"A Continuing Learning Experience"

October 2018

Volume XXXX Number 2

### **President's Message**

With the fall semester well underway, I trust



that you have endured the initial parking challenges. While the congestion may ease slightly in the next month, please continue to explore alternatives, perhaps sharing a ride with a classmate or

friend, or riding the OCTA bus.

While at OLLI, remember to look for those with an orange dot on their badge. Please welcome these new members and include them in your class or courtyard discussions. One of the great things about OLLI is the opportunity to meet a very diverse group, all with interesting stories and perspectives.

One way that you can really make a difference is to participate in one of the many collaboration activities with CSUF. It is an opportunity to share your experience and skills, and perhaps make a difference in a student's success. Collaboration activities range from a few hours for a one time panel, to monthly or weekly mentoring, to participation as research test subjects. It might also mean learning about and hearing portions of the upcoming music or theater programs. Review the OLLI News Bytes notices or the Volunteer section of the olli.fullerton.edu website for more information.

Jim Monroe, President, OLLI Board of Trustees

"I don't remember anybody's name. How do you think the 'dahling' thing got started" – Zsa Zsa Gabor.

Please wear your name badge while at OLLI.

# **Open House Staged August 11**

On Saturday, August 11 nearly 400 guests and OLLI members, including the skillful volunteers who staged the event, attended a well-run, entertaining and informative Open House to showcase OLLI's programs and facilities in advance of the new academic year. Of the 178 guests, 78 registered that day with the help of OLLI volunteers in the computer lab to become new members of OLLI.

Tents shading numerous OLLI program tables, highlighted by impressive art displays, filled half of parking Lot H just west of the Ruby Gerontology Center, and many other programs were displayed throughout the RGC classrooms. Members of "Ukulele for Fun 101" provided entertainment in Lot H, and the OLLI Flash Mob did a surprise (what else?) performance.

Before the program presentations in the Mackey Auditorium started, the OLLI Chorale performed to the delight of a near-capacity audience, ending with a show-stopping rendition of "Hello OLLI" (amusingly adapted from "Hello Dolly").

President Jim Monroe opened the program spotlighting OLLI's history, the benefits of membership and our relationship with Cal State Fullerton. Jim then introduced CSUF President Fram Virjee, who lauded OLLI's contribution to the University. Then Benson Chin, Vice President Programs, gave a comprehensive presentation of OLLI's 130+ programs, highlighted by Betty Redmon's cleverly-poetic description of OLLI's arts programs. Dr. Joe Lawton discussed the popular "Medical Series" and, of course, his health-improving "Jazz Series;" Russ MacKeand, TiR Committee Chair, detailed the Transitions in Retirement programs; Janice Jeng, Vice President External Relations, described the OLLI-CSUF Collaboration Program; and Ellie Monroe, Vice Open House ... Continued on Page 7



PresidentJim Monroe
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Vice President Communication
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# Chris Shaw, Vice President Communications

My job as the Vice President Communications is to oversee a large assortment of electronic and



print media that communicate information to OLLI members. Some of these also represent OLLI to the public.

The **Blue Book** course catalogue is OLLI's oldest (going back to 1979) and most relied-upon source of

information, which is printed each semester. It focuses on describing the courses offered and their schedule, but it goes beyond that, providing information, maps and other references. I am the editor and the four copy editors are Judy Alter, Susan Hanna, Linda Kapiloff and Char Oliva. A great number of other people also contribute to the Blue Book. Page 21 of the fall 2018 Blue Book lists the OLLI members who put it together, and course instructors and coordinators are listed with their course descriptions throughout the publication. The Blue Book is also OLLI's printed "face to the public" used in soliciting new members.

The **ChroniCLE** also goes back to OLLI's roots. This newsletter is published like a newspaper and emailed to all members monthly (except July and December), and available in printed form. It reports on what is going on at OLLI, giving profiles and photos of courses, activities and the people that make it all happen. I am the editor of the ChroniCLE; Elaine Mitchell is assistant editor; Denny Bean, Alice Gresto and Mary Sampson are staff writers; and Celia Reynolds of the OLLI office handles desktop publishing. If you wish to submit anything for potential publication, you can email me at tashawc01@gmail.com.

Two weekly electronic newsletters, the **OLLI News Bytes** and **OLLI Events Open to the Public**, distributed via email, provide weekly curriculum updates. They also provide announcements to members, volunteer opportunities, what's going on at CSUF and other handy information. Ginger Barnhart is editor of the OLLI News Bytes, and Melinda Wiltsie is editor of the OLLI Events Open to the Public. They often back each other up on the two publications, plus produce stand-alone emails to members with important time-sensitive information. Marilynn Bates and Linda Kapiloff provide proofreading. If you want to submit an item for the newsletters, see the instructions for submission listed at the end of each newsletter.

An **electronic bulletin board** in the lobby of the Shapiro Wing lists the schedule of classes for the week, plus rotating features pulled from the weekly newsletters and the ChroniCLE. This is maintained by Jim Cenname.

The **OLLI website** holds a vast array of information for members and the public, including the full schedule of courses, with descriptions, for the entire semester at <a href="http://olli.fullerton.edu/">http://olli.fullerton.edu/</a>. The webmaster is Dan Coby, and he is assisted by editors Ginger Barnhart, Winnie Ho, Carole Johnson and Bev Risse. A short-cut button that can be downloaded from the homepage by clicking on *OLLI ON YOUR PHONE/TABLET*, so you can easily access OLLI's website.

The **Photo Resource Committee** provides a database of all photos taken of OLLI members and activities. That committee, chaired by Jim

Chris Shaw ... Continued on Page 7

#### **OLLI Honors Its Donors**

The OLLI-CSUF Board of Trustees wishes to publicly acknowledge and thank our members and friends of OLLI who donated to OLLI during the fiscal year, ending June 30, 2018.

"We very much appreciate each and every donation—of any size," stated Jim Monroe, President of OLLI-CSUF. We use these tax-deductible gifts to keep our membership dues affordable and to ensure sufficient funds are available to meet our operating and capital equipment needs, unless the donation is directed by the donor to one of our seven specific-use funds, which are described in the Blue Book.

Following is an alphabetical listing of the donors:

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OLLI Honors ... Continued on Page 6



# OLLI Open House—August 11, 2018













# The Other Beneficiary Designation

Are you a longtime member and supporter of OLLICSUF? Perhaps you have been thinking about how you could make a significant gift to support our work. By designating OLLICSUF as a beneficiary of a qualified retirement account or life insurance policy, you will make it a significant gift to OLLI.

But did you know there is another type of beneficiary designation? You may not be familiar with the POD and TOD provision. Similar to the beneficiary designation is the Transfer on Death (TOD) or Payable on Death (POD) provision. This method allows you to transfer assets without the expense of a will or trust. A TOD is generally used for investable assets, such as securities, bonds and mutual funds. A POD is generally used for savings accounts, money market accounts and CDs.

Through a TOD or POD arrangement, you do not have to work with an attorney or accountant to prepare or revise a will that names OLLI-CSUF as a beneficiary. You will need to notify the manager of your financial institution and complete the necessary designation forms.

Planned gifts to support OLLI-CSUF are coordinated through CSUF University Advancement. Please visit <a href="www.csufplannedgift.">www.csufplannedgift.</a>
org or contact us to learn about all of the benefits of making a charitable bequest and how it can help OLLI-CSUF continue our important work. If you're interested in establishing your legacy and making a lasting impact at OLLI-CSUF through membership in the <a href="mailto:Ontiveros Legacy Society">Ontiveros Legacy Society</a>, please contact our Office of Planned Giving at 657-278-3947 or <a href="mailto:CSUFPlannedGift@fullerton.edu">CSUFPlannedGift@fullerton.edu</a>.

Hart Roussel, Director, Planned Giving, CSUF

#### Frankenstein at 200: 1818-2018

From October 27 to November 2, CSUF is honoring 200 years of Frankenstein. Don't miss the following events in Pollak Library North (unless otherwise stated), especially the performance by OLLI's Flash Mob:

• Saturday, October 27, 5 p.m.: David Sandner's talk, "The Frankenstein Meme Project," for donors and the ongoing collections, including the opening of the Art/Special Collections Exhibit and Mary

OLLI Honors ... Continued from page 3

Kirt M. & Donna J. Spradlin Jane Steckler

Marie Stiegler

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Kerry Strathman

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Melinda & Russell Wiltsie, Jr.

Rosa Yeung

Ray & M. Kiyo Young

Frances R. Zates

[\*indicates deceased]

Chris Shaw, Editor

Shelley's literary influence.

- Monday, October 29: OLLI Flash Mob at 12:10 p.m. at the quad/front of Pollak Library; 2:30 p.m. Frankenzine reading; and 5 p.m. Mary Shelley Writing Workshop.
- Tuesday, October 30, 11:30 a.m.: David Sandner on students' contributions to the project.
- Wednesday, October 31: 9 a.m. Frankenreads in Pollak Library.
- Friday, November 2: Frankenstein Meme Art Show, Hibbleton Gallery kickoff of downtown Fullerton ArtWalk.

Join in the fun as Patrons of the Library (including OLLI-member patrons) terrify us once again with the amazing Frankenstein ... not to mention, the transformation of key OLLI members into beings that only Vincent Price could praise. *Jeanette Reese, OLLI Member* 

#### Chris Shaw ... Continued from Page 2

Cenname, maintains a cadre of OLLI photographers who attend and immortalize OLLI's events and take portraits of OLLI members, which are used in OLLI's Blue Book, ChroniCLE, Transitions in Retirement brochure and various other presentations to both members and the public. Photographers are welcome—contact Jim at

jimcenname@csu.fullerton.edu.

Finally, our newest communication medium is OLLI's **Facebook** page. Jim Cenname also manages this, plus any other social media we may utilize, focusing on pictures with descriptions of activities at OLLI. This is another fun way to keep up with what's going on at OLLI, and it is another way we promote OLLI to the public.

I am fortunate to have these talented and committed volunteers on the Communications Team.

Chris Shaw, VP Communications

#### Jodi's Hack Attack

I just love avocados. But don't you hate that yucky brown color that happens soon after you cut one open or make guacamole. I know the trick of leaving the pit in the bowl, but it can still make it turn brown and not that attractive. I do two things. For either prepared guacamole or when I have cut the avocado, I first put a very thin layer of olive oil or vegetable oil over the surface of the exposed avocado. Then I put plastic wrap right ON the surface of the avocado—I mean smash it down right onto the guacamole or avocado so there are no air space. It will usually stay green for a few days if covered properly. Remove plastic before serving (ha!).

By the way, use a TABLE knife to cut it and always wash them first. You are dragging your knife through every person who has touched, pinched or squeezed that avocado! Ewww.

Jodi Chistin, Member Contributor



# **Special Events Events Requiring Registration**

#### The Queen Mary and Blue Whales

Monday, October 22 • 9:30 a.m-7 p.m. • Lot A Guided tour of the Queen Mary, then cruise out of Long Beach Harbor for whale watching.

Registration ends October 8.

#### "Mask" Querade Party

Saturday, October 27 • 4 p.m. • RGC Tickets \$15. This includes a social hour, BBQ dinner, entertainment by CSUF Jazz Ensemble and a mask contest. Registration ends Oct. 22.

#### Carlsbad Gemological Institute

Wednesday, November 7 • 9 a.m.-6 p.m. • A Lunch at Green Dragon Restaurant and Museum then tour Gemological Institute of America. <u>Registration</u> ends October 15.

# No Registration Required New Member Round Table Discussion

Thursday, October 4 • 2-3:30 p.m. • Shapiro This is an opportunity for new members to have a casual round table discussion with OLLI officers and committee members to answer questions about OLLI. Light refreshments will be served.

#### **More Information**

Flyers and sign-up coupons for events requiring registration will be available in the OLLI office, and on the OLLI website at <a href="http://olli.fullerton.edu/">http://olli.fullerton.edu/</a> under "CLASSES/ ACTIVITIES" - "OLLI EVENTS" or "DAY AND OVERNIGHT TRIPS." Watch for updates in future ChroniCLEs, OLLI News Bytes and Events Open to the Public newsletters.

#### Open House ... Continued from Page 1

President Membership, invited the audience to join OLLI's 350 volunteers, who make it all happen, and meet "the best people" in the process.

Jim Monroe closed the program by encouraging the audience to stay and enjoy the OLLI Orchestra and Jazz Band in the courtyard, visit the course display areas, register to join OLLI in Room 20 and partake of light refreshments in the Shapiro Wing.

Chris Shaw, Editor



## **OLLI**

at California State University, Fullerton "A Continuing Learning Experience" 1979 - 2018: 39 Years of Excellence Ruby Gerontology Center, Room 7 P.O. Box 6870 Fullerton, California 92834-6870 (657) 278-2446

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# **Not Receiving OLLI Emails?**

If you have unsubscribed in response to **any** OLLI email, you have unsubscribed from **all** OLLI emails. If, for any reason, you are **not** already receiving OLLI emails about upcoming classes, events and special notices, you can subscribe (or re-subscribe) by going to <a href="http://tinyurl.com/olliEmailSignUp">http://tinyurl.com/olliEmailSignUp</a> and entering your email address, first name and last name.

If you still have trouble receiving emails from OLLI, send an email to <u>ollinewsbytes@hotmail.com</u> and include your name and email address.

# How to Get the ChroniCLE by Email - Save Trees and Stamps!

Unless you elected not to receive emails from OLLI, you are currently receiving an email each month announcing the new ChroniCLE and calendar for the upcoming month with links to view or download the publications. You can also access the most recent ChroniCLEs and calendars through links in the weekly OLLI News Bytes and on the OLLI Website.

If you are receiving the ChroniCLE in the mail, but no longer want it mailed to your home, send an email to <u>olli-info@fullerton.edu</u> with **your name and address** stating: "Do **not** send me a ChroniCLE in the mail." If you ever need the printed version, copies are always available in the OLLI office.

# If you Need to Contact OLLI

Website: <a href="http://olli.fullerton.edu">http://olli.fullerton.edu</a>
Email: <a href="mailto:olli-info@fullerton.edu">olli-info@fullerton.edu</a>