



President’s Message



start in September marks OLLI’s 40th Anniversary. The 40th Anniversary Planning Committee chaired by our Vice President

Administration, Mike Stover, has planned events to commemorate this milestone in OLLI’s history. We will initiate this anniversary celebration during **OLLI’s annual Open House on Saturday, August 10th.** Throughout the coming year, look for interesting events and tributes to visionaries who have contributed to the OLLI we enjoy today. This will be a year when we celebrate the OLLI of the past, the present and consider what our OLLI should be like in the future.

The new OLLI Board of Trustees (BOT) was inaugurated on May 23 and is in the midst of identifying objectives for the coming year aligned with OLLI’s 2016-2021 Strategic Plan (available on the OLLI website). At the time that this Strategic Plan was developed, OLLI’s Ruby Gerontology Center (RGC) was under threat of the campus’ new Master Plan. In one of the scenarios of the Master Plan at that time, the RGC was to be replaced with more student housing. I am happy to report that in the most recent campus [Master Plan draft](#), which is scheduled to be finalized by spring 2020, none of the three scenarios shown at the end of the plan calls for the demolition of the RGC. OLLI provided input to the plans being considered and included a list of OLLI’s needs, crafted by the Long Range Planning Committee in 2016, as the basis for considerations of OLLI’s presence and

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Important Parking Changes for 2019-2020

A new parking structure is under construction in Lot E, south of the Gastronome. Construction is planned to take 13 months. Since the construction area takes up 500 existing parking spaces in Lot E, parking will be a serious challenge for OLLI members and CSUF students, faculty and staff until the new facility is completed.

During the fall 2019 and spring 2020 semesters, OLLI parking permits are not valid in Lot E. OLLI members are also not allowed to park in Lot D (next to the tennis courts), except on Fridays. And East Campus Drive (along the 57 Freeway) will be blocked at the construction site.

To compensate, OLLI parking permits are valid at CSUF’s off-campus parking structure (EvFree) with free shuttle service to the campus provided by CSUF. The three-story parking structure at EvFree Fullerton Church is located at 2801 N Brea Blvd. From Monday to Thursday in the fall and spring semesters, 26-person shuttles operated by the University run continuously from 7:30 a.m. to 7:30 p.m. from EvFree to the campus and back, but plan for wait times of 15-30 minutes.

The University will also provide “stacked” parking (double parking by attendants) in Lots E, G and A as well as at College Park South Lot and Titan Hall Lot. Lots A and G are located along Yorba Linda Blvd.

OLLI’s Lot J, next to the Ruby Gerontology Center (east side), is not affected by any new restriction, but keep in mind that Lot J is not reserved for OLLI members after 6 p.m. on weekdays, nor on weekends.

OLLI’s Vice President Administration Mike Stover heads a committee working on ways to mitigate these restrictions. “I encourage OLLI

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President Joyce Ono
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Time to Renew Your OLLI Membership

Online membership renewal for the 2019-2020 OLLI school year, or fall 2019 semester, is now open. For those needing assistance with the online renewal system, help is available. Dates and hours for assistance are posted around the OLLI campus and in the OLLI Announcements & Events newsletter.

You will need your student account username and password to renew online.

- If you renewed your membership last year or obtained access to CSUF Wi-Fi, you created a CSUF/OLLI student account with a username and password.
- If you have not created your OLLI student account, please come to the OLLI office between 8:30 a.m. and 4 p.m. to obtain your campus-wide identification (CWID) and PIN numbers.

You can renew your OLLI membership online on your home computer by going to the OLLI website at <http://olli.fullerton.edu/> and clicking on JOIN/RENEW, listed on the far right. Follow the registration instructions provided on this webpage. Once you have completed and paid for

registration, be sure to print a copy of the receipt.

Please consider not checking the box indicating you want the Blue Book mailed to you, so OLLI can save printing and mailing expenses. You will continue to receive the Blue Book via email, and printed copies will be available in the OLLI office.

If you don't have a computer at home, registration computers are available at OLLI. If you are unsure of the steps, or want some help with the process, you can come to the RGC on posted days and hours or call 657-278-4012 or email olli.membership@gmail.com to make an appointment with a volunteer to get help with registration. Please provide all contact information when leaving a message.

Kathryn Cozza, Vice President Membership

OLLI Masters in Gerontology Award: Blanca Quinteros



Each year OLLI selects one outstanding Masters in Gerontology graduate student to be recognized for his or her exceptional contributions to the field of gerontology. As in past years, John Blaydes represented OLLI at CSUF commencement on May 10, presenting the honoree with a check for \$1,000.

This year the Masters in Gerontology Outstanding Graduate Award recipient is Blanca Quinteros.

For over a decade Blanca has worked with Los Angeles County as a social worker. She has investigated reports with allegations of abuse, exploitation, unsafe living conditions and self-neglect involving impaired older adults and dependent adults. This past year she has completed internships with two Orange County Alzheimer's facilities.

She desires to continue working in her field and strives to achieve her doctorate. She has two major

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Get the Blue Book Online

It's Convenient and Cost-Effective

OLLI's course catalog, the Blue Book, is the principal source of information about the curriculum and events offered each semester, and it contains a great deal of other useful information for OLLI members.

The Blue Book is published three times a year, before each fall and spring semester and summer session. It is both snail-mailed and emailed to all OLLI members, unless you elected not to receive emails from OLLI or you have no email address.

OLLI's Board of Trustees wants to reduce this duplication, and its inherent additional costs, by making the digital copy the default and the paper copy optional.

Beginning with the spring 2020 Blue Book, you will receive a printed copy of the Blue Book in the mail only if you requested it on your online, membership registration/renewal form. This year's registration/renewal form includes an opt-in question. You will continue to receive the Blue Book by mail only if you check the box requesting it. The question has been added next to the existing opt-in for the ChroniCLE. The Board encourages you not to request a hard copy.

The Board does not wish to discontinue printing copies of the Blue Book, only to reduce the number printed and mailed to conserve OLLI's budget for other expenses and to save some trees. OLLI members who don't get email, or who simply wish to continue receiving the Blue Book in the mail, can request, through this opt-in question, to continue receiving it in the mail. And a supply of printed Blue Books will continue to be available each semester in the OLLI office for anyone who wishes to pick one up.

What are the advantages of a digital Blue Book?

Convenience: The email with a link to the Blue Book comes to you right away—there's no waiting for mail delivery or having to come to the campus to pick up a hard copy. The link in the email enables you to either view it or download it for future reference on your desktop computer, laptop or cellphone. The Blue Book is simultaneously added to the OLLI website at <http://oli.fullerton.edu> for you to reference at any time with the

convenience of being able to automatically add any classes you select to your online calendar. Remember, if the Blue Book is on your cellphone, you don't need to carry the book around with you anymore.

Comprehension may be hard to see for many of our members. Whether you view it on the OLLI website or you use the free Adobe Reader software on your computer or cellphone you can zoom in, or magnify, the page as you: We print the Blue Book in 11-point type size, similar to a newspaper, which read.

Conservation: Of course, one of the most positive side-effects of utilizing paperless, electronic communication and eschewing the printed word is saving trees. But what is not so obvious is the massive carbon footprint created by the energy it takes and the chemicals emitted in converting the tree to pulp, processing the pulp into paper, printing the text and binding the paper into a book, plus all the transportation needed between each step, up to the delivery of the Blue Book to your home.

We spend more than \$7,000 a year to print and mail Blue Books to members' homes. You can help us lower that number and help save the environment by accessing the Blue Book online. Welcome to the "digital age."

Chris Shaw, Blue Book Editor

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members to start thinking about ways they might avoid the shock of not finding a parking space on campus once the fall semester starts on September 9, particularly on the heaviest days of Tuesday, Wednesday and Thursday," Mike said, "like coming in earlier, carpooling or utilizing the EvFree off-campus parking." His committee is researching many options, like adding OLLI Trolley runs on Fridays and extending its route beyond Lot G.

Check with the OLLI office or website (<http://oli.fullerton.edu>) for the latest parking information, and watch for updates in the weekly OLLI Announcements & Events newsletters.

The good news is that, once the construction is complete in fall 2020, the new parking facility is expected to provide surplus parking on campus.

Chris Shaw, Editor

OLLI-CSUF Announces Recipient of 2019 Betty Robertson Award

OLLI-CSUF is proud to announce the 2019 winner of the Betty Robertson Award to Anneke



Mediola. On May 18th, she graduated at the age of 82, magna cum laude, with dual Bachelor's degrees in Liberal Studies and Philosophy from California State University, Fullerton. She was

named speaker for each of her two degree areas at the graduation ceremonies. Each year the Betty Roberson Award is awarded by OLLI to an older CSUF student graduating with high recognition for their achievement in their devotion to lifelong learning. Anneke was happy to hear that her award included a gift of \$1,000 which she first thought to use for a summer trip to Europe to visit her relatives, but soon changed her mind as she considered the expenses involved in continuing her education in the fall when she will begin her pursuit of a Master's degree in Evolutionary Anthropology.

Mendiola has commented that returning to school in her later years was perhaps easier for her when considering her wealth of life experiences, which made the understanding of the ideas and concepts presented in the classes easier to comprehend.

A native of Holland, she credits her father for her love of learning. At the end of World War II, with the arrival of Canadian troops in Amsterdam, she asked her father if she too could be a soldier. He responded, "You can be a five-star general if you want to be!"

She studied in Australia, danced in Spain, married and eventually settled in Southern California where she worked in Santa Ana in social services. She met with clients in need of financial assistance and determined their eligibility for receiving financial aid. Through the years she advanced to supervisor level within the system. She helped to serve the needy for 20 years.

After her husband passed away she studied piano

for a while, but then decided to retire and go back to school. Her daughter, class of 1998, had taken a degree in American Studies at CSUF and had gone on to become a lawyer. She highly recommend Cal State Fullerton to her mother. Anneke took her daughter's recommendation, and is still enthralled with the programs available at CSUF.

Alice Gresto, Staff Writer

Scholarship Announcement

Scholarships for membership are available for those having financial hardships. Applications can be requested through the OLLI office by phone or sending an email to olli-info@fullerton.edu. Applications must be received no later than Thursday, August 22, 2019 for the fall 2019 semester. Each applicant will be contacted to set up an interview with the committee shortly after the application due date.

Fred Shecter, Chair, Scholarship Committee

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contributions to the campus.

The OLLI Open House is one of our biggest annual events and involves numerous volunteers to plan and showcase the many benefits of OLLI's classes, activities and positive spirit. The buzz and collaboration among so many members is exciting and palpable by those attending the event as we showcase to each other and to potential new members what we do at OLLI. This is the time you get to see what occurs in classes that you might not attend. Although we have purposely tempered marketing OLLI membership in the past several years, we still need to replace about 20% of our membership each year, and the OLLI Open House is one of our best ways of accomplishing this in a half-day event. So, bring potential new members to the Open House on August 10 and share what you enjoy as an OLLI member!

Joyce Ono, President, OLLI-CSUF

OLLI "All American" Dinner—June 22, 2019



Giving Back: Mentoring CSUF Students on Soft Skills

In retirement I hope to achieve two things: be happier and give back. In my previous work-a-day



life those two desires were hard to fulfill. Joining OLLI and mentoring through the OLLI-CSUF Collaboration program helped me with both.

During my first year at OLLI, I responded to a volunteer request in the weekly OLLI News Bytes (now OLLI Announcements & Events) newsletter. Instructors in the Entrepreneurial Department at CSUF's [Mihaylo Business College](#) needed mentors to work with student teams. The University contact was Charlesetta Medina from the Entrepreneur program. Charlesetta described how their mentors attended some classes with the students and worked with six-student teams on their semester-long projects. At first I didn't think I could offer the students any help. It also sounded like a "job" and I wasn't looking for a 15-week commitment to work. I was encouraged to pursue it after speaking with OLLI member Ron Osajima about his wonderful mentoring experience.

The first class I mentored was for [Professor Tom Miller](#) in Management 461, Entrepreneurial Management, during the fall semester of 2016. The student's project was to help Innovative Healthcare Partners, a 2-person small business in Corona, with a business management problem. I didn't know anything about healthcare so I was concerned I couldn't contribute. As it turned out many of the challenges students have in such projects has nothing to do with the class subject matter or the client's problem. They are young, and dare I say a little naive, about how to interact with professionals in a business setting.

I believe the greatest help I provided was being the adult in the room. Among other skills, I helped

them know the best way to communicate with customers and business partners. Things like when it's best to talk in-person, versus on the phone, versus an email versus a text message. Delivering bad news; in-person is best. Providing trivial, info-only updates: a text is fine. Giving a long, detail-laden message: an email is best. Sometimes it was interpersonal skills: remembering names, making eye contact, enunciation, handshakes, speaking slowly or showing interest by asking questions—you get the idea.

OLLI mentor and Vice President External Relations Janice Jeng expressed best how OLLI mentors help; "soft skills." I can offer students advice from my wisdom and life experiences gained over 40 years of my career. So can you! You have soft skills and wisdom, and wouldn't it be great to share those with today's CSUF youth who need them to succeed? Give back!

Please watch the three one-minute videos by student Alexis, Professor Miller and mentor Janice Jeng about their mentor experience at the following link: bit.ly/newmentor2019.

Mentoring is a "two-for" for me. It allows me to give back and brings me happiness. I have volunteered as a mentor in eight classes at Mihaylo Business College since 2016. To learn more about mentoring at CSUF, contact Janice Jeng at d-jjeng@sbcglobal.net or Susan Mullaly at suemull2@msn.com.

Jim Cenname, Vice President Technology

Concert Under the Stars "Peace, Love and Music" Saturday, September 21

This year's theme, "Peace, Love and Music" is a homage to Woodstock's 50th anniversary.

Attendees will enjoy an evening of exceptional entertainment by talented students and alumni. Fireworks will conclude the evening. OLLI's special ticket price for members, family and friends is \$50. Festival starts 5:30 p.m. with the concert at 7:30 p.m. Watch the OLLI Announcements & Events newsletter for reservation information and the flyer for more details.

Fall Open House (Open to the Public)

Saturday, August 10

9 a.m.-10 a.m. • Docent-led Tours/Exhibits/Coffee • Ruby Gerontology Center

10 a.m.-11 a.m. • Fall Preview Meeting • Mackey Auditorium

11 a.m.-noon • Exhibits/Registration Opportunity • Ruby Gerontology Center/Room 20

This is an opportunity to share OLLI with your friends! Invite them to visit our facilities in the Ruby Gerontology Center, view activity booths, meet members representing the various courses and OLLI activities, and learn about the 2019-2020 new and continuing programs. Light refreshments will be provided. Membership registration will also be available during the event. Parking is free on Saturday and the OLLI Trolley will be available to transport visitors from the State College Parking Structure on Gymnasium Drive.

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goals. One, is to create a nonprofit organization to bring some assistance to needy older adults residing in Latin American countries. The second is to establish a global website on aging.

The internet has revolutionized the way we gather and disseminate information. The necessity to disseminate studies on aging and global aging motivated Blanca to create a global website for university students to pursue these issues.

The aging population, known as the “Silver Tsunami,” continues to grow faster than any other age group. Her purpose is to create a global website that provides an overview on global aging (aging trends in Europe, Africa, Asia and Latin America) while providing resources and information exploring the challenges and opportunities that face global aging. Her global aging website will cover the issues of elder abuse, guardianship and welfare systems for older adults. This website will gather resources to create a one-stop source of information that will connect university students with the field of global aging.

Blanca’s dedication to her chosen profession has enabled her to truly affect the quality of life for aging adults. She **will** make a difference in their lives.

Good luck in the future and congratulations to Blanca on completing her Masters of Science Degree in Gerontology at Cal State Fullerton and winning OLLI’s Masters in Gerontology Award.

John Blaydes, Lead, OLLI Speakers Bureau

Special Events

Events Requiring Registrations

Harbor and Ports Tour

Thursday, September 5 • 8 a.m.-3 p.m. • Lot A
Two-hour narrated tour of Long Beach & LA harbors, incl. battleship Iowa & Queen Mary.
Registration ends July 31.

Concert Under the Stars

Saturday, September 21 • 5:30 p.m.
See separate announcement for details.

No Registration Required

Fall Open House

Saturday, August 10 • 9 a.m.-noon • RGC
See separate announcement for details.

Coming Up

(dates subject to change)

New Member Orientation • September 4

Welcoming Social • September 19

New Member Round Table • October 10

LAX Airfield Tour & Museum • October 16

Mission Inn Festival of Lights • December 3

OLLI Holiday Luncheon • December 11

Rose Parade • January 2

More Information

Flyers and sign-up coupons for events requiring registration will be available in the OLLI office, and on the OLLI website at <http://olli.fullerton.edu/> under “CLASSES/ACTIVITIES” - “OLLI EVENTS” or “DAY AND OVERNIGHT TRIPS.”

Watch for updates in future ChroniCLES and OLLI Announcements and Events newsletters.



OLLI

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If you have unsubscribed in response to **any** OLLI email, you have unsubscribed from **all** OLLI emails. If, for any reason, you are **not** already receiving OLLI emails about upcoming classes, events and special notices, you can subscribe (or re-subscribe) by going to <http://tinyurl.com/olliEmailSignUp> and entering your email address, first name and last name.

If you still have trouble receiving emails from OLLI, send an email to ollinewsbytes@hotmail.com and include your name and email address.



How to Get the ChroniCLE by Email - Save Trees and Stamps!

Unless you elected not to receive emails from OLLI, you are currently receiving an email each month announcing the new ChroniCLE and calendar for the upcoming month with links to view or download the publications. You can also access the most recent ChroniCLEs and calendars through links in the weekly OLLI News Bytes and on the OLLI Website.

If you are receiving the ChroniCLE in the mail, but no longer want it mailed to your home, send an email to olli-info@fullerton.edu with **your name and address** stating: "Do **not** send me a ChroniCLE in the mail." If you ever need the printed version, copies are always available in the OLLI office.

If you Need to Contact OLLI

Website: <http://olli.fullerton.edu>

Email: olli-info@fullerton.edu