IMovie
Favorite Shortcut Keys

Catagory	Keystoke	Function
Import media		
	⌘ I	Import Media
Play Video		
	[Space]	Play from playhead or skimmer
	/	Play selection
	\	Play the selected event, clip or project from beginning
	⟸ (left arrow)	Move the playhead one frame back
	⟹ (right arrow)	Move the playhead one frame forward
	⇓ (down arrow)	When playing a clip in the browser, jump forward to the next clip.
	⇑ (up arrow)	When playing a clip in the timeline, jump to the beginning of the clip or jump to the previous clip if near the begging of the clip
	J	Play in Reverse
	K	Pause
	L	Play
Select and edit Video		
	⌘ A (Command A)	Select all clips in the timeline or browser
	⇑ ⌘ A (Shift Command A)	Deselect all clips
	X	Select the entire clip
	Hold down the **R** key and drag	Select a part of the clip
	I	Start point of clip selection
	O	End point of clip selection
	E	Add the selection to end of the timeline
	W	Insert the selection to timeline at the playhead

Catagory	Keystoke	Function
Select and edit Video (cont)		
	Q	Connect to the timeline at the playhead
	⌘ X (Command X)	Cut the selected frames
	⌘ C (Command C)	Copy the selected frames
	⇑S	turn on or off Audio Skimming
	⌥ / (Option /)	Trim a clip in the Timeline to the selected range
	⌘ B (Command B)	Divide a clip at the playhead position
	⇧ ⌘ B (Shift Command B	When selecting adjacent clips in the timeline, it combines the clips
	M	Add marker
	,	Nudge left
	.	Nudge right
	⇑,	Nudge Many left
	⇑.	Nudge Many right
	F	Rate the selection as a Favorite
	U	Unmark the selection
	⌫ (Delete Key)	Rate the selection as a Reject
Window Navigation		
	1	Go to Media
	2	Go to Project
	3	Go to Theater