COVID-19 Response
OLLI has successfully returned to campus. We plan to continue offering a mix of in-person and Zoom or livestreamed programs, recognizing that conditions may change requiring alternative plans for in-person attendance. As this catalog goes to press, CSUF requires that all OLLI members be vaccinated but masks are not required. We do strongly recommend masks be worn as the COVID-19 virus is so unpredictable. Protocols may change. Watch OLLI’s weekly newsletters, emails and website at olli.fullerton.edu for up-to-date information.
FALL OPEN HOUSE
Saturday, August 6, 2022
9:00 a.m.—Noon
Cal State Fullerton
Ruby Gerontology Center

Join us on campus for an informative presentation and an opportunity to speak with course instructors.
• RSVP is required.*
• Converse with OLLI members.
• Share OLLI experiences with our visitors.
• Free parking with shuttle service from State College Parking Structure.

TRY US FREE OF CHARGE** – PROGRAMS OPEN TO THE PUBLIC

THE HISTORY OF AMERICAN MUSIC: ROCK ‘N’ ROLL
Sep 13, 27, Oct 11, 25, Nov 8, 29

CSUF FACULTY/STUDENT PERFORMANCES/PRESENTATIONS
Sep 13, 27, Oct 11, 25, Nov 8, 29, Dec 13, Jan 10

ECLECTICS I
Sep 13, 27, Oct 11, 25, Nov 8, 29

TRANSITIONS IN RETIREMENT ESSENTIALS
Sep 17, 24, Oct 1, 8, 15, 22, 29, Nov 5, 12

MEDICAL SERIES
Sep 21, Oct 5, 19, Nov 2, 16, Dec 7

* Please go to the OLLI website at olli.fullerton.edu to RSVP for the Fall Open House. Non-members may also attend the Zoom version of the above programs. Go to the OLLI website and Sign Up for Free Open to the Public Classes under Welcome to OLLI.

** The Fall Open House and the programs listed above are available at no charge to the public. Parking on campus is free on weekends. Monday through Friday, visitors may purchase hourly or daily permits from vending machines on campus. COVID-19 protocols are followed on campus.

For additional information:
• Call 657-278-2446
• Email: olli-info@fullerton.edu
• Visit olli.fullerton.edu
• Follow us on Facebook at facebook.com/OLLICalStateFullerton

Cover Photo: (left to right) Donna Nakashima, Sharon Kovacev and Jeanette Reese by Donna Spradlin
Welcome to a “New School Year” at OLLI

It has been wonderful seeing so many of our OLLI members face-to-face at our recent events. The laughter and greetings were a long-time coming. We are finding our OLLI population appears to be very mindful of practicing safe protocols while together.

We continue to have over 100 classes and activities to offer our members; 70% of which meet in-person or hybrid. That is a 40% gain from last fall.

You may ask “What’s in it for me?” OLLI provides a mixture of programs that promote health benefits, self-satisfaction and stimulating learning experiences. These programs offer you the opportunity to learn new skills, encourage creativity and increase your knowledge of the constantly changing world around us. Enjoy the experience of stress-free classes and a learning environment through your association with a very diverse population of members from all walks of life. You will find yourself forming new and lasting friendships as you and others participate in many of our social-building courses and activities.

We will continue to bring in-person programs back on campus, while still providing Distance Learning options for those who cannot physically come to campus.

OLLI-CSUF is entirely self-supporting, yet our membership fees are remarkably low. Thanks to our volunteer base, funding from the Bernard Osher Foundation and private contributions, members have the privilege—and fun—of taking as many courses as they want. Whether you are retired, semi-retired or thinking of retiring, there is an active life of learning at OLLI!!

Ellie Monroe, OLLI President
About Us: The Basics

Name and affiliation. OLLI-CSUF stands for Osher Lifelong Learning Institute at California State University, Fullerton. OLLI-CSUF was established in 1979 as a lifelong learning program for retired and semi-retired adults, and an integral part of CSUF operating under the guidance of Extension and International Programs.

We are affiliated with 123 other lifelong learning institutes in the United States, all affiliated with colleges and universities and funded in part by the Bernard Osher Foundation.

Location. OLLI-CSUF is located in the Ruby Gerontology Center (RGC) on Gymnasium Drive in the northeast portion of campus near the Student Housing complex and the Gastronome dining facility. GPS location reference: 800 N. State College Blvd., Fullerton, CA 92831. Mobile device map app reference: “OLLI Cal State Fullerton” or go to http://www.bit.ly/map2olli. See Page 25 or www.fullerton.edu/campusmap for a campus map.

Learning spaces. OLLI courses and activities are generally held in the classrooms, auditorium and computer lab of the Ruby Gerontology Center (RGC) on the CSUF campus or via Zoom or livestream. The RGC is the headquarters for our programs and is exceptionally well designed for the eclectic interests of OLLI’s learners. For example, our Shapiro Wing area, with moveable walls, can be divided into as many as four classrooms, becoming a concert space, a painting studio and financial planning workshop, all in one day.

We also use some nearby campus locations within a short walk, and hold a few courses at off-campus locations in the area.

Membership requirements. Anyone retired or semi-retired may join. Members from all backgrounds are welcome; neither a college education nor previous association with the university is a prerequisite for membership. The only requirement is a desire to learn. Curiosity never retires!

Homework? Grades? Courses typically have no “homework” as you may remember it. There are a few courses—in areas such as photography, language, literature and book discussions—where some optional work or study outside of class will substantially enhance your learning. Except for computer courses and a few others, no pre-registration is required. Just show up, make friends, and learn!

Membership includes a campus parking permit and the following:

- Library access and checkout privileges.
- Use of the campus Wi-Fi network.
- Free admission for two to most CSUF-sponsored athletic events.
- Auditing CSUF courses on a space-available basis with instructor’s permission.
- Discounts to CSUF Performing Arts events.

Note: The above membership privileges are subject to modification by campus administration.

OLLI Governance

OLLI-CSUF is a volunteer organization, guided by a Board of Trustees elected annually from the membership by the membership. The Board is responsible for
Joining / Registration / Fees

Membership registration and renewal is only available online through the OLLI website: http://olli.fullerton.edu, select JOIN/RENEW. For those needing assistance with the online process, help is available in the OLLI office, Room 7 at OLLI’s Ruby Gerontology Center (or call 657-278-2446), open Monday through Friday from 8:30 a.m. to 4 p.m.

Renewing members must have their CSUF username and password to renew online. If you cannot find your CSUF username and password or have not created it, please come into the OLLI office to obtain your campus-wide identification number (CWID) and PIN. Then go to the OLLI website and click on “STUDENT PORTAL ACCOUNT” under “MORE INFORMATION” and follow the instructions.

Whether a new or renewing member, it is important that you add your personal email address on the online registration form. This email address will be used for all future communications from OLLI. The system will prompt you for information and payment by asking for your credit card information, or you can pay by electronic check.

Membership/enrollment fee is:

- Full Year (Fall 2022, Spring 2023 and Summer 2023): $260
- Fall Semester Only: $150

Membership fees cover a campus parking permit and admission to all classes. Note: A few classes may have limited enrollment, due to space or equipment considerations (e.g., some computer classes), and if so, early sign-up will be advised.

Fees also cover participation in other OLLI-CSUF activities, with the exception of some activities for which special expenses are passed on at the lowest possible cost. These include computer education, special events, trips and some special activity classes as specified in this booklet.

Other Fee-Related Items

Reservation forms for special programs or social activities are posted on the OLLI website and included in the monthly OLLI ChroniCLE newsletter, which will be emailed or mailed to you per your preference. Payment is required when reservations are made. Refunds are given until the deadline specified on the form, and thereafter if a substitute is found for the reservation-holder.

Scholarships: Scholarships for membership are available for those having financial hardships. Applications can be requested through the OLLI office by phone (657-278-2446) or by sending an email to olli-info@fullerton.edu. Applications must be received five weeks prior to the fall or spring semester. Each applicant will be contacted to set up an interview with the committee shortly after the application due date.
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Did You Know?

Continuing Learning Experience (CLE), now OLLI, held its first day of classes on September 18, 1979 with 40 members. Three classes were offered that day at Mahr House, now the George Golleher Alumni House located next to the State College Parking Structure.
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OLLI Has a Facebook Page
Follow activities at OLLI-CSUF on our Facebook page at www.facebook.com/OLLICalStateFullerton.

“OLLI, to me, is like a social banquet table filled with plates of education, knowledge, fellowship, art, music and friendships, all served with a side dish of fun. There is always food on the OLLI table and everyone is welcomed to enjoy as little or as much of everything that is offered.”

-Dennis Wilson
Key Dates
Saturday, August 6: OLLI Open House
Saturday, August 20: First day of CSUF fall semester classes
Monday, September 5: Labor Day, campus/OLLI office closed
**Monday, September 12: First day of OLLI fall semester classes**
Friday, November 11: Veterans Day, campus/OLLI office closed
Monday-Wednesday, November 21–23: Fall Break, OLLI office closed
Thursday-Saturday, November 24–26: Thanksgiving, campus/OLLI office closed
**Saturday, December 10: Last day of OLLI fall semester classes**
**Monday, December 12: First day of OLLI fall intersession**
Monday-Monday, December 19-January 2: Winter Holidays, OLLI office closed
Tuesday, January 3: OLLI office open
**Friday, January 13: Last day of OLLI fall intersession**
Saturday, January 14: Spring Preview

All dates for class meetings and events are listed in the course/event descriptions, including intersession meetings. Class meeting dates when classes will not meet due to holidays or other reasons are shown as “(3 no class),” “3” being the meeting date, in the course/event descriptions.

Auditing Cal State Fullerton Courses
One of the most valuable OLLI benefits is the privilege to audit any CSUF course, free of any tuition fees, with the instructor’s permission and approval from the OLLI office. OLLI members don’t receive any official, academic credit from the University, but they enjoy the benefit of a world-class education, participating with University students.

Go to the OLLI website at [http://olli.fullerton.edu](http://olli.fullerton.edu) and click on **AUDITING CLASSES** for step-by-step instructions to enroll through OLLI. This webpage provides links to the CSUF course catalog and schedule of classes for each semester. You will be asked to complete a form and submit it to the OLLI office, who will obtain instructor approval to attend your course(s) of choice. If approved, you will receive confirmation from the instructor, and later, information on how to access the class.

Did You Know?
The “Godmother of CLE” (now OLLI) was Betty Robertson. As Director of Community and Outreach Programs at Cal State Fullerton in 1978, she researched and developed the idea, recruiting Leo Shapiro and other prominent founding member-volunteers.
Commitment to Positive Member Experiences

We want all OLLI members to have the best possible experiences at our classes, programs and special events regardless of any differences in gender, heritage, abilities or political ideology. The OLLI leadership and staff are intent on helping you understand the expectations about standards of behavior. These are important to maintaining the high quality of OLLI as a community of learners in a variety of settings that promote learning while also providing for the respectful, open exchange of ideas.

We urge all members to become familiar with and to practice the standards in two adopted policies. OLLI’s Ethical Environment Policy (Policy 2.6) supports an environment that is free of discrimination and harassment by incorporating the University’s Policy Statement 100.006, fostering a climate of civility. That includes displaying respect for others and engaging in respectful discourse on diverse ideas. Please review these policies at http://olli.fullerton.edu (click on GOVERNING DOCUMENTS) and keep them in mind throughout your time at OLLI activities. Per the OLLI policy, any related grievances or incidents should be reported immediately to any OLLI officer or to the OLLI Administrative Manager. In cases of egregious acts (thankfully rare), OLLI may assess sanctions up to and including suspension or termination of membership.

OLLI Website: Everything You Need to Know about What’s Going on at OLLI

The dates, times and places of classes and events are subject to change or cancellation. OLLI members are notified via email or the weekly OLLI newsletters, and the calendar on the electronic bulletin board in the Shapiro Wing is updated. The up-to-date calendar of the whole semester is always available on the OLLI website at http://olli.fullerton.edu. Select the CALENDARS tab to view today’s calendar or the whole semester’s activities by week or month. The CLASSES/ACTIVITIES tab often has more information about courses and activities than is included in the Blue Book.

The OLLI website contains a wealth of other information about OLLI, from its history to who heads up OLLI’s operational areas, committees and teams, and how to contact them. The website describes how to support OLLI, either by donating or volunteering; how to become a member or renew your membership; how to access forms and register for computer courses, trips and special events; how to gain access to the CSUF Wi-Fi and student portal; how to audit CSUF courses … and much more.

A shortcut can be created on a smartphone, tablet or computer to access the OLLI website. On the home page under the MORE INFORMATION column, click on OLLI ON YOUR PHONE/TABLET.

Distance Learning Program

OLLI members may have days when they can’t get to campus, when parking availability is difficult or when their favorite classes are running concurrently, forcing them to miss a class. Selected classes are recorded and archived on the OLLI website for members to stream online at their leisure. Many videos are currently available to watch, and more are added each week. To access the video collection go to the OLLI website at http://olli.fullerton.edu and click on DISTANCE LEARNING VIDEOS or LIVESTREAM/RECORDINGS under MORE INFORMATION on the home page.
Attending Live Programs Online

OLLI uses both the Zoom app and livestreaming through the internet to deliver some courses, committee meetings and events online as an in-person alternative. The links to join these programs can be obtained from OLLI’s weekly Class Information and Updates Newsletter or from the OLLI website under ZOOM COURSE IDS/LINKS or LIVESTREAM/RECORDINGS (you’ll need your CSUF username and password).

To attend a Zoom program, an account is recommended but not required. Anyone can attend by using their laptop or desktop (Windows or Mac), tablet or smartphone (iPhone or Android), or regular telephone. However, be sure to use your full name when signing in to facilitate taking attendance. If you haven’t used Zoom before, leave about 10 minutes to set it up before your first use. If you use a laptop or desktop, the first time you click on a link, it will ask you to download a free Zoom app on your computer. If you are planning to use a tablet or smartphone, you’ll want to download the free Zoom app (“Zoom Cloud Meetings”) from your app store. More information and sources for help with Zoom are available on the OLLI website under ZOOM HELP.

Livestreaming is similar to Zoom, except you don’t need an app—you just need access to the internet. Clicking on the livestream link takes you to a webpage where you choose the current meeting from a list. Unlike Zoom, you will not see the other attendees and the instructor can’t see or hear you, but you can type a message into the chat box. All livestreamed classes are recorded and available to view after the meeting. For more information on livestreaming see OLLI Livestreaming FAQs. An informational video and class recordings are on the OLLI website under LIVESTREAM/RECORDINGS.

Volunteerism / Interaction / Support OLLI in the University Community

OLLI-CSUF’s retirement model includes volunteerism as a core element, and the University welcomes members’ involvement in campus programs as individuals and as part of OLLI-organized efforts.

Every year, many OLLI members volunteer in support of OLLI activities. Their efforts improve and expand OLLI programs and activities while ensuring that OLLI membership fees are affordable.

Members also contribute many hours in support of CSUF programs, including Art Alliance, Friends of the Fullerton Arboretum, Music Associates, Patrons of the Library and others.

OLLI-CSUF Collaboration
OLLI + CSUF students + Faculty = Collaboration

Through the OLLI-CSUF Collaboration program, OLLI members share their life experiences and skills with members of the university community—to the benefit of all.

Opportunities include tutoring, mentoring, evaluating and sharing expertise with CSUF classes and individuals in both academic and career/professional pursuits. CSUF students and faculty benefit from our members’ accumulated knowledge and wisdom, and OLLI members enjoy the intellectual stimulation, the opportunity to remain productive and “giving back” to the community.

Learn how to get involved under Other Activities in this booklet, and on our website at http://olli.fullerton.edu under the VOLUNTEER tab.
Transitions in Retirement
Programs for the newly retired and almost-retired

New retirees or those approaching retirement have a special place at OLLI. Transitions in Retirement (TiR) is a series of programs for persons preparing for this next phase of their lives. Whether still working or not, you may not have enough weekday time to benefit from all OLLI courses. Transitions in Retirement addresses that with classes more to your convenience on weekends and during early morning, late afternoon and evening hours.

“Transitions in Retirement Essentials” classes on Saturday mornings during the fall and spring semesters are open to the public at no charge. This gives you a chance to sample what OLLI has to offer. Topics cover a wide range, from financial planning to health issues. Other TiR classes do require OLLI-CSUF membership. TiR offerings are specially marked in our course listings, and you can read more about our program on our website at http://olli.fullerton.edu under Transitions in Retirement on the home page.

Around and About OLLI

Parking privileges. A 24/7 parking permit is included at no additional charge with your OLLI membership, and you will be provided with a hangtag. OLLI parking permits are valid in certain parking lots and structures on campus. For specifics on where and where not to park, see the Parking & OLLI Trolley Information section.

Can I eat in or near OLLI?

Yes! Eating with other OLLI members is a good way to become acquainted. When members bring their lunches, they usually have company in the patio near the kitchen or at a table in the courtyard. Lunches may be stored in the kitchen refrigerator in Shapiro Wing A, but must be removed by Friday of each week. In addition, sack lunches may be taken on bus trips when special luncheon arrangements have not been made.

Within a two-minute walk are several other eating or snacking opportunities:

The CSUF Gastronome, an all-you-can-eat buffet for one price, serves fresh, wholesome, cooked-from-scratch and prepared-to-order meals throughout the day.

The CSUF Community Market, directly across from the Gastronome, stocks a wide array of packaged snacks and fresh produce, hot and cold beverages, foods and sundries.

The Titan Student Union, several minutes away, provides a selection of fast-food (some healthy) franchises and other options; see http://asi.fullerton.edu/titan-student-union#Food for details. While you’re in that neighborhood, you can also shop at the bookstore or Titan Shops with your student discount or do some banking at the ATMs or SchoolsFirst Credit Union.

The Community Market and Student Union food court currently offer a 10% discount if you show your current OLLI membership card (this discount is subject to change or elimination at any time).

OLLI Office
The OLLI office is in RGC Room 7 (see map on Page 26). It is open weekdays from 8:30 a.m. until 4 p.m. Campus holidays are observed. (See apps.fullerton.edu/AcademicCalendar/default.aspx.)

The office phone number is 657-278-2446, and OLLI’s general information email is olli-info@fullerton.edu.

Staff members are Patsy Burns (Manager, Administration), Celia Reynolds (Administrative Assistant), Michelle Sanford (Administrative Assistant) and Ying Lu (Accounting Assistant).

Other
Restrooms are located on the north end of the RGC courtyard, outside on either side of Mackey Auditorium, and in the southeast corner of the RGC, indoors and adjacent to the main entrance to the Shapiro Wing.

Parking & OLLI Trolley Information
Please consult the campus parking map following this section for parking locations. OLLI-CSUF members may park in some CSUF student lots and parking structures as listed below. Members are required to display an OLLI-CSUF parking permit whenever they park on campus.

Lot J, adjacent to the Ruby Gerontology Center (east side), is available exclusively for OLLI permit holders Monday through Thursday until 6 p.m., and Friday until 5 p.m. Lot J is particularly convenient for our members with mobility concerns, so we ask that you keep this in mind when considering where to park.

When Lot J is full, Lots G and A provide a pleasant walk. An OLLI Trolley ride to the RGC is available during published and posted hours. Lot G is located on the SW corner of Associated Road and Yorba Linda Blvd next to Goodwin Field. Lot A is located on the SE corner of Yorba Linda Blvd. and State College Blvd.

Do not park in the Arboretum parking lot, even if your class is held at the Arboretum (such as Longevity Stick and Tai Chi). If you have an OLLI class at the Arboretum, park in Lot G. Arboretum parking space is very limited. Continued parking there by OLLI members could result in the loss of access to this wonderful facility for OLLI classes.

OLLI Trolley. The OLLI Trolley is available during spring and fall semesters (no summer service) to transport members between Lots G and A and the RGC, although many members prefer to walk. See the OLLI Trolley operating times under PARKING AND OLLI TROLLEY on the OLLI website at http://olli.fullerton.edu. If you’re interested in volunteering as an OLLI Trolley driver, please apply in the OLLI office.

By the Alphabet: CSUF Lot Availability for OLLI Members:

• Lot A: OLLI permits are valid in most of Lot A. Please check signs before parking. Do not park in Lot A-South, because this is a faculty-staff parking lot.
• Lot D: OLLI permits are NOT valid.
• Lot G: OLLI permits and daily parking permits are valid.
• Lot H: Parking is for the disabled and faculty/staff only. The four disabled parking stalls are available to qualified OLLI members. Please see Disabled Parking below.
• Lot J: available exclusively for OLLI permit holders Monday through Thursday until 6 p.m., and Friday until 5 p.m.
• Nutwood and State College Parking Structures: OLLI permits are valid.
• Eastside North and Eastside South Parking Structures: OLLI permits are NOT valid.
• Student Housing Lot and Arboretum Lot: OLLI permits are NOT valid.

Parking Enforcement
OLLI permits are not to be transferred or lent, and they should only be displayed by the member to whom the permit was issued. A parking citation will be issued to a vehicle displaying a transferred permit, and the member may lose the privilege to receive another OLLI permit, indefinitely.

If your vehicle is issued a parking citation and you wish to contest it, you may file an administrative review online at https://csufparking.t2hosted.com/Account/Portal.

Disabled Parking
OLLI members with DMV-issued disabled parking placards may park in disabled stalls located in Lot J and in Lot H (Lot H is on the immediate west side of the Ruby Gerontology Center) and in Lot G (south side, across from the OLLI Trolley stop). Members must display both their OLLI permit and their placard when parked in a disabled stall.

Visitor Parking
Hourly and daily permits may be purchased in the machines in Lots A, G, S and Arts Drive, and on levels 2, 4 and 6 of the State College Parking Structure. Visitor permits are valid in all student parking lots and structures, but are not valid in Lot J, adjacent to the RGC, or the student housing lot. Permits are not required Fridays after 5 p.m. nor on Saturdays and Sundays.

General Information
Campus parking information is available on the CSUF Parking and Transportation Services webpage at https://parking.fullerton.edu. As this Blue Book goes to press, the Parking Office remains closed to in-person transactions. A notice will be placed on this webpage when it is determined that the office will re-open to in-person transactions. OLLI members may contact the Parking Office directly by phoning 657-278-3082, Monday through Friday, between the hours of 8 a.m. and 5 p.m., or by email at parking@fullerton.edu.

Did You Know?
The Ruby Gerontology Center was built in 1988, funded by $2.1 million in donations raised by CLE (now OLLI) members from members and local businesses and municipalities. CSUF agreed to provide the land and maintenance, and in turn the university shares the facility with OLLI.
Note: OLLI parking is prohibited in the Student Housing Parking Lot.
Special Events Registration Policy

Who goes? How are they chosen?

Special events are open to members only. Should an event not fill by the stated deadline, non-members may register with OLLI approval.

Registration for a special event begins on a date assigned by the OLLI office. This date is approximately one week after the mailing of the ChroniCLE first announcing the event. Payments and coupons for a special event will be accepted at the time of registration. Registration forms will be entered on a first-come, first-served basis. Forms submitted by mail (post office or electronic) prior to the date of the beginning of registration will be entered at the end of the first day of registration. Once an event is full, a waiting list will be created, also on a first-come, first-served basis.

The OLLI office notifies only those individuals who could not be included in an event, and refunds their payments. If you want confirmation that you have been included on the list for an event, check the event lists posted on the bulletin board outside the OLLI office.

Refunds of payments of those who are registered for an event but are unable to attend will be made as long as no cost is incurred by the organization. A registered participant who is unable to attend an event should notify the OLLI office at least two business days before the event. If there is a waiting list for the event, a replacement will be registered from the waiting list, and a refund will be made to the participant who is unable to attend.

If you have any questions regarding the special events policy, please contact the OLLI office at 657-278-2446.

Notes on Curriculum / Format / Frequency

Courses fall into these general categories: The Arts; Languages; Economics, Humanities and Social Sciences; Healthy Living; Science; Technology; and Special Interest Groups and Social Programs. OLLI’s Curriculum Committee considers member requests in the planning of each semester’s offerings.

Class formats include those in which members learn from each other, as well as guest lecturers such as community leaders, university professors and other leading authorities. All courses and programs are coordinated by OLLI members.

Lecture/Discussion courses and programs may include instructors, as well as guest lecturers and presenters. Presentations are generally followed by a coffee break and a “Q and A” session.

“Study” courses, such as language and literature, are enhanced by some study or work outside class.

Frequency varies, so be sure to check your Blue Book for class meeting times, days and dates.

Other programs include special events, field trips and other activities, some of which require a modest payment.
OSHER LIFELONG LEARNING INSTITUTE
at California State University, Fullerton
(OLLI-CSUF)

• OLLI-CSUF is an organization of retired and semi-retired persons, operating on the campus of California State University, Fullerton under the guidance of Extension and International Programs.
• OLLI-CSUF is established under charter from California State University, Fullerton as a non-profit, self-supporting and self-administering entity.

MISSION

• To serve the lifelong learning needs of the older population in the campus environment of a great university.
• To afford members the privileges of adjunct student status on campus with all benefits inherent thereto.
• To allow self-directing individuals the means of providing a productive outlet for their creative energies.
• To provide programs taught by members who share their wealth of accumulated knowledge and expertise with their fellow members.
• To utilize the services of faculty from the university with judicious restraint to provide lectures and symposia in their respective disciplines.
• To support and enhance the activities of the university.

GOALS

• To provide lifelong learning opportunities (for its members) in classes and activities desired and determined by the membership.
• To provide individuals the means to teach, lecture and share their wealth of knowledge and expertise with fellow members.
• To operate on a fiscally-sound self supporting financial basis.
• To support and enhance the activities of California State University, Fullerton to the fullest extent possible.
• To create a welcoming environment.

Links to Online Classes
Get links to Zoom and livestreamed classes in Class Information and Updates Newsletters or on the OLLI website at http://olli.fullerton.edu/ (CSUF username & password required).

Learn to Use Zoom
Click on ZOOM HELP on the OLLI website to learn more about using Zoom.
OLLI Gives to OLLI

Please consider OLLI-CSUF as a worthy candidate for your tax-deductible charitable giving. With your gift, OLLI can continue to offer life-enriching programs to its members at a low fee. Members’ donations and bequests, together with earnings from the Osher Foundation endowments and members’ volunteer services, secure OLLI’s future programs and outreach.

Every contribution, no matter the size, is both tax-deductible and meaningful.

The California State Fullerton Philanthropic Foundation (CSFPF) is the entity overseeing the university’s gifts and endowments, and the specific fund for OLLI contributions is OLLI-CSFPF.

**Gift Options**

- **Fund for the Future** (endowment fund): The principal of this fund grows over time with your contributions. A portion of the annual earnings of this account is transferred into the general budget, reducing membership fees. Donations may be in the form of cash, stock, or other financial gifts.

- **OLLI–Today and Tomorrow Fund**: This fund provides and supports OLLI on the CSUF campus with non-budget items not readily funded by OLLI operations. It is intended for special or major projects to enhance OLLI’s learning environment with structural, capital and refurbishing needs for today and tomorrow.

- **Computer Education Fund**: This fund is used to supplement basic support for the computer lab. Gifts to this fund help us keep abreast of advances in technology.

- **Master’s in Gerontology Scholarship Fund**: These funds provide an annual scholarship award for students enrolled in the Master’s in Gerontology program. An award is given upon recommendation of the Gerontology program and approval by the OLLI-CSUF Vice President External Relations and the appointed committee.

- **Membership Aid Fund**: This fund provides basic membership scholarships to deserving applicants to OLLI who cannot meet the membership fees. These scholarships are private, and only the Membership Scholarship Committee and the president know the recipients. Funds for this come mainly from individual donations.

- **Operating Fund**: This fund is used for ongoing operating expenses and projects for the benefit of the general membership.

- **President’s Advisory Council Fund**: This is a discretionary fund used for special projects outside the general budget. Examples are the plaques in the Shapiro Wing, memorials and recognition awards.

To make a gift to OLLI-CSUF, make a check payable to OLLI-CSFPF, enclose a note indicating which fund you are contributing to, and mail to:

**Cal State Fullerton Philanthropic Foundation (CSFPF)**
2600 Nutwood Ave., Suite 850
Fullerton, CA 92831

To give by credit card, call the Philanthropic Foundation at 657-278-2118 to arrange a secure payment.

In appreciation and for your tax records, you will receive a letter acknowledging your tax-deductible contribution.
OSHER LIFELONG LEARNING INSTITUTE  
at California State University, Fullerton  
(OLLI-CSUF)

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2022-2023

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Pine and Juniper Rooms are located in the student housing complex, just east of parking Lot J. (See Page 18 for exact location)
Programs Offered In Person and Online

The courses and activities in this catalog may be offered: 1) in person on campus; 2) via Zoom videoconference; 3) livestream through the internet or 4) a combination of in-person and online, i.e., hybrid. Hybrid courses may be either synchronous—offering both in-person and online (Zoom and/or livestream) simultaneously for participants to choose from, or non-synchronous—alternating class meetings between in-person and online meetings.

Courses offered in multiple venues are listed in the course descriptions together, divided by a slash. For example, Room 21 and Zoom and Livestream will appear as Room 21/Zoom/Stream; or Zoom and Livestream will appear as Zoom/Stream.

Links to join Zoom or livestream courses will be available from the weekly OLLI newsletters or on the OLLI website at http://olli.fullerton.edu/ under ZOOM COURSE IDs/LINKS or LIVESTREAM/RECORDINGS (members will be asked for their CSUF username and password).

OLLI’s ability to continue in-person programs will be determined by the progression of the pandemic. OLLI members’ safety and health are the priority, so those attending programs on campus may be required to be fully vaccinated and wear masks indoors. Watch OLLI’s weekly newsletters, other emailed announcements and the OLLI website for up-to-date information on COVID-19 protocols and any program cancellations or other changes in meeting times and venues.

THE ARTS

FINE ARTS AND CRAFTS

Ceramics
Every Tuesday • 9 a.m.-11:30 a.m.
First monthly Tuesday • Zoom
September 13, October 4, November 1, December 6
Intersession: January 3
All other Tuesdays • Shapiro ABCD
September 20, 27 • October 11, 18, 25 • November 8, 15, (22 no class), 29
Intersession: December 13, (20 & 27 no class) • January 10
Materials Fee: $95

Come join us for a morning of fun, laughter, sharing and learning. The basic hand building techniques of clay will be taught—pinch pots, coil and slab—with many additional ideas. The experience will go far beyond your expectations! Beginners and (seasoned) experienced students are welcome! Please contact Janann at janann@sbcglobal.net if you plan to attend.

Instructor: Janann Zechmeister

Coordinators/Tech Coordinators: Jill Patterson, Waldene Henkhaus, Jim DiTota and Patricia Dapkus
Emerita: Desiree Engel
Ceramics II
Alternate Mondays • 1 p.m.-3 p.m. • Shapiro AB
September 19 • October 3, 17, 31 • November 14, (21 no class) • December 5
Ceramics II is an exploratory workshop for students who would like to build their ceramic skills beyond a beginning level. You will work independently on your own project with support from others who are exploring the many options available in the world of ceramics. No fees for this course, but you will need your own clay and tools. Options for firing will be explored.
Instructors: Donna Minor and Sue Svoboda
Coordinators: Sue Svoboda and Sarah Troop

Drawing for the Fun of It
Every Wednesday • 10 a.m.-noon • Shapiro AB/Zoom
September 14, 21, 28 • October 5, 12, 19, 26 • November 2, 9, 16, (23 no class), 30 • December 7
Intersession: December 14 (21 & 28 no class) • January 4, 11
Drawing is a skill that anyone can learn, but first you need to learn how to see as an artist sees. The course will use demonstrations and videos to facilitate developing your drawing skills along with help from instructors and coordinators. Gather your pencils, paper (or a sketchbook) and eraser to learn to do something you always wanted to do but didn’t think you could! Advanced students may continue to work in different drawing media.
Instructors/Coordinators: Jeff Layton, Sharon Brown, Carol Carson, Emma Cox, Stevie Johnston, Marsha Linsley, Joyce Ono and Michael Shellman
Tech Coordinators: Emma Cox, Stevie Johnston, Joyce Ono and Michael Shellman

Introduction to Watercolor Painting
Alternate Mondays • 1 p.m.-3:15 p.m. • Shapiro AB
September 12, 26 • October 10, 24 • November 7, (21 no class), 28
This course is for beginners in watercolor painting. We will use videos, demonstrations and hands-on projects to learn the basics of watercolor. At the end of the course, beginners will have acquired basic watercolor supplies and had the opportunity to learn how to: 1) apply various kinds of washes; 2) mix specific colors and values of colors; 3) apply various techniques for textural effects and 4) plan and complete watercolor paintings. Students are urged to attend the weekly “Watercolor Workshop” course to further hone their skills.
Instructors: Maggie Giles, Stevie Johnston and Sandy Wessel
Coordinators: Emma Cox, Sharon Brown and Marion Brockett

Links to Online Classes
Get links to Zoom and livestreamed classes in Class Information and Updates Newsletters or on the OLLI website at http://olli.fullerton.edu/ (CSUF username & password required).
Watercolor Workshop
Every Wednesday • 1 p.m.-3:15 p.m. • Shapiro ABCD/Zoom
September 14, 21, 28 • October 5, 12, 19, 26 • November 2, 9, 16, (23 no class), 30 • December 7
Intersession: December 14 (21 & 28 no class) • January 4, 11
This course is an open workshop for all levels of watercolor artists. In alternate weeks, members or guests will lead in-class projects. Members share what they have learned in workshops or experimental techniques. We will share our paintings and have opportunities to review completed work or work in progress. At any of our sessions you are free to work on your own projects if you choose to do so. Check the OLLI website: http://olli.fullerton.edu/classes/the_arts/WatercolorResources.php and look for additional information about our activities and resources. Come and join us in a relaxed, supportive environment to pursue your artistic passions!

Instructors/Coordinators: Marion Brockett, Sharon Brown, Carol Carson, Emma Cox, Maggie Giles, Barbara Glaeser, Stevie Johnston, Mickey La Casa, Joan Lebsack, Marsha Linsley, Joyce Ono, Betty Redmon, Mary Sampson, Michael Shellman, Sandy Wessel and guest instructors

Tech Coordinators: Marion Brockett, Emma Cox, Barbara Glaeser, Stevie Johnston, Mickey La Casa, Joan Lebsack, Joyce Ono and Michael Shellman

ART APPRECIATION

Art House Cinema
Every Monday • 5:45 p.m.-8 p.m. • Shapiro CD
September 12, 19, 26 • October 3, 10, 17, 24, 31 • November 7, 14, (21 no class), 28 • December 5
If you enjoy watching and discussing vintage and new foreign, independent and documentary films, join us to watch a series of thought-provoking films. Check the weekly OLLI newsletters for information on each week’s film. Note that some films may run later than 8 p.m.

Instructor/Coordinator: Mary Sampson

Artsy: A History of European Art
Alternate Tuesdays • 2:15 p.m.-3:45 p.m. • Auditorium/Zoom
September 20 • October 4, 18 • November 1, 15, (22 no class) • December 6
This course is based upon The Great Courses video series “A History of European Art”, offering a survey of the great works of European art. This fall we will delve into the Italy of the 14th and 15th centuries. Surrounded by Roman Empire relics, the Italian city states lead the journey across the threshold of the Renaissance. Sculptures, frescos, paintings and architecture abound. Join us as we encounter the first “famous” artists in Padua, Siena, Assisi, Pisa and of course Florence. Slide shows will aid the discussions after the video. Let the journey begin!

Instructor: Judy Alter  Coordinator: Sue Batie
Tech Coordinator: Susan Hanna
Critics’ Choice: The Movies

Every Friday • 9:30 a.m.-noon • Shapiro AB
September 16, 23, 30 • October 7, 14, 21, 28 • November 4, (11 no class), 18, (25 no class) • December 2, 9
Interesession: December 16 (23 & 30 no class) • January 6, 13
Movie fans will enjoy this course. At 9:30 a.m., previews of newly released films are shown. We check with class members to see if anyone has been to the movies and wants to give a recommendation. Then a feature length film is shown—it could be a box office hit, a foreign film or a sleeper that did not play in our area. If you like going to the movies, this program is something to look forward to every Friday. Check the weekly OLLI newsletters for information on each week’s film. Come join us!

Instructor/Coordinator: Claire Curran

The History of American Music: Rock ’n’ Roll (Open to the Public)

Alternate Tuesdays • 1:45 p.m.-3:45 p.m. • Auditorium/Zoom
September 13, 27 • October 11, 25 • November 8, (22 no class), 29
This course focuses on the development of music in the United States and the composers and personalities of our most popular American-born songs. The genres of music are vast within our country, and the evolution of music has many tales to be explored. The next two semesters will examine the composers and music personalities of the 1970s. Genres of this period cover pop-rock, disco, R&B, funk, smooth jazz, jazz fusion, soul, blues rock, and progressive rock. The videos and lectures are designed for the lover of all types of music. Don’t miss this fun course.

Instructor/Coordinator: Ellie Monroe    Coordinator: Jim Medici
Tech Coordinators: Jim Monroe and Sue Batie

LITERARY ARTS

Authors’ Central OLLI-CSUF (ACOC)

Alternate Thursdays • 2:15 p.m.-4:15 p.m. • Room 21/Zoom
September 15, 29 • October 13, 27 • November 10, (24 no class) • December 1
ACOC encourages authors and prospective authors to pool resources to promote their books and publications. Authors will participate in marketing, organizing promotional events, issuing press releases, collaborating in research and training, creating articles for and maintaining social media, applying guerrilla marketing and more. A book signing planned for mid-November at CSUF Pollak Library will be the first event. Publishing assistance is available.

Coordinators: Fritz von Coelln and Bob Kovacev
Tech Coordinator: Fritz von Coelln
Book Clubs
There are four separate clubs to choose from—see times and locations below. Like reading books and talking about life and happiness? Then these could be the groups for you. We come together for one common interest—books. Yet, in exploring the stories or history together, we will discover we have so much more in common as well. We try to find new areas to branch into each month. We may invite OLLI authors with manuscripts ready for publication. We don’t break the stories down, clinically, piece by piece. Instead, we prefer to discuss the story in general terms and how it relates to us.

Comic Books Past and Present Book Club
Alternate Thursdays • 4 p.m.-5:30 p.m. • Zoom
September 15, (29 no class) • October 13, 27 • November 10, (24 no class) • December 1
Intersession: December 15 (22 & 29 no class) • January 12
Did you read comics as a kid? I did, and today, thanks to television and film, they are more popular than ever!. Through art, speech bubbles, and other visual cues, comics provide a unique form of storytelling that reflects who we are in hilarious, heartfelt and sometimes cynical ways. Join us as we read and discuss award winning graphic novels on social justice, science and other topics. We also read fiction and non-fiction classic and contemporary comics, graphic novels, and manga. We begin classes with a short presentation, then open up for lively discussion of the book we have read. Participants are encouraged to suggest topics and books to be read in future classes. We would love to add your voice to our discussions! The first book is “Lumberjanes,” vol. 1 by Noelle Stevenson. Please read before the first meeting. Contact the instructor at bglaeser@fullerton.edu for instructions on reserving a copy from a local library.

Instructor: Dr. Barbara Glaeser    Coordinator: Jill Patterson

“Genreflections” Book Club
Alternate Fridays • 11:30 a.m.-1 p.m. • Zoom
September 23 • October 7, 21 • November 4, 18, (25 no class) • December 9
Intersession: December (23 & 30 no class) • January 6
This course is for those who enjoy reading and discussing fiction. We will explore a variety of novels representing various genres, such as travel fiction, historical fiction, coming-of-age fiction and domestic fiction. Our first selection for the 2022 fall semester is the “stream of consciousness” genre. Our novel, “To the Lighthouse,” is a classic written by Virginia Woolf in 1927. Books for the remainder of the session will be determined by the class attendees during the first meeting.

Instructor/Coordinator: Andrea Tarr    Tech Coordinator: Rosalind Charles

Kitty’s Book Club
Alternate Mondays • 12:15 p.m.-2 p.m. • Zoom
September 19 • October 3, 17, 31 • November 14, (21 no class) • December 5
The first book of the Fall season will be “The Year We Left Home” by Jean Thompson. Please read the book and join our discussion.

Coordinators: Lisa Sewell and Juanita Driskell
Tech Coordinator: David Wilkinson
Mystery Book Club
Alternate Mondays • 12:15 p.m.-2 p.m. • Room 9/Zoom
September 12, 26 • October 10, 24 • November 7, (21 no class), 28
The book selected for the first meeting is “A Grave Talent” by Laurie R. King. Please read this selection before our first meeting. “A Cold Day in Paradise” by Steve Hamilton is the selection for the second meeting. Subsequent book selections will be determined during our first meeting.

Coordinators: Patrick Boyle and Sandy Potter

Great Books
Alternate Mondays • 10 a.m.-noon • Room 21/Zoom
September 12, 26 • October 10, 24 • November 7, (21 no class), 28
This course explores literature recommended by the Great Books Foundation. The group is made up of individuals who love to read and partake in lively discussions. Discussion leadership rotates among class participants. Join the discussion in finding deeper meaning behind the printed words. Our opening selection will be the complete book “The Pickup” by Nadine Gordimer (Penguin Edition 2002, ISBN 10: 0142001422 ISBN 13: 9780142001424. ABEBooks.com has ample used books in the $4-$5 range). After that, participants will continue reading selections from our wonderful anthology, “Double Features: Big Ideas in Film.” Free PDFs with discussion questions will be provided for all selections. The anthology may be purchased through The Great Books Foundation at 800-222-5870 or www.greatbooks.org.

Instructor: Judy Alter  Coordinators/Tech Coordinators: Gary Wolfe and JoBeth Cooper

Kick Starting Your Writing
Alternate Tuesdays • 12:15 p.m.-2:15 p.m. • Room 21
September 13, 27 • October 11, 25 • November 8, (22 no class), 29
Intersession: December 13, (20 & 27 no class) • January 10

● Do you want to do some writing but don’t know how to start? Have you written in your younger days and now would like to recover some of that earlier fire? Would you like to write but are afraid to try? Then we invite you to “Kick Starting Your Writing.”

● Do you simply want to share what you have written and get encouragement and feedback? Then we invite you to “Kick Starting Your Writing.”

● Have all of your writing experiences been practical, work oriented or technical? Do you wonder how to spark your imagination in order to write? Then we invite you to “Kick Starting Your Writing.”

Instructor: Ron Baesler  Coordinator: TBD

Learn to Use Zoom
Click on ZOOM HELP on the OLLI website to learn more about using Zoom.
**Life Story Workshop**

Alternate Tuesdays • 9 a.m.-noon • Zoom
September 13, 27 • October 11, 25 • November 8, (22 no class), 29

*Pre-registration Required:* The course had full enrollment in summer 2022 and currently has a waiting list. If you are interested in attending the fall session, contact Kathy Collier at kathyloucollier@gmail.com to see if there are any openings.

This warm, supportive course is where you can begin writing down the stories of your life for your family. Share your stories and listen to the stories of others in your small reading group—a powerful experience, connecting with others through their stories. Discover a treasure trove of ideas for writing two-page life stories. For those with the goal of creating books to share with your children and grandchildren, you will have an opportunity to see books some of our writers have created and to hear from them about their experiences with design and printing. This workshop involves a commitment to attend regularly and write a story every two weeks.

*Coordinators:* Alice Gresto, Russ MacKeand and Kathy Collier

*Tech Coordinators:* Zona Gray-Blair, Patricia Silvestri and Maureen Williams

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**Poetry for Pleasure**

Every Thursday • Noon-2 p.m. • Room 21/Zoom
September 15, 22, 29 • October 6, 13, 20, 27 • November 3, 10, 17, (24 no class) • December 1, 8

Our poetry course is for people who love poetry. We listen to it, read it and even perform it. We take turns leading the class and featuring a poet or theme during the first hour. Then, in the second hour, we do potpourri when we read any poem we wish. Be assured that if you join us, you don’t have to write poetry yourself. You just have to enjoy it. Come join us, it’s fun!

*Coordinators:* Juanita Driskell, Alice Gresto and Mary Sampson

*Tech Coordinator:* Fritz von Coelln

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**Shakespeare Aloud**

Alternate Thursdays • 10 a.m.-noon • Shapiro AB
September 22 • October 6, 20 • November 3, 17, (24 no class) • December 8

For the fall semester, we are taking on the War of the Roses as covered in Henry VI, Part 3, and Richard III. We will be looking at some of the most colorful and notorious characters in English history. Inexpensive copies of the plays will be available in class for those who don’t choose to bring their own copy. There may be hope the “winter” of our discontent is made glorious summer.

*Coordinators:* Sandra Wodicka and Barbara Unsworth

*Please silence your cell phone when attending classes and programs. Thank you!*

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Osher Lifelong Learning Institute Fall 2022 Activities
Short Stories
Alternate Mondays • 10 a.m.-noon • Room 21/Zoom
September 19 • October 3, 17, 31 • November 14, (21 no class) • December 5
Do you enjoy reading but would like an alternative to book clubs that read full-size novels? Then “Short Stories” may be the right course for you. At each session we discuss two stories that have been read prior to class from the short story anthology that is currently being used. This fall we will be completing our readings from “The Best American Mystery Stories 2016”, edited by Elizabeth George.

Coordinators: Janet Genow and Sybil Shecter
Tech Coordinator: Gary Wolfe

The New Yorker Magazine Discussion Group
Alternate Thursdays • Noon-2 p.m. • Shapiro CD/Zoom
September 15, 29 • October 13, 27 • November 10, (24 no class) • December 1
The New Yorker is renowned for its in-depth reporting and cultural commentary. Articles from other sources, including The Atlantic, Harper’s Magazine, The New York Times and Los Angeles Times may also be included in our class discussions. Subscriptions to these publications are not required. Class members will receive links to the articles to be discussed in advance of the class meeting.

Coordinators: Loulie Beck and Edward Dunvan
Tech Coordinator: Jim Monroe

Women Writers’ Workshop: Short Stories
Every Wednesday • 10 a.m.-noon • Room 9
September 14, 21, 28 • October 5, 12, 19, 26 • November 2, 9, 16, (23 no class), 30 • December 7
Intersession: December 14 (21 & 28 no class) • January 4, 11
This course will create a judgment-free creative writing space and a supportive, nurturing writing community for women writers. Each class will include two components. In response to fun writing prompts designed to inspire and generate creativity, participants will share their writing (150 words or less). They will also have the opportunity to offer segments of creative works in progress for strength-based feedback and supportive suggestions. In this course, we will find our voices and share our stories. With a focus on short stories, we will write, share, explore and discover our writing and learn from each other.

Instructors/Coordinators: Cheryl Perreira and Kenni Blossom

Suggestion Box
We want your ideas, suggestions and solutions. Just drop a note in the box in the Shapiro Lobby, or email Ellie Monroe at ellie.monroe@mindspring.com.
Write Now!
Alternate Thursdays • 2:15 p.m.-4:15 p.m. • Room 21/Zoom
September 22 • October 6, 20 • November 3, 17, (24 no class) • December 8
Intersession: December (22 & 29 no class) • January 5

For members who just want to write: essays, memoirs, letters to the editor, poems or stories. We provide you the opportunity to practice writing by writing. You will be provided a topic and you have two weeks to write about it (or you may write about your own subject matter). We encourage you to share your writing in class—we ask that articles be held to about 500 words. Come join us to just write, write, write and read—it is lots of fun!

**Coordinators:** Fritz von Coelln and Bob Kovacev

**Tech Coordinator:** Fritz von Coelln

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Writing with Feedback
Every Thursday • 4:30 p.m.-6:30 p.m. • Room 21/Zoom
September 15, 22, 29 • October 6, 13, 20, 27 • November 3, 10, 17, (24 no class) • December 1, 8
Intersession: December 15 (22 & 29 no class) • January 5, 12

We encourage class members to read aloud their creative works—fiction, nonfiction, poetry etc. Other class members provide feedback by sharing what worked well, what might need clarification or improvement, ideas for publication etc. The respondents may also provide written feedback to the presenter. You’ll have the opportunity to rewrite your work in response to the feedback. This course is for authors and writers interested in publishing their works. Publishing assistance is available.

**Instructors/Coordinators:** Ron Baesler, Keni Cox, Jeanette Reese and Fritz von Coelln

**Tech Coordinator:** Fritz von Coelln

**Emeritus:** Hank Smith

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Performing Arts

Classical Guitar: Beginning
Every Thursday • 4:30 p.m.-5:30 p.m. • Room 18
September 15, 22, 29 • October 6, 13, 20, 27 • November 3, 10, 17, (24 no class) • December 1, 8
Intersession: December 15 (22 & 29 no class) • January 5, 12

**Required:** Nylon string guitar, a guitar footstool or other guitar support, and a music stand. A guitar tuner, either standalone or a phone app, is helpful but not required.

Are you fascinated by the beauty of classical guitar? Are you interested in learning the basics of playing in the classical guitar style? If so, come join in learning note reading on the guitar and the basic left- and right-hand classical guitar techniques. You’ll learn to play melodies and simple duets. The ability to read music is helpful, but not essential. Guitarists of all levels are welcome. The book, “Classical Guitar Method, Volume I” by Bradford Werner, is a free download available at [https://www.thisisclassicalguitar.com/free-classical-guitar-method-book-pdf/](https://www.thisisclassicalguitar.com/free-classical-guitar-method-book-pdf/). Please download and print the book before attending class. If you have any questions, please email the instructor at brattonja@csu.fullerton.edu.

**Instructor/Coordinator:** Janet Bratton
Classical Guitar Ensemble

Every Wednesday • 4 p.m.-6 p.m. • Room 18

September 14, 21, 28 • October 5, 12, 19, 26 • November 2, 9, 16, (23 no class), 30 • December 7

Intersession: December 14 (21 & 28 no class) • January 4, 11

Required: A classical (nylon-stringed) instrument, footstool and music stand

For anyone who would like to play a classical guitar and make music in a group, come join us! Music from the 17th century to the present will be played in the classical guitar fingerstyle method. It is important that the student can read music. The first half of each class will feature work on guitar playing technique and expanded music reading skills. The second half of each class will feature repertoire development.


Coaches/Coordinators: Janet Bratton, Alice Gresto and Suzi Attal

Concert Band

Every Tuesday • 7:30 p.m.-9:30 p.m. • Shapiro ABCD/Zoom

September 13, 20, 27 • October 4, 11, 18, 25 • November 1, 8, 15, (22 no class), 29 • December 6

Intersession: December 13, (20 & 27 no class) • January 3, 10

Prerequisite: Ability to read music and play an instrument

Required: Instrument and music stand

Concert Dress: All black or black pants/skirt and white shirt/blouse

Material Fee: None for fall 2022

Did you play an instrument in junior or high school and want to play again? This is the group for you! All levels of musicians are welcome. We will play concert, popular, symphonic and show tune music. Come join in the fun of playing music together. There will be one to two performances each semester.

Director: James Hartford

Instructors/Coordinators: Rayleen Williams and Tom Stachelek

CSUF Faculty/Student Performances/Presentations (Open to the Public)

Alternate Tuesdays • Noon-1:30 p.m. • Auditorium/Zoom

September 13, 27 • October 11, 25 • November 8, (22 no class), 29

Intersession: December 13, (20 & 27 no class) • January 10

As part of OLLI-CSUF Collaboration activities, CSUF School of Music students are given the opportunity to perform for our members in order to fulfill performance requirements for credit toward their degrees. These students are top-rated performers. Faculty members are also invited to participate. In the event that faculty/students are not able to perform on the scheduled dates, lectures on the life and music of Ludwig van Beethoven will be presented on that date. Additional information will be provided through the OLLI newsletters and posted throughout the Ruby Gerontology Center.

OLLI Coordinator: Ellie Monroe
Drama, Improv & Storytelling
Every Thursday • 8:30 a.m.-9:45 a.m. • Shapiro CD
September 15, 22, 29 • October 6, 13, 20, 27 • November 3, 10, 17, (24 no class) • December 1, 8

Do you want to perform better in social situations? If you desire a more confident presence, better voice expression or free and expressive body language, then you have found the right course. For those who are “closet hams,” come out and perform in broad daylight. For eager novices and experienced thespians, there is a place for you. Learn to feel more comfortable in front of an audience, maybe practice for a presentation or just have fun pretending to be someone else. So set the alarm and we’ll see you at 8:30 a.m. on Thursdays.

Coordinator Team: Mary Sampson, Edward Dunvan and Zona Gray-Blair

Jazz Band
Every Tuesday • 5:30 p.m.-7:30 p.m. • Shapiro ABCD/Zoom
September 13, 20, 27 • October 4, 11, 18, 25 • November 1, 8, 15, (22 no class), 29 • December 6
Intersession: December 13, (20 & 27 no class) • January 3, 10
Prerequisite: Intermediate/advanced musician
Required: Instrument, music stand
Concert Dress: Black pants/skirt and white shirt/blouse
Materials Fee: None for fall 2022

This course will emphasize learning to play jazz with opportunities for improvisation. This is an instrumental group primarily for brass, sax, drums, piano, guitar and bass. Other instruments may be considered. Music from the swing era of the ’30s to ’50s will be played. Contact the director/coordinators by visiting the class. There will be one or two performances per semester.

Director: Tom Stachelek
Coordinators: Rayleen Williams and Thomas Stachelek

Learn to Read Music I
Every Tuesday • 4:45 p.m.-5:45 p.m. • Room 18
September 13, 20, 27 • October 4, 11, 18, 25 • November 1, 8, 15, (22 no class), 29 • December 6
Intersession: December 13, (20 & 27 no class) • January 3, 10
Required: Music stand.

Come join this comfortably paced course, This course is designed as an introduction to reading music to prepare you for learning most instruments at a beginner’s level. The focus will be on developing your ability to recognize notes, note values, key signatures, and other elementary music fundamentals. A soprano, alto, or tenor recorder will be used starting the first day of class to facilitate learning. If you need a recorder, please contact Ellie Monroe at jim.ellie@mindspring.com. This course will not be offered again until summer 2023.

Instructor/Coordinator: Ellie Monroe
Line Dancing: Beginner’s Level
Alternate Wednesdays • 3:30 p.m.-5 p.m. • Shapiro ABCD/Zoom
September 14, 28 • October 12, 26 • November 9, (23 no class), 30
Line dancing is a popular means of socializing, sharpening one’s memory and keeping fit. This course offers the basic fundamentals of line dance at a pace suited for the first-time dancer. The dances taught in this course will introduce the standard steps used by all professionals in the industry. All levels of dancers are welcome.

Instructor/Coordinator: Ellie Monroe
Coordinators: Mickey La Casa and Debbie Maxwell

Line Dancing: Advanced Beginners/Intermediate
Alternate Wednesdays • 3:30 p.m.-5 p.m. • Shapiro ABCD/Zoom
September 21 • October 5, 19 • November 2, 16, (23 no class) • December 7
Do you love to dance? Come and join us for an afternoon of music and fun. This course steps up to the next level of line dance from the beginner’s level course. Current and traditional line dance will be taught at a relaxed and comfortable pace. Line dancing is a great exercise for improving balance, coordination and memory skills while burning calories at the same time! All are welcome.

Instructor/Coordinator: Ellie Monroe
Coordinator: Nancy Bauerly

Musical Performances
Designated Saturdays • Dates and Times TBA • Auditorium/Shapiro ABCD/Zoom
These performances are designed to entertain you, showcasing a variety of talents found among the musicians, vocalists and dancers in our OLLI membership. Additional information will be provided through the weekly OLI newsletters and posted throughout the Ruby Gerontology Center.

Series Coordinators: Rayleen Williams and Renee Cabrera

Musical Performances/Presentations/Rehearsals
Every Friday • 6 p.m.-8 p.m. • Auditorium
September 16, 23, 30 • October 7, 14, 21, 28 • November 4, (11 no class), 18, (25 no class) • December 2, 9
Intersession: December 16 (23 & 30 no class) • January 6, 13
This space is provided for groups and individuals who need time and space to prepare for upcoming concerts. There will be occasions when “CSUF Faculty/Student Performances” and additional OLLI “Musical Performances” participants will be scheduled for special presentations. To reserve a slot for performances or rehearsals, please contact Ellie Monroe (jim.ellie@mindspring.com). Notices of performances and additional information will be provided through the OLLI newsletters other publications, and posted throughout the Ruby Gerontology Center.

Note: CSUF performances will be open to the public.

Coordinators: Ellie Monroe, Rayleen Williams and Renee Cabrera
Noontime Student Piano Performances
Alternate Thursdays • Noon.-12:30 p.m. • Auditorium/Zoom
September 15, 29 • October 13, 27 • November 10, (24 no class) • December 1
Come experience how students in piano studies in the School of Music at CSUF have applied their talents and hard work to achieve great success. Through our relationship with Professor Rob Watson, OLLI members and friends will be the beneficiaries of a series of half-hour presentations by these remarkable students. The students gain encouragement from an appreciative audience.

CSUF Coordinator/Professor: Rob Watson
OLLI Coordinator: Ellie Monroe

OLLI Flash Mob
Every Tuesday • 5 p.m.-7 p.m. • KHS 202
September 13, 20, 27 • October 4, 11, 18, 25 • November 1, 8, 15, (22 no class), 29 • December 6
Intersession: December 13, (20 & 27 no class) • January 3, 10

No Prerequisites: All dancers welcome
The OLLI Flashers never fail to entertain a crowd. We’ve danced for Brea Mall, the City of Fullerton and even ABC TV. So, come and learn our new dance and review/learn our repertoire of previous Flash Mob dances. You don’t need to be a pro ... just a senior who wants to have fun. Join us as we dance on campus and at different venues all over Orange County. Let’s set the stage on fire!

Instructor and Choreographer: Jeanette Reese
Coordinators: Fritz von Coelln and Jeanette Reese

Piano Keyboard—Improve Your Ability to Play and Improvise
Every Monday • 5:15 p.m.-6:30 p.m. • Zoom
September 12, 19, 26 • October 3, 10, 17, 24, 31 • November 7, 14, (21 no class), 28 • December 5

Prerequisite: Some ability to read music
If you’ve taken music lessons in the past and want to play keyboard, this may be the course for you. Review what you know and improve your skills. We will work on melody (hum or read lines, spaces and scales), add harmony (review chord theory and practice progressions) and improve rhythm (counting waltz, two-step and polka). This method is applicable to sing-along tunes, familiar standards, country and early rock ‘n’ roll—maybe even some jazz and blues. Please provide your own keyboard and headphones or earbuds.

Instructor: Ani Nuyujukian Coordinator: Gene Hiegel

OLLI Has a Facebook Page
Follow activities at OLLI-CSUF on our Facebook page at www.facebook.com/OLLICalStateFullerton.
Recorders/Guitars & More Workshops

Every Tuesday • 3:45 p.m.-4:45 p.m. • Room 18

September 13, 20, 27 • October 4, 11, 18, 25 • November 1, 8, 15, (22 no class), 29 • December 6

Intersession: December 13, (20 & 27 no class) • January 3, 10

Prerequisite: Upper level beginners or intermediate level recorder players and other instrumentalists.

These casual sessions are designed to be used for two purposes: 1) Offer previous ensemble students the opportunity to work with the instructors on challenging music materials; and 2) Offer those individuals who have played recorder(s) in the past the opportunity to get reacquainted with their instrument. Other instruments will be considered: guitar, flute, bass guitar etc. Scheduled activities will be announced in classes and the OLLI newsletters.

Instructors/Coordinators: Ellie Monroe and Rayleen Williams

String Ensemble

Every Thursday • 10 a.m.-noon. • Room 9

September 15, 22, 29 • October 6, 13, 20, 27 • November 3, 10, 17, (24 no class) • December 1, 8

Prerequisite: Intermediate musician

Materials Fee: No fee for fall 2022

Do you play a string instrument [violin, viola, cello]? Would you like to play chamber music? If so, please join us! If you are unsure about your skill level, try us out for a couple of weeks. Please bring your instrument and music stand.

Instructor/Coordinator: David Doo

Strings and Things Music Jam

Alternate Tuesdays 2 p.m.-3:30 p.m. • Room 18

September 20 • October 4, 18 • November 1, 15, (22 no class) • December 6

Intersession: December (20 & 27 no class) • January 3

This music jam activity course is for musicians who want to play and/or sing with other musicians and increase their repertoires. We will have an open jam format where class members will suggest tunes and songs to be played. All music will be provided via a Dropbox link. Please contact Patty McCollum at pattymccollom96@gmail.com if you have questions. We are looking forward to our musical collaboration.

Instructor: Patty McCollom    Coordinator: Ellie Monroe

Did You Know?

When the building of CSUF’s student housing reduced available parking at the RGC, it was OLLI’s only two-time president Barbara Talento who thought up the OLLI Trolley and worked to make it feasible in 2008.
Tap Dancing: Beginning
Every Friday • 10:30 a.m.-11:30 a.m. • KHS 202
September 16, 23, 30 • October 7, 14, 21, 28 • November 4, (11 no class), 18, (25 no class) • December 2, 9
Intersession: (December 16, 23 & 30 no class) • January 6, 13
This is a fun, no stress course. If you have always wanted to learn to tap dance, this course is for you! For those who would like to learn basic, easy tap steps at a very slow pace, please join us. Some tappers may prefer to remain in this course. Others will use what they learn in “Tap Dancing: Beginning” to later transition into our more advanced tap course. For more information, contact Toni Hoffman at tonihoffman@sbcglobal.net.

Instructor/Coordinator: Toni Hoffman
Technical Coordinator: Stan Hoffman

Tap Dancing: Advanced
Every Friday • 8:15 a.m.-10:15 a.m. • KHS 202
September 16, 23, 30 • October 7, 14, 21, 28 • November 4, (11 no class), 18, (25 no class) • December 2, 9
Intersession: (December 16, 23 & 30 no class) • January 6, 13
Prerequisite: OLLI “Tap Dancing: Beginning”
If you have completed “Tap Dancing: Beginning” or have some tap experience, come and learn more skills. Join this advanced tap course for great fun and friendships! New steps become routines and in no time you will be enjoying the many dances you will learn. By learning our tap steps and routines you will become a “Snappy Tapper of OLLI.” The Snappy Tappers have performed locally; however, performing is not required. For information, contact instructor Toni Hoffman at tonihoffman@sbcglobal.net.

Instructor/Coordinator: Toni Hoffman
Technical Coordinator: Stan Hoffman

Ukulele: Beginner 1
Every Monday • 4 p.m.-5:30 p.m. • Room 18/Zoom
September 12, 19, 26 • October 3, 10, 17, 24, 31 • November 7, 14, (21 no class), 28 • December 5
Intersession: December 12, (19 & 26 no class) • January (2 no class), 9
Prerequisites: A desire to learn and have fun.
Find out what the ukulele craze is all about. In this course, you will learn a dozen chords and see that the ukulele can play any kind of music you could imagine. You’ll leave the first class able to play a few songs. You’ll be amazed at what you can play by the end of the semester!

Instructors/Coordinators: Jill Patterson and Jan Tapley
Technical Coordinator: Cynthia Welch
Ukulele: Symposium
Every Monday • 3:30 p.m.-5 p.m. • Shapiro CD/Zoom
September 12, 19, 26 • October 3, 10, 17, 24, 31 • November 7, 14, (21 no class), 28 • December 5
Intersession: December 12, (19 & 26 no class) • January (2 no class), 9
Prerequisites: A solid understanding of chord progression and several strumming and fingerpicking patterns will make your Symposium experience more satisfying.

The “Ukulele: Symposium” course will allow you to strengthen your skills in fingerpicking and chord melody. This course will also explore instrumental pieces that rely on those skills to bring the musicality of the piece forward, rather than relying on voice accompaniment. This course will explore contemporary, rock and classical music.

Instructor: Vickie Hite    Coordinators: Leland Akasaki and Linda Callen

Voci d’Oro Chorale
Every Friday • 1 p.m.-3 p.m. • Shapiro CD
September 16, 23, 30 • October 7, 14, 21, 28 • November 4, (11 no class), 18, (25 no class) • December 2, 9
Intersession: December 16 (23 & 30 no class) • January 6, 13
Materials Fee: $20
If you love to sing and enjoy camaraderie, then this is the place for you! The OLLI Chorale sings together in four-part harmony, enjoying many different genres of music. Even if this is a new experience for you, come and learn to make beautiful music together in song. Come one, come all!

Instructors/Conductors: Tom Hut and Marge Osborn
Accompanist: Esther Anh
Coordinator: Amy Kernes, Richard Kaufman and Jim Medici

Did You Know?

The Ruby Gerontology Center was named after Dr. Charles L. Ruby, one of CLE’s (now OLLI) founders. In 1983 he recognized the need for our own building, pledging the initial $100,000. His donations for building the RGC eventually totaled $310,000.

Class Calendars on the OLLI Website
- Bookmark the OLLI website http://olli.fullerton.edu on your mobile device
- Populate your personal calendar with OLLI classes and events from the website
- Check what’s happening at OLLI on your mobile phone or tablet
- Changes in class and event times, dates and classrooms are updated on website calendars
Please note: “French 1” and “Spanish 1” are intended for beginning students from fall through summer semesters. Our other OLLI language courses are “ongoing,” i.e., they do not “start over” every year as they may in a high school or a university setting. After a year of “French 1” or “Spanish 1” students have the option of moving on to “French 2” or “Spanish 2” or repeating “French 1” or “Spanish 1,” as a refresher course. We do not give placement tests, so newcomers to language courses are welcome to sample classes and stay with any or all courses that suit their level of proficiency.

French 1
Every Wednesday • 8:30 a.m.-9:45 a.m. • Zoom
September 14, 21, 28 • October 5, 12, 19, 26 • November 2, 9, 16, (23 no class), 30 • December 7

“French 1” is for beginners who have little or no French language skills. Many French people in tourist areas speak English, so why study French? Because demonstrating appreciation for their culture and a minimum of acquaintance with their language will put smiles on their faces and make your trip to a French-speaking country even more pleasurable. The course will emphasize good pronunciation and introduce key vocabulary, common expressions as well as basic grammar to help you to speak respectfully while enjoying exposure to and participation in French culture. Teaching with Zoom for language study brings the sounds and sights of the new language and culture directly into your own environment and allows for easy participation in class exercises.


Instructor: Nick Caskey Coordinator: Joan Levine

French 2
Every Monday • 8:30 a.m.-9:45 a.m. • Zoom
September 12, 19, 26 • October 3, 10, 17, 24, 31 • November 7, 14, (21 no class), 28 • December 5

In this course we will review and expand your acquaintance with basic French vocabulary and structure. The emphasis will be on good pronunciation and culture so you can feel at ease while enjoying—and contributing to—easy conversations in a francophone environment. We will rely on videos made in France rather than on a traditional textbook because teaching with Zoom has two big advantages for language study: a) it brings the sounds and sights of the new culture into our own environment and b) it allows for participant-to-participant conversations in breakout rooms.


Instructor: Barbara Vigano Coordinators: Joan Hinshaw
French 3

Every Wednesday • 10 a.m.-noon • Zoom
September 14, 21, 28 • October 5, 12, 19, 26 • November 2, 9, 16, (23 no class), 30 • December 7

Prerequisite: Some previous study of French or equivalent

The three goals of this intermediate level course are: a) to emphasize exposure to authentic French culture; b) to increase our knowledge of French vocabulary and grammatical structures and c) to practice conversation. We will rely on videos made in France rather than on a traditional textbook because learning with Zoom has two big advantages for language study: a) it brings the sounds and sights of the new culture into our own environment and b) it allows participant-to-participant conversations in breakout rooms. Therefore, our two-hour Zoom meetings will consist of three parts: 1. a video lesson—coming to us from France—integrating vocabulary, grammar and culture, 2. practice speaking French in groups of two or three participants in Zoom breakout rooms and 3. the occasional discussion of intermediate level texts previously sent by email to all participants.


Instructor: Barbara Vigano  Coordinators: Sara Clark and Cindy Owens

French 3

Every Wednesday • 10 a.m.-noon • Zoom
September 14, 21, 28 • October 5, 12, 19, 26 • November 2, 9, 16, (23 no class), 30 • December 7

Prerequisite: Some previous study of French or equivalent

The three goals of this intermediate level course are: a) to emphasize exposure to authentic French culture; b) to increase our knowledge of French vocabulary and grammatical structures and c) to practice conversation. We will rely on videos made in France rather than on a traditional textbook because learning with Zoom has two big advantages for language study: a) it brings the sounds and sights of the new culture into our own environment and b) it allows participant-to-participant conversations in breakout rooms. Therefore, our two-hour Zoom meetings will consist of three parts: 1. a video lesson—coming to us from France—integrating vocabulary, grammar and culture, 2. practice speaking French in groups of two or three participants in Zoom breakout rooms and 3. the occasional discussion of intermediate level texts previously sent by email to all participants.


Instructor: Barbara Vigano  Coordinators: Sara Clark and Cindy Owens

French Discussion

Alternate Wednesdays • 12:10 p.m.-1:15 p.m. • Zoom
September 14, 28 • October 12, 26 • November 9, (23 no class), 30

One goal of this course is to provide an opportunity to practice conversational French by discussing short stories in French. The other goal is to refresh and increase acquaintance with diverse francophone authors and literary styles. Several days before each class session you will receive short texts in intermediate level French, together with vocabulary lists and questions about the content and the meaning of the texts. Reading the texts and studying the vocabulary before class is necessary so that you feel comfortable contributing to the discussions. Meeting on Zoom rather than in a classroom offers some important advantages for language learning: a) It allows us to bring the sounds and sights of the new culture into our own environment and b) It allows undisturbed participant-to-participant conversations in breakout rooms.

Instructor: Barbara Vigano  Coordinators: Sara Clark and Cindy Owens

“The OLLI Zoom classes have been terrific. Hats off to the class coordinators and our terrific IT people for making this transition so easy and user friendly. I am thoroughly enjoying the Zoom classes.”

-Sam Sumanth
German

Every Tuesday • 12:30 p.m.-2:30 p.m. • Shapiro AB/Zoom
September 13, 20, 27 • October 4, 11, 18, 25 • November 1, 8, 15, (22 no class), 29 • December 6

Guten Tag und herzlich willkommen in der Deutschklasse! Deutsch Lernen macht Spass! The course will provide basic and intermediate vocabulary and structure. It is organized around a variety of topics. This format will allow beginning and intermediate level course participants to be challenged by expanding their vocabulary and deepening their knowledge of grammar. Cultural understanding is highlighted and taught via songs, videos, movies and authentic material. German visitors and guest speakers will provide additional cultural insights. Handouts—provided by the instructor—will take the place of a textbook. Learning German will be fun and entertaining and if there is a trip to Germany in your future, you will be well prepared for it.

Instructor: Elisabeth Strauss  Coordinators: Ken Luke and Richard Zawilski

Spanish 1

Every Thursday • 10 a.m.-11:30 a.m. • Shapiro CD
September 15, 22, 29 • October 6, 13, 20, 27 • November 3, 10, 17, (24 no class) • December 1, 8

Prerequisite: Instructor permission is required because seating is limited, and beginners will be given preference.

“Spanish 1” is a year-long course which starts every fall and completes 34 classes by the end of summer. It is intended for students with little or no background in Spanish. Students will learn basic structures with repetition in listening and oral practice. Phonics will be taught so that students may read short passages and write their own sentences with familiar vocabulary. After completing “Spanish 1,” students may wish to move on to “Spanish 2.” Anyone wishing to repeat this course is welcome to do so if space is available. Our goal is to leave class every day saying something in Spanish.

Instructor: Marjorie Mota  Coordinator: Jackie Ryan

Spanish 2

Every Wednesday • 10 a.m.-11:30 a.m. • Room 21
September 14, 21, 28 • October 5, 12, 19, 26 • November 2, 9, 16, (23 no class), 30 • December 7

This course is designed as a bridge between “Spanish 1” and the other Spanish courses currently being offered. The course is intended for students who have already had an introduction to Spanish. It will present more of the grammar rules and focus primarily on the preterit, imperfect and future tenses. This course will “start over” each fall, continuing to present the preterit, imperfect and future tenses. It will be taught in Spanish and English with a focus on members becoming comfortable and confident in speaking Spanish.

Textbook (optional): ”Easy Spanish STEP-BY-STEP” by Barbara Bregstein. The cost on Amazon is around $10. If the student can’t afford it, the instructor will provide the textbook.

Instructor: Elizabeth Vanegaspou  Coordinator: Carolyn Mendoza
Spanish 3: Grammar

Every Friday • 2 p.m.-3:15 p.m. • Zoom
September 16, 23, 30 • October 7, 14, 21, 28 • November 4, (11 no class), 18, (25 no class) • December 2, 9

Prerequisite: “Spanish 1” and “Spanish 2” or some knowledge of conversational Spanish

This course is for those who have studied Spanish in the past and wish to continue building their knowledge of vocabulary and grammar. It presumes an acquaintance with present, past and future tenses. The focus of the course is on intermediate level grammar skills to increase the understanding of written and spoken Spanish, and to improve the ability to speak Spanish. The course is taught in a mixture of Spanish and English.

Instructor: Mercedes Vargas  Coordinator: Gene Hiegel

Spanish 4

Every Monday • 1:15 p.m.-3:15 p.m. • Room 21
September 12, 19, 26 • October 3, 10, 17, 24, 31 • November 7, 14, (21 no class), 28 • December 5

Prerequisite: The ability to process directions in Spanish and to express opinions in group discussions

Students will increase fluency by engaging in dialogue and interactive activities. Topics of high interest are discussed. History and culture lessons promote vocabulary development. On an as needed basis, selected points of grammar are reviewed. Students often volunteer to present a lesson or a travelogue in Spanish. This is a win-win learning situation, since speaker preparation accelerates vocabulary acquisition, and when the audience thinks on its feet by asking questions in Spanish, it mirrors the give and take of real-life conversation. New students with some fluency can join at any time.

Instructor/Coordinator: Marjorie Mota

Spanish Stories Talk

Alternate Thursdays • Noon-2 p.m. • Zoom
September 15, 29 • October 13, 27 • November 10, (24 no class) • December 1

The purpose of the course is to provide an opportunity to improve the participants’ Spanish vocabulary as well as their verbal delivery while discussing short stories in Spanish. Discussion leadership rotates among class participants. The course is conducted in Spanish, and new students with sufficient fluency may join at any time.

Coordinators: Suzi Attal and Lu Attal

OLLI NEEDS YOU!!! Please contact Renee Cabrera (rmcabrer@outlook.com) or the OLLI Office if you would like to help by serving as a course coordinator or want to share your expertise by teaching a class!
ECONOMICS, HUMANITIES AND SOCIAL SCIENCES

America in the 21st Century: The New Cold War
Alternate Thursdays • 10:15-Noon • Auditorium/Stream/Zoom
September 22 • October 6, 20 • November 3, 17, (24 no class) • December 8
At the beginning of the 21st Century, America faced a rapidly changing world in which the global international order and institutions it had established following WWII were challenged. This became even more evident in early 2022 when Vladimir Putin and Xi Jinping issued a joint statement endorsing efforts to keep U.S. influence out of their near-regions, attacking U.S. alliances as Cold War relics, defending their own autocratic models of government, and declaring that Sino-Russian friendship has “no limits”. This Sino-Russian convergence magnifies Washington’s two-front problem: the U.S now faces increasingly aggressive near-peer rivals in two separate theaters of Eurasia—eastern Europe and the western Pacific. Given these historic events, this course will address the geopolitical, security, economic and domestic challenges facing the U.S. as Russia and China seek to dominate their near-regions and create a revised global order with an autocratic Eurasia as its core.

Instructor: James R. Monroe
Coordinator: Jay Messner
Tech Coordinator: TBD

American Presidency: The Man, His Policies, His Foes
Three Selected Thursdays • 10:15 a.m.-11:45 a.m. • Auditorium/Zoom
September 29, October 27 and December 1
This course explores the policies, politics and challenges facing President Biden. Classes will focus on “anchor” topics ripped from the headlines and presented in-depth for analysis and fact checking. Use of multimedia aids and presentation of issues in a style that is designed to be both educational and (occasionally) entertaining differentiate this course. A website with supplementary materials and class notes is posted at https://sites.google.com/view/americanpresidency/home.

Instructor: Mike Stover
Coordinators: Jim Monroe and Ellie Monroe

Did You Know?
On March 23 1979 the Continuing Learning Experience’s (CLE) Charter became official when it was signed by CSUF’s President Don Shields. A plaque of the Charter hangs above the bust of CLE’s (now OLLI) first President, Leo Shapiro in the Shapiro Wing.
Eclectics I (Open to the Public)
Alternate Tuesdays • 10:15 a.m.-11:45 a.m. • Auditorium/Stream/Zoom
A wide variety of topics of interest to OLLI members and guests are presented by experts recruited and hosted by the coordinator.

Coordinator: Janice Jeng  Tech Coordinator: TBD

The Etymology of the Word Glitter
September 13
Speaker: Nicole Seymour, Associate Professor, Environment Studies, CSUF
Bloomsbury Publishing describes its “Object Lessons” series as “short, beautifully designed books about the hidden lives of ordinary things”—from the shipping container to the telephone booth. In her OLLI presentation, Dr. Nicole Seymour will present from her new book in the series, Glitter (https://www.bloomsbury.com/us/glitter-9781501373770/). This wide-ranging talk will cover the etymology of the word glitter, its appearance in ancient as well as contemporary visual art, and the development of biodegradable alternatives to typically plastic commercial glitter. While this substance is often dismissed as frivolous, Dr. Seymour will show how it reflects the entanglements of consumerism, environmentalism, politics, aesthetics and more.

Emerging Concern for Environmental Contaminant
September 27
Speaker: Sudarshan Kurwadkar, Professor, Department of Civil and Environmental Engineering, CSUF
Dr. Kurwadkar’s research work is interdisciplinary, broad-based and collaborative with faculty colleagues in biology, chemistry and mathematics. His work also centers on involving undergraduate and graduate students in research activities to bring real-world relevance to classroom instruction. Dr. Kurwadkar will speak about his research regarding the concern for environmental contaminants.

Why We Love Disney
October 11
Speaker: Andi Stein, Emeritus, Former Professor, College of Communications
Since its beginnings as a small studio in the 1920s, the Walt Disney Company has become one of the most influential organizations in the world of entertainment. From films to television to theme parks, Disney characters and creations are recognized and loved by fans of all ages. Join Professor Andi Stein as she discusses the growth and development of the Walt Disney Company and explores why Disney has been so successful in building its brand and spreading magic throughout the world.

A Splendid Variety: My Journey to Choral Music
October 25
Speaker: Dr. Robert Istad, Director of Choral Studies, CSUF
In 1994, Dr Istad encountered the overwhelming magic of choral music for the first time. The experience was so profound that he gave up his ambition to
pursue a career in medicine for chorus. He will share with you the reasons he believes singing in a choir is as near an earthly magic as one may encounter. Breathing together, singing together, and lifting diverse communities together in song is more than connective, it is extraordinarily spiritual. He will share with you his favorite music, stories about his most interesting encounters with celebrities, his passion for uniting instrumentalists and vocalists in large performance experiences, and his predictions for the bright future of classical choral music. He promises a few surprises as well!

**The Evolution of the Theatre**  
**November 8**  
**Speaker:** Amanda Rose Villereal, Assistant Professor of Theatre Education  
A lot of people in the theatre industry are debating (very heatedly) right now about how and whether theatre should evolve, and this includes conversations about the value and validity of interactive (immersive) theatre and theatrical performances delivered online (or digitized theatre). Dr. Villereal will discuss the ways theatre and theatre education have evolved, and how these evolutions (such as the addition of electrical lighting) have historically been seen as ‘threats’ to the art form. We will also discuss what the group considers to be the defining characteristics of theatre and whether we believe the newest proposed additions to the art form enhance theatre or are, indeed, threats to the form.

**Negative Thermal Expansion Materials**  
**November 29**  
**Speaker:** Dr. Joya Cooley, Assistant Professor, Department of Chemistry & Biochemistry, CSUF  
Thermal expansion, the way materials change shape when you heat or cool them, is an important property to be able to understand and control. Many objects that people rely on every day (i.e., building materials, aerospace parts etc.) can wear out or fail more easily if their thermal expansion is not matched well, thus creating more waste and higher costs in the world. While many materials expand as you heat them, some materials shrink as you heat them and are important to study. Therefore, it is important to understand how to control these properties so that new types of materials can be engineered. Professor Cooley focuses on understanding why certain classes of materials, which consist of earth-abundant elements, shrink instead of expanding upon heating.

**Exploratory Discussion Group**  
**Every Monday • 1:15 p.m.-3:15 p.m. • Shapiro CD/Zoom**  
*September 12, 19, 26 • October 3, 10, 17, 24, 31 • November 7, 14, (21 no class), 28 • December 5*  
This fall we will continue The Great Courses’ “The Big Questions of Philosophy,” presented by Professor David Kyle Johnson from King’s College. Topics include: How Do We Do Philosophy? What is Truth? Is Knowledge Possible? Are Persons Mere Minds? How Does the Brain Produce the Mind? Should Government Exist? Differing opinions and viewpoints are encouraged. Please join us and keep your mind active.  
**Coordinators:** Rich Eaton and Leland Akasaki  
**Moderator:** Warren Wilson
Great Decisions
Alternate Fridays • 1:15 p.m.-3:15 p.m. • Room 21/Zoom
September 23 • October 7, 21 • November 4, 18, (25 no class) • December 9
We will use The Foreign Policy Association’s 2021 edition booklet and videos. Topics will include: 1) The roles of international organizations in a global pandemic, 2) Global supply chains and national security, 3) China’s role in Africa and 4) The Korean Peninsula. Each class begins with a video followed by a round table discussion. If you have an interest in U.S. foreign policy issues, please join our like-minded group. Differing views and opinions are encouraged. Outside reading can also help. Class members may also bring in additional reports and related study materials to share with the class.

Coordinators: Rich Eaton and Leland Akasaki

Mastering Retirement: Six Surprising Steps to Achieve the Best Time of Your Life
Alternate Thursdays • 2:15 p.m.-4 p.m. • Zoom
September 15, 29 • October 13, 27 • November 10, (24 no class) • December 1
This course will help you create a plan to make the retirement experience some of the best years of your life. We discuss six essential skills for achieving retirement success. The course will show you how your life experience can be used to overcome obstacles, deal with unexpected change and lay the groundwork for a happy, healthy future. Each step will discuss important aspects of aging, building relationships, managing change and re-framing stressful events to your advantage.

Coordinators: William Clark, Mary Ann Hamamura-Clark and Mike Stover
Tech Coordinator: Steve Mood

Money News: Personal Finance, Business, Economics
Three Selected Thursdays • 10:15 a.m.-11:45 a.m. • Auditorium/Zoom
September 15, October 13, November 10
This multimedia course goes behind the headlines of consumer and financial news. Each class focuses on “anchor” topics as well as a brisk review of recent personal finance, economic and business news from such leading publications as The Wall Street Journal, The New York Times, The Economist, Consumer Reports and regional and local periodicals. Participants are encouraged to bring up topics they wish to explore. With so many retirement nest eggs dependent on financial markets or threatened by runaway inflation, “Money News” provides participants with insights and vital discussion on issues affecting their consumer choices and personal economic security. The course features a website with supplementary materials and class notes: http://tinyurl.com/olli-money.

Coordinator: Mike Stover    Tech Coordinators: Jim Monroe and Sue Batie

Please silence your cell phone when attending classes and programs. Thank you!
Personal Finance and Retirement

Five Tuesdays • 3:45 p.m.-5 p.m. • Shapiro CD/Zoom
September 13, 20, 27 • October 4, 11
This course is for all OLLI members who want to learn more about personal finance and make wise investment decisions in retirement. We will focus on investment basics and principles as well as retirement income planning and withdrawal strategies, IRAs and Roth IRAs. You will finish the course feeling more confident in your personal finance knowledge.

Instructor: Danielle Blunt, Raymond James Financial Services
Coordinator: Kiki Chryssogelos

Popes, Politics, Schisms and Controversies

Alternate Tuesdays • 12:15 p.m.-1:45 p.m. • Auditorium/Stream
September 20 • October 4, 18 • November 1, 15, (22 no class) • December 6
The Christian church started during the height of the Roman Empire and continues to this day. This is a period of time of almost 2,000 years. The study of church history is key in understanding the full history of Europe, the Americas, and the Middle East. The church in general has had an immense influence on the rise of the West. Not everything that occurred during this period was good, nor was it entirely bad, but it is very interesting to understand what has gone on in the past. The course will cover the main issues, important leaders such as the Popes and governments, the controversies that seemed to occur every few years, and the schisms that have occurred among different parts of the church. The period of time for this semester will cover the birth of the church in the first century, its spread, Roman persecutions, and the Gnostic crisis at the close of the second century.

Instructor: Steve Mood  Coordinator: TBD  Tech Coordinator: TBD

See How They Run: California and the Midterm Elections

Five Alternate Tuesdays • 10:15 a.m.-11:45 a.m. • Auditorium/Zoom
September 20 • October 4, 18 • November 1, 15
This course previews the national midterm elections that can reshape and frustrate the Biden Presidency and the direction of the nation. The course will also explore the key California races and ballot measure campaigns. The course features a website with supplementary materials and class notes: https://tinyurl.com/ollishtr-2022.

Instructor: Mike Stover  Tech Coordinators: Jim Monroe and Sue Batie

Social Science in the News

Alternate Tuesdays • Noon-1:30 p.m. • Shapiro CD
September 20 • October 4, 18 • November 1, 15, (22 no class) • December 6
“Social Science in the News” explores topical social science research. Presentations emphasize empirical, often quantitative, analysis of contemporary social issues. Current events will influence the topics covered during the fall term.

Instructor: Edwin Batson  Moderator: Steve Kernes
Transitions in Retirement Essentials
(Open to the Public)

Nine Saturdays • 9:30 a.m.-11:30 a.m. • Zoom/Stream

This engaging, fun, life-changing program teaches us to appreciate what matters most for ourselves, our dreams and our goals, and how to enjoy the exciting times ahead. If we develop a few goals and plans for these years, the transition into retirement will be smoother and much more fulfilling. This series of classes will provide some structure and professional aid in planning for an exciting future.

Program Coordinator: Russell MacKeand

Coordinators: Zona Gray-Blair, Tom La Casa, Joseph Lawton, M.D., Ellie Monroe, Jim Monroe, Joyce Ono and Mike Stover

Tech Coordinators: Tom La Casa, Russ MacKeand, Ellie Monroe, Jim Monroe and Joyce Ono

Retirement Mini-Series Part 1: Financial Road to Retirement
September 17

Speaker: Danielle Blunt, Certified Financial Planner, President, Blunt Wealth Services, Raymond James Financial Services

This informative session will begin with a look at the current economic issues and market outlook. Issues such as an ongoing war, inflation, and rising interest rates all have the potential to impact your financial retirement goals. We’ll then cover basic retirement portfolio construction and retirement income strategies, and understand potential risks and roadblocks to a smooth retirement like the sequence of returns. We’ll learn the importance of asset location as well as asset allocation and look at the order of withdrawals and RMDs. Lastly, we’ll touch on a few advanced strategies like Roth conversions and charitable giving and some efficient wealth transfer strategies. This course will give a recent or soon-to-be retiree a good overview of retirement income planning.

Retirement Mini-Series Part 2: Happy Brains
September 24

Speaker: Barbara Cherry, Ph.D., Professor, Dept of Psychology, CSUF

Things we do regularly impact our cognitive skills and can keep our brains strong. Cognitive skills include remembering, thinking, problem-solving decision-making, etc. This talk will address links between cognition and the brain, and how to structure your daily/weekly activities to help keep your cognitive skills sharp and your brain healthy. Evidence for factors such as meaningful activities, exercise (physical/cognitive), diet, sleep quality, and their effects will be explored

Retirement Mini-Series Part 3: Staying Healthy in Retirement
October 1

Speaker: Erin Newman, M.D.

Please watch the OLLI Open to the Public and Class Information and Updates newsletters for details of this presentation.
Should Your Next Car Be Electric?

October 8

Speaker: Rick Hearn, OLLI member and electric car owner

I’ve been happily driving an electric car since 2018. Before choosing your next car, identify your priorities. How do purchase price, passenger and cargo capacity, operating expenses, performance, range, safety, luxury, appearance, carbon emissions, fueling options, full self-driving and other factors weigh in your choice? If you are driving an electric car, please share your experience. If you’re still thinking about it, bring your questions.

Social Security Essentials

October 15

Speaker: Jeffrey Rodriquez, Public Affairs Specialist, Social Security Administration

Don’t miss this opportunity to have your Social Security questions answered. This informative and entertaining session is led by Jeffrey Rodriquez, Social Security Administration Public Affairs Specialist. People associate Social Security only with retirement benefits, but Social Security is much more; it’s medical, disability and life insurance. Topics that will be discussed include when is the best time to start retirement benefits, how benefits are calculated, when to start Medicare, payments to beneficiaries and more Social Security life-impacting issues.

Hearing Loss and Hearing Aids

October 22

Speaker: Hana Bui, M.D., Kendall Caminiti, Au.D.

The World Health Organization founded World Hearing Day on March 3 to raise awareness on how to prevent deafness and hearing loss and to promote hearing care throughout the world. In this presentation, we will discuss common causes of hearing loss, how to prevent hearing loss, what types of hearing loss can be improved with surgical treatments, and provide you with information about how hearing aids work, different types of hearing aids and tips on selecting the right hearing aids for you.

Medicare Essentials: What You Need to Know When You Sign Up for Benefits

October 29

Speaker: Gene Campbell, HICAP Counselor, and Community Educator, Council on Aging-Southern California, Health Insurance Counseling and Advocacy Program (HICAP)

Confused about Medicare? Want some good advice from state-registered, unbiased experts who are not in the business of selling, recommending or endorsing any products? This class is designed for those soon to be eligible for Medicare or those planning to make changes during the annual October 15 through December 7 election period. The topics to be covered are Basic Medicare Benefits, Medicare A-B-C-D, Medicare Supplemental, Medicare Advantage plans and Prescription Drugs Plans.
Income Tax Strategies
November 5
Speaker: Felicia Wong, Certified Public Accountant, Enrolled Agent, Zweig & Associates, CPAs, LLP

Learn the basics surrounding individual income taxation for retirees and pre-retirees. We will cover topics such as when to draw social security and how it will be taxed, new retirement account distribution rules, gifting rules and inheritance rules. Learn strategies to minimize taxes now and in retirement. Bring your tax questions for a Question-and-Answer session with a Certified Public Accountant, Felicia Wong, CPA, EA.

Healthy Mouth, Healthy Body: Dental Care for Seniors
November 12
Speaker: Timothy Hedrick, DDS, Smile with Style

Dr. Hedrick, a local dentist, will discuss strategies to preserve, maintain and restore your teeth to last a lifetime.

Warren Buffett’s Investment Methodology
Five Wednesdays • 1 p.m.-3:15 p.m. • Room 21
September 14, 28 • October 12, 26 • November 9

This five-class seminar teaches Warren Buffett’s investment methodology as presented in Berkshire Hathaway’s annual letters to its shareholders. The classes will explain the four criteria used by Buffett to analyze a business. The financial statements in the SEC filings of publicly traded companies are examined to determine profitability, debt, and free cash flow. The instructors will explain the DuPont ratio for return on equity and how to estimate the present valuation of a company’s stock using discounted cash flows. The companies, examples and case studies are different every semester.

Instructors*: Kenneth E. Hansen, CFA, MBA, AIF®, Vice President/Investments; and Jeffrey A. Pierce, MBA, AIF®, Vice President/Investments; both of Stifel, Nicolaus & Company, Inc., Member SIPC and NYSE.

*Instructor on October 12: David Doo

Coordinators: David Doo and Jim Monroe

Did You Know?

In 2006, the Continuing Learning Experience (CLE) at CSUF joined with Bernard Osher’s nationwide organization of lifelong learning programs, becoming Osher Lifelong Learning Institute at Cal State Fullerton (OLLI-CSUF), and received over $2 million in endowments from the Bernard Osher Foundation.
What’s Behind the News?
Alternate Wednesdays • 10 a.m.-noon • Zoom

September 14, 28 • October 12, 26 • November 9, (23 no class), 30

Through stimulating class discussion, tap the knowledge, expertise and experience of the informed and diverse OLLI membership. Go behind the headlines and TV sound bites to get a deeper understanding of events reshaping the world, as well as the less-dramatic developments that can have a major impact on politics, the economy and society. What are the causative factors and what are the implications for peace, prosperity and social stability? Which policies are appropriate and effective in responding to these developments? Bring your questions and comments to this fast-paced, probing and sometimes passionate discussion of current events.

Coordinator: Patricia Duffie    Tech Coordinator: Warren Wilson

Wisdom Exchange
Alternate Wednesdays • 10 a.m.-noon • Shapiro CD/Zoom

September 21 • October 5, 19 • November 2, 16, (23 no class) • December 7

In Wisdom Exchange, all participants have opportunities to share their wisdom, whether about dealing with the pandemic or other stressful world events, or about managing the physical, psychological and social challenges we may be facing as we grow older. Various topics are introduced in each session, and class participants share their views, their concerns and their joys. In the process, we laugh a lot and get to know each other better.

Instructors: Class members

Coordinators: Maureen McConaghy and Grace Bertalot

Tech Coordinator: Warren Wilson

World War II: What Happened? Why?
Alternate Tuesdays • 2:15 p.m.-3:45 p.m. • Room 9

September 20 • October 4, 18 • November 1, 15, (22 no class) • December 6

Today’s world can best be understood by viewing it through the lens of World War II. That war was the dominant event of the 20th century. It—and its echoes—determined the borders and form of government of most countries in today’s world, and it continues as a powerful force to the present day. The course will have:

- In-depth original material to provide understanding of critical events, including what happened and why things happened as they did.
- High quality historical videos.
- A limited amount of material from other sources on World War II to establish context for in-depth topics and serve as a summary presentation of events that don’t receive in-depth treatment.

Instructors/Coordinators: Bob Caswell and Elwood Berry
HEALTHY LIVING

A Course in Miracles
Alternate Tuesdays • 2:45 p.m.–4:15 p.m. • Zoom
September 13, 27 • October 11, 25 • November 8, (22 no class), 29
Intersession: December 13, (20 & 27 no class) • January 10
“A Course in Miracles” is a series of spiritually based psychological exercises consisting of 365 daily lessons that gently lead us to a new understanding of ourselves, others and our relationships with them. The classes will focus on key principles from “A Course in Miracles” that can lead to more joy, peace and healthy relationships.

Instructor: David Cortez Coordinator/Tech Coordinator: Ellie Page

Arboretum and/or Campus Walk
Every Tuesday and Thursday • 9 a.m.–10:15 a.m. • RGC Courtyard
September 13, 15, 20, 22, 27, 29 • October 4, 6, 11, 13, 18, 20, 25, 27 • November 1, 3, 8, 10, 15, 17, (22 & 24 no class), 29 • December 1, 6, 8
Join other OLLI members for a morning walk from our RGC courtyard through the Arboretum and back. Sustained walking for a minimum of 30 to 60 minutes a day, five days a week (with the correct walking posture), reduces health risks and has overall health benefits. These include reducing the risk of cancer, type 2 diabetes, heart disease, anxiety, depression and osteoporosis, as well as increasing HDL (good cholesterol) and reducing LDL (bad cholesterol) levels. Life expectancy is also likely to be enhanced, even for individuals suffering from obesity or high blood pressure. Studies have shown that walking may also reduce the risk of dementia and Alzheimer’s. This is a self-pacing class.

Instructor/Coordinator: Karen Tanner

Longevity Stick Exercises
Every Wednesday • 8:30 a.m.–9:30 a.m. • Zoom
September 14, 21, 28 • October 5, 12, 19, 26 • November 2, 9, 16, (23 no class), 30 • December 7
Intersession: December 14 (21 & 28 no class) • January 4, 11
This is a Vietnamese exercise regimen consisting of a series of 12 movements done with a stick. The exercises are designed to maintain a healthy body and spirit by improving balance, flexibility, strength, mental focus and breathing capacity. For more information, go to http://www.longevitystick.org/. By the second meeting you will be required to have a one-inch-thick dowel, the length of your outstretched arms or corresponding to your height, with rubber chair leg tips on each end. Large men may feel more comfortable with a one-and-a-half-inch-thick dowel. Materials can be purchased at any home improvement store and cut to the proper length.

Instructors/Coordinators: Nancy Bauerly and Linda Petit
Tech Coordinator: Renee Cabrera
Medical Series (Open to the Public)
Alternate Wednesdays • 7 p.m.-9 p.m. • Zoom
This series will contribute to your “medical literacy” and is co-sponsored with OLLI by the physicians of St. Jude Medical Center and the physicians at UCI Health.

Coordinators: Joseph Lawton, M.D., Joyce Ono and Carol Thurk

Tech Coordinator: Bill Reilly

Afib and Other Common Heart Rhythm Disturbances, Including Home Monitoring and its Effectiveness
September 21

Speaker: Danny Lee, M.D.

Dr. Danny Lee is a graduate of the Warren Alpert Medical School of Brown University. He completed a three-year fellowship in cardiology at Harbor-UCLA Medical Center and a two-year fellowship in clinical cardiac electrophysiology at Kaiser Permanente Los Angeles Medical Center. As a cardiac electrophysiologist, he specializes in therapies and procedures to treat heart rhythm disorders. He will discuss common cardiac arrhythmias, with a special focus on atrial fibrillation, one of the most prevalent arrhythmias affecting the senior population. He will also discuss the tools that are available to patients for monitoring their cardiac arrhythmias at home.

Shared Decision Making with Both Common and Significant Medical Decisions
October 5

Speakers: Glen Scott Smith, M.D. and Matthew Schroeder, M.D.

Dr. Smith is currently the Chairman of St. Joseph & St. Jude Heritage Medical Group’s Quality Practice Improvement Committee and Family Medicine physician. Dr. Schroeder received his B.S. from CSUF, attended medical school at the University of Illinois and recently completed his residency in Family Medicine at PIH Hospital in Whittier. He has a passion for treating chronic illness and seeks to empower his patients to improve their health through education and shared decision making. Dr. Smith and Dr. Schroeder will be partnering to discuss methods of shared decision making between you and your doctor. “It is my body, I want to understand the options for my health decisions.” Medicine is ever more complex and thus discussions of the risks and benefits of treatment choices for complex medical diagnoses is so important. They intend to use an example for each area of focus involving seniors: 1) Common medication choices; 2) Involved diagnostic testing; 3) Surgical choices; 4) Treatment for diseases with minimal benefit but great hope and 5) End of life decisions and care.
The Hand Surgeon Will See You Next: Current Updates/Techniques in Hand and Upper Extremity Surgery

*October 19*

**Speaker:** Jesse Kaplan, M.D., M.B.A.

Dr. Jesse Kaplan is a fellowship-trained UCI Health orthopedic surgeon who specializes in comprehensive nonsurgical and surgical approaches for the treatment of hand, elbow and shoulder disorders. His clinical interests include minimally invasive arthroscopic techniques, wide-awake surgery, upper extremity fractures and elbow reconstruction. Dr. Kaplan earned a medical degree and a master’s degree in business administration in a dual-degree program at the UCI School of Medicine. He completed an orthopedic surgery residency at Los Angeles County USC Medical Center, followed by fellowship training in hand and upper extremity surgery at the University of Pittsburgh Medical Center in Pennsylvania. Dr. Kaplan will discuss different types of procedures and the reasons for surgeries that have to do with the hand, rotator cuff and other upper extremities. He will touch on challenges seniors may encounter while aging, such as difficulties with falls, twists and turns etc., and the need for surgery and other processes.

Chronic Pain: Advances in Understanding and Treatment

*November 2*

**Speaker:** Allison Bicksler, Psy.D.

Dr. Allison Bicksler is a licensed clinical psychologist specializing in pain and health psychology. She earned her doctoral degree at the American School of Professional Psychology and did her predoctoral internship at the University of California, Riverside. She has been accepted for candidacy as a Diplomate of American Board of Clinical Health Psychology. She is currently the lead psychologist at St. Jude Medical Center’s Chronic Pain Program. Dr. Bicksler will discuss how chronic pain works, both conceptually and neurologically. She will explain how psychology is critically important in pain, though pain is not “in your head.” She will differentiate “treatment” and “management” for chronic pain and explain why reductive treatment approaches, which typically focus only on medications or procedures, often fail to control it effectively. Current evidence-based models of chronic pain management will be described.

Fasting and Intermittent Fasting in Regard to Anti-Aging

*November 16*

**Speaker:** Charles S. Blumberg, M.D.

Dr. Charles Blumberg is a UCI Health internist who specializes in primary care. His clinical interests include preventive medicine with an emphasis on nutrition, wellness and treating the whole patient. Dr. Blumberg earned his medical degree from the Warren Alpert Medical School of Brown University in Providence, RI, followed by a residency in internal medicine at the UCI School of Medicine. This lecture will cover the use of intermittent and prolonged fasting as a tool for improving health and will include possible anti-aging benefits. Dr. Blumberg will include basic physiology as well as specific applications such as weight loss and diabetes.
Hormone Replacement for Deficiencies in the Senior Population  
December 7  

**Speaker:** Becky Muldoon, M.D.  

Dr. Becky Muldoon is a proud Army Veteran. She graduated medical school from the Uniformed Services University and completed her internal medicine residency at Tripler Army Medical Center and an endocrinology fellowship at the Walter Reed National Military Medical Center. She will present on the hormonal changes with aging, including a discussion on the risks and benefits of post-menopausal hormone replacement in women and testosterone supplementation in men.

Meditation for Everyday Life  

**Every Monday • 3:15 p.m.-4:30 p.m. • Zoom**  
**September 12, 19, 26 • October 3, 10, 17, 24, 31 • November 7, 14, (21 no class), 28 • December 5**  
**Intersession: December 12, (19 & 26 no class) • January (2 & 9 no class)**

Meditation is a simple and relaxing way of training your mind for a more joyful and peaceful life. Numerous scientific studies have shown that meditation, practiced regularly, can improve mental as well as physical well-being. Studies conducted in university labs and hospitals have shown that meditation can reduce stress, depression, anxiety and blood pressure. Meditation can also improve memory and brain function, boost the immune system and help people deal with chronic pain. Meditation is now being taught in schools and universities, hospitals, large companies and even the military. Different kinds of meditation will be explored, including mindfulness, visualizations, meditation with sound, walking meditation and loving kindness meditation. Beginners and experienced meditators are welcome. Meet at 3:15 p.m. to set up; class will start at 3:30 p.m.  

**Instructor:** Mariana Fischer-Militaru  
**Tech Coordinator:** Barbara Glaeser

OLLI Social Rollers Open Bowling  

**Every Tuesday • 6 p.m.-8:30 p.m. • CSUF Bowling Center**  
**September 13, 20, 27 • October 4, 11, 18, 25 • November 1, 8, 15, (22 no class), 29 • December 6**  
**Intersession: December 13, (20 & 27 no class) • January 3, 10**  

**Fee:** $6.15 per night—includes bowling up to five games per night, shoe rental and use of bowling balls  

This course is open to all OLLI members to enjoy non-league social bowling at a very reasonable cost. Shoe rental and use of house bowling balls are included. No need to pre-sign-up to bowl, just show up on any Tuesday night and enjoy bowling up to five games per night between 6 p.m. and 8:30 p.m. The Bowling Center is located in the Titan Student Union Building on campus. Plenty of evening parking can be found next door at the State College Parking Structure on Gymnasium Drive. Tuesday nights have been designated as “OLLI Night” at the Bowling Center, and all eight lanes are for OLLI members’ use only. New and experienced bowlers are always welcome to join in the fun.  

**Instructor/Coordinator:** John Edwards
Tai Chi
Every Monday • 9 a.m.-10 a.m. • Room 18
September 12, 19, 26 • October 3, 10, 17, 24, 31 • November 7, 14, (21 no class), 28 • December 5
Intersession: December 12, (19 & 26 no class) • January (2 no class), 9
Tai Chi has a long and distinguished tradition in exercise programs, and it continues at OLLI-CSUF. Come and exercise under the guidance of instructor Diane Globerman. Start the week with Tai Chi for health and serenity.

Textbook (optional): A suggested reference text on Tai Chi may be useful once you have learned the basic movements: “Beginning Tai Chi” by Tri Thong Dang, (ISBN-13: 978-0-804-82001-1)

Instructor: Diane Globerman Coordinator: Fran Dobley

Tap-ercise
Every Wednesday • 9 a.m.-10 a.m. • Zoom
September 14, 21, 28 • October 5, 12, 19, 26 • November 2, 9, 16, (23 no class), 30 • December 7
Intersession: December 14 (21 & 28 no class) • January 4, 11
Every Friday • 1 p.m.-2 p.m. • KHS 202/Zoom
September 16, 23, 30 • October 7, 14, 21, 28 • November 4, (11 no class), 18, (25 no class) • December 2, 9
Intersession: December 16 (23 & 30 no class) • January 6, 13
This is a fun exercise course where tap steps are used to improve balance, coordination, strength and stamina. This is not a dance class: there are no routines to memorize and no performances. Some prior dance experience is preferred but not required. Students are taught basic tap steps, followed by more advanced steps as the course progresses. Whether you are a beginner or intermediate/advanced tapper, this course will improve your technique, increase your confidence and give you a good workout. For more information, contact Betty Loh-Chen at blohchen@gmail.com or Vickie Hite at vwhite418@gmail.com.

Instructors/Coordinators: Vickie Hite and Betty Loh-Chen
Tech Coordinator: Vickie Hite

Did You Know?
In 1988 Mackey Auditorium was named after Dr. Francis G. “Bud” Mackey, Medical Director of St. Jude Medical Center. He not only made a major donation to building the RGC, he established our initial collaboration with St. Jude, which continues to flourish today as Dr. Joe Lawton’s Medical Series.
Wisdom Healing
Alternate Tuesdays • 2:45 p.m.–4:15 p.m. • Zoom
September 20 • October 4, 18 • November 1, 15, (22 no class) • December 6
Wisdom healing is a practice of how to heal our hearts, minds, bodies, spirits and souls. We can heal ourselves by our thoughts, feelings and emotions. We will learn how to practice awareness, consciousness and self-healing techniques for good health and wellness. We will discuss:

- Having love for ourselves.
- Having love for each other.
- Turning fear-based thoughts to love.
- Having love for nature and the planet.
- Being grateful and living in gratitude.
- Practicing sound healing.
- Accepting and honoring one’s self as the key to a happy life.
- Being in service to others with no expectations.
- Being humble and leaving your ego at the door.

Instructor: Marty Cole  Coordinator/Tech Coordinator: Ellie Page

Yoga for the Rest of Us
Every Monday • 4:45 p.m.–6 p.m. • Zoom
September 12, 19, 26 • October 3, 10, 17, 24, 31 • November 7, 14, (21 no class), 28 • December 5
Intersession: December 12, (19 & 26 no class) • January (2 & 9 no class)
Prerequisite: Able to do floor exercises and to get up easily
Ease into yoga with this instructor, who will help you find new energy and flexibility. Yoga poses incorporate focused breathing with exercise, stretching, balance and guided relaxation. Join us for a great group experience in practicing yoga to feel better and increase flexibility. Please arrive by 4:45 p.m. in order to warm up and be ready to start on time.

Note: Dress comfortably and bring a non-slippery yoga mat for floor work, one or two firm blankets, two foam blocks, a towel for neck support if needed, and a non-stretchy strap (a man’s tie will do—not the rubber stretchy gym-type straps).

Yoga is practiced barefoot, so please be prepared to take off shoes and socks. Have clothing to keep warm during the final relaxation time.

Instructor: Mariana Fischer-Militaru
Coordinator/Tech Coordinator: Barbara Glaeser
Archaeology
Three Thursdays • 2:30 p.m.-3:45 p.m. • Auditorium/Stream
Instructor: Bonnie Shirley J.D., M.A.  Coordinator: TBD
Tech Coordinator: TBD

Origins of Dogs
September 22
Dogs are tools, companions, warriors, substitute children and the first domesticated animal. What are current theories for their origin? How did humans develop this relationship of biological mutualism? How many millennia have they lived with us?

The Ancient Etruscans
October 20
The Etruscans, their laws, literature, engineering and art greatly influenced the Romans. Who were these unique people? They were once the superpower of the Italian Peninsula. They live on in the art and architecture of several regions of Italy, such as Tuscany.

Pakal
November 17
Pakai was the great King of the Mayan city state of Palenque. He ruled for 68 years, and the city flourished under his guidance, creating some of the most beautiful of Mayan structures.

Boundaries of Science: Exploring Current Developments
Alternate Thursdays • 2:30 p.m.-3:45 p.m. • Auditorium/Zoom
September 15, 29 • October 13, 27 • November 10, (24 no class) • December 1
Join other OLLI members to discuss current topics in science. Classes may include instructor presentations, engaging videos highlighting scientific developments and some expert lecturers. Our goal is to make the material both understandable and interesting. Check the OLLI newsletters for the upcoming topic.
Instructor: Jim Monroe  Coordinator: Richard McCaman
Tech Coordinators: Rick Hearn and Susan Hanna

Please Recycle at OLLI
Blue recycling bins with the recycle logo have been placed throughout the Ruby Gerontology Center for paper and cardboard and empty paper, plastic, glass and metal containers. Please recycle while at OLLI.
Our World in Change: Science, Engineering and Technology for a Realistic, Sustainable Future

Alternate Tuesdays • 1 p.m.-3 p.m. • Zoom
September 13, 27 • October 11, 25 • November 8, (22 no class), 29

“The good thing about science is that it’s true whether or not you believe in it.”—Neil deGrasse Tyson

Global warming is a misnomer. Call it global climate disruption. Climate governs, so climate disruption affects the availability of water; productivity of farms, forests and fisheries; prevalence of oppressive heat and humidity; formation and dispersion of air pollutants; geography of disease; damage from storms, floods, droughts and wildfires; property losses from sea-level rises; expenditures on engineered environments; and distribution and abundance of species. Our only options are mitigation, adaptation or misery. To reduce long-term misery, mitigation requires transition from fossil fuels to sustainable energy sources, which will eventually stop Earth’s ever-increasing warming. Climate change is already harming human well-being, but it will become a far larger problem for our children and grandchildren. Belief in global warming is optional, but participation is inescapable. Climate is global. We are all affected. We are all responsible.

**Coordinators:** Bryce Bardin, Grace Bertalot and Fran Mathews

Science for You: The Periodic Table

Every Thursday • 12:45 p.m.-2:15 p.m. • Auditorium/Zoom
September 15, 22, 29 • October 6, 13, 20, 27 • November 3, 10, 17, (24 no class) • December 1, 8

Almost everyone can picture the iconic image of the periodic table of the elements. It is fundamental to the study of chemistry, explaining the nature of atoms, each chemical element, and the relationships between the different elements. This video lecture series from the Great Courses, “Understanding the Periodic Table” by Ron B. Davis, Jr, tells the story of the periodic table and the elements it describes, starting with the history and fundamentals of the table itself, then exploring the individual elements. Learn about how the elements got their names and symbols, the people who discovered them and what an element’s position on the table says about its properties, its subatomic structure and its behavior. Explore the periodic table from arsenic to zinc and everything in between.

**Instructors/Coordinators:** Rick Hearn and Susan Hanna

**Tech Coordinators:** Joyce Ono and Ginger Barnhart

“**What joy in making new friends, attending many choices of classes, working with motivated, inspired volunteers and finding such great support.**”

-Sue Mullaly
TECHNOLOGY

COMPUTER AND MOBILE DEVICE EDUCATION
Registration Procedures for Computer and Mobile Device Courses

Computer and Mobile Device courses are free of charge. Due to space limitations and the popularity of computer and mobile device courses, pre-registration online is required for most tutorials, workshops and regular courses. Registration is NOT required for OLLI Tech Help.

Pre-registration for all computer courses begins two weeks before the beginning of the semester.

How to register online for a computer or mobile device course:

- Access the online registration form at: https://tinyurl.com/OLLITECclasses, or you can scan the below listed QR code, or visit the TEC web page from the OLLI website at: http://olli.fullerton.edu/classes/science_and_technology/RegistrationProceduresForComputerClasses.php
- Complete the simple registration form with the information requested. You may select more than one TEC course to register for.

This QR code is for TEC course registration. Use your smartphone camera to focus on the code, and it will prompt you to open the link to the registration form. If you have an older smartphone you may need to download a free QR reader app, such as Kaspersky’s QR Code Reader and Scanner for Android or Kaspersky’s QR Scanner for iPhone and focus the camera on the code.

The Technology Education Committee (TEC) invites your participation in enriching our current and future curricula, especially if you would like to share your expertise. Please attend our quarterly meetings on the first Wednesday of the month at 3:30 p.m. via Zoom.

Chair: Tom LaCasa    Vice-Chair: Mike Shellman

Did You Know?

In 1979 Florence “Flossie” Arnold, one of CLE’s (now OLLI) founding members and ardent recruiter, was OLLI’s first vice president. As a prominent local paint artist, she led OLLI’s first art courses and established a legacy and rich tradition of courses, shows and excursions devoted to the arts.
OLLI Tech Help
(No Registration Required)

OLLI Tech Help
Every Friday • 1 p.m.-3 p.m. • Room 20/Zoom
September 16, 23, 30 • October 7, 14, 21, 28 • November 4, (11 no class), 18, (25 no class), • December 2, 9
Intersession: December 16, (23 and 30 no class) • January 6, 13

Need help with your computer, mobile devices or the technology you use? Visit the “OLLI Tech Help” lab, which will be available virtually in Zoom and face-to-face in Room 20 on Friday afternoons. OLLI tech help may also be available at other times by calling the OLLI office (657-278-2446) and leaving a message with your name, email address, the nature of your technology problem and what kind of technology device you are using (e.g., iPhone, Android smartphone, MacBook, Windows computer).

Instructors/Coordinators: Rosalind Charles, Dan Coby, Susan Gaitan, Mark Hammel, Rick Hearn, Steve Kernes, Tom La Casa, Barbara Maio, Jim Monroe, Bob Newcomb, Joyce Ono, Mike Shellman, Paul Herrick and Warren Wilson

COURSES

Avoid Tax Season Surprises with Google Sheets
Every Friday beginning October 21 • 10 a.m.-noon • Room 20
October 21, 28 • November 4, (11 no class), 18, (25 no class) • December 2, 9
Intersession: December (16, 23 & 30 no class) • January 6, 13 if required
Pre-registration Required by October 20: See registration procedures above. This course is limited to 15 people.

Prerequisite: A Google account and ability to access it

Do you find you have an annual surprise come tax time? Not sure if you’re going to get a refund or have to pay? Then this course is for you! You will learn how to use Google Sheets to help plan for your taxes so you don’t have any big surprises. Each session will build on knowledge gained in the previous class. No prior experience with spreadsheets is required, but if you do have prior spreadsheet experience, the first class is optional. If you miss any session, each class will be recorded so you can “catch up” before the next session. Come and learn how to use Google Sheets to plan for tax time and you may find you have other uses for Google Sheets.

Instructor: Steve Kernes Coordinators: OLLI TEC Team

Class Calendars on the OLLI Website
• Bookmark the OLLI website http://olli.fullerton.edu on your mobile device
• Populate your personal calendar with OLLI classes and events from the website
• Check what’s happening at OLLI on your mobile phone or tablet
• Changes in class and event times, dates and classrooms are updated on website calendars
CLECAT Club: Tech Talks

Every Monday • Noon-1:30 p.m. • Zoom
September 12, 19, 26 • October 3, 10, 17, 24, 31 • November 7, 14, (21 no class), 28 • December 5

CLECAT (Continuing Learning Experience-Computers and Technology), OLLI’s longest running club, is open to all OLLI members. The focus is on a wide range of technology topics: computers, digital cameras, phones, tablets, smart home devices, electric vehicles, home networks and other ways that technology touches your life. The format will include presentations by CLECAT members with group Q&A and collections of short videos addressing issues of interest. Check the OLLI newsletters for information about each class’s topic.

_Instructors/Coordinators:_ Rick Hearn, Susan Hanna and guest presenters

_Tech Coordinator:_ Susan Hanna

**iPad Essentials**

Eight Mondays & Wednesdays • 10 a.m.-noon • Room 20
October 10, 12, 17, 19, 24, 26, 31 • November 2

_Pre-Registration Required:_ Send an email to bobnewcomb@icloud.com. This course is limited to 12 people.

Bring your iPad to class and let’s explore how to use it and how it works. We will start by learning basic iPad features and explore how you can make text messages; play music; browse the web; do email; take notes; watch videos, movies and TV shows; as well as read books. We will also explore features unique to the iPad including running multiple apps such as reading a book and taking notes at the same time. Learn tips and tricks to make using an iPad easier and quicker. See how you can find apps for what interests you. This is a “hands on” class. We won’t just describe it. You will do it yourself.

_Instructors/Coordinators:_ Bob Newcomb and team

**iPhone Essentials**

Eight Mondays & Wednesdays • 10 a.m.-noon • Room 20
September 12, 14, 19, 21, 26, 28 • October 3, 5

_Pre-Registration Required:_ Send an email to bobnewcomb@icloud.com. This course is limited to 12 people.

Bring your iPhone to class and let’s explore how to use it and how it works. We will start by learning basic iPhone features and explore how you can make phone calls; text messages; play music; browse the web; do email; watch videos, movies and TV shows; as well as read books. Learn tips and tricks to make using an iPhone easier and quicker. See how you can find apps for what interests you. This is a “hands on” class. We won’t just describe it. You will do it yourself.

_Instructors/Coordinators:_ Bob Newcomb and team

_Please silence your cell phone when attending classes and programs._

_Thank you!_
Bridge, Really Beginning Bridge and Supervised Play

Every Friday • 8:30 a.m.-11:30 a.m. • Room 9
September 16, 23, 30 • October 7, 14, 21, 28 • November 4, (11 no class), 18, (25 no class) • December 2, 9

This course is for those who have never played bridge or have not played bridge for many years. Learn the basic principles of modern contract bridge in a friendly, non-threatening atmosphere. During the fall semester we concentrate on learning to bid and play in No Trump contracts. The course follows the guidelines of American Standard Bidding recognized by ACBL. We not only learn bridge but have a good time. Please plan on attending as often as you can; this commitment is essential to learning bridge.


Instructors/Coordinators: Angela Friedman and Sandy Potter

Bridge, Duplicate

Every Monday • 9:30 a.m.-noon • Shapiro ABCD
September 12, 19, 26 • October 3, 10, 17, 24, 31 • November 7, 14, (21 no class), 28 • December 5
Intersession: December 12, (19 & 26 no class) • January (2 no class), 9

“Monday Morning Duplicate Bridge” is the oldest continuous CLE/OLLI course. We welcome all OLLI members to join us each Monday morning for a friendly and competitive game of bridge. Please arrive before 9:15 a.m. to make sure you and your partner can find a table for North/South or East/West, whichever is your preference. If you don’t have a partner, please contact one of the coordinators the week before. We will try (but can’t promise) to find you a partner.

Coordinators: Kent Burrell and Liz Burrell
Assistants: Dan Coby and Jeff Graham

Bridge, Intermediate

Every Friday • 9 a.m.-12:30 p.m. • Shapiro CD
September 16, 23, 30 • October 7, 14, 21, 28 • November 4, (11 no class), 18, (25 no class) • December 2, 9
Intersession: December 16, (23 & 30 no class) • January 6, 13

This course is for those interested in improving their bridge in a friendly, non-competitive atmosphere. Some knowledge of bidding and play is desirable. Come join us, learn and have fun. Play of the hand hasn’t changed, but the bidding keeps evolving. We’ll help you with both. Emphasis will be on American Standard Bidding conventions. During each Friday session, a short lesson will be presented to reinforce some aspect of bridge bidding or play. You don’t need a partner.

Instructor: TBD  Coordinator: Arie Passchier
Caring for Yourself and Others
Every Thursday • 2:15 p.m.-3:30 p.m. • Zoom
September 15, 22, 29 • October 6, 13, 20, 27 • November 3, 10, 17, (24 no class) • December 1, 8

“Yesterday I was clever, so I wanted to change the world. Today I am wise, so I am changing myself.”—Rumi

This is a discussion course that uses self-enabling tools to help build and gain personal empowerment to fulfill your life. Caring and changing yourself will influence those around you. Topics are varied to include different aspects of the body, mind, and spirit. Join in for a holistic view of life and how we can make changes to embody the health and happiness we all desire.

Instructor/Coordinator: Jan Friel, CCIS

Cooking Potpourri
Alternate Wednesdays • 5 p.m-6:30 pm • Zoom
September 14, 28 • October 12, 26 • November 9, (23 no class), 30

Are you tired of cooking the same things all the time? Join us and add some new, healthy recipes to your daily meals. You’ll have some fun and enjoy cooking again! Learn about different ingredients as well as hints and tips on food preparation. The rotating group of instructors will provide instruction on a wide range of food and cooking topics from basics to international cuisines. The classes are in a demonstration/lecture format with time for questions and answers too! Join us in the kitchen! Watch the OLLI newsletters for information and recipes for upcoming classes.

Instructors: MaryLouise Hlavac, Wei-Ling Louie, Ellie Monroe and Jill Patterson

Coordinator: MaryLouise Hlavac  Tech Coordinator: Jill Patterson

Genealogy Research
Alternate Tuesdays • 2 p.m.-3:30 p.m. • Zoom
September 20 • October 4, 18 • November 1, 15, (22 no class) • December 6

This special interest group is a forum for sharing knowledge, ideas and instruction with people who face similar challenges and opportunities in personal genealogy. Beginners through advanced researchers will discover 21st-century tools and resources to use efficiently, independently and collaboratively in constructing both their document-based family trees as well as their DNA-based family trees. We employ genealogy databases of records and documents, the internet and connections through genetic analysis. Come share what you know and learn what you don’t know about genealogy research while you make progress building your own family trees.

Coordinators: Richard McCaman, Nancy Chirco, Joann Driggers, Brent Meredith, Paul Herrick and Jim Cotterman
**GROW Gardening Club**  
Alternate Thursdays • 1 p.m.-2:30 p.m. • Zoom  
*September 15, 29 • October 13, 27 • November 10, (24 no class) • December 1*

Gardening responsibly, organically and wisely (GROW) means less water, fewer chemicals and relying on natural pest control. This semester we may cover the following topics: The Busy Gardener Month to Month; Pass Down Plants; Orchid Culture Basics; Composting 101 Basics; The Amazing Avocado and Roses 101. Each week’s topic and speaker will be featured in the OLLI newsletters.

**Coordinators:** Lisa Sewell, Susan Berry and Elwood Berry

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**Happy Hour**  
Every Friday • 4 p.m.-5 p.m. • Zoom  
*September 16, 23, 30 • October 7, 14, 21, 28 • November 4, (11 no class), 18, (25 no class) • December 2, 9*

Please join us for “OLLI Happy Hour,” the Zoom equivalent of an end-of-week happy hour featuring good conversation with interesting people to foster OLLI comradeship.

**Coordinators:** Ellie Monroe and Jim Monroe  
**Moderator:** Mike Stover

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**Introduction to Digital Photography**  
Every Friday • 10 a.m.-11:30 a.m. • Zoom  
*September 16, 23, 30 • October 7, 14, 21, 28 • November 4, (11 no class), 18, (25 no class) • December 2, 9*

Improve your photographs by learning to see opportunities and how to incrementally refine the shot to capture the feeling you experienced when you saw the subject. Any camera will do. Smartphones are fine. Each week, participants can share the photos they’ve taken on their own or for the optional photo assignments for the group to discuss successes and opportunities for improvement. We will explore using photographic techniques such as composition, exposure and depth of field for best results. We will also view instructional videos. Come learn how to take great pictures.

**Instructor:** Rick Hearn  
**Coordinator:** Susan Hanna

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“OLLI has enabled me to continue my lifelong quest for learning. The classes expand my many avenues for creativity and the wonderful interaction with others who also share the joy of discovery.”

-David Jeng
**Introduction to Strategies of Poker**

*Every Friday • 12:30 p.m.-3:15 p.m. • Shapiro AB*

*September 16, 23, 30 • October 7, 14, 21, 28 • November 4, (11 no class), 18, (25 no class) • December 2, 9*

**Intersession: December 16, (23 & 30 no class) • January 6, 13**

Each Friday, “Introduction to Strategies of Poker” instruction classes will be conducted for all levels of beginning poker players. Classes are taught at an easy pace by an OLLI instructor well-versed in the game of Texas Hold’em. Instruction will also include the history of poker, the rules and terminology of the game, the hierarchy of poker hands, and the strategy of betting and raising. Instruction will be conducted at special poker tables with casino-type poker chips and regular 52-card decks. Following the “Introduction to Strategies of Poker” classes, beginners will be invited to play with more seasoned players in the “Strategy of Poker” course, which starts at 3:30 p.m. All players, seasoned and beginners, continue to hone their skills each week and become better players. This course is a lot of fun with a chance to socialize with fellow OLLI members who also enjoy the game of Texas Hold’em poker.

**Instructor/Coordinator:** Dennis Wilson

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**OLLI Socials**

*Three Thursdays • 2:30 p.m.-4 p.m. • Shapiro ABCD*

*October 20 • November 17 • December 8*

OLLI Socials provide a party atmosphere for members to get together and have fun listening and/or dancing to live music. This fall, OLLI Socials will feature OLLI members as well as CSUF student musicians and singers for your entertainment pleasure. Come dance, sing along or just listen to great music with your friends at OLLI. Refreshments will be provided. Come join us for a good time at OLLI Socials this fall.

**Coordinators:** Mickey La Casa, Tom La Casa, Tracy Hammel and Mark Hammel

**Music & Entertainment Coordinator:** Ellie Monroe

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**Phocus Photography Club**

*Monthly Tuesdays • 1:30 p.m.-3:30 p.m. • Room 21*

*September 20 • October 4 • November 1 • December 6*

**Pre-registration is NOT required.**

The Phocus Photography Club is a group of amateur photographers who meet to share photos and experiences. Club meetings may start with a guest speaker, who is often a professional photographer or a highly skilled amateur. Meetings end with members sharing images they’ve taken on a recent club outing or exotic photo trip. The Club tries to have one local photography field trip per month. Attend the Phocus Photography Club to improve your photographic skills.

**Contact:** John Price, 562/237-2897 or snoprey@aol.com

**Coordinators:** John Price, Mary Crouch, Bob Caswell, Jim DiTota, Donna Judd and Rick Hearn
Sports Talk
Alternate Wednesdays • 1 p.m.-3 p.m. • Room 9/Zoom
September 21 • October 5, 19 • November 2, 16, (23 no class) • December 7
Discussion of the world of sports is our game. In this course, we cover current
events as well as other subjects of interest to sports fans. We are kind of like
sports-talk radio but without the ranting and raving. Join us as we debate such
topics as drug use in sports, famous athletes in the news, the latest trade talks
of our local teams, performance of United States national teams in recent years
and any variety of sports topics. It’s just like going to your favorite sports bar
with your buddies—male and female—to “chew the fat” for a couple of hours
about your favorite teams and players. So, drop on by and join the fun! We’ll
save you a seat.

Coordinator: Carl Richards

Strategy of Poker
Every Friday • 3:30 p.m.-5:30 p.m. • Shapiro ABCD
September 16, 23, 30 • October 7, 14, 21, 28 • November 4, (11 no class), 18,
(25 no class) • December 2, 9
Intersession: December 16, (23 & 30 no class) • January 6, 13
Poker is a game of skill and chance emphasizing the ability to read situations
and opponents to give you the advantage in the hands you play. It is also a
game utilizing statistics where the better players are able to calculate the
odds of you or your opponent winning a hand in various situations. It cannot
be assumed that people who utilize statistics will be winning players, but a
sound knowledge of the odds can only improve your game and give you an
advantage. Sophisticated players learn strategies such as bluffing and reading
an opponent’s playing characteristics. Each week, variations of poker will
be introduced and practiced. We play games of Dealer’s Choice and Texas
Hold’em. This course is a lot of fun with great camaraderie among the players.
Some members go out to dinner together after class. Hope to see you there!

Instructor/Coordinator: Dennis Wilson

TED Talks
Alternate Tuesdays • 1 p.m.-2:30 p.m. • Zoom
September 13, 27 • October (11 no class), 25 • November 8, (22 no class), 29
TED = Technology, Entertainment, Design. Ideas worth sharing. So that’s
what we’re about. We’ll show videos and discuss different and interesting
subjects. Which subjects? There are thousands of things that we lifelong
learners might enjoy: serious—funny—strange—deep-seated, scientific stuff,
non-scientific stuff, what makes us human, our cultures, how we’ll live on
Mars, our environment, what’s next and so on. You help us decide. Add your
thoughts to what others are thinking. Refresh your brain. Come and discuss.

Coordinators: Steve Kernes and Nancy Peterson
OLLI EVENTS

Fall Open House (Open to the Public)
Saturday, August 6 • 9 a.m.-noon • Ruby Gerontology Center
Let’s celebrate OLLI’s return to campus and introduce OLLI to your friends and relatives who are retired or contemplating retirement. Invite them to join you at our Fall Open House, visit with our program instructors and coordinators, meet our many volunteers and learn about the 2022-2023 new and continuing programs. The Fall Open House presentation will provide information about new parking rules, class attendance options (in-person, online or hybrid) and membership benefits. RSVP is required. Following the presentation, light refreshments will be served. If you have any questions please contact us by email at olli.membership@gmail.com or phone: (657) 278-4012. Additional information will be sent out through the OLLI newsletters. We are looking forward to seeing you there!

New Member Orientation
Tuesday, September 6 • 1 p.m.-2:30 p.m. • Shapiro ABCD/Zoom
New OLLI members are invited to attend an orientation session to learn more about OLLI-CSUF. Meet with members of the OLLI Board of Trustees as well as other new members. Learn of the many benefits of membership and how to access them to enhance your OLLI experience. This is the time to have your questions in hand! Reserve this date and time. Learn of our many volunteer activities that you can participate in. The in-person presentation will be followed by refreshments and door prizes.
Coordinator: Shirley Smith, VP Membership

Coordinators and Instructors Training Workshop
Thursday, September 8 • 1 p.m.-3 p.m. • Shapiro ABCD/Zoom
The University requires training of all coordinators and member instructors. OLLI coordinators and instructors are formally registered as volunteers of the University and as such must act responsibly and in accord with University policies in carrying out their duties. The “Coordinators and Instructors Training Workshop” will review safety and reporting procedures, campus sexual harassment policies and other CSUF policies relevant to a registered volunteer. Additional information about kitchen duties, room setup and technology training will also be available at this workshop. The OLLI office will contact those individuals who are required to take this training.
Instructor: Patsy Burns, OLLI Office Manager
Coordinator: Renee Cabrera, VP Programs
OLLI Welcoming Social
Saturday, September 24 • 1 p.m.-3 p.m. • Shapiro ABCD
Let’s celebrate our return to fall 2022 on the OLLI campus. Join us for an afternoon filled with fun, games, music, refreshments and, above all, a chance to get to meet new members as well as your returning OLLI friends. Light refreshments will be served along with the chance to win a variety of prizes. Help us celebrate the new academic year together! Further information about this event will be posted in Shapiro Wing and sent through our OLLI newsletters and ChroniCLE.

**Coordinators:** Ellie Monroe, Debbie Maxwell and Mickey La Casa with members of the OLLI Social Committee

OLLI “State Fair”
Saturday, October 22 • Noon-3 p.m. • Shapiro ABCD & Courtyard
Fairs are where all the fun stuff happens. Be part of OLLI’s own State Fair. There will be games, a chili and cornbread luncheon with dessert, and square dancing for entertainment. Here’s a chance to spend time with good friends. See you there! Details of this event will be publicized through our OLLI newsletters and ChroniCLE.

**Coordinators:** Lisa Sewell, Tina Ernsting and the Hospitality Committee

OLLI Holiday Luncheon
Wednesday, December 7 • Location and Time TBD
Details of this annual event will be publicized through our OLLI newsletters and ChroniCLE.

**Coordinators:** Hospitality Committee

**Event Leads:** Lisa Sewell and Annette Lauritzen

**Door Prizes:** Tina Ernsting

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**Did You Know?**

The “Godmother of CLE” (now OLLI) was Betty Robertson. As Director of Community and Outreach Programs at Cal State Fullerton in 1978, she researched and developed the idea, recruiting Leo Shapiro and other prominent founding member-volunteers.
COMMITTEE MEETINGS

Board of Trustees

Second Thursday of each month • 8:30 a.m.-10 a.m. • Room 8/Zoom
September 8 • October 13 • November 10 • December 8
Intersession: January 12

The OLLI Board of Trustees invites OLLI members to attend its monthly board meetings and learn more about OLLI business and its self-directing deliberations. Members wishing to speak on non-agenda board items are advised to notify the president and/or administrative manager in writing (including a brief description of the subject to be addressed) at least one week in advance of the meeting. At the discretion of the president, up to three minutes may be allocated within the board meeting agenda.

Chair: President Ellie Monroe

Collaboration Committee

Two Mondays • 10 a.m.-11:30 a.m. • Zoom
September 12
Intersession: December 5

The OLLI-CSUF Collaboration Program offers OLLI members opportunities to share their knowledge and experience. It is an important component of OLLI’s interaction with the Cal State University Fullerton (CSUF) campus and our local community. The Collaboration Committee meets to discuss recent collaboration and diverse committee activities, and welcomes your participation to learn about the variety of opportunities available to share a little of your time and talents with students and programs at CSUF. Information about the OLLI-CSUF Collaboration Program can be found in the weekly OLLI newsletters and on the OLLI website at: https://tinyurl.com/OLLICSUF-Collaborations or contact the Collaboration Committee chair for more information.

Mentor meetings are scheduled for the following Mondays: September 26, October 24 and November 14.

Chair: Sue Mullaly smullaly@csu.fullerton.edu

Curriculum Committee

First Monday of each month • 3:30 p.m.-5 p.m. • Zoom
September 12* • October 3 • November 7 • December 5
Intersession: January 9*

The Curriculum Committee meets to review and disposition potential future courses. It is open to all OLLI members and consists of members designated by the committee chair and the Vice President Programs. Bring ideas for OLLI courses or activities to these meetings! Better still, if any member would like to offer a course or knows of potential presenters, please attend these meetings to ensure that OLLI’s programs are the best they can be! Course proposal forms can be downloaded from the OLLI website at: http://olli.fullerton.edu/_resources/pdfs/CourseProposalForm.pdf.

*Meeting held on the second Monday due to the holiday.

Chair: Judy Alter  Vice-Chair: Sue Batie
Hospitality Committee
First Friday of each month • 10:30 a.m.-noon • Room 8
September 9* • October 7 • November 4 • December 2
Intersession; January 6
The OLLI Hospitality Committee facilitates and promotes social interactions that give OLLI members opportunities for sharing their personal backgrounds and areas of knowledge outside the classroom. The committee supports the OLLI business meetings with refreshments and hosts several fun themed events, usually including a dinner or luncheon either on or off campus. The committee is open to all members who enjoy helping others enhance the OLLI experience and provide social outlets; the only talent needed is to be fun-loving.
*Meeting held on the second Friday due to the holiday.

Vice President Hospitality: Lisa Sewell  Chair: Tina Ernsting

Technology Education Committee (TEC)
Wednesday, November 2 • 3:30 p.m.-5 p.m. • Zoom
The Technology Education Committee is dedicated to helping OLLI members make the best use of the ever-increasing technology now ubiquitous in our daily lives. Share computer/technology expertise and teach a course or workshop, contribute to a seminar, or help to shape the technical education curriculum. The TEC welcomes member insights and expertise. Join these meetings! For more information, contact Tom La Casa at: tom_lacasa@yahoo.com, Michael Shellman at mshellman@aol.com.

Chair: Tom La Casa  Vice-Chair: Michael Shellman

Transitions in Retirement (TiR) Committee
Monday, September 19 • 3:30 p.m.-5 p.m. • Zoom
The TiR Committee focuses on developing programs and activities for OLLI members who are still working part-time or are recently retired. This committee is anticipating a significant number of new retirees, who have a different outlook on retirement than that of previous generations.

Chair: Russ MacKeand

Trips Committee
Second Wednesday of each month • 11:30 a.m.-1:30 p.m. • Room 8/Zoom
September 14 • October 12 • November 9 • December 14
Intersession: January 11
The OLLI Trips Committee plans and coordinates trips of educational interest to OLLI members to locations off of the CSUF campus. These trips are OLLI special events and are subject to the Special Events Registration Policy section located elsewhere in this catalog. Trips are either day trips and overnight trips. Some recent or planned day trips include the Hollywood Bowl, JPL and LAX. Some recent or planned overnight trips include Monterey, Costa Rica and China. Members are notified of upcoming trips via the ChroniCLE, the OLLI newsletters and the OLLI bulletin boards. Join our committee meetings and share ideas and interests for day and overnight trips that would be a learning experience for OLLI members. Ken Luke chairs this committee and is always interested in learning of new trips and interests.

Chair: Ken Luke
Day of the Week Index

Verify Latest Information
Dates, times and places of classes and events are subject to change or cancellation. Access the OLLI website at http://olli.fullerton.edu and select the CALENDARS tab for up-to-date information.

*Asterisk indicates courses that are open to the public.

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**Monday: Every Week**

*September 12, 19, 26 • October 3, 10, 17, 24, 31 • November 7, 14, (21 no class), 28 • December 5*

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**French 2** • 8:30 a.m.-9:45 a.m. • Zoom

**Tai Chi** • 9 a.m.-10 a.m. • Room 18
*Also meets Intersession: December 12, (19 & 26 no class) • January (2 no class), 9*

**Bridge: Duplicate** • 9:30 a.m.-noon • Shapiro ABCD
*Also meets Intersession: December 12, (19 & 26 no class) • January (2 no class), 9*

**CLECAT Club: Tech Talks** • Noon-1:30 p.m. • Zoom

**Exploratory Discussion Group** • 1:15 p.m.-3:15 p.m. • Shapiro CD/Zoom

**Spanish 4** • 1:15 p.m.-3:15 p.m. • Room 21

**Meditation for Everyday Life** • 3:15 p.m.-4:30 p.m. • Zoom
*Also meets Intersession: December 12, (19 & 26 no class) • January (2 & 9 no class)*

**Ukulele: Symposium** • 3:30 p.m.-5 p.m. • Shapiro CD/Zoom
*Also meets Intersession: December 12, (19 & 26 no class) • January (2 no class), 9*

**Ukulele: Beginner 1** • 4 p.m.-5:30 p.m. • Room 18/Zoom
*Also meets Intersession: December 12, (19 & 26 no class) • January (2 no class), 9*

**Yoga for the Rest of Us** • 4:45 p.m.-6 p.m. • Zoom
*Also meets Intersession: December 12, (19 & 26 no class) • January (2 & 9 no class)*

**Piano Keyboard—Improve Your Ability to Play and Improvise** • 5:15 p.m.-6:30 p.m. • Zoom

**Art House Cinema** • 5:45 p.m.-8 p.m. • Shapiro CD
Monday: Alternate Week 1
September 12, 26 • October 10, 24 • November 7, (21 no class), 28

Great Books • 10 a.m.-noon • Room 21/Zoom

Mystery Book Club • 12:15 p.m.-2 p.m. • Room 9/Zoom

Introduction to Watercolor Painting • 1 p.m.-3:15 p.m. • Shapiro AB

Monday: Alternate Week 2
September 19 • October 3, 17, 31 • November 14, (21 no class) • December 5

Short Stories • 10 a.m.-noon • Room 21/Zoom

Kitty’s Book Club • 12:15 p.m.-2 p.m. • Zoom

Ceramics II • 1 p.m.-3 p.m. • Shapiro AB

Monday: Other Schedule

iPhone Essentials • 10 a.m.-noon • Room 20
September 12, 19, 26 • October 3
Also meets four Wednesdays

iPad Essentials • 10 a.m.-noon • Room 20
October 10, 17, 24, 31
Also meets four Wednesdays

Tuesday: Every Week
September 13, 20, 27 • October 4, 11, 18, 25 • November 1, 8, 15, (22 no class), 29 • December 6

Arboretum and/or Campus Walk • 9 a.m.-10:15 a.m. • RGC Courtyard
Also meets every Thursday

Ceramics • 9 a.m.-11:30 a.m.
Zoom: September 13, October 4, November 1, December 6
Also meets Intersession: January 3
Shapiro ABCD: September 20, 27 • October 11, 18, 25 • November 8, 15, (22 no class), 29
Also meets Intersession: December 13, (20 & 27 no class) • January 10

German • 12:30 p.m.-2:30 p.m. • Shapiro AB/Zoom

Recorders/Guitars & More Workshops • 3:45 p.m.-4:45 p.m. • Room 18
Also meets Intersession: December 13, (20 & 27 no class) • January 3, 10
Learn to Read Music I • 4:45 p.m.-5:45 p.m. • Room 18
Also meets Intersession: December 13, (20 & 27 no class) • January 3, 10

OLLI Flash Mob • 5 p.m.-7 p.m. • KHS 202
Also meets Intersession: December 13, (20 & 27 no class) • January 3, 10

Jazz Band • 5:30 p.m.-7:30 p.m. • Shapiro ABCD/Zoom
Also meets Intersession: December 13, (20 & 27 no class) • January 3, 10

OLLI Social Rollers Open Bowling • 6 p.m.-8:30 p.m. • CSUF Bowling Center
Also meets Intersession: December 13, (20 & 27 no class) • January 3, 10

Concert Band • 7:30 p.m.-9:30 p.m. • Shapiro ABCD/Zoom
Also meets Intersession: December 13, (20 & 27 no class) • January 3, 10

Tuesday: Alternate Week 1
September 13, 27 • October 11, 25 • November 8, (22 no class), 29

Life Story Workshop • 9 a.m.-noon • Zoom

*Eclectics I • 10:15 a.m.-11:45 a.m. • Auditorium/Stream/Zoom

*CSUF Faculty/Student Performances/Presentations • Noon-1:30 p.m. • Auditorium/Zoom
Also meets Intersession: December 13, (20 & 27 no class) • January 10

Kick Starting Your Writing • 12:15 p.m.-2:15 p.m. • Room 21

Our World in Change: Science, Engineering and Technology for a Realistic, Sustainable Future • 1 p.m.-3 p.m. • Zoom

TED Talks • 1 p.m.-2:30 p.m. • Zoom
(October 11 no class)

*The History of American Music: Rock ’n’ Roll • 1:45 p.m.-3:45 p.m. • Auditorium/Zoom

A Course in Miracles • 2:45 p.m.-4:15 p.m. • Zoom
Also meets Intersession: December 13, (20 & 27 no class) • January 10

Tuesday: Alternate Week 2
September 20 • October 4, 18 • November 1, 15, (22 no class) • December 6

See How They Run: California and the Midterm Elections • 10:15 a.m.-11:45 a.m. • Auditorium/Zoom
(December 6 no class)

78 657-278-2446 “A Continuing Learning Experience”
**Social Science in the News** • Noon-1:30 p.m. • Shapiro CD

**Popes, Politics, Schisms and Controversies** • 12:15 p.m. -1:45 p.m. • Auditorium/Stream

**Genealogy Research** • 2 p.m.-3:30 p.m. • Zoom

**Strings and Things Music Jam** • 2 p.m.-3:30 p.m. • Room 18
*Also meets Intersession: December (20 & 27 no class) • January 3*

**Artsy: A History of European Art** • 2:15 p.m.-3:45 p.m. • Auditorium/Zoom

**World War II: What Happened? Why?** • 2:15 p.m.-3:45 p.m. • Room 9

**Wisdom Healing** • 2:45 p.m.-4:15 p.m. • Zoom

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### Tuesday: Other Schedule

**New Member Orientation** • 1 p.m.-2:30 p.m. • Shapiro ABCD/Zoom
*September 6*

**Phocus Photography Club** • 1:30 p.m.-3:30 p.m. • Room 21
*September 20 • October 4 • November 1 • December 6*

**Personal Finance and Retirement** • 3:45 p.m.-5 p.m. • Shapiro CD/Zoom
*September 13, 20, 27 • October 4, 11*

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### Wednesday: Every Week

*September 14, 21, 28 • October 5, 12, 19, 26 • November 2, 9, 16, (23 no class), 30 • December 7*

**French 1** • 8:30 a.m.-9:45 a.m. • Zoom

**Longevity Stick Exercises** • 8:30 a.m.-9:30 a.m. • Zoom
*Also meets Intersession: December 14, (21 & 28 no class) • January 4, 11*

**Tap-ercise** • 9 a.m.-10 a.m. • Zoom
*Also meets Intersession: December 14, (21 & 28 no class) • January 4, 11*

**Drawing for the Fun of It** • 10 a.m.-noon • Shapiro AB/Zoom
*Also meets Intersession: December 14, (21 & 28 no class) • January 4, 11*

**French 3** • 10 a.m.-noon • Zoom

**Spanish 2** • 10 a.m.-11:30 a.m. • Room 21

**Women Writers’ Workshop: Short Stories** • 10 a.m.-noon • Room 9
*Also meets Intersession: December 14, (21 & 28 no class) • January 4, 11*
**Watercolor Workshop** • 1 p.m.-3:15 p.m. • Shapiro ABCD/Zoom

Also meets Intersession: December 14, (21 & 28 no class) • January 4, 11

**Classical Guitar Ensemble** • 4 p.m.-6 p.m. • Room 18

Also meets Intersession: December 14, (21 & 28 no class) • January 4, 11

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**Wednesday: Alternate Week 1**

September 14, 28 • October 12, 26 • November 9, (23 no class), 30

**What’s Behind the News?** • 10 a.m.-noon • Zoom

**French Discussion** • 12:10 p.m.-1:15 p.m. • Zoom

**Line Dancing: Beginner’s Level** • 3:30 p.m.-5 p.m. • Shapiro ABCD/Zoom

**Cooking Potpourri** • 5 p.m-6:30 pm • Zoom

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**Wednesday: Alternate Week 2**

September 21 • October 5, 19 • November 2, 16, (23 no class) • December 7

**Wisdom Exchange** • 10 a.m.-noon • Shapiro CD/Zoom

**Sports Talk** • 1 p.m.-3 p.m. • Room 9/Zoom

**Line Dancing: Advanced Beginners/Intermediate** • 3:30 p.m.-5 p.m. • Shapiro ABCD/Zoom

**Medical Series** • 7 p.m.-9 p.m. • Zoom

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**Wednesday: Other Schedule**

**iPhone Essentials** • 10 a.m.-noon • Room 20

September 14, 21, 28 • October 5

Also meets four Mondays

**iPad Essentials** • 10 a.m.-noon • Room 20

October 12, 19, 26 • November 2

Also meets four Mondays

**Warren Buffett’s Investment Methodology** • 1 p.m.-3:15 p.m. • Room 21

September 14, 28 • October 12, 26 • November 9

**OLLI Holiday Luncheon** • Location and Time TBD

December 7
**Thursdays: Every Week**

*September 15, 22, 29 • October 6, 13, 20, 27 • November 3, 10, 17, (24 no class) • December 1, 8*

**Drama, Improv & Storytelling** • 8:30 a.m.-9:45 a.m. • Shapiro CD

**Arboretum and/or Campus Walk** • 9 a.m.-10:15 a.m. • RGC Courtyard

*Also meets every Tuesday*

**Spanish 1** • 10 a.m.-11:30 a.m. • Shapiro CD

**String Ensemble** • 10 a.m.-noon • Room 9

**Poetry for Pleasure** • Noon-2 p.m. • Room 21/Zoom

**Science for You: The Periodic Table** • 12:45 p.m.-2:15 p.m. • Auditorium/Zoom

**Caring for Yourself and Others** • 2:15 p.m.-3:30 p.m. • Zoom

**Classical Guitar: Beginning** • 4:30 p.m.-5:30 p.m. • Room 18

*Also meets Intersession: December 15, (22 & 29 no class) • January 5, 12*

**Writing with Feedback** • 4:30 p.m.-6:30 p.m. • Room 21/Zoom

*Also meets Intersession: December 15, (22 & 29 no class) • January 5, 12*

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**Thursday: Alternate Week 1**

*September 15, 29 • October 13, 27 • November 10, (24 no class) • December 1*

**Noontime Student Piano Performances** • Noon-12:30 p.m. • Auditorium/Zoom

**Spanish Stories Talk** • Noon-2 p.m. • Zoom

**The New Yorker Magazine Discussion Group** • Noon-2 p.m. • Shapiro CD/Zoom

**GROW Gardening Club** • 1 p.m.-2:30 p.m. • Zoom

**Authors’ Central OLLI-CSUF (ACOC)** • 2:15 p.m.-4:15 p.m. • Room 21/Zoom

**Mastering Retirement: Six Surprising Steps to Achieve the Best Time of Your Life** • 2:15 p.m.-4 p.m. • Zoom

**Boundaries of Science: Exploring Current Developments** • 2:30 p.m.-3:45 p.m. • Auditorium/Zoom

**Comic Books Past and Present Book Club** • 4 p.m.-5:30 p.m. • Zoom

*September 29 no class*

*Also meets Intersession: December 15, (22 & 29 no class) • January 12*
Thursday: Alternate Week 2
September 22 • October 6, 20 • November 3, 17, (24 no class) • December 8

Shakespeare Aloud • 10 a.m.-noon • Shapiro AB

America in the 21st Century: The New Cold War • 10:15-noon • Auditorium/Stream/Zoom

Write Now! • 2:15 p.m.-4:15 p.m. • Room 21/Zoom
Also meets Intersession: December (22 & 29 no class) • January 5

Thursday: Other Schedule

Coordinators and Instructors Training Workshop • 1 p.m.-3 p.m. • Shapiro ABCD/Zoom
September 8

Money News: Personal Finance, Business, Economics • 10:15 a.m.-11:45 a.m. • Auditorium/Zoom
September 15 • October 13 • November 10

The American Presidency: The Man, His Policies, His Foes • 10:15 a.m.-11:45 a.m. • Auditorium/Zoom
September 29 • October 27 • December 1

Archaeology • 2:30 p.m.-3:45 p.m. • Auditorium/Stream
September 22 • October 20 • November 17

OLLI Socials • 2:30 p.m.-4 p.m. • Shapiro ABCD
October 20 • November 17 • December 8

Friday: Every Week
September 16, 23, 30 • October 7, 14, 21, 28 • November 4, (11 no class), 18, (25 no class) • December 2, 9

Tap Dancing: Advanced • 8:15 a.m.-10:15 a.m. • KHS 202
Also meets Intersession: December 16, 23 & 30 no class) • January 6, 13

Bridge, Really Beginning Bridge and Supervised Play • 8:30 a.m.-11:30 a.m. • Room 9

Bridge: Intermediate • 9 a.m.-12:30 p.m. • Shapiro CD
Also meets Intersession: December 16, (23 & 30 no class) • January 6, 13

Critics’ Choice: The Movies • 9:30 a.m.-noon • Shapiro AB
Also meets Intersession: December 16, (23 & 30 no class) • January 6, 13

Introduction to Digital Photography • 10 a.m.-11:30 a.m. • Zoom
Tap Dancing: Beginning • 10:30 a.m.-11:30 a.m. • KHS 202
Also meets Intersession: (December 16, 23 & 30 no class) • January 6, 13

Introduction to Strategies of Poker • 12:30 p.m.-3:15 p.m. • Shapiro AB
Also meets Intersession: December 16, (23 & 30 no class) • January 6, 13

OLLI Tech Help • 1 p.m.-3 p.m. • Room 20/Zoom
Also meets Intersession: December 16, (23 and 30 no class) • January 6, 13

Tap-ercise • 1 p.m.-2 p.m. • KHS 202/Zoom
Also meets Intersession: December 16, (23 & 30 no class) • January 6, 13

Voci d’Oro Chorale • 1 p.m.-3 p.m. • Shapiro CD
Also meets Intersession: December 16, (23 & 30 no class) • January 6, 13

Spanish 3: Grammar • 2 p.m.-3:15 p.m. • Zoom

Strategy of Poker • 3:30 p.m.-5:30 p.m. • Shapiro ABCD
Also meets Intersession: December 16, (23 & 30 no class) • January 6, 13

Happy Hour • 4 p.m.-5 p.m. • Zoom

Musical Performances/Presentations/Rehearsals • 6 p.m.-8 p.m. • Auditorium
Also meets Intersession: December 16, (23 & 30 no class) • January 6, 13

Friday: Alternate Week 2

September 23 • October 7, 21 • November 4, 18, (25 no class) • December 9

“Genreflections” Book Club • 11:30 a.m.-1 p.m. • Zoom
Also meets Intersession: December (23 & 30 no class) • January 6

Great Decisions • 1:15 p.m.-3:15 p.m. • Room 21/Zoom

Friday: Other Schedule

Avoid Tax Season Surprises with Google Sheets • 10 a.m.-noon • Room 20
October 21, 28 • November 4, 18 • December 2, 9
Also meets Intersession: January 6, 13 if required

Saturday: Other Schedule

*Fall Open House • 9 a.m.-noon • Ruby Gerontology Center
August 6

*Transitions in Retirement Essentials • 9:30 a.m.-11:30 a.m. • Zoom/Stream
September 17, 24 • October 1, 8, 15, 22, 29 • November 5, 12
OLLI “State Fair” • Noon-3 p.m. • Shapiro ABCD & Courtyard
October 22

OLLI Welcoming Social • 1 p.m.-3 p.m. • Shapiro ABCD
September 24

Musical Performances • Auditorium and Shapiro ABCD/Zoom
Designated Saturdays • Dates and Times TBA

Committee Meetings

Board of Trustees • 8:30 a.m.-10 a.m. • Room 8/Zoom
Thursdays: September 8 • October 13 • November 10 • December 8 •
Intersession: January 12

Collaboration Committee • 10 a.m.-11:30 a.m. • Zoom
Mondays: September 12 • December 5

Curriculum Committee • 3:30 p.m.-5 p.m. • Zoom
Mondays: September 12 • October 3 • November 7 • December 5 •
Intersession: January 9

Hospitality Committee • 10:30 a.m.-noon • Room 8
Fridays: September 9 • October 7 • November 4 • December 2 • Intersession;
January 6

Technology Education Committee (TEC) • 3:30 p.m.-5 p.m. • Zoom
Wednesday: November 2

Transitions in Retirement Committee • 3:30 p.m.-5 p.m. • Zoom
Monday: September 19

Trips Committee • 11:30 a.m.-1:30 p.m. • Room 8/Zoom
Wednesdays: September 14 • October 12 • November 9 • December 14 •
Intersession: January 11
Experience Lifelong Learning

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PHOTO BY JIM DI TOTA

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Program of
CSU FULLERTON

Administered by
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California State University, Fullerton
MEMBERSHIP BENEFITS

WIDE RANGE OF COURSES

- Current affairs, retirement issues
- Arts: learning, doing, performing
- Languages, science, technology
- Computer/mobile, discussion
- Extensive library of class videos

HEALTHY LIFESTYLE COURSES

- Health, medical issues
- Sports, exercise, dancing

SPECIAL EVENTS/SOCIAL ACTIVITIES

- Dinners, luncheons, receptions
- Day and overnight trips
- Card & board games
- Musical entertainment

PARKING PRIVILEGES*

- Most student lots/structures
- Lot J for OLLI members only
- OLLI Trolley to/from far lots

UNIVERSITY PRIVILEGES

- Collaborate with faculty & students
- Pollak Library, student store, Wi-Fi
- Campus eating facilities discounts
- Most CSUF athletic events free
- Audit CSUF courses free

*Subject to limitations. See Parking & OLLI Trolley Information.