COVID-19 Response
Following our successful return to campus in the fall semester, OLLI plans to continue offering a mix of in-person and Zoom or livestreamed programs in the spring semester, recognizing that conditions may change that could require alternative plans. As this catalog goes to press, OLLI requires everyone on campus to be vaccinated and to wear masks indoors, but protocols could change. Watch OLLI’s weekly newsletters, emails and website at olli.fullerton.edu for up-to-date information.
Join us on campus for an overview of spring courses and activities.

- Overview of 110 courses and activities.
- On-site registration.
- Free parking with shuttle service from State College Parking Structure.

THE HISTORY OF AMERICAN MUSIC: ROCK 'N' ROLL
Jan 18, Feb 1, 15, Mar 1, 15, Apr 5

CSUF FACULTY/STUDENT PERFORMANCES
Jan 18, Feb 1, 15, Mar 1, 15, Apr 5

ECLECTICS
Jan 18, Feb 1, 15, Mar 1, 15, Apr 5

TRANSITIONS IN RETIREMENT ESSENTIALS
Jan 22, 29, Feb 5, 12, 19, 26, Mar 5, 12

MEDICAL SERIES
Jan 26, Feb 9, 23, Mar 9, 23, Apr 13

* The Spring Preview and the programs listed above are free to the public. Parking on campus is free on weekends. On Monday through Friday, visitors may purchase daily permits from vending machines at Lots A and G and the State College Parking Structure. Orange County and California State COVID-19 protocols are followed on campus.
Spring on Campus

Since March 16, 2020, OLLI has demonstrated the strength of our aging population to learn new ways of bringing our classes back to OLLI in spite of the COVID-19 “Black Swan Event.” In fall, we successfully brought 30% of our classes back to the OLLI campus. Members are still enjoying some of their favorite classes through virtual viewing on Zoom or livestream.

We will continue to encourage our instructors to return their classes to campus as our world returns to a safe environment, while still providing Distance Learning to those who cannot come to campus.

OLLI will continue to offer over 100 courses along with a variety of in-person events throughout the spring. Our membership has continued to grow each semester, since the depths of the pandemic, to over a 1,000 members.

Our programs promote a range of health benefits, self-satisfaction and stimulating learning experiences, while offering the opportunity to learn new skills, encourage creativity and increase your knowledge of the constantly changing world around us. And you will find yourself forming new and lasting friendships.

Our volunteer instructors, along with the volunteers offering technical support, share the knowledge and expertise gained throughout many years in their field of expertise. This gives our members an educational experience that goes beyond standard college courses.

OLLI-CSUF is entirely self-supporting, yet our membership fees are remarkably low. Thanks to our volunteer base, funding from the Bernard Osher Foundation and private contributions, members have the privilege—and fun—of taking as many courses as they want. Whether you are retired, semi-retired or thinking of retiring, there is an active life of learning at at OLLI!!

Ellie Monroe, OLLI President
About Us: The Basics

Name and affiliation. OLLI-CSUF stands for Osher Lifelong Learning Institute at California State University, Fullerton. OLLI-CSUF was established in 1979 as a lifelong learning program for retired and semi-retired adults, and an integral part of CSUF operating under the guidance of Extension and International Programs.

We are affiliated with 123 other lifelong learning institutes in the United States, all affiliated with colleges and universities and funded in part by the Bernard Osher Foundation.

Location. OLLI-CSUF is located in the Ruby Gerontology Center (RGC) on Gymnasium Drive in the northeast portion of campus near the Student Housing complex and the Gastronome dining facility. GPS location reference: 800 N. State College Blvd., Fullerton, CA 92831. Mobile device map app reference: “OLLI Cal State Fullerton” or go to http://www.bit.ly/map2olli. See page 25 or www.fullerton.edu/campusmap for a campus map.

Learning spaces. OLLI courses and activities are generally held in the classrooms, auditorium and computer lab of the Ruby Gerontology Center (RGC) on the CSUF campus or via Zoom or livestream. The RGC is the headquarters for our programs and is exceptionally well designed for the eclectic interests of OLLI’s learners. For example, our Shapiro Wing area, with moveable walls, can be divided into as many as four classrooms, becoming a concert space, a painting studio and financial planning workshop, all in one day.

We also use some nearby campus locations within a short walk, and hold a few courses at off-campus locations in the area.

Membership requirements. Anyone retired or semi-retired may join. Members from all backgrounds are welcome; neither a college education nor previous association with the university is a prerequisite for membership. The only requirement is a desire to learn. Curiosity never retires!

Homework? Grades?

Courses typically have no “homework” as you may remember it. There are a few courses—in areas such as photography, language, literature and book discussions—where some optional work or study outside of class will substantially enhance your learning. Except for computer courses and a few others, no pre-registration is required. Just show up, make friends, and learn!

Membership includes a campus parking permit and the following:

• Library access and checkout privileges.
• Use of the campus Wi-Fi network.
• Free admission for two to most CSUF-sponsored athletic events.
• Auditing CSUF courses on a space-available basis with instructor’s permission.
• Discounts to CSUF Performing Arts events.

Note: The above membership privileges are subject to modification by campus administration.

OLLI Governance

OLLI-CSUF is a volunteer organization, guided by a Board of Trustees elected annually from the membership by the membership. The Board is responsible for
Joining / Registration / Fees

Membership registration and renewal is only available online through the OLLI website: http://olli.fullerton.edu, select JOIN/RENEW. For those needing assistance with the online process, help is available in the OLLI office, Room 7 at OLLI’s Ruby Gerontology Center (or call 657-278-2446), open Monday through Friday from 8:30 a.m. to 4 p.m.

Renewing members must have their CSUF username and password to renew online. If you cannot find your CSUF username and password or have not created it, please come into the OLLI office to obtain your campus-wide identification number (CWID) and PIN. Then go to the OLLI website and click on “STUDENT PORTAL ACCOUNT” under “MORE INFORMATION” and follow the instructions.

Whether a new or renewing member, it is important that you add your personal email address on the online registration form. This email address will be used for all future communications from OLLI. The system will prompt you for information and payment by asking for your credit card information, or you can pay by electronic check.

Membership/enrollment fee is:

- Spring and Summer: $195
- Spring Semester Only: $150

Membership fees cover a campus parking permit and admission to all classes. Note: A few classes may have limited enrollment, due to space or equipment considerations (e.g., some computer classes), and if so, early sign-up will be advised.

Fees also cover participation in other OLLI-CSUF activities, with the exception of some activities for which special expenses are passed on at the lowest possible cost. These include computer education, special events, trips and some special activity classes as specified in this booklet.

Other Fee-Related Items

Reservation forms for special programs or social activities are posted on the OLLI website and included in the monthly OLLI ChroniCLE newsletter, which will be emailed or mailed to you per your preference. Payment is required when reservations are made. Refunds are given until the deadline specified on the form, and thereafter if a substitute is found for the reservation-holder.

Scholarships: Scholarships for membership are available for those having financial hardships. Applications can be requested through the OLLI office by phone (657-278-2446) or by sending an email to olli-info@fullerton.edu. Applications must be received no later than Monday, December 6, 2021 for the spring semester. Each applicant will be contacted to set up an interview with the committee shortly after the application due date.
# Areas of Study/Programs

(Alphabetical index, see page 8)

- **TR** mark denotes Transitions in Retirement programs

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**Suggestion Box**

We want your ideas, suggestions and solutions. Just drop a note in the box in the Shapiro Lobby, or email Ellie Monroe at ellie.monroe@mindspring.com.

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“Once I joined OLLI, I had more ‘family’ than I knew what to do with. OLLI gives me a purpose. I feel valued there. I can use my teaching skills with people who, like me, still want to learn.”

-Mary Sampson
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"I joined the Watercolor class . . . WOW! This is the best find ever. I now enjoy a new hobby that is both therapeutic and fulfilling. I now have new friends and retirement is the best ever. Thanks to OLLI."

-Maggie Giles
Key Dates

Saturday, January 15: Spring Preview
Monday, January 17: Martin Luther King Day, campus/office closed, no classes

**Tuesday, January 18: First day of spring semester**
Monday, February 21: Presidents’ Day, campus/office closed, no classes
Monday, March 28-April 2: Spring break, no classes
Wednesday, March 30: Cesar Chavez Day, campus/office closed, no classes

**Saturday, April 16: Last day of spring semester**

**Monday, April 18: First day of spring intersession**

**Saturday, May 21: Last day of spring intersession**
Monday, May 23-27: CSUF commencement, office closed early, no classes
Monday, May 30: Memorial Day, campus/office is closed, no classes

**Tuesday, May 31: First day of summer session**

All dates for class meetings and events are listed in the course/event descriptions, including intersession meetings. Class meeting dates when classes will not meet due to holidays or other reasons are shown as “(3 no class),” 3 being the meeting date, in the course/event descriptions.

Auditing Cal State Fullerton Courses

One of the most valuable OLLI benefits is the privilege to audit any CSUF course, free of any tuition fees, with the instructor’s permission and approval from the OLLI office. OLLI members don’t receive any official, academic credit from the University, but they enjoy the benefit of a world-class education, participating with University students.

Go to the OLLI website at [http://olli.fullerton.edu](http://olli.fullerton.edu) and click on AUDITING CLASSES for step-by-step instructions to enroll through OLLI. This webpage provides links to the CSUF course catalog and schedule of classes for each semester. You will be asked to complete a form and submit it to the OLLI office, who will obtain instructor approval to attend your course(s) of choice. If approved, you will receive confirmation from the instructor, and later, information on how to access the class.

Class Calendars on the OLLI Website

- Bookmark the OLLI website [http://olli.fullerton.edu](http://olli.fullerton.edu) on your mobile device
- Populate your personal calendar with OLLI classes and events from the website
- Check what’s happening at OLLI on your mobile phone or tablet
- Changes in class and event times, dates and classrooms are updated on website calendars
Commitment to Positive Member Experiences

We want all OLLI members to have the best possible experiences at our classes, programs and special events regardless of any differences in gender, heritage, abilities or political ideology. The OLLI leadership and staff are intent on helping you understand the expectations about standards of behavior. These are important to maintaining the high quality of OLLI as a community of learners in a variety of settings that promote learning while also providing for the respectful, open exchange of ideas.

We urge all members to become familiar with and to practice the standards in two adopted policies. OLLI’s Ethical Environment Policy (Policy 2.6) supports an environment that is free of discrimination and harassment by incorporating the University’s Policy Statement 100.006, fostering a climate of civility. That includes displaying respect for others and engaging in respectful discourse on diverse ideas. Please review these policies at http://olli.fullerton.edu (click on GOVERNING DOCUMENTS) and keep them in mind throughout your time at OLLI activities. Per the OLLI policy, any related grievances or incidents should be reported immediately to any OLLI officer or to the OLLI Administrative Manager. In cases of egregious acts (thankfully rare), OLLI may assess sanctions up to and including suspension or termination of membership.

OLLI Website: Everything You Need to Know about What’s Going on at OLLI

The dates, times and places of classes and events are subject to change or cancellation. OLLI members are notified via email or the weekly OLLI newsletters, and the calendar on the electronic bulletin board in the Shapiro Wing is updated. The up-to-date calendar of the whole semester is always available on the OLLI website at http://olli.fullerton.edu. Select the CALENDARS tab to view today’s calendar or the whole semester’s activities by week or month. The CLASSES/ACTIVITIES tab often has more information about courses and activities than is included in the Blue Book.

The OLLI website contains a wealth of other information about OLLI, from its history to who heads up OLLI’s operational areas, committees and teams, and how to contact them. The website describes how to support OLLI, either by donating or volunteering; how to become a member or renew your membership; how to access forms and register for computer courses, trips and special events; how to gain access to the CSUF Wi-Fi and student portal; how to audit CSUF courses … and much more.

A shortcut can be created on a smartphone, tablet or computer to access the OLLI website. On the home page under the MORE INFORMATION column, click on OLLI ON YOUR PHONE/TABLET.

Distance Learning Program

OLLI members may have days when they can’t get to campus, when parking availability is difficult or when their favorite classes are running concurrently, forcing them to miss a class. Selected classes are recorded and archived on the OLLI website for members to stream online at their leisure. More than 320 videos are currently available to watch, and more are added each week. To access the video collection go to the OLLI website at http://olli.fullerton.edu and click on DISTANCE LEARNING VIDEOS or LIVESTREAM/RECORDINGS under MORE INFORMATION on the home page.
Attending Live Programs Online

OLLI uses both the Zoom app and livestreaming through the internet to deliver some courses, committee meetings and events online as an in-person alternative. The links to join these programs can be obtained from OLLI’s weekly Class Information and Updates Newsletter or from the OLLI website under ZOOM COURSE IDs/LINKS or LIVESTREAM/RECORDINGS (you’ll need your CSUF username and password).

To attend a Zoom program, an account is recommended but not required. Anyone can attend by using their laptop or desktop (Windows or Mac), tablet or smartphone (iPhone or Android), or regular telephone. However, be sure to use your full name when signing in to facilitate taking attendance. If you haven’t used Zoom before, leave about 10 minutes to set it up before your first use. If you use a laptop or desktop, the first time you click on a link, it will ask you to download a free Zoom app on your computer. If you are planning to use a tablet or smartphone, you’ll want to download the free Zoom app (“Zoom Cloud Meetings”) from your app store. More information and sources for help with Zoom are available on the OLLI website under ZOOM HELP.

Livestreaming is similar to Zoom, except you don’t need an app—you just need access to the internet. Clicking on the livestream link takes you to a webpage where you choose the current meeting from a list. Unlike Zoom, you will not see the other attendees and the instructor can’t see or hear you, but you can type a message into the chat box. All livestreamed classes are recorded and available to view after the meeting. For more information on livestreaming see OLLI Livestreaming FAQs. An informational video and class recordings are on the OLLI website under LIVESTREAM/RECORDINGS.

Volunteerism / Interaction / Support OLLI in the University Community

OLLI-CSUF’s retirement model includes volunteerism as a core element, and the University welcomes members’ involvement in campus programs as individuals and as part of OLLI-organized efforts.

Annually, more than 300 OLLI members volunteer in support of OLLI activities. Their efforts improve and expand OLLI programs and activities while ensuring that OLLI membership fees are affordable.

Members also contribute thousands of hours in support of CSUF programs, including Art Alliance, Friends of the Fullerton Arboretum, Music Associates, Patrons of the Library and others.

OLLI-CSUF Collaboration

OLLI + CSUF students + Faculty = Collaboration

Through the OLLI-CSUF Collaboration program, OLLI members share their life experiences and skills with members of the university community—to the benefit of all.

Opportunities include tutoring, mentoring, evaluating and sharing expertise with CSUF classes and individuals in both academic and career/professional pursuits. CSUF students and faculty benefit from our members’ accumulated knowledge and wisdom, and OLLI members enjoy the intellectual stimulation, the opportunity to remain productive and “giving back” to the community.

Learn how to get involved under Other Activities in this booklet, and on our website at http://olli.fullerton.edu under the VOLUNTEER tab.
Transitions in Retirement
Programs for the newly retired and almost-retired

New retirees or those approaching retirement have a special place at OLLI. Transitions in Retirement (TiR) is a series of programs for persons preparing for this next phase of their lives. Whether still working or not, you may not have enough weekday time to benefit from all OLLI courses. Transitions in Retirement addresses that with classes more to your convenience on weekends and during early morning, late afternoon and evening hours.

“Transitions in Retirement Essentials” classes on Saturday mornings during the fall and spring semesters are open to the public at no charge. This gives you a chance to sample what OLLI has to offer. Topics cover a wide range, from financial planning to health issues. Other TiR classes do require OLLI-CSUF membership. TiR offerings are specially marked in our course listings, and you can read more about our program on our website at http://olli.fullerton.edu under Transitions in Retirement on the home page.

Around and About OLLI

Parking privileges. A 24/7 parking permit is included at no additional charge with your OLLI membership, and you will be provided with a hangtag. OLLI parking permits are valid in certain parking lots and structures on campus. For specifics on where and where not to park, see the Parking & OLLI Trolley Information section.

Can I eat in or near OLLI?

Yes! Eating with other OLLI members is a good way to become acquainted. When members bring their lunches, they usually have company in the patio near the kitchen or at a table in the courtyard. Lunches may be stored in the kitchen refrigerator in Shapiro Wing A, but must be removed by Friday of each week. In addition, sack lunches may be taken on bus trips when special luncheon arrangements have not been made.

Within a two-minute walk are several other eating or snacking opportunities:

The CSUF Gastronome, an all-you-can-eat buffet for one price, serves fresh, wholesome, cooked-from-scratch and prepared-to-order meals throughout the day.

The CSUF Community Market, directly across from the Gastronome, stocks a wide array of packaged snacks and fresh produce, hot and cold beverages, foods and sundries.

The Titan Student Union, several minutes away, provides a selection of fast-food (some healthy) franchises and other options; see http://asi.fullerton.edu/titan-student-union#Food for details. While you’re in that neighborhood, you can also shop at the bookstore or Titan Shops with your student discount or do some banking at the ATMs or SchoolsFirst Credit Union.

The Community Market and Student Union food court currently offer a 10% discount if you show your current OLLI membership card (this discount is subject to change or elimination at any time).
OLLI Office

The OLLI office is in RGC Room 7 (see map on Page 26). It is open weekdays from 8:30 a.m. until 4 p.m. Campus holidays are observed. (See apps.fullerton.edu/AcademicCalendar/default.aspx.)

The office phone number is 657-278-2446, and OLLI’s general information email is olli-info@fullerton.edu.

Staff members are Patsy Burns (Manager, Administration), Celia Reynolds (Administrative Assistant) and Michelle Sanford (Administrative Assistant).

Other

Restrooms are located on the north end of the RGC courtyard, outside on either side of Mackey Auditorium, and in the southeast corner of the RGC, indoors and adjacent to the main entrance to the Shapiro Wing.

Parking & OLLI Trolley Information

Please consult the campus parking map following this section for parking locations. OLLI-CSUF members may park in some CSUF student lots and parking structures as listed below. Members are required to display an OLLI-CSUF parking permit whenever they park on campus.

Lot J, adjacent to the Ruby Gerontology Center (east side), is available exclusively for OLLI permit holders Monday through Thursday until 6 p.m., and Friday until 5 p.m. Lot J is particularly convenient for our members with mobility concerns, so we ask that you keep this in mind when considering where to park.

When Lot J is full, Lots G and A provide a pleasant walk. An OLLI Trolley ride to the RGC is available during published and posted hours. Lot G is located on the SW corner of Associated Road and Yorba Linda Blvd next to Goodwin Field. Lot A is located on the SE corner of Yorba Linda Blvd. and State College Blvd.

Do not park in the Arboretum parking lot, even if your class is held at the Arboretum (such as Longevity Stick and Tai Chi). If you have an OLLI class at the Arboretum, park in Lot G. Arboretum parking space is very limited. Continued parking there by OLLI members could result in the loss of access to this wonderful facility for OLLI classes.

OLLI Trolley. The OLLI Trolley is available during spring and fall semesters (no summer service) to transport members between Lots G and A and the RGC, although many members prefer to walk. See the OLLI Trolley operating times under PARKING AND OLLI TROLLEY on the OLLI website at http://olli.fullerton.edu. If you’re interested in volunteering as an OLLI Trolley driver, please apply in the OLLI office.

By the Alphabet: CSUF Lot Availability for OLLI Members:

- Lot A: OLLI permits are valid in most of Lot A. Please check signs before parking. Do not park in Lot A-South, because this is a faculty-staff parking lot.
- Lot D: OLLI permits are NOT valid.
- Lot G: OLLI permits and daily parking permits are valid.
• Lot H: Parking is for the disabled and faculty/staff only. The four disabled parking stalls are available to qualified OLLI members. Please see Disabled Parking below.
• Lot J: available exclusively for OLLI permit holders Monday through Thursday until 6 p.m., and Friday until 5 p.m.
• Nutwood and State College Parking Structures: OLLI permits are valid.
• Eastside North and Eastside South Parking Structures: OLLI permits are NOT valid.
• Student Housing Lot and Arboretum Lot: OLLI permits are NOT valid.

Parking Enforcement
OLLI permits are not to be transferred or lent, and they should only be displayed by the member to whom the permit was issued. A parking citation will be issued to a vehicle displaying a transferred permit, and the member may lose the privilege to receive another OLLI permit, indefinitely.

If your vehicle is issued a parking citation and you wish to contest it, you may file an administrative review online at https://csufparking.t2hosted.com/Account/Portal.

Disabled Parking
OLLI members with DMV-issued disabled parking placards may park in disabled stalls located in Lot J and in Lot H (Lot H is on the immediate west side of the Ruby Gerontology Center) and in Lot G (south side, across from the OLLI Trolley stop). Members must display both their OLLI permit and their placard when parked in a disabled stall.

Visitor Parking
Hourly and daily permits may be purchased in the machines in Lots A, G, S and Arts Drive, and on levels 2, 4 and 6 of the State College Parking Structure. Visitor permits are valid in all student parking lots and structures, but are not valid in Lot J, adjacent to the RGC, or the student housing lot. Permits are not required Fridays after 5 p.m. nor on Saturdays and Sundays.

General Information
Campus parking information is available on the CSUF Parking and Transportation Services webpage at https://parking.fullerton.edu. As this Blue Book goes to press, the Parking Office remains closed to in-person transactions. A notice will be placed on this webpage when it is determined that the office will re-open to in-person transactions. OLLI members may contact the Parking Office directly by phoning 657-278-3082, Monday through Friday, between the hours of 8 a.m. and 5 p.m., or by email at parking@fullerton.edu.

Please Recycle at OLLI
Blue recycling bins with the recycle logo have been placed throughout the Ruby Gerontology Center for paper and cardboard and empty paper, plastic, glass and metal containers. Please recycle while at OLLI.
Note: OLLI parking is prohibited in the Student Housing Parking Lot.
Special Events Registration Policy

Who goes? How are they chosen?

Special events are open to members only. Should an event not fill by the stated deadline, non-members may register with OLLI approval.

Registration for a special event begins on a date assigned by the OLLI office. This date is approximately one week after the mailing of the ChroniCLE first announcing the event. Payments and coupons for a special event will be accepted at the time of registration. Registration forms will be entered on a first-come, first-served basis. Forms submitted by mail (post office or electronic) prior to the date of the beginning of registration will be entered at the end of the first day of registration. Once an event is full, a waiting list will be created, also on a first-come, first-served basis.

The OLLI office notifies only those individuals who could not be included in an event, and refunds their payments. If you want confirmation that you have been included on the list for an event, check the event lists posted on the bulletin board outside the OLLI office.

Refunds of payments of those who are registered for an event but are unable to attend will be made as long as no cost is incurred by the organization. A registered participant who is unable to attend an event should notify the OLLI office at least two business days before the event. If there is a waiting list for the event, a replacement will be registered from the waiting list, and a refund will be made to the participant who is unable to attend.

If you have any questions regarding the special events policy, please contact the OLLI office at 657-278-2446.

Notes on Curriculum / Format / Frequency

Courses fall into these general categories: The Arts; Languages; Economics, Humanities and Social Sciences; Healthy Living; Science; Technology; and Special Interest Groups and Social Programs. OLLI’s Curriculum Committee considers member requests in the planning of each semester’s offerings.

Class formats include those in which members learn from each other, as well as guest lecturers such as community leaders, university professors and other leading authorities. All courses and programs are coordinated by OLLI members.

Lecture/Discussion courses and programs may include instructors, as well as guest lecturers and presenters. Presentations are generally followed by a coffee break and a “Q and A” session.

“Study” courses, such as language and literature, are enhanced by some study or work outside class.

Frequency varies, so be sure to check your Blue Book for class meeting times, days and dates.

Other programs include special events, field trips and other activities, some of which require a modest payment.
OSHER LIFELONG LEARNING INSTITUTE
at California State University, Fullerton
(OLLI-CSUF)

• OLLI-CSUF is an organization of retired and semi-retired persons, operating on the campus of California State University, Fullerton under the guidance of Extension and International Programs.
• OLLI-CSUF is established under charter from California State University, Fullerton as a non-profit, self-supporting and self-administering entity.

MISSION

• To serve the lifelong learning needs of the older population in the campus environment of a great university.
• To afford members the privileges of adjunct student status on campus with all benefits inherent thereto.
• To allow self-directing individuals the means of providing a productive outlet for their creative energies.
• To provide programs taught by members who share their wealth of accumulated knowledge and expertise with their fellow members.
• To utilize the services of faculty from the university with judicious restraint to provide lectures and symposia in their respective disciplines.
• To support and enhance the activities of the university.

GOALS

• To provide lifelong learning opportunities (for its members) in classes and activities desired and determined by the membership.
• To provide individuals the means to teach, lecture and share their wealth of knowledge and expertise with fellow members.
• To operate on a fiscally-sound self supporting financial basis.
• To support and enhance the activities of California State University, Fullerton to the fullest extent possible.
• To create a welcoming environment.

Links to Online Classes
Get links to Zoom and livestreamed classes in Class Information and Updates Newsletters or on the OLLI website at http://olli.fullerton.edu/ (CSUF username & password required).

Learn to Use Zoom
Click on ZOOM HELP on the OLLI website to learn more about using Zoom.
Osher Lifelong Learning Institute  Spring 2022 Activities

Osher Lifelong Learning Institute  Spring 2022 Activities

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OLLI Gives to OLLI

Please consider OLLI-CSUF as a worthy candidate for your tax-deductible charitable giving. With your gift, OLLI can continue to offer life-enriching programs to its members at a low fee. Members’ donations and bequests, together with earnings from the Osher Foundation endowments and members’ volunteer services, secure OLLI’s future programs and outreach.

Every contribution, no matter the size, is both tax-deductible and meaningful.

The California State Fullerton Philanthropic Foundation (CSFPF) is the entity overseeing the university’s gifts and endowments, and the specific fund for OLLI contributions is OLLI-CSFPF.

Gift Options

- **Fund for the Future** (endowment fund): The principal of this fund grows over time with your contributions. A portion of the annual earnings of this account is transferred into the general budget, reducing membership fees. Donations may be in the form of cash, stock, or other financial gifts.

- **OLLI–Today and Tomorrow Fund**: This fund provides and supports OLLI on the CSUF campus with non-budget items not readily funded by OLLI operations. It is intended for special or major projects to enhance OLLI’s learning environment with structural, capital and refurbishing needs for today and tomorrow.

- **Computer Education Fund**: This fund is used to supplement basic support for the computer lab. Gifts to this fund help us keep abreast of advances in technology.

- **Master’s in Gerontology Scholarship Fund**: These funds provide an annual scholarship award for students enrolled in the Master’s in Gerontology program. An award is given upon recommendation of the Gerontology program and approval by the OLLI-CSUF Vice President External Relations and the appointed committee.

- **Membership Aid Fund**: This fund provides basic membership scholarships to deserving applicants to OLLI who cannot meet the membership fees. These scholarships are private, and only the Membership Scholarship Committee and the president know the recipients. Funds for this come mainly from individual donations.

- **Operating Fund**: This fund is used for ongoing operating expenses and projects for the benefit of the general membership.

- **President’s Advisory Council Fund**: This is a discretionary fund used for special projects outside the general budget. Examples are the plaques in the Shapiro Wing, memorials and recognition awards.

To make a gift to OLLI-CSUF, make a check payable to OLLI-CSFPF, enclose a note indicating which fund you are contributing to, and mail to:

Cal State Fullerton Philanthropic Foundation (CSFPF)
2600 Nutwood Ave., Suite 850
Fullerton, CA 92831

To give by credit card, call the Philanthropic Foundation at 657-278-2118 to arrange a secure payment.

In appreciation and for your tax records, you will receive a letter acknowledging your tax-deductible contribution.
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2021-2022

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ChroniCLE .................................. Chris Shaw, Editor
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Nomination and Election Committee .... Mike Stover, Chair
Office Support Team ................... (vacant)
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OLLI Trolley Team ..................... Michelle Sanford, Lead
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Notice of Disclaimer

OLLI-CSUF presents programs of interest for general guidance only. It does not engage in rendering legal, medical, financial or other professional advice and services. Due to the changing nature of laws, rules and regulations, and because the application and impact of laws can vary widely based on the specific facts involved, there may be omissions or inaccuracies in information presented by OLLI-CSUF. Therefore, information presented in an OLLI-CSUF program should not be used as a substitute for consultation with a professional legal, medical, financial or other competent adviser. Before making any decision or taking any action, program participants should consult a professional legal, medical, financial or other competent adviser.

All information is provided “as is,” with no guarantee of completeness, accuracy, timeliness or of the results obtained from the use of the information, and without warranty of any kind, express or implied, including, but not limited to warranties of performance, merchantability and fitness for a particular purpose. Neither OLLI-CSUF nor its information providers will be responsible to any program participant or anyone else for any decision made or action taken in reliance on the information presented by OLLI-CSUF, or for any consequential, special or similar damages, even if advised of the possibility of such damages.

OLLI-CSUF Board of Trustees
John Beisner, CSUF Risk Management
Please note that the map is not to scale.
Pine and Juniper Rooms are located in the student housing complex, just east of parking Lot J. (See Page 18 for exact location)
Programs Offered In Person and Online

The courses and activities in this catalog may be offered: 1) in person on campus; 2) via Zoom videoconference; 3) livestreamed through the internet or 4) a combination of in-person and online, i.e., hybrid. Hybrid classes may be either synchronous—offering both in-person and online (Zoom and/or livestreamed) simultaneously for participants to choose from, or non-synchronous—alternating class meetings between in-person and online meetings.

Courses offered in multiple venues are listed in the course descriptions together, divided by a slash. For example, Room 21 and Zoom and Livestream will appear as 21/Zoom/Stream, or Zoom and Livestream will appear as Zoom/Stream.

Links to join Zoom or livestreamed classes will be available from the weekly OLLI newsletters or on the OLLI website at http://olli.fullerton.edu/ under ZOOM COURSE IDs/LINKS or LIVESTREAM/RECORDINGS (members will be asked for their CSUF username and password).

OLLI’s ability to continue in-person programs will be determined by the progression of the pandemic. OLLI members’ safety and health are the priority, so those attending programs on campus must be fully vaccinated and wear masks indoors. Watch OLLI’s weekly newsletters, other emailed announcements and the OLLI website for up-to-date information, including cancellations and other changes in meeting times and venues.

THE ARTS

FINE ARTS AND CRAFTS

Ceramics

Every Tuesday • 9 a.m.-11:30 a.m. • Shapiro ABCD Alternating with Zoom

Shapiro ABCD: January 18, • February 1, 15, • March 1, 15, (29 no class) • April 5

Intersession: April 19 • May 3, 17

Zoom: January 25 • February 8, 22 • March 8, 22 • April 12

Intersession: April 26 • May 10, (24 no class)

Materials Fee: $85

Come join us for a morning of fun, laughter, sharing and learning. The basic hand building techniques of clay will be taught—pinch pots, coil and slab—with many additional ideas. The experience will go far beyond your expectations! Beginners and (seasoned) experienced students are welcome! Please contact Janann at janann@sbcglobal.net if you plan to attend.

Instructor: Janann Zechmeister

Tech Coordinators: Jill Patterson, Waldene Henkhaus, Jim DiTota and Patricia Dapkus

Emerita: Desiree Engel
Ceramics II
Alternate Mondays • 1 p.m.-3 p.m. • Shapiro AB
January 24 • February 7, (21 no class) • March 7, 21 • April 11
Interession: April 25 • May 9, (23 no class)
Ceramics II is an exploratory workshop for students who would like to build their ceramic skills beyond a beginning level. You will work independently on your own project with support from others who are exploring the many options available in the world of ceramics. No fees for this course, but you will need your own clay and tools. Options for firing will be explored.

Instructors: Donna Minor and Sue Svoboda
Coordinators: Sue Svoboda and Sarah Troop

Drawing for the Fun of It
Every Wednesday • 10 a.m.-noon • Shapiro AB/Zoom
January 19, 26 • February 2, 9, 16, 23 • March 2, 9, 16, 23, (30 no class) • April 6, 13
Interession: April 20, 27 • May 4, 11, 18, (25 no class)
Drawing is a skill that anyone can learn, but first you need to learn how to see as an artist sees. The course will use demonstrations and videos to facilitate developing your drawing skills along with help from instructors and coordinators. Gather your pencils, paper (or a sketchbook) and eraser to learn to do something you always wanted to do but didn’t think you could! Advanced students may continue to work in different drawing media.

Instructors/Coordinators: Jeff Layton, Sharon Brown, Carol Carson, Emma Cox, Stevie Johnston, Marsha Linsley, Joyce Ono and Michael Shellman
Tech Coordinators: Emma Cox, Stevie Johnston, Joyce Ono and Michael Shellman

The Crafty Social
Five Monthly Fridays • 3:30 p.m.-5 p.m. • Room 21/Zoom
January 28 • February 11 • March 11 • April 15
Interession: May 13
Crafting … childlike freedom to discover or rediscover your creativity, while pushing out of your comfort zone. Learn more about a variety of crafts without investing a huge amount of time or money. A rotating group of instructors will provide instruction in a different craft technique each month. The classes are in a demonstration lecture format, ending with time for questions and answers. No supplies are required to attend the class. Some classes may include handouts that will be made available in advance of each class.

Instructors/Tech Coordinators: Michele Frankel and Jill Patterson

OLLI Has a Facebook Page
Follow activities at OLLI-CSUF on our Facebook page at www.facebook.com/OLLICalStateFullerton.
Watercolor Workshop
Every Wednesday • 1 p.m.-3:15 p.m. • Shapiro ABCD/Zoom
January 19, 26 • February 2, 9, 16, 23 • March 2, 9, 16, 23, (30 no class) • April 6, 13
Intersession: April 20, 27 • May 4, 11, 18, (25 no class)
This course is an open workshop for all levels of watercolor artists. In alternate weeks, members or guests will lead in-class projects. Members share what they have learned in workshops or experimental techniques. We will share our paintings and have opportunities to review completed work or work in progress. At any of our sessions you are free to work on your own projects if you choose to do so. Check the OLLI website: http://olli.fullerton.edu/classes/the_arts/WatercolorResources.php and look for additional information about our activities and resources. Come and join us in a relaxed, supportive environment to pursue your artistic passions!
Instructors/Coordinators: Marion Brockett, Sharon Brown, Carol Carson, Emma Cox, Maggie Giles, Barbara Glaeser, Stevie Johnston, Mickey La Casa, Joan Lebsack, Marsha Linsley, Joyce Ono, Betty Redmon, Mary Sampson, Michael Shellman, Sandy Wessel and guest instructors
Tech Coordinators: Marion Brockett, Emma Cox, Barbara Glaeser, Stevie Johnston, Mickey La Casa, Joan Lebsack, Joyce Ono and Michael Shellman

Art House Cinema
Every Monday • 5:45 p.m.-8 p.m. • Shapiro CD
January (17 no class), 24, 31 • February 7, 14, (21 no class), 28 • March 7, 14, 21, (28 no class) • April 4, 11
If you enjoy watching and discussing vintage and new foreign, independent and documentary films, join us to watch a series of thought-provoking films. Check the weekly OLLI newsletters for announcements on each week’s film. Note that some films may run later than 8 p.m.
Instructor/Coordinator: Mary Sampson

Artsy: A History of European Art
Alternate Tuesdays • 2:15 p.m.-3:45 p.m. • Auditorium/Zoom
January 25 • February 8, 22 • March 8, 22 • April 12
“"A History of European Art“ is based on The Great Courses video series of the same name, offering a survey of the great monuments of European painting, sculpture, and architecture from the age of Charlemagne to the onset of World War II. Discussions will examine major works by the greatest visual artists of a millennium of Western civilization, placing their masterpieces in the political, religious, and social context of their time. This semester sets the stage with a chronology of the course and will introduce the essential aspects of analyzing the works. The Middle Ages bring early architectural monuments and the massive cathedrals and exquisite sculpture of the French Gothic style. Let the journey begin!
Instructor: Judy Alter  Coordinator: Sue Batie
Tech Coordinators: Susan Hanna and Rick Hearn
Critics’ Choice: The Movies
Every Friday • 9:30 a.m.-noon • Shapiro AB
January 21, 28 • February 4, 11, 18, 25 • March 4, 11, 18, 25 • April (1 no class), 8, 15
Intersession: April 22, 29 • May 6, 13, 20, (27 no class)
Movie fans will enjoy this course. At 9:30 a.m., previews of newly released films are shown. We check with class members to see if anyone has been to the movies and wants to give a recommendation. Then a feature length film is shown—it could be a box office hit, a foreign film or a sleeper that did not play in our area. After the movie, Michael Sultan leads the viewers in a discussion of the film. If you like going to the movies, this program is something to look forward to every Friday. Check the weekly OLLI newsletters for information on each week’s film. Come join us!

Coordinators: Claire Curran and Michael Sultan

The History of American Music: Rock ’n’ Roll (Open to the Public)
Alternate Tuesdays • 1:45 p.m.-3:45 p.m. • Auditorium/Zoom
January 18 • February 1, 15 • March 1, 15, (29 no class) • April 5
This course focuses on the development of music in the United States and the composers and personalities of our most popular American-born songs. The genres of music are vast within our country, and the evolution of music has many tales to be explored. This semester we will examine the composers and music personalities of the 1970s. Funk, soul, R&B, pop, hard rock, soft rock and disco all carved out their places in the music world in the 1970s. Some of the best rock ’n’ roll of all time was recorded in the ’70s. The videos and lectures are designed for the lover of all types of music. Don’t miss this fun course.

Instructor/Coordinator: Ellie Monroe Coordinator: Jim Medici
Tech Coordinator: Jim Monroe

LITERARY ARTS

Book Clubs
There are three separate clubs to choose from: see times and locations below.
Like reading books and talking about life and happiness? Then these could be the groups for you. We come together for one common interest—books. Yet, in exploring the stories or history together, we will discover we have so much more in common as well. We try to find new areas to branch into each month. We may invite OLLI authors with manuscripts ready for publication. We don’t break the stories down, clinically, piece by piece. Instead, we prefer to discuss the story in general terms and how it relates to us.

Please silence your cell phone when attending classes and programs. Thank you!
“Genreflections” Book Club
Alternate Fridays • 11:30 a.m.-1 p.m. • Zoom
January 28 • February 11, 25 • March 11, 25 • April 15
Intersession: April 29 • May 13, (27 no class)
This course is for those who enjoy reading and discussing fiction. We will explore a variety of novels representing various genres, such as travel fiction, historical fiction, coming-of-age fiction and domestic fiction. Our first selection for the spring semester is the satire genre “Then We Came to The End” by Joshua Ferris. Books for the remainder of the semester will be determined by the Club during the first meeting.

Instructor: Andrea Tarr  
Tech Coordinator: Rosalind Charles

Kitty’s Book Club
Alternate Mondays • 12:15 p.m.-2 p.m. • Zoom
January 24 • February 7, (21 no class) • March 7, 21 • April 11
The book selected for the spring semester will be “Hamnet” by Maggie O’Farrell. Please read the book and join our discussion.

Coordinators: Lisa Sewell and Juanita Driskell
Tech Coordinator: David Wilkinson

Mystery Book Club
Alternate Mondays • 12:15 p.m.-2 p.m. • Zoom
January (17 no class), 31 • February 14, 28 • March 14, (28 no class) • April 4
The book selected for the first meeting is “P is for Peril” by Sue Grafton. Please read this selection before our first meeting. “Farewell, My Lovely” by Raymond Chandler is the selection for the second meeting. Subsequent book selections will be determined during the first meeting.

Coordinators: Patrick Boyle and Sandy Potter

Great Books
Alternate Mondays • 10 a.m.-noon • Zoom
January (17 no class), 31 • February 14, 28 • March 14, (28 no class) • April 4
Intersession: April 18
This course explores literature recommended by the Great Books Foundation. The group is made up of individuals who love to read and partake in lively discussions. Discussion leadership rotates among class participants. Join the discussion in finding deeper meaning behind the printed words. Our opening selection will be the complete book “Thinks …” by David Lodge (Penguin Edition (2002) preferred, ISBN 10: 0142000868 ISBN 13: 9780142000861. Amazon shows a Kindle version also). After that, students will continue reading selections from our wonderful anthology, “Double Features: Big Ideas in Film.” A free PDF of discussion questions is provided for all selections. The anthology may be purchased through The Great Books Foundation at 800-222-5870 or at www.greatbooks.org; or as a Kindle version through Amazon.

Instructor: Judy Alter  
Tech Coordinators: Suzi Attal and Gary Wolfe
Kick Starting Your Writing

Alternate Tuesdays • 12:15 p.m.-2:15 p.m. • Zoom
January 18 • February 1, 15 • March 1, 15, (29 no class) • April 5
Intersession: April 19 • May 3, 17

- Do you want to do some writing but don’t know how to start? Have you written in your younger days and now would like to recover some of that earlier fire? Would you like to write but are afraid to try? Then we invite you to “Kick Starting Your Writing.”

- Do you simply want to share what you have written and get encouragement and feedback? Then we invite you to “Kick Starting Your Writing.”

- Have all of your writing experiences been practical, work oriented or technical? Do you wonder how to spark your imagination in order to write? Then we invite you to “Kick Starting Your Writing.”

Instructor: Ron Baesler   Tech Coordinator: Zona Gray-Blair

Life Story Workshop

Alternate Tuesdays • 9 a.m.-noon • Zoom
January 18 • February 1, 15 • March 1, 15, (29 no class) • April 5
Intersession: April 19 • May 3, 17

Pre-registration Required: The course had full enrollment in Fall 2021 and currently has a waiting list. If you are interested in attending in the Spring semester, contact Kathy Collier at kathyloucollier@gmail.com to see if openings exist.

This warm, supportive course is where you can begin writing down the stories of your life for your family. Share your stories and listen to the stories of others in your small reading group—a powerful experience, connecting with others through their stories. Discover a treasure trove of ideas for writing two-page life stories. For those with the goal of creating books to share with your children and grandchildren, you will have an opportunity to see books some of our writers have created and to hear from them about their experiences with design and printing. This workshop involves a commitment to attend regularly and write a story every two weeks.

Coordinators: Alice Gresto, Russ MacKeand and Kathy Collier
Tech Coordinators: Zona Gray-Blair, Linda Hsieh, Patricia Silvestri and Maureen Williams

Poetry for Pleasure

Every Thursday • Noon-2 p.m. • Room 21/Zoom
January 20, 27 • February 3, 10, 17, 24 • March 3, 10, 17, 24, (31 no class) • April 7, 14

Our poetry course is for people who love poetry. We listen to it, read it and even perform it. We take turns leading the class and featuring a poet or theme during the first hour. Then, in the second hour, we do potpourri when we read any poem we wish. Be assured that if you join us, you don’t have to write poetry yourself. You just have to enjoy it. Come join us, it’s fun!

Coordinators: Juanita Driskell, Alice Gresto and Mary Sampson
Tech Coordinator: Fritz von Coelln
Publish Before You Perish

Three Thursdays • 2:15 p.m.-4:15 p.m. • Room 21/Zoom
January 20 • February 17 • March 17

Are your creative articles, poems, stories, books or letters to the editor sitting in your computer yearning to be published? This class provides writers with the tools to self-publish and market your book with one-on-one assistance to publish in the media or a blog.

Coordinator: Fritz von Coelln  Tech Coordinator: Fritz von Coelln

Shakespeare Aloud

Alternate Thursdays • 10 a.m.-noon • Zoom
January 27 • February 10, 24 • March 10, 24 • April 14

Over the fall and spring semesters, we will be reading three wonderful plays dealing with various “looks” at wooing: “Taming of the Shrew,” “Love’s Labour’s Lost” and “Twelfth Night.” Timing will be flexible and class members are invited to share a favorite speech, scene or sonnet if there is time. These may come from plays not being read in class or may be a piece that the member did not get to read in class. Copies of the plays are available online or pending a distribution system.

Coordinators: Sandra Wodicka and Barbara Unsworth

Short Stories

Alternate Mondays • 10 a.m.-noon • Zoom
January 24 • February 7, (21 no class) • March 7, 21 • April 11

Do you enjoy reading but would like an alternative to book clubs that read full-size novels? Then “Short Stories” may be the right class for you. At each session we discuss two stories that have been read from the short story anthology that is currently being used. This spring we will be completing our readings from “The O. Henry Prize Stories 100th Anniversary Edition (2019),” edited by Laura Furman.

Coordinators: Janet Genow and Sybil Shecter  Tech Coordinator: Gary Wolfe

The New Yorker Magazine Discussion Group

Alternate Thursdays • Noon-2 p.m. • Shapiro CD/Zoom
January 20 • February 3, 17 • March 3, 17, (31 no class) • April 7

The New Yorker is renowned for its in-depth reporting and political and cultural commentary. Articles from other sources, including The Atlantic, Harper’s Magazine, The New York Times, Los Angeles Times and The Wall Street Journal, may also be included in our class discussions. Subscriptions to these publications are not required. Class members will receive links to the articles to be discussed in advance of the class meeting.

Coordinators: Loulie Beck and Edward Dunvan  Tech Coordinator: Jim Monroe
Write Now!

Alternate Thursdays • 2:15 p.m.-4:15 p.m. • Room 21/Zoom
January 27 • February 10, 24 • March 10, 24 • April 14

This course is for people who just want to write, whether it’s essays, memoirs, letters to the editor, poems or stories. We provide you the opportunity to practice writing by writing. You will be provided a topic and you have two weeks to write about it (or you may write about your own subject matter). We encourage you to share your writing in class, so we ask that it be held to about 500 words. Come join us to just write, write, write and read—it is lots of fun! (Assistance available for writers interested in publishing.)

Coordinators: Fritz von Coelln and Bob Kovacev
Tech Coordinator: Fritz von Coelln

Writing a Children’s Book

Alternate Thursdays • 10 a.m.-noon • Zoom
January 20 • February 3, 17 • March 3, 17, (31 no class) • April 7
Intersession: April 21 • May 5, 19

“You have knowledge/And imagination to share/So write a book for children/And you’ll always be there.” Channel your inner child by reading, listening to and learning how to write from children’s books, both old and new. Discuss what makes them appeal to children. We will consider format, style, vocabulary, age, grade, reading and interest levels. We will discuss factors that make writing a book for children both challenging and fun. The second hour will be devoted to sharing books you’ve loved and listening to stories in progress. Illustrating and marketing will also be discussed.

Instructor: Stephanie Leon Coordinator: Jan Maynard
Tech Coordinator: TBD

Writing with Feedback

Every Thursday • 4:30 p.m.-6:30 p.m. • Room 21/Zoom
January 20, 27 • February 3, 10, 17, 24 • March 3, 10, 17, 24, (31 no class) • April 7, 14
Intersession: April 21, 28 • May 5, 12, 19, (26 no class)

We encourage class members to bring copies of their own creative works—fiction, nonfiction, poetry etc.—and to read them aloud in class. Other class members provide feedback by sharing what worked well in the writing, what might need clarification or improvement, ideas for publication etc. The respondents may also provide written feedback to the presenter. You’ll have the opportunity to rewrite your work in response to the feedback. This course is for all writers, and, unlike most OLLI courses, you will be encouraged to do creative homework.

Instructors/Coordinators: Keni Cox, Jeanette Reese and Fritz von Coelln
Tech Coordinator: Fritz von Coelln Emeritus: Hank Smith
PERFORMING ARTS

Classical Guitar: Beginning
Every Thursday • 4:30 p.m.-5:30 p.m. • Room 18/Zoom
January 20, 27 • February 3, 10, 17, 24 • March 3, 10, 17, 24, (31 no class) • April 7, 14
Intersession: April 21, 28 • May 5, 12, 19, (26 no class)

Required: Nylon string guitar, a guitar footstool or other guitar support, and a music stand. A guitar tuner, either standalone or a phone app, is helpful but not required.

Are you fascinated by the beauty of classical guitar? Are you interested in learning the basics of playing in the classical guitar style? If so, come join in learning note reading on the guitar and the basic left- and right-hand classical guitar techniques. You’ll learn to play melodies and simple duets. The ability to read music is helpful, but not essential. Guitarists of all levels are welcome. If you have any questions, please email the instructor at brattonja@csu.fullerton.edu.


Instructor/Coordinator: Janet Bratton

Classical Guitar Ensemble
Every Wednesday • 4 p.m.-6 p.m. • Room 9
January 19, 26 • February 2, 9, 16, 23 • March 2, 9, 16, 23, (30 no class) • April 6, 13
Intersession: April 20, 27 • May 4, 11, 18, (25 no class)

For anyone who would like to play a classical guitar and make music in a group, come join us! Music from the 17th century to the present will be played in the classical guitar fingerstyle method. A classical (nylon-stringed) instrument, footstool and music stand are required. It is important that the student can read music. This semester the class will be working on developing skills in the 3rd and 5th positions on the guitar. The first half of each class will feature work on guitar playing technique and expanded music reading skills. The second half of each class will feature repertoire development.


Coaches/Coordinators: Alice Gresto, Janet Bratton and Suzi Attal

Concert Band
Every Tuesday • 5:30 p.m.-7:30 p.m. • Shapiro ABCD
January 18, 25 • February 1, 8, 15, 22 • March 1, 8, 15, 22, (29 no class) • April 5, 12
Intersession: April 19, 26 • May 3, 10, 17, (24 no class)
Prerequisite: Ability to read music and play an instrument
Required: Instrument and music stand
Concert Dress: All black or black pants/skirt and white shirt/blouse
Material Fee: None for spring 2022

Did you play an instrument in junior or high school and want to play again? This is the group for you! All levels of musicians are welcome. We will play concert, popular, symphonic and show tune music.

Director: James Hartford
Instructors/Coordinators: Rayleen Williams and Tom Stachelek

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CSUF Faculty/Student Performances
(Open to the Public)

Alternate Tuesdays • Noon-1:30 p.m. • Auditorium/Zoom
January 18 • February 1, 15 • March 1, 15, (29 no class) • April 5

As part of OLLI-CSUF Collaboration activities, CSUF School of Music students are given the opportunity to lecture and perform for our members. These students are top-rated performers. Many of these students use this time to practice their presentations and to prepare themselves for recitals or competitions. School of Music faculty members are invited to lecture/perform as well. This is a great time for OLLI members to learn about the many musical programs that are available at CSUF throughout the semester. Additional information will be provided through the weekly OLLI newsletters.

OLLI Coordinator: Ellie Monroe

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Jazz Band

Every Tuesday • 8 p.m.-10 p.m. • Shapiro ABCD
January 18, 25 • February 8, 15, 22 • March 1, 8, 15, 22, (29 no class) • April 5, 12

Intersession: April 19, 26 • May 3, 10, 17, (24 no class)

Prerequisite: Intermediate/advanced musician

Required: Instrument, music stand

Concert Dress: Black pants/skirt and white shirt/blouse

Materials Fee: None for spring 2022

This course will emphasize learning to play jazz with opportunities for improvisation. This is an instrumental group primarily for brass, sax, drums, piano, guitar and bass. Other instruments may be considered. Music from the swing era of the ‘30s to ‘50s will be played.

Director: Tom Stachelek

Coordinators: Rayleen Williams and Thomas Stachelek

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Learn to Play Guitar

Alternate Tuesdays • 4 p.m.-5:30 p.m. • Room 18
January 18 • February 1, 15 • March 1, 15, (29 no class) • April 5

Intersession: April 19 • May 3, 17

This is a beginning guitar course. We'll start with the basics—chord shapes, structure, complementary chords, rhythm and strumming patterns. You’ll soon be able to play your favorite songs, or even write your own. By the end of the course, we’ll additionally have covered basic scales and pentatonic patterns,
so you can also play lead and melody lines. All levels of guitar players are welcome! As the course progresses, we’ll accommodate different learning speeds and end-goal desires, as well as address all your guitar questions. All you need is a six-string guitar, a tuner and a desire to have fun and play music. If you have any questions, you may text or call the instructor at 714-420-9207 or email him at patflynjr@csu.fullerton.edu. Please be sure to include your name.

**Instructor:** Patrick Flynn  
**Coordinator:** Ellie Monroe

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**Line Dancing: Beginner’s Level**

**Alternate Wednesdays • 3:30 p.m.-5 p.m. • Shapiro ABCD/Zoom**

January 19 • February 2, 16 • March 2, 16, (30 no class) • April 6  
**Intersession:** April 20 • May 4, 18

Line dancing is a popular means of socializing, sharpening one’s memory and keeping fit. This course offers the basic fundamentals of line dancing at a pace suited for the first-time dancer. The dances taught in this course will introduce the standard steps used by all professionals in the industry. All levels of dancers are welcome.

**Instructor/Coordinator:** Ellie Monroe

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**Line Dancing: Advanced Beginners/Intermediate**

**Alternate Wednesdays • 3:30 p.m.-5 p.m. • Shapiro ABCD/Zoom**

January 26 • February 9, 23 • March 9, 23 • April 13  
**Intersession:** April 27 • May 11, (25 no class)

Do you love to dance? Come and join us for an afternoon of music and fun. This course steps up to the next levels of line dance from beginner. Current and traditional line dance will be taught at a relaxed and comfortable pace. Line dancing is a great exercise for improving balance, coordination and memory skills while burning calories at the same time! All are welcome.

**Instructor/Coordinator:** Ellie Monroe  
**Coordinator:** Nancy Bauerly

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**Musical Performances**

**Designated Saturdays • Dates and Times TBA • Auditorium/Shapiro ABCD**

These performances are designed to entertain you, showcasing a variety of talents found among our musicians, vocalists and dancers in the OLLI membership. Additional information will be provided through the weekly OLLI newsletters and posted throughout the Ruby Gerontology Center.

**Series Coordinators:** Rayleen Williams and Renee Cabrera

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**Musical Performances/Rehearsals**

**Every Friday • 3:30 p.m.-8 p.m. • Auditorium**

January 21, 28 • February 4, 11, 18, 25 • March 4, 11, 18, 25 • April (1 no class), 8, 15  
**Intersession:** April 22, 29 • May 6, 13, 20, (27 no class)

This space is provided for groups and individuals who need time and space to prepare for upcoming concerts. There will be occasions when “CSUF Faculty/Student Performances” and additional OLLI “Musical Performances”
participants will be scheduled for special presentations. Notices of performances will be sent out via the OLLI newsletters and other publications. To reserve a slot for performances or rehearsals, please contact Ellie Monroe (jim.ellie@mindspring.com). Additional information will be provided through OLLI newsletters and posted throughout the Ruby Gerontology Center.

Note: CSUF performances will be open to the public.

*Coordinators:* Rayleen Williams, Renee Cabrera and Ellie Monroe

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**Noontime Student Piano Performances**

*Alternate Thursdays • Noon-12:30 p.m. • Auditorium/Stream*

*January 20 • February 3, 17 • March 3, 17, (31 no class) • April 7*

Come experience how students in piano studies in the School of Music at CSUF have applied their talents and hard work to achieve great success. Through our relationship with Professor Rob Watson, OLLI members and friends will be the beneficiaries of a series of half-hour presentations by these remarkable students. The students gain encouragement from an appreciative audience.

*CSUF Coordinator/Professor:* Rob Watson  
*OLLI Coordinator:* Ellie Monroe

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**OLLI Flash Mob**

*Every Tuesday • 4 p.m.-6 p.m. • KHS 202*

*January 18, 25 • February 1, 8, 15, 22 • March 1, 8, 15, 22, (29 no class) • April 5, 12*

*Intersession: April 19, 26 • May 3, 10, 17, (24 no class)*

*No Prerequisites:* All dancers welcome

The OLLI Flashers never fail to entertain a crowd. We’ve danced for Brea Mall, the City of Fullerton and even ABC TV. So come and learn our new dance and review/learn our repertoire of previous Flash Mob dances. You don’t need to be a pro—just a senior who wants to have fun. Join us as we dance on campus and at different venues all over Orange County. Let’s set the stage on fire!

*Instructor and Choreographer:* Jeanette Reese  
*Coordinators:* Fritz von Coelln and Jeanette Reese

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**Piano Keyboard: Improve Your Ability to Play and Improvise**

*Every Monday • 5:15 p.m.-6:30 p.m. • Zoom*

*January (17 no class), 24, 31 • February 7, 14, (21 no class), 28 • March 7, 14, 21, (28 no class) • April 4, 11*

*Prerequisite:* Some ability to read music

If you’ve taken music lessons in the past and want to play keyboard, this may be the course for you. Review what you know and improve on your skills. We will continue to work on melody (hum or read lines, spaces and scales), add harmony (review chord theory and practice progressions) and improve rhythm (counting waltz, two-step and polka). This method is applicable to sing-along
tunes, familiar standards, country and early rock ’n’ roll—maybe even some jazz and blues. Please provide your own keyboard and headphones or earbuds.

**Instructor:** Ani Nuyujukian  **Coordinator:** Gene Hiegel

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### Storytelling & Drama & Improv

**Every Thursday • 8:30 a.m.-9:45 a.m. • Shapiro CD**

January 20, 27 • February 3, 10, 17, 24 • March 3, 10, 17, 24, (31 no class) • April 7, 14

Do you want to perform better in social situations? If you desire a more confident presence, better voice expression or free and expressive body language, then you have found the right course. For those who are “closet hams,” come out and perform in broad daylight. For eager novices and experienced thespians, there is a place for you. Learn to feel more comfortable in front of an audience, maybe practice for a presentation or just have fun pretending to be someone else. So set the alarm and we’ll see you at 8:30 a.m. on Thursdays.

**Coordinator Team:** Mary Sampson, Edward Dunvan and Zona Gray-Blair

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### String Ensemble

**Every Wednesday • 10 a.m.-noon • Room 9**

January 19, 26 • February 2, 9, 16, 23 • March 2, 9, 16, 23, (30 no class) • April 6, 13

**Intersession: April 20, 27 • May 4, 11, 18, (25 no class)**

**Prerequisite:** Intermediate musician

**Materials Fee:** No fee for Spring 2022

Do you play a string instrument? Would you like to play chamber music? If so, please join us! Sometimes we even join the Concert Band to become an orchestra. If you are unsure about your skill level, try us out for a couple of weeks. Please bring your instrument and music stand.

**Instructor/Coordinator:** David Doo

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### Strings and Things Music Jam

**Alternate Tuesdays 4 p.m.-5:30 p.m. • Room 18**

January 25 • February 8, 22 • March 8, 22 • April 12

**Intersession: April 26 • May 10, (24 no class)**

This music jam activity course is for musicians who want to play and/or sing with other musicians and increase their repertoires. We will have an open jam format where class members will suggest tunes and songs to be played. All music will be provided via a Dropbox link. Please feel free to email me at pattymccollom96@gmail.com if you have questions. I am looking forward to our musical collaboration.

**Instructor:** Patty McCollom  **Coordinator:** Ellie Monroe
Tap Dancing: Beginning/Intermediate

Every Friday • 10:30 a.m.-11:30 a.m. • KHS 202
January 21, 28 • February 4, 11, 18, 25 • March 4, 11, 18, 25 • April (1 no class), 8, 15
Intersession: April 22, 29 • May 6, 13, 20, (27 no class)
This spring beginning/intermediate tap class will build on what students have learned in the fall beginning class, as well as be an introduction to tap dancing for those who have had none or little tap instruction. The OLLI beginning and advanced Tappers are known as “The Snappy Tappers,” and being in this class will include you in this group! This is a fun, no stress class with lots of exercise, balance work and movement. You will learn new tap steps as well as fun routines incorporating these steps. Your spirits will be lifted as you move to terrific music, meet new friends and learn a new skill! For more information, contact Toni Hoffman at tonihoffman@sbcglobal.net.

Instructor/Coordinator: Toni Hoffman  Tech Coordinator: Stan Hoffman

Tap Dancing: Advanced

Every Friday • 8:15 a.m.-10:15 a.m. • KHS 202
January 21, 28 • February 4, 11, 18, 25 • March 4, 11, 18, 25 • April (1 no class), 8, 15
Intersession: April 22, 29 • May 6, 13, 20, (27 no class)
Prerequisite: OLLI tap dance beginning/intermediate or past tap dance experience
If you have completed “Tap Dancing: Beginning/Intermediate” or have some tap dance experience, come learn more skills, have more fun and make terrific friends! You will be getting lots of exercise and at the same time learning new tap steps and routines! The OLLI advanced and beginning tap groups are known as “The Snappy Tappers.” We perform locally, however performing is not required. You will enjoy terrific music as you learn tap steps, tap routines and get moving! This group is very encouraging, patient and we love to add new members. Please join us! For information, contact instructor Toni Hoffman at tonihoffman@sbcglobal.net.

Instructor/Coordinator: Toni Hoffman  Tech Coordinator: Stan Hoffman

Ukulele: Beginner

Every Monday • 3:30 p.m.-5 p.m. • Shapiro AB/Zoom
January (17 no class), 24, 31 • February 7, 14, (21 no class), 28 • March 7, 14, 21, (28 no class) • April 4, 11
Intersession: April 18, 25 • May 2, 9, 16, (23 no class)
Prerequisites: A desire to learn and have fun. You will need a ukulele, an electronic tuner, a music stand (not required with Zoom but good to have) and a sense of rhythm. No ability to read music is required. Find out what the ukulele craze is all about. This course starts with the basic chords and progresses with each lesson. You will leave the first class humming a tune and being able to play a few songs. Students must purchase “Essential Elements for Ukulele Method Book 1” by Marty Gross, Hal Leonard Publisher, ISBN 978-1480393882. It is under $10.00 online.

Instructor: Jill Patterson  Coordinators: Toni Hoffman and Cynthia Welch
Ukulele: Intermediate
Every Monday • 1:15 p.m.-2:45 p.m. • Zoom
January (17 no class), 24, 31 • February 7, 14, (21 no class), 28 • March 7, 14, 21, (28 no class) • April 4, 11
Intersession: April 18, 25 • May 2, 9, 16, (23 no class)

Prerequisites: Players should be able to play chords in C, F, G and D major and keep a steady beat. Some note reading or tablature experience will be helpful. This course will introduce students to simple arpeggios and fingerpicking patterns. Some basic music theory will be introduced. Students will have fun learning new chords and strums while concentrating on playing with more speed and flow. As a result of improving these skills, the songs in the sing-along segment will be more musically interesting.


Instructor: Jan Tapley   Coordinators: Charlotte Lynch and Cynthia Welch

Ukulele: Symposium
Every Monday • 3:30 p.m.-5 p.m. • Shapiro CD/Zoom
January (17 no class), 24, 31 • February 7, 14, (21 no class), 28 • March 7, 14, 21, (28 no class) • April 4, 11
Intersession: April 18, 25 • May 2, 9, 16, (23 no class)

Prerequisites: Players should be familiar and accomplished with skills taught in the “Ukulele: Intermediate” course. A solid understanding of chord progression and several strumming and fingerpicking patterns will make your Symposium experience more satisfying.

The “Ukulele: Symposium” course will allow you to strengthen your skills in fingerpicking and chord melody. This course will also explore instrumental pieces that rely on those skills to bring the musicality of the piece forward, rather than relying on voice accompaniment. This course will explore contemporary, rock and classical music.

Instructor: Vickie Hite   Coordinators: Leland Akasaki and Linda Callen

Voci d’Oro Chorale
Every Friday • 1 p.m.-3 p.m. • Auditorium
January 21, 28 • February 4, 11, 18, 25 • March 4, 11, 18, 25 • April (1 no class), 8, 15
Intersession: April 22, 29 • May 6, 13, 20, (27 no class)

Materials Fee: $20

If you love to sing and enjoy camaraderie, then this is the place for you! The OLLI Chorale sings together in four-part harmony, enjoying many different genres of music. Even if this is a new experience for you, come and learn to make beautiful music together in song. Come one, come all!

Instructor and Conductor: Marge Osborn   Accompanist: Esther Anh

Coordinator: Renee Cabrera
Please note: “French 1” and “Spanish 1” are intended for beginning students from fall through summer semesters. Our other OLLI language courses are “ongoing,” i.e., they do not “start over” every year as they may in a high school or a university setting. After a year of “French 1” or “Spanish 1” students have the option of moving on to “French 2” or “Spanish 2” or to remain in “French 1” or “Spanish 1,” taking it again as a refresher course. We do not give placement tests, so newcomers to language courses are welcome to sample classes and stay with any or all courses that suit their level of proficiency.

French 1
Every Wednesday • 8:30 a.m.-9:45 a.m. • Zoom
January 19, 26 • February 2, 9, 16, 23 • March 2, 9, 16, 23, (30 no class) • April 6, 13

“French 1” is for beginners who have little or no French language skills. We will learn words, expressions and phrases useful to those who would like to visit France and not have to depend on a tour guide all the time. Many French people in tourist areas speak English, so why study French? You do not need a lot of French to get along famously with the French, demonstrate appreciation for their culture and put smiles on their faces. We will concentrate on key phrases, vocabulary and cultural hints to help you speak courteously and respectfully when shopping, traveling and buying too much delicious food.

Textbook (optional): “Living Language French, Essential Edition:” Beginner course, including course book, 3 audio CDs and free online learning lab.

Instructor: John Gossett  Coordinator: Joan Levine

French 2
Every Monday • 8:45 a.m.-9:45 a.m. • Room 21
January (17 no class), 24, 31 • February 7, 14, (21 no class), 28 • March 7, 14, 21, (28 no class) • April 4, 11

This semester we will be continuing the study of basic grammar, proper pronunciation and French culture, along with simple readings of French history and fiction. Although you will need some background in French, don’t worry if it was 40 years ago as this will be a good chance to get reacquainted with this beautiful language in a non-threatening atmosphere.


Instructor: Predrag Brkljacic  Coordinator: Joan Hinshaw

French 3
Every Wednesday • 10 a.m.-noon • Zoom
January 19, 26 • February 2, 9, 16, 23 • March 2, 9, 16, 23, (30 no class) • April 6, 13

Prerequisite: “French 2” or instructor approval

The goals of this intermediate/advanced course are: a) to increase our knowledge of French vocabulary and grammatical structures; b) to practice conversation and c) to emphasize culture. Therefore, our two-hour Zoom meetings will consist of the following sections: a) a video lesson, coming to us
from France, integrating vocabulary, grammar and culture; b) practice speaking French in groups of three participants in Zoom breakout rooms; c) occasional oral presentations by participants on diverse topics and d) the occasional discussion of intermediate level texts previously sent by email to all participants.


Instructor: Barbara Vigano  Coordinators: Sara Clark and Cindy Owens

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**French Discussion**

Alternate Wednesdays • 1 p.m.-2:30 p.m. • Zoom

January 19 • February 2, 16 • March 2, 16, (30 no class) • April 6

One goal of this course is to provide an opportunity to practice conversational French by discussing short stories in French. The other goal is to refresh and increase acquaintance with diverse francophone authors and literary styles. Two weeks before each class session you will receive short texts in intermediate level French, together with vocabulary lists and questions about the content and the meaning of the texts. Reading the texts and studying the vocabulary before class is necessary so that you feel comfortable contributing to the discussions.

Instructor: Barbara Vigano  Coordinators: Sara Clark and Cindy Owens

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**German**

Every Tuesday • 12:30 p.m.-2:30 p.m. • Shapiro AB/Zoom

January 18, 25 • February 1, 8, 15, 22 • March 1, 8, 15, 22, (29 no class) • April 5, 12

Guten Tag und Herzlich Willkommen in der Deutschklasse. This on-going German Class is centered on increasing fluency, expanding vocabulary and deepening the knowledge of grammar and structures. German culture, history, politics, way of life and relevant topics are common themes in the class. Authentic texts, movies, videos and German visitors add to the real-life atmosphere of the course. Handouts—provided by the instructor—will take the place of a textbook. Whether you want to expand your knowledge of German, travel to Germany or any other German speaking country, or just have an interest in learning about a great world culture, this OLLI German Course is right for you.

Instructor: Elisabeth Strauss  Coordinator: Ken Luke

Tech Coordinators: Ken Luke and Richard Zawilski

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**Spanish 1**

Every Thursday • 10 a.m.-11:30 a.m. • Zoom

January 20, 27 • February 3, 10, 17, 24 • March 3, 10, 17, 24, (31 no class) • April 7, 14

Prerequisite: Instructor permission is required because seating is limited, and beginners will be given preference

“Spanish 1” is a year-long course which starts every fall and completes classes by the end of summer. It is intended for students with little or no background in Spanish. Students will learn basic structures with repetition in listening and oral practice. Phonics will be taught so that students may read short passages
and write their own sentences with familiar vocabulary. After completing “Spanish 1,” students may wish to move on to “Spanish 2.” Anyone wishing to repeat this course is welcome to do so if space is available. Our goal is to leave class every day saying something in Spanish.

Instructor: Marjorie Mota    Coordinator: Jackie Ryan

**Spanish 3: Grammar**

Every Friday • 2 p.m.-3:15 p.m. • Zoom
January 21, 28 • February 4, 11, 18, 25 • March 4, 11, 18, 25 • April (1 no class), 8, 15

Prerequisite: “Spanish 1” and “Spanish 2” or some knowledge of conversational Spanish

This course is for those who have studied Spanish in the past and wish to continue building on their knowledge of vocabulary and grammar. It presumes an acquaintance with present, past and future tenses. The focus of the course is on intermediate level grammar skills to increase the understanding of written and spoken Spanish, and to improve the ability to speak Spanish. The course is taught in a mixture of Spanish and English.

Instructor: Mercedes Vargas    Coordinator: Gene Hiegel

**Spanish 4**

Every Monday • 1:30 p.m.-3:30 p.m. • Room 21
January (17 no class), 24, 31 • February 7, 14, (21 no class), 28 • March 7, 14, 21, (28 no class) • April 4, 11

Prerequisite: The ability to process directions in Spanish and to express opinions in group discussions

Students will increase fluency by engaging in dialogue and interactive activities. Topics of high interest are discussed. History and culture lessons promote vocabulary development. On an as needed basis, selected points of grammar are reviewed. Students often volunteer to present a lesson or a travelogue in Spanish. This is a win-win learning situation, since speaker preparation accelerates vocabulary acquisition, and when the audience thinks on its feet by asking questions in Spanish, this mirrors the give and take of real-life conversation. New students with some fluency can join at any time.

Instructor/Coordinator: Marjorie Mota

**Spanish Stories Talk**

Alternate Thursdays • Noon-2 p.m. • Zoom
January 20 • February 3, 17 • March 3, 17, (31 no class) • April 7

The purpose of this course is to provide an opportunity to improve the participants’ Spanish vocabulary as well as their verbal delivery while discussing short stories in Spanish. Discussion leadership rotates among class participants. The course is conducted in Spanish, and new students with sufficient fluency may join at any time.

Coordinators: Suzi Attal and Lu Attal
Dynasties, Wars and Nations: The Political Evolution of Europe From Feudalism to Monarchy to Democracy
Alternate Tuesdays • Noon-2 p.m. • Auditorium/Stream
January 25 • February 8, 22 • March 8, 22 • April 12

As medieval Europe emerged from the ancient period in the ruins of the Roman Empire, the need for political stability evolved into Feudalism and Manorialism with power going to local land barons. Eventually, Feudalism collapsed into monarchies as kings belonging to powerful dynasties usurped the power of the landed nobles. These dynasties included the Tudors, Stuarts, Hapsburgs, Bourbons, Romanovs and others. Finally, beginning in England with the rise of Parliament, there was a challenge to absolute monarchy and Europeans began to identify themselves politically as members of a nation. This pattern brought about the modern nations of England, France, Spain, Germany and Russia. Each nation added its own unique variation of the same pattern. Religious, social, economic and philosophical forces also helped shape all the above. This should make your next trip to Europe more interesting.

_Instructor:_ Ed Woodson  
_COORDINATOR:_ Barry Escoe

Eclectics I (Open to the Public)
Alternate Tuesdays • 10:15 a.m.-11:45 a.m. • Auditorium/Stream

A wide variety of topics of interest to OLLI members and guests are presented by experts recruited and hosted by the coordinator.

_COORDINATOR:_ Janice Jeng  
_Tech Coordinator:_ Bob Newcomb

**Topic and Speaker TBA**
January 18

Please watch the OLLI Open to the Public newsletter for details of this presentation.

**Building a Religious Brand: Exploring the Foundations of Religions Through Public Relations**
February 1

_Speaker:_ Cylor Spaulding, Ph.D., Assistant Professor, Department of Communications, CSUF

Public relations has played a major role in the evolution of religion, from the early origins of many established religions through faiths that evolved as part of the New Religious Movement. This presentation will discuss the role of public relations and strategic communications in some specific religious organizations and contexts.
Sharing Experiences, Understanding Diversity
February 15

Speaker: Gwen Alexis, Professor and Adjunct Lecturer, African American Studies, CSUF

Professor Alexis teaches online for John Jay College of Criminal Justice in the History Department. She is extremely honored to have been teaching for eight years in the African American Studies Department at Cal State Fullerton. Teaching at Cal State Fullerton and John Jay College of Criminal Justice is truly a dream come true for Professor Alexis. This will be an interactive workshop. Come prepared to share experiences. We will try to understand our life journeys. Come to the workshop with an open mind and heart.

Reproductive Morphology of Surfperches
March 1

Speaker: Kristy Forsgren, Associate Professor of Biological Science, CSUF

Fishes exhibit remarkable diversity in their modes of reproduction (i.e., external and internal fertilization). However, it is the morphological and physiological modifications associated with internal fertilization (i.e., viviparity) that are truly fascinating. Of the more than 28,000 species of bony fishes, only 510 species are known to be viviparous (< 2% of fishes). She will share emerging research from undergraduate and graduate students in her lab on the reproductive morphology of marine viviparous surfperches (family embiotocidae). Please join us as we spend some time exploring fish reproduction, copulatory structures and other reproductively-related structures.

Bilingualism and Cognition Across the Lifespan
March 15

Speaker: Natsuki Atagi, Assistant Professor, Child & Adolescent Studies

Although the bilingual population in the United States has been increasing over the past 50 years, the majority of research on language and cognitive development has focused on monolinguals—that is, individuals who speak one language. However, exciting findings from the past two decades have revealed that bilingualism changes the ways in which our minds and brains develop over the lifespan. These new findings have also inspired researchers to better understand variation in bilingual experiences: from being exposed to and speaking two languages from infancy or early childhood, to learning a new language as an adult, to understanding more than one language but speaking only one language, to so many others. This lecture will discuss how these various bilingual experiences shape our cognitive development across the lifespan—from infancy to older adulthood—and may have educational and public health implications for our society.

(No Class)
March 29

“OLLI courses offer so many choices each semester that it is an embarrassment of riches!”
-Joanne Syrja
Global Positioning System (GPS) 101
April 5

Speaker: Mohinder Grewal, Ph.D., Professor of Electrical Engineering, CSUF
This is an introduction to the Global Navigation Positioning System (GPS) developed by the USA, including work by other countries. GPS 101 shows how GPS works without any complex mathematics. It demonstrates how errors can occur in determining the position (latitude, longitude and altitude) and time, for instance, conversions into street maps, and how they can be corrected. The presentation includes companies involved in developing GPS satellites and GPS receivers which are embedded in phones, geocaches, golf carts, cars, drones, ships, aircraft, and other applications.

Exploratory Discussion Group
Every Monday • 1:15 p.m.-3:15 p.m. • Shapiro CD/Zoom
January (17 no class), 24, 31 • February 7, 14, (21 no class), 28 • March 7, 14, 21, (28 no class) • April 4, 11
This spring we will use The Great Courses’ “The Big Questions of Philosophy,” presented by Professor David Kyle Johnson, from King’s College. Topics will include: How Do We Do Philosophy? What is Truth? Is Knowledge Possible? Are Persons Mere Minds? How Does the Brain Produce the Mind? Should Government Exist?
Coordinator: Rich Eaton  Tech Coordinator: Leland Akasaki

Great Decisions
Alternate Fridays • 1:15 p.m.-3:15 p.m. • Room 21/Zoom
January 28 • February 11, 25 • March 11, 25 • April 15
We will use The Foreign Policy Association’s 2022 edition booklet and videos. Topics will be announced in the OLLI newsletters. Each class begins with a video followed by a round table discussion. If you have an interest in U.S. foreign policy issues, please join our like-minded group. Differing views and opinions are encouraged. Outside reading can also help. Class members may also bring in additional reports and related study materials to share with the class.
Coordinator: Rich Eaton  Tech Coordinator: Leland Akasaki

Money News: Personal Finance, Business, Economics
Alternate Tuesdays • 10:15 a.m.-11:45 a.m. • Auditorium/Stream
January 25 • February 8, 22 • March 8, 22 • April 12
This multimedia course goes behind the headlines of consumer and financial news. Each class focuses on “anchor” topics as well as a brisk review of recent personal finance, economic and business news from such leading publications as The Wall Street Journal, The New York Times, The Economist, Consumer Reports and regional and local periodicals. Participants are encouraged to bring up topics they wish to explore. With so many retirement nest eggs dependent on financial markets, “Money News” provides participants with insights and vital discussion on issues affecting their consumer choices and personal economic security. The course features a website with supplementary materials and class notes: http://tinyurl.com/olli-money.
Instructor: Mike Stover  Coordinator: Ellie Monroe  Tech Coordinator: Jim Monroe
Personal Finance and Retirement
Six Tuesdays • 3:45 p.m.-5 p.m. • Shapiro CD
January 18, 25 • February 1, 8, 15, 22
This course is for all OLLI members who want to learn more about personal finance and make wise investment decisions in retirement. We will focus on investment basics and principles as well as retirement income planning and withdrawal strategies, IRAs and Roth IRAs. You will finish the course feeling more confident in your personal finance knowledge.

Instructor: Danielle Blunt, Raymond James Financial Services
Coordinator: Kiki Chryssogelos

Social Science in the News
Alternate Tuesdays • Noon-1:30 p.m. • Shapiro CD/Zoom
January 25 • February 8, 22 • March 8, 22 • April 12
“Social Science in the News” explores topical social science research. Presentations emphasize empirical, often quantitative, analysis of contemporary social issues. Current events will influence the topics covered during the spring term.

Instructor: Edwin Batson  Tech Coordinator: Steve Kernes

The American Presidency: The Man, His Policies, His Foes
Alternate Thursdays • 10:15 a.m.-11:45 a.m. • Auditorium/Stream
January 20 • February 3, 17 • March 3, 17, (31 no class) • April 7
This course explores the policies, politics and challenges facing President Biden. Classes will focus on “anchor” topics ripped from the headlines and presented in-depth for analysis and fact checking. Use of multimedia aids and presentation of issues in a style that is designed to be both educational and (occasionally) entertaining differentiate this course. A website with supplementary materials and class notes is posted at https://sites.google.com/view/americanpresidency/home.

Instructor: Mike Stover  Coordinator: Ellie Monroe
Tech Coordinator: Jim Monroe

Transitions in Retirement Essentials
(Open to the Public)
Eight Saturdays • 9:30 a.m.-11:30 a.m. • Zoom
This engaging, fun, life-changing program teaches us to appreciate what matters most for ourselves, our dreams and our goals, and how to enjoy the exciting times ahead. If we develop a few goals and plans for these years, the transition into retirement will be smoother and much more fulfilling. This series of classes will provide some structure and professional aid in planning for an exciting future.

Program Coordinator: Russell MacKeand
What Do You Know About RMDs?  
January 22  

Speaker: John C. Pak, Certified Financial Planner, RCIP, EA, Otium Advisory Group  
The Secure Act of 2020 rewrote a 35-year-old rule concerning the timing of retirement account distributions. This new provision delayed the taxation of the distributions but also extended the opportunity for growth. This class will thoroughly explore the fundamental elements surrounding required minimum distributions: who it affects, what it is, when does it apply, where does it come from, why is it relevant, and ultimately how it all works. John Pak will cover the recent changes to the law and strategies in response to the updates, and share his thoughts on how to better prepare for what’s to come in the RMD space.

Treatments for Aching Hands  
January 29  

Speaker: Neil Harness, M.D., Orthopedic Surgeon, Kaiser Permanente; Hand Surgery, Regional Lead  
In this interactive course, learn about the complexity and beauty of the human hand, which sets us apart from other creatures on our planet. Interesting fun facts about the hand as well as introductory anatomy will start the course and prepare for a dive into the most common problems that occur in the hand. Hot topics like “cell phone hand” will be discussed along with traditional overuse syndromes such as carpal tunnel.

Income Tax Planning  
February 5  

Speaker: James Johnson, Enrolled Agent, The Tax Guy  
Retirement presents several challenges in dealing with additional taxes, and proper planning to address them is essential. This session covers important age requirements, the impact of Social Security on your taxes, how wages affect Social Security, and what happens if you start a business. Additional topics include IRAs, 401(k)s, pensions, annuities and taxation of distributions. The sale of your primary residence and income property will be addressed.

Cleaning Out the Clutter and Hoarding  
February 12  

Speaker: Penny Lambright, Clutterologist, Clutter Cleaners  
Part 1: Too Much Stuff! Warning signs of hoarding behavior, dangers of excessive clutter, and differences between collecting, clutter and hoarding behavior will be discussed.  
Part 2: Cleaning Out the Clutter and Getting Organized. Are you spending too much time looking for lost items or stressing about too many things piling up? You will receive help with information on how to declutter your house, get organized and stay organized. The speaker will highlight how to get started with priorities, breaking projects down into manageable sizes, establishing deadlines and rewarding yourself.
**Staying Upright: It’s a Matter of Balance**  
*February 19*

**Speaker:** Debbie Rose, Ph.D., FNAK, Chair, Dept. of Kinesiology, Co-Director, Center for Successful Aging, Cal State Fullerton

Falls and fall-related injuries pose a serious barrier to aging successfully. While it has been well-documented that falls among older adults constitute a serious public health issue, there is much that can be done to prevent and/or lower the risk of falling in adults’ later years. In this presentation, the most common risk factors are identified as well as some evidence-based strategies for lowering fall risk.

**Identity Theft and Fraud**  
*February 26*

**Speaker:** Speaker TBA, Police Department, Cal State Fullerton

Retirees and seniors are often victims of a variety of scams and identity theft. Join this session to find out about different types of fraud and what to do if you are a victim of a scam. In addition, identity theft will be discussed. Find out how it happens, how to prevent it, how to detect it and what to do if you are a victim.

**Topic and Speaker TBA**  
*March 5*

Please watch the OLLI Open to the Public Newsletters for details of this presentation.

**Topic and Speaker TBA**  
*March 12*

Please watch the OLLI Open to the Public Newsletters for details of this presentation.

**Warren Buffett’s Investment Methodology**  
*Two Wednesdays • 1 p.m.-3:15 p.m. • Room 21*  
*January 19 • February 2*

This two-class seminar explores Warren Buffett’s investment methodology as presented in Berkshire Hathaway’s annual letters to its shareholders. The classes will explain the four criteria used by Buffett to analyze a business. SEC filings are used to examine the financial statements and discounted cash flows of publicly traded companies. No prior investment experience is needed. The examples and case studies are different every semester. Find out what makes Warren Buffett the most successful and most famous stock picker!

**Instructor:** David Doo  
**Coordinators:** David Doo and Jim Monroe

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**Please Recycle at OLLI**

Blue recycling bins with the recycle logo have been placed throughout the Ruby Gerontology Center for paper and cardboard and empty paper, plastic, glass and metal containers. Please recycle while at OLLI.
What’s Behind the News?
Alternate Wednesdays • 10 a.m.-noon • Zoom
January 19 • February 2, 16 • March 2, 16, (30 no class) • April 6
Through stimulating class discussion, tap the knowledge, expertise and experience of the informed and diverse OLLI membership. Go behind the headlines and TV sound bites to get a deeper understanding of events reshaping the world, as well as the less-dramatic developments that can have a major impact on politics, the economy and society. What are the causative factors and what are the implications for peace, prosperity and social stability? Which policies are appropriate and effective in responding to these developments? Bring your questions and comments to this fast-paced, probing and sometimes passionate discussion of current events.

Coordinator: Pat Duffie  Tech Coordinator: Warren Wilson

Wisdom Exchange
Alternate Wednesdays • 10 a.m.-noon • Shapiro CD
January 26 • February 9, 23 • March 9, 23 • April 13
Wisdom Exchange is a course designed to explore the myths and realities of life as we grow older and wiser. A different topic is introduced each class, and class participants share their own personal challenges and joys as we examine the physical, psychological and social aspects of growing older. Together we take a close look at all aspects of the aging experience and learn to change that which can be changed and to accept that which cannot. In the process, we laugh a lot and really get to know one another.

Instructors: Class members  Coordinator: Maureen McConaghy

World War II: What Happened and Why
Alternate Tuesdays • 2:15 p.m.-3:45 p.m. • Room 9
January 25 • February 8, 22 • March 8, 22 • April 12
Today’s world can best be understood by viewing it through the lens of World War II. That war was the dominant event of the 20th century. It—and its echoes—determined the borders and form of government of most countries in today’s world, and it continues as a powerful force to the present day. The course will have:

- In-depth original material to provide understanding of critical events, including what happened and why things happened as they did.
- High quality historical videos.
- A limited amount of material from other sources on World War II to establish context for in-depth topics and serve as summary presentation of events that don’t receive in-depth treatment.

Instructors/Coordinators: Bob Caswell and Elwood Berry
HEALTHY LIVING

A Course in Miracles
Alternate Tuesdays • 2:45 p.m.-4:15 p.m. • Room 21
January 18 • February 1, 15 • March 1, 15, (29 no class) • April 5
Intersession: April 19 • May 3, 17
“A Course in Miracles” is a series of spiritually based psychological exercises consisting of 365 daily lessons that gently lead us to a new understanding of ourselves, others and our relationships with them. The classes will focus on key principles from “A Course in Miracles” that can lead to more joy, peace and healthy relationships.

Textbook (recommended): “A Course in Miracles Made Easy” by Alan Cohen
Instructor: David Cortez Coordinator: Ellie Page

Arboretum and/or Campus Walk
Every Tuesday and Thursday • 9 a.m.-10:15 a.m. • RGC Courtyard
January 18, 20, 25, 27 • February 1, 3, 8, 10, 15, 17, 22, 24 • March 1, 3, 8, 10, 15, 17, 22, 24, (29 & 31 no class) • April 5, 7, 12, 14
Intersession: April 19, 21, 26, 28 • May 3, 5, 10, 12, 17, 19, (24 & 26 no class)
Join other OLLI members for a morning walk from our RGC courtyard through the Arboretum and back. Sustained walking for a minimum of 30 to 60 minutes a day, five days a week (with the correct walking posture) reduces health risks and has overall health benefits. These include reducing the risk of cancer, type 2 diabetes, heart disease, anxiety, depression and osteoporosis, as well as increasing HDL (good cholesterol) and reducing LDL (bad cholesterol) levels. Life expectancy is also likely to be enhanced, even for individuals suffering from obesity or high blood pressure. Studies have shown that walking may also reduce the risk of dementia and Alzheimer’s. This is a self-pacing class.
Instructor/Coordinator: Karen Tanner

Longevity Stick Exercises
Every Wednesday • 8:30 a.m.-9:30 a.m. • Zoom
January 19, 26 • February 2, 9, 16, 23 • March 2, 9, 16, 23, (30 no class) • April 6, 13
Intersession: April 20, 27 • May 4, 11, 18, (25 no class)
This is a Vietnamese exercise regimen consisting of a series of 12 movements done with a stick. The exercises are designed to maintain a healthy body and spirit by improving balance, flexibility, strength, mental focus and breathing capacity. For more information, go to http://www.longevitystick.org/. By the second meeting you will be required to have a one-inch-thick dowel, the length of your outstretched arms or corresponding to your height, with rubber chair leg tips on each end. Large men may feel more comfortable with a one-and-a-half-inch-thick dowel. Materials can be purchased at any home improvement store and cut to the proper length.
Instructors/Coordinators: Nancy Bauery, Linda Petit and John Van Wey
Tech Coordinator: Renee Cabrera
Medical Series (Open to the Public)
Alternate Wednesdays • 7 p.m.-9 p.m. • Zoom
This series will contribute to your “medical literacy” and is co-sponsored with OLLI by the physicians of St. Jude Medical Center and the physicians at UCI Health.

**Coordinators:** Joseph Lawton, M.D. and Carol Thurk

**Tech Coordinator:** Bill Reilly

Pancreatic Cancer: Diagnosis and Treatment

*January 26*

**Speaker:** Yulian Khagi, M.D.

Dr. Khagi is an Assistant Professor in the Division of Hematology/Oncology, Department of Medicine, UCI School of Medicine. He is also the Medical Director for Hematology and Medical Oncology and Infusion Services, UCI Health–Laguna Hills. Dr. Khagi will discuss if pancreatic cancer screening is possible and what imaging is best for detecting pancreatic cancer in patients who may have it. He will also touch on diagnosing, treatment options and preventative care.

Topic and Speaker TBA

*February 9*

Abdominal Emergencies in the Elderly

*February 23*

**Speaker:** Erika Hoyos-Madrigal, M.D.

Dr. Madrigal received her medical degree in Venezuela and completed both her internal medicine residency and gastroenterology fellowship at the Loma Linda University Medical Center. She specializes in different gastrointestinal disorders including GERD, IBD, IBS, colon cancer screening, liver disease and pancreatic disorders. Dr. Hoyos-Madrigal is a board-certified UCI Health vascular and endovascular surgeon who has additional training in vascular interventional radiology. Abdominal symptoms are a common cause of ER visits for elderly patients. Some of these conditions can be associated with high mortality and many are very debilitating. This talk will discuss the most common pathologies and provide useful information to identify them early and, if possible, prevent and manage them.

Vasculitis: More than Just Blood Vessel Inflammation

*March 9*

**Speaker:** Michelle Ngo, M.D.

Dr. Ngo received her medical degree from the Arizona College of Osteopathic Medicine. She completed her internal medicine residency and rheumatology fellowship at Loma Linda University Medical Center. She is also trained in musculoskeletal ultrasonography. Dr. Ngo has been in clinical practice at St. Jude Medical Center in Fullerton for 5 years and is the active chairperson for Rheumatology for St. Jude. Vasculitis is considered a rare but devastating consequence of an overactive immune system. Often, it can go undetected for months to years before a correct diagnosis is made. Dr. Ngo will go over the general pathophysiology of this condition and focus on the warning signs and treatment options that are available.
Meditation for Everyday Life

Every Monday • 3:15 p.m.-4:30 p.m. • Room 18
January (17 no class), 24, 31 • February 7, 14, (21 no class), 28 • March 7, 14, 21, (28 no class) • April 4, 11

Intersession: April 18, 25 • May 2, 9, 16, (23 no class)

Meditation is a simple and relaxing way of training your mind for a more joyful and peaceful life. Numerous scientific studies have shown that meditation, practiced regularly, can improve mental as well as physical well-being. Studies conducted in university labs and hospitals have shown that meditation can reduce stress, depression, anxiety and blood pressure. Meditation can also improve memory and brain function, boost the immune system and help people deal with chronic pain. Meditation is now being taught in schools and universities, hospitals, large companies and even the military. Different kinds of meditation will be explored, including mindfulness, visualizations, meditation with sound, walking meditation and loving kindness meditation. Beginners and experienced meditators are welcome. Meet at 3:15 p.m. to set up; class will start at 3:30 p.m.

Instructor: Mariana Fischer-Militaru
Coordinator/Tech Coordinator: Barbara Glaeser

OLLI Social Rollers Open Bowling

Every Tuesday • 6 p.m.-8:30 p.m. • CSUF Bowling Center
January 18, 25 • February 1, 8, 15, 22 • March 1, 8, 15, 22, (29 no class) • April 5, 12

Intersession: April 19, 26 • May 3, 10, 17, (24 no class)

Fee: $6.15 per night includes bowling up to five games per night, shoe rental and use of bowling balls

This course is open to all OLLI members to enjoy non-league social bowling at a very reasonable cost. Shoe rental and use of house bowling balls are included. No need to pre-sign-up to bowl, just show up on any Tuesday night and enjoy bowling up to five games per night between 6 p.m. and 8:30 p.m. The Bowling Center is located in the Titan Student Union Building on campus. Plenty of evening parking can be found next door at the State College Parking Structure on Gymnasium Drive. Tuesday nights have been designated as “OLLI Night” at the Bowling Center, and all eight lanes are for OLLI members’ use only. New and experienced bowlers are always welcome to join in the fun.

Instructor: Dennis Wilson  Coordinator: Carol Wilson
Tai Chi
Every Monday • 9 a.m.-10 a.m. • TBA
January (17 no class), 24, 31 • February 7, 14, (21 no class), 28 • March 7, 14, 21, (28 no class) • April 4, 11
Tai Chi has a long and distinguished tradition in exercise programs, and it continues at OLLI-CSUF. Come and exercise under the guidance of instructor Diane Globerman. Start the week with Tai Chi for health and serenity.

Textbook (optional): A suggested reference text on Tai Chi may be useful once you have learned the basic movements: “Beginning Tai Chi” by Tri Thong Dang, (ISBN-13: 978-0-804-82001-1)

Instructor: Diane Globerman  Coordinator: Fran Dobley

Tap-ercise
Every Wednesday • 9 a.m.-10 a.m. • Zoom
January 19, 26 • February 2, 9, 16, 23 • March 2, 9, 16, 23, (30 no class) • April 6, 13
Intersession: April 20, 27 • May 4, 11, 18, (25 no class)
Every Friday • 1 p.m.-2 p.m. • KHS 202
January 21, 28 • February 4, 11, 18, 25 • March 4, 11, 18, 25 • April (1 no class), 8, 15
Intersession: April 22, 29 • May 6, 13, 20, (27 no class)
This is a fun exercise course where tap steps are used to improve balance, coordination, strength and stamina. This is not a dance class; there are no routines to memorize and no performances. Some prior dance experience is preferred but not required. Students are taught basic tap steps, followed by more advanced steps as the course progresses. Whether you are a beginner or intermediate/advanced tapper, this course will improve your technique, increase your confidence and give you a good workout. For more information, contact Betty Loh-Chen at blohchen@gmail.com or Vickie Hite at vwhite418@gmail.com.

Instructors/Coordinators: Vickie Hite and Betty Loh-Chen

Tech Coordinator: Vickie Hite

Class Calendars on the OLLI Website
- Bookmark the OLLI website http://olli.fullerton.edu on your mobile device
- Populate your personal calendar with OLLI classes and events from the website
- Check what's happening at OLLI on your mobile phone or tablet
- Changes in class and event times, dates and classrooms are updated on website calendars
Wisdom Healing  
Alternate Tuesdays • 2:45 p.m.–4:15 p.m. • Zoom  
January 25 • February 8, 22 • March 8, 22 • April 12  
Wisdom healing is a practice of how to heal our hearts, minds, bodies, spirits and souls. We can heal ourselves by our thoughts, feelings and emotions. We will learn how to practice awareness, consciousness and self-healing techniques for good health and wellness. We will discuss:

- Having love for ourselves.
- Having love for each other.
- Turning fear-based thoughts to love.
- Having love for nature and the planet.
- Being grateful and living in gratitude.
- Practicing sound healing.
- Accepting and honoring one’s self as the key to a happy life.
- Being in service to others with no expectations.
- Being humble and leaving your ego at the door.

Instructor: Marty Cole  Coordinator/Tech Coordinator: Ellie Page

Yoga for the Rest of Us  
Every Monday • 4:45 p.m.–6 p.m. • Room 18  
January (17 no class), 24, 31 • February 7, 14, (21 no class), 28 • March 7, 14, 21, (28 no class) • April 4, 11  
Intersession: April 18, 25 • May 2, 9, 16, (23 no class)  
Prerequisite: Able to do floor exercises and to get up easily  
Ease into yoga with this instructor, who will help you find new energy and flexibility. Yoga poses incorporate focused breathing with exercise, stretching, balance and guided relaxation. Join us for a great group experience in practicing yoga to feel better and increase flexibility. Please arrive by 4:45 p.m. in order to warm up and be ready to start on time.

Note: Dress comfortably and bring a non-slippery yoga mat for floor work, one or two firm blankets, two foam blocks, a towel for neck support if needed, and a non-stretchy strap (a man’s tie will do—not the rubber stretchy gym-type straps). Yoga is practiced barefoot, so please be prepared to take off shoes and socks. Have clothing to keep warm during the final relaxation time.

Instructor: Mariana Fischer-Militaru  Coordinator: Barbara Glaeser

OLLI NEEDS YOU!!!  Please contact Renee Cabrera (rmcabrer@outlook.com) or the OLLI Office if you would like to help by serving as a course coordinator or want to share your expertise by teaching a class!
Archaeology
Three Thursdays • 2:30 p.m.-3:45 p.m. • Auditorium
Instructor: Bonnie Shirley J.D., M.A.  Coordinator: TBA

Migration of Humans to the New World
February 24
How long ago did the migration of people into the New World begin? What routes did they use to get here? How did they get past or through the massive ice shields covering much of North America? What impact did the study of paleo landscapes have on understanding their movement? DNA and paleogeography have provided new evidence for archaeologists in generating new theories and presenting new insights into this extraordinary movement into the New World, where humans had not previously been known.

Native Americans of the Pacific Northwest
March 24
The massive changes in the coastlines of the Americas due to deglaciation changed the landscape and the lifestyle of Native Americans up and down the western coast of North America. Native Americans of the Pacific Northwest developed a remarkable culture, bringing together both the sea and the great cedar forests which sprang up on the rocky shores as the ice retreated and the water began to encroach on the shorelines. With what appears to be a long memory of the changes in the past, their unique art and worldview have a beauty that we are lucky to still find today.

Walking in Beauty: California Indians, Masters of Their Ecosystems
April 28 (Intersession)
For thousands of years pre-contact, California Indians developed their own many unique languages and lifestyles. As research has shown, they were masters of the ecosystem they lived in and considered themselves to be part of this ecosystem. The search for harmony and balance was part of their lifestyle. In the narrow view of the non-Indian outsider, they appeared primitive. The reality is that they had pruned, lightly burned, planted, replanted for thousands of years. Would their balanced approach have saved us from what we face today? Archaeologists and ethnobotanists have recorded their remarkable history.

Boundaries of Science: Exploring Current Developments
Alternate Thursdays • 2:30 p.m.-3:45 p.m. • Auditorium/Zoom
January 20 • February 3, 17 • March 3, 17, (31 no class) • April 7
Join other OLLI members to discuss current topics in science. Classes may include instructor presentations, engaging videos highlighting scientific developments and some expert lecturers. Our goal is to make the material both understandable and interesting. Check the OLLI newsletters for the upcoming topic.

Instructor: Jim Monroe  Coordinator: Richard McCaman
Tech Coordinators: Rick Hearn and Susan Hanna
**CLECAT Club: Tech Talks**

**Every Monday • 12:15 p.m.-1:15 p.m. • Room 21/Zoom/Stream**

January (17 no class), 24, 31 • February 7, 14, (21 no class), 28 • March 7, 14, 21, (28 no class) • April 4, 11

CLECAT (Continuing Learning Experience-Computers and Technology), OLLI’s longest running club, is open to all OLLI members. The focus is on a wide range of technology topics: computers, digital cameras, phones, tablets, smart home devices, electric vehicles, home networks and other ways that technology touches your life. The format will include presentations by CLECAT members with group Q&A, and collections of short videos addressing issues of interest. Check the OLLI newsletters for information about each class’s topic.

**Instructors/Coordinators:** Rick Hearn, Susan Hanna and guest presenters  
**Tech Coordinator:** Susan Hanna

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**Introduction to Digital Photography**

**Every Friday • 10 a.m.-11:30 a.m. • Zoom**

January 21, 28 • February 4, 11, 18, 25 • March 4, 11, 18, 25 • April (1 no class), 8, 15

This course will examine how a digital camera works and will explore photographic techniques such as composition, exposure and depth of field. The course goal is to provide the knowledge for you to improve your photographs. Expect to take photographs on class assignments and on your own.

**Instructor:** Rick Hearn  
**Coordinator:** Susan Hanna

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**Our World in Change: Science, Engineering and Technology for a Realistic, Sustainable Future**

**Alternate Tuesdays • 1 p.m.-3 p.m. • Zoom**

January 25 • February 8, 22 • March 8, 22 • April 12

“The good thing about science is that it’s true whether or not you believe in it.” —Neil deGrasse Tyson

Global warming is a misnomer. Call it global climate disruption. Climate governs, so climate disruption affects the availability of water; productivity of farms, forests and fisheries; prevalence of oppressive heat and humidity; formation and dispersion of air pollutants; geography of disease; damage from storms, floods, droughts and wildfires; property losses from sea level rises; expenditures on engineered environments; and distribution and abundance of species. Our only options are mitigation, adaptation or misery. To reduce long-term misery, mitigation requires transition from fossil fuels to sustainable energy sources, which will eventually stop Earth’s ever-increasing warming. Climate change is already harming human well-being, but it will become a far larger problem for our children and grandchildren. Belief in global warming is optional, but participation is inescapable. Climate is global. We are all affected. We are all responsible. Group discussion is encouraged, along with questions and answers.

**Coordinators:** Bryce Bardin, Grace Bertalot and Fran Mathews
Phocus Photography Club
Monthly Tuesdays • 1:30 p.m.-3:30 p.m. • Shapiro CD
February 8 • March 8 • April 12
Pre-registration Required: New and past members register at snoprey@aol.com.

The Phocus Photography Club is a group of amateur photographers who meet to share photos and experiences. Club meetings may start with a guest speaker, who is often a professional photographer or a highly skilled amateur. Meetings end with members sharing images they’ve taken on a recent club outing or exotic photo trip. Attend the Phocus Photography Club to improve your photographic skills.

Contact: John Price, 562-690-1253 or 562-237-2897 or snoprey@aol.com
Coordinators: John Price, Mary Crouch, Bob Caswell, Donna Judd and Rick Hearn

Science for You: Perception
Every Thursday • 12:45 p.m.-2:15 p.m. • Auditorium/Zoom
January 20, 27 • February 3, 10, 17, 24 • March 3, 10, 17, 24, (31 no class) • April 7, 14

Our ability to sense and perceive the world is miraculous in its accuracy and rich details. No other animal, no expertly designed supercomputer—nothing in the entire universe of scientific exploration—can even come close to matching the ability of the human brain to understand the world through its senses. In these lectures from The Great Courses, Dr. Peter Vishton provides a better understanding of the senses, from the hardware of sensation to how babies’ perceptual systems develop; from the five traditionally defined senses to others like speech and language perception, kinesthetic perception and even the perception of pain. Interactive experiments, tests, illusions and demonstrations illuminate how the senses work. By considering the human senses through the lens of scientific inquiry and demonstrating how they work, this course will explain and enhance our sensory experiences. There’s more to the senses than most people ever imagine!

Instructors/Coordinators: Rick Hearn and Susan Hanna
Tech Coordinators: Joyce Ono, Jim Monroe and Ginger Barnhart

“When my mother suffered a stroke and was wheelchair bound, she did not want to return to OLLI classes. She was persuaded to try it just one time. When she arrived, the whole class greeted her on walkers, canes, wheelchairs and crutches. That is the humanity and caring that OLLI is to me.”

-Barbara Talento
### TECHNOLOGY

**COMPUTER AND MOBILE DEVICE EDUCATION**

Registration Procedures for Computer and Mobile Device Courses

Computer and Mobile Device courses are free of charge. Due to space limitations and the popularity of computer and mobile device courses, pre-registration online is required for most tutorials, workshops and regular courses. Registration is NOT required for OLLI Tech Help.

Pre-registration for all computer courses begins on January 3, two weeks before the beginning of the semester.

How to register online for a computer or mobile device course:

- Access the online registration form at: [https://tinyurl.com/OLLITECclasses](https://tinyurl.com/OLLITECclasses) or the TEC web page from the OLLI website, [http://olli.fullerton.edu/classes/science_and_technology/RegistrationProceduresForComputerClasses.php](http://olli.fullerton.edu/classes/science_and_technology/RegistrationProceduresForComputerClasses.php)
- Complete the simple registration form with the information requested. You may select more than one TEC course to register for.

The Technology Education Committee (TEC) invites your participation in enriching our current and future curricula, especially if you would like to share your expertise. Please attend our monthly meetings on the first Wednesday of the month at 3:30 p.m. in Room 20 and by Zoom.

**Chair:** Tom LaCasa  
**Vice-Chair:** Mike Shellman

This QR code is for TEC courses registration. Use your smartphone camera to focus the code, and it will open the link to the registration form. If you have an older smartphone you may need to download a free QR reader app, such as Kaspersky’s QR Code Reader and Scanner for Android or Kaspersky’s QR Scanner for iPhone, and focus the camera on the code.

### OLLI Tech Help

(No Registration Required)

**Free OLLI Tech Help**

**Every Friday • 1 p.m.-3 p.m. • Room 20/Zoom**

January 21, 28 • February 4, 11, 18, 25 • March 4, 11, 18, 25 • April (1 no class), 8, 15

Need help with your computer, mobile devices or the technology you use? Visit the “Free OLLI Tech Help” lab on Friday afternoons, which will be available virtually in Zoom and face-to-face in Room 20. OLLI tech help may also be available at other times by calling 714-451-6698 and leaving a message with your name, email address, the nature of your technology problem and what kind of technology device you are using (e.g., iPhone, Android smartphone, MacBook, Windows computer). Although not required, if you register for help (at [https://tinyurl.com/OLLITECHelpLab](https://tinyurl.com/OLLITECHelpLab)) you can indicate whether you prefer meeting in Zoom or in Room 20.

**Instructors/Coordinators:** Rosalind Charles, Dan Coby, Susan Gaitan, Mark Hammel, Rick Hearn, Steve Kernes, Tom La Casa, Barbara Maio, Richard McCaman, Jim Monroe, Bob Newcomb, Joyce Ono, Bill Reilly, Mike Shellman and Warren Wilson
COURSES

Facebook 101
Session 1: Monday, 10 a.m.-11:30 a.m. • Room 20/Zoom
April 11
Session 2: Monday, 10 a.m.-11:30 a.m. • Room 20/Zoom
April 18 (Intersession)
Facebook is a popular social media application that helps you stay in touch with family and friends everywhere. This course assumes that you do not have a Facebook account. If you attend both classes, you will learn how to set up a Facebook account, adjust security and privacy settings, set up your profile, post updates, make new friends, find old friends, share experiences and more. In advance of the first class of “Facebook 101,” prepare by going to this link: http://bit.ly/facebookprep. You will receive more details via email after you pre-register. If you want further information about this course, contact Jim Cenname at 949-371-6535 or jimcenname@csu.fullerton.edu.
Instructor/Coordinator: Jim Cenname

Google Photos: Storing, Editing and Managing Your Photos
Three Tuesdays • 9:30 a.m.-11:30 a.m. • Room 20/Zoom
February 15, 22 • March 1
Pre-registration Required Prior to February 8: See registration procedures above
Prerequisite: A Google account and ability to access it
Important: Please provide additional information about the technology equipment you will use and your need for the course in an online survey at https://tinyurl.com/OLLIcsufGP
Running out of space on your smartphone or tablet for all your photos and videos? Google Photos, an app for your computer or mobile device, lets you store photo and video files and includes editing and organizing functions. Students completing this course should be able to: 1) Offload photos to a photo library in the cloud; 2) Organize photos into albums; 3) Share photos and albums with others via email or social media; 4) Edit photos using Snapseed’s sophisticated tools; 5) Scan documents with your device’s camera and PhotoScan and 6) Use specific criteria to search for photos.
Instructors/Tech Coordinators: Joyce Ono, Warren Wilson and Richard McCaman
This QR Code is for the “Google Photos” course survey. Use your smartphone camera to focus the code, and it will open the link to the survey form. If you have an older smartphone you may need to download a free QR reader app, such as Kaspersky’s QR Code Reader and Scanner for Android or Kaspersky’s QR Scanner for iPhone, and focus the camera on the code.

iPhone & iPad Basics and Selected Topics (Apple Mobile Devices)
Every Thursday • 10:15 a.m.-11:45 a.m. • Shapiro CD/Stream
January 20, 27 • February 3, 10, 17, 24 • March 3, 10, 17, 24, (31 no class) • April 7, 14
No Registration Required
Anticipated topics are: 1) Basic operations and controlling your device; 2) Phone calls; 3) Email and texting; 4) Surfing the web; 5) Taking photos and videos and 6) Security, Siri and troubleshooting. Also included will be topics of interest pertaining to Apple mobile devices. The topic each week will be disclosed on the class webpage (https://olli.fullerton.edu/classes/science_and_technology/iPhoneNiPadEssentials.php).
Instructor/Tech Coordinator: Bob Newcomb
Bridge, Really Beginning Bridge and Supervised Play  
**Every Friday** • 8:30 a.m.-11:30 a.m. • Room 9  
January 21, 28 • February 4, 11, 18, 25 • March 4, 11, 18, 25 • April (1 no class), 8, 15  
*Intersession: April 22, 29 • May 6, 13, 20, (27 no class)*  
This course is for those who have never played bridge or have not played bridge for many years. Learn the basic principles of modern contract bridge in a friendly, non-threatening atmosphere. During the spring semester we concentrate on learning to bid and play trump contracts. The course follows the guidelines of American Standard Bidding recognized by ACBL. We not only learn bridge but have a good time. Please plan on attending as often as you can; this commitment is essential to learning bridge.  
**Instructors/Coordinators:** Angela Friedman and Sandy Potter

Bridge, Duplicate  
**Every Monday** • 9:30 a.m.-noon • Shapiro ABCD  
January (17 no class), 24, 31 • February 7, 14, (21 no class), 28 • March 7, 14, 21, (28 no class) • April 4, 11  
*Intersession: April 18, 25 • May 2, 9, 16, (23 no class)*  
“Monday Morning Duplicate Bridge” is the oldest continuous CLE/OLLI course. We welcome all OLLI members to join us each Monday morning for a friendly and competitive game of bridge. Please arrive before 9:15 a.m. to make sure you and your partner can find a table for north/south or east/west, whichever is your preference. If you don’t have a partner, please contact one of the coordinators the week before. We will try (but can’t promise) to find you a partner.  
**Coordinators:** Kent Burrell and Liz Burrell  
**Assistant:** Dan Coby

Bridge, Intermediate  
**Every Friday** • 9 a.m.-12:30 p.m. • Shapiro CD  
January 21, 28 • February 4, 11, 18, 25 • March 4, 11, 18, 25 • April (1 no class), 8, 15  
*Intersession: April 22, 29 • May 6, 13, 20, (27 no class)*  
This course is for those interested in improving their bridge in a friendly, non-competitive atmosphere. Some knowledge of bidding and play is desirable. Come join us, learn and have fun. Play of the hand hasn’t changed, but the bidding keeps evolving. We’ll help you with both. Emphasis will be on American Standard bidding conventions. During each Friday session, a short lesson will be presented to reinforce some aspect of bridge bidding or play. You don’t need a partner.  
**Instructor:** TBA  
**Coordinator:** Arie Passchier
Caring for Yourself and Others
Every Thursday • 2:15 p.m.-3:30 p.m. • Zoom
January 20, 27 • February 3, 10, 17, 24 • March 3, 10, 17, 24, (31 no class) • April 7, 14

“Yesterday I was clever, so I wanted to change the world. Today I am wise, so I am changing myself.” —Rumi

This is a discussion course that uses self-enabling tools to help build and gain personal empowerment to fulfill your life. Caring for others can produce mutual growth. We vary our topics to include all aspects of the mental, spiritual, physical and social sphere. We offer a holistic view of life and how we can make changes to embody the health and happiness we all desire.

Instructor/Coordinator: Jan Friel, CCIS

Comic Books Past and Present
Alternate Thursdays • 4 p.m.-5:30 p.m. • Zoom
(January 20 no class) • February 3, 17 • March 3, 17, (31 no class) • April 7
Intersession: April 21 • May 5, 19

Did you read comics as a kid? I did, and I still enjoy them! Through art, speech bubbles, and other visual cues, comics provide a unique form of storytelling that reflects who we are in hilarious, heartfelt, and sometimes cynical ways. In recent years, comics have jumped from page to film and television, and are more popular than ever! Join us as we enjoy the classics and explore newer forms of comic art, such as graphic novels and manga. At each meeting, we will watch a short presentation, many from Comic-Con 2020 and 2021, then open up for discussion. Participants are encouraged to suggest their favorite comic or graphic novel for future meetings. See you in the funny pages!

Instructor: Dr. Barbara Glaeser  Coordinator: Dennis Hudson

Cooking Potpourri
Alternate Wednesdays • 5 p.m.-6:30 p.m. • Zoom
January 19 • February 2, 16 • March 2, 16, (30 no class) • April 6
Intersession: April 20 • May 4, 18

Do you want to learn cooking and kitchen basics? Do you want to improve your culinary skills? Would you like hints and tips on food preparation? Would you like to learn about different ingredients? Are you interested in ethnic cookery? If you answer yes to any of these questions, join us for this course. The rotating group of instructors will provide instruction on a wide range of food and cooking topics that will be interesting to home cooks regardless of skill level. This course will allow the home cook to feel more comfortable and confident in the kitchen. The classes are in a demonstration/lecture format with a healthy question and answer component. Join us in the kitchen! Watch the OLLI newsletters for information and recipes for upcoming classes.

Instructors: Zona Gray-Blair, MaryLouise Hlavac, Wei-Ling Louie and Jill Patterson

Coordinators: MaryLouise Hlavac and Zona Gray-Blair
Genealogy Research
Alternate Tuesdays • 2 p.m.-3:30 p.m. • Zoom
January 25 • February 8, 22 • March 8, 22 • April 12
This special interest group is a forum for sharing knowledge, ideas and instruction with people who face similar challenges and opportunities in personal genealogy. Beginners through advanced researchers will discover 21st-century tools and resources to use efficiently, independently and collaboratively in constructing individual family trees and histories. We employ genealogy databases of records and documents, the internet, as well as connections through genetic analysis. Volunteers coordinate the group activities and maintain our website (http://tinyurl.com/ollifh). Come share what you know and learn what you don’t know about genealogy, while you make progress building your own family tree.

Coordinators: Richard McCaman, Nancy Chirco, Joann Driggers, Brent Meredith and Jim Cotterman

GROW Gardening Club
Alternate Thursdays • 1 p.m.-2:30 p.m. • Zoom
January 20 • February 3, 17 • March 3, 17, (31 no class) • April 7
Garden responsibly, organically and wisely (GROW) means less water, fewer chemicals and natural pest control. This semester we may cover the following topics: Gardening with California Natives, Flower Garden Design Basics, Garden to Table Vegetables, Warm Seasoning Garden, Gardening in Raised Beds, and culminating with a docent-led tour of the Arboretum. Be sure to follow the OLLI newsletters, noting the class topics and when speakers will be featured. We will meet face to face or on zoom.

Coordinators: Lisa Sewell, Susan Berry and Elwood Berry

Happy Hour
Every Friday • 4 p.m.-5 p.m. • Zoom
January 21, 28 • February 4, 11, 18, 25 • March 4, 11, 18, 25 • April (1 no class), 8, 15
Please join us for “OLLI Happy Hour,” the Zoom equivalent of an end-of-week happy hour featuring good conversation with interesting people to foster OLLI comradeship.

Coordinators: Ellie Monroe and Jim Monroe  Moderator: Mike Stover

Introduction to Strategies of Poker
Every Friday • 12:30 p.m.-3:15 p.m. • Shapiro AB
January 21, 28 • February 4, 11, 18, 25 • March 4, 11, 18, 25 • April (1 no class), (8 No class), 15
Intersession: April 22, 29 • May 6, 13, 20, (27 no class)
Each Friday, “Introduction to Strategies of Poker” instruction classes will be conducted for all levels of beginning poker players. Classes are taught at an easy pace by an OLLI instructor well-versed in the game of Texas Hold’em. Instruction will also include the history of poker, the rules and terminology of the game, the hierarchy of poker hands, and the strategy of betting and raising. Instruction will be conducted at special poker tables with casino type poker chips and regular 52-card decks. Following the “Introduction to Strategies of
Poker” classes, beginners will be invited to play with more seasoned players in the “Strategy of Poker” course, which starts at 3:30 p.m. All players, seasoned and beginners, continue to hone their skills each week and become better players. This course is a lot of fun with a chance to socialize with fellow OLLI members who also enjoy the game of Texas Hold’em Poker.

**Instructor:** Dennis Wilson  
**Coordinators:** Dennis Wilson and Dave Musante

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### Sports Talk

**Alternate Wednesdays • 1 p.m.-3 p.m. • Room 9**  
*January 26 • February 9, 23 • March 9, 23 • April 13*

Discussion of the world of sports is our game. In this course, we cover current events as well as other subjects of interest to sports fans. We are kind of like sports-talk radio but without the ranting and raving. Join us as we debate such topics as drug use in sports, famous athletes in the news, the latest trade talks of our local teams, performance of United States national teams in recent years and any variety of sports topics. It’s just like going to your favorite sports bar with your buddies—male and female—to “chew the fat” for a couple of hours about your favorite teams and players. So, drop on by and join the fun! We’ll save you a seat.

**Coordinator:** Carl Richards

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### Strategy of Poker

**Every Friday • 3:30 p.m.-5:30 p.m. • Shapiro ABCD**  
*January 21, 28 • February 4, 11, 18, 25 • March 4, 11, 18, 25 • April (1 no class), (8 no class), 15*

**Intersession: April 22, 29 • May 6, 13, 20, (27 no class)**

Poker is a game of skill and chance emphasizing the ability to read situations and opponents to give you the advantage in the hands you play. It is also a game utilizing statistics where the better players are able to calculate the odds of either you or your opponent winning a hand in various situations. It cannot be assumed that people who utilize statistics will be winning players, but a sound knowledge of the odds can only improve your game and give you an advantage. Sophisticated players learn strategies such as bluffing and reading an opponent’s playing characteristics. Each week, variations of poker will be introduced and practiced. We play games of Dealer’s Choice and Texas Hold’em. This course is a lot of fun with great camaraderie among the players. Some members go out to dinner together after class. Hope to see you there!

**Instructor:** Dennis Wilson  
**Coordinators:** Dennis Wilson and Dave Musante

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### TED Talks

**Alternate Tuesdays • 1 p.m.-2:30 p.m. • Zoom**  
*January 18 • February 1, 15 • March 1, 15, (29 no class) • April 5*

TED = Technology, Entertainment, Design. Ideas worth sharing. That’s what we’re about. We’ll show videos and discuss different and interesting subjects. Which subjects? There are thousands of things that we lifelong learners might enjoy—serious—funny—strange—deep—entertaining. Scientific stuff, non-scientific stuff, what makes us human, our cultures, our environment, what’s next and so on. You help us decide. Add your thoughts to what others are thinking. Refresh your brain. Come and discuss.

**Coordinators:** Steve Kernes and Nancy Petersen
New Member Orientation

Wednesday, January 12 • 1 p.m.-2:30 p.m. • Shapiro ABCD/Zoom

New OLLI members are invited to attend an orientation session to learn more about OLLI-CSUF. Meet with members of the OLLI Board of Trustees as well as other new members. Learn the many benefits of membership and how to access them to enhance your OLLI experience. This is the time to have your questions in hand! Reserve this date and time. Learn about the many volunteer activities in which you can participate.

Coordinator: Bill Sampson, VP Membership
Tech Coordinators: Ellie Monroe and Jim Monroe

Coordinators and Instructors Training Workshop

Thursday, January 13 • 1 p.m.-3 p.m. • Shapiro ABCD

The University requires training of all coordinators and member instructors. OLLI coordinators and instructors are formally registered as volunteers of the University and as such must act responsibly and in accord with University policies in carrying out their duties. The “Coordinators and Instructors Training Workshop” will review safety and reporting procedures, campus sexual harassment policies and other CSUF policies relevant to a registered volunteer. The OLLI office will contact those individuals who are required to take this training.

Instructor: Patsy Burns, OLLI Office Manager
Coordinator: Renee Cabrera, VP Programs

Spring Preview (Open to the Public)

Saturday, January 15 • 1 p.m.-3 p.m. • Auditorium/Shapiro ABCD

We invite all OLLI members and their guests to attend our first General Meeting of the year to inform you of the status of OLLI and the many opportunities that are available to its members. This event honors those OLLI members who have reached the age of 90+. After the presentation, free light refreshments will be served in our Shapiro facility. This is the ideal time to ask questions about the campus activities, OLLI classes, the benefits of membership and much more. Our friendly volunteers offer assistance in our registration lab if needed. For more information, call 657-278-2446, email olli-info@fullerton.edu or visit our website: http://olli.fullerton.edu. Free parking is provided, with shuttle service from State College Parking Structure (enter on Gym Drive, off of State College Boulevard).

OLLI Socials

Five Thursdays • 3 p.m.-4:30 p.m. • Shapiro ABCD
January 27 • February 24 • March 24 • April 14
Intersession: May 5

OLLI Socials provide a party atmosphere for members to get together and have fun listening and/or dancing to live music or just sitting around to visit with each other. We are back on campus and looking forward to seeing you all
there. This spring, OLLI will feature OLLI members as well as CSUF student musicians and singers for your entertainment pleasure. Refreshments will be provided. Come join us for a good time and a chance to meet up with friends.

**Coordinators:** Mickey La Casa, Tom La Casa, Tracy Hammel and Mark Hammel

**Music & Entertainment Coordinator:** Ellie Monroe

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### OLLI Spring Event

**Saturday, March 12 • Time and Theme TBA**

**Save the Date:** This Hospitality annual event will be announced in the OLLI newsletters and other publications.

**Coordinators:** Lisa Sewell, Tina Ernsting and the Hospitality Committee

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### Volunteer Recognition Reception and Concert

**Sunday, April 3 • Social and Presentation • 2 p.m.-4 p.m. • Titan Student Union**

**Sunday, April 3 • Concert • 4 p.m.-5 p.m. • Titan Student Union**

The month of April is Volunteer Appreciation Month, and OLLI recognizes our volunteers and their generosity in sharing their talents and time to make OLLI a great community. Volunteers are at the heart of our organization and make OLLI a dynamic and successful part of the university. OLLI members are invited to this event to thank and acknowledge the volunteers. Join us at this special reception to honor those who have served in various capacities to assist OLLI with its many diverse programs during the past year. They make OLLI at CSUF one of the very best in the country. A midday meal will be provided during our social hour, followed by a presentation. A special concert designed for OLLI will follow the reception. Additional information will be provided through the OLLI newsletters, the ChroniCLE, the OLLI website and flyers posted around the OLLI facilities. Please save the date!

**Coordinators:** Ellie Monroe and the Membership Committee

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### In Memoriam

**Friday, April 8 • 3:30 p.m.-4:30 p.m. • Shapiro ABCD**

In Memoriam is normally a gathering of OLLI members who wish to remember those who have passed away since spring 2021. A silent PowerPoint presentation with the names and pictures of those OLLI members will be shared on the OLLI website in honor of those members we have lost throughout this past year. All OLLI members and bereaved families are invited to take a moment to view this special “In Memoriam.”

**Coordinators:** Debbie Maxwell, Ellie Monroe, Mickey La Casa and Ricki Bremer

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### General Meeting/Election

**Thursday, April 21 • 1:30 p.m.-3 p.m. • Auditorium/Shapiro ABCD**

Don’t miss the OLLI annual general meeting, with election of officers and trustees. Join us for a brief presentation on the status of OLLI and the outlook for future semesters. Our Ice-Cream Social will follow the presentation. Look for information in the OLLI newsletters and ChroniCLE.
OTHER ACTIVITIES

Board of Trustees Meetings
Second Thursday of each month • 8:30 a.m.-10 a.m. • Zoom
January 13 • February 10 • March 10 • April 14

Designated Thursdays • 10 a.m.-noon. • Shapiro ABCD
Intersession: May 12 (Installation/Meeting), 19 (Board Retreat)

The OLLI Board of Trustees invites OLLI members to attend its monthly board meetings and learn more about OLLI business and its self-directing deliberations. Members wishing to speak on non-agenda board items are advised to notify the president and/or administrative manager in writing (include a brief description of the subject to be addressed) at least one week in advance of the meeting. At the discretion of the president, three minutes may be allocated within the board meeting agenda.

Chair: President Ellie Monroe

Collaboration Committee Meeting
Two Mondays • 10 a.m.-11:30 a.m. • Zoom
February 7 • April 11

The OLLI-CSUF Collaboration Program offers OLLI members unique opportunities to share their knowledge and experience as volunteers with the CSUF Student Success Program. Our participation in this program is an important component of OLLI’s interaction with the California State University Fullerton (CSUF) campus and our local community. We invite you to attend the Collaboration Committee meeting to discuss recent activities and learn about the variety of opportunities available to add a wonderful dimension to your life. Information about the OLLI-CSUF Collaboration Program can be found in the weekly OLLI newsletters and on the OLLI website at: https://tinyurl.com/OLLICSUF-Collaborations, or send your inquiry for information to https://tinyurl.com/29mc8fvk.

Chair: Susan Mullaly smullaly@csu.fullerton.edu

Curriculum Committee Meetings
First Monday of each month • 3:30 p.m.-5 p.m. • Zoom
January 10* • February 7 • March 7 • April 4
Intersession: May 2

The Curriculum Committee meets to review and disposition potential future courses. It is open to all OLLI members and consists of members designated by the committee chair and the vice president programs. Bring ideas for OLLI classes or activities to these meetings! Better still, if any member would like to offer a course or knows of potential presenters, please attend these meetings to ensure that OLLI’s programs are the best they can be! Course proposal forms can be downloaded from the OLLI website at: http://olli.fullerton.edu/_resources/pdfs/CourseProposalForm.pdf.

* Meeting held on the second Monday due to winter break

Chair: Judy Alter  Vice-Chair: Sue Batie
**Hospitality Committee Meetings**

First Friday of each month • 10:30 a.m.-noon • Zoom  
*February 4 • March 4 • April 8*  
**Intersession:** May 6  

The OLLI Hospitality Committee facilitates and promotes social interactions that give OLLI members opportunities for sharing their personal backgrounds and areas of knowledge outside the classroom. The Committee supports the OLLI business meetings with refreshments and hosts several fun themed events, usually including a dinner or luncheon either on or off campus. The Committee is open to all members who enjoy helping others enhance the OLLI experience and provide social outlets; the only talent needed is to be fun-loving.  
*Meeting held on the second Friday due to spring break*

**Vice President Hospitality:** Lisa Sewell  
**Chair:** Tina Ernsting

**Technology Education Committee (TEC) Meetings**

First Wednesday of each month • 3:30 p.m.-5 p.m. • Zoom  
*February 2 • March 2 • April 6*  
**Intersession:** May 4  

The Technology Education Committee is dedicated to helping OLLI members make the best use of the ever-increasing technology now ubiquitous in our daily lives. Share computer/technology expertise and teach a course or workshop, contribute to a seminar, or help to shape the technical education curriculum. The TEC welcomes member insights and expertise. Join these meetings! For more information, contact Tom La Casa at tom_lacasa@yahoo.com, Michael Shellman at mshellman@pylusd.org or call or text to 714-451-6698.  
**Chair:** Tom La Casa  
**Vice-Chair:** Michael Shellman

**Transitions in Retirement (TiR) Committee Meeting**

Monday, March 14 • 3:30 p.m.-5 p.m. • Zoom  

The TiR Committee focuses on developing programs and activities for OLLI members who are still working part-time or are recently retired. This committee is anticipating a significant number of new retirees, who have a different outlook on retirement than that of previous generations.  
**Chair:** Russ MacKeand

**Trips Committee Meetings**

Second Wednesday of each month • 11:30 a.m.-1:30 p.m. • Zoom  
*February 9 • March 9 • April 13*  
**Intersession:** May 11  

The OLLI Trips Committee plans and coordinates trips of educational interest to OLLI members to locations off of the CSUF campus. These trips are OLLI special events and are subject to the Special Events Registration Policy section located elsewhere in this catalog. Trips are of two types: day trips and overnight trips. Some recent or planned day trips include the Hollywood Bowl, JPL and LAX. Some recent or planned overnight trips include Monterey, Costa Rica and China. Members are notified of upcoming trips via the ChroniCLE, the OLLI newsletters and the OLLI bulletin boards. Join our committee meetings and share ideas and interests for day and overnight trips that would be a learning experience for members. Ken Luke chairs this committee and is always interested in learning of new trips and interests.  
**Chair:** Ken Luke
**Day of the Week Index**

*Verify Latest Information*

Dates, times and places of classes and events are subject to change or cancellation. Access the OLLI website at [http://olli.fullerton.edu](http://olli.fullerton.edu) and select the CALENDARS tab for up-to-date information.

*Asterisk indicates courses that are open to the public.*

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**Monday: Every Week**

*January (17 no class), 24, 31 • February 7, 14, (21 no class), 28 • March 7, 14, 21, (28 no class) • April 4, 11*

- **French 2** • 8:45 a.m.-9:45 a.m. • Room 21
- **Tai Chi** • 9 a.m.-10 a.m. • TBD
- **Bridge, Duplicate** • 9:30 a.m.-noon • Shapiro ABCD
  *Also meets Intersession: April 18, 25 • May 2, 9, 16, (23 no class)*
- **CLECAT Club** • 12:15 p.m.-1:15 p.m. • Room 21/Zoom/Stream
- **Ukulele: Intermediate** • 1:15 p.m.-2:45 p.m. • Zoom
  *Also meets Intersession: April 18, 25 • May 2, 9, 16, (23 no class)*
- **Exploratory Discussion** • 1:15 p.m.-3:15 p.m. • Shapiro CD/Zoom
- **Meditation for Everyday Life** • 3:15 p.m.-4:30 p.m. • Room 18
  *Also meets Intersession: April 18, 25 • May 2, 9, 16, (23 no class)*
- **Spanish 4** • 1:30 p.m.-3:30 p.m. • Room 21
- **Ukulele: Symposium** • 3:30 p.m.-5 p.m. • Shapiro CD/Zoom
  *Also meets Intersession: April 18, 25 • May 2, 9, 16, (23 no class)*
- **Ukulele: Beginner** • 3:30 p.m.-5 p.m. • Shapiro AB/Zoom
  *Also meets Intersession: April 18, 25 • May 2, 9, 16, (23 no class)*
- **Yoga for the Rest of Us** • 4:45 p.m.-6 p.m. • Room 18
  *Also meets Intersession: April 18, 25 • May 2, 9, 16, (23 no class)*
- **Piano Keyboard** • 5:15 p.m.-6:30 p.m. • Zoom
- **Art House Cinema** • 5:45 p.m.-8 p.m. • Shapiro CD
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<thead>
<tr>
<th>Monday: Alternate Week 1</th>
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<tr>
<td>January (17 no class), 31 • February 14, 28 • March 14, (28 no class) • April 4</td>
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<tr>
<td><strong>Great Books</strong> • 10 a.m.-noon • Zoom</td>
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<td><em>Also meets Intersession: April 18</em></td>
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<td><strong>Mystery Book Club</strong> • 12:15 p.m.-2 p.m. • Zoom</td>
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<th>Monday: Alternate Week 2</th>
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<tr>
<td>January 24 • February 7, (21 no class) • March 7, 21 • April 11</td>
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<td><strong>Short Stories</strong> • 10 a.m.-noon • Zoom</td>
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<td><strong>Kitty’s Book Club</strong> • 12:15 p.m.-2 p.m. • Zoom</td>
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<td><strong>Ceramics II</strong> • 1 p.m.-3 p.m. • Shapiro AB</td>
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<td><em>Also meets Intersession: April 25 • May 9, (23 no class)</em></td>
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<th>Monday: Other Schedule</th>
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<tr>
<td><strong>Facebook 101</strong> • 10 a.m.-11:30 a.m. • Room 20/Zoom</td>
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<td><em>April 11 • Intersession: April 18</em></td>
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<th>Tuesday: Every Week</th>
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<tr>
<td>January 18, 25 • February 1, 8, 15, 22 • March 1, 8, 15, 22, (29 no class) • April 5, 12</td>
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<tr>
<td><strong>Arboretum Campus Walk</strong> • 9 a.m.-10:15 a.m. • RGC Courtyard</td>
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<td><em>Also meets Intersession: April 19, 26 • May 3, 10, 17, (24 no class)</em></td>
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<td><em>Also meets every Thursday</em></td>
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<td><strong>Ceramics</strong> • 9 a.m.-11:30 a.m. • Shapiro ABCD Alternating with Zoom</td>
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<td><strong>Shapiro ABCD</strong>: January 18, • February 1, 15, • March 1, 15, (29 no class) • April 5</td>
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<td><em>Also meets Intersession: April 19 • May 3, 17</em></td>
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<tr>
<td><strong>Zoom</strong>: January 25 • February 8, 22 • March 8, 22 • April, 12</td>
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<td><em>Also meets Intersession: April 26 • May 10, (24 no class)</em></td>
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<td><strong>German</strong> • 12:30 p.m.-2:30 p.m. • Shapiro AB/Zoom</td>
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<td><strong>OLLI Flash Mob</strong> • 4 p.m.-6 p.m. • KHS 202</td>
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<td><em>Also meets Intersession: April 19, 26 • May 3, 10, 17, (24 no class)</em></td>
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<td><strong>Concert Band</strong> • 5:30 p.m.-7:30 p.m. • Shapiro ABCD</td>
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<td><em>Also meets Intersession: April 19, 26 • May 3, 10, 17, (24 no class)</em></td>
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OLLI Social Rollers Bowling • 6 p.m.-8:30 p.m. • CSUF Bowling Center
Also meets Intersession: April 19, 26 • May 3, 10, 17, (24 no class)

Jazz Band • 8 p.m.-10 p.m. • Shapiro ABCD
Also meets Intersession: April 19, 26 • May 3, 10, 17, (24 no class)

Tuesday: Alternate Week 1
January 18 • February 1, 15 • March 1, 15, (29 no class) • April 5

Life Story Workshop • 9 a.m.-noon • Zoom
Also meets Intersession: April 19 • May 3, 17

*Eclectics I • 10:15 a.m.-11:45 a.m. • Auditorium/Stream

*CSUF Faculty/Student Perf • Noon-1:30 p.m. • Auditorium/Zoom

Kick Starting Your Writing • 12:15 p.m.-2:15 p.m. • Zoom
Also meets Intersession: April 19 • May 3, 17

*The History of Rock ’n’ Roll • 1:45 p.m.-3:45 p.m. • Auditorium/Zoom

TED Talks • 1 p.m.-2:30 p.m. • Zoom

A Course in Miracles • 2:45 p.m.-4:15 p.m. • Room 21
Also meets Intersession: April 19 • May 3, 17

Learn to Play Guitar • 4 p.m.-5:30 p.m. • Room 18
Also meets Intersession: April 19 • May 3, 17

Tuesday: Alternate Week 2
January 25 • February 8, 22 • March 8, 22 • April 12

Money News • 10:15 a.m.-11:45 a.m. • Auditorium/Stream

Social Science in the News • Noon-1:30 p.m. • Shapiro CD/Zoom

Dynasties, Wars and Nations • Noon-2 p.m. • Auditorium/Stream

Our World in Change • 1 p.m.-3 p.m. • Zoom

Genealogy Research • 2 p.m.-3:30 p.m. • Zoom

Artsy: A History of European Art • 2:15 p.m.-3:45 p.m. • Auditorium/Zoom
**World War II** • 2:15 p.m.-3:45 p.m. • Room 9

**Wisdom Healing** • 2:45 p.m.-4:15 p.m. • Zoom

**Strings and Things Music Jam** • 4 p.m.-5:30 p.m. • Room 18
*Also meets Intersession: April 26 • May 10, (24 no class)*

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**Tuesday: Other Schedule**

**Google Photos: Storing, etc.** • 9:30 a.m.-11:30 a.m. • Room 20/Zoom
*February 15, 22 • March 1*

**Phocus Photography Club** • 1:30 p.m.-3:30 p.m. • Shapiro CD
*February 8 • March 8 • April 12*

**Personal Finance and Retirement** • 3:45 p.m.-5 p.m. • Shapiro CD
*January 18, 25 • February 1, 8, 15, 22*

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**Wednesday: Every Week**

*January 19, 26 • February 2, 9, 16, 23 • March 2, 9, 16, 23, (30 no class) • April 6, 13*

**Longevity Stick Exercises** • 8:30 a.m.-9:30 a.m. • Zoom
*Also meets Intersession: April 20, 27 • May 4, 11, 18, (25 no class)*

**French 1** • 8:30 a.m.-9:45 a.m. • Zoom

**Tap-ercise** • 9 a.m.-10 a.m. • Zoom
*Also meets Intersession: April 20, 27 • May 4, 11, 18, (25 no class)
Also meets every Friday*

**Drawing for the Fun of It** • 10:00 a.m.-noon • Shapiro AB/Zoom
*Also meets Intersession: April 20, 27 • May 4, 11, 18, (25 no class)*

**String Ensemble** • 10 a.m.-noon • Room 9
*Also meets Intersession: April 20, 27 • May 4, 11, 18, (25 no class)*

**French 3** • 10 a.m.-noon • Zoom

**Watercolor Workshop** • 1 p.m.-3:15 p.m. • Shapiro ABCD/Zoom
*Also meets Intersession: April 20, 27 • May 4, 11, 18, (25 no class)*

**Classical Guitar Ensemble** • 4 p.m.-6 p.m. • Room 9
*Also meets Intersession: April 20, 27 • May 4, 11, 18, (25 no class)*
Wednesday: Alternate Week 1
January 19 • February 2, 16 • March 2, 16, (30 no class) • April 6

What’s Behind the News? • 10 a.m.-noon • Zoom

French Discussion • 1 p.m.-2:30 p.m. • Zoom

Line Dancing: Beginner • 3:30 p.m.-5 p.m. • Shapiro ABCD/Zoom
*Also meets Intersession: April 20 • May 4, 18

Cooking Potpourri • 5 p.m.-6:30 p.m. • Zoom
*Also meets Intersession: April 20 • May 4, 18

Wednesday: Alternate Week 2
January 26 • February 9, 23 • March 9, 23 • April 13

Wisdom Exchange • 10 a.m.-noon • Shapiro CD

Sports Talk • 1 p.m.-3 p.m. • Room 9

Line Dancing: Adv Beg/Inter • 3:30 p.m.-5 p.m. • Shapiro ABCD/Zoom
*Also meets Intersession: April 27 • May 11, (25 no class)

*Medical Series • 7 p.m.-9 p.m. • Zoom

Wednesday: Other Schedule

New Member Orientation • 1 p.m.-2:30 p.m. • Shapiro ABCD/Zoom
January 12

Warren Buffett’s Invest Method • 1 p.m.-3:15 p.m. • Room 21
January 19 • February 2

Thursday: Every Week
January 20, 27 • February 3, 10, 17, 24 • March 3, 10, 17, 24, (31 no class) • April 7, 14

Storytelling/Drama/Improv • 8:30 a.m.-9:45 a.m. • Shapiro CD

Arboretum Campus Walk • 9 a.m.-10:15 a.m. • RGC Courtyard
*Also meets Intersession: April 21, 28 • May 5, 12, 19, (26 no class)
*Also meets every Tuesday

Spanish 1 • 10 a.m.-11:30 a.m. • Zoom
iPhone & iPad Basics • 10:15 a.m.-11:45 a.m. • Shapiro CD/Stream

Poetry for Pleasure • Noon-2 p.m. • Room 21/Zoom

Science for You: Perception • 12:45 p.m.-2:15 p.m. • Auditorium/Zoom

Caring for Yourself and Others • 2:15 p.m.-3:30 p.m. • Zoom

Classical Guitar: Beginning • 4:30 p.m.-5:30 p.m. • Room 18/Zoom
Also meets Intersession: April 21, 28 • May 5, 12, 19, (26 no class)

Writing with Feedback • 4:30 p.m.-6:30 p.m. • Room 21/Zoom
Also meets Intersession: April 21, 28 • May 5, 12, 19, (26 no class)

Thursday: Alternate Week 1
January 20 • February 3, 17 • March 3, 17, (31 no class) • April 7

Writing a Children’s Book • 10 a.m.-noon • Zoom
Also meets Intersession: April 21 • May 5, 19

The American Presidency • 10:15 a.m.-11:45 a.m. • Auditorium/Stream

Noontime Student Piano • Noon-12:30 p.m. • Auditorium/Stream

Spanish Stories Talk • Noon-2 p.m. • Zoom

New Yorker Discussion Group • Noon-2 p.m. • Shapiro CD/Zoom

GROW Gardening Club • 1 p.m.-2:30 p.m. • Zoom

Boundaries of Science • 2:30 p.m.-3:45 p.m. • Auditorium/Zoom

Cooking Potpourri • 4 p.m.-5:30 p.m. • Zoom

Comic Books Past and Present • 4 p.m.-5:30 p.m. • Zoom
(February 20 no class)
Also meets Intersession: April 21 • May 5, 19

Thursday: Alternate Week 2
January 27 • February 10, 24 • March 10, 24 • April 14

Shakespeare Aloud • 10 a.m.-noon • Zoom

Write Now! • 2:15 p.m.-4:15 p.m. • Room 21/Zoom
Thursday: Other Schedule

**Coordinators/Instructors Training** • 1 p.m.-3 p.m. • Shapiro ABCD
*January 13*

**General Meeting/Election** • 1:30 p.m.-3 p.m. • Auditorium/Shapiro ABCD
*April 21*

**Publish Before You Perish** • 2:15 p.m.-4:15 p.m. • Room 21/Zoom
*January 20 • February 17 • March 17*

**Archaeology** • 2:30 p.m.-3:45 p.m. • Auditorium
*February 24 • March 24 Also meets Intersession: April 28*

**OLLI Socials** • 3 p.m.-4:30 p.m. • Shapiro ABCD
*January 27 • February 24 • March 24 • April 14 • May 5*

Friday: Every Week

*January 21, 28 • February 4, 11, 18, 25 • March 4, 11, 18, 25 • April (1 no class), 8, 15*

**Tap Dancing: Advanced** • 8:15 a.m.-10:15 a.m. • KHS 202
*Also meets Intersession: April 22, 29 • May 6, 13, 20, (27 no class)*

**Bridge, Really Beginning** • 8:30 a.m.-11:30 a.m. • Room 9
*Also meets Intersession: April 22, 29 • May 6, 13, 20, (27 no class)*

**Bridge, Intermediate** • 9 a.m.-12:30 p.m. • Shapiro CD
*Also meets Intersession: April 22, 29 • May 6, 13, 20, (27 no class)*

**Critics’ Choice: The Movies** • 9:30 a.m.-noon • Shapiro AB
*Also meets Intersession: April 22, 29 • May 6, 13, 20, (27 no class)*

**Intro to Digital Photography** • 10 a.m.-11:30 a.m. • Zoom

**Tap Dancing: Beg/Inter** • 10:30 a.m.-11:30 a.m. • KHS 202
*Also meets Intersession: April 22, 29 • May 6, 13, 20, (27 no class)*

**Intro to Strategies of Poker** • 12:30 p.m.-3:15 p.m. • Shapiro AB
*Also meets Intersession: April 22, 29 • May 6, 13, 20, (27 no class) (April 8 no class)*

**Tap-ercise** • 1 p.m.-2 p.m. • KHS 202
*Also meets Intersession: April 22, 29 • May 6, 13, 20, (27 no class) Also meets every Wednesday*
Voci d’Oro Chorale • 1 p.m.-3 p.m. • Auditorium
Also meets Intersession: April 22, 29 • May 6, 13, 20, (27 no class)

Free OLLI Tech Help • 1 p.m.-3 p.m. • Room 20/Zoom

Spanish 3: Grammar • 2 p.m.-3:15 p.m. • Zoom

Strategy of Poker • 3:30 p.m.-5:30 p.m. • Shapiro ABCD
Also meets Intersession: April 22, 29 • May 6, 13, 20, (27 no class)
(April 8 no class)

Musical Performances/Rehearsals • 3:30 p.m.-8 p.m. • Auditorium
Also meets Intersession: April 22, 29 • May 6, 13, 20, (27 no class)

Happy Hour • 4 p.m.-5 p.m. • Zoom

Friday: Alternate Week 1
January 21 • February 4, 18 • March 4, 18 • April (1 no class), 8

[None]

Friday: Alternate Week 2
January 28 • February 11, 25 • March 11, 25 • April 15

“Genreflections” Book Club • 11:30 a.m.-1 p.m. • Zoom
Also meets Intersession: April 29 • May 13, (27 no class)

Great Decisions • 1:15 p.m.-3:15 p.m. • Room 21/Zoom

Friday: Other Schedule

In Memoriam • 3:30 p.m.-4:30 p.m. • Shapiro ABCD
April 8

The Crafty Social • 3:30 p.m.-5 p.m. • Room 21/Zoom
January 28 • February 11 • March 11 • April 15 • Intersession: May 13

Saturday: Other Schedule

*Transitions in Retirement Essentials • 9:30 a.m.-11:30 a.m. • Zoom
January 22, 29 • February 5, 12, 19, 26 • March 5, 12

*Spring Preview • 10 a.m.-11:30 a.m. • Auditorium/Shapiro ABCD
January 15
Musical Performances • Auditorium/Shapiro ABCD
_Dates and Times TBD_

**OLLI Spring Event** • Time and Theme TBD
_March 12_

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**Sunday: Other Schedule**

**Volunteer Recog/Concert** • 2 p.m.-4 p.m. • Titan Student Union
_April 3_

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**Committee Meetings**

**Board of Trustees** • 8:30 a.m.-10 a.m. • Zoom
_January 13 • February 10 • March 10 • April 14_

**Board of Trustees** • 10 a.m.-noon. • Shapiro ABCD
_Intersession: May 12, 19_

**Collaboration Committee** • 10 a.m.-11:30 a.m. • Zoom
_February 7 • April 11_

**Curriculum Committee** • 3:30 p.m.-5 p.m. • Zoom
_January 10 • February 7 • March 7 • April 4 • Intersession: May 2_

**Hospitality Committee** • 10:30 a.m.-noon • Zoom
_February 4 • March 4 • April 8 • Intersession: May 6_

**Technology Education Committee** • 3:30 p.m.-5 p.m. • Zoom
_February 2 • March 2 • April 6 • Intersession: May 4_

**Transitions in Retirement Committee** • 3:30 p.m.-5 p.m. • Zoom
_March 14_

**Trips Committee** • 11:30 a.m.-1:30 p.m. • Zoom
_February 9 • March 9 • April 13 • Intersession: May 11_
Experience Lifelong Learning

[natural images of people engaged in various activities, with credits to photographers]
MEMBERSHIP BENEFITS

WIDE RANGE OF COURSES
- Current affairs, retirement issues
- Arts: learning, doing, performing
- Languages, science, technology
- Computer/mobile, discussion
- Extensive library of class videos

HEALTHY LIFESTYLE COURSES
- Health, medical issues
- Sports, exercise, dancing

SPECIAL EVENTS/SOCIAL ACTIVITIES
- Dinners, luncheons, receptions
- Day and overnight trips
- Card & board games
- Musical entertainment

PARKING PRIVILEGES*
- Most student lots/structures
- Lot J for OLLI members only
- OLLI Trolley to/from far lots

UNIVERSITY PRIVILEGES
- Collaborate with faculty & students
- Pollak Library, student store, Wi-Fi
- Campus eating facilities discounts
- Most CSUF athletic events free
- Audit CSUF courses free

*Subject to limitations. See Parking & OLLI Trolley Information.