"A Continuing Learning Experience"

Dec 2018/Jan 2019

Volume XXXX Number 4

President's Message

On behalf of the OLLI Board of Trustees and staff, I want to wish you a wonderful holiday,



and very happy new year. We hope you are taking full advantage of this break, whether visiting family and friends, travelling or just relaxing. For me, this break is a good time to reflect on the past year,

and perhaps more importantly, consider what I want to do more of, less of, or just in a different way in the coming year.

To start off the new year, the OLLI Spring Preview is scheduled from 10 a.m. to noon on Saturday, January 5, 2019 in Mackey and Shapiro. There will be an overview of spring classes and activities in Mackey Auditorium. We will also celebrate our 90+ Club members, both new and returning. Please join us in honoring and congratulating those who are 90 years or older and have been OLLI members five years or more. Enjoy some cake and refreshments after the meeting in Shapiro Wing. Both new and returning members may register in Room 20. Free parking will be at the State College parking structure with shuttle service.

OLLI spring semester classes start on Monday, January 14. This is a great week to try a new class or activity as most university classes do not start until January 22 and parking is much less congested. I look forward to seeing you in the new year, ready to join in great activities and courses, and participate in the OLLI experience.

Jim Monroe, President, OLLI Board of Trustees

Behind the Scenes: Hospitality Takes a Village

Do you ever wonder who organizes many of OLLI's large, themed social events, and what goes into their preparation and presentation?



Well, it takes a village to do it—a village of OLLI volunteers called the Hospitality Committee. Every year they organize four large social events and provide food for three other events.

During 2018 the Hospitality Committee gave us the "Taking Steps" Play and Dinner at the CSUF Clayes Performing Arts Center in March, and Let's Play Bingo at OLLI including lunch at the Ruby Gerontology Center (RGC) in June. Then there was the "Mask" Querade Party and dinner in October at the RGC, and finally the big event: the Happy H"OLLI" Days Luncheon at the Embassy Suites in Brea in December.

It is the Hospitality Committee who provides refreshments at the Spring Preview in January, food at the Open House in August, and the ever-popular ice cream social after the Annual Meeting and Election in April. They also provide a wonderful brunch for the Board of Trustees at their retreat each May, when the Board says farewell to officers who have completed their terms of office, and when they welcome the newly-

Behind the ... Continued on Page 6



PresidentJim Monroe
Vice President Administration Ray Young
Vice President Programs Benson Chin
Vice President Communication
Vice President Membership Ellie Monroe
Vice President External Relations Janice Jeng
Vice President FacilitiesThomas Gortner
Vice President Hospitality Jean Bryant
Vice President Technology Joyce Ono
TreasurerTom Toby
Secretary Linda Lockwood
Chris Shaw (tashawc01@gmail.com), Editor; Elaine
Mitchell, Assistant Editor; Denny Bean, Alice Gresto
and Mary Sampson, Staff Writers

Desktop Publishing: Celia Reynolds, Photographers: Jim Cenname, Donna Spradlin and Kirt Spradlin

The CSUF College of the Arts Tour



OLLI's fantastic Vice President Membership, Ellie Monroe, who affords us so much of her time allowing us to appreciate the music at CSUF and from

the rest of the world, did it once again. I joined a fortunate group led by Ellie to visit the College of the Arts facilities here on campus. Ellie grabbed the wheel of our tram and delivered us to and from the enormous environs of the art world here on campus.

We arrived at the imposing Meng Concert Hall, with its glass wall entrance. Inside we were introduced to Jason Pano, who is no stranger to OLLI, having recently provided us with his lecture on conducting and has often done music performances in our Mackey Auditorium.

Jason took us to the following facilities of the Clayes Performing Arts Center, where he explained their operation, and responded to our inquiries:

- Little Theatre is used for most of the Department of Theatre and Dance's musical and dance productions, and has 450 seats.
- Hallberg Theatre has 150 seats, allowing in-the-

round and other flexible seating arrangements, for new plays and experimental theater productions.

- McGarvey Family Dance Studio is used to showcase new dance chorography, recitals and instruction.
- Recital Hall contains 200 seats for holding more intimate musical performances, like chamber music and recitals, plus operas.
- Young Theatre has 250 seats on three sides and may include the balcony. It places the performance in the center, allowing the audience an intimate perspective for its dramatic productions.
- Arena Theatre is home to the Department of Theatre and Dance's Studio Series, and showcases student recitals, providing only 100 seats.
- Meng Concert Hall, lauded for its excellent acoustics, is the main facility, accommodating an audience of 800 for the University's major musical concerts, including guest artists.

The University's box office is located outside on the southwest corner of Clayes Performing Arts Center. It is open Monday through Friday from 11 a.m. to 5 p.m., and one hour before performances and until 30 minutes after. There is 15-minute parking during the week and free parking on weekends.

Then it was off to the Begovich Gallery where we peeked in windows, observing various types of art instruction and art displays along the way. The curator, Rody Lopez, gave us a tour, even though the gallery was closed on our tour day. To me, this was the highlight of the tour, because the gallery contains the most amazing ceramic collection I have ever beheld! Rody informed us that he had known the owners of the collections that were exhibited there for years. Each presentation had a huge photo of the art collection as displayed in each collector's home on the wall behind the exhibits.

There are three other art galleries in the center—Duff Gallery, Exit Gallery and Freedman Gallery. These are smaller spaces used to display undergraduate and graduate artworks.

Thanks to Ellie Monroe, Professor Jason Pano and Curator Rody Lopez for providing a fascinating tour of CSUF's impressive facilities for performing and displaying music, dance, theater and fine art. I

The CSUF...Continued on Page 3

The CSUF... Continued from page 2

hope Ellie will continue to sponsor these tours for OLLI members from time to time.

Denny Bean, Staff Writer

Sharing is Caring

During most of my adult life I was a very private



person, not interested in disclosing details about my life to others, not even to acquaintances, you know, the kinds of friends you make at work. In 2012, my wife, Ellen Busch, and I started a business, Nightingale Senior Care. I suddenly needed people to know who I was, know about my business and hopefully like and trust me. The marketing consultants told me to create a Facebook page for Nightingale. I created a business Facebook page for Nightingale, and I made posts about our caregivers, our quality and our service, week after week.

But no one ever commented, or "Liked" or "Followed" us. What was Facebook good for anyway? A colleague from my business networking group suggested I make a personal post on the page. Why should my personal life matter to prospective clients? "Just do it," she said.

Shortly thereafter, while Ellen and I were celebrating the 10th anniversary of our first date at California Pizza Kitchen at the Brea Mall, I snapped a selfie and posted it on Nightingale's Facebook page. I was amazed at the comments and Likes I received from that post. To my surprise my friends, acquaintances and business colleagues were interested in our special anniversary. Many offered congratulations. That was the beginning of my appreciation of the friendships and connections that a little personal sharing could kindle.

Since then, by joining Facebook Groups, including groups from my high school and the OLLI Phocus club, and making humorous posts

of events in my life, I've reconnected with friends going back through every job I've had, all the way back to high school.

After selling our business, I joined OLLI. I made OLLI-friends, but I realized there were hundreds of members I didn't know because we were interested in different classes. I wanted to know more OLLI members. That's when I thought of Facebook.

OLLI now has a Facebook page, and I have the privilege of managing it. Through my personal page, the Phocus Photo Club page and OLLI's Facebook page I've met scores of OLLI members who I would never have met.

I'd like to share that great experience with you. Please visit OLLI's Facebook page. Follow us and see the posts and photos of your friends, as well as many others you have never met. Watch what's going on at OLLI on a daily basis.

If Facebook seems intimidating to you, or you don't want your personal information all over the internet, attend OLLI's Facebook class. You will learn how to use Facebook and to safely limit what you share, however it suits you.

You can visit OLLI's page without joining Facebook. The link is at the end of this article. If you are a Facebook user, and if you have an interest in making another friend, visit my page and send me a friend request. FYI, I don't make political posts, nor do I post pictures of what I ate for lunch. OLLI's Facebook page is at facebook. com/ollicalstatefullerton, and my personal page is at http://www.facebook.com/jimcenname.

Jim Cenname, Lead, OLLI Facebook and Social Media

Find Volunteer Opportunities In the OLLI News Bytes

The OLLI News Bytes newsletter, which is emailed to members every Saturday, contains a special section titled Volunteers Needed. There you can find current volunteer opportunities at OLLI, along with information about who to contact to volunteer your services.

If you need volunteers, send an email requesting a posting to <u>ollinewsbytes@hotmail.com</u>. Requests from general members should be approved by Patsy Burns, <u>pburns@fullerton.edu</u>, before submission.

New Spring Semester Courses

Check out the following courses offered during the spring semester, which are brand new to OLLI. Refer to the spring 2019 Blue Book for full descriptions and class dates, times, locations and registration information on the pages referenced below.

"Can They Do That? The U.S. Constitution in Today's America" (Page 45)

Mike Stover and Rich Eaton will present information about the U.S. Constitution. Each class will include discussions of contemporary Constitutional issues such as the right of privacy and authority of the president.

"OLLI Diversity Program Event" (Page 49)

Dr. Son Kim Vo will give a presentation about the Vietnamese Community in Orange County, including its history and development.

"Archaeology: Domestication of Humans" (Page 62)

Bonnie Shirley will give lectures on the archaeology of humans and dogs, humans and cats, and humans and hooved animals.

"Media ... Communications ... and You" (Page 63)

Gene Brown will lead discussions on how modern media and communications affect you every day.

"eBay, Craigslist and PayPal" (Page 67)

Jim Cenname will help you learn how to buy and sell stuff with these online systems.

"Google Photos Learning and Sharing Group" (Page 68)

Joyce Ono and Warren Wilson want members who already know this program to join them with the goal of furthering their understanding of the app beyond the basics.

"Privacy & Security Online" (Page 70)

Jim Cenname will give you a basic understanding of security and privacy on the internet, and how to keep them, while using Facebook, Google, Amazon, Craigslist, eBay and more.

"Procreate iPad Learning and Sharing Group" (Page 70)

Leslye Prum and Joyce Ono invite members who know the Procreate app to share and learn by interacting with each other, as well as viewing useful video tutorials.

"TurboTax 101" (Page 70)

Jim Cenname will help you learn how to use TurboTax for your income taxes, and how this software can help you make financial decisions. *Chris Shaw, Editor*

New OLLI-CSUF Collaboration Program: Future Teachers Mentoring

OLLI has finally launched a future teachers, student mentoring Collaboration program with CSUF's College of Education. Ten of OLLI's retired teachers and school administrators volunteered to mentor incoming junior transfer students who have chosen teaching as their career.

At a recent meeting, students were given the



opportunity for speed networking with each mentor. They had 5-minute conversations with each mentor, and then they selected their top three choices. Students were then assigned one of their choices as their mentor and they will begin meeting soon.

Mentors hope to share their wisdom and experiences in the profession, and help guide student to success as teachers. They will also help students learn the "soft skills" that are often not taught in classes, but are highly sought after skills by employers:

- 1. Collaboration/Teamwork.
- 2. Communication and Interpersonal Skills.
- 3. Problem Solving.
- 4. Time Management.
- 5. Leadership.

The photo shows OLLI mentors (Ann Casas, Kim DeWeese, Linda Lockwood and Ellie Page) "speed networking" with future teachers.

John Blaydes, Collaboration Committee

"Mask" Querade Party—October 27, 2018



Behind the ... Continued from page 1

elected members to the Board. The brunch is one of the few perks Board members look forward to as compensation for their otherwise uncompensated efforts.

The Hospitality Committee meets the first Friday of each month (see Blue Book for details) to plan each event, but much activity goes on between meetings. Once the concept, food and other features of an event are decided, the committee members go into high gear, making arrangements for the venue, food, entertainment, decorations, prizes ... well, the details are endless. Besides delivering all these elements to the venue, the committee members are all-hands-on-deck the day-of, seeing to a myriad of details, everything from directing traffic and parking to decoration take-down and clean-up. Yes, clean-up, not one of their favorite tasks, depending on the venue, often includes cleaning the tables and other facilities, both before and after the event. At first glance it may all appear chaotic, but this is an experienced team and they operate like a well-oiled machine.

The Hospitality Committee members (Tom Barry, Nancy Carlton, Vicki Colvin, Tina Ernsting, Linda Ganda, Marla Greer, Debbie Grossman, Bonnie Harrington, Annette Lauritzen, Joan Lebsack, Judy Lech, Debbie Maxwell, Patricia McGrath, Elizabeth Menrad, Lorraine Miller, Elaine Mitchell, Janice Morel, Gail Nitta, Linda Parato, Nancy Parker, Lisa Sewell, Donna Spradlin, Marie Stiegler and Gayle Wheatley), led by Chair Mickey La Casa and Vice President Jean Bryant, are pictured at the 2018 Open House. You may know some of them, or you've seen them in classes or serving at events, but generally, they are unheralded, and they deserve our thanks for a hard job well done.

They are currently working on the final details of the spring dinner for 2019, OLLI Bingo "Xin Nian Kuai le!" (Happy Chinese New Year!), happening on February 23. Watch for announcements in the ChroniCLE, OLLI News Bytes etc., and get your reservations early for what promises to be a fun time with great food and an opportunity to see old friends and meet new ones.

Chris Shaw, Editor

OLLI in the News: Barbara Vigano

One of our members at OLLI, Barbara Vigano,



was the subject of a major article in the Orange County Register, published October 26, which prominently featured OLLI at Cal State Fullerton and Barbara's role at OLLI instructing French courses.

As the article mentions, Barbara has been teaching French at OLLI for many years as an expert with a Masters degree in French and German from CSUF and a career teaching French at Mt. SAC College and Cal State Fullerton. The article also talks about her life's history, going back to her childhood when her family fled East Germany after World War II, bringing her up in West Germany and Switzerland. Barbara also volunteers as a section editor of OLLI's Blue Book course catalog.

You can read the full article on the OC Register website at https://www.ocregister.com/2018/10/26/a-50-year-teaching-career-continues-at-cal-state-fullertons-osher-lifelong-learning-institute/.

Concert Under the Stars Donors

When tickets to this year's Concert Under the Stars were sold, OLLI members were given the opportunity to make additional donations to OLLI's sponsorship of CSUF students. Thank you to Tomas Barry, Phillip Barnhard, Barry & Cheryl Escoe, Don & Tamika Lake, James & Eleanore Monroe, Dodo Standring, Thomas Toby & Carolyn Mabie and Fritz & Cindy von Coelln for donating.

Special Events Events Requiring Registration

La Mirada Theater: "1776"

Thursday, January 31• 6:30-11 p.m. • Lot A Electrifying, Tony Award-winning musical about the founding of America. <u>Registration ends January</u> 17.

OLLI China Culture Overnight Trip

October 10-23, 2019

(see flyer for details)

Registration starts Jan. 2 and ends Jan. 31.

No Registration Required

Spring Preview (Open to the Public)

Saturday, January 5 • 10-11:30 a.m. • RGC (see separate announcement for details)

New Member Orientation

Thursday, January 10 • 1-2:30 p.m. • Shapiro Learn more about OLLI, while meeting Board of Trustees and new members. Refreshments and door prizes.

Coming Soon (subject to change)

LA Architectural Tour

Wednesday, March 20. 2019

Carlsbad Flower Fields & Leo Carrillo Park

Tuesday, April 9. 2019

Long Beach Aquarium

Monday, May 6, 2019

Hearst Castle 2-Night Trip

May 13-15. Look for details in Feb. ChroniCLE **More Information**

Flyers and sign-up coupons for events requiring registration will be available in the OLLI office, and on the OLLI website at http://olli.fullerton.edu/ under "CLASSES/ ACTIVITIES" - "OLLI EVENTS" or "DAY AND OVERNIGHT TRIPS." Watch for updates in future ChroniCLEs, OLLI News Bytes and Events Open to the Public newsletters.

Jodi's Hack Attack

When the holidays hit, I head right for the baby aisle. Say whaaaat?? Yep, I buy baby wipes (a certain brand) by the case! Oh, stop laughing, they are not for me. Actually I use them all the time—just not for what you think.

So one day I put water into a pan on the stove to soften the crusted burned on food in the casserole. Ugh! I hate that scrubbing job. I had pulled out a

Spring Preview (Open to the Public)

Saturday, January 5; 10 a.m. to 11:30 a.m. Mackey Auditorium and Shapiro Wing

OLLI's Spring Preview, open to members and the public, will provide an overview of the courses and events offered to OLLI members during the spring semester, which begins on Monday, January 14.

Following the program in the Mackey Auditorium, we will honor our 90+ Club members, and free, light refreshments will be served in the Shapiro Wing.

New member and renewal registration will be available during the event.

Parking is free on Saturday, and the OLLI Trolley is be available to transport you and your guests from the State College Parking Structure on Gym Drive, off State College Boulevard.

baby wipe to clean up a spill and it accidentally fell into the pan. I came back about an hour later and the water in the pan was brown and yucky. So I threw out that water and thought, now I have to scrub the darn thing. No! There was no effort at all! The baby wipe had done all the work for me. All I did was wipe the pan with it, and the burned-on food was gone! I have never had to use elbow grease again to scrub a pan or skillet. I just put in water and a baby wipe, wait about an hour and it is done. Now this method does not work well on stuff that has been stained for years—just the recent stuff. Less work for me—oh baby, baby!

Hmmm, it takes off burned food, and it is the same thing we use on our children! Yikes! If you want the brand I use, just email me at

jodifullolli@gmail.com.

Jodi Chistin, Member Contributor

Please Recycle at OLLI





OLLI

at California State University, Fullerton "A Continuing Learning Experience" 1979 - 2018: 39 Years of Excellence Ruby Gerontology Center, Room 7 P.O. Box 6870 Fullerton, California 92834-6870 (657) 278-2446

Address Service Requested Nonprofit Organization
U.S. Postage
PAID
Permit No. 487
Fullerton, Calif

Dated Material
Do Not Delay Delivery

Not Receiving OLLI Emails?

If you have unsubscribed in response to **any** OLLI email, you have unsubscribed from **all** OLLI emails. If, for any reason, you are **not** already receiving OLLI emails about upcoming classes, events and special notices, you can subscribe (or re-subscribe) by going to http://tinyurl.com/olliEmailSignUp and entering your email address, first name and last name.

If you still have trouble receiving emails from OLLI, send an email to <u>ollinewsbytes@hotmail.com</u> and include your name and email address.

How to Get the ChroniCLE by Email - Save Trees and Stamps!

Unless you elected not to receive emails from OLLI, you are currently receiving an email each month announcing the new ChroniCLE and calendar for the upcoming month with links to view or download the publications. You can also access the most recent ChroniCLEs and calendars through links in the weekly OLLI News Bytes and on the OLLI Website.

If you are receiving the ChroniCLE in the mail, but no longer want it mailed to your home, send an email to <u>olli-info@fullerton.edu</u> with **your name and address** stating: "Do **not** send me a ChroniCLE in the mail." If you ever need the printed version, copies are always available in the OLLI office.

If you Need to Contact OLLI

Website: http://olli.fullerton.edu
Email: olli-info@fullerton.edu