



President’s Message

With the spring semester underway, I want to welcome you all back to OLLI, with a special welcome to new members who have just signed up. Please keep an eye out for the orange dot on the badges of those who are new this year, and welcome them to your class, or just say “Hi.”



In the spring, OLLI makes a special effort to publicize volunteer needs and opportunities. The Volunteer Opportunities Workshop was held on January 18th, and the Volunteer Recognition Social is scheduled on April 12th.

We depend on volunteers for almost everything at OLLI. That allows us to offer a very diverse program, while keeping costs more affordable. It also builds a tremendous community of active and engaged OLLI members. While some volunteer roles, such as class instruction, require a significant commitment, others may only require a few hours a week or month.

Please consider offering some of your time to become an OLLI volunteer. Even if you only stack chairs, or make coffee occasionally, the help is definitely appreciated. If you want to know more about any specific volunteer opportunities, send a note to olli-info@fullerton.edu.

Jim Monroe, President, OLLI Board of Trustees



Continue Supporting OLLI-CSUF after Your Lifetime

Passionate about supporting OLLI-CSUF even after your lifetime? It’s not only possible, it’s easy to do with a beneficiary designation. Just name OLLI as a beneficiary to receive assets such as retirement plans and life insurance policies after you’re gone. You simply fill out a form that is entirely separate from your will—which makes this approach an easy way to give.

Not only is it an easy way to give, but it’s also flexible—you aren’t locked into the choices you make today. You can review and adjust beneficiary designations anytime you want.

Retirement Plans and IRAs

A retirement plan or IRA is typically the largest source of assets that generate taxable income when paid to a beneficiary. More than half of your retirement plan assets could be subject to income and estate taxes. Therefore, if you are considering a gift to us after your lifetime, it is usually better to leave taxable assets to us and give nontaxable assets (such as stocks and real estate) to your loved ones. To complete your gift, simply contact your retirement plan or IRA administrator and complete a beneficiary designation form naming us as beneficiary and the percentage you’d like us to receive (1–100). Then mail it back to the plan administrator and keep a copy for your records. Beneficiary forms are filled out on your terms and can be changed at any time.

Life Insurance Policies

Maybe you once needed life insurance for your loved ones, but now your family’s requirements have changed. Why not use the insurance policy to help advance our mission? Not only will you make a substantial gift at a relatively low cost, but it is revocable at any time should you need to

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New Courses Offered, Spring Semester

See further details on the page indicated in the spring Blue Book.

Reiki Self-Care

This Japanese technique reduces stress and promotes relaxation and peace, so the body’s natural healing energies are able to flow freely and abundantly in a safe, gentle and non-intrusive manner. See Page 61.

Instructors: Marty Beery and Harvey Beery, Reiki Master Teachers.

Archaeology of Art and Music

Includes: Cognitive Archaeology—development of physical representations of art, music, ornamentation and tools; Behavioral Modernity—earliest demonstrated grasp of symbolism or art; Symbolism in Art—the earliest evidence in art; and Variations in Art—across time and ancient cultures. See Page 64.

Instructor: Bonnie Shirley.

Cancer: What It Is, Causes, Prevention, Screening, Diagnosis and Treatment

Get the most important data on the major progress achieved in the understanding of cancer—its causes, diagnosis and treatment. Many types are curable and cancer is no longer the most lethal of chronic diseases. See Page 65.

Instructor: Dr. Edgar Moran, Professor of Medicine, Emeritus, University of California, Irvine.

Video Club

Join amateur videophiles who want to learn how to videotape, design and edit home movies using iPhones, digital cameras and video camcorders. There will be guest speakers, field trips to interesting locations, tips on taking creative video and practice on editing your footage. See Page 67.

Coordinators: Bob Newcomb and Don Lake.

Chris Shaw, Editor

“Taking Steps” to Laughter

The Hospitality Committee has plans in the works for a fantastic OLLI Spring Event. Keep your eyes on the OLLI News Bytes, posters and flyers for the unfolding details.

First Clue: you will enjoy one of author Alan Ayckbourn’s most unusual farces, “Taking Steps,” on Saturday, March 10 at the matinee performance. You are also invited to have dinner in the Gastronome after the performance for more opportunity to discuss the play or just visit with OLLI friends.

“Taking Steps” is so titled because it takes place in a three-story Victorian mansion which was once a brothel and is thought to be haunted by a former resident. The unique set is one level and the cast of eccentric characters mime racing frenetically up and down the many stairs. This play was described by The Evening News as “A farce of riotous delight.”

Dinner at the Gastronome is always a favorite because of their amazing selection that fits every appetite. They serve tasty entrees, casual foods such as burgers and pizza, vegan and vegetarian selections, tempting desserts and their salad bar is always fresh and crisp. They are also “All you can eat.”

As OLLI members, you will have special pricing for the play and dinner. Don’t miss this fun event, COMING SOON.

Elaine Mitchell, Staff Writer

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change your plans. You can designate OLLI as the beneficiary for a percentage of your life insurance policy's death benefit. You choose whatever percent you desire. To complete your future gift, contact your insurance company or agent and request and complete a beneficiary designation form. Then mail it back to the insurance company. Keep a copy for your records.

Check Out This Potential Scenario

Robert and Carol treasure the financial help they've been able to give their children and OLLI over the years. Now that their kids are grown, Robert and Carol changed their estate plan so it could work harder for the people and charities they love. The couple updated their will to leave stocks and real estate to their kids. And they left OLLI a \$75,000 IRA to be transferred after their death. Because OLLI is tax-exempt, all \$75,000 will help support our mission.

If Robert and Carol had left the IRA to their children, approximately \$21,000* would have gone to pay federal income taxes—leaving only \$54,000 for their family's use. Robert and Carol are happy knowing they are making the most of their hard-earned money thanks to their updated estate plan.

*Based on an assumption of a 28 percent marginal income tax bracket.

Next Steps

Contact Hart Roussel at 657-278-5429 or hroussel@fullerton.edu for additional information on beneficiary designations and how they can help support OLLI with our mission.

Talk to your financial or legal advisor to learn which assets will or will not trigger taxable income when paid to a beneficiary.

If you name OLLI-CSUF in your plans, please use our legal name and federal tax ID.

Legal Name: OLLI-CSUF c/o Cal State Fullerton Philanthropic Foundation

Address: 2600 Nutwood Ave., Ste. 850, Fullerton, CA 92831

Federal Tax ID Number: 33-0567945

Hart Roussel, Director of Planned Giving University Advancement, CSUF

OLLI Flash Mob Performs

The OLLI Flash Mob performed at CSUF's Homecoming, which combined their celebration of Cal State Fullerton's 60th Anniversary, prior to the Titan men's basketball game on December 2, 2017.



Holiday Luncheon—December 13, 2017

You can see all the pictures taken at the Holiday Luncheon at <http://bit.ly/olli121317>.





OLLI Honors Its Donors

The OLLI-CSUF Board of Trustees wishes to acknowledge and thank our members and friends of OLLI who donated to OLLI during the last fiscal year, ending June 30, 2017.

We use these tax-deductible gifts to keep our membership dues affordable and to ensure sufficient funds are available to meet our operating and capital equipment needs. Donations may also be directed by the donor to one of our seven specific-use funds, which are described in the Blue Book (Page 17).

“We very much appreciate each and every donation—of any size,” stated Jim Monroe, President of OLLI-CSUF.

Following is an alphabetical listing of the donors:

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Housekeeping Reminder

After each class, return all chairs and other equipment to its assigned place. Look for a map showing the normal configuration in each classroom. Place extra chairs in Shapiro in their carts (armchairs separate from armless), and be careful not to block any exit. Your fellow OLLI members thank you.



Special Events

Events Requiring Registration

LAX Airfield Tour and Flight Path

Museum Visit

Thursday, February 1 • 8 a.m.-2:30 p.m. • Depart CSUF Lot A

You get a behind-the-scenes airfield tour, including A380 and Dreamliner aircraft and cargo and corporate jet operations, plus a visit to the Flight Path Learning Center & Museum. **Signup deadline is January 29.**

Spring Sock Hop

Saturday, February 3 • 4 p.m.-9 p.m. • Mackey Auditorium, Gastronome & Shapiro Wing

Join the fun, including a Pep Rally in the Auditorium, followed by an all-you-can-eat dinner at the Gastronome and then a sock hop dance in Shapiro ABCD. **Signup deadline is January 31.**

Spring Dinner

See details in the separate article in this ChroniCLE.

Flyers/Coupons: Flyers and sign-up coupons for events requiring registration will be available in the OLLI office, and on the OLLI website at <http://olli.fullerton.edu/> under “CLASSES/ACTIVITIES” - “OLLI EVENTS” or “DAY AND OVERNIGHT TRIPS.”

Jodi’s Hack Attack

It is shocking how attracted I am to you! I know you were thinking I meant a hot guy. Well no, I mean static cling.

During the drier months of the year have you ever had that “charge” of touching a door knob and getting a little jolt? Have you ever had your clothes cling to you in all the wrong places? Just run a wire coat hanger (not a plastic coated one) over your clothes. I know breaking up is hard to do, but the wire hanger breaks that connection.

Or, have you ever had your hair stand on end, like you put your finger in the light socket? Rub your hair gently with a dryer sheet to tame that hair—and you will smell good too!

Do you have a great tip or comment? Send it to firstclassjodi@yahoo.com.

Jodi Chistin, OLLI Member



OLLI

at California State University, Fullerton

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If you Need to Contact OLLI

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