



## President’s Message

Erma Bombeck said that “volunteers are the only human beings on the face of the earth who reflect this nation’s compassion, unselfish caring, patience, and just plain loving one another.”



Volunteers at OLLI are no exception, reflecting these same attributes and helping us be the great community you experience every day. In

the coming weeks, before the Thanksgiving break, take a few minutes to thank those who volunteer at OLLI and make a positive impact on your life. I’m sure this includes OLLI instructors and class coordinators that you see on a regular basis. Don’t forget the OLLI office team, the committee members planning and hosting the classes, trips and events, and many others who are always ready to help out.

I invite you to become an OLLI Volunteer. This can be as simple as helping set up for a class you are attending or making coffee every few weeks. It can be personally rewarding when you share your wisdom with students through mentoring or a panel discussion. There are dozens of volunteer opportunities for every interest and ability. If you are not sure how to get started, send an email to [olli-info@fullerton.edu](mailto:olli-info@fullerton.edu), or see Ellie or me when you are at OLLI. If you are looking for another way to support OLLI, consider participating on the OLLI Board of Trustees. The Board of Trustees is the policy making group that provides direction for OLLI. Information on the open positions and the application process may be found in the article following this article.

On behalf of the OLLI board and staff, our sincere thanks to all OLLI members for making

this a great community.

“You give but little when you give of your possessions. It is when you give of yourself that you truly give.” ~Kahlil Gibran

*Jim Monroe, President, OLLI Board of Trustees*

## **OLLI Board of Trustees Openings and Application Process**

Each year a portion of the officers and trustees at large complete their terms of office on the Board of Trustees, and new members are elected to replace them. The election takes place at the General Meeting and Election in April.

The following positions will be up for election in April 2019:

President—one-year term (may be re-elected for second one-year term).

Vice President Programs—two-year term.

Vice President Membership—two-year term.

Vice President Facilities—two-year term.

Vice President Hospitality—two-year term.

Treasurer—two-year term.

Trustees at Large (five positions)—two-year terms.

All OLLI members are encouraged to communicate their interest in being nominated for any of these positions by completing a short and confidential application form and submitting it to the OLLI Secretary, Linda Lockwood. .

The fillable application can be printed or downloaded from <http://olli.fullerton.edu/resources/pdfs/NominationApplication.pdf> or picked up in the OLLI office. The application can either be emailed to [lindafllockwood@yahoo.com](mailto:lindafllockwood@yahoo.com), or delivered to the OLLI office in a sealed envelope addressed to Linda Lockwood. All applications must be received no later than November 15, 2018.

Principal duties of each officer position are

*OLLI Board ...Continued on Page 7*

President . . . . .	Jim Monroe
Vice President Administration . . . . .	Ray Young
Vice President Programs . . . . .	Benson Chin
Vice President Communication . . . . .	Chris Shaw
Vice President Membership . . . . .	Ellie Monroe
Vice President External Relations . . . . .	Janice Jeng
Vice President Facilities . . . . .	Thomas Gortner
Vice President Hospitality . . . . .	Jean Bryant
Vice President Technology . . . . .	Joyce Ono
Treasurer . . . . .	Tom Toby
Secretary . . . . .	Linda Lockwood
Chris Shaw (tashawc01@gmail.com), Editor; Elaine Mitchell, Assistant Editor; Lorraine Gerni, Editor Emerita (Posth.); Denny Bean, Alice Gresto and Mary Sampson, Staff Writers	

Desktop Publishing: Celia Reynolds, Photographers: Jim Cename, Alice Gresto, Donna Spradlin and Wayne Stip

## Diversity for OLLI

One aspect of the OLLI Diversity Plan is to expand the diversity of membership within our program. Another part of the plan is to “Continue the education of OLLI members by inviting on-campus clubs/organizations and lecturers to present aspects of their unique culture. Earlier this year we heard from Jerome Hunter, coordinator of the program, as he spoke about the history of African-Americans in the USA.

On September 20 CSUF students, Vania Patino and Brenda Villa, shared their original videos at “The Hispanic Experience of Orange County” seminar in the Mackey Auditorium. The event, open to the public, is part of the Osher Lifelong Learning Institute’s Diversity Series. Vania Patino, a first generation communications major, produced a video about low income street vendors and their fight to provide for their families. Brenda Villa is a DACA recipient. Her video told about transgender women in detention centers.

The students are part of the Latino Communications Institute, a College of Communications workforce-preparedness program that supports development of US Latino cultural competency. Many LCI students are first

generation college students who find life-changing training, internship connections and mentorships during their course of study at CSUF.



Professor Jesus Ayala led the afternoon sharing the remarkable stories written, filmed and edited by the students. He shared stories of his own life as a Latino student, picked up early on by the ABC television network, about how for years as a Spanish/English speaker he worked on English language stories. It was only later, when news of interest was breaking out in Cuba and other Latin American countries, that he was sent in to use his primary language and knowledge of cultures to cover these stories for ABC.

When he was thinking about returning to university to work, he considered the big name schools like Columbia, but instead he chose to go to California State University Fullerton. He gave up a high paying, prestigious job to come to work with the CSUF Latino Communications Institute where the students learn to “write, shoot and edit, over and over and over again.” Working on the AI DIA Newscast, students learn to put together newscasts from scratch. Ayala accompanies students on work assignments to reinforce a “hands on” method of learning.

This program is sponsored by big name corporations like Southwest Airlines, (furnishing transportation), Univision (featuring student videos on their programs) and Casanova-McCann (executives giving assistance in mentoring students). The students target social justice issues during their internships in order to offer a voice to the poor and oppressed.

*Alice Gresto, Staff Writer*

## What Does It Mean to Be a Member of OLLI?



I joined the Osher Lifelong Learning Institute, known as OLLI, at Cal State Fullerton 12 years ago after I retired from teaching high school in 2005. There are more than 100 OLLI groups at universities and colleges across the country that offer

learning opportunities to retired and semi-retired persons who are not ready to spend the rest of their days vegetating in a rocking chair and letting their minds go to seed.

After joining OLLI, I was overwhelmed by the many classes that I wanted to take. Some were offered at the same times, and I had to choose. The nice thing was that I could try one, and the following week try the other one I missed. Eventually, I settled on the classes I wanted to go to each week. Sometimes, when new classes were made available, I tried them too. I had always wanted to learn to paint with watercolors, so I joined that class as soon as I joined OLLI. It is a difficult medium to work with, but I enjoy it so much. It is like a form of meditation for me. I took the “Life Story Workshop” class and did a lot of autobiographical writing. I have been in the “Poetry for Pleasure” class for 12 years. Every week, one class member is in charge of the class and chooses a poet or a theme for which the rest of us bring appropriate materials to share. If anyone has written a new poem, the class member can share that during the second hour of the class.

I really enjoy the class known as “What’s Behind the News?” It often turns to politics, but everyone is tolerant of opposing views. One of the most well-attended classes at OLLI is “See How They Run” about the political scene as it pertains to those running for office.

The first class I went to at OLLI was “Shakespeare Aloud.” Each semester, we select two plays and read them aloud in class, stopping from time to time to discuss what we have read. We also watch video excerpts of scenes from professional productions of those plays.

After I had been an OLLI member for couple of years, a friend suggested that I should teach a class on foreign films since my husband and I often go to see them. I agreed to do that and have been teaching that class for 10 years. Some people in the class have been attending as long as I have been teaching it.

A few years ago, a friend and I started a class on drama and improvisation. It has evolved into a class that has a six-week cycle. We work from scripted material for two weeks. The next two weeks are improvisation, which really makes you think fast on your feet. The final two weeks are storytelling. There are several of us who are in charge of each segment.

I had been a high school theater arts teacher, and this class is a lot of fun for me. Teaching any OLLI class is especially enjoyable for anyone who had been a teacher prior to retiring. The students at OLLI are all there because they want to be, not because they have to be.

One of the most rewarding activities for OLLI members is volunteering in the different colleges and departments on campus. Two years ago, the School of Nursing needed people to serve as patients so that their students could practice clinical skills on individuals who were not classmates. I signed up, along with about a dozen other OLLI members, to be “standardized patients.” We are given names and conditions that the students have to interview us about. The students take vital signs, but don’t do anything invasive—no shots. By the end of the semester, I had portrayed a patient recovering from knee replacement surgery. Because I can improvise in the patient scenarios, they have someone new to work with.

After retiring from teaching at the same high school for 36 years, I felt a bit at loose ends. I no longer had my “school family” to see and interact with every day. Once I joined OLLI, I had more “family” than I knew what to do with. I feel as though I have known some of those people all my life. In addition to friendship, OLLI has given me purpose. I feel valued there. I can use my teaching skills with people who, like me, still want to learn.

*Mary Sampson, Staff Writer*

[Reprinted from OC Register, June 13, 2018.]

## OLLI-CSUF Collaboration Program: A Good Fit for New Members

When I was a new member of OLLI, some 10 years ago, I really enjoyed attending so many fascinating classes, and I felt fortunate to have this enjoyable and inexpensive activity to fill all the free time that resulted from my retirement.

After a couple of years, I began to want to “give back” to the community, born from a feeling of thanks for an enjoyable career and its resulting financial success. I think I’m not unique in that feeling, and I’ll bet a lot of recently retired OLLI members share my desire to give back.

I saw there was a plethora of volunteer opportunities within OLLI, but there were several issues that gave me pause. I didn’t know much about how OLLI operated, I didn’t know many other members and I was timid (read introverted)—not the type to rush to join-in on the many social activities at OLLI. What I really wanted to do was use my career experience to help others who might benefit from the skills and knowledge I had accumulated over the many years I had worked for a large financial services corporation.

Again, I think that is probably a common desire. Recently retired professionals have a lot to offer, and it’s a natural inclination to want to volunteer their valuable career knowledge to give back. But, how to do that is the question.

For me that question was answered by Ron Osajima, who founded the OLLI-CSUF Collaboration Program in 2010 and was then chair of OLLI’s Collaboration Committee. He coordinated an opportunity for me to volunteer as a guest speaker for classes and to mentor students at Cal State Fullerton’s Mihaylo College of Business and Economics. That gave me the opportunity to share my specific expertise and experience. It was the perfect way for me to enter the world of volunteering, and it led to many other fulfilling voluntary responsibilities at OLLI.

Retirement can mean a formidable adaptation to a new way of life. If you are anything like me, you need to continue to produce something after retirement, and payment for it is far less important than the process of continuing to be productive,

particularly if that involves what you are good at.

If you want to find out how you might use what you are good at here at OLLI (and benefit the University), start with volunteering for the OLLI-CSUF Collaboration Program. Contact Janice Jeng, OLLI’s Vice President External Relations and current chair of the Collaboration Committee, at [d-jjeng@sbcglobal.net](mailto:d-jjeng@sbcglobal.net). I recommend it.

*Chris Shaw, Editor*

## What Was That Big Chalkboard About?

Did you see it in the Shapiro Lobby and at OLLI’s Open House? And what did it mean “Before I die, I want to ...”? I talked to several people the first time I saw it, but no one seemed to know. A few might have thought it was morbid, but the more “wants” I read, the more I found it intriguing. Some topics were touching, some revealing, some comedic, but the concept was definitely thought-provoking.

After a little searching, I found the go-to guy, as with many things at OLLI and beyond, was Fritz von Coelln. Fritz wrote this article to answer questions and invite us to the OLLI class, “Death Café.”

*Elaine Mitchell, Staff Writer*



Before I die I want to ...

OLLI members and prospective members contemplated their mortality and shared their personal aspirations on the “Wall” during Open House last August. A bucket list, a want list or however you wish to describe it, they filled in the

*What was ...Continued on Page 6*

# Around & About OLLI in 2018



Learning

i  
s



f  
u  
n  
!



## It's That Time of Year!

But relax, we have the Happy H'OLLI' Days Luncheon to reduce the hustle, bustle and stress that sometimes comes with the season. A delicious comfort-food luncheon, festive music, a relaxing ambiance, sharing with our OLLI friends and the suspense of drawing the winners of the beautiful prize baskets are the components of this much-anticipated event.

This year's holiday luncheon is on Wednesday, December 12 at the beautifully decorated Brea Embassy Suites; sign-in opens at 11:30 a.m. and luncheon begins at 12:30 p.m. The cost is just \$28. The menu is designed for every taste with a selection of entrees; you can choose from grilled chicken breast, roast beef, or vegetarian eggplant parmesan. Each entrée will be accompanied by green garden salad, seasonal vegetables, mashed potatoes, rolls and butter, dessert and even include lemonade, coffee, hot and iced tea. For those who would enjoy an alcoholic drink, a no-host bar is nearby.

Entertainment will be OLLI all the way as many members have requested; we are fortunate to have so many talented people among our OLLI members. Esther Fieldhouse will play piano in the lobby, and Marge Osborn's Curtain Call Strings, instructed by David Doo, will play in the dining room. After lunch we will be entertained by two more of Marge's fine musical groups, the Curtain Call Orchestra, under the direction of James Hartford, and the Voci d'Oro Chorale with accompanist, Cindy von Coelln.

The entire event will sparkle, from the charming centerpieces to the amazing prize baskets, all provided by the creative and hard-working Hospitality Committee led by Lisa Sewell, Annette Lauritzen and Tina Ernsting.

Unfortunately, seating is limited. Registration for this event begins on October 29 and must close on Wednesday, November 28. NO TICKETS can be sold at the door. Find registration flyers with this issue of the *ChronicLE*, in OLLI News Bytes, on the OLLI website and in the OLLI Office. Cash, checks and credit cards are accepted. See you there.

*Elaine Mitchell, Staff Writer*

*What was ...Continued from page 4*

blanks exposing their inner thoughts.

"One more Beer!" "Go to Holy Land!" "Have a spiritual visit by...!" "Be free of pain!" "Peace and Happiness!" "Cool Earth!" "Learn the REAL meaning of life!" On and on, our members bared their souls.

Marlo Morris, Community Engagement Coordinator for the Institute for Human Caring, monitored the board during Open House, explaining the purpose of the "Wall" and erasing some wants to allow others to appear. She distributed conversation starter kits, to stimulate talking about end-of-life care with your family.

Coordination of the Wall for OLLI's Open House was the brain child of our "Death Café" class. We discuss the meaning of death, grief and end-of-life issues; a taboo subject until recently. The wall fits in perfectly with this on-going conversation.

Candy Chang came up with the idea in 2011, painting the Wall on an abandoned house in New Orleans. It was filled with wants the next day. As she read through the responses, Candy understood her neighbors in new ways and she was reminded that she was not alone as she tried to make sense of life. The idea went viral and similar walls have appeared world-wide.

These participatory installations serve as an accessible memento mori where we can reflect upon our mortality with neighbors and passersby. Each response represents an individual's unique desires and values, and each wall offers a snapshot of our shared anxieties and hopes, our collective joys and struggles. By creating spaces where we can share our inner lives in public, "Before I Die ..." reimagines the ways we remember what really matters in an age of increasing distraction and flux.

Candy Chang describes her experiences in a Ted Talk (go to YouTube and type in Candy Chang). Begin your end-of-life conversation with your family—copies of the conversation starter kit are available in the OLLI office. Attend our "Death Café" class on Fridays at 11:45 a.m. in Room 19 to discuss this once taboo subject and find some peace with the ultimate referendum of your life.

*Fritz von Coelln, "Death Café" Coordinator*

**SAVE THE DATE**  
**OLLI China Culture Trip**  
**October 9-22, 2019**

The OLLI Trips Committee has planned and received approval for an OLLI China Culture Trip. We plan for 20-40 participants at an approximate cost of \$4,000 per person, including airfare, visa and mandatory travel insurance. Guided tours include the legendary cities of Beijing, Xi'an, Chengdu, Chongqing, Shanghai, Suzhou and the Great Wall, Terra-cotta Warriors and Pandas, plus a multi-day Yangtze River cruise. Full details will be available and registration will open December 2018. If you have been thinking of visiting China, reserve the dates for this trip with your OLLI friends!

**Scholarship Announcement**

Scholarships for membership are available for those having financial hardships. Applications can be requested through the OLLI office by phone or sending an email to [olli-info@fullerton.edu](mailto:olli-info@fullerton.edu). Applications must be received no later than Monday, December 10, 2018 for the spring 2019 semester. Each applicant will be contacted to set up an interview with the committee shortly after the application due date.

*Fred Shecter, Chair, Scholarship Committee*

*OLLI Board... Continued from page 1*

detailed in OLLI-CSUF Policies on the OLLI website at <http://olli.fullerton.edu/>. Trustees at large have no specific duties; they represent all OLLI members to the Board and learn how the organization operates.

All applications received will be forwarded to the Nomination and Election Committee to be considered along with all other candidates for nomination. All applicants will receive further notification from the Nomination and Election Committee.

*Chris Shaw, Editor*

**Special Events**

**Events Requiring Registration**

**Happy H"OLLI" Days Holiday Luncheon**

Wednesday, December 12 • 11:30 a.m.

Lunch at the Embassy Suites in Brea, plus entertainment by OLLI's piano, strings, band and chorale performers, all for \$28. Registration begins October 28 and ends November 28.

**OLLI China Culture Overnight Trip**

October 9-22, 2019

(see separate announcement for details)

Registration begins in December.

**Coming Soon (subject to change)**

**La Mirada Theater: "1776"**

Wednesday, January 30, 2019

**LA Architectural Tour**

Wednesday, March 20, 2019

**More Information**

Flyers and sign-up coupons for events requiring registration will be available in the OLLI office, and on the OLLI website at <http://olli.fullerton.edu/> under "CLASSES/ ACTIVITIES" - "OLLI EVENTS" or "DAY AND OVERNIGHT TRIPS." Watch for updates in future ChroniCLES, OLLI News Bytes and Events Open to the Public newsletters.



**OLLI Has a Facebook Page**

Follow activities at OLLI-CSUF on our Facebook page at <https://www.facebook.com/OLLICaStateFullerton/>.

**Salute to Veterans**

"For our **veterans**—and it will be every day of their lives—for their service, honor their sacrifice, and promise that their dedication to our country will never be forgotten."

*Gen. Colin L Powell*





## OLLI

at California State University, Fullerton

*"A Continuing Learning Experience"*

1979 - 2018: 39 Years of Excellence

*Ruby Gerontology Center, Room 7*

*P.O. Box 6870*

*Fullerton, California 92834-6870*

*(657) 278-2446*

**Address Service  
Requested**

Nonprofit Organization  
U.S. Postage  
**PAID**  
Permit No. 487  
Fullerton, Calif

**Dated Material**

**Do Not Delay Delivery**

### **Not Receiving OLLI Emails?**

If you have unsubscribed in response to **any** OLLI email, you have unsubscribed from **all** OLLI emails. If, for any reason, you are **not** already receiving OLLI emails about upcoming classes, events and special notices, you can subscribe (or re-subscribe) by going to <http://tinyurl.com/olliEmailSignUp> and entering your email address, first name and last name.

If you still have trouble receiving emails from OLLI, send an email to [ollinewsbytes@hotmail.com](mailto:ollinewsbytes@hotmail.com) and include your name and email address.



### **How to Get the ChroniCLE by Email - Save Trees and Stamps!**

Unless you elected not to receive emails from OLLI, you are currently receiving an email each month announcing the new ChroniCLE and calendar for the upcoming month with links to view or download the publications. You can also access the most recent ChroniCLEs and calendars through links in the weekly OLLI News Bytes and on the OLLI Website.

If you are receiving the ChroniCLE in the mail, but no longer want it mailed to your home, send an email to [olli-info@fullerton.edu](mailto:olli-info@fullerton.edu) with **your name and address** stating: "Do **not** send me a ChroniCLE in the mail." If you ever need the printed version, copies are always available in the OLLI office.

### **If you Need to Contact OLLI**

Website: <http://olli.fullerton.edu>

Email: [olli-info@fullerton.edu](mailto:olli-info@fullerton.edu)