

Emergency Preparedness



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Emergency Preparedness

Don't run out the door screaming...



Being Prepared



Anaheim Hills, Tuesday, October 10, 2017

Being Prepared for...



Being Prepared also means:

Preparedness at home:



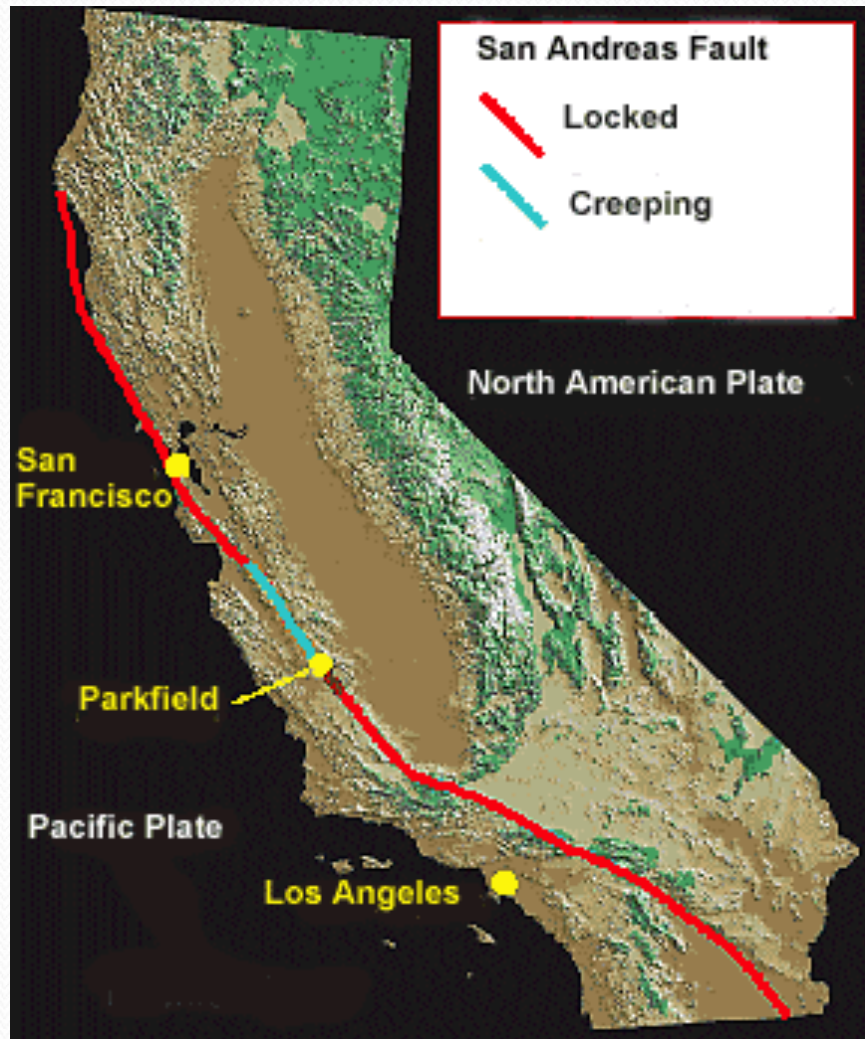
And away from home...



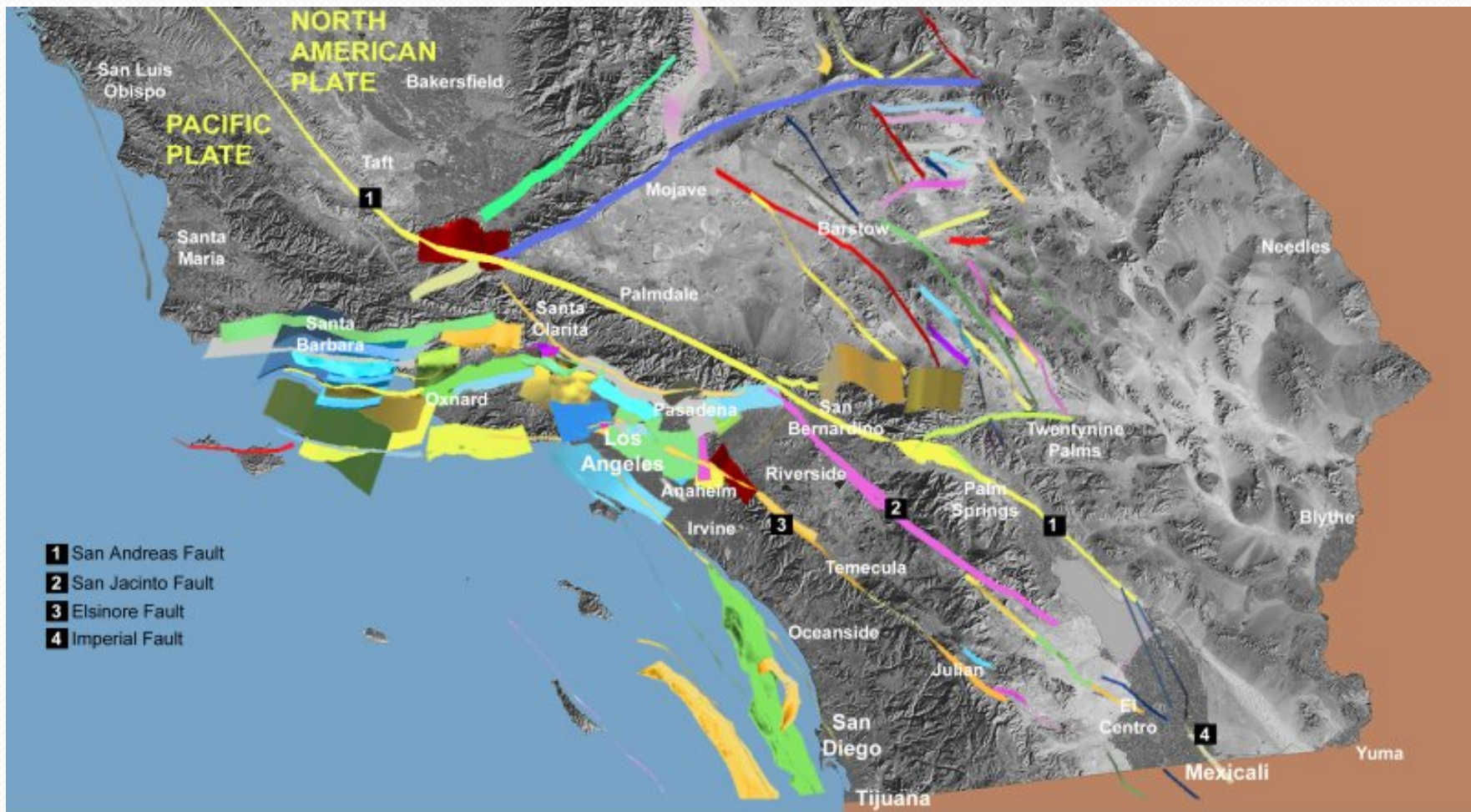
And in your car...



Earthquake!



Whose fault is it?



Source: Southern California Earthquake Center

Things to consider



Family
Pets



Communication systems

Emergency Services

Irreplaceable items

You!



Seems an impossible task!

.



Sisyphus

You can do it!



Q: How do you eat a Chocolate Elephant?

A: One bite at a time...

3 is an important number

- Minutes without air.



- Hours you can last without food.



- Days you can last without water.
- Weeks you can last without food.

4 days



You have to have water

By the case,



or barrel,



Other sources: Water heater, ice cube trays, swimming pool (if Chlorine filtered out)

Emergency Supplies Containers

Your house:



Your office or car:



Food

- Add what you LIKE to eat...



Canned or
Dehydrated

Things to add

❑ First Aid Supplies

- Band-aids, triangular and elastic bandages, antibiotic cream and alcohol swabs.
- Acetaminophen, ibuprofen.
- Cream for rashes or itching.
- Sunscreen



❑ “Comfort” Supplies

- A warm blanket and warm (waterproof) jacket.
- Comfortable shirt, pants, socks, shoes, hat, gloves.
- Chocolate, games and books.

More things to add

- **Tools**

- Wrench, screwdriver, hammer, scissors.
- Crowbar, shovel.



- **Information**

- Insurance policy numbers, phone numbers.
- Have out of area / state numbers and a plan.

- **Medications**

- Critical medications
- List name, dosage, purpose and
- Doctor who prescribed them.



More things to add

- **Food Support**

- Can-opener, cups, bowls, utensils, paper towels.

- **Personal needs**

- Extra eyeglasses, keys
- Cell phone charger.



- **Sanitary supplies**

- Toilet paper, feminine products, trash bags.
- Incontinence pads or pants.
- Soap, wet-wipes, deodorants

And more...

- **Pet supplies**

- Food and water.
- Collar, license, toys.
- Crate, bedding, comfort items.

- **Radio and flashlight**

- “Crank-type” and / or extra batteries.
- Some have cell-phone charger ports.

- **Fire Extinguisher (A-B-C Type)**

- Buy one that is reputable and you can handle.



If you have watched too many episodes of “The Walking Dead”...

- **Shelter**
 - Tarp, tent, canopy
- **Camping equipment**
 - Cook stoves, lamps, fuel
- **Security**
 - Pepper spray
 - (2 oz or smaller)



Smaller versions for the car

Even for
“short”
Trips!



Your Important Stuff

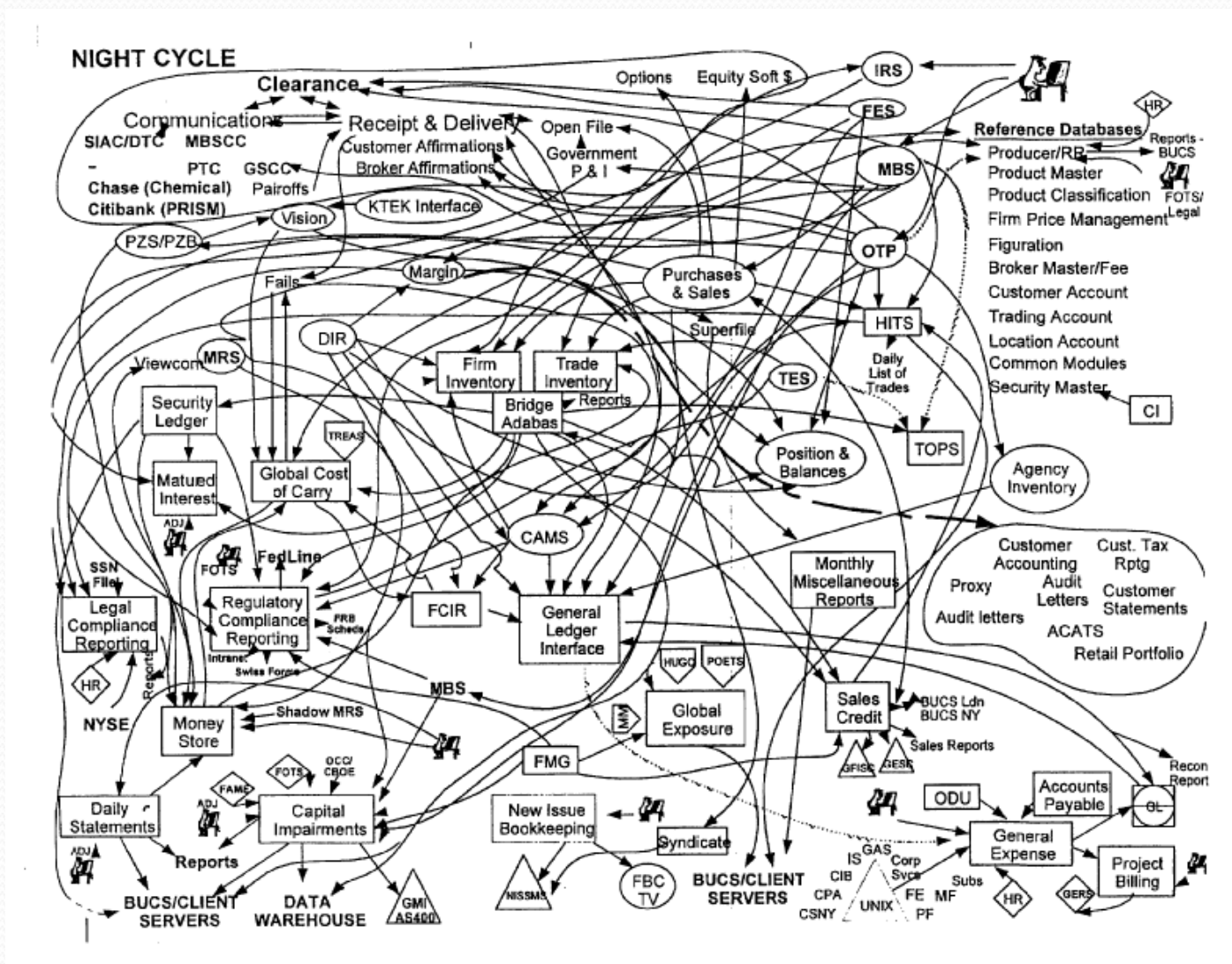
- Backing up important data.
 - Don't use "My Documents" folder.
- Use off-site servers (clouds) whenever possible.
- Use flash-drives.
- Photograph important art work, or other irreplaceable items.
- Be ready to work "Low-Tech" – with paper and pencils.
- Use fire-proof and water-proof document holders.

Have a Plan

- Communication, include phone numbers
- Maps, including what services are nearby
- Skills: first aid, CPR, HAM Radio, CERT



Have a Plan



Have a SIMPLE Plan



Orange County Operations

AlertOC

- Mass notification system designed to keep Orange County residents and businesses informed of emergencies and certain community events.

Register at:

- <http://bos.ocgov.com/alertoc/alertoc.asp>
- 333 W. Santa Ana Blvd., Bldg 10, Santa Ana, CA 92701

POP QUIZ!

- What do you do in an earthquake?



In an Earthquake

1. Drop, Cover and Hold On
2. Avoid areas that contain items that could fall on you.
3. Evacuate when the shaking stops, but only if you feel it is safer to be outside.
4. Avoid overhead power lines or other structures that could fall (such as chimneys).
5. NEVER FOLLOW THE “TRIANGLE OF DEATH!”
6. Smell gas? Turn off your gas line (need wrench).

But who will rescue me?

In over 90% of all disasters, the person most likely to rescue you is the one closest to you...



Haiti, January 12, 2010.

Now in an emergency...

You will be ready and prepared!



Contact Information

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