"A Continuing Learning Experience"

July-August 2018

Volume XXXIX Number 10

President's Message



I hope you all are enjoying the summer and taking time for family and for yourself. Even while retired or mostly retired, we are still changing, as are our family and friends. One of the great benefits

of OLLI for me is the opportunity to see and hear about members' lives and the changes that they are experiencing. With a tremendous range of interests, abilities and situations, the OLLI community provides real models of many ways of balancing our passions and interests with our obligations and needs. Give some thought to interesting ideas you hear from other members.

Please make some time on Saturday, August 11 to attend the OLLI Open House from 9 a.m. to noon. If you have additional time available or want to help, we can always use a few more volunteers. This event is our primary new member recruiting opportunity and we encourage all members to assist by inviting their friends who may enjoy and benefit from the OLLI programs. Ellie and I joined as we neared retirement based on a friend's recommendation. Pick up a Gatefold Brochure and Open House flyer from the office to give your friends.

You may think that OLLI doesn't need more members. The membership numbers reveal that nearly 25 percent, close to 400 members, elect to not renew each year for a variety of reasons. We rely on our most valuable resource, our members, to invite others to benefit from OLLI, and maintain the vital and dynamic spirit of OLLI, even with minimal external advertising over the last few years, we are maintaining our total membership numbers.

Jim Monroe, President, OLLI Board of Trustees

Congressional Candidates Forum

On Tuesday, April 10, Ed Woodson temporarily gave up conducting his class, "Dynasties, Wars and Nations." Mike Stover did the same with his class, "The Trump Presidency." Both of these courses are favorites with many members of OLLI at Cal State Fullerton, and the instructors enjoy presenting their knowledge and expertise. But these teachers knew their combined class times in spacious Mackey Auditorium provided an opportunity for OLLI members to learn some very timely material that was unique to our Southern California area. The California Congressional District 39 has been recognized by many national news sources as one of the "races to watch," because the incumbent announced his retirement after almost 30 years in office, and the number of candidates throwing their hats in the ring was, at times, over 20! The race was expected to be very close.

The Forum itself was a large undertaking, but over 20 amazing OLLI members did what our members do best-volunteered to help. Ron Osajima had the original inspiration for the Forum and was the committee chair. Four members who are also members of the League of Women Voters, Patti Chikahisa, Linda Lockwood, Deborah Vagts and Jan Wagner, devised procedures based on LWV guidelines to keep the Forum open and non-partisan. Mike Stover served as moderator. About 15 other members worked to do all the many jobs necessary to create a successful event. Jobs such as, making sure every eligible candidate was invited and responded; spreading the word to OLLI members with flyers and electronic and class announcements; inviting OLLI members to submit questions for the candidates; inviting the press—Orange County Register, Fullerton Observer and CSUF Titan attended; expanding the

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Fall Open House (Open to the Public) Saturday, August 11

9 a.m.-10 a.m. • Docent-led Tours/Exhibits/
Coffee • Ruby Gerontology Center
10 a.m.-11 a.m. • Fall Preview Meeting •
Mackey Auditorium 11 a.m.-noon • Exhibits/
Registration Opportunity • Ruby Gerontology
Center/Room 20

This is an opportunity to share OLLI with your friends! Invite them to visit our facilities in the Ruby Gerontology Center, view activity booths, meet members representing the various courses and OLLI activities, and learn about the 2018-2019 new and continuing programs. Light refreshments will be provided. Membership registration will also be available during the event. Parking is free on Saturday and the OLLI Trolley will be available to transport visitors from the State College Parking Structure on Gymnasium Drive.



OLLI Awards Gerontology Scholarship

"Gerontology is more than a career choice for



Jin Young (Joanne) Kim. It is a commitment to help others in need," says Karen Wong, Cal State Fullerton Gerontology Academic Advisor. This commitment plus Joanne's work ethic, academic attitude and leadership earned

her the 2018 Osher Lifelong Learning Institute Gerontology Scholarship for CSUF Master's graduates.

Joanne began taking gerontology classes because she was interested in working in home care services. Her studies included internships. In an adult day health care center, she created small support groups to discuss topics of interest to older adults. At an assisted living facility, she was the activity coordinator and organized games such as Bingo.

Fluent in Korean and English, Joanne noticed that group participants in the adult day health care center included Asian older adults, particularly Koreans, who had limited English proficiency and were struggling to make ends meet. They also had difficulty locating and accessing community resources that addressed their concerns and point of view.

Joanne worked to make discussion group participants more aware of resources and to encourage them to talk about issues and their feelings. This included discussions of suicide prevention and end of life planning.

"In Korean culture, you never talk about death in front of your parents," Joanne says. "So it is really hard to try and talk with older Koreans about what they want."

As a project for one of her classes, Joanne developed an educational tool to help Korean older adults understand the purpose and need for a California Advance Directive. She worked with CSUF faculty in the field to assure that her *OLLI Awards ...Continued on Page 6*

Time to Renew Your OLLI Membership

Online membership renewal for the 2018-2019 OLLI school year, or fall 2018 semester, is now open. For those needing assistance with the online renewal system, help is available. Dates and hours for assistance are posted around the OLLI campus and in the OLLI News Bytes.

You will need your student account username and password to renew online.

If you renewed your membership last year or obtained access to CSUF Wi-Fi, you created a CSUF/OLLI student account with a username and password.

If you have not created your OLLI student account, please come to the OLLI office between 8:30 a.m. and 4 p.m. to obtain your campus-wide identification (CWID) and PIN numbers.

You can renew your OLLI membership online on your home computer by going to the OLLI website at http://olli.fullerton.edu/ and clicking on JOIN/RENEW, listed on the far right. Follow the registration instructions provided on this webpage. Once you have completed and paid for registration, be sure to print a copy of the receipt.

Please consider answering "no" to the question asking if you want the ChroniCLE mailed to you in order to save printing and mailing expenses. You will continue to receive the ChroniCLE via email, and printed copies will be available in the OLLI office.

If you don't have a computer at home, registration computers are available at OLLI. If you are unsure of the steps, or want some help with the process, you can come to the RGC on posted days and hours or call 657-278-4012 or email olli. membership@gmail.com to make an appointment with a volunteer to get help with registration. Please provide all contact information when leaving a message.

Please note: Assistance for online registration may be disrupted from Monday, August 13 through Friday, August 24, 2018, due to renovations of the OLLI offices.

Ellie Monroe, VP Membership

Congressional Candidates ... Continued from Page 1

usual sound system with more speakers; and even providing free parking and shuttle to Mackey so the OLLI member parking lot would not be impacted with candidates and their assistants. Bob Newcomb videotaped the event, and the tape is excellent and easily available on OLLI's website.

All eligible candidates were invited, and eleven accepted our invitation to speak and answer our questions. Of course there are issues that are of particular interest to mature residents of our area, and OLLI members appreciate having this type of access to know the candidates. As OLLI members, we know we must avoid isolation. We want and need to be engaged, knowledgeable and involved in current events and our community. Over 200 OLLI members attended the Forum.

The Forum Committee organized the candidates into two groups of five and six. The groups were presented one after another. Presenting all eleven candidates at one time would have limited the number of issues and questions on which each could share their views. Each candidate had a timed opening speech, a limited response time to answer each question and a timed closing statement. OLLI members' questions were timely and specific to the issues that we see in everyday headlines.

With the primary election and its huge slate on June 5, many voters were scrambling to make good choices by getting to know as many candidates and issues as possible. From all the candidates on the ballot, the primary identifies the two highest votegetters—regardless of party affiliation—who will appear on the November general election ballot. It seems strange but, due to California's primary rules, we could have ended up with two candidates from the same party running against each other.

Personally, I gained a lot from being at the Forum and also from watching the video. I felt as though I was really hearing their positions. It meant so much more than those, often ridiculous, mailings that clogged my mail box every day.

Thank you, Ron and your committee members; I hope we will see more of this type of information before November.

Elaine Mitchell, Assistant Editor

Doctor of Nursing Practice Grad Receives Betty Robertson Award

Lifelong learning and "paying it forward" are at the heart of Ronald Norby's life. Earning a Doctor of Nursing Practice (DNP) at Cal State Fullerton is



just the next step in his long career in healthcare.

"The more I learn, the more I want to learn," says Ron, 74. "There's always more to know, more to understand."

In recognition of his remarkable quest for learning, Ron received

OLLI's 2018 Betty Robertson Award. The annual award, named for one of our founders, recognizes the achievements of an older CSUF graduate who values lifelong learning.

Ron's career includes staff nursing in trauma centers and operating rooms, as well as caring for our nation's injured as a Navy nurse in Japan during the Vietnam War. He was with the Department of Veterans Affairs for 29 years, where he moved from nursing into executive positions, including director of the VA Medical Center in Long Beach. Currently, he is Director of Graduate Programs and an instructor in the School of Nursing at Cal State Long Beach.

"As I pursued each of these career-challenging positions, I was faced with the need to attain new knowledge," Ron says. "Teaching nurses enrolled in graduate programs for the past five years added new fuel to my knowledge flame, which lit a pathway to yet another adventure, doctoral study."

The Doctor of Nursing Practice is offered through the Southern California CSU DNP Consortium, which includes the campuses of Fullerton, Long Beach and Los Angeles. The DNP program is an extremely demanding and rigorous academic experience designed to prepare graduates to assume the highest levels of nursing professional practice.

Ron is proud of his achievements at CSUF. "At my age I was able to complete that program with a 3.98 average," he says. The support of nursing faculty through every step of the process was an

important factor, according to Ron. "They were there for my success, and they would do whatever they could to help students."

Completion of the DNP program offers Ron the opportunity to continue to pay it forward. He is eager to share his new knowledge and expertise in "examining nursing and healthcare innovations to improve care in so many settings."

"I have had the honor, as a nurse, of being invited into so many lives when people were at their most vulnerable, and have had the deep satisfaction of knowing that because I was there, it made a difference," Ron says. "In the final analysis, the more I learn, the more I want to learn to quench my thirst for new knowledge."

Nancy Hill, Contributor

SAVE THE DATE Concert Under the Stars Event Date: Saturday, September 29, 2018

This is CSUF's biggest fundraising event, and OLLI has been given the opportunity to purchase tickets in the Reserved Table area. A special pricing will be available for our OLLI members at a substantial discount. Keep your eyes open for concert information in the next edition of the ChroniCLE and the News Bytes. Concert reservations will be limited, so get your reservations in early when they become available. Here is a link to see highlights from last year's event:

https://www.youtube.com/watch?v=P6Y-PRYkorI

Scholarship Announcement

Scholarships for membership are available for those having financial hardships. Applications can be requested through the OLLI office by phone or sending an email to olli-info@fullerton. edu. Applications must be received no later than Monday, August 13, 2018 for the fall 2018 semester. Each applicant will be contacted to set up an interview with the committee shortly after the application due date.

Fred Shecter, Chair, Scholarship Committee

Cinco de Mayo Celebration—May 5, 2018



Ray Young Appointed VP Administration



At the May 10 meeting of the OLLI Board of Trustees, the Board appointed Ray Young as Vice President Administration for a one-year term, ending May 8, 2019. No candidate for this office was nominated by the Nomination and Election Committee, nor did anyone apply, for this year's election in April. Thank you, Ray, for agreeing to serve in this important position.

Verify Calendar Information

Dates, times and places of classes and events shown in the ChroniCLE calendar and the Blue Book are subject to change or cancellation. Notifications are sent via email and OLLI News Bytes. You can access the OLLI website at http://olli.fullerton.edu and select the CALENDAR tab for up-to-date information.

OLLI Awards ...Continued from Page 1 information was accurate, and that the Korean translation from English was clear and appropriate.

The brochure is now available at two adult daycare centers with Korean participants. Joanne hopes the publication can serve as a model that can be translated into other languages and used for other ethnicities.

Following graduation, Joanne began working as a social worker with South County Adult Day Services. She is excited about this new opportunity and looks forward to continuing to work with older adults.

Someday she hopes to have her own facility focused on serving Asian older adults. As part of that, she wants to be a force in creating a community of resources to assist this underserved population.

Nancy Hill, CSUF UEE Contributor

Volunteering as a Reading Tutor

I read that OLLI volunteers were sought



for the Hazel
Miller Croy Reading
Center on campus.
I responded, and
soon received
several pages from
John Blaydes, OLLI
College of Education
Collaboration
Coordinator. I
learned there are

400 OLLI members assisting the university through our OLLI-CSUF Collaboration program.

I reported to Room EC24 on January 24 for orientation, where I met Director Kathryn Angus, Associate Director Joanne Chapman and Carla Salcido, Alumni Tutor. From John's papers I knew that the classes would be on Wednesdays from 4:30 to 6 p.m. from March 21 to May 2.

At the first class, Carla introduced me to third-graders Hazel and Alyssa. While Carla worked in a cubicle with one child, I sat at a table with the other. We would each draw slips of paper from a jar, write the word down and later compose sentences using the words. After which, the student would read a short story of her choosing with my help. Then Carla and I would exchange students, and the process would be repeated. The papers were collected by Carla.

About the second week, volunteer tutor Cindy von Coelln appeared with stuffed bunnies for Carla, Hazel and Alyssa. Since she would be unable to attend "graduation" she brought the gifts early. There were five additional OLLI volunteers at the center—Lois Monroe, Marge Osborn, Sara De Land, Jeanne Blum and Richard Foltz.

At my suggestion the students made thankyou notes for the volunteers. Carla provided suggestions and the paper for this effort. I was astonished at their artwork.

With graduation approaching, Carla had the students choose a short story to read alone, and another to read together alternately. They spent time rehearsing and drawing pictures of the subjects on the back of the papers for the audience

to see.

On May 9, all the students and their parents attended the ceremony, and all went well. I gave each girl a card with money; they gave me thank you cards, but Carla surprised me with a bookstore gift card. It was a wonderful experience.

Denny Bean, Staff Writer

Collaboration Program Expands Opportunities for OLLI Members

OLLI-CSUF Collaboration Committee member,



Jim Ertle, is seeking
OLLI members with a
background in business
to act as judges, once
or twice a semester,
of student projects or
business plans at CSUF's
Mihaylo School of
Business.

He is also looking for those with business

experience to serve as mentors once or twice a month, depending on the project or group needs. Those interested in volunteering for this rewarding Collaboration program can contact Jim at 714-873-6648 or at errlejim@yahoo.com for further details. Look for an announcement in the OLLI News Bytes for specific needs as they develop.

In addition to mentoring and coaching at Mihaylo, the OLLI Collaboration volunteers mentor at the School of Nursing and the School of Education. Last fall OLLI launched a new mentor program with the School of Engineering and Computer Science. Volunteers also share life experiences at the School of Health and Human Development and the School of Humanities and Social Sciences.

Alice Gresto, Staff Writer



Special Events

Events Requiring Registration

Getty Villa Museum Trip

Thursday, September 27 • 8 a.m.-5 p.m. • Lot A Visit the world famous museum in Malibu with the world's largest collection of Greek and Roman art. Registration begins September 4.

Concert Under the Stars

Saturday, September 29 • 5 p.m.-9:45 p.m. • CSUF Intramural Field.

See details in separate article.

Natural Wonders of Costa Rica Trip

February 2-10, 2019

See the wildlife and natural wonders as you boat through Tortuguero National Park, see active Arenal Volcano, visit Santa Elena Cloud Forest Reserve and more. Registration ends August 1.

No Registration Required

Fall Open House

Saturday August 11 • 9 a.m.-noon • Mackey/ Shapiro. See details in separate article.

More Information

Flyers and sign-up coupons for events requiring registration will be available in the OLLI office, and on the OLLI website at http://olli.fullerton.edu/ under "CLASSES/ ACTIVITIES" - "OLLI EVENTS" or "DAY AND OVERNIGHT TRIPS." Watch for updates in the OLLI News Bytes and Events Open to the Public newsletters.

Find Volunteer Opportunities In the OLLI News Bytes

The OLLI News Bytes newsletter, which is emailed to members every Saturday, contains a special section titled Volunteers Needed. There you can find current volunteer opportunities at OLLI, along with information about who to contact to volunteer your services.

If you are an OLLI officer who is responsible for filling volunteer positions within OLLI, use the OLLI News Bytes as an effective way to communicate volunteer opportunities to all members. Send an email requesting a posting to ollinewsbytes@hotmail.com. Requests from general members should be approved by Patsy Burns, pburns@fullerton.edu, before submission.



OLLI

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If you have unsubscribed in response to **any** OLLI email, you have unsubscribed from **all** OLLI emails. If, for any reason, you are **not** already receiving OLLI emails about upcoming classes, events and special notices, you can subscribe (or re-subscribe) by going to http://tinyurl.com/olliEmailSignUp and entering your email address, first name and last name.

If you still have trouble receiving emails from OLLI, send an email to <u>ollinewsbytes@hotmail.com</u> and include your name and email address.

How to Get the ChroniCLE by Email - Save Trees and Stamps!

Unless you elected not to receive emails from OLLI, you are currently receiving an email each month announcing the new ChroniCLE and calendar for the upcoming month with links to view or download the publications. You can also access the most recent ChroniCLEs and calendars through links in the weekly OLLI News Bytes and on the OLLI Website.

If you are receiving the ChroniCLE in the mail, but no longer want it mailed to your home, send an email to <u>olli-info@fullerton.edu</u> with **your name and address** stating: "Do **not** send me a ChroniCLE in the mail." If you ever need the printed version, copies are always available in the OLLI office.

If you Need to Contact OLLI

Website: http://olli.fullerton.edu
Email: olli-info@fullerton.edu