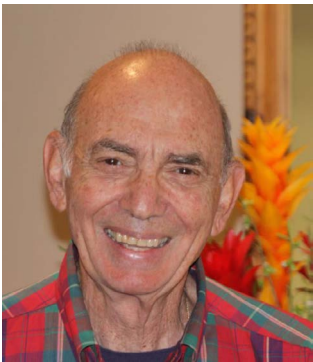




President's Message

Welcome members to our spring semester 2016.



Our vision at Osher Life Long Learning at California State University Fullerton is to provide active, senior adults with opportunities to continue learning in a university setting. To engage with peers, to serve our communities,

and to support and enhance the activities of CSUF. Each of us retired from professions and occupations and we share a common appreciation of learning in retirement. We are not sitting back in our rocking chairs during our senior years. We are actively engaged and contributing our wisdom and knowledge.

Highlights from 2015 and new beginnings for 2016

√ During the fall and spring semesters we offered over 340+ classes taught by volunteer OLLI members.

√ Through the leadership of Ron Osajima, OLLI Trustee and his collaboration team we have established at OLLI-CSUF collaboration agreements with all nine colleges within CSUF. Our members serve as guest lecturers, faculty panelists, student mentors and tutors and faculty advisers.

√ Our Transition in Retirement Essentials team under the leadership of Russ MacKeand offer fun and engaging programs for our members and the public.

√ We support CSUF by serving as event ushers and attending musical performances.

√ We installed the OLLI Suggestion Box in the foyer area of the Shapiro Wing, and we encourage

President's...Continued on page 6

Shadows for Peace

An Eclectics I program presented December 1, 2015 in Mackey Auditorium

Richard Fukuhara created and produced "Shadows for Peace for the Sake of the Children: the Hiroshima and Nagasaki Experience." The program featured three survivors of the Hiroshima atomic bombing who shared their experiences.

Junji Sarashina was a teenager living at the outskirts of Hiroshima. He experienced "Hell"—extreme light, extreme darkness, ferocious winds blowing him down, rubble and glass everywhere, his sister dying in the hospital, teens boiled alive in the pool, and bodies everywhere. He shared these moments and a snapshot of his subsequent life in measured words that mesmerized our audience.

Kikudo Otake accounted: "All my family members might have died from the Hiroshima atomic bomb. Life and death were separated by chance. It all depended on where one was at the time of the explosion." Her book, "Masako's Story," relates the devastation in the words of her mother: "I don't want to think about it anymore. Sorry, not now. I can't bring myself to tell you today."

Kaz Suyeishi was younger and shared her own "hellish experiences." Interestingly she had no anger for America. She ended with a poem expounding peace and love, repeating that love is an absolute must.

Rest in Peace

We will not repeat the same mistake again

No more Hiroshima

No more Nagasaki

No more Hibakusha

No more any war

May Peace Prevail on Earth

The photo below shows, from left to right, Fritz

Shadows for ...Continued on page 3

President	Barry Escoe
Vice President Administration	Edward Dunvan
Vice President Programs	Janice Jeng
Vice President Communication	Joyce Ono
Vice President Membership	Linda Lockwood
Vice President External Relations	John Blaydes
Vice President Facilities	Gene Hiegel
Vice President Hospitality	Judy Lech
Vice President Technology	Bob Newcomb
Treasurer	Jim Monroe
Secretary	Tamara Reddy
Lorraine Gerni, Editor; Chris Shaw, Associate Editor; Juanita Driskell, Alice Gresto, Elaine Mitchell, Staff Writers	

Desktop Publishing: Celia Reynolds, Photographers:
John Blaydes, Sharon Brown, Will Cornell, Pete Lech

Gene Hiegel
Vice President of Facilities



After serving on the OLLI Board as a Trustee for two years, I was elected to the position of Vice President of Facilities last spring. One significant aspect of the VP of Facilities is to ensure that the Ruby

Gerontology Center is functioning at a level that meets the needs of the organization. This is only possible by the participation of many faithful and willing volunteers.

For major events such as the fall Open House, the recent Bella Sera Italiana Social, the fall HOLLIween event and the Retirement Boot Camp, the set up plans are prepared by the appropriate committee. Set up typically involves moving tables, chairs, tents etc. from storage and arranging them according to the plan. After each event, everything must be returned to its proper storage area, and the RGC must be cleaned and restored to its normal arrangement and condition. When possible, weekend events are partially set up by volunteers

from the Friday poker group.

At the end of the summer volunteers removed the furniture from Rooms 11 and 20, so that the carpet could be replaced, and afterward, volunteers came back to return the furniture to each room.

When the large chairs were replaced in Room 9 with others more appropriate for that room, again volunteers assisted in each of the several steps of removing the old chairs, unpacking the new chairs, moving the old chairs to the Shapiro wing for later removal by campus staff, and cleaning up the packing materials.

Other changes made in the RGC over the past few months include upgrading the first aid supplies stored in the kitchen to American Red Cross standards, replacing and upgrading the white boards in Shapiro, and restoring the patio adjacent to the kitchen to an area for meeting and eating by removing unneeded items. Each of the podiums in Shapiro and the cabinet in Room 21 now have emergency first aid kits. Volunteers were a part of each of these projects.

Early in my term as VP of Facilities it was clear that the University would be examining the use of parking on the campus by OLLI members. In order to gather information about parking, Barry Escoe requested that a parking survey committee be established for this purpose. Carol Thurk, Susan Snell and Ed Batson were invited to join the committee based on their special skills and abilities related to conducting surveys. All classes and meetings were surveyed during the week of October 5-9. The data was extensively processed and analyzed by Susan and Ed, and the results were presented to the OLLI Board of Trustees at the December meeting.

This is a sampling of activities that come under the VP of Facilities position. Volunteers are an essential part of everything that goes on at OLLI, and are critical to keeping the facilities working smoothly. If you would like to be a part of this effort, please contact me by means of the OLLI office. Everyone's help is greatly appreciated by me and all members.

Gene Hiegel, Vice President of Facilities

Shadows for ... Continued from page 1

von Coelln, Kaz Suyeishi and Junji Sarashina.

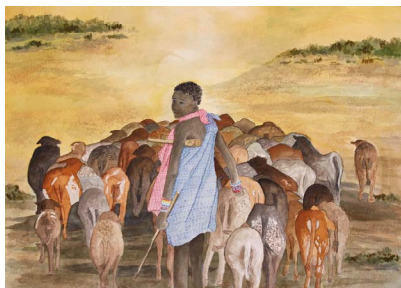
Richard Fukuhara promotes this program to “educate and engage” students and citizens about the devastating effects of nuclear weapons. He coordinates Shadows for Peace, a 501(c)(3) nonprofit organization. He is a photographer producing unique effects of photos he has taken regarding the experience. His book “Shadows for Peace” incorporates his photography, and was published in 2012.



Both books, “Shadows for Peace” by Richard Fukuhara and “Masako’s Story” by Kikudo Otake, were presented as gifts to us and will be in our OLLI Library in Shapiro CD.

Fritz von Coelln, Class Coordinator

OLLI Arts Honored



John Blydes’s water color painting, “Masai Goat Herder,” from an experience from his trip to Tanzania won second place at the Art Colony of La Mirada show

“Mirrors of Your Mind” at the La Mirada City Center Gallery.



Sandy Wessel’s watercolor painting “The Lauhala Weaver” won a second place at the recent Orange Art League sponsored juried show held at the Museo in Santa Ana. It depicts an ancient art form in Hawaii of weaving hats, baskets and jewelry from the lauhala plant.

Tis the Season Holiday Luncheon

Music filled the air at OLLI’s Holiday Luncheon held December 9 at the Embassy Suites in Brea. Registration began at 11:30 a.m. The Strings Sextet, which was comprised of David Doo, Brenda Kiser, Martha Smith and Carolyn Wadsworth on the violins, Marge Osborn, viola, and Barbara Robinson, cello, provided background music during the luncheon.

At 12:20 p.m. Barry Escoe, OLLI President, welcomed everyone to the luncheon including special guests Carol Creighton, Associate Dean and Brandy Schaal, Program Manager, University Extended Education, and the OLLI office staff: Patsy Burns, Wendy Jiacoma, Celia Reynolds and Ying Lu.

Following the luncheon, entertainment was provided by the OLLI Chorale directed by Marge with Cindy von Coelln, piano accompanist. Toni Hoffman directed the Snappy Tappers in a lively dance, and Mike Sultan served as master of ceremonies.

In addition to the white and silver centerpieces awarded to one person at each table, the 18 door prizes included dinners at several local restaurants, a \$125 treatment for The Spa at the Glen, a year of Polly’s Pies, a \$196 gift card for a foursome at Coyote Hills Golf Course and a \$150 gift card for a Hornblower Cruise at Newport Beach. These door prizes were especially appreciated by the guests who received them.

Judy Lech, Vice President of Hospitality, and the Hospitality Committee planned the luncheon, and several committee members registered the guests. As one of the hardest working committees at OLLI and one of the most active, the Hospitality Committee is responsible for planning many social events throughout the year. Serving on the committee is a good way to make friends and become involved in OLLI’s numerous activities. As one of our former Hospitality Committee vice presidents said many years ago, “We give parties and have fun.” (See page 93 of the spring Blue Book for further information on this committee.)

Lorraine Gerni, Editor

Holiday Luncheon – December 9, 2015





President's ... Continued from page 1

your feedback and welcome your comments.

√ 276 OLLI-CSUF members attended the CSUF Concert Under the Stars fundraiser.

√ Gene Hiegel, VP Facilities and his team conducted a comprehensive OLLI parking survey. See Gene's article in this ChroniCLE.

√ Through the leadership of Janice Jeng, VP of Programs and Linda Lockwood, VP of Membership we held our Volunteer Opportunity Workshop on January 14 and the Spring Preview Meeting on January 16.

√ Check out the article in this issue regarding open volunteer positions at OLLI-CSUF.

√ OLLI-CSUF Flash Mob was featured in the December 2015 issue of the national OLLI Newsletter at: <http://nrc.northwestern.edu/category/national-newsletter/>.

√ Check out the two-page spread of pictures from the December 9 Holiday Luncheon, hosted by the Hospitality Committee under the leadership of Judy Lech, VP of Hospitality and her team. It was the event of the year.

√ In spring 2015 CSUF approved overnight trips for OLLI, and due to the rousing success of the Catalina trip in April 2015, on December 10 the Board approved a new overnight trip to Sequoia and Kings Canyon on June 5-8, 2016.

√ Under the leadership of the Judy Alter and Fritz von Coelln, Curriculum Chairs and Janice Jeng, VP Programs and their dedicated team of volunteers we continue to offer a large and diverse collection of classes, including new classes: "Mystery Book Club," "Ukulele for Fun 101," "The Healing Psalms." "They've Got Your Number"— "Big Data Is Everywhere," "Advance Care Planning" and "TED Talks."

We encourage you to browse our website for further information about OLLI-CSUF at <http://olli.fullerton.edu> and contact us with any questions. Our office is in Room 7 of the Ruby Gerontology Center. It is open weekdays from 8:30 a.m. until 3:30 p.m. The OLLI office phone number is 657-278-2446. OLLI's general information email is olli-info@fullerton.edu, or contact me at bescoe@fullerton.edu or my office phone at 657-278-3198.

Barry D. Escoe, President

OLLI-CSUF Help Needed Ads

OLLI relies on volunteers to get things done, and various kinds of help are needed at different times and for varying lengths of time. With this issue the ChroniCLE has begun running help needed listings, so volunteers who need help with their responsibilities can advertise those opportunities available to OLLI members. If you have an OLLI job that you want to post in the ChroniCLE, email Chris Shaw at tashawc01@gmail.com, and include the following information:

- 1) What the need is for.
- 2) What skill sets are necessary for the volunteer.
- 3) What timeframe the help is needed for.
- 4) How a potential volunteer could contact you.

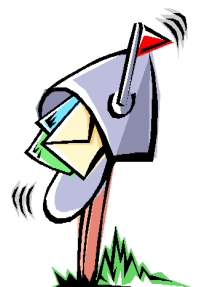
Current Help Needed:

Back-up editor for electronic bulletin board announcements. You should be able to create attractive announcements in PowerPoint and know how to convert a slideshow into a movie that will play continuously on the Shapiro Lobby monitor. Work is done at the end of each month and uploaded to the TV monitor for the start of a new month. Volunteers can email Chris Shaw, who will then contact Joyce Ono, Vice President of Communications, with the candidates' contact information.



December - January Mailing Crew for the ChroniCLE

THANK YOU to the volunteers who helped with the December - January ChroniCLE mailing: Kathleen Brooks, Jean Bryant, Nancy Carlton, Linda Lockwood, Lorraine Miller, Harriette Millman, Gail Nitta, Judy Randlett and Marie Stiegler.



SPECIAL EVENTS

New Member Orientation	3:15 p.m. February 4	CD
The Autry National Center Trip	8:30 a.m. February 17	Lot A

OPEN TO THE PUBLIC

Eclectics I	10:00 a.m. February 9, 23	AUD
Eclectics II	10:00 a.m. February 4, 18	AUD
Great American Songbook	12:00 p.m. February 2, 16	AUD
Jazz Series	12:30 p.m. February 6	Florentine's Grill
Musical Performances	2:15 p.m. February 9, 23	AUD
Medical Series	9:00 a.m. February 3, 17	Elks Club
Medical Series	7:00 p.m. February 10, 24	Morningside
TiR Essentials	9:30 a.m. February 6, 13, 20, 27,	ABCD

Welcome New Members!

OLLI Assistants will be available to answer questions and give directions. Look for the information table located in the center of the courtyard.

Computer and Mobile Device Classes Spring Session 2 (February 16-March 14)

Pre-registration, beginning **February 1**, is required for these classes. Pick up a registration form in the OLLI office and follow the instructions in the Blue Book.

For mobile device classes, you must obtain your campus-wide ID (CWID) and PIN number at the OLLI office, and have access to the CSUF Student Portal in advance of the class. See instructions on the OLLI website: <http://olli.fullerton.edu/AboutOlliCsuF/CSUFWiFi.asp>.

- **Android Mobile Devices—BMD2b**

Tue/Thu • Noon-2 p.m. • Room 20
Feb 16, 18, 23, 25 • Mar 1, 3, 8, 10

- **Computer/iPad for Artists—IMD7**

Mon • 10 a.m.-noon • Room 11
Feb 22, 29 • Mar 7, 14

- **iPhone/iPad Essentials—BMD1b**

Mon/Wed • 1:15-3:15 p.m. • Room 20
Feb 17, 22, 24, 29 • Mar 2, 7, 9, 14,
16, 21, 23 • Apr 4, 6, 11, 13, 18

- **Intermediate Mac Skills—IM2**

Mon/Wed • 1:15-3:15 p.m. • Room 11
Feb 17, 22, 24, 29 • Mar 2, 7, 9, 14

In Response to LA Times Article

The other day there was an article that said that older people can continue to learn, but it might be at the expense of losing knowledge previously retained. This seemed to be in direct contrast to previous articles that state that most humans use only a small portion of their brainpower. I personally believe the latter statement, so with tongue in cheek, the poem that follows was scribbled down.

Old Brains

The article says old brains can improve,
that persons of ninety can grow,
but be careful, be cautious when you learn new things,
lest you lose what you already know.
They say that brainpower has limits,
so adding ideas learned in OLLI
can risk crowding aging grey matter
and dump old ideas off the trolley.
I, therefore, pledge to be careful 'round here,
to watch what I say, what I write.
So that I do not damage my fellow man,
I'll never be bright ... just polite.
My prose will be pleasant, but never abstract,
the poems I write will be cute.
I'll steer clear of conflict, dispute or debate,
utter nothing deep or astute.
You may daydream or text, no need to attend,
'cuz the more attentive you are
you might then recall what Freud said about sex
but forget where you parked the car!

Kitty Baier, Contributor



OLLI

at California State University, Fullerton

"A Continuing Learning Experience"

1979 - 2016: 37 Years of Excellence

Ruby Gerontology Center, Room 7

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If you still have trouble receiving emails from OLLI, send an email to ollinewsbytes@hotmail.com and include your name and email address.



How to Get the ChroniCLE by Email - Save Trees and Stamps!

Unless you elected not to receive emails from OLLI, you are currently receiving an email each month announcing the new ChroniCLE and calendar for the upcoming month with links to view or download the publications. You can also access the most recent ChroniCLEs and calendars through links in the weekly OLLI News Bytes and on the OLLI Website.

If you are receiving the ChroniCLE in the mail, but no longer want it mailed to your home, send an email to olli-info@fullerton.edu with **your name and address** stating: "Do **not** send me a ChroniCLE in the mail." If you ever need the printed version, copies are always available in the OLLI office.

If You Need to Contact OLLI

Website: <http://olli.fullerton.edu>

Email: olli-info@fullerton.edu