

#### **President's Message**

During the summer session, the OLLI Board



and many other volunteers are busy planning for the OLLI Open House, to be held on Saturday, August 12. This is our primary new member recruiting event, and we encourage all

members to assist by inviting their friends who may enjoy and benefit from the OLLI programs. Ellie and I joined as we neared retirement because a friend suggested that we check out OLLI. Most new OLLI members are referred by friends and family, and we encourage all members to invite others to the Open House.

I have heard a few comment that we should not pursue new members. The numbers reveal that about 20 percent, or over 300 members, elect to not renew each year for a wide variety of reasons. With the reduction in external advertising over the last few years, total membership growth has slowed from a few hundred per year when Ellie and I joined, to a few dozen per year recently. We rely on our most valuable resource, our members, to invite others to benefit from OLLI, and join this dynamic group. Pick up a Gatefold Brochure and Open House flyer from the office in late July to give your friends.

For current members, recall that OLLI converted to online membership registration last summer. If you have not created a username and password on the CSUF login portal, or cannot find the purple sheet it is written on, call the office to schedule a time with volunteers from our membership and administration teams. This will make your renewal experience much easier.

#### OLLI's Betty Robertson Award Goes to Sandy George

Sanford "Sandy" George was selected as this year's recipient of OLLI's \$1,000 Betty Robertson Award, named for one of OLLI's (originally CLE) founders. He was chosen from CSUF's five most senior and most intelligent graduates by John



Blaydes, Chair, and his committee, Sharon Brown, Marilyn Roth and Chris Shaw, as the best example of lifelong learning.

The picture shows John (right) presenting the award to Sandy during CSUF's prestigious Honors and Scholars Awards Ceremony on May 19. Following is an excerpt from Sandy's submission to the committee.

"I am receiving my Master's degree in Geography from California State University, Fullerton (CSUF) forty-one years after I earned an Associate degree in Business Data Processing at American River College in Sacramento, California. That two-year degree provided the foundation upon which I built a career in computer networking. I have had the opportunity to work for some amazing organizations, including Hughes Aircraft Company, NASA and Cal Tech's Jet Propulsion Laboratory and the University of Southern California.

In my thirteen years at JPL I was fortunate to provide support for many space flight projects, including, Voyager, Galileo, Ulysses, Cassini, Magellan, Sojourner, Mars Pathfinder, Mars *OLLI's ...Continued on Page 3* 

Don't miss the solar eclipse on August 21. A partial eclipse is visible throughout the lower 48.

I hope you are having a great summer. Jim Monroe, President, OLLI Board of Trustees

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## Rick Hearn Vice President Technology

The vice president of technology leads a team of volunteers in supporting instructors and



coordinators in use of the classroom audio/video (A/V) resources. This may be showing them how to operate the A/V gear ahead of a class or helping to troubleshoot why the laptop's display isn't showing up on the projection screen. This is a challenging task since the

operational details vary for each classroom. We always need more people to help with this effort, so please contact me if you think you would like to get involved. You don't have to already have all the skills—we will gladly train you.

The team also helps the VP in identifying needs for updates and additions to the classroom A/V equipment to better serve OLLI's needs. For example, we are currently working toward outfitting the new Conference Room 8 with A/V equipment for use in committee meetings et cetera.

A year ago OLLI transitioned to having all new and returning members register as OLLI members online instead of by paper. As VP technology, the board asked me to spearhead the transition. It took a heroic effort of a team of several dozen volunteers, but we succeeded in getting everybody registered online. In particular, my wife, Susan Hanna, put many hours into designing documents like the "purple sheet" that members receive their Campus Wide ID and PIN numbers on, as well as "cheat sheets" showing step by step how to complete the online selection of a CSUF username and password and how to register online as a new or returning member. You can access the cheat sheets on the OLLI website at <u>http://olli.fullerton.edu//join/index.</u> php.

This summer we will again provide volunteer assistance in the computer lab for people who need help getting through the online membership registration renewal process, but I encourage you to take a shot at doing it yourself at home first. Most of our members have the skills to succeed on their own. If you don't get there solo, just come into the lab at one of the scheduled times and we'll be glad to help.

Rick Hearn, Vice President Technology

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### Mike Stover OLLI's Renaissance Man

Mike Stover has come to the end of his current service on the OLLI Board of Trustees—his term as Immediate Past President ended in May. Mike's prior service with the Board spanned seven years and included Trustee at Large, Vice President External Relations and, of course, President. His presidency covered OLLI's 35th anniversary celebration during 2014 honoring our past, celebrating our amazing members, recognizing our achievements and planning our future. Mike Stover was the perfect president to guide us through that hectic, but inspiring celebration.

What led Mike to involvement in OLLI's governing body? That seems to be a natural progression from the time he first joined OLLI in 2009. Mike is a man who has always been drawn

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#### Mike Stover ... Continued from Page 2

to government. He is often introspective and seems to know himself well. He would naturally want to add his skills to support an organization he believes in. He graduated with a B.A. in Government from CSU-LA and his M.P.A. is from CSU-LB. His career path led him to being City Manager of Lakewood for 22years. In his home city of Chino Hills, he served as a Planning Commissioner. He also brought his favorite quotation, learned from



an early mentor, "Good things happen when bad thangs don't." So, you see, he came to OLLI very well qualified to serve and lead.

Mike understands that a volunteer organization needs volunteers to make the system

work. In addition to his service on the OLLI Board, he has leant his talents to many committees and groups. He began as a co-chair of Transitions in Retirement Curriculum Committee, TiR. He then served as chair of the Space Planning, Long-Range Facilities Planning and Long-Term Plan Update Committees, President's Advisory Council and the interim chair/coordinator of OLLI-CSUF Collaboration, to name a few.

Mike Stover's chairmanship of the 35th Anniversary Planning and Implementation Committee was especially significant. It included the massive project of researching, recording and reporting the history and legends of OLLI, two themed luncheons (the largest in OLLI history), OLLI participation in CSUF's "Concert Under the Stars," and spotlights on outreach, publicity and communication activities concerning OLLI's service to CSUF.

Boosted by his seemingly bottomless energy, Mike has also volunteered as class coordinator and instructor for several very successful classes such as "Tales of a Great University" (which he initiated), "Retirement Boot Camp," "Volunteer Opportunities Workshop" and seven semesters of his in-depth study of various political campaigns. "See How They Run."

Mike may not be on the Board, but he is still a member of the Development/Philanthropy, *Mike Stover* ...*Continued on Page 4* 

#### OLLI's...Continued from page 1

Global Surveyor, Mars Observer and several projects on the space shuttle, and I received seven NASA awards. I was also involved with managing computer networking between NASA Centers, other government agencies and the European Space Agency.

In my career, working with many very well educated people, my one regret was that I never completed a degree beyond the associate level. I always planned to go back to school, but work and family consumed my time. Shortly after I was married, my wife and I decided that we would become foster parents and licensed our home for emergency foster care with the county. We soon had five abused children in our care. We ultimately adopted three of the children and home schooled them. They are all now in their twenties. It is amazing how quickly twenty years can fly by. We have also kept in touch with the other two children, who were adopted by other families.

When people ask me why I am taking college courses so late in life, I laugh and tell them that everyone needs a hobby, and mine is taking classes. But I also have a deeper motive; in that when I retire I want to teach. I think it is important for those of us who are older, and hopefully wiser, to impart our knowledge to the next generations. A Master's degree will insure that I can teach at least at the two-year college level or perhaps as a lecturer at a university.

Graduating from CSUF is not the end of my hobby. I am still enrolled part time at USC in the School of Religion, where I will graduate with a B.A. in Religion in 2019. I also earned a B.A. in Interdisciplinary Archaeology from USC in May of 2015. With the Master's from CSUF I will have earned four college degrees with a fifth coming in 2019.

A final piece of advice to those looking to go back to school; listen to the advice of Mahatma Ghandi: '*Live as if you were to die tomorrow. Learn as if you were to live forever*'."

Sanford "Sandy" George; Chris Shaw, Editor



## Fall Open House (Open to the Public) Saturday, August 12 9 a.m.-10 a.m. • Docent-led Tours/Exhibits/Coffee • Shapiro Wing ABCD 10 a.m.-11 a.m. • Fall Preview Meeting • Mackey Auditorium 11 a.m.-noon • Exhibits/Registration Opportunity • Shapiro Wing ABCD

This is an opportunity to share OLLI with your friends! Invite them to visit our facilities in the Ruby Gerontology Center, view booths, meet members representing the various classes and

OLLI activities, and learn about the 2017-2018 new and continuing programs. Light refreshments will be provided. Membership registration will also be available during the event. Parking is free on Saturday and the OLLI Trolley will be available to transport you from the State College Parking Structure on Gymnasium Drive.

#### Mike Stover ... Continued from Page 3

Transitions in Retirement and OLLI-CSUF Collaboration Committees. He is also the co-chair of the Policies and Procedures Committee; this group is special to Mike because it leads OLLI toward the future while building on the past. He also continues to teach, an activity he finds challenging, but enjoyable and satisfying. His current class is "The Trump Presidency: The Man. His Policies. His Foes." And in the fall he will coordinate "TiR Essentials" and "Money News."

Mike is always quick to emphasize his accomplishments come from working with other OLLI leaders. A few of those milestones are updating the Long Term Plan, restoring the Overnight Travel Program, establishing and expanding relationships with new CSUF leadership, refurbishing the Mackey Auditorium and emphasizing fund-raising to support OLLI's future. Mike also was a coordinator of the first networking meeting among California's OLLIs; additionally, he made presentations to the International Conference of Elder Education and Intergenerational Learning in Taipei, Taiwan; the Association of Retirement Organizations in Higher Education in Minneapolis, Minnesota and the OLLI National Conference in Carlsbad, California.

The best thing about OLLI is always the quality of the people who choose to be members. Mike Stover is one of the best; we are lucky to have him. Tell him "Thanks, Mike." next time you see him. *Elaine Mitchell, Staff Writer* 

### OLLI Hosts Estate Planning and Charitable Giving Workshops

Recently, OLLI members gathered over two Saturday mornings, June 3 and 10, to learn about estate, legacy and charitable estate planning. The workshops provided an overview of basic estate planning for families and covered legacy and charitable planning in more detail.

Workshop presenters were Brett Laddusaw, C.F.P.<sup>®</sup>, Ch.F.C<sup>®</sup>, C.L.U.<sup>®</sup>, and Josh Meier, an estate and family trust attorney with the Meier Law Firm. Both presenters share a passion for helping families prepare for the future and protect family members.

The June 3 workshop, "Trust and Estate Planning Basics," provided an overview of basic estate planning for families while the June 10 workshop covered "Legacy and Charitable Estate Planning" in more detail.

Brett and Josh are both offering complimentary consultations for OLLI-CSUF members. If you would like to schedule a consultation to review your estate, legacy and charitable estate planning please Brett at 949-930-2122 and Josh at 949-718-0420. Please let them know you are a part of OLLI-CSUF.

Presentations from both the June 3 and June 10 workshops are available for review and download at <u>https://www.slideshare.net/HartRoussel</u>, where you can view and/or download the presentations.

Planned gifts to support OLLI-CSUF are coordinated through CSUF University Advancement. Please visit <u>www.csufplannedgift.org</u> or contact us to learn about all of the benefits *OLLI Hosts* ...*Continued on Page 6* 

## Cinco de Mayo Festival May 6, 2017



## Mya Olivier Outstanding Graduate Award

As we OLLI members represent the older set of our community, we are prone to many different types of ailments. It is comforting to know that our host university has a department interested in our welfare.



Each year OLLI presents the Masters in Gerontology Outstanding Graduate Award to an outstanding CSUF

graduate who has demonstrated exceptional achievements in the field of gerontology.

John Blaydes, Chair of the OLLI Awards Committee, which includes Sharon Brown, Marilyn Roth and Chris Shaw, recently showed our appreciation to CSUF's Gerontology Program by awarding \$1,000 to Mya Olivier, who graduated in June with a Masters in Gerontology, so that she can continue in her interest in this area. Mya is pictured with John Blaydes. Her plans are for a workshop for mental, nutrition, yoga and strength activities for the elderly to enhance their lifestyle.

Mya was inspired by her 89 year-old grandmother who works as a reflexologist at Mya's aunt's salon in Corona Del Mar three days a week. Her grandmother's commitment to staying active by working out four days a week left a lasting impression on Mya's viewpoint of the importance of exercise while we age.

Mya did her undergraduate and graduate internships in the Center for Successful Aging and in the balance and mobility lab last spring. These internships strengthened her motivation and eagerness to work with this growing population. She worked with Dr. Fisher in the Kinesiology Department for the past year on her graduate project. Mya knew she wanted to create a product that helped older adults increase their well-being, and Dr. Fisher helped facilitate those ideas. Her graduate project consisted of a workshop that incorporated the idea of whole person wellness with components of strength training, stretching and mindfulness exercises.

Mya believes that the aging community is an underserved population and that more gerontologists are needed to bridge the gap. Within the next five years, she hopes to be working with older adults as a wellness or physical activity coordinator in a retirement community, senior center or assisted living facility. Also, she would love to become an instructor certified in pilates, and teach older adults the positive impact exercise

can have on their overall wellbeing and quality of life. *Denny Bean, Staff Writer* 



## OLLI Scholarship Deadline Friday, August 4, 2017

Forms for OLLI Scholarships are available in the OLLI office between 8:30 a.m. and 3:30 p.m. during the week for individuals who wish to apply for scholarships for membership dues. The completed applications **MUST** be returned to the office no later than noon on Friday, August 4 so the Scholarship Committee members have time to review them carefully. We are sorry but **NO** applications will be accepted after noon on Friday, August 4. Applications will be available approximately July 10.

Suzanne Mills, Chair, Scholarship Committee

#### OLLI Hosts ... Continued from Page 4

of making a charitable bequest and how it can help OLLI-CSUF continue our important work. If you're interested in establishing your legacy and making a lasting impact at OLLI-CSUF through membership in the Ontiveros Legacy Society, please contact our Office of Planned Giving at 657-278-3947 or <u>CSUFPlannedGift@fullerton.edu</u>. *Hart Roussel, Director of Planned Giving University Advancement, CSUF* 

## Concert Under the Stars Diamond Jubilee—60th Anniversary Year Event Date:

Saturday, September 23, 2017

Ticket reservation starts: Monday, July 24 RSVP must be received by: Friday, August 25

Cal State Fullerton's Concert Under the Stars will be held on Saturday, September 23 on the



athletic field located on Gym Drive. The theme this year is "Diamond Jubilee." Guests will enjoy an evening of exceptional entertainment by talented students and alumni. Gates open at 5 p.m. and the concert will begin at 7:30 p.m., ending in a gala fireworks display.

This is CSUF's biggest fundraising event, and OLLI has been given the opportunity to purchase tickets in the Reserved Table area. A special pricing will be available for our OLLI members. These tickets will only be sold to OLLI members and their guests at \$50 per seat. A portion of this cost will go towards CSUF Student Performer Sponsorship by OLLI. Seating is limited, so be sure to order tickets early. No tickets will be sold at the concert.

Coupons for tickets are available in the ChroniCLE, OLLI office, OLLI website and OLLI News Bytes.

Bring a picnic dinner, or purchase food at gourmet food trucks. As before, alcoholic beverages may only be purchased on site—**no outside sources of alcohol are allowed**.

Tables will only be reserved for groups who order a table of ten (10) and list the members of the table at the time of purchase on the back side of the reservation form. Tables are limited to 10 people

#### **Special Events**

#### **Events Requiring Registration** L.A. Harbor Cruise

Wednesday, September 6 • 8 a.m.-3 p.m.

A two-hour, narrated boat tour of Los Angeles and Long Beach Harbors, sighting cargo and cruise ship terminals, possibly the Queen Mary, the battleship Iowa and much more, followed by two hours of shopping at a harbor shopping village. The event price is \$50. Registration ends August 4.

#### **Concert Under the Stars**

Saturday, September 23 • CSUF Intramural Field (north of Titan Gym)

See the separate article in this ChroniCLE for details. Sign-ups start July 24 and end August 25.

#### **Monterey, Carmel & Redwoods Trip** October 1-4

Amtrak train from Union Station to San Luis Obispo, then deluxe motorcoach to Monterey, where you stay three nights in an AAA, four diamond hotel near Fisherman's Wharf. Sights include the 17 Mile Drive, Pacific Grove, Carmel and Solvang with wine tasting and more along the way. Cost is \$949 (\$1,249 single occupancy). Registration ends July 31.

Flyers and sign-up coupons for events requiring registration will be available in the OLLI office, and on the OLLI website at <u>http://olli.fullerton.</u> <u>edu/</u> under "CLASSES/ACTIVITIES" - "OLLI EVENTS" or "DAY AND OVERNIGHT TRIPS." <u>No Registration Required</u>

**OLLI Open House** (**Open to the Public**) Saturday, August 12 • 9 a.m.-noon • Ruby Gerontology Center

See details in separate notice in this ChroniCLE.

only. Reserved tables will cost \$500 per table. All other seating is on a first-come basis. Tickets will be distributed at the OLLI office during the week of the event and pick up dates will be posted when available.

Separate CSUF Sponsorship Tables are available to those members or businesses wishing to reserve a full-service table in the special designated seating area. Information for those opportunities can be found through the following link: <u>http://www.</u> <u>fullerton.edu/concert/table-sponsorship.asp</u>



## OLLI

at California State University, Fullerton *"A Continuing Learning Experience"* 1979 - 2017: 38 Years of Excellence *Ruby Gerontology Center, Room 7 P.O. Box 6870 Fullerton, California 92834-6870* (657) 278-2446

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## Not Receiving OLLI Emails?

**Address Service** 

Requested

If you have unsusbscribed in response to **any** OLLI email, you have unsusbscribed from **all** OLLI emails.If, for any reason, you are **not** already receiving OLLI emails about upcoming classes, events and special notices, you can subscribe (or re-subscribe) by going to <u>http://tinyurl.com/olliEmailSignUp</u> and entering your email address, first name and last name.

If you still have trouble receiving emails from OLLI, send an email to <u>ollinewsbytes@hotmail.com</u> and include your name and email address.



## How to Get the ChroniCLE by Email - Save Trees and Stamps!

Unless you elected not to receive emails from OLLI, you are currently receiving an email each month announcing the new ChroniCLE and calendar for the upcoming month with links to view or download the publications. You can also access the most recent ChroniCLEs and calendars through links in the weekly OLLI News Bytes and on the OLLI Website.

If you are receiving the ChroniCLE in the mail, but no longer want it mailed to your home, send an email to <u>olli-info@fullerton.edu</u> with **your name and address** stating: "Do **not** send me a ChroniCLE in the mail." If you ever need the printed version, copies are always available in the OLLI office.

If you Need to Contact OLLI

Website: <u>http://olli.fullerton.edu</u> Email: <u>olli-info@fullerton.edu</u>