECclasses>, or you can scan the below listed QR code, or visit the TEC web page from the OLLI website at: http://olli.fullerton.edu/classes/science_and_technology/RegistrationProceduresForComputerClasses.php
- Complete the simple registration form with the information requested. You may select more than one TEC course to register for.

This QR code is for TEC course registration. Use your smartphone camera to focus on the code, and it will prompt you to open the link to the registration form. If you have an older smartphone you may need to download a free QR reader app, such as Kaspersky's QR Code Reader and Scanner for Android or Kaspersky's QR Scanner for iPhone, and focus the camera on the code.



The Technology Education Committee (TEC) invites your participation in enriching our current and future curricula, especially if you would like to share your expertise. Please attend our quarterly meetings.

Co-Chairs: Rosalind Charles and Paul Herrick

OLLI Tech Help

(No Registration Required)

OLLI Tech Help

Weekly • Fall, spring and summer

Need help with your computer, mobile devices or the technology you use? Visit the “OLLI Tech Help” lab, which will be available virtually in Zoom and face-to-face. OLLI tech help may also be available by calling the OLLI office (657-278-2446) and leaving a message with your name, email address, the nature of your technology problem and what kind of technology device you are using (e.g., iPhone, Android smartphone, MacBook, Windows computer).

Instructors/Coordinators: Rosalind Charles, Mark Hammel, Rick Hearn, Paul Herrick, Steve Kernes, Tom La Casa, Jim Monroe, Bob Newcomb, Joyce Ono and Mike Shellman

COURSES

CLECAT Club: Tech Talk

Alternate Weeks • Fall and spring

CLECAT (Continuing Learning Experience—Computers and Technology), CLE/OLLI’s longest running club, is open to all OLLI members. The focus is on a wide range of technology topics: computers, digital cameras, phones, tablets, smart home devices, electric vehicles, home networks and other ways that technology touches your life. The format will include presentations by CLECAT members with group Q&A and collections of short videos addressing issues of interest. Check the OLLI newsletters for information about each class’s topic.

Instructors/Coordinators: Rick Hearn, Susan Hanna and guest presenters

Tech Coordinator: Susan Hanna

Google Photos: Storing, Editing and Managing Your Photos

Designated Dates • Fall and spring

Pre-registration Required: See registration procedures above

Prerequisite: A Google account and ability to access it

Are you running out of space on your smartphone or tablet for all your photos and videos? Google Photos, an app for your computer or mobile device, lets you store photo and video files and includes editing and organizing functions. Students completing this course should be able to: 1) Offload photos to a photo library in the cloud; 2) Organize photos into albums; 3) Share photos and albums with others via email or social media; 4) Edit photos using Snapseed’s sophisticated tools; 5) Scan documents with your device’s camera and PhotoScan and 6) Use specific criteria to search for photos.

Instructors/Coordinators/Tech Coordinators: Joyce Ono and Richard McCaman

SPECIAL INTEREST GROUPS AND SOCIAL PROGRAMS

Bridge, Really Beginning Bridge and Supervised Play Weekly • Fall, spring and summer

This course is for those who have never played bridge or have not played bridge for many years. Learn the basic principles of modern contract bridge in a friendly, non-threatening atmosphere. During the fall semester we concentrate on learning to bid and play in No Trump contracts. The spring course continues with emphasis on playing in trump contracts. The summer session focuses on defensive play. The course follows the guidelines of American Standard Bidding recognized by ACBL. We not only learn bridge but have a good time. Please plan on attending as often as you can; this commitment is essential to learning bridge.

Textbook (optional): You might enjoy reading a beginner's book before the course starts. Barbara Seagram's book, "Beginning Bridge," is one of many

Instructor/Coordinator: Sandy Potter

Bridge, Duplicate

Weekly • Fall, spring and summer

"Duplicate Bridge" is the oldest continuous CLE/OLLI course. We welcome all OLLI members to join us each morning for a friendly and competitive game of bridge. Please arrive a few minutes early to make sure you and your partner can find a table for North/South or East/West, whichever is your preference. If you don't have a partner, please contact one of the coordinators the week before. We will try, but can't promise, to find you a partner.

Coordinators: Kent Burrell and Liz Burrell

Assistants: Dan Coby and Jeff Graham

Bridge, Intermediate

Weekly • Fall, spring and summer

This course is for those interested in improving their bridge in a friendly, non-competitive atmosphere. Some knowledge of bidding and play is desirable. Come join us, learn and have fun. Play of the hand hasn't changed, but the bidding keeps evolving. We'll help you with both. Emphasis will be on American Standard Bidding conventions. During each session, a short lesson will be presented to reinforce some aspect of bridge bidding or play. You don't need a partner.

Instructor: TBD **Coordinator:** Arie Passchier

Caring for Yourself and Others

Weekly • Fall, spring and summer

“Yesterday I was clever, so I wanted to change the world. Today I am wise, so I am changing myself.”—Rumi

This is a discussion course that uses self-enabling tools to help build and gain personal empowerment to fulfill your life. Caring and changing yourself will influence those around you. Topics are varied to include different aspects of the body, mind, and spirit. Join in for a holistic view of life and how we can make changes to embody the health and happiness we all desire.

Instructor/Coordinator: Jan Friel, CCIS

Cooking Potpourri

Alternate Weeks • Fall and spring

The Cooking Potpourri chefs provide instruction on a wide range of food and cooking topics from basics to international cuisines, to techniques and hacks, to kitchen appliances and gadgets. They emphasize right-sizing recipes for your household, seasonal ingredients, and substitutes to consider for food sensitivities. The classes are in a demonstration/lecture format with time for interaction with other attendees. You’ll have some fun and enjoy cooking again! Watch the OLLI newsletters for information and recipes for upcoming classes.

Instructors: MaryLouise Hlavac, Wei-Ling Louie and Jill Patterson

Coordinator: MaryLouise Hlavac

Tech Coordinators: Joyce Ono and Jill Patterson

Genealogy Research

Alternate Weeks • Fall, spring and summer

This special interest group is a forum for sharing knowledge, ideas and instruction with people who face similar challenges and opportunities in personal genealogy. Beginners through advanced researchers will discover 21st-century tools and resources to use efficiently, independently and collaboratively in constructing both their document-based family trees as well as their DNA-based family trees. We employ genealogy databases of records and documents, the internet and connections through genetic analysis. Come share what you know and learn what you don’t know about genealogy research while you make progress building your own family trees.

Coordinators: Richard McCaman, Nancy Chirco, Joann Driggers, Brent Meredith, Paul Herrick and Jim Cotterman

GROW Gardening Club

Alternate Weeks • Fall and spring

Pre-registration required

Gardening responsibly, organically and wisely (GROW) means less water, fewer chemicals and relying on natural pest control. Presentations will be given by members of the Orange County Master Gardeners. We may cover the following topics: The Busy Gardener—Month to Month; Grow It Now—Fall Vegetables; Your Backyard Orchard; Herbs, Succulents and Bulbs. Prior to each GROW class, the pre-registration link will be offered in the weekly OLLI Class Information and Updates newsletter.

Coordinators: Lisa Sewell, Susan Berry and Elwood Berry

Happy Hour

Weekly • Fall and spring

Please join us for “OLLI Happy Hour,” the Zoom equivalent of an end-of-week happy hour featuring good conversation with interesting people to foster OLLI comradeship.

Coordinators: Ellie Monroe and Jim Monroe ***Moderator:*** Mike Stover

Introduction to Digital Photography

Weekly • Fall and spring

Improve your photographs by learning to see opportunities and how to incrementally refine the shot. Capture the feeling you experienced when you saw the subject. Any camera will do. Smartphones are fine. Each week, participants can share the photos they’ve taken on their own or for the optional photo assignments for the group to discuss successes and opportunities for improvement. We will explore using photographic techniques such as composition, exposure and depth of field for best results. We will also view instructional videos. Come learn how to take great pictures.

Instructor: Rick Hearn ***Coordinator:*** Susan Hanna

Introduction to Strategies of Poker

Weekly • Fall, spring and summer

“Introduction to Strategies of Poker” instruction classes will be conducted for all levels of beginning poker players. Classes are taught at an easy pace by an OLLI instructor well-versed in the game of Texas Hold’em. Instruction will also include the history of poker, the rules and terminology of the game, the hierarchy of poker hands, and the strategy of betting and raising. Instruction will be conducted at special poker tables with casino-type poker chips and regular 52-card decks. Following the “Introduction to Strategies of Poker” classes, beginners will be invited to play with more seasoned players in the “Strategy of Poker” course, which follows. All players, seasoned and beginners, continue to hone their skills each week and become better players. This course is a lot of fun with a chance to socialize with fellow OLLI members who also enjoy the game of Texas Hold’em poker.

Instructor/Coordinator: Dennis Wilson

OLLI Socials

Alternate Weeks • Fall, spring and summer

OLLI Socials provide a party atmosphere for members to get together and have fun socializing, playing games, listening and/or dancing, singing along or just listening to great live music and other types of entertainment. OLLI Socials will occasionally feature OLLI members as well as CSUF student musicians and singers for your entertainment pleasure. Refreshments will be provided. Come join us for a good time at OLLI Socials.

Coordinators: Mickey La Casa, Tom La Casa, Tracy Hammel and Mark Hammel

Music & Entertainment Coordinator: Ellie Monroe

Phocus Photography Club

Monthly • Fall, spring and summer

Pre-registration is NOT required.

The Phocus Photography Club is a group of amateur photographers who meet to share photos and experiences. Club meetings may start with a guest speaker, who is often a professional photographer or a highly skilled amateur. Meetings end with members sharing images they've taken on a recent club outing or exotic photo trip. The club tries to have one local photography field trip per month. Attend the Phocus Photography Club to improve your photographic skills.

Contact: John Price, 562-237-2897 or snoprey@aol.com

Coordinators: John Price, Mary Crouch, Bob Caswell, Jim DiTota, Donna Judd and Rick Hearn

Sports Talk

Alternate Weeks • Fall, spring and summer

Discussion of the world of sports is our game. In this course, we cover current events as well as other subjects of interest to sports fans. We are kind of like sports-talk radio but without the ranting and raving. Join us as we debate such topics as drug use in sports, famous athletes in the news, the latest trade talks of our local teams, performance of United States national teams, and any variety of other sports topics. In this course, we learn, debate and discuss, and reminisce, but above all, we have fun and share a great camaraderie that new members will embrace. So, feel free to join us in the fun!!

Coordinator: Carl Richards

Strategy of Poker

Weekly • Fall, spring and summer

Poker is a game of skill and chance emphasizing the ability to read situations and opponents to give you the advantage in the hands you play. It is also a game utilizing statistics where the better players are able to calculate the odds of you or your opponent winning a hand in various situations. It cannot be assumed that people who utilize statistics will be winning players, but a sound knowledge of the odds can only improve your game and give you an advantage. Sophisticated players learn strategies such as bluffing and reading an opponent's playing characteristics. Each week, variations of poker will be introduced and practiced. We play games of Dealer's Choice and Texas Hold'em. This course is a lot of fun with great camaraderie among the players. Some members go out to dinner together after class. Hope to see you there!

Instructor/Coordinator: Dennis Wilson

TED Talks

Alternate Weeks • Fall and spring

TED = Technology, Entertainment, Design. Ideas worth sharing. So that's what we're about. We'll show videos and discuss different and interesting subjects. Which subjects? There are thousands of things that we lifelong learners might enjoy: serious—funny—strange—deep-seated, scientific stuff, non-scientific stuff, what makes us human, our cultures, how we'll live on Mars, our environment, what's next and so on. You help us decide. Add your thoughts to what others are thinking. Refresh your brain. Come and discuss.

Moderator: Steve Kernes **Coordinator:** TBD



“One can develop friendships with OLLI members, as well as contribute to, and enjoy the numerous activities and classes. I recommend OLLI to anyone who wants to stay active and volunteer their talents to help others reach their potential.”

-Chris Milord

OLLI EVENTS

Coordinators and Instructors Training Workshop

Designated Date • Fall and spring

The University requires training of all coordinators and member instructors. OLLI coordinators and instructors are formally registered as volunteers of the University and as such must act responsibly and in accord with University policies in carrying out their duties. The “Coordinators and Instructors Training Workshop” will review safety and reporting procedures, campus sexual harassment policies and other CSUF policies relevant to a registered volunteer. Additional information about kitchen duties, room setup and technology training will also be available at this workshop. The OLLI office will contact those individuals who are required to take this training.

Instructor: Patsy Burns, OLLI Office Manager

Coordinator: Ellie Monroe, Vice President Programs

Estate Planning and Charitable Giving (Open to the Public)

Designated Dates • Spring

Registration required: Watch for registration procedures in the OLLI newsletters

Grab your lunch, pull up a chair and please plan to join us for this information session on estate planning. This is a no-cost lunch-time webinar! No one wants to think about getting seriously ill or dying, but these are scenarios we must prepare for to protect ourselves, our loved ones and our money. Workshops are provided by Laura Meier, an estate planning attorney and owner of the Meier Law Firm (<https://www.meierfirm.com/>). Should you have any questions, please reach out to Hart Roussel at csufplannedgift@fullerton.edu.

Presenter: Laura Meier, Esq.

Coordinators: Hart Roussel, CSUF Director, Planned Giving, and Ellie Monroe, OLLI

Fall Open House (Open to the Public)

Designated Date • Fall

OLLI-CSUF invites all members and friends to join us for our annual Open House celebration for fall semester. This in-person event will introduce OLLI to your friends and relatives who are retired or contemplating retirement. Invite them to join you at our Fall Open House, visit with our program instructors and coordinators, meet our many volunteers and learn about the 2023-2024 new and continuing programs. The Fall Open House presentation will provide information about new parking rules, class attendance options (in-person, online or hybrid) and membership benefits. Following the presentation, light refreshments will be served. If you have any questions please contact us by email at olli.membership@gmail.com or phone: (657) 278-4012. Additional information will be sent out through the OLLI newsletters. We are looking forward to seeing you there!

Fourth of July Celebration and Veterans Recognition (Open to the Public)

Designated Date • Summer

This annual event will feature a presentation of our proud OLLI Veterans. Join in honoring the OLLI men and women who served during WWII, Korean, Vietnam and Gulf Wars. Our OLLI Veterans' photos will be shown accompanied by patriotic music. Members wishing to have their personal photo included in this presentation may send a .jpeg of their military photo to ellie.monroe@mindspring.com. You may take your photo to one of your local stationery stores to have them scan your photo and give you a .jpeg copy on your flash drive.

Coordinator: Ellie Monroe

General Meeting/Election

Designated Date • Spring

Don't miss the OLLI annual general meeting, with election of officers and trustees. Join us for a brief presentation on the status of OLLI and the outlook for future semesters. Our Ice Cream Social will follow the presentation. Look for information in the OLLI newsletters and ChroniCLE.

In Memoriam

Designated Date • Spring

In Memoriam is a gathering of OLLI members who wish to remember those who have passed away since last spring. A silent PowerPoint presentation will show the names and pictures of those OLLI members we have lost throughout this past year. A reception of light refreshments will follow. All OLLI members and bereaved families are invited to take part in this occasion for conversation and fellowship.

Coordinators: Debbie Maxwell, Ellie Monroe, Mickey La Casa and Ricki Bremer

New Member Orientation

Designated Date • Fall and spring

New OLLI members are invited to attend an orientation session to learn more about OLLI-CSUF. Meet with members of the OLLI Board of Trustees, existing members, as well as other new members. Learn of the many benefits of membership and how to access them to enhance your OLLI experience. This is the time to have your questions in hand! Learn of our many volunteer activities that you can participate in. The in-person presentation will be followed by refreshments and door prizes.

Coordinator: Debbie Maxwell, Vice President Membership

OLLI Holiday Luncheon

Designated Date • Fall

Details of this annual event will be publicized through our OLLI newsletters and ChroniCLE.

Coordinators: Lisa Sewell and the Hospitality Committee

OLLI Hospitality Events

Designated Dates • Fall, spring and summer

Details for each semester's event will be publicized through our OLLI newsletters and ChroniCLE.

Coordinator: Lisa Sewell, Vice President Hospitality

OLLI Today and Tomorrow Forum

Monthly • Fall, spring and summer

OLLI members are invited to participate in this open forum on the challenges facing OLLI-CSUF in the “new normal” of on-campus, Zoom and hybrid classes and activities. In addition, OLLI Board of Trustee deliberations and opportunities for members to discuss OLLI issues will be provided. Keeping OLLI as a University-affiliated organization that stresses lifelong learning, healthful living and robust social engagement opportunities will be emphasized.

Moderator: Mike Stover *Coordinator:* TBD

Tech Coordinators: Jim and Ellie Monroe

OLLI Welcoming Social

Designated Date • Fall

Join us for an afternoon filled with fun, games, music, refreshments and, above all, a chance to get to meet new members and returning OLLI friends. Light refreshments will be served along with the chance to win a variety of prizes. Help us celebrate the new academic year together! Further information about this event will be posted in Shapiro Wing and sent through our OLLI newsletters and ChroniCLE.

Coordinators: Ellie Monroe, Debbie Maxwell and Mickey La Casa with members of the OLLI Social Committee

Spring Preview (Open to the Public)

Designated Date • Spring

We invite all OLLI members and their guests to attend our first general meeting of the year to inform you of the status of OLLI and the many opportunities that are available to its members. This event also honors those OLLI members who have reached the age of 90+. After the presentation, free light refreshments will be served in our Shapiro facility. This is the ideal time to ask questions about the campus activities, OLLI courses, the benefits of membership and much more. Our friendly volunteers offer assistance in our registration lab if needed. For more information, call 657-278-2446, email olli-info@fullerton.edu or visit our website: <http://olli.fullerton.edu>. Free parking is provided.



Did You Know?

In 1988 Mackey Auditorium was named after Dr. Francis G. “Bud” Mackey, Medical Director of St. Jude Medical Center. He not only made a major donation to building the RGC, he established our initial collaboration with St. Jude, which continues to flourish today as Dr. Joe Lawton’s Medical Series.



Class Calendars on the OLLI Website

- Bookmark the OLLI website <http://olli.fullerton.edu> on your mobile device
- Populate your personal calendar with OLLI classes and events from the website
- Check what’s happening at OLLI on your mobile phone or tablet
- Changes in class and event times, dates and classrooms are updated on website calendars

COMMITTEE MEETINGS

Board of Trustees

Monthly • Fall, spring and summer

The OLLI Board of Trustees invites OLLI members to attend its monthly board meetings and learn more about OLLI business and its self-directing deliberations. Members wishing to speak on non-agenda board items are advised to notify the president and/or administrative manager in writing (including a brief description of the subject to be addressed) at least one week in advance of the meeting. Up to three minutes per speaker may be allocated within the board meeting agenda. Members are also invited to participate in the “OLLI Today and Tomorrow Forum” held monthly to elicit member feedback and suggestions on recent or suggested OLLI Board proposals or OLLI issues.

Chair: OLLI President Mike Stover

Collaboration Committee

Quarterly • Fall, spring and summer

The OLLI-CSUF Collaboration Program offers OLLI members opportunities to share their knowledge and experience to contribute to CSUF student success. It is an important component of OLLI’s interaction with the Cal State University Fullerton campus. The committee meets to discuss our activities and plans. We welcome you to join us to learn about the variety of opportunities available to share your time and talent. Information about the OLLI-CSUF Collaboration Program can be found in the weekly OLLI newsletters and on the OLLI website at: <https://tinyurl.com/OLLICSUF-Collaborations> or contact the Collaboration Committee Chair for more information.

Chair: Sue Mullaly smullaly@csu.fullerton.edu

Curriculum Committee

Monthly • Fall, spring and summer

The Curriculum Committee meets to review and disposition potential future courses. It is open to all OLLI members and consists of members designated by the committee chair and the Vice President Programs. Bring ideas for OLLI courses or activities to these meetings! Better still, if any member would like to offer a course or knows of potential presenters, please attend these meetings to ensure that OLLI’s programs are the best they can be! Course proposal forms can be downloaded from the OLLI website at: <http://olli.fullerton.edu/resources/pdfs/CourseProposalForm.pdf>.

Co-Chairs: Renee Cabrera and Sue Batie

Hospitality Committee

Monthly • Fall, spring and summer

The OLLI Hospitality Committee facilitates and promotes social interactions that give OLLI members opportunities for sharing their personal backgrounds and areas of knowledge outside the classroom. The committee supports the OLLI business meetings with refreshments and hosts fun themed events, usually including a dinner or luncheon either on or off campus. The committee is open to all members who enjoy helping others enhance the OLLI experience and provide social outlets; the only talent needed is to be fun-loving.

Vice President Hospitality: Lisa Sewell **Chair:** Lisa Sewell

Technology Education Committee (TEC)

Quarterly • Fall, spring and summer

The Technology Education Committee is dedicated to helping OLLI members make the best use of the ever-increasing technology now ubiquitous in our daily lives. Share computer/technology expertise and teach a course or workshop, contribute to a seminar, or help to shape the technical education curriculum. The TEC welcomes member insights and expertise. Join these meetings! For more information, contact Roz Charles at rozann66@gmail.com and Paul Herrick at jpherrick@gmail.com.

Co-Chairs: Roz Charles and Paul Herrick

Transitions in Retirement (TiR) Committee

Quarterly • Fall, spring and summer

The TiR Committee focuses on developing programs and activities for OLLI members who are still working part-time or are recently retired. This committee is anticipating a significant number of new retirees, who have a different outlook on retirement than that of previous generations.

Chair: Russ MacKeand

Trips Committee

Monthly • Fall, spring and summer

The OLLI Trips Committee plans and coordinates trips of educational interest to OLLI members to locations off the CSUF campus. These trips are OLLI special events and are subject to the Special Events Registration Policy section located elsewhere in this catalog. Trips are either day trips or overnight trips. Some recent or planned day trips include the Hollywood Bowl, LA/Long Beach Harbor Cruise and Orange County Water System. Some recent or planned overnight trips include Costa Rica, China and Palm Springs/Joshua Tree. Members are notified of upcoming trips via the ChroniCLE, the OLLI newsletters and the OLLI bulletin boards. Join our committee meetings and share ideas and interests for day and overnight trips that would be a learning experience for OLLI members. Ken Luke chairs this committee and is always interested in learning of new trips and interests.

Chair: Ken Luke

Notes

Experience Lifelong Learning



PHOTO BY JIM DI TOTA



PHOTO BY BONITA SCHIEBE



PHOTO BY JIM DI TOTA



PHOTO BY DONNA SPRADLIN



PHOTO BY BONITA SCHIEBE



PHOTO BY UNKNOWN

OLLI
at California State University, Fullerton
"A Continuing Learning Experience"
Ruby Gerontology Center, Room 7
P.O. Box 6870
Fullerton, CA 92834-6870
RETURN SERVICE REQUESTED
06/23

olli.fullerton.edu
olli-info@fullerton.edu
657-278-2446

MEMBERSHIP BENEFITS

WIDE RANGE OF COURSES

- Current affairs, retirement issues
- Arts: learning, doing, performing
- Languages, science, technology
- Computer/mobile, discussion
- Extensive library of class videos

HEALTHY LIFESTYLE COURSES

- Health, medical issues
- Sports, exercise, dancing

SPECIAL EVENTS/SOCIAL ACTIVITIES

- Dinners, luncheons, receptions
- Day and overnight trips
- Card & board games
- Musical entertainment

PARKING PRIVILEGES*

- Most student lots/structures
- Lot J for OLLI members only
- OLLI Trolley to/from far lots

UNIVERSITY PRIVILEGES

- Collaborate with faculty & students
- Pollak Library, student store, Wi-Fi
- Campus eating facilities
- Admission to most CSUF athletic events
- Audit CSUF courses free

*Subject to limitations. See Parking & OLLI Trolley Information.



PHOTO BY BONNIE HARRINGTON



PHOTO BY JIM DI TOTA



PHOTO BY UNKNOWN