



OLLI ChroniCLE

OSHER LIFELONG LEARNING INSTITUTE at CALIFORNIA STATE UNIVERSITY, FULLERTON

"A Continuing Learning Experience"

Dec 2019-Jan 2020

Volume XXXXI Number 4

President's Message



As I write this message at the end of November with the celebration of more Holidays ahead, I'm reminded during this season of introspection of why we are grateful. Of all the many benefits

of OLLI membership, socialization and friendships are primary as our bodies and brains age. The other two pillars of successful aging that are part of the OLLI program, physical activity and challenging learning activities, can be solitary endeavors. Hence, the inevitable loss of friends, through their death, loss of capacities so they no longer interact with you or they leave the area, takes a toll on all of us. There are many OLLI members who respond to losses, whether they be family members or close friends, by making positive impacts on the lives of others around them. This past Thanksgiving week, OLLI member Jeanette Reese shared her "OLLI Orphan Thanksgiving" in a broadcast on a local radio station. Through the loss of family members and close friends and having no children, she found herself alone on Thanksgiving and reached out to other OLLI members in a similar situation so they shared the holiday together. At some point in our lives, many of us will be in a similar situation and this is a solution for those who find themselves alone. What a great proactive idea to share during the holiday season!

OLLI's 40th Anniversary celebration will culminate in the next several months and it is a good time to take stock of where we are and where we want to go. OLLI's Board of Trustees will be reviewing what the core OLLI functions are and

Effect of Unsubscribing from Emails

Just like other emails you receive, emails from OLLI include the option at the bottom of the email to unsubscribe. Occasionally, OLLI members do unsubscribe, and they usually cite a reason like "No longer a member." But sometimes it's because they don't think they need a particular kind of notification, or they feel they receive too many emails from OLLI.

As Vice President Communication, I can tell you we are sensitive to the volume of emails.

We have two weekly newsletters—one for curriculum class information for the upcoming week, and the other for information about general OLLI issues and specific events, like social events and trips. The Announcements & Events newsletter is sent each Saturday and the Class Information & Updates newsletter is sent each Sunday, except during intersessions.

We try to get all the information members need for the upcoming week in one or the other of these newsletters, but occasionally a class is cancelled or a road on campus is closed in mid-week, and an additional email must be sent to members to notify them of this time-sensitive, single issue. These single-issue emails result in the most unsubscribes by far, according to our records, so our procedure is we only do them for important, time-sensitive purposes.

Unfortunately, unsubscribing from OLLI emails is an all-or-nothing option. When you unsubscribe to one email, our email distributor (Constant Contact) unsubscribes you from all future emails from OLLI, in accordance with FTC rules on Spam. That means you no longer get the emails announcing and distributing the digital Blue Books each semester and ChroniCLEs each month, as well as all

President's...Continued on Page 7

Effect of ...Continued on Page 3

President Joyce Ono
 Vice President Administration Mike Stover
 Vice President Programs Ellie Monroe
 Vice President Communication Chris Shaw
 Vice President Membership Debbie Maxwell
 Vice President External Relations Janice Jeng
 Vice President Facilities Pete Saputo
 Vice President Hospitality Elaine Mitchell
 Vice President Technology Jim Cennane
 Treasurer Tom Toby
 Secretary Ann Sparks
 Chris Shaw (tashawc01@gmail.com), Editor; Denny Bean, Alice Gresto, Susan McNamara, Elaine Mitchell and Mary Sampson, Staff Writers

Desktop Publishing: Celia Reynolds, Photographers:
 Jim Cennane, Barry Kolesar, Joyce Ono, Donna Spradling and Maryann Stevens

OLLI Diversity Program



On October 3, 2019 Violette Prentice, Director of Special Olympics, and Paul Hoffman, Spokesperson for Special Olympics, spoke to OLLI members in the Mackey Auditorium about diversity, equity and inclusion, and why they matter to OLLI members

and the public in general.

Diversity in OLLI membership was identified by the OLLI Board of Trustees as a goal for OLLI several years ago. Janice Jeng, Vice President External Relations, with the support of OLLI member Jerry Hunter, has sponsored OLLI's Diversity Program for the last two years, bringing in representatives from various organizations throughout the community to discuss diversity issues.

In a world that strives for social equality—diversity, equity and inclusion challenges us to live our commitment to serve a common good. The speakers discussed the current

diversity trend, how those trends impact individuals across a broad spectrum, and ways that individuals can embrace opportunities for inclusion. Their goal was to help attendees gain a better insight into a world of possibilities through diversity.

The next OLLI Diversity Program event will be on January 23 at 10 a.m. in Mackey Auditorium. Dr. Andrew Howat, Professor CSUF Philosophy Department, will present “Ideology and Political Communication: A Philosophical Perspective.” It has become much more difficult in recent years to communicate constructively about politics in America, especially across various ideological divides, according to Dr. Howat. Dr. Howat will facilitate a discussion of how and why political arguments break down. The goals of the session are: To arrive at a clear understanding of the nature and scope of the problems of political polarization and argumentative breakdown; and to think together about what solutions, if any, there might be. Audience members will be invited to reflect on their experiences of constructive communication or persuasion across ideological divides and the obstacles they have encountered in the process.

Janice Jeng, Vice President External Relations

Spring Preview (Open to the Public)

Saturday, January 4 • 10-11:30 a.m.

Mackey Auditorium and Shapiro Wing

OLLI's Spring Preview, open to members and the public, will provide an overview of the courses and events offered to OLLI members during the spring semester, starting January 13, as we continue celebrating our 40th anniversary.

Following the program in the Mackey Auditorium, we will honor our 90+ Club members, and free, light refreshments will be served in the Shapiro Wing.

New member and renewal registration will also be available during the event.

Parking is free on Saturday, and the OLLI Trolley will be available to transport you and your guests from the State College Parking Structure on Gym Drive (off State College Blvd.) to the Ruby Gerontology Center.

Spring Semester Parking Tips

Construction of the new parking structure will continue through the spring semester, and the University expects it will be complete before the end of summer. Parking restrictions continue: OLLI parking permits are not valid in Lot E (unless an assisted parking attendant parks it for you), and permits are valid in Lot D only on Fridays.

Our experience during fall semester indicated that CSUF student attendance drops off after the first month of a semester, and spring semester enrollment is traditionally lower than fall semester, providing additional parking relief. After the first month parking spaces should be readily available in Lot G up to 9 a.m., and in Lot A at later times. During the first month, consider arriving on campus no later than 8:30 a.m., particularly during the peak attendance days of Tuesday, Wednesday and Thursday.

OLLI Trolley. The OLLI Trolley will continue service to Lots G and A, located along Yorba Linda Blvd, and for the pick-up/drop-off point for the off-campus (EvFree) shuttle on Monday through Friday. See the Trolley schedule on the OLLI website (<http://olli.fullerton.edu/>, [click on PARKING AND OLLI TROLLEY](#)).

Assisted Parking. Assisted parking, or double (“stacked”) parking by attendants, is available for surface Lots G, A, A-South, College Park South and Titan Hall. Lots G and A are located along Yorba Linda Blvd.

OLLI is also authorized to use stacked parking in Lot E, as long as the attendant parks the car, and we don’t park in a Lot E space ourselves.

Off-Site Parking Facility (EvFree). This was a popular option for OLLI members last semester; members found it easy to use and wait times for shuttles was minimal.

OLLI parking permits are valid at the off-site parking structure next to the First Evangelical Free Church on N. Brea Blvd. (2801 N Brea Blvd.), just north of E. Bastanchury Road. Parking is allowed on levels 2 and 3, Monday through Thursday (not Friday), from 7:30 a.m. to 7:30 p.m.

CSUF provides free shuttle service between the EvFree parking structure and the campus near the Parking & Transportation Office on State College Blvd.

Carpooling. Reserved spaces will continue to be provided for registered carpools in OLLI’s Lot J. Unused reserved spaces will be available to anyone after 9:45 a.m. The application form is on the OLLI website (see link below).

OLLI members are also eligible to use the CSUF Titan Waze Carpoolers Group, which connects drivers and passengers from similar destinations with similar schedules by pairing them together to share campus commutes.

Parking Lot Spaces Available Monitor. See the OLLI website for access to CSUF’s parking lot open space monitoring system to help you gauge real-time parking space availability on campus (note: space monitoring is accurate only for campus parking structures, not lots).

Best-Kept Parking Secret. Lot G has quite a few disabled person parking spaces, located just across West Campus Drive from the stadium entrance, where an OLLI Trolley stop is located. It turns out those spaces are almost never used.

More information on these and other parking issues is available on the OLLI website at <http://olli.fullerton.edu/>, [click on PARKING AND OLLI TROLLEY](#).

Chris Shaw, Editor

Effect of ...Continued from Page1

newsletters and single-issue emails. We understand the frustration of receiving too many emails, but we don’t want to lose contact to this extent with any member.

An easy way to get back on our email distribution list after you have unsubscribed is to go to our online sign-up form at <http://tinyurl.com/olliEmailSignUp>, enter your email address, first name and last name, and then click on Sign Up.

If you are having trouble with this, or any other issue, send an email to ollinewsbytes@hotmail.com or directly to me at tashawc01@gmail.com. We want to get information to you as efficiently and unobtrusively as possible, but with some color and fascination too.

Chris Shaw, Vice President Communication

Dr. Joe Lawton—Bringing Medicine and Music to OLLI



Joe Lawton, an OLLI member for approximately 14 years, organized the “Jazz Series” about 13 years ago. He offers an opportunity for OLLI members and their guests to enjoy live jazz and hear discussions

about the history of a particular theme in jazz. He does this through music provided by himself and Mike Le Van and the Docs, a group made up of professional jazz musicians and two local physicians.

How did a traditional family doctor become OLLI’s jazz maven? His parents were not musicians. He grew up in Iowa and moved to Bellflower, California with them where he became part of a marching band called Reeve’s Rangers. It was a similar situation to the plot of “The Music Man,” in that a man named Reeve was selling musical instruments and formed a band. Joe got a saxophone.

The saxophone gathered dust for 50 years while Joe was becoming a doctor and practicing medicine. He graduated from Loyola, then Creighton University Medical School in Omaha and interned at LA County USC Medical Center. He eventually moved to Fullerton and worked at St. Jude for 40 years, starting in 1960. For two years he was the Chief of Staff. He was also Chairman of the Board of Trustees for six years. After retirement, he was Vice-President of Medical Affairs for seven years. Joe says that being a doctor has changed a lot since he first began. A family physician no longer makes rounds to look in on his or her patients in the hospital. It is much less personal than it used to be.

After joining OLLI, Joe rediscovered his old sax and practiced a bit. He knew a couple of doctors who played jazz. He offered to teach a class on jazz, but needed a place to perform. He had met Mike Le Van, a professional pianist who had gone to CSUF, in a restaurant in La Habra, and

Mike agreed to join the group. Joe checked with several restaurants in downtown Fullerton and found that Steamers was willing to have the Docs perform there on one Saturday afternoon a month. In addition to Mike Le Van and Joe, Jim Pearle, a pulmonologist, plays guitar. Elena Gillian sings with the group. Over the course of the group’s 13-year existence, other musicians, all classically-trained, have cycled in and out.

When Steamers closed, Joe went looking for another venue in which to perform. He found it at Florentine’s. The Docs currently perform on the first Saturday of the month at Florentine’s on Harbor Boulevard and recently at Belage Gourmet on Sunnycrest Drive on the third Friday.

What does Joe get out of performing? He loves the emotional feedback from the audience because it is very fulfilling. He also enjoys being able to improve his playing and the satisfaction of being able to “hold his own” with professional musicians.

As if organizing and planning the programs for the jazz performances wasn’t already enough to fill Joe’s time, he has the “Medical Series” which he started at about the same time as the “Jazz Series.” He coordinates one “Medical Series” at Morningside and one at the Elks Club in Fullerton. A lot of preparation goes into both medical programs. He has to line up the doctors and medical professionals for each one.

Dr. Joe Lawton is not one to brag about his accomplishments, but he does have a lot of admiration for the full-time dedication of many of the OLLI members.

Mary Sampson, Staff Writer



Did You Know? In 1988 Mackey Auditorium was named after Dr. Francis G. “Bud” Mackey, Medical Director of St. Jude Medical Center. He not only made a major donation to building the RGC, he established our initial collaboration with St. Jude, which continues to flourish today as Dr. Joe Lawton’s Medical Series.

To see CLE/OLLI’s complete historical timeline, go to the OLLI website at <http://olli.fullerton.edu> and click on About OLLI-CSUF.

“Peace, Love & OLLI” Dinner—October 19, 2019



OLLI-CSUF Collaborations: Sharing Life Stories

The Collaborations take many forms as OLLI and CSUF take turns in sharing the skills and talents present on this campus. The OLLI people are entertained by wonderful musical presentations by CSUF students who hone their stage presence in the Mackey Auditorium. OLLI members mentor nursing students on their writing skills.



Student nurses visit OLLI classes to observe the “wellderly” (well elderly) in action and follow up with personal interviews to learn about how we manage our lives in our golden years. OLLI is the source of many volunteers for subjects in medical studies, health studies and degree programs. We supply mentors for students in the schools of business and engineering.

The students study us. Studies indicate that by 2030 half of our population will be 50 years of age or older. That is the population the students will serve and lead. I am a member of the OLLI Collaborations Team. I recruit OLLI members to share their life stories with the “Diversity and Aging” class taught by Professor Karen Fazio and the “Gerontology 133” class taught by Professor Karen Wong.

In today’s society our young people do not have the opportunities afforded to them to regularly relate to senior citizens, yet these are the very people they will be working with in their future years. Our OLLI members bring a wealth of variety in their backgrounds and experiences. They are first generation immigrants; they are the children of the Great Depression; they are fighter pilots from World War II. They lived through the

era of Civil Rights after years of oppression and segregation. They have experienced childhood in concentration camps. They have built businesses. They have become professionals, scientists, teachers, doctors, lawyers, water engineers, space program developers, musicians, writers, dancers, entrepreneurs, artists, parents and more.

Every semester Karen Fazio gives me a topic for an OLLI panel to address. This semester we addressed diversity; dealing with race, gender, LGBTQ, religion, economic status or ageism, and how we experienced or witnessed it in our lives. In Karen Wong’s Gerontology class our panel visits three times a semester where we deal with our early years, middle years and our golden years. We have just finished our second visit where we spoke of our middle years, dealing with the trials and tribulations of marriage, careers, families, money and death.

Each story is so personal, so different, so amazing: A kindergarten student comes to class with a burn mark on his face made by a steam iron; a teacher escapes the segregated south to find love and a rewarding career in the north; an engineer cares for his beloved wife in her battle against cancer. Pictured are, from left to right: Instructor Karen Wong and OLLI members Kay Ressler, Phyllis Drakeford and Alice Gresto.

At the end of the semester each student writes a note to one of the OLLI panel members identifying what they most appreciated about the story shared. The OLLI panels always enjoy their fan mail.

Alice Gresto, Staff Writer

**OLLI members on the LAX Airfield Tour,
getting a close-up view of the Airbus A-380, the
largest passenger airliner in the sky today.**



President's ...Continued from Page 1

identifying the expertise necessary to carry out these functions. While volunteers carry out many of the operations that underlie OLLI, there are some that require stable, in-house expertise that should be carried out by professional staff, either in the office or by CSUF entities. Our five-year 2016-2021 Strategic Plan will need to be updated, so this review of our operations should be a useful prelude to this task.

Our tireless Vice President Administration, Mike Stover, is heading the Policies and Procedures Committee to update these documents so they better reflect OLLI's current operations. In the previous update (approved in 2018), a policy to establish an Ethical Environment in OLLI was added and based on CSUF's policy. However, our document lacks clear guidelines for dealing with different levels of uncivil behavior and this will be one of the major targeted areas of the update.

OLLI will be previewing the new spring term on Saturday, January 4th at 10 a.m. (see announcement in this issue) and honoring the growing number of members who are 90+ years young. Mike Stover and Ellie Monroe, Vice President Programs, will be hosting the festivities since I will be "stuck" in Hawaii visiting my family.

I hope this message conveys some of my thoughts as we celebrate the start of another decade, the beginning of a new OLLI semester, and informs you of some major activities of the OLLI Board of Trustees. Happy Holidays and Hau'oli Makahiki Hou (Hawaiian for Happy New Year)!
Joyce Ono, President, OLLI-CSUF



Did You Know? In 2006, the Continuing Learning Experience (CLE) at CSUF joined with Bernard Osher's nationwide organization of lifelong learning programs, becoming Osher Lifelong Learning Institute at Cal State Fullerton (OLLI-CSUF), and received over \$2 million in endowments from the Bernard Osher Foundation.

To see CLE/OLLI's complete historical timeline, go to the OLLI website at <http://olli.fullerton.edu> and click on About OLLI-CSUF.

Special Events

Events Requiring Registration

South Coast Repertory Theatre Backstage

February 10 • 9 a.m.-3:30 p.m. • Lot A

See flyer for details.

Registration ends January 17.

Sadie Hawkins Dance & Reception

February 29 • 3-6 p.m. • Shapiro ABCD

Casual, fun dance to the theme of Li'l Abner from Dogpatch, followed by a reception.

Registration starts February 10.

Much Ado About Pasadena

March 5 • 9 a.m.-6 p.m.

Narrated, driven tour of famous sights and guided tour of Tournament House included.

Sign-ups at Good Times Travel end February 5.

San Diego Getaway Overnight Trip

May 4-5

San Diego Safari Park, Seaport Village, Balboa Park and Museum of Music are included.

Sign-ups at Good Times Travel end March 5.

Alaska Cruise & Land Tour

August 26 to September 8, 2020

7-day Princess cruise from Vancouver plus 6-day land tour. See flyer for details.

Check availability for friends & family.

No Registration Required

Spring Preview

January 4 • 10-11:30 a.m. • RGC

See separate announcement for details.

New Member Orientation

January 7 • 1-2:30 p.m. • Shapiro ABCD

See Blue Book for details.

Coming Up

(dates subject to change)

Pasadena Architectural Tour • March 5

OLLI: Past, Present & Future • March 12

More Information

Flyers and sign-up coupons for events requiring registration will be available in the OLLI office, and on the OLLI website at <http://olli.fullerton.edu/> under "CLASSES/ ACTIVITIES" - "OLLI EVENTS" or "DAY AND OVERNIGHT TRIPS." Watch for updates in future ChroniCLES and OLLI Announcements & Events newsletters.



OLLI

at California State University, Fullerton

"A Continuing Learning Experience"

1979 - 2019: 40 Years of Excellence

Ruby Gerontology Center, Room 7

P.O. Box 6870

Fullerton, California 92834-6870

(657) 278-2446

**Address Service
Requested**

Nonprofit Organization
U.S. Postage
PAID
Permit No. 487
Fullerton, Calif

Dated Material

Do Not Delay Delivery

Not Receiving OLLI Emails?

If you have unsubscribed in response to **any** OLLI email, you have unsubscribed from **all** OLLI emails. If, for any reason, you are **not** already receiving OLLI emails about upcoming classes, events and special notices, you can subscribe (or re-subscribe) by going to <http://tinyurl.com/olliEmailSignUp> and entering your email address, first name and last name.

If you still have trouble receiving emails from OLLI, send an email to ollinewsbytes@hotmail.com and include your name and email address.



How to Get the ChroniCLE by Email - Save Trees and Stamps!

Unless you elected not to receive emails from OLLI, you are currently receiving an email each month announcing the new ChroniCLE and calendar for the upcoming month with links to view or download the publications. You can also access the most recent ChroniCLEs and calendars through links in the weekly OLLI newsletters and on the OLLI Website.

If you are receiving the ChroniCLE in the mail, but no longer want it mailed to your home, send an email to olli-info@fullerton.edu with **your name and address** stating: "Do **not** send me a ChroniCLE in the mail." If you ever need the printed version, copies are always available in the OLLI office.

If you Need to Contact OLLI

Website: <http://olli.fullerton.edu>

Email: olli-info@fullerton.edu