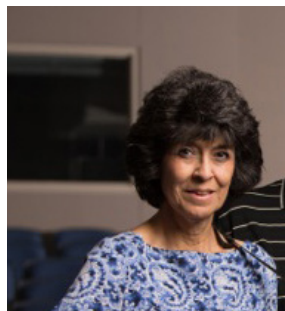




## **President's Message**

*By Ellie Monroe, President, OLLI-CSUF*

I hope you all are enjoying your summer.



Whether you plan to travel or stay home, be sure to take healthy measures as you greet old friends and family or make new friends.

When you return to campus, Shapiro should have a new look. New

flooring and repair of the movable walls are moving forward.

At this time, OLLI members are required to be vaccinated prior to coming on campus. Although we are not required to mask, we encourage members to mask indoors as needed with any surge in COVID-19 cases in Orange County.

The Arboretum will host another outdoor event on September 20 featuring CSUF Jazz ensemble, starting at 6:30 p.m. I encourage you all to attend these fun activities and support our fellow organizations.

Our Annual Welcoming Social on Saturday, September 24, will feature the music of Bill Cunliffe. Come join us as we greet our OLLI members in person.

Our class offerings in the fall will continue as in-person classes, online classes and a combination of both. We will be offering a few new classes and we are working at adding a few additional offerings.

Be sure you are receiving and opening your OLLI newsletters for our announcements of cancelled classes, changes in classes and other important member information. Please contact the office if you are not receiving your copies.

I am looking forward to seeing my "OLLI family" face-to-face in the coming fall semester. Take care and stay safe!! Cheers!!

## **Five New Programs Offered in Fall**

### **"America in the 21st Century: The New Cold War"**

At the beginning of the 21st Century, America faced a rapidly changing world in which the global international order and institutions it had established following WWII were challenged. This became even more evident in early 2022 when Vladimir Putin and Xi Jinping issued a joint statement endorsing efforts to keep U.S. influence out of their near-regions, attacking U.S. alliances as Cold War relics, defending their own autocratic models of government, and declaring that Sino-Russian friendship has "no limits." This Sino-Russian convergence magnifies Washington's two-front problem: the U.S. now faces increasingly aggressive near-peer rivals in two separate theaters of Eurasia—eastern Europe and the western Pacific. Given these historic events, this course will address the geopolitical, security, economic and domestic challenges facing the U.S. as Russia and China seek to dominate their near-regions and create a revised global order with an autocratic Eurasia as its core.

Instructor James R. Monroe's classes meet on alternate Thursdays beginning September 22. For more information, see Page 47 of the Blue Book.

### **"Authors' Central OLLI-CSUF (ACOC)"**

ACOC encourages authors and prospective authors to pool resources to promote their books and publications. Authors will participate in marketing, organizing promotional events, issuing press releases, collaborating in research and training, creating articles for and maintaining social media, applying guerrilla marketing and more. A book signing planned for mid-November at CSUF Pollak Library will be the first event. Publishing assistance is available.

*Five New ...Continued on Page 3*

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Desktop Publishing: Celia Reynolds

## Charitable Gift Annuity Increased Rates

*By Hart Roussel, Senior Director of Planned Giving, University Advancement, CSUF*

Charitable Gift Annuities have always been a great idea. The gift annuity provides a fixed rate of return on your gift during your lifetime and the remainder benefits the charity of your choice, like OLLI-CSUF. Many donors create gift annuities to increase their retirement income **and** support their favorite charities.

When you fund a gift annuity today, your payments will be at higher rates than in recent years.

On July 1, 2022, the American Council on Gift Annuities recommended the following increased rates, which we follow.

70	4.70%	5.30%
75	5.40%	6.00%
80	6.50%	7.00%
85	7.60%	8.10%
90	8.60%	9.10%

Once you fund a gift annuity, your rate and your payments never change. Your payments will last

as long as you live, no matter what the economy does. For more options and even higher payments, ask us about a deferred gift annuity. By waiting a few years for your first payment, you can receive an even higher payment rate.

No matter what type of gift annuity you fund, in addition to the tax benefits, you will have the unparalleled satisfaction of knowing the benefits you receive also help others. After a lifetime of payments to you, any funds remaining in the gift annuity support OLLI-CSUF.

When you start your gift annuity with the new, higher rates, you will have peace of mind from your fixed payments. With higher rates and potential tax benefits you put more money in your pocket.

**TAX BENEFITS:** When you call us to find out your rate, we will also let you know about your income tax deduction and possible capital gains benefits. There is no guesswork. What you start today gives back to you for life.

**PAYMENTS FOR TWO:** When you fund a gift annuity for two people, such as you and your spouse, payments will continue at the same rate, in the same amount, for as long as either of you live. Rates are different than for one-life annuities but are still attractive.

**BIG IMPACT:** When you fund your gift annuity, you receive the fixed payments and tax benefits, but you also do something more. After a lifetime of payments to you (or you and your spouse), all funds remaining in your gift annuity support OLLI-CSUF.

Call or email us to learn how a gift annuity can benefit you and OLLI-CSUF. As always, this information is not intended as legal or tax advice. Please consult your professional advisors for legal and tax guidance.

Planned Gifts to support OLLI-CSUF are coordinated through University Advancement. Please visit [www.csufplannedgift.org](http://www.csufplannedgift.org) or contact us to learn about all of the benefits of making a charitable bequest and how it can help OLLI-CSUF continue our important work. If you're interested in establishing your legacy and making a lasting impact at OLLI-CSUF through membership in the [Ontiveros Legacy Society](#), please contact our Office of Planned Giving at (657) 278-3947 or [CSUFPlannedGift@fullerton.edu](mailto:CSUFPlannedGift@fullerton.edu).

*Five New ...Continued from Page 1*

Coordinators Fritz von Coelln's and Bob Kovacev's classes meet on alternate Thursdays beginning September 15. For more information, see Page 30 of the Blue Book.

### **"Avoid Tax Season Surprises with Google Sheets"**

Do you find you have an annual surprise come tax time? Not sure if you're going to get a refund or have to pay? Then this course is for you! You will learn how to use Google Sheets to help plan for your taxes so you don't have any big surprises. Each session will build on knowledge gained in the previous class. No prior experience with spreadsheets is required, but if you do have prior spreadsheet experience, the first class is optional. If you miss any session, each class will be recorded so you can "catch up" before the next session. Come and learn how to use Google Sheets to plan for tax time and you may find you have other uses for Google Sheets.

Instructor Steve Kernes' classes meet every Friday beginning October 21. For more information, see Page 65 of the Blue Book.

### **"Popes, Politics, Schisms and Controversies"**

The Christian church started during the height of the Roman Empire and continues to this day. This is a period of time of almost 2,000 years. The study of church history is key in understanding the full history of Europe, the Americas, and the Middle East. The church in general has had an immense influence on the rise of the West. Not everything that occurred during this period was good, nor was it entirely bad, but it is very interesting to understand what has gone on in the past. The course will cover the main issues, important leaders such as the Popes and governments, the controversies that seemed to occur every few years, and the schisms that have occurred among different parts of the church. The fall semester will cover the birth of the church in the first century, its spread, Roman persecutions and the Gnostic crisis at the close of the second century.

Instructor Steve Mood's classes meet on alternate Tuesdays beginning September 20. For more information, see Page 51 of the Blue Book.

### **"Women Writers' Workshop: Short Stories"**

This course will create a judgment-free creative

writing space and a supportive, nurturing writing community for women writers. Each class will include two components. In response to fun writing prompts designed to inspire and generate creativity, participants will share their writing (150 words or less). They will also have the opportunity to offer segments of creative works in progress for strength-based feedback and supportive suggestions. In this course, we will find our voices and share our stories. With a focus on short stories, we will write, share, explore and discover our writing and learn from each other.

Instructors Cheryl Perreira's and Kenni Blossom's classes meet every Wednesday beginning September 14. For more information, see Page 34 of the Blue Book.

## **CSUF Center for Successful Aging Courses Open to OLLI Members**

Cal State Fullerton's Center for Successful Aging collaborates and partners with community agencies and organizations to provide innovative programming and services aimed at promoting physical activity and reducing sedentary behavior for seniors in the community. Some OLLI members have known for years that the Center provides medically supervised fitness training and exercise classes that meet twice a week at the Department of Kinesiology building.

Following are two popular courses instructed by Dr. Koren L. Fisher (pictured), Co-Director of the Center for Successful Aging.

"Fit 4 Life" provides participants with a functional fitness assessment to measure their physical status, monitor progress and individualize the program accordingly. This multicomponent exercise class includes a group warm-up, resistance training, aerobic endurance, neuromotor fitness activities and a group cool-down, focusing on flexibility and relaxation. This class is most suitable for older adults who are new to a structured exercise environment and/or want to improve their current level of fitness. All first-time attendees will receive a comprehensive fitness and balance evaluation prior to the start of the class.

*CSUF Center ...Continued on Page 6*

## OLLI Honors Its Donors

*By Chris Shaw, Editor*

The OLLI-CSUF Board of Trustees wishes to publicly acknowledge and thank our members and friends of OLLI who donated to OLLI during the fiscal year, ending June 30, 2022. They gave a total of approximately \$109,360.

“We very much appreciate each and every donation—of any size,” stated Ellie Monroe, President of OLLI-CSUF. We use these tax-deductible gifts to keep our membership dues affordable and to ensure sufficient funds are available to meet our operating and capital equipment needs, unless the donation is directed by the donor to one of our seven specific-use funds, which are described in the Blue Book.

Following are the donors, listed alphabetically by their last name:

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 Patricia Wojcik  
 Gary Wolfe  
 Cathy Wolkenhauer  
 Guangyan Yin  
 Wayne & Ruth Zemke

## Fourth of July Celebration and Veterans Recognition—June 30, 2022

*Photo by Jim DiTota*



“NeuroFit” is a multicomponent exercise class combines circuit-based aerobic endurance and functional strength training with neuromotor fitness activities that focus on agility, coordination, and problem-solving. This class is most suitable for active adults with previous exercise experience and who are looking for a unique mind-body exercise environment.

“Fit 4 Life” classes meet every Monday and Wednesday from 7:45-9:15 a.m. in KHS-011 beginning September 12. “NeuroFit” classes meet every Tuesday and Thursday at 10:15-11:45 a.m. in KHS-011 beginning September 13.

These and other courses are available to OLLI members, but they are not OLLI courses; they are open to the public. No University registration or tuition are required; there is a \$140 charge for each class per semester. For more information and enrollment go to the Center for Successful Aging website at <http://csa.fullerton.edu/programs/index.php> or call 657-278-2603.

## **Annual OLLI Welcoming Social**

### **Saturday, September 24**

### **1 p.m.-3 p.m. • Shapiro ABCD**

Come join us as we celebrate our successful return to OLLI for the fall 2022 semester and the new academic year on campus. Join us for an afternoon filled with fun, games, music, special presentations, refreshments and, above all, a chance to meet new members as well as your friends at OLLI.

The following special presentations are planned:

- Honoring Judge Cardenas for his 35+ years of lectures about Roman history.
- Awarding the recipient of OLLI’s Betty Robertson Award for 2022.

Bill Cunliffe and his band will provide music.

Light refreshments will be served along with the chance to win a variety of prizes.

Further information about this event will be posted in the Shapiro Wing and in the OLLI newsletters.

The event coordinators are Ellie Monroe, Debbie Maxwell, Mickey La Casa and the OLLI Social Team.

## **Y’all Come to the OLLI State Fair!**

*By Elaine Mitchell, Hospitality Committee*

Bring back some old memories or make new ones. Join us for an afternoon of fun. Come to the OLLI State Fair on Saturday, October 22 at noon in the RGC courtyard and Shapiro Wing. Enjoy a hearty lunch of good food: snacks, chili (tri tip or vegetarian), cole slaw, corn bread, country lemonade, iced tea and yummy dessert choices.

There will also be games and a professional square dance caller, Bill “Tex” Gipson, to show us how to kick up our heels, American country-style. If you are new to square dancing, don’t miss this opportunity to try something different or, at least, see how it’s done. You may recognize similarities with more familiar dance styles that have influenced square dancing and vice versa.

Looking for a fun afternoon? All you do is take your completed registration coupon from the event flyer into the OLLI office; registration begins on September 19; the cost is only \$10.00 per person. Please reserve early—seating is limited and the deadline is October 11.

Make the event more fun, wear a costume. Come as square dancer, farmer, cowboy or a blue ribbon cow. Why not? As always, the best accessory is a big smile.

## **Fourth of July Celebration and Veterans Recognition—June 30, 2022**

*Photos by Jim DiTola*



## What's Happening at the Board

*By Chris Shaw, Editor*

Following are highlights from OLLI's Board of Trustees meeting on July 14:

- EIP's new head, Dr. Leahy, addressed the Board, discussing her goals for EIP and working with OLLI (see the article about Dr. Leahy in this ChroniCLE).
  - OLLI recruited 20 new members for summer, bringing the total to 1070 members.
  - Fall membership registration begins July 14. A notification letter was mailed to all members.
  - The costs for large, color Fall Open House ads in the Fullerton Observer, OC Register and LA Times were approved.
  - The membership recruitment ad on Facebook reached 1256 people, and 31 viewers indicated an interest in the Fall Open House. More ads will run later. Members should share these posts with friends and family.
  - A new membership recruiting gatefold brochure is being distributed to community libraries, senior centers, senior residence facilities etc.
  - Purchase of 60 new patio chairs to replace old ones was approved. Keep the patio and courtyard clean by cleaning up after use.
  - Purchase of audiovisual teleconferencing equipment was approved for Room 8 to enable Zoom meetings by the Board and other committees.
  - The repair cost of the moveable walls in Shapiro ABCD was approved.
  - 500 lanyards for member IDs are being purchased.
  - CSUF's charge to OLLI for parking will remain the same for fiscal year 2022-23.
  - CSUF is discussing with OLLI our members' continued free access to sporting events.
  - Due to confidentiality requirements, OLLI's membership roster with contact information will be available only to those with an administrative need for it.
  - Members are requested to clean up after using the kitchen. Cleaning supplies are available from the OLLI office.
  - OLLI is working with CSUF to limit CSUF student access to Lot J on evenings and weekends.
- The Board of Trustees meets the second Thursday

of each month at 10:00 a.m. (8:30 a.m. starting in fall semester) in Shapiro CD and Zoom. All OLLI members are welcome to attend these meetings as guests (confirm time and location before attending). If you have a question or issue to raise at the Board meeting, it must be submitted in advance to President Ellie Monroe at [ellie.monroe@mindspring.com](mailto:ellie.monroe@mindspring.com).

## Special Events

### Events Requiring Registration

#### Harbor & Ports Tour

October 19 • 8 a.m.-3 p.m. • CSUF Lot A  
Narrated boat tour of Long Beach Harbor and the ports of Long Beach and Los Angeles.  
Registration starts September 14.

#### OLLI "State Fair"

October 22 • Noon-3 p.m. • Shapiro/Courtyard  
There will be games, a chili and cornbread luncheon with dessert and square dancing.  
Registration starts September 19.

### Events Requiring No Registration

#### New Member Orientation

September 6 • 1-2:30 p.m. • Shapiro/Zoom

#### OLLI Welcoming Social

September 24 • 1-3 p.m. • Shapiro ABCD  
See the separate notice in this ChroniCLE.

### More Information

Flyers and sign-up coupons for events requiring registration are available in the OLLI office and on the OLLI website at <http://olli.fullerton.edu/> under CLASSES/ACTIVITIES/OLLI EVENTS or DAY AND OVERNIGHT TRIPS.

## OLLI in the News

"OLLI Celebrates Surviving the Pandemic" appeared in the July 16 edition of the Fullerton Observer. President Ellie Monroe, Vice President External Relations Bob Kovacev and OLLI's Administrative Manager Patsy Burns were interviewed about how OLLI at Cal State Fullerton survived by quickly converting most of our programs to Zoom, teaching our members to use the technology and training our instructors and coordinators to deliver their programs online. See the article on the [Fullerton Observer website](#).



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## Not Receiving OLLI Emails?

If you have unsubscribed in response to **any** OLLI email, you have unsubscribed from **all** OLLI emails, including the ChroniCLE emails. If, for any reason, you are **not** already receiving OLLI emails about upcoming classes, events, the ChroniCLE and special notices, you can subscribe (or re-subscribe) by going to <http://bit.ly/OLLISubscription> and entering your email address, first name and last name.

If you still have trouble receiving emails from OLLI, send an email to [ollinewsbytes@hotmail.com](mailto:ollinewsbytes@hotmail.com) and include your name and email address.



## How to Get the ChroniCLE by Email - Save Trees and Stamps!

Unless you elected not to receive emails from OLLI, you are currently receiving an email each month announcing the new ChroniCLE for the upcoming month with links to view or download the publications. You can also access the most recent ChroniCLEs through links in the weekly OLLI newsletters and on the OLLI website.

If you are receiving the ChroniCLE in the mail, but no longer want it mailed to your home, send an email to [olli-info@fullerton.edu](mailto:olli-info@fullerton.edu) with **your name and address** stating: "Do **not** send me a ChroniCLE in the mail." If you ever need the printed version, copies are always available in the OLLI office.

## If you Need to Contact OLLI

Website: <http://olli.fullerton.edu>

Email: [olli-info@fullerton.edu](mailto:olli-info@fullerton.edu)