"A Continuing Learning Experience"

June 2023

Volume XLIV Number 9

# President's Message

By Mike Stover, President, OLLI-CSUF

This is a moment of great opportunities and challenges. So, let me share my thoughts as your new President and invite you to join me in a



conversation about OLLI today and tomorrow.

This is my second time in 10 years to serve as President, and I am committed to making the most of this opportunity to get the right things done and pass leadership to OLLI's next generation. I

invite you to join me in recruiting, acknowledging and mentoring that generation.

OLLI's Board of Trustees is beginning to develop and put in place strategies and actions to implement new OLLI goals for the next five years. These goals, prepared by Vice President Bob Kovacev and his steering team, are:

- Prepare for OLLI-CSUF long-term growth and survival.
- Broaden the reach of OLLI-CSUF programs into new markets and business models.
- Enable achieving the first two goals by transforming the OLLI-CSUF organization structure, roles and scope into a more efficient, externally focused organization focused on growth and effectively implementing its mission.

We need helpers—an "all hands-on deck" approach. A crucial aspect of OLLI's success is increasing our membership and building our volunteer base.

The Board and I are committed to building on the pandemic years' success of OLLI instruction through online media—Zoom and livestreaming.

### **Bring a Friend**

By Linda Lockwood

After three years of staying home, Zooming, and missing the physical warmth of our OLLI friends, it is now time to return, reconnect and rebuild the OLLI culture we so enjoyed pre-COVID.

Many classes continue to Zoom but are also offered on campus for those who are ready and able to attend class in person.

Some members, like Claire Curran, Edward Dunvan, Liz Lincoln and Linda Lockwood, have started to come on campus regularly. Though they are happy to see each other, they remark about missing that special feature of OLLI: socialization. They, and others they've heard from, want to return to enjoying early-morning coffee at the new, beautiful and comfortable tables in the courtyard to say hello to friends and engage with new members before they set off for another day of learning. For those who recall that experience, it brings back sweet memories.

Well, that group of members has planned an event that will facilitate an on-campus reunion for many, as well as a new and pleasant experience for others.

"Bring A Friend" will take place in the courtyard during the first two weeks of the summer session: Tuesday, May 30, Thursday, June 1, Tuesday, June 6 and Thursday, June 8 from 8:30- 10:00 a.m.

All members are invited and encouraged to bring a friend or relative as a possible new member. All instructors and their coordinators are invited to be there to share information about their programs. Coffee will be available, but you are welcome to bring a preferred drink. Lot J will be available, and the OLLI Trolley will be running for those parking in Lot G.

As a special treat, Ellie Monroe will provide a

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Vice President Programs Ellie Monroe
Vice President Communication
Vice President Membership Debbie Maxwell
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### **OLLI Secretary Vickie Hite**

By Vickie Hite, Secretary

Vickie Hite was elected Secretary to the Board in



2022. She joined the Board as a Trustee at Large for a two-year term in 2020, and was appointed by the Board to the Secretary position in 2021 to fill a vacancy.

Vickie also volunteers

as a coordinator for "Ukulele: Symposium" and "Tap-ercise," and is a member of the Policies and Procedures Committee.

Vickie is a second-generation native Californian having lived her life in Buena Park, Fullerton and Placentia. Her professional life of 31 years was spent with Price Club/ Costco. She was a General Manager for 22 years at three different Costco locations. Her last years were spent at the local Fullerton location. Vickie became an OLLI member in February 2015.

The Board Secretary is responsible to record the minutes of the monthly meetings of both the Executive Committee and the Board of Trustees. A written record of meetings is necessary to have archival references to the work done by the Board. Motions that move the OLLI organization forward, both fiscally and procedurally, are important information that is recorded and preserved for future reference. Approved minutes are submitted to Joanne Hardy as Archivist/Historian for OLLI.

The Secretary is in charge of notifying the Board of upcoming open positions on the Board each year. There is a continual rotation of officers and trustees, each serving two-year terms of office, except the President's position has a one-year term. The Secretary is responsible for collecting candidate applications for those vacancies, supplying the applicant with a job description, and submitting the applications to the Nomination and Election Committee for their review and consideration.

The Secretary is also responsible for maintaining a roster of all OLLI committees and the chairs of those committees.

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musical program in Shapiro for non-members at no cost, as well as members, at 10:00 a.m. on June 1, 6 and 8.

It's going to be great, you guys! The air will be fresh! The coffee will smell swell! Sounds of talking and laughing will abound in the courtyard once again! Please join us.

Should you have questions or concerns, please contact Linda Lockwood at <a href="mailto:lindaflockwood@">lindaflockwood@</a> <a href="mailto:yahoo.com">yahoo.com</a>.

#### In Memoriam Observed

The silent In Memoriam presentation on April 14, 2023 honoring OLLI members who passed in the last year is available to view on the OLLI website under the <a href="Events">Events</a> section of Classes/ Activities on the home page.

Those who have passed: Jerry Andes, Denise Brkljacic, Jean Casucci, Suzanne Clifford, Raymond "Tim" Dwyer, Patrick Flynn Jr., Betsy Fullmer, Helen Geiger, Marvin Marsh, Jane Moon, Louis Purpura, Cathy Queen, James Sahlstedt, Jim Tarbell, Virginia Tressler, Kuei "Kay" Tu, Lorraine Van Pelt, Ingrid "Inge" Werner, Jack Wheatley, Warren Wilson and Ed Woodson.

# **Newly Elected Members of the Board of Trustees**



Milke Stover President



Ellie Monroe VP Programs



**Debbie Maxwell VP Membership** 



Pete Saputo VP Facilities



Vickie Hite Treasurer



Jim Di Tota Trustee at Large



Maggie Giles Trustee at Large



Joanne Hardy Trustee at Large



**Chris Milord Trustee at Large** 



Tony Package Trustee at Large

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However, we also know that this should not come at the expense of rebuilding our community on campus, where optimal social interaction leads to better instruction and lasting friendships through the remainder of our lives.

Members should be able to choose how they engage OLLI. We want to enhance the "pull" of OLLI and the University's on-campus activities, attractions and resources. However, we do not want to "push" members away from the convenience of online learning.

This is challenging stuff, and I invite your suggestions on how to do this and do it well.

One of the urgent matters I want to emphasize is my commitment to frank communication and organizational and fiscal transparency. As your president, I promise to be as candid and direct about our challenges and occasional setbacks as cheerleading about our successes.

And please be candid with your comments to me. You can email me at <a href="mailto:stovermw@gmail.com">stovermw@gmail.com</a>, or call or talk with me when we are together on campus or elsewhere.

We all know the benefits of lifelong learning and social interaction with a community of exciting and curious lifelong learners from diverse backgrounds and experiences. So let us make it one of our purposes at this stage of our lives to share these benefits with as many people as possible.

This organization was started 45 years ago by a small group of committed retirees who connected their passion for learning and inherent curiosity to a volunteer-centric organizational model that made CLE, and later OLLI, possible.

Together, we can pass that legacy created in the 20th century to the next generation of 21st century lifelong learners. So, let's do it—together!

# **Hollywood Bowl Trip Coming**

OLLI will be going to the Hollywood Bowl on July 18 for a program by Dudamel, "Pan American Initiative." Hollywood Bowl is an annual trip which always sells out quickly, so watch future newsletters for more information on the sign-up start date with the flyer and sign-up coupon.

# **General Meeting/Election Held April 20**

By Chris Shaw, Editor

The annual General Meeting and Election was held April 20 on campus in Mackey Auditorium with an option to view it livestreamed online.

OLLI's President Ellie Monroe thanked the Board members and gave a brief presentation on the state of affairs at OLLI, reporting on OLLI's financial health, membership level and very successful recent fundraising.

Vice President Communications Chris Shaw explained the purposes of the restructuring of an annual Blue Book and introduction of a new, separate Schedule of Classes and Events coming for the new academic year starting in September 2023.

Vice President External Relations Bob Kovacev described the basic points of OLLI's new five-year Long Range Plan that focuses on updating our programs and new membership recruiting ideas to increase OLLI's membership.

Nomination and Election Committee Chair Bob Kovacev thanked the outgoing members of the Board of Trustees who have completed their terms of office. He explained the nomination process for electing new Board members, thanked the other Committee members and presented the slate of nominees for election.

Parliamentarian Phil Barnhard conducted the election, and the slate of nominees was approved by acclamation by the OLLI members in attendance in the auditorium. The newly elected Board members will be officially installed at the Board meeting on May 11.

Mike Stover addressed the audience as OLLI's new President Elect.

Ellie closed the meeting program, thanking OLLI's volunteer members and taking questions from the audience.

After the program, Hospitality Committee Chair Lisa Sewell and her Hospitality team hosted the Ice Cream Social.

To view the program recording, click on Livestream/Recordings on the home page of the OLLI website, then click on <u>OLLI General</u> Meeting and Election.

# **General Meeting/Election & Ice Cream Social**

Photos by Diana Guerin



















# **New Courses Offered this Summer American Civics 101: A Crash Course!**

Just imagine if all of us were required to take a government civics test **every year** to remain U.S. citizens. Would you be able to pass? Could you identify the co-equal branches of government and their functions and responsibilities? Could you explain the electoral college or the U.S. Constitution and its Bill of Rights? Do you know your Congressional representatives? Can you explain the concept of "gerrymandering" or the National Debt?

American Civics 101 is a timely fivepart discussion that provides a simple but comprehensive path to understanding what every person applying for U.S. citizenship today must know: how our U.S. government actually works!

Alan Perper will offer this course on alternate Wednesdays, May 31, June 14, 28. July 12 and 26, at 10 a.m.-noon via Zoom.

# **Alzheimer's and Dementia Education You Can Trust**

This series will contribute to your knowledge and understanding of Alzheimer's. The speaker is Michelle Pichardo, Community Manager, Alzheimer's Association, Orange County Chapter.

Ellie Monroe will offer the following classes on three Mondays at 1 p.m.-2 p.m. in Shapiro AB. Pre-registration at the OLLI office is required.

On June 5, "Healthy Living for Your Brain and Body" will impart what research has shown about lifestyle choices that may help keep your brain and body healthy as you age. Hear practical ways to incorporate changes into a plan for healthy aging.

On July 3, "Effective Communication" will explore ways Alzheimer's and other dementias affect an individual's ability to communicate across different stages and offer tips to better communicate with people living with the disease.

On July 31, "10 Warning Signs of Alzheimer's" will give typical age-related changes, common warning signs of Alzheimer's, how to approach someone about memory concerns, and the benefits of a diagnosis.

# What Do You Say? American Accents and Dialects

How and why do you say what you say? Is it soda or pop? Do you say y'all, you guys, you-uns

or youse? Are "taught" and "tot" pronounced alike? You each have your own dialect—vocabulary, pronunciation and grammar—that reflects your life experiences.

Where were you born? Where were your parents from? Where have you lived? What activities have you pursued throughout your life? By participating in this fun course, you will explore your personal dialect and what it says about who you are.

Susan Hanna and Rick Hearn will offer this course on alternate Thursdays, June 1, 15, July 13 and 27 at 1:45 p.m.-3:45 p.m. in Shapiro CD.

#### **OLLI Today and Tomorrow Forum**

OLLI members are invited to participate in this open forum on the challenges facing OLLI-CSUF in the "new normal" of on-campus, Zoom and hybrid classes and activities. In addition, OLLI Board of Trustee deliberations will be shared and opportunities for members to discuss OLLI issues will be provided. Keeping OLLI as a University-affiliated organization that stresses lifelong learning, healthful living and robust social engagement opportunities will be emphasized.

Mike Stover will offer two classes on Mondays, June 19 and July 17 at noon-1 p.m. via Zoom.

# OLLI Orange County Water Trip Coming June 26, 2023

It is time for another Orange County Water Trip. We start in Riverside County behind Prado Damn to see some of Orange County Water District's first and least expensive ways of pre-treating water on its journey through the filtration system. The waters of the Santa Ana River (SAR) flow from the mountain regions of San Bernardino and Riverside Counties. The drainage basin covers 2,840 square miles and travels 100 miles on its way to Orange County and the Pacific Ocean.

As we follow the water down stream, we will see SAR's inflatable dams, infiltration ponds, and the world renowned "Toilet-To-Tap" water filtration plant which makes water so pure it needs some natural mineralization to be potable.

An introductory class will provide background and current water status prior to the trip. Watch the

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# **Volunteer Recognition Reception and Concert: April 2, 2023**

Photos by Jim Di Tota



















# **Sometimes You Have to Go Out and Find Members One-by-One!**

By Bob Kovacev, Vice President External Relations
After the pandemic year of pure survival
and a huge loss in membership, OLLI-CSUF is
finally growing back toward the pre-shutdown
membership. The Razzle Dazzle Open House, the
advertisements, the distribution of the Blue Books,
Marketing and TiR brochures have made a real
difference, yet we have a substantial way to go to
recover. So, we have embarked on a new initiative
to put us more directly in touch with potential new
members.

Last year, thanks to Bill Sampson, we were invited to participate in a very small senior health fair in Brea that was organized by the staff of Representative Young Kim. We set up a table to meet prospective members, talked about the benefits of OLLI-CSUF, and passed out brochures. Though we can't point to a single new member from this day, we certainly learned how to do health fair promotions. Bill and I followed that with an OLLI table at the Yorba Linda Seniors Health Fair in October, where we had a very active table all day.

Now that the senior health fairs are again being held after a pandemic pause, we are planning to organize a committee to organize and participate in senior health fairs all around our area. Because these fairs are open to the public, we will publicize our participation so OLLI members can support us and visit our table with their friends and neighbors.

OLLI members interested in participating in the planning and participating of trade shows can contact Bob Kovacev or Bill Sampson through the OLLI office.

Another initiative we have done is the reenergizing of the OLLI-CSUF Speakers Bureau. Since March we have spoken at Morningside, Sunny Crest and Emerald Court, and we attended a ribbon-cutting at the new Sunrise of Orange. We have three more speaking engagements planned through July. So far, these engagements are for members-only or by invitation events, so OLLI members do not generally have the opportunity to visit and support us.

#### OLLI Orange ... Continued from Page 6

OLLI Class Information & Updates Newsletters for the date and time.

**Sign-ups begin on May 15, 2023.** Don't miss this informative and fun excursion. We will try to be at the recharge basin and fishing lake to have our bagged lunch with the geese and other wildlife. The small convenience store will be open for anyone who forgot their own lunch or needs as snack.

Remember California's unofficial motto: Whiskey is for drinking and water is for fighting!

### What's Happening at the Board

By Chris Shaw, Editor

Following are highlights from OLLI's Board of Trustees meeting on April 13, 2023.

- Sylvia Alba was promoted to Interim President of CSUF.
- OLLI office member Michelle Sanford is out for an extended leave of absence and Celia Reynolds has been sick, so Harriette Millman is providing volunteer help in the office.
- Lois Monroe resigned from the Board and Jay Messner was appointed to replace her as Trustee at Large.
- Lisa Sewell was appointed Chair of the Hospitality Committee, and she will remain VP Hospitality until the end of her term in May 2023.
- The following three goals were approved as the base of OLLI's 2023-2028 Long Term Plan:

  1) Prepare for OLLI-CSUF long-term growth and survival; 2) Broaden the reach of OLLI-CSUF programs into new markets and new business models; and 3) Enable the successful achievement of Goals One and Two by transforming OLLI-CSUF organization structure, roles and scope into a more efficient, externally focused organization focused on growth and effective implementation of its mission.
- The overnight cruise to Alaska trip, which was delayed due to the pandemic, was newly approved for the fall semester 2024.
- New Board members will be installed, and outgoing Board members will be recognized, at the May Board meeting and training/planning retreat. What's Happening ... Continued on Page 9

#### What's Happening ... Continued from Page 8

- Training sessions for trustees at large are planned.
- Ellie Monroe was awarded the Community Service Award from the Daughters of the American Republic for her contributions not only to OLLI but to the University Music Program, the University at Large and the general community. Ellie asked DAR to donate her award honorarium to OLLI as part of the Titan Day of Giving.
- Parliamentarian Phil Barnhard asked that the Board remind OLLI members to wear their name badges when attending classes on campus to ensure that OLLI's presence on campus is noted.
- VP External Relations Bob Kovacev is soliciting new members at the following community events: Emerald Court on April 17, Prime Timers of Tustin on May 16, Retirement Panel for PYLSD on May 22 and Orange Senior Center on July 12.

# Calling All OLLI Veterans 4th of July Celebration Thursday, June 29 at 1-3 p.m. Shapiro ABCD & Courtyard

We will be honoring our OLLI veterans once again at our July 4th celebration. All branches of service will be honored. We are asking those veterans who would like to be part of the presentation to send us either a photo in your uniforms or a photo from your past.

If you were not able to submit a picture for the previous year's events or you are a new OLLI member, please come forward and get your picture into our Honor Roll.

Take action from now till Friday, June 23 to have your photo included in our presentation.

How To Submit Your Picture: Please provide either a scanned jpeg file (at least 350 dpi) or an original picture to be scanned (original returned to the address you provide). A photocopy cannot be used (they do not show up well). Include: 1) Your full name and rank; 2) Branch of service and 3) Dates of service (19XX to 20XX).

You may email your photo to Ellie Monroe at <u>ellie.monroe@mindspring.com</u> or bring it to the OLLI office.

#### **Phocus Club Contest Winners**



"Majestic Reflections" by Diana Guerin Best of Show & 1st Place: Camera Phone



"Mandarin Duck" by Mari Migliore
1st Place: Animals



"Oxbow Bend, Tetons" by Ana Price 1st Place: Scenery



"Handsome" by Donna Judd 1st Place: People



# **OLLI**

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# **Not Receiving OLLI Emails?**

If you have unsubscribed in response to **any** OLLI email, you have unsubscribed from **all** OLLI emails, including the ChroniCLE emails. If, for any reason, you are **not** already receiving OLLI emails about upcoming classes, events, the ChroniCLE and special notices, you can subscribe (or re-subscribe) by going to <a href="http://bit.ly/OLLISubscription">http://bit.ly/OLLISubscription</a> and entering your email address, first name and last name.

If you still have trouble receiving emails from OLLI, send an email to ollinewsbytes@hotmail.com and include your name and email address.

# How to Get the ChroniCLE by Email - Save Trees and Stamps!

Unless you elected not to receive emails from OLLI, you are currently receiving an email each month announcing the new ChroniCLE for the upcoming month with links to view or download the publications. You can also access the most recent ChroniCLEs through links in the weekly OLLI newsletters and on the OLLI website.

If you are receiving the ChroniCLE in the mail, but no longer want it mailed to your home, send an email to <u>olli-info@fullerton.edu</u> with **your name and address** stating: "Do **not** send me a ChroniCLE in the mail." If you ever need the printed version, copies are always available in the OLLI office.

# If you Need to Contact OLLI

Website: <a href="http://olli.fullerton.edu">http://olli.fullerton.edu</a>
Email: <a href="mailto:olli-info@fullerton.edu">olli-info@fullerton.edu</a>