



SPRING 2020 BLUE BOOK INTERSESSION ADDENDUM

NEW COURSES

Managing Crises, the Role of Emergency Management

Saturday, April 18 • 10 a.m.-11:30 a.m. • Zoom Meeting*

Amid this unprecedented situation, people are probably wondering how decisions are made, who makes them and how is all of it coordinated? Enter the fascinating world of Emergency Management! In this presentation you will have those questions answers, plus learn a little history and the basic tenants Emergency Management, along with its vital importance in preparing, responding and recovering from any crisis situation. This will hopefully give everyone an appreciation for the complexity and challenges that accompany situations such as COVID19, and how you too can make a difference.

Note: Please send in your questions prior to this presentation to ellie.monroe@mindspring.com. This will help provide feedback in a timelier manner.

Speaker: Susan Fisher, CSUF Campus Emergency Preparedness Manager

OLLI Coordinator: Ellie Monroe

Let's Ask Sue—Emergency Management

Fridays, April 24 • May 1, 8, 15, 22, 29 • 2:00 p.m.-2:30 p.m. • Zoom Meeting*

She has a "Ms. Know It All" plaque on her desk, so here is your chance! OK, she may not know it all, but she always has some answers and maybe some nuggets of things to think about, too. In any case, she has a thoughtful and compassionate ear and welcomes your queries. Format: "Question and Answer" session.

Note: Please send in your questions prior to this presentation to ellie.monroe@mindspring.com. This will help provide feedback in a timelier manner.

Speaker: Susan Fisher, CSUF Campus Emergency Preparedness Manager

How to Cope with the Current Pandemic (Open to the Public)

Tuesday, April 21 • 10 a.m.-11:30 a.m. • Zoom Meeting*

Dr. Cesario will discuss the epidemiology of the COVID-19 virus. He will provide answers to the following questions:

- What are the differences from other viruses?
- How infectious is it?
- What are the risks?
- How is it spreading?
- What are we doing?
- Where do we go from here?

The remainder of the presentation will be devoted to a "Question and Answer" session.

Note: Please send in your questions prior to this presentation to ellie.monroe@mindspring.com. This will help

provide feedback in a timelier manner.

Speaker: Thomas Cesario, M.D., Infectious Disease, University of California, Irvine

Thomas Cesario, M.D. is a professor of medicine in the Department of Medicine, Division of Infectious Disease; Dean, UCI College of Medicine, 1995-2004; Dean, UCI College of Health Sciences and School of Medicine, 2004-2007; and Professor Emeritus, Department of Medicine, 2007-present

OLLI Coordinator: Ellie Monroe

How to Cope With Social Distancing and Social Isolation

Tuesday, April 28 • 1 p.m.-2 p.m. • Zoom Meeting*

This presentation will focus on a central theme of walking the fine line between social distancing and social isolation. There will be a review of the implications of social distancing and a discussion on how social isolation comes about, who is at risk and what the consequences are. A highlight of some "solutions" for protecting ourselves will be offered.

Note: Please send in your questions prior to this presentation to ellie.monroe@mindspring.com. This will help provide feedback in a timelier manner.

Speaker: Laura Zettel-Watson, Ph.D., Professor, Dept. of Psychology, Aging Studies Program, CSUF

OLLI Coordinators: Russ MacKeand and Ellie Monroe

Resiliency: Surviving and Thriving During the Shutdown

Every Tuesday • 10 a.m.-11 a.m. • Zoom Meeting*

April 28 • May 5, 12, 19, 26

This is a lecture and discussion class. Each class presentation will begin with the latest "headlines" from reliable news and medical sources covering the current public health and economic crises impacting senior adults.

Topics to be explored: Social /psychological impacts; public policy significance of governmental guidelines; and orders isolating and regulating the lives of senior adults. Discussion topics will include, but not be limited to:

- Concerns and information you have or need.
- Challenges you are facing.
- How you are coping.
- Strategies you are using to remain vibrant and resilient during this "once in a lifetime" moment.

Instructor/Coordinator: Michael Stover

COURSES CONTINUED FROM SPRING SEMESTER

Science for You: Evolution

Every Thursday • 12:30 p.m.-2:00 p.m. • Zoom Meeting*

See the course description in the [spring Blue Book](#).

Note: After each lecture, you'll have a chance to ask questions and discuss the information that's been presented. Lecture notes will be available on the Wednesday prior to the class. These class sessions will be recorded for viewing along with the lecture notes during the week following the class.

April 23

Lecture 19: The Evolution of Brains and Behavior

Lecture 20: The Evolution of Sex and Parenting

April 30

Lecture 21: The Evolution of Aging and Death

Lecture 22: Evolutionary Medicine

May 7

Lecture 23: Gene Editing and Directed Evolution

Lecture 24: The Future of Human Evolution

Instructors/Coordinators: Susan Hanna and Rick Hearn

A History of Impressionism

Alternate Tuesdays • 2:30 p.m.-4 p.m. • Zoom Meeting*

April 21 • May 5, 19

See the course description in the [spring Blue Book](#).

Instructor: Judy Alter **Coordinator:** Linda Lockwood

Death Café

Every Friday • 11:45 a.m.-1 p.m. • Zoom Meeting*

April 24 • May 1, 8, 15, 22, 29

See the course description in the [spring Blue Book](#).

Coordinators: Jeanette Reese, Kellie Simpson and Fritz von Coelln **Emeritus:** Hank Smith

*To join a Zoom meeting, download the Zoom app and click on the course's Zoom meeting link shown in the weekly Intersession Updates newsletter. The [CSUF Zoom page](#) provides additional instructions at the "CSUF Zoom Help" link or refer to [OLLI Instructions for participants](#). Help with installing or accessing Zoom is available at 657-278-2446 or at olli-info@fullerton.edu. Make sure you give your phone number, and mention you need help with Zoom.