



## President’s Message



On behalf of all the OLLI members, I would like to extend a warm welcome to new members joining the OLLI family for the start of the 2018/19 academic year. Don’t hesitate to ask

questions of any of the members you meet. Even if they don’t have the answer, most can introduce you to someone who does. For returning members, please make a point of greeting a new member, those with the orange dot on their badges.

There is a new section in the Blue Book reminding all of OLLI’s commitment to positive member experiences and fostering a climate of civility. Civility means displaying respect for others, and being able to constructively exchange thoughts and opinions on what may be very different ideas and philosophies. OLLI enjoys many classes that encourage discourse on controversial topics. Passion can sometimes escalate into rhetoric and harsh tones that will effectively end any constructive discourse.

Practicing the following points, in or out of class, will lead to some great discussions, and OLLI will continue to be a great place to exchange ideas.

1. Actively work to pay attention to others and really listen.
2. Be inclusive in class and in casual groups.
3. Show respect for the individual.
4. Look for points of agreement.
5. Apologize, even for the little things.

A note regarding parking. Through mid-October, parking on campus will be very tight, and at

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## **Commitment to Positive Member Experiences**

We want all OLLI members to have the best possible experiences at our classes, programs and special events regardless of any differences in gender, heritage, abilities or political ideology. The OLLI leadership and staff are intent on helping you understand the expectations about standards of behavior. These are important to maintaining the high quality of OLLI as a community of learners in a variety of settings that promote learning while also providing for the respectful, open exchange of ideas.

We urge all members to become familiar with, and to practice the standards, in two adopted policies. OLLI’s Ethical Environment Policy (Policy 2.6) supports an environment that is free of discrimination and harassment by incorporating the University’s Policy Statement 100.006, fostering a climate of civility. That includes displaying respect for others and engaging in respectful discourse on diverse ideas. Please review these policies at <http://olli.fullerton.edu/> (click on OLLI-CSUF POLICIES) and keep them in mind throughout your time at OLLI activities. Per the OLLI policy, any related grievances or incidents should be reported immediately to any OLLI officer or to the OLLI Administrative Manager. In cases of egregious acts (thankfully rare), OLLI may assess sanctions up to and including suspension or termination of membership.

*Jim Monroe, President, OLLI Board of Trustees*

**We want your** ideas, suggestions and solutions. Just drop a note in the suggestion box in the Shapiro Lobby, or email Jim Monroe at [jim.ellie@mindspring.com](mailto:jim.ellie@mindspring.com).



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## The Many Responsibilities of Thom Gortner, VP Facilities

Thom Gortner has been OLLI’s Vice President



Facilities since May 2017, following his election in April to serve a two-year term. Gene Hiegel and Tony Package, who each previously served as VP Facilities, were a great help to Thom in learning his responsibilities.

Thom is responsible for the maintenance and any needed replacement of most of the furniture and equipment OLLI members utilize at the Ruby Gerontology Center. The cost of maintaining the building’s contents is budgeted by OLLI’s operating funds. Although the RGC building itself was built with donations raised by OLLI’s founding members, the University provides janitorial services and grounds maintenance. The cost of any non-routine cleaning of carpets, etc. for events like OLLI’s annual Open House is paid by OLLI.

Thom is responsible for the budget to keep

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## Wearing Name Tags Required for All OLLI Members



Beginning with the fall 2018 semester, OLLI is reemphasizing the requirement that all OLLI members must wear their current name badges at the Ruby Gerontology Center and while attending all OLLI programs, either on or off campus.

There are a variety of reasons for this requirement, including:

1. Some of us do not have a good memory for names, and this is not improving with age. It is extremely distracting to try to remember names while participating in discussions.
2. It is part of OLLI’s culture to be welcoming. Wearing the name badge encourages dialogue with new members, and helps them feel more welcome at OLLI.
3. It is really helpful to the OLLI office staff to know who they are talking to. It will always start the conversation on a more positive note.
4. There are discounts available for those wearing an OLLI badge at the student housing Marketplace, the Titan Bookstore and several other campus shops.
5. Lastly, a few people have attended OLLI member-only classes without joining. This is isolated, happening only a few times in the last several years. If noticed this will be dealt with discreetly by Patsy Burns (OLLI office), and not a member, coordinator or board officer.

Temporary name tags for members are available in the OLLI office for members who forget their badge.

Guests are welcome to attend one or two classes or events per semester in addition to those designated as open to family and guests. Guest guidelines include:

1. Caregivers are not “guests” in the normal sense. Caregivers accompanying guests or

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*Wearing Name ...Continued from Page 2*

members to class are always welcome and do not need a name tag. A caregiver guest name tag will be provided if requested by the member.

2. Name tags are not required for guests who are:
  - a. Attending an “Open to the Public” class.
  - b. Family and friends attending a class or event (e.g., performances) designated as open to family and friends.
  - c. Guest speakers.
  - d. CSUF faculty, staff and students invited by the instructor or coordinator, or involved in the OLLI-CSUF Collaboration program.

Name tags for guests are available from the OLLI office.

*Patsy Burns, Administrative Manager*

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facilities neat and orderly. For example, he had to repair a damaged table, and he constructed a 5x6-foot roof to cover the enclosure just outside the Shapiro Wing patio where the ceramics class places their beautiful work. Thom must present projects that will cost over \$750 to the Board of Trustees for approval.

He must anticipate and budget for future needs. As things age, they must be evaluated as to their disposition for repair, replacement or disposal. This excludes the audio-visual and computer electronics, which are the responsibility of the Vice President Technology, Joyce Ono.

Thom has been preparing for the painting of the walls and installation of laminate flooring in the rooms occupied by the OLLI office staff. The expenditures were recently approved by the Board. The work is planned to begin after the August 11 Open House. Similar work in meeting Rooms 8 and 9 is being considered, but await the completion of the OLLI office.

The kitchen is also under Thom’s purview. Fortunately, he has the perfect volunteer to handle the coffee responsibility—Arie Passchier, the “King of Coffee.” Arie buys the products and keeps the coffee supplies stocked. Class coordinators are assigned coffee preparation and cleanup duties before or after their classes. The OLLI office collects the money left by members for coffee donations, then Arie submits his purchase receipts

for reimbursement.

The OLLI Trolley equipment is considered past its prime, and one of the two electric vehicles has broken down. Thom is evaluating the cost of replacement parts or replacing the vehicle itself. Along with the cost, he must consider such things as whether it’s small enough to negotiate the path to parking Lot G and the required turns.

For the Open House Thom is responsible for setting up the pop-up tents, moving the tables and chairs and seeing that they are returned to their proper locations after the event. Moving furniture and equipment is routinely needed for various events, and this activity is strongly supported by OLLI members in Dennis Wilson’s poker class.

With all Thom does to support OLLI’s facilities, let’s all do our best to care for our facility and its equipment and furnishings, and offer Thom assistance whenever we can.

*Denny Bean, Staff Writer*

## **New Members: Take Note**

### **New Member Orientation**

New OLLI members are invited to attend an orientation session to learn more about OLLI-CSUF on Thursday, September 13 at 2:30-4 p.m. in Shapiro ABCD. Meet with members of the OLLI Board of Trustees as well as other new members. Learn of the many benefits of membership and how to access them to enhance your OLLI experience. Learn of our many volunteer activities that you can participate in. Following the presentation, please join us for refreshments and door prizes.

### **Welcoming Social**

All members are cordially invited to come to welcome our new members on Thursday, September 20 at 3-5 p.m. in Shapiro ABCD. This promises to be a great event highlighted by entertainment and dance music, and there will be light refreshments and a chance to win prizes.

### **New Member Round Table Discussion**

This is an opportunity for new members to have a casual round table discussion with OLLI officers and committee members on Thursday October 4 at 2-3:30 p.m. in Shapiro ABCD to answer questions about OLLI. Light refreshments will be served.

*Ellie Monroe, Vice President Membership*

## Engineering and Computer Science Mentor/Mentee Celebration Dinner



OLLI and the School of Engineering and Computer Science partnered during the fall 2017 and spring 2018 semesters to launch a one-to-one mentoring program. Eight mentors consisting of OLLI members and non-OLLI friends of ECS, guided students through their studies at CSUF.

The vision of the program is to pair students with successful adults who can support and assist the student with life experience issues. It was recognized that engineering students experience difficult and stressful academic paths without understanding the impact of learning “soft skills.”

Soft skills include communicating, negotiating, compromising etc.; “Hard skills are skills where the rules stay the same regardless of which company, circumstances or people you work with. In contrast, soft skills are skills where the rules change depending on the company culture and people you work with.” —Lei Han.

A celebratory dinner at The Cellar was held on May 29 to mark the successful end of the spring semester activities. Pictured are OLLI members John Blaydes and Janice Jeng with their student mentees and other mentors.

*Janice Jeng, Vice President External Relations*



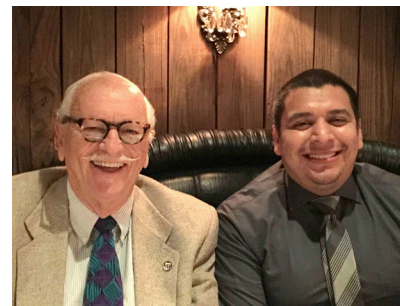
## OLLI-CSUF Collaboration Luncheon with CSUF Associate Deans

The OLLI -CSUF Collaboration Steering Committee met for discussion and lunch on July 10th with the Steering Committee of Associate Deans and a representative from Mihaylo School of Business. The Collaboration is now in its seventh year of operation.



The CSUF Steering Committee guides the OLLI working committee, serves as the focal point in their colleges for emerging

opportunities, keeps departmental colleagues updated on the status of projects and activities and attends periodic steering committee meetings.



In the Collaboration Program Overview benefits were noted that, for OLLI, involvement leads to purposeful living and its

positive impact on member’s health, well-being and long life. For CSUF it helps to broaden students’ educational experience, and assists in preparing them for successful careers including support for High Impact Practices and performance opportunities for students and faculty

OLLI provides members to tutor, mentor, lecture, consult, conduct panels, share life experiences, serve as research test subjects and assist in student projects. The university provided speakers for the OLLI “Tales of a Great University” lecture series, provided space for the book signing day for OLLI authors in the Pollak Library and brings to OLLI a wide variety of musical talent throughout the year.

At the meeting, Fritz von Coelln apprised

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# Let's Play Bingo Luncheon —June 16, 2018



## UEE/IPGE Is Now EIP—Say What?

OLLI-CSUF is administered by University Extended Education/International Programs & Global Engagement (UEE/IPGE) within the Division of Academic Affairs of Cal State Fullerton. To streamline, UEE/IPGE has updated its name to Extension and International Programs (EIP).



EIP provides and manages the OLLI office staff, headed by Administrative Manager Patsy Burns, and EIP oversees the many services provided by CSUF to OLLI. Dr. Christopher Swarat, Interim Associate Vice President of EIP, leads EIP and Associate Dean Dr. Caroline Carpenter provides guidance to OLLI

and represents EIP at OLLI's Board of Trustees meetings. Both assist OLLI to maintain the close relationship between OLLI and CSUF that has existed for many years.



September 2018 marks 39 years OLLI has flourished on the University campus, all of which were supported by UEE (now EIP). The University is always evolving. 39 years ago, UEE was known as OEE (Office of Extended Education), and OLLI

started out as CLE (Continuing Learning Experience). In early 1979, it was a director in OEE named Betty Robertson (pictured first) who proposed an educational program for the underserved retirees in the community, who would pay their own way, developing their own organization run by volunteers and providing their own programs given by volunteer instructors. By September 1979 she had recruited community leaders who (along with Betty) became the founders of CLE, and its first classes commenced.

The exceptional support that Director Betty Robertson of OEE established those many years

ago continues to this day led by Associate Dean Caroline Carpenter (pictured second) and the team at EIP. We thank them for their support.

*Chris Shaw, Editor*

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the group of the on- and off-campus activities of the OLLI flash mob, seniors dancing in plazas and streets for the sheer joy it brings to all. John Blaydes, a noted educator, presented transfer student German Luevano. John became a mentor for German, coached him in study skills and helped him to raise his grade-point average. German spoke to the group about how the support helped him to bring his grades up and adjust to life at CSUF.

During lunch the two teams discussed ways in which the group could help each other in providing more avenues of support for the Collaboration Program.

OLLI members interested in volunteering for Collaboration Program activities are advised to keep an eye on OLLI News Bytes online for upcoming opportunities.

*Alice Gresto, Staff Writer*

## The Benefits of Mental Gymnastics

Want to learn how to play bridge? It could be good for your brain.

“Bridge, Really Beginning Bridge and Supervised Play” is just the class for those who are new to the game, as well as people who want a brush-up. Held on Friday mornings, this course can help you learn bridge and have a good time.

If you already have bridge skills, you might want to consider “Bridge, Duplicate” on Monday mornings, or “Bridge, Intermediate” on Fridays.

According to an article in the AARP bulletin, a study at UC Berkeley “found strong evidence that an area in the brain used in playing bridge stimulates the immune system. Researchers suggest that is because players must use memory, visualization and sequencing.”

“A 2014 study by the University of Wisconsin-Madison found that playing card and board games can help older people retain their mental

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times nearly impossible. Consider carpooling if you can. Arrive early in the morning, or as OLLI classes are ending. The spaces in OLLI's Lot J fill quickly, and student lots will be jammed. If you are able, consider using the offsite parking and university provided shuttles or three-hour parking areas west of the tennis courts. Please do not, under any circumstances, park in the Arboretum parking lot (dirt lot, east of Lot G). Check the OLLI News Bytes for updates on parking.

*Jim Monroe, President, OLLI Board of Trustees*

## **Concert Under the Stars Saturday, September 29, 2018**

**Ticket reservation ends:  
Monday, September 10**

Cal State Fullerton's Concert Under the Stars will be held on Saturday, September 29 on the athletic field located on Gym Drive. Guests will enjoy an evening of exceptional entertainment by talented students and alumni. Gates open at 5 p.m. and the concert will begin at 7:30 p.m., ending in a gala fireworks display. Bring a picnic dinner, or purchase food at gourmet food trucks. As before, alcoholic beverages may only be purchased on site—**no outside sources of alcohol are allowed.**

This is CSUF's biggest fundraising event, and OLLI has been given the opportunity to purchase tickets in the Reserved Table area. Special pricing will be available for our OLLI members. These tickets will only be sold to OLLI members and their guests at a discounted price of \$50 per seat. Once our limit has been reached or the reservation deadline has expired, tickets may be available at the CSUF ticket office at a cost of \$75 each. CSUF will not be offering an "early bird" discount.

The OLLI Office is now accepting reservations. **No reservations will be accepted after Monday, September 10, 2018** per CSUF request. Coupons for tickets are available in the ChroniCLE, OLLI office, OLLI website and OLLI News Bytes

If you are able, please consider a tax-deductible donation with your order, to support the Student Performers fund. Any amount is appreciated.

## **Special Events**

### **Events Requiring Registration**

#### **Getty Villa Museum in Malibu**

Thursday, September 27 • 8 a.m.-5 p.m. • Lot A  
The world famous Getty Villa Museum in Malibu features one of the world's largest collections of Greek and Roman art. Registration begins Sep 4 and ends Sep 17.

#### **The Queen Mary and Blue Whales**

Monday, October 22 • 9:30 a.m.-7 p.m. • Lot A  
Guided tour of the Queen Mary, then cruise out of Long Beach Harbor for whale watching. Registration begins September 17.

#### **Mask Querade Party**

Saturday, October 27 • 4 p.m. • RGC  
Tickets \$15. This includes a social hour, BBQ dinner, entertainment by CSUF Jazz Ensemble and a mask contest. Registration begins Sep. 22.

#### **Carlsbad Gemological Institute**

Wednesday, November 7 • 9 a.m.-6 p.m. • Lot A.  
Lunch at Green Dragon Restaurant and Museum then tour Gemological Institute of America. Registration begins September 24.

#### **Concert Under the Stars**

Saturday, September 29 • 5-9:45 p.m. • CSUF  
(see separate announcement for details)

#### **No Registration Required**

#### **New Member Orientation**

Thursday, September 13 • 2:30-4 p.m. • Shapiro  
(see separate announcement for details)

#### **Welcoming Social**

Thursday, September 30 • 3-5 p.m. • Shapiro  
(see separate announcement for details)

#### **More Information**

Flyers and sign-up coupons for events requiring registration will be available in the OLLI office, and on the OLLI website at <http://olli.fullerton.edu/> under "CLASSES/ ACTIVITIES" - "OLLI EVENTS" or "DAY AND OVERNIGHT TRIPS."

Watch for updates in future ChroniCLEs, OLLI News Bytes and Events Open to the Public newsletters.

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sharpness," according to AARP. In addition, "those who played more frequently also scored higher on cognitive tests."

For more information on Bridge courses, see the Course Catalog at <http://olli.fullerton.edu/>.

*Nancy Hill, CSUF-EIP Contributor*



## OLLI

at California State University, Fullerton

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### **Not Receiving OLLI Emails?**

If you have unsubscribed in response to **any** OLLI email, you have unsubscribed from **all** OLLI emails. If, for any reason, you are **not** already receiving OLLI emails about upcoming classes, events and special notices, you can subscribe (or re-subscribe) by going to <http://tinyurl.com/olliEmailSignUp> and entering your email address, first name and last name.

If you still have trouble receiving emails from OLLI, send an email to [ollinewsbytes@hotmail.com](mailto:ollinewsbytes@hotmail.com) and include your name and email address.



### **How to Get the ChroniCLE by Email - Save Trees and Stamps!**

Unless you elected not to receive emails from OLLI, you are currently receiving an email each month announcing the new ChroniCLE and calendar for the upcoming month with links to view or download the publications. You can also access the most recent ChroniCLEs and calendars through links in the weekly OLLI News Bytes and on the OLLI Website.

If you are receiving the ChroniCLE in the mail, but no longer want it mailed to your home, send an email to [olli-info@fullerton.edu](mailto:olli-info@fullerton.edu) with **your name and address** stating: "Do **not** send me a ChroniCLE in the mail." If you ever need the printed version, copies are always available in the OLLI office.

### **If you Need to Contact OLLI**

Website: <http://olli.fullerton.edu>

Email: [olli-info@fullerton.edu](mailto:olli-info@fullerton.edu)