Energizing Your Retirement
Osher Lifelong Learning Institute – CSUF
Ruby Gerontology Center
Saturday, October 10, 2015
8:45 AM – 3:00 PM
Agenda

8:30    Check-in

9:00    Welcome – Master of Ceremonies, Mike Stover, OLLI-CSUF Past President

9:05    Keynote, “Positive Psychology” - Barbara Cherry, Professor of Psychology, CSUF

9:40    “Staying Healthy in Retirement” - Nicole Garcia, M.D., Anti-Aging Medicine

10:30   Morning breakout sessions (choose one):
      • "Maintaining and Enhancing Social Connections" - Laura Zettel-Watson, Associate Professor of Psychology, CSUF - Mackey Auditorium
      • "Long Term Care" - Stan Brock, Public Information Officer, Council on Aging-OC - Room 21
      • "Lessons Learned in Retirement" - David Doo, Moderator and OLLI member panel - Juniper 111

11:20   “Identity Theft and Fraud” - Corporal Jose Rosales, Cal State Fullerton Police - Mackey Auditorium

12:00   Lunch - Shapiro Wing ABCD

12:45   "Making the Transition - Spending Your Money Wisely in Retirement", Danielle Blunt, CFP®, Private Wealth Advisor, Raymond James Financial Services

2:00    Afternoon breakout sessions (choose one):
      • "Financial Planning in Today's Markets" - Danielle Blunt, CFP® - Mackey Auditorium
      • "9 Surprising Things About Retirement - Are You Ready?" - William Clark and Mary Ann Hamamura-Clark - Room 21
      • "Lessons Learned in Retirement" - Kathryn Cozza, Moderator and OLLI member panel - Juniper 111

2:45    Adjournment

Registration Required (No Charge) - Register September 11 - October 5
Online Registration at HTTP://tinyurl.com/OLLI-RetirementBC2015
or call OLLI Office at 657 278-2446 Mon-Fri 9:00 am - 3:00 pm