President’s Message

By Mike Stover, President, OLLI-CSUF

I am excited to share many excellent suggestions I received since becoming OLLI president.

But before we delve into the suggestions, I want to acknowledge the peak workload period we encounter before the start of the new academic year on September 11. Our office staff and volunteers are working tirelessly to ensure a smooth start to the semester. I am in awe of their commitment and service. To each of them, thank you!

Since my appeal for volunteers in last month’s ChroniCLE and the recent OLLI Today and Tomorrow Forum, I have received several offers of assistance. Some of the highest needs, however, are still unmet. These include more instructors and new class proposals, live streaming technicians, hospitality event organizers/helpers, news media publicists, researchers and seasoned MS Office or Google software assistants to help OLLI officers and project leaders manage their workload.

Now, let’s move on to the suggestions and advice that you have shared:

Providing Morning Coffee and Lunchtime Social Interaction: We will be providing coffee throughout September during the start of the fall semester. This should create a welcoming atmosphere for members to connect, before or after classes, during class breaks, or over lunch. We encourage you to join fellow members at the RGC, elsewhere on campus or even venture off-campus for conversation and refreshments. This is already true for many of our “Strategy of Poker” members who meet after class for dinner or drinks.

More On-Campus Classes with Online Components: Many of you say you want more on-campus classes or on-campus classes with online options. OLLI Vice President Programs

Be a Really Great Friend … and Get Rewarded!

By Bob Kovacev, Vice President External Relations

A New Member Incentive Program is now available to OLLI members, providing an award for recruiting new members. This is truly a win-win for both you and your friend or relative. The new member will enjoy the great benefits of OLLI membership, and you will receive the New Member Incentive award!

Here’s how it works:

• Any current OLLI member is eligible to participate by referring a new member to register.
• Your referral must not have been an OLLI member in the past and must enroll for a full year OLLI membership ($275).
• You submit the voucher to the OLLI office by September 15. The voucher form is on the flyer, which is available in the newsletters, on the OLLI website and in the OLLI office.
• After the new member’s registration is verified, you will be notified by email to pick up your $15 voucher at the OLLI office.
• You have the entire academic year to use the voucher for any OLLI-funded event including trips, socials and OLLI luncheons. Any of your immediate family members may use the voucher.
• And the best part, there are no limits to the number of new members you can refer and the number of vouchers you can earn.

This is your chance to share what you love about OLLI with your friends, neighbors and relatives and receive the New Member Incentive for each one who registers!
### OLLIChronicIICLE

OLLI is a program of the CSU Fullerton Auxiliary Services Corporation administered by University Extended Education, California State University, Fullerton

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Desktop Publishing: Celia Reynolds

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**Get Up & Go To OLLI!**

*By Mary Sampson, Staff Writer*

Are you tired? Listless? Got no ambition? Bored? Tired of looking at tiny rectangles on your computer screen and raising that dumb little hand so you can talk? Zoom had its day and we are grateful that we had it when none of us could come on campus. It kept us going.

Now, you need to have an infusion of in-person contacts—on campus every week. You no longer have an excuse to pretend to be a hermit. You can come to OLLI and be the sparkling, social person that you were before the pandemic.

Yes, I know. You may still be concerned that you might catch something. In fact, CSUF recently loosened their health safety protocols on campus [see “New CSUF Safety Protocols” in this ChronicIICLE]. If you would be more comfortable wearing a mask, you can if you want to. No one will fault you for that.

What are you missing by not being here in person? One very important thing is the socialization we used to enjoy. A recent scientific study from the Center for Disease Control warned that isolation has had a negative effect on many people, especially older adults … like us. We need to be around other people, to talk and to share stories, to get advice and just to see each other in three dimensions, not in flat rectangles on a screen. I went to the Volunteer Reception, and there was a huge number of people there. It felt great.

You can hang out in the courtyard before or after class. The new outdoor furniture is attractive and comfortable with plenty of umbrellas. Bring your lunch and have it outside with friends again. Wouldn’t that be nice?

Have you gone on any OLLI-sponsored day trips in the last year or so? Getting together with good friends and going someplace interesting would help with those feelings of loneliness and isolation.

There are over 1,100 members at OLLI (at least on paper), but you would never know that by the scant numbers that are present in most classes. Some classrooms have so few students during class times that they fairly echo.

Remember when the Mackey Auditorium used to have 100 to 200 attendees filling the seats for presentations? Now, there are seldom more than a couple of dozen. There are people on Zoom, but it just isn’t the same as when the seats in the room are filled. There is very little interaction among the few people in the auditorium and nearly no participation by those on Zoom. When there is only a handful of people in the auditorium, few want to speak up and ask questions or comment on something the speaker has said.

Some popular discussion classes in other rooms used to have robust numbers—35 or 40 every week—but have dwindled in numbers because they are offered only on Zoom. It’s difficult to interact with each other on Zoom. By the time your virtual raised hand is recognized, the moment has passed to comment on something that was said.

Your presence at OLLI is very important if OLLI is going to survive as an important organization at CSUF. We need to keep our membership numbers above 1,000 in order to keep our grant from the Osher organization and the investment income we receive from it. There is also the possibility that the University will take...

*Get Up ...Continued on Page 4*
President’s ...Continued from Page 1
Ellie Monroe has worked with our instructors so that most classes will be held on campus during the fall semester, and we are also implementing livestreaming options for those who prefer to attend remotely.

Expanding the Curriculum: Your curiosity is inspiring, and we are committed to recruiting more instructors to bring in a diverse array of class topics. We will focus on rebuilding our so-called “academic curriculum,” including classes in social sciences, history, humanities, physical and natural sciences, communications, and health and human development.

Publicizing Campus Facilities, Resources and Experiences: We want to ensure you make the most of your OLLI membership, so we are organizing a series of campus tours. These tours will help you explore the facilities, free university classes and exciting experiences open to OLLI members. Get ready to discover hidden gems and understand the value of being a lifelong learner whose classrooms, labs, meeting rooms and offices are on campus.

Encouraging Volunteerism and Next-Gen Leadership: Please get in touch with me if you want to volunteer. I will connect you with a member who can answer your questions and help match your passions with the right OLLI volunteer or leadership opportunity. In the November edition of the ChroniCLE, we will share details about how to apply for trustees at large or officer positions.

Welcoming New Members: We aim to create a welcoming environment for new members that embrace their life experiences and interests. The Board of Trustees is developing several initiatives to better immerse new members into OLLI’s opportunities.

Please keep sending me your advice and suggestions. I look forward to talking with you or reading the emails you send me at stovermw@gmail.com. Please keep them coming.

Collaboration Steering Committee
By Susan Mullaly, Chair, OLLI-CSUF Collaboration Committee

The OLLI-CSUF Collaboration Program offers OLLI members unique opportunities to share their knowledge and life experience with multifaceted short and/or long-term activities that support student success. Integral to showcasing and planning the activities of the program is the annual Steering Committee meeting where we meet with the Associate Deans of the CSUF colleges. Our meeting this year took place with great enthusiasm in person on Monday, July 10, 2023.

This meeting gives us an opportunity to share the many Collaboration projects that our OLLI volunteers have engaged in with CSUF students and faculty in the previous year and to solicit input from the associate deans to identify new opportunities to assist with student success.

In attendance were associate deans, Dr. Jenny Zhan - Business and Economics, Dr. Deanna Leone - Communications, Dr. Dave Mickey - Arts, Dr. Sang June Oh - Engineering and Computer Science, and Dr. Jessica Stern - Humanities and Social Sciences. Representing Extension and International Programs were Dr. Debra Leahy, Dean for Extension and Assoc. VP for International Programs, Dr. Deirdre Thomas, Associate Dean of Professional Education and Strategic Initiatives and Ms. Karen McKinley, Senior Director, Extension and International Programs. The meeting was facilitated by Sue Mullaly, OLLI-CSUF Collaboration Chair, and included Mike Stover, OLLI Board President, Robert Kovacev, OLLI VP External Relations, and 16 OLLI members.

Mike Stover spoke about the OLLI volunteer-centric community that makes OLLI-CSUF
Over the Mackey Auditorium for lack of use by OLLI. If we can’t demonstrate a need for this large venue, the University can justifiably schedule more and more of its larger classes there, eventually squeezing us out.

I want to see people again … in person! I hope you do, too.

Get Up & Go … To OLLI!

Enjoy Fun Conversations in the Ruby Gerontology Center Courtyard

Linda, Edward, Liz and friends enjoy getting together for a stimulating chat in the Ruby Gerontology Center courtyard, and think you will, too! With warmer days upon us, now’s a good time to meet new friends and get reacquainted, and the courtyard is a great place to do just that. Come try out the courtyard’s new tables and comfortable chairs! The courtyard is just a short walk from OLLI parking lot J, where there’s plenty of parking. (Photo by Jim Monroe.)

Wear Your OLLI Name Tag

Security is a worldwide issue and it is no different for you or me. All members are requested to wear their OLLI-CSUF name tag on campus. If you bring a guest to campus, please pick up a guest pass/name tag in the OLLI office in Room 7.

New Programs Starting in Fall

Gender, Sex and Society

This course will cover LGBTQA+ vocabulary and history, and explore and discuss current issues surrounding gender and sexuality.

When most of us grew up, life was simple: You were a boy or a girl, and you would grow up to marry someone of the opposite sex, and anything that deviated from that was, well, deviant. Today, there is a whole new vocabulary, with flags and letters and flow charts, to describe the complexity of gender and relationship identities.

What does it all mean? What makes us uncomfortable, what makes us curious or even hopeful and why?

The course will combine videos and lectures with open discussion and plenty of time for questions and curiosity.

Ginger Barnhart is the instructor, and it will be offered on alternate Wednesdays in the fall and spring semesters.

Orange County Grand Jury in Action

It has been the goal of the Grand Jurors’ Association of Orange County (GJAOC) to educate citizens on the role and responsibilities of the Grand Jury. The Grand Jury ensures that the performance of county, city and other local agencies is ethical and proper. Through their annual reports, the Grand Jury provides increased transparency and improves oversight into Orange County government.

This year we are starting a new series of classes with highlights of recent grand jury reports. The foreperson of the previous year’s Grand Jury will be the speaker.

Instructors John Siragusa, Doug Gillen and Sandra Dunkin, along with coordinator Fritz von Coelln, would love to share these classes with OLLI-CSUF members in the fall and spring semesters and during the summer session.

Religious Literacy Really Matters

We live in a multi-religious nation where not knowing about the beliefs and customs of these various faiths can cause misunderstanding and prejudice in the workplace, marketplace and classroom.

The first lecture will examine the causes of

New Programs … Continued on Page 5
Coordinator Ellie Monroe will offer these topics on one Thursday and two Mondays in the fall.

**Veterans Day Celebration and DAR Pinning Ceremony**

OLLI will honor our veteran men and women for Veterans Day with a special celebration. We ask you to join us as we enjoy a special presentation of our OLLI Veterans.

We will once again have a display and PowerPoint presentation of veterans, along with an Honorary Pinning Ceremony, presented by Daughters of the American Revolution (DAR). Members from DAR will be performing a special pinning ceremony for all Vietnam veterans. This national commemoration is a Secretary of Defense initiative, authorized by Congress and launched by President Obama in 2012. Spouses also receive a Vietnam veteran’s lapel pin in honor of their spouse who served.

Refreshments and a social hour will follow the presentation.

Coordinator Ellie Monroe will present this on Thursday, November 9.

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**Piano Keyboard: Introduction**

Do you want to enjoy music through the piano? Have you ever tried playing the piano but gave up due to the challenge of using both hands simultaneously? Are you searching for a learning environment that provides encouragement and positive feedback?

This course is designed to make learning the keyboard a breeze, even if you have no prior knowledge of reading sheet music. All you need is your piano keyboard; we will guide you through the rest.

Instructor Noah Chang and coordinator Ellie Monroe offer this every Monday in the fall.

**Violin: Introduction**

Are you an adult beginner who has been hesitant to try the violin due to its perceived difficulty? Have you struggled in the past and felt uncomfortable while practicing? Do you crave a learning environment that offers encouragement and positive feedback?

This course is designed to make learning the violin a breeze, even if you have no prior knowledge of reading sheet music. All you need is a violin (which you can prepare or borrow) and a music stand for an enhanced learning experience.

Instructor Noah Chang and coordinator Ellie Monroe offer this every Tuesday in the fall.

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**Alzheimer’s and Dementia Education You Can Trust (Open to the Public)**

This series will contribute to your knowledge and understanding of Alzheimer’s, and will be presented by the Alzheimer’s Association, Orange County Chapter. Topics will be: Understanding Alzheimer’s and Dementia; Understanding and Responding to Dementia-Related Behaviors; and 10 Warning Signs of Alzheimer’s.

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**You Can’t Renew Your Membership Using Windows 7**

CSUF’s duo two-factor authentication system no longer works with Windows version 7 from any device, e.g., desktop computers or laptops. Newer versions of Windows work fine; the newest version is Windows 11. If you are using Windows 7, you are no longer able to log into OLLI’s online member registration system, and you are no longer able to log into the CSUF student portal.

If you need help registering or renewing your membership, contact the OLLI office. They can help you renew on the office computers. Technical assistants will be on hand in the PC lab (Room 20) to help with registration at the Fall Open House on August 5, and they will be on hand during certain hours in the days following the Open House. Watch for announcements.
Collaboration Steering ...Continued from Page 3

possible. He encouraged the Associate Deans and CSUF to “Let us do more for you”. “Help us to become better known on campus where we share our service mission”. He emphasized that our members are curious and service oriented. OLLI at CSUF is one of the few OLLIs that provides this type of opportunity to impact the lives of the students.

Bob Kovacev, OLLI VP, External Relations, spoke about our desire to provide value to CSUF and the fact that the OLLI members love working with the students. “We are in the business of student success and helping the faculty help students succeed.” “We extend the reach of the professors as we are able to assist the students.” OLLI-CSUF Collaboration has the privilege of assisting with student success in many areas such as student project team mentoring, one-to-one mentoring, intergenerational exchanges, panel discussions, sharing life experiences, reviewing student writing and presentations, English speaking practice, focus groups, providing informational interviews about our career experience. In addition to reaching out directly to share our programs, we are there when a student or faculty member contacts us.

The meeting concluded with a video showing OLLI’s Collaboration activities over the past year followed by small group breakout discussions to discover ways to expand opportunities for interaction between OLLI members and students. As a result, new plans are in process to meet with students in a casual environment to assist them in navigating social interaction and to invite more OLLI members to share the broad range of experiences that they have had during their careers with students that want to learn about their experience in specific fields. Faculty members will invite OLLI members to observe, assess and provide feedback on student presentations.

The meeting ended with enthusiasm, new friendships and appreciation by all attending as we begin the 2023-2024 school year. We are so pleased with the value these programs add to the lives of the students and to our generous volunteers, and we invite OLLI members to join Collaboration as our opportunities continue to grow.

To learn more about OLLI-CSUF Collaboration and our volunteer opportunities, email Sue Mullaly at Smullaly@csu.fullerton.edu, or visit our web page at OLLI.fullerton.edu and click on Volunteer/OLLI-CSUF Collaborations. To be contacted, click on the Collaboration Inquiry Form.

Proposed Trip in October

The Trips Committee is working on a day at the Aquarium of the Pacific with a Whale Watching Cruise in Long Beach, tentatively planned for early October. Watch for the flyer and OLLI’s newsletters to find out when you can sign up.

Dust Be Gone! OLLI Trophies Restored

By Joanne Hardy, Archivist/Historian

With the “Spotlight on OLLI” at the Open House, OLLI’s Historian knew it was time to freshen up the OLLI Trophy Case located in the corridor to the Shapiro Wing kitchen.

The ignored case looked tired and dusty and had a broken glass panel. A team of three tackled the job of fixing and freshening. Pete Saputo, Vice President Facilities, measured and ordered the replacement glass panel, then installed it. He restored and glued broken trophies. Dave Hardy cleaned the door panels, removing the stubborn, sticky residue of spills that had hardened over the years. Joanne Hardy cleaned and rearranged the fallen plaques and trophies that honor our former Volunteers of the Year and our principal founder Leo Shapiro.

The trophy case now sparkles and better represents the caring people that make up OLLI members. Thank you to the Team of Three.
New CSUF Safety Protocols

New CSUF public health policies for the campus reflect current health concerns as the probability of COVID pandemic threats lessens. The following are campus public health policies that apply to CSUF students and OLLI members:

• OLLI and CSUF strongly recommend, but do not require, that all instructors, members and visitors be fully vaccinated to attend in-person classes on campus.
• OLLI members are no longer required to report their COVID-19 vaccination status.
• OLLI members may choose whether to wear or not wear masks indoors or outdoors and are urged to exercise caution if coming onto campus maskless.
• OLLI members should not come to campus or participate in any OLLI or CSUF-related activity if they are experiencing symptoms related to COVID-19. In addition, members who develop symptoms associated with COVID-19 while on campus or participating in any OLLI or CSUF-related activity should leave campus or remove themselves from the activity.
• OLLI members have taken the additional step of purchasing and installing HEPA air filtering units in many of our classrooms.

Check here for OLLI’s full In-Person Attendance Guidelines or visit the OLLI website.

It’s Always the Simple Things:

Easy Ways to Support OLLI-CSUF

By Hart Roussel, Senior Director of Planned Giving, University Advancement, CSUF

Like so many things in life, it is often the simple things that bring us the most pleasure. A beautiful sunrise, that first cup of coffee or the laughter of a loved one. The same can be said for the simplest ways to support OLLI-CSUF through your estate planning with beneficiary designations such as the traditional beneficiary designation, transfer on death or payable on death provisions.

Perhaps you have been thinking about how you could make a simple but significant gift to support OLLI-CSUF. By designating OLLICSUF as a...
beneficiary of qualified retirement assets or life insurance policies, you can provide a significant gift to OLLI.

Did you know there is another type of beneficiary designation? You may not be familiar with the POD and TOD provision. Similar to the beneficiary designation is the Transfer on Death (TOD) or Payable on Death (POD) provisions. This method allows you to transfer assets without the expense of a will or trust. A TOD is generally used for investable assets, such as securities, bonds and mutual funds. A POD is generally used for savings accounts, money market accounts and CDs.

Through a TOD or POD arrangement, you can bypass the delays and costs associated with any potential probate. Additionally, charitable gifts from your estate may help avoid triggering an estate tax, if applicable. You do not have to work with an attorney or accountant to prepare or revise a will that names OLLI-CSUF as a beneficiary. You will need to notify the manager of your financial institution and complete the necessary designation forms.

There are several advantages:

- **It Is Simple**—To make a beneficiary designation, TOD or POD gift, you simply fill out a brief form provided by your financial or brokerage firm.

- **Avoid Probate**—The assets pass directly to OLLI-CSUF without going through the probate process.

- **Save Taxes**—The assets are subtracted from your taxable estate, saving potential estate taxes.

- **It Is Inexpensive**—There is no cost to complete the beneficiary designation, TOD or POD form. In most cases there are no legal fees, and there is no need to amend your will or trust.

- **It Is Revocable**—You retain complete ownership of the account while you are living, and you can modify or revoke your gift at any time during your life.

Planned gifts to support OLLI-CSUF are coordinated through University Advancement. Please visit [www.csufplannedgift.org](http://www.csufplannedgift.org) or contact us to learn about all the benefits of making a charitable beneficiary designation and how it can help OLLI-CSUF. If you’re interested in establishing your legacy and making a lasting impact at OLLI-CSUF through membership in the [Ontiveros Legacy Society](mailto:CSUFPlannedGift@fullerton.edu), please contact our Office of Planned Giving at 657 278-3947 or CSUFPlannedGift@fullerton.edu.

**What’s Happening at the Board**

*By Chris Shaw, Editor*

Following are highlights from OLLI’s Board of Trustees meeting on July 13, 2023:

- Online membership registration will be up and running on July 17.

- A membership renewal notice will be snail-mailed to current and former members within a week of this meeting with a card explaining the new virtual parking registration procedures and a flyer announcing a membership incentive program.

- The theme of the Fall Open House on August 5 is “Spotlight on OLLI.” Shapiro ABCD will be used for the program if Mackey Auditorium is unavailable due to renovations. Major promotion of the event will include newspaper advertising, social media, flyers & brochures and all member communication media.

- Expenses were approved for Open House advertising in the LA Times, Orange County Register and Fullerton Observer on July 23 and 30.

- Expenses were approved for a membership recruitment incentive program that pays members a $15 voucher for OLLI events for each new member recruited.

- Expenses were approved for a postcard mailing to remind members before the start of the fall semester to renew their membership.

- President Mike Stover solicited suggestions from Board members for increasing OLLI members’ on-campus attendance and social connections.

- CSUF’s new virtual parking permit procedures for OLLI will be widely communicated to OLLI members. Vice President Administration Bill Sampson is the authority for any questions.

- The OLLI-CSUF Collaboration Committee had their annual reporting and planning meeting with the associate deans of nine colleges at CSUF.
• Chair Sue Mullaly reported a significant growth in the number of collaboration hours and participants this year.
• OLLI-CSUF will be represented at the Osher National Conference next year in San Diego by Vice President Programs Ellie Monroe and Hart Roussel of CSUF University Advancement.
• OLLI is working with the Osher National Resource Center on the feasibility of sharing high quality video programs with them.
• EIP is still working on hiring a temporary employee for the OLLI office.
• OLLI is looking into painting the exterior of the Ruby Gerontology Center.
• OLLI is working with CSUF on the feasibility of using TouchNet for payment transactions by members.

2023-24 OLLI Board of Trustees

Photo by Jim Di Tota

Poetry for Pleasure

By Alice Gresto, Staff Writer

The “Poetry for Pleasure” classes meet Thursday afternoons from noon to 2 p.m. throughout OLLI’s full academic year. Poetry written by the class poets is published in Poetry for Pleasure anthologies and is available on Amazon. Royalties are donated to OLLI. Selected poems from these anthologies will appear in the ChroniCLE periodically.

Pantoum for the Orphans on the Orphan Train

A reported two hundred thousand children were transported from the East Coast to the Midwest between 1854 and 1929 on the Orphan Trains.

Gather in early morning light
The children thin, frail
Shiver from hardship, cold and fright
Ride upon the clicking rail.

The children thin, frail
Teens hold babies, young’uns hold hands
Ride upon the clicking rail
Stop at towns across the land.

Teens hold babies, young’uns hold hands
Form a line, posture straight
Stop at towns across the land
Hope to be chosen, no more wait.

Will loving families be their fate?
Futures warm and bright?
Hope to be chosen, no more wait
Gather in early morning light.

By Linda Kraai

Linda Kraai was a special education teacher for 32 years. She enjoyed writing “occasional poems” to celebrate milestones in the lives of her family, friends and colleagues. In retirement, she loves reading the works of many poets and learning from her classmates in the OLLI “Poetry for Pleasure” class, as well as writing poems for a monthly online poetry workshop.

Verify Class Information on OLLI Website

Dates, times and places of classes and events shown in the the Blue Book are subject to change or cancellation. Notifications of changes are sent via email and OLLI News Bytes. You can access the OLLI website at http://olli.fullerton.edu and select the CALENDAR tab for up-to-date information.

You can also bookmark the OLLI website http://olli.fullerton.edu on your mobile device to get quick information. Another tip is to populate your personal calendar with OLLI classes and events from the website.
Dated Material
Do Not Delay Delivery

Not Receiving OLLI Emails?

If you have unsubscribed in response to any OLLI email, you have unsubscribed from all OLLI emails, including the ChroniCLE emails. If, for any reason, you are not already receiving OLLI emails about upcoming classes, events, the ChroniCLE and special notices, you can subscribe (or re-subscribe) by going to http://bit.ly/OLLISubscription and entering your email address, first name and last name.

If you still have trouble receiving emails from OLLI, send an email to ollinewsbytes@hotmail.com and include your name and email address.

How to Get the ChroniCLE by Email - Save Trees and Stamps!

Unless you elected not to receive emails from OLLI, you are currently receiving an email each month announcing the new ChroniCLE for the upcoming month with links to view or download the publications. You can also access the most recent ChroniCLEs through links in the weekly OLLI newsletters and on the OLLI website.

If you are receiving the ChroniCLE in the mail, but no longer want it mailed to your home, send an email to olli-info@fullerton.edu with your name and address stating: “Do not send me a ChroniCLE in the mail.” If you ever need the printed version, copies are always available in the OLLI office.

If you Need to Contact OLLI

Website: http://olli.fullerton.edu
Email: olli-info@fullerton.edu

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